OCTOBER
2013
No. 474

Vetrun

The magazine of Masters Athletics WA

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Six-Hour Relay needs you!

RELAYS are the best fun you can have, while vertical, and without laughing.

So where are all our 6-Hour Relay entrants?

This is a terrific event, as all those who took part over the past couple of years will agree. It's set for Saturday, November 9, 7am, at Yokine Reserve, and there will be teams for walkers and runners.

Some members may remember the course, which we used to race over during the Deadly Medley.

How it works

Each entrant will probably cover no more than 12km over the six-hour duration. Each team is made up of six people, and each person runs/walks a 2km lap before handing over the baton.

I took part a couple of years ago and found I had a rest of about 40 minutes before setting off again. That's plenty of time to recover, drink and eat sparingly, provided you stretch and jog a bit to avoid stiffening.

The camaraderie is infectious – as in any relay – and we really did all enjoy a great morning.

So, please join us!

Contact organiser Claire Walkley asap, for any more information, and to join a team, call her on: 0410 434 257 or email to clairewalkley@yahoo.com

Runners, walkers, helpers – all involved in last year's 6-Hour

Claire in the 2012 relay

Helpers welcome!

IT'S a great help to have supporters and a cheer-squad at events like this.

You could also help with a bit of lap-scoring – massage? – fanning? plus general morale-boosting. Photographers welcome too! *VW*

UPHILL BATTLE

Wireless Hill's finish is one of our toughest, but some runners can still lift for the final bend. Results and more pictures – pages 7-8.

Do you know your help dates?

All Sunday competitors are required to help out at two events each year.

This isn't much to ask! You can still compete, attend or just enjoy dozens of other events in the year. However, it seems that some members have a problem remembering the dates they have selected as their help dates.

If you do not advise the Race Director of the event for which you are listed – in the two weeks prior to the event – that you are unavailable this can have a serious effect on the safety of our members.

Please check the helpers list – on the website, and/or in *Vetrun* – to see the dates you have nominated. At the website go to the 'Road' tab then 'Helper List' then click on 'Helper List 2013-14'.

Alternatively, contact me on young.gillian@hotmail.com and I can let you know your help dates.

IWB Basel "Run To The Beat" Marathon

– 22nd Sept 2013

I WAS in Basel, Switzerland on 22nd September at the end of my Swiss holiday with my wife to do the IWB Basel "Run To The Beat" Marathon which is a 2 lap course around the city area and finishing in the beautiful old part of town.

Apart from the scenery and beautiful city, the town of Basel in the north western part of Switzerland is famous for producing one Roger Federer. So it was no surprise to see plenty of tennis courts around the city area.

"Run To The Beat" really means "Run To The Beat" in that they have a dedicated FM radio frequency to tune in and listen while you run if you wish. There is also numerous points along the course where large speakers are belting out the music being played on their frequency.

The start line was within walking distance of the hotel which made getting to the start easy. The weather was a cool misty morning about 8°C and perfect for running. The first 21km loop was a tour of discovery, seeing parts of the city I hadn't seen and the second lap was enjoying it all over again.

The finish area included being able to hydrate with as much beer as you could drink and a lot of the runners took advantage of this – I thought it would be wise to not over-indulge so a few sips were enough for me.

All in all, a very well organised run which I would thoroughly recommend.

And finally, this run now means more to me than you will ever know because three days prior to the run, my father passed away in Melbourne so on the urging of my mother, I ran and dedicated it to his memory – I seemed to float home in the last few k's thinking about him – so much so that I won my age category by over eight minutes!

Love you Dad.

Cheers, Peter Sullivan
WAMC 4863

Worry not, he hasn't broken training. Sensible bloke, Peter: claims he took just 'a few sips'. Probably didn't even inhale. However, with this kind of after-race hospitality I think John Pellier and Brian Danby might consider Basel next year?

Wayne's looking up!

MELBOURNE report by Sandra Stockman, who ran this year's Melbourne in a 3:10 (a PB by two minutes) and won her W45 age group.

Wayne Taylor is close to fulfilling his new year's resolution – to run three marathons and climb three major mountains in 2013.

After the Melbourne run, which he finished in 3:45, he just has to conquer Mt Kilimanjaro!

Bob Lane – 3:09 – was first in his M65 age group; Ante Perdija (bit younger) was not far behind, with 3:13. Another of our younger members, Hamish McLeod ran 3:59 in his first marathon.

In the half, Ross Keane and Karen Peace stuck together to complete the run in 1:44.

Conditions were superb – coolish at the start, a bit of sun by 8 o'clock but mainly overcast, a little light rain later and virtually no wind.

This probably helped both the men's and women's winners to break the course records. Lisa Weightman, a Melbourne girl, won the women's race, earning herself a place in the Commonwealth Games in Glasgow next year. There were 34,000 competitors in total, with about 8,000 competing in the marathon.

Wayne

Hamish

Ante

Bob

In My View …

by the Editor

Brazilians

HALF the club seem to be at the World Champs in Porto Alegre but as we tie up this edition only the cross-country results are up on the website. Jackie Halberg (silver medal), Bjorn Dybdahl and Bob Schickert were in it, Bob's team taking a gold medal.

