

**Winter Results 2007**  
**COKER PARK 5/4/07**

**100m**

Prakesh Manon	M35	14.0
Nick Miletic	M55	15.9
Alan Deans	M55	16.0
Carol Bowman	W50	18.3

**1000m**

Christian Wakeling	M30	2:59.1
Maurice Creagh	M60	3:56.4
Eldon George	M35	4:09.3
Nick Miletic	M55	4:13.3
Carol Bowman	W50	4:26.9
John Maloney (Vis)	M65	4:37.2

**60m**

Prakesh Manon	M35	8.4
Toni Phillips	W35	8.9
Nick Miletic	M55	9.4
Alan Deans	M55	10.0
Carol Bowman	W50	10.8

Prakesh Manon	M35	8.7
Toni Phillips	W35	8.8
Nick Miletic	M55	9.4

**600m**

Alan Deans	M55	2:00.8
Toni Phillips	W35	2:17.8
Nick Miletic	M55	2:19.3
Carol Bowman	W50	2:24.9
Maurice Creagh	M60	2:27.5
Eldon George	M35	2:38.9

**3000m**

Christian Wakeling	M30	11:12.3
Eldon George	M35	11:14.1
Barbara Blurton	W55	13:02.1
Maurice Creagh	M60	13:15.4
Colin Smith	M40	13:42.9
Nick Miletic	M55	13:56.7
Jackie Halberg	W60	14:57.4
John Maloney (Vis)	M65	16:26.3
Coby Wakeling	W35	23:15.4

**3000m walk**

Krystal Leinasars	(Vis)	19:23.4
Rose-Maree Hollaway	W50	19:44.7
Tom Lenane	M50	20:37.5

**COKER PARK 12/4/07**

**400m**

Prakesh Manon	M35	69.0
John Dennehy	M45	69.1
Alan Deans	M55	72.0
Kerriann Bresser	W35	72.7
Delia Baldock	W45	73.0
Nick Miletic	M55	79.2
Carol Bowman	W50	86.0
Eldon George	M35	91.0

**100m**

Prakesh Manon	M35	14.4
Nick Miletic	M55	15.4
John Dennehy	M45	15.4

Delia Baldock	W45	15.8
Ross Calnan	M65	16.8
Carol Bowman	W50	18.2

**1500m**

Maurice Creagh	M60	6:12.4
Kerriann Bresser	W35	6:26.1
Eldon George	M35	6:40.3
Nick Miletic	M55	6:45.4
Tanya Craig	(Vis)	6:45.8
Jim Riddell	M65	7:03.3
Carol Bowman	W50	7:15.1

**60m**

Colin Smith	M40	8.3
Prakesh Manon	M35	8.6
Nick Miletic	M55	9.5
John Dennehy	M45	9.7

Delia Baldock	W45	9.5
Alan Deans	M55	9.6
Ross Calnan	M65	10.2
Carol Bowman	W50	10.8

**3000m**

Simon Coates	M35	9:37.4
Christian Wakeling	M30	9:56.2
Eldon George	M35	10:56.1
Blakeney Tindall	M45	12:15.5
Alan Deans	M55	12:49.0
Maurice Creagh	M60	13:12.3
Colin Smith	M40	13:53.1
Kerriann Bresser	W35	14:07.3
Coby Wakeling	W35	24:08.9

**3000m walk**

Rose-Maree Hollaway	W50	18:53.7
Tom Lenane	M50	18:54.0

## COKER PARK

19/4/07

**200m**

Toni Phillips	W35	28.8
Prakesh Manon	M35	28.9
Kerriann Bresser	W35	33.3

Colin Smith	M40	27.4
Gillian Young	W55	37.8
Ross Calnan	M65	37.9
John Everard	M45	39.3
Pat Carr	W75	42.6

**800m**

Brett Roach	M35	2:43.0
John Dennehy	M45	2:43.5
Kerriann Bresser	W35	2:57.4
Maurice Creagh	M60	3:03.5
Peggy Macliver	W60	3:07.4
Gillian Young	W55	3:07.7
Jim Riddell	M65	3:23.0
John Everard	M45	4:17.3

**60m**

Colin Smith	M40	8.0
Prakesh Manon	M35	8.5
John Everard	M45	9.4

Alan Deans	M55	9.9
Ross Calnan	M65	10.4
Gillian Young	W55	10.9
Pat Carr	W75	11.3
Lynne Schickert	W65	14.8

**300m**

Prakesh Menon	M35	46.5
Peggy Macliver	W60	54.7
Jim Riddell	M65	58.1
Gillian Young	W55	60.7

**300m hurdles**

Toni Phillips	W35	54.8
Kerriann Bresser	W35	61.5

**5000m**

Christian Wakeling	M30	17:23.8
Donald Bradley	M40	17:45.2
Eldon George	M35	19:17.1
Doug Ashfield	M50	19:26.8
Bob Schickert	M65	22:30.6
David Carr	M70	22:44.6
Maurice Creagh	M60	22:45.8
Tanya Craig	(Vis)	23:44.2
Jackie Halberg	W60	23:46.9 (SR)
Gillian Young	W55	23:47.4
Kerriann Bresser	W35	23:58.7
Coby Wakeling	W35	22:28.3

**3000m**

Rose-Maree Hollaway	W50	15:29.8
Kathy Menon	W30	20:49.1

**3000m walk**

Val Millard	W60	20:02.9
Stan Jones	M80	20:33.4
Lynne Schickert	W65	21:41.2

## COKER PARK

26/4/07

**60m**

Colin Smith	M40	8.0
Prakash Menon	M35	8.4
Toni Phillips	W35	8.6

Toni Phillips	W35	9.0
Byorn Dybdahl	M50	9.3
Ross Calnan	M65	10.1
Debbie Wolfenden	W40	10.2

**350m Hurdles**

Toni Phillips	W35	68.9
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**100m**

Colin Smith	M40	12.9
Prakash Menon	M35	13.7
Toni Phillips	W35	14.0

Bjorn Dybdahl	M50	15.0
Delia Baldock	W45	15.5
Ross Calnan	M65	16.9
Debbie Wolfenden	W40	18.3

**400m**

John Collier	M40	67.0
Prakash Menon	M35	67.5
Byorn Dybdahl	M50	76.5

Blakeney Tindall	M45	71.3
Kathy Menon	W30	78.0
Delia Baldock	W45	79.3

**800m**

John Collier	M40	2:32
Byorn Dybdahl	M50	2:33
Blakeney Tindall	M45	2:44
Delia Baldock	W45	3:03
Kathy Menon	W30	5:56

**1500m**

Byorn Dybdahl	M50	5:31.0
Blakeney Tindall	M45	5:46.5
John Collier	M40	5:54.6
Colin Smith	M40	6:34.5
Kathy Menon	W30	9:12.2

## COKER PARK

3/5/07

**3000m walk**

Tanya Craig	W25	18:26.0
Tom Lenane	M50	18:51.4
Rose-maree Hollaway	W50	18:53.4
Val Millard	W60	19:51.2
Helen Hall	(Vis)	24:05.5

**400m**

Chris Neale	M35	58.7
Garry Ralston	M50	64.7
Prakash Menon	M35	66.2
Nick Miletic	M55	82.9

Bjorn Dybdahl	M50	65.5
Chris Neale	M35	71.2
Delia Baldock	W45	72.6
Peggy Macliver	W60	76.6
Frank Gardiner	M55	85.3
Carol Bowman	W50	85.7
Kathy Menon	W30	87.4
Eldon George	M35	98.3
Helen Hall	(Vis)	1:48.0

**200m**

Garry Ralston	M50	25.7
Campbell Till	M45	26.2
Colin Smith	M40	26.7
Chris Neale	M35	27.7
Prakesh Menon	M35	27.8

Chris Neale	M35	27.6
Byorn Dybdahl	M50	29.8
Delia Baldock	W45	32.1
Peggy Macliver	W60	n/t
Pat Carr	W75	43.1

**3000m**

Christian Wakeling	M30	9:58.3
Brett Roach	M35	11:04.4
Byorn Dybdahl	M50	11:26.4
Eldon George	M35	11:39.3
Frank Gardiner	M55	11:58.9
Bob Schickert	M65	12:50.6
David Carr	M70	13:36.7
John Dennehy	M45	13:37.0
Maurice Creagh	M60	13:42.6
Nick Bailey	M55	14:29.1
Jackie Halberg	W60	14:37.1

**60m**

Garry Ralston	M50	7.6
Colin Smith	M40	8.1
Prakash Menon	M35	8.5
Nick Miletic	M55	9.6
Bjorn Dybdahl	M50	8.9
Peggy Macliver	W60	9.6
Ross Calnan	M65	10.2
Carol Bowman	W50	11.1
Colin Smith	M40	8.1
Frank Gardiner	M55	10.3
Debbie Wolfenden	W40	10.7
Helen Hall	(Vis)	10.7
Pat Carr	W75	11.3

**1 mile**

Campbell Till	M45	5:23.5
Byorn Dybdahl	M50	5:32.4
Frank Gardiner	M55	6:48.5
Maurice Creagh	M60	6:50.0
Nick Miletic	M55	7:10.2
Jackie Halberg	W60	7:21.6
Colin Smith	M40	7:40.3
Carol Bowman	W50	7:49.3
Kathy Menon	W30	9:01.4

## COKER PARK

10/5/07

**300m**

Chris Neale	M35	40.6
Colin Smith	M40	40.9
David Solomon	M40	42.7
Prakash Menon	M35	45.2
Nick Miletic	M55	53.8
Barrie Kernaghan	M65	46.0
Byorn Dybdahl	M50	46.5
David Clive	M70	49.6
John Dennehy	M45	49.5
Peggy Macliver	W60	51.9
Peter Gare	M65	52.0
Jim Riddell	M65	59.1
Kathy Menon	W30	59.1
Carol Bowman	W50	59.4

**60m**

Garry Ralston	M50	7.5
Colin Smith	M40	7.9
Prakesh Menon	M35	8.3
Nick Miletic	M55	9.4
Barrie Kernaghan	M65	8.5
David Clive	M70	8.5
Byorn Dybdahl	M50	8.9
John Dennehy	M45	9.4
Delia Baldock	W45	9.5
Ross Calnan	M65	10.4
Carol Bowman	W50	11.1
Deb Wolfenden	W40	10.3
Pat Carr	W75	11.1
Lynne Schickert	W65	14.7

**5000m**

Christian Wakeling	M30	17:24.9
Chris Coates	M50	n/t
David Solomon	M40	19:05
Byorn Dybdahl	M50	19:18.1
Doug Ashfield	M50	19:49.8
Syd Parke	M55	20:50.2
Bob Schickert	M65	21:27.4
David Carr	M70	22:15.8
Maurice Creagh	M60	22:23.3

Kerriann Bresser	W35	23:12.1
Jackie Halberg	W60	23:55.7
Merv Jones	M65	25:59.0

**3000m**

Kathy Menon	W30	18:12.3
Coby Wakeling	W35	n/t

**3000m walk**

Tanya Craig	W25	16:33.2
Rose-maree Hollaway	W50	18:40.0
Tom Lenane	M50	19:01.7
Val Millard	W60	20:04.0
Stan Jones	M80	20:17.5
Lynne Schickert	W65	21:52.0

**300m Hurdles**

Garry Ralston	M50	50.3
Delia Baldock	W45	57.2

**100m**

Colin Smith	M40	12.8
Prakash Menon	M35	13.5
Barrie Kernaghan	M65	13.6
Nick Miletic	M55	16.4

David Clive	M70	13.8
Bjorn Dybdahl	M50	14.4
Peggy Macliver	W60	15.7
Delia Baldock	W45	15.8

Deb Wolfenden	W40	17.2
Carol Bowman	W50	17.8
Pat Carr	W75	18.9
Lynne Schickert	W65	24.8

**800m**

Chris Neale	M35	2:21.5
Christian Wakeling	M30	2:32.5
Byorn Dybdahl	M50	2:39.5
Eldon George	M35	2:41.0
Nick Miletic	M55	3:15.9

Chris Neale	M35	3:01.4
Delia Baldock	W45	3:02.0
Peggy Macliver	W60	3:03.1
Garry Ralston	M50	3:08.9
Maurice Creagh	M60	3:17.2
Jim Riddell	M65	3:21.3
Carol Bowman	W50	3:29.5
Kathy Menon	W30	3:55.7