We won't know if David Carr becomes the IAAF Masters Athlete of the Year until October 28, after the games finish. But keep checking our site for the latest news.

Photographers

I'LL always try to credit members' photographic efforts in *Vetrun*, so this time, thanks go to the Smiths, Frank and Colin – great double act – for their efforts at Mattagarup and the GOT.

I have suggested to webmaster Hamish that the volunteers supplying pictures for the site should be acknowledged there. No joy so far – so come on, Hamish!

Trophies

THERE have been many requests, but despite them I have photographed the Timeless Trophy so you can all see what you're missing.

GOT Run Hale School

October 6, 2013

Directors: Vic Waters & Frank Smith

"TELL us something we don't know." So I am always beseeching race directors. For instance: have you ever seen the toilets at the Paris Hilton? Spectacular: an Egyptian-palace with rich engravings, tiles and marble, they even have hundreds of hand-towels stacked in pyramids.

What's that to do with the GOT Run?

Ask anyone lucky enough to have used Hale School's new ladies' loos. They are installed at the cricket pavilion we use as base for this annual event. And as Hale is an all-boys establishment I don't suppose the porcelain suffers much wear and tear.

Paris? Non

So give Paris a miss. With a kitchen for the indomitable morning-tea providing Beaumonts; spacious changing rooms; a shady verandah and a delightful outlook, this location is one of our finest -– judging by the number of members who hang around afterwards.

I usually have to throw them out before night falls, in order to make the rounds, and lock all the gates that give us access to a varied, mixed-terrain course.

Thanks due

Helpers seem to like this one too.

Road marshals Ray Gimi and Neil McRae have been rooted in place for years. Estimates-queen Eileen Ferris is the only person who really understands the system. John Byrne, his daughter Andrea and her children provide hydration. New lady Ali Menegola took the finishers' numbers, totally efficiently.

That leaves Frank Smith and me. Our main job is to shout at runners and stop them cheating. Oh yes, Frank has a trifling duty, marking the course, which he has turned into a life's work. At least it keeps him out of the pub.

Trophies

Need I say that these – the Timeless Trophy, and the Alarm Clock – are unique? The original, the big one bearing a curious similarity to a piece of table-leg studded with broken watch and clock parts, is actually a craftsman's masterpiece, cunningly *disguised* to resemble a load of old rubbish (for insurance purposes).

The alarm clock I bought just to give the walkers and short-course runners something to live for.

So, race directors; there you go. Tell us something we don't know!

VW

The best guesses were:

9.5KM		Time	Est.
Ian Carson	M60	42:01	42:00
Paul Odam	M50	42:24	42:30
John Allen	M55	42:22	42:30

6.3KM			
Gillian Young	W65	38:27	38:30
Rod Hamilton	M50	27:45	27:50

9.5K RUN			
* Winner		Time	Est.
Kim Thomas	M35	39:30	39:00
Tony Smith	M40	40:33	43:00
* Ian Carson	M60	42:01	42:00
John Allen	M55	42:22	42:30
Paul Odam	M50	42:24	42:30
Giovanni Puglisi	M60	43:50	43:15
Jim Klinge	M65	44:53	44:00

Winner of the Timeless Trophy 2013 is Ian Carson, far right of picture.

Regular double act, Kim Thomas and Son, leading on the first lap.

Mattagarup Run
(Half Marathon Course)
September 22, 2013
Director: Committee

Gillian Young, leading here, won the short course trophy.

Grahak Cunningham	M35	46:03	43:31
Lisa Searle	W40	46:19	42:28
Jo Clarkson	W55	46:38	49:00
Mark Dawson	M50	47:52	47:30
Ross Keane	M50	48:53	47:35
Brian Danby	M65	49:18	50:00
Karen March	W50	49:25	47:10
Karen Peace	W40	49:43	48:00
Bob Schickert	M70	52:37	53:30
Bruce Mathieson	M65	54:17	52:01
Dave Roberts	M70	54:51	54:40
David Carr	M80	55:47	58:00
Julie Wilson	W60	55:52	56:25
Lorraine Lopes	W70	57:14	59:21
Irwin Barrett-Lennard	M80	58:47	61:19
Peter Bath	M70	59:54	59:00
Rochelle Airey	W40	61:58	61:30
Theresa Howe	W60	64:14	60:00
Merv Jones	M70	65:15	65:05
Greg Wilson	M65	65:40	64:30
Paul Martin	M70	68:58	60:45
Frank Price	M60	70:58	67:00
Not eligible for trophies:			
V4		52:18	
John Fisher	M50	53:31	
John Pellier	M70	63:12	

6.3K RUN

* Winner		Time	Est.
Rod Hamilton	M50	27:45	27:50
* **Gillian Young**	W65	38:27	38:30
Nick Miletic	M60	39:26	42:00
Mike Anderson	M65	39:34	37:41
Melissa Hynds	W35	42:26	41:00
Roger Walsh	M70	43:51	43:00
Delia Baldock	W50	45:21	40:00
Kevin Hynds	M45	48:51	43:00
Ray Hall	M75	53:38	55:55