**COKER PARK****17/5/07****200m**

Garry Ralston	M50	25.5
Colin Smith	M40	25.9
Prakash Menon	M35	28.3
Kay Burt	W50	36.7
David Clive	M70	28.6
Byorn Dybdahl	M50	29.8
Peter Gare	M65	30.3
Blakeney Tindall	M45	31.3
Kathy Menon	W30	33.5
David Carr	M70	33.8
Ross Calnan	M65	36.3

**1000m**

Brett Roach	M35	3:08.2
Joel Burns	M30	3:12.4
Byorn Dybdahl	M50	3:20.4
Blakeney Tindall	M45	3:35.9
David Carr	M70	3:47.2
Kerriann Bresser	W35	3:48.8
Kay Burt	W50	3:50.2
Peggy Macliver	W60	3:56.8
Maurice Creagh	M60	3:56.9
Jackie Halberg	W60	4:00.8
Delia Baldock	W45	4:03.3
Christian Wakeling	M30	4:10.0
Kathy Menon	W30	5:28.9
Lynne Schickert	W65	5:55.3

**100m**

Colin Smith	M40	12.8
Prakesh Menon	M35	13.5
David Clive	M70	13.8
Byorn Dybdahl	M50	14.5

Blakeney Tindall	M45	14.8
Delia Baldock	W45	15.4
Ross Calnan	M65	16.8
Bob Schickert	M65	19.0

Deb Wolfenden	W40	17.2
Val Millard	W60	21.9
Lynne Schickert	W65	24.0
Kathy Burr	W65	29.9

**600m**

Chris Neale	M35	1:36.4
Byorn Dybdahl	M50	1:51.8
Blakeney Tindall	M45	2:00.7
David Carr	M70	2:00.7
Peggy Macliver	W60	2:09.4
Peter Gare	M65	2:10.2
Delia Baldock	W45	2:11.5
Kathy Menon	W30	2:14.6
Kay Burt	W50	2:15.4

**400m Hurdles**

Kerriann Bresser	W35	84.4
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**3000m**

Christian Wakeling	M30	10:09.1
Byorn Dybdahl	M50	11:18.3
Joel Burns	M30	11:26.8
Bob Schickert	M65	12:42.4
Kay Burt	W50	12:59.7
Maurice Creagh	M60	13:25.8
Kerriann Bresser	W35	13:45.3
Blakeney Tindall	M45	13:50.9
Jackie Halberg	W60	13:58.2
Colin Smith	M40	15:51.3
Chris Neale	M35	15:51.3

Merv Jones	M65	16:05.8
Gill Edmonds	W40	16:08.1
Kathy Menon	W30	17:08.9
Kathy Burr	W65	21:16.6
Coby Wakeling	W35	22:36.3

**3000m walk**

Rose-maree Hollaway	W50	18:29.9
Val Millard	W60	19:41.4
Lynne Schickert	W65	21:03.8

**ECAC – May 24****200m**

Roy Fearnall	M60	28.0
David Clive	M70	29.4
Nick Miletic	M55	35.7

Bjorn Dybdahl	M50	30.4
Blakeney Tindall	M45	32.0
Peggy Macliver	W60	32.6
John Dennehy	M45	33.1

Kerriann Bresser	W35	33.2
Jim Riddell	M65	35.5
Ross Calnan	M65	36.3
Carol Bowman	W50	37.3

**200m Hurdles**

Delia Baldock	W45	37.9
Kerriann Bresser	W35	44.7

**2000m**

David Solomon	M40	6:34.4
Bjorn Dybdahl	M50	7:05.3
Chris Coates	M50	7:09.3
Joel Burns	M30	7:23.3
David Carr	M70	8:17.9
Blakeney Tindall	M45	8:24.5
Simone Solomon	W40	8:44.7
Maurice Creagh	M60	8:47.2
Kerriann Bresser	W35	8:55.7
Nick Miletic	M55	9:01.2
Merv Jones	M65	10:29.9
Kathy Burr	W65	14:05.1

**2000m walk**

Tom Lenane	M50	12:18.9
Lynne Schickert	W65	13:56.9

**100m**

David Clive	M70	13.8
Bjorn Dybdahl	M50	14.2
John Dennehy	M45	15.6
Nick Miletic	M55	15.9

Blakeney Tindall	M45	15.2
Peggy Macliver	W60	15.8
Ross Calnan	M65	16.6
Jim Riddell	M65	16.9

Delia Baldock	W45	15.6
Carol Bowman	W50	18.2
Lynne Schickert	W65	25.7

**300m**

Roy Fearnall	M60	45.9
Eldon George	M35	48.2
David Carr	M70	51.5
David Clive	M70	55.8
Nick Miletic	M55	60.1

Bjorn Dybdahl	M50	47.9
Delia Baldock	W45	52.3
Blakeney Tindall	M45	53.5
Simone Solomon	W40	54.7
Carol Bowman	W50	60.3
Jane Stanbrook	W40	68.6

**800m**

Joel Burns	M30	2:33.2
Bjorn Dybdahl	M50	2:42.8
Eldon George	M35	2:44.0
Blakeney Tindall	M45	3:07.5
Maurice Creagh	M60	3:15.1

John Dennehy	M45	2:58.5
Robin King	W45	3:01.4
Peggy Macliver	W60	3:04.1
Delia Baldock	W45	3:17.0
Jim Riddell	M65	3:21.8
Nick Miletic	M55	3:27.6
Carol Bowman	W50	3:31.8
Jane Stanbrook	W40	4:00.7

**ECAC – May 31****100m**

Colin Smith	M40	12.5
Roy Fearnall	M60	13.4
Prakesh Menon	M35	13.7
Nick Miletic	M55	15.7

Bjorn Dybdahl	M50	14.8
John Dennehy	M45	15.7
Peggy Macliver	W60	15.8
Ross Calnan	M65	16.8

Delia Baldock	W45	15.4
Deb Wolfenden	W40	17.1
Gillian Young	W55	17.9
Carol Bowman	W50	18.8
Jayden Watts	(Vis)	19.1

**3000m walk**

Tanya Craig	Vis	16:19.1
Robin King	W45	17:51.3
Rose-maree Hollaway	W50	18:19.3
Tom Lenane	M50	19:13.6

**3000m**

Kathy Menon	W30	17:18.5
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**200m**

Colin Smith	M40	25.9
Roy Fearnall	M60	27.8
Prakesh Menon	M35	28.7
Nick Miletic	M55	35.3

Bjorn Dybdahl	M50	29.7
Peter Gare	M65	30.5
Delia Baldock	W45	32.2
Ross Calnan	M65	36.9

Carol Bowman	W50	37.4
Gillian Young	W55	38.0
Kathy Menon	W30	39.8
Deb Wolfenden	W40	39.9

**ECAC – June 7****100m**

Wasey Brown	(Vis)	24.9
Isaac Boon	(Vis)	25.1
Colin Smith	M40	25.5
Barrie Kernaghan	M65	26.2

Bjorn Dybdahl	M50	29.7
Peggy Macliver	W60	32.1
John Dennehy	M45	32.1
Nick Miletic	M55	35.0

Larissa Boon	(Vis)	27.6
Peter Gare	M65	29.2
Delia Baldock	W45	31.3
Ross Calnan	M65	35.8
Carol Bowman	W50	36.8

Bob Schickert	M65	34.6
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**600m**

David Solomon	M40	1:36.6
Christian Wakeling	M30	1:43.5
Bjorn Dybdahl	M50	1:57.6
David Carr	M70	2:07.4
Peggy Macliver	W60	2:13.6
Delia Baldock	W45	2:15.4
Peter Gare	M65	2:20.1
Nick Miletic	M55	2:30.0
Carol Bowman	W50	2:31.2

**5000m**

Christian Wakeling	M30	18:37.5
Alan Gower	M50	18:38.5
Doug Ashfield	M50	19:32.3
Bjorn Dybdahl	M50	19:41.5
Joel Burns	M30	19:52.9
Karyn Gower	W45	22:01.6
Maurice Creagh	M60	22:39.2
Kerriann Bresser	W35	23:15.8
Gillian Young	W55	23:47.9
Nick Miletic	M55	24:30.7
Merv Jones	M65	28:16.7

**1000m**

Christian Wakeling	M30	3:02.2
Joel Burns	M30	3:13.8
Bjorn Dybdahl	M50	3:24.4
David Carr	M70	3:37.3
John Dennehy	M45	3:38.4
Robin King	W45	3:51.0
Maurice Creagh	M60	3:54.1
Peggy Macliver	W60	4:02.8
Delia Baldock	W45	4:03.4
Gillian Young	W55	4:08.6
Nick Miletic	M55	4:11.4
Carol Bowman	W50	4:21.6
Jayden Watts	(Vis)	4:23.7
Merv Jones	M65	4:58.3
Kathy Menon	W30	5:14.0

Gillian Young	W55	37.7
Deb Wolfenden	W40	42.0
Lynne Schickert	W65	52.3
Kathy Burr	W65	63.5

**1500m**

Peter Sullivan	M45	5:11.1
Bjorn Dybdahl	M50	5:15.8
Kerriann Bresser	W35	5:59.5
Graeme Dahl (QMA)	M55	6:01.5
Robin King	W45	6:02.7
Maurice Creagh	M60	6:04.8
Michael Mezzatesta	(Vis)	6:06.6
Jackie Halberg	W60	6:28.1
Gillian Young	W55	6:30.9
Carol Bowman	W50	6:57.5
Nick Miletic	M55	7:00.2

**3000m**

Michael Mezzatesta	(Vis)	9:46.5
Christian Wakeling	M30	9:54.1
Brett Roach	M35	10:31.2
Peter Sullivan	M45	10:36.6
David Solomon	M40	10:54.1
Bjorn Dybdahl	M50	11:19.9
Graeme Dahl (QMA)	M55	11:25.8
Darryl White	M45	12:13.1
Bob Schickert	M65	12:17.4
Chris Neale	M35	12:47.6
Maurice Creagh	M60	12:56.8
Kerriann Bresser	W35	13:02.9
Jackie Halberg	W60	13:44.8
Gillian Young	W55	13:55.2
Merv Jones	M65	16:07.0
Kathy Burr	W65	20:45.8

**60m**

Isaac Boon	(Vis)	7.7
Colin Smith	M40	7.8
Barrie Kernaghan	M65	8.9
Wasey Brown	(Vis)	9.2

Larissa Boon	(Vis)	8.5
Bjorn Dybdahl	M50	8.9
Delia Baldock	W45	9.3
Peggy Macliver	W60	9.7
John Dennehy	M45	9.9

Ross Calnan	M65	10.2
Deb Wolfenden	W40	10.5
Gillian Young	W55	10.6
Carol Bowman	W50	10.6

Lynne Schickert	W65	14.6
Kathy Burr	W65	16.8

**400m**

Chris Neale	M35	56.2
Wasey Brown	(Vis)	56.2
Colin Smith	M40	57.8
Isaac Boon	(Vis)	59.0
David Solomon	M40	59.9
Simon Coates	M35	72.8

Larissa Boon	(Vis)	65.3
Barrie Kernaghan	M65	65.4
Bjorn Dybdahl	M50	65.9
Peter Gare	M65	69.0
John Dennehy	M45	70.0

Delia Baldock	W45	73.0
Peggy Macliver	W60	74.9
Carol Bowman	W50	84.6

**3000m walk**

Robin King	W45	17:58.4
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**ECAC – June 14****100m**

Sean Smith	(Vis)	11.9
Joel Bowman	(Vis)	12.1
Colin Smith	M40	12.6
Prakesh Menon	M35	13.4
Barrie Kernaghan	M65	13.7
Nick Miletic	M55	16.0

John Dennehy	M45	15.5
Peggy Macliver	W60	16.0
John Everard	M45	16.1
Frank Gardiner	M55	16.4
Ross Calnan	M65	16.8

Delia Baldock	W45	15.4
Gillian Young	W55	18.0
Carol Bowman	W50	18.1
Lynne Schickert	W65	24.9
Kathy Burr	W65	30.3

**300m**

Chris Neale	M35	39.8
Colin Smith	M40	40.4
Barrie Kernaghan	M65	43.5
Prakesh Menon	M35	45.3

Geoff Anderson	(Vis)	47.8
Delia Baldock	W45	50.8
Peggy Macliver	W60	52.3
Nick Miletic	M55	57.5
Carol Bowman	W50	60.8

John Dennehy	M45	49.9
Rob Antonioli	M55	50.1
Eldon George	M35	51.1
Frank Gardiner	M55	60.0

Kathy Menon	W30	51.8
Gillian Young	W55	62.1
Kathy Burr	W65	1:49.9

**3000m**

Rob Antonioli	M55	14:08.4
Jane Stanbrook	W40	16:30.3
Kathy Menon	W30	17:49.0

**5000m**

Brett Roach	M35	18:19.4
Graeme Dahl (QMA)	M55	19:33.6
Allan Mayfield (SA)	M55	19:53.5
Syd Parke	M55	21:03.2
John Collier	M40	21:12.6
Eldon George	M35	21:26.4
David Carr	M70	21:39.2
Christian Wakeling	M30	21:48.8
Blakeney Tindall	M45	21:54.8
Bob Schickert	M65	21:57.7
Kay Burt	W50	22:01.5
Gillian Young	W55	22:59.7
Jackie Halberg	W60	23:28.8 SR
Carol Bowman	W50	24:29.4
Nick Miletic	M55	24:40.2
Merv Jones	M65	27:42.8

**60m**

Colin Smith	M40	8.0
Mike Edwards	(Vis) M35	8.2
Prakesh Menon	M35	8.2
Barrie Kernaghan	M65	8.7
Rob Antonioli	M55	8.7
Nick Miletic	M55	n/t

Delia Baldock	W45	9.3
Peggy Macliver	W60	9.9
Carol Bowman	W50	10.9
Jane Stanbrook	W40	11.2
Lynne Schickert	W65	14.5
Kathy Burr	W65	18.7

Colin Smith	M40	7.9
Rob Antonioli	M55	8.6
Nick Miletic	M55	9.6

**ECAC June 21****200m**

Barrie Kernaghan	M65	27.0
Prakesh Menon	M35	28.0
Bjorn Dybdahl	M50	29.6
Nick Miletic	M55	n/t

Peter Gare	M65	29.3
David Carr	M75	31.4
John Dennehy	M45	31.7
Ross Calnan	M65	35.9

Peggy Macliver	W60	32.3
Simone Solomon	W40	33.8
Carol Bowman	W50	36.4
Gillian Young	W55	37.0
Deb Wolfenden	W40	38.5

**1500m**

Christian Wakeling	M30	4:52.7
Bjorn Dybdahl	M50	5:15.4
Carl Ciccarelli	M45	5:49.7
Robin King	W45	5:54.9
David Carr	M75	6:33.7 <b>SR</b>
Gillian Young	W55	6:36.8
Merv Jones	M65	7:38.0
Kathy Menon	W30	8:25.7

**60m**

Chris Neale	M35	7.8
Colin Smith	M40	7.8
Barrie Kernaghan	M65	8.3
Prakesh Menon	M35	8.4
Nick Miletic	M55	9.8

David Clive	M70	8.6 <b>SR</b>
Bjorn Dybdahl	M50	8.9
John Dennehy	M45	9.8
David Carr	M75	9.8
Ross Calnan	M65	10.2

Delia Baldock	W45	9.5
Peggy Macliver	W60	9.6
Deb Wolfenden	W40	10.6

**3000m walk**

Robin King	W45	17:55.6
Lynne Schickert	W65	21:16.3

**800m**

Christian Wakeling	M30	2:16.6
Chris Neale	M35	2:21.6
Brett Roach	M35	2:32.5
Allan Mayfield (SA)	M55	2:34.0
John Collier	M40	2:47.4
Eldon George	M35	2:48.6
Rob Antonioli	M55	2:50.2
Blakeney Tindall	M45	2:53.1
Delia Baldock	W45	2:59.5
Robin King	W45	3:11.3

Carol Bowman	W50	10.7
Lynne Schickert	W65	16.4

**400m**

Chris Neale	M35	56.6
David Solomon	M40	59.5
Christian Wakeling	M30	61.1
Barrie Kernaghan	M65	64.1
Prakesh Menon	M35	67.1

Roy Fearnall	M60	62.7
Bjorn Dybdahl	M50	66.9
Peter Gare	M65	68.9
John Dennehy	M45	69.0
David Clive	M70	71.1
David Carr	M75	71.5

Peggy Macliver	W60	74.4
Kathy Menon	W30	85.2
Nick Miletic	M55	85.2
Carol Bowman	W50	86.6

**400m Hurdles**

Campbell Till	M45	66.1
Delia Baldock	W45	82.7

**3000m**

Christian Wakeling	M30	10:26.3
Brett Roach	M35	10:38.9
David Solomon	M40	10:48.1
Bjorn Dybdahl	M50	11:22.4
Carl Ciccarelli	M45	11:51.1
Colin Smith	M40	12:23.2
Chris Neale	M35	12:23.7
Simone Solomon	W40	13:30.4
David Carr	M70	14:06.0
Gillian Young	W55	14:09.1
Merv Jones	M65	16:19.0
Kathy Menon	W30	18:07.0
Coby Wakeling	W35	23:18.0

**3000m walk**

Robin King	W45	17:32.5
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**ECAC – June 28****600m**

Chris Neale	M35	1:34.2
Christian Wakeling	M30	1:35.6
David Solomon	M40	1:36.4
Colin Smith	M40	1:47.4
David Carr	M75	1:49.3 <b>SR</b>
Bjorn Dybdahl	M50	1:56.4
John Dennehy	M45	1:58.2
Peggy Macliver	W60	2:08.4
Paul Gill	(Vis)	2:16.6
Carol Bowman	W50	2:24.1
Frank Gardiner	M55	2:29.9

**3000m**

Christian Wakeling	M30	10:58.4
Bjorn Dybdahl	M50	11:05.9
Eldon George	M35	11:33.1
Blakeney Tindall	M45	12:31.6
Robin King	W45	12:34.9
Frank Gardiner	M55	12:48.4
Paul Gill	(Vis)	13:15.5
Gillian Young	W55	13:17.9
Merv Jones	M65	16:04.6
Coby Wakeling	W35	22:44.9

**100m**

Chris Neale	M35	12.3
Paul Gill (Vis)	M35	12.3
Colin Smith	M40	12.6
David Clive	M70	13.6 *

Eldon George	M35	14.5
Bjorn Dybdahl	M50	14.9
John Dennehy	M45	15.3
David Carr	M75	17.3

Delia Baldock	W45	15.4
Ross Calnan	M65	16.6
Gillian Young	W55	17.4

Deb Wolfenden	W40	17.2
Carol Bowman	W50	18.3
Lynne Schickert	W65	25.2

**ECAC – July 5****100m**

Chris Neale	M35	12.2
Barrie Kernaghan	M65	13.5
Carolyn Wills	W35	13.9
Nick Miletic	M55	15.8

Bryar Wills	(Vis)	14.9
Robert Wills	(Vis)	15.1
Joseph Wills	(Vis)	15.2
Peggy Macliver	W60	15.3

John Dennehy	M45	15.1
Ross Calnan	M65	16.6
Carol Bowman	W50	17.6
Gillian Young	W55	18.6

Paul Gill	(Vis)	12.2
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**1000m**

Christian Wakeling	M30	3:14.3
Chris Neale	M35	3:18.7
Bjorn Dybdahl	M50	3:38.0
Blakeney Tindall	M45	3:41.0
Eldon George	M35	3:42.6
Robin King	W45	3:57.5
Paul Gill	(Vis)	4:01.0
John Dennehy	M45	4:01.7
Peggy Macliver	W60	4:01.8
David Carr	M75	4:02.4 <b>SR</b>
Delia Baldock	W45	4:06.3
Gillian Young	W55	4:12.7
Carol Bowman	W50	4:29.0
Merv Jones	M65	4:57.8

**3000m walk**

Lynne Schickert	W65	21:26.6
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**200m**

Chris Neale	M35	25.1
Colin Smith	M40	25.8
Roy Fearnall	M60	27.4
Paul Gill	(Vis)	41.4

David Clive	M70	28.7 <b>SR</b>
Bjorn Dybdahl	M50	29.8
Eldon George	M35	30.3
John Dennehy	M45	31.4
David Carr	M75	31.5

Delia Baldock	W45	32.8
Peggy Macliver	W60	32.8
Gillian Young	W55	36.7
Carol Bowman	W50	37.3
Deb Wolfenden	W40	41.2

Colin Smith	M40	12.6
Eldon George	M35	14.1
Lynne Schickert	W65	24.3

**1 mile**

Chris Coates	M50	5:42.9
Eldon George	M35	5:49.5
David Carr	M75	6:04.2 <b>AR</b>
Paul Gill (Vis)	M35	6:20.6
Kerriann Bresser	W35	6:32.1
Joseph Wills	(Vis)	6:51.8
Jackie Halberg	W60	6:54.9 <b>SR</b>
Gillian Young	W55	7:14.2
Carolyn Wills	W35	7:23.6
Gill Edmonds	W40	7:52.7
Merv Jones	M65	8:01.9
Bryar Wills	(Vis)	8:25.7

**1 mile walk**

Lynne Schickert W65 10:59.8

**3000m walk**

Rose-maree Hollaway W50 18:27.0

Stan Jones M80 20:45.7

Lynne Schickert W65 21:16.5

**200m**

Colin Smith M40 26.8

Barrie Kernaghan M65 26.9

David Solomon M40 27.2

Nick Miletic M55 34.6

Peggy Macliver W60 31.1

Delia Baldock W45 31.3

Simone Solomon W40 32.5

Carol Bowman W50 38.0

Carolyn Wills W35 29.7

Robert Wills M45 32.2

Joseph Wills (Vis) 33.3

Bryar Wills (Vis) 34.6

Paul Gill (Vis) M35 25.3

Eldon George M35 28.6

John Dennehy M45 32.3

Ross Calnan M65 36.0

Gillian Young W55 37.1

**600m**

Chris Neale M35 1:34.4

Campbell Till M45 1:37.1

Eldon George M35 1:57.3

Paul Gill (Vis) 2:06.9

John Dennehy M45 2:10.4

Kerriann Bresser W35 2:10.7

Delia Baldock W45 2:12.5

Peggy Macliver W60 2:14.9

Joseph Wills (Vis) 2:24.7

Robert Wills (Vis) M45 2:25.6

Carolyn Wills W35 2:29.4

Bryar Wills (Vis) 2:38.6

**3000m**

David Solomon M40 10:24.5

Chris Neale M35 12:17.7

Eldon George M35 12:41.1

Paul Gill (Vis) M35 13:12.4

Simone Solomon W40 13:34.1

Kerriann Bresser W35 13:57.9

John Dennehy M45 14:19.7

Nick Miletic M55 14:20.7

Carol Bowman W50 14:22.0

Jackie Halberg W60 14:23.4

Gillian Young W55 14:23.7

Carolyn Wills W35 16:15.7

Merv Jones M65 16:33.0

**ECAC – July 12 – results are missing****ECAC – July 19****60m**

Colin Smith M40 8.0

Barrie Kernaghan M65 8.8

Nick Miletic M55 9.5

Bob Schickert M65 10.8

Delia Baldock W45 9.4

Peggy Macliver W60 9.5

Carol Bowman W50 11.2

Lynne Schickert W65 14.8

**400m**

Barrie Kernaghan M65 66.5

Eldon George M35 67.2

Colin Smith M40 67.6

David Carr M75 67.8 **AR**

Peggy Macliver W60 74.6

Delia Baldock W45 79.2

Nick Miletic M55 85.3

Carol Bowman W50 88.0

**3000m**

Eldon George M35 12:14.5

Nick Miletic M55 14:19.0

**3000m walk**

Lynne Schickert W65 21:16.4

**200m**

Colin Smith M40 26.9

Barrie Kernaghan M65 28.8

Eldon George M35 30.4

David Carr M75 31.8 **SR**

Bob Schickert M65 35.1

Peggy Macliver W60 32.1

Delia Baldock W45 32.8

Carol Bowman W50 39.2

Lynne Schickert W65 52.6

**1000m**

Bob Schickert M65 3:46.9

Peggy Macliver W60 3:59.1

Delia Baldock W45 4:02.7

Nick Miletic M55 4:20.6

Carol Bowman W50 4:22.3

Lynne Schickert W65 6:12.2

## ECAC – July 26

### 200m

Colin Smith	M40	25.9
David Clive	M70	27.9
Barrie Kernaghan	M65	28.1
Bjorn Dybdahl	M50	31.6
Nick Miletic	M55	33.2

Peter Gare	M65	29.2
Christian Wakeling	M30	31.3
John Dennehy	M45	33.5
Ross Calnan	M65	37.0
Carol Bowman	W50	37.5
Deb Wolfenden	W40	39.3

### 800m

David Solomon	M40	2:16.9
Christian Wakeling	M30	2:21.2
Brett Roach	M35	2:29.3
Bjorn Dybdahl	M50	2:32.8
Colin Smith	M40	2:34.0
David Carr	M75	2:34.3 <b>WR</b>
Eldon George	M35	2:38.8

John Dennehy	M45	2:46.2
Peggy Macliver	W60	2:52.5
Delia Baldock	W45	2:56.9
Robin King	W45	3:02.7
Jackie Halberg	W60	3:05.0
Rose-maree Hollaway	W50	3:42.1

### 2000m walk

Rose-maree Hollaway	W50	12:22.0
Tom Lenane	M50	12:51.9

### 300m

Christian Wakeling	M30	44.7
Barrie Kernaghan	M65	45.3
David Clive	M70	48.7
Eldon George	M35	49.4
Bjorn Dybdahl	M50	52.3

Peter Gare	M65	48.3
Peggy Macliver	W60	53.5
Delia Baldock	W45	55.0
Nick Miletic	M55	57.7

### 2000m

Campbell Till	M45	6:58.9
Christian Wakeling	M30	7:13.8
Bjorn Dybdahl	M50	7:38.1
Eldon George	M35	7:59.2
Robin King	W45	8:29.2
Bob Schickert	M65	8:33.7
Jackie Halberg	W60	8:57.8
Nick Miletic	M55	9:22.3
Carol Bowman	W50	9:23.2
Merv Jones	M65	10:03.0

### 100m

Colin Smith	M40	13.1
David Clive	M70	13.4 <b>SR</b>
Bjorn Dybdahl	M50	14.9
Nick Miletic	M55	15.7

Eldon George	M35	14.3
Delia Baldock	W45	15.6
Bob Schickert	M65	16.9
Deb Wolfenden	W40	17.8
Carol Bowman	W50	18.2

## ECAC – August 2

### 60m

Colin Smith	M40	7.9
David Clive	M70	8.5
Barrie Kernaghan	M65	9.5
Nick Miletic	M55	9.5

Peggy Macliver	W60	9.5
Delia Baldock	W45	9.6
John Dennehy	M45	9.6
Ross Calnan	M65	10.3
Carol Bowman	W50	11.1

### 1500m

Christian Wakeling	M30	4:47.6
Brett Roach	M35	4:55.9
John Collier	M40	5:23.3
David Carr	M75	5:28.1 <b>AR</b>
Carl Ciccarelli	M45	5:43.9
Jack Gare (Vis)		5:44.9
Bob Schickert	M65	5:59.0
Merv Jones	M65	7:28.0

### 400m

Colin Smith	M40	57.3
Chris Neale	M35	64.5
Barrie Kernaghan	M65	68.2
Eldon George	M35	68.9
Christian Wakeling	M30	77.1

Peter Gare	M65	67.4
John Dennehy	M45	70.8
Peggy Macliver	W60	72.3
Delia Baldock	W45	76.0

### 100m

Colin Smith	M40	12.7
Chris Neale	M35	12.9
Barrie Kernaghan	M65	15.0
Nick Miletic	M55	15.0

Eldon George	M35	14.0
Peggy Macliver	W60	15.6
John Dennehy	M45	16.0
Ross Calnan	M65	16.7

**(100m cont.)**

Eldon George	M35	14.6
Delia Baldock	W45	16.2
Bob Schickert	M65	16.3
Carol Bowman	W50	18.3

**3000m**

Christian Wakeling	M30	10:52.1
John Collier	M40	11:45.6
Carl Ciccarelli	M45	11:50.5
Eldon George	M35	12:54.3
Chris Neale	M35	13:09.0
Nick Miletic	M55	14:44.6
Carol Bowman	W50	14:51.0
Merv Jones	M65	15:57.4

**ECAC – August 9****60m**

Colin Smith	M40	7.8
David Clive	M70	8.4
Warren Thorn	(Vis)	8.5
Bjorn Dybdahl	M50	9.2
Nick Miletic	M55	9.4

Delia Baldock	W45	9.5
John Dennehy	M45	9.7
David Carr	M75	9.7

Deb Wolfenden	W40	10.8
Carol Bowman	W50	11.4
Lynne Schickert	W65	13.8

**300m**

Colin Smith	M40	40.8
Barrie Kernaghan	M65	45.1
Warren Thorn	(Vis)	46.8
Ron Gower	(Vis)	47.5
David Clive	M70	48.2

Bjorn Dybdahl	M50	48.8
David Carr	M75	50.4
Delia Baldock	W45	51.6
Peggy Macliver	W60	52.0
John Dennehy	M45	55.0
Nick Miletic	M55	63.0
Carol Bowman	W50	68.2

**3000m walk**

Lynne Schickert	W65	22:05.4
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**800m**

Warren Thorn	(Vis)	2:28.7
Ron Gower	(Vis)	2:29.1
Bjorn Dybdahl	M50	2:56.9
Peggy Macliver	W60	2:57.8
David Carr	M75	2:58.5
John Dennehy	M45	3:00.9
Nick Miletic	M55	3:14.2

**100m**

Colin Smith	M40	13.0
David Clive	M70	13.7
Barrie Kernaghan	M65	14.0
Nick Miletic	M55	n/t

Warren Thorn	(Vis)	14.1
Bjorn Dybdahl	M50	14.7
John Dennehy	M45	15.7
David Carr	M75	16.1

Nick Miletic	M55	15.4
Delia Baldock	W45	15.7
Peggy Macliver	W60	15.7
Deb Wolfenden	W40	17.8

**5000m**

Alan Gower	M50	19:13.4
Bjorn Dybdahl	M50	20:27.5
Bob Schickert	M65	22:22.3
Warren Thorn	(Vis)	23:06.1
Simon Coates	M30	23:07.6
Jackie Halberg	W60	23:45.7
Maurice Creagh	M60	25:26.0

**ECAC – August 16****60m**

Jarrold Smith	(Vis)	7.3
David Clive	M70	8.4
Barrie Kernaghan	M65	8.6
Norm Richards	M65	8.8

Toni Phillips	W35	8.7
Bjorn Dybdahl	M50	9.2
Peggy Macliver	W60	9.5
John Dennehy	M45	10.2

Norm Richards	M65	9.0
Delia Baldock	W45	9.4
Ross Calnan	M65	10.3
Deb Wolfenden	W40	10.6

**3000m**

Christian Wakeling	M30	10:04.5
David Solomon	M40	10:28.7
Alan Gower	M50	10:45.8
Ron Gower	(Vis)	10:47.5
Bjorn Dybdahl	M50	10:56.7
David Carr	M75	12:18.3 <b>AR</b>
Bob Schickert	M65	12:23.1
Ivan Brown	M60	12:48.9
Karyn Gower	W45	12:59.0
Gillian Young	W60	13:32.2
Stephen Fuller	(Vis)	13:35.1
Jackie Halberg	W60	13:44.5
Maurice Creagh	M60	13:45.2
Colin Smith	M40	14:39.4

**(3000m cont.)**

Merv Jones	M65	15:43.7
Gill Edmonds	W40	15:53.1
Coby Wakeling	W35	21:32.6

**3000m walk**

Peter Doye	M65	19:41.3
Lynne Schickert	W65	20:41.5
Stan Jones	M80	20:49.0

**600m**

Chris Neale	M35	1:34.8
Christian Wakeling	M30	1:52.2
Bjorn Dybdahl	M50	1:53.2
John Dennehy	M45	1:57.0
Peggy Macliver	W60	2:02.7
Stephen Fuller	(Vis)	2:03.7
Delia Baldock	W45	2:04.5
Peter Gare	M65	2:06.7

**200m**

Jarrod Smith	(Vis)	22.9
David Clive	M70	27.5
David Solomon	M40	27.6
Barrie Kernaghan	M65	27.7
Chris Neale	M35	28.4
Christian Wakeling	M30	29.7

Peter Gare	M65	29.6
Bjorn Dybdahl	M50	30.1
John Dennehy	M45	32.1
Peggy Macliver	W60	32.1
Delia Baldock	W45	32.4
Deb Wolfenden	W40	40.2

**1000m**

Darios Eshete	(Vis)	3:01.4
Christian Wakeling	M30	3:08.3
Alan Gower	M50	3:09.9
Ron Gower	(Vis)	3:10.2
Colin Smith	M40	3:28.6
Bjorn Dybdahl	M50	3:44.9
Bob Schickert	M65	3:51.9
Ivan Brown	M60	3:54.5
Stephen Fuller	(Vis)	3:54.8
Simone Solomon	W40	3:57.4
Karyn Gower	W45	4:06.9
Maurice Greagh	M60	4:11.8
Gillian Young	W60	4:18.3
Delia Baldock	W45	4:32.9
Merv Jones	M65	4:48.4
Lynne Schickert	W65	6:12.7
Coby Wakeling	W35	6:56.7

**1000m**

Colin Smith	M40	13.0
David Clive	M70	13.7
Nick Miletic	M55	n/t

Warren Thorn	(Vis)	14.1
Bjorn Dybdahl	M50	14.7
John Dennehy	M45	15.7
David Carr	M75	16.1

Nick Miletic	M55	15.4
Delia Baldock	W45	15.7
Peggy Macliver	W60	15.7
Deb Wolfenden	W40	17.8

## ECAC – August 23

### 60m

Colin Smith	M40	7.9
David Clive	M70	8.7
Barrie Kernaghan	M65	8.8
Norm Richards	M65	8.9
Nick Miletic	M55	9.6

Eldon George	M35	9.1
Bjorn Dybdahl	M50	9.3
Peggy Macliver	W60	9.9
John Dennehy	M45	10.0

Ross Calnan	M65	10.4
Carol Bowman	W50	11.2
Lynne Schickert	W65	14.5

### 800m

Bjorn Dybdahl	M50	2:34.1
Colin Smith	M40	2:35.4
David Carr	M75	2:35.8
Eldon George	M35	2:45.8

Chris Neale	M35	2:15.9
Christian Wakeling	M30	2:35.0
John Dennehy	M45	2:42.5
Carl Ciccarelli	M45	2:52.0
Peggy Macliver	W60	2:53.0 <b>SR</b>
Ivan Brown	M60	2:58.7
Delia Baldock	W45	3:05.2
Mike O'Reilly	M65	3:11.2

### 100m

Colin Smith	M40	12.5
David Clive	M70	13.7
Barrie Kernaghan	M65	13.8
Norm Richards	M65	14.3
Nick Miletic	M55	15.7

Eldon George	M35	14.2
Bjorn Dybdahl	M50	15.1
Delia Baldock	W45	15.6

Ross Calnan	M65	n/t
Gillian Young	W60	18.3
Carol Bowman	W50	18.5

### 300m

Darius Eshete	(Vis)	41.9
Barrie Kernaghan	M65	43.3
Peter Gare	M65	45.9

Bjorn Dybdahl	M50	47.4
Norm Richards	M65	49.8
Mike O'Reilly	M65	51.9

Eldon George	M35	48.8
John Dennehy	M45	49.9
Peggy Macliver	W60	51.3
Delia Baldock	W45	54.1

### 5000m

Christian Wakeling	M30	18:20
Bjorn Dybdahl	M50	19:44
Carl Ciccarelli	M45	19:57
Bob Schickert	M65	21:04
Chris Neale	M35	21:22
Ivan Brown	M60	21:59
Jackie Halberg	W60	22:45.0 <b>SR</b>
Gillian Young	W60	23:09
Nick Miletic	M55	25:13
Barbara Blurton	W55	25:23
Carol Bowman	W50	25:28
Eldon George	M35	26:32
Merv Jones	M65	28:27

### 3000m

Robert Davey	(VMA)	20:18
Coby Wakeling	W35	21:12

### 3000m walk

Lynne Schickert	W65	21:17
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### 1000m

Colin Smith	M40	13.0
David Clive	M70	13.7
Nick Miletic	M55	n/t

Warren Thorn	(Vis)	14.1
Bjorn Dybdahl	M50	14.7
John Dennehy	M45	15.7
David Carr	M75	16.1

Nick Miletic	M55	15.4
Delia Baldock	W45	15.7
Peggy Macliver	W60	15.7
Deb Wolfenden	W40	17.8

**Please note:**

**After this meet, many members flew to Riccione for the WMA world championships. Meetings continued to the end of September, but they were informal with no times recorded.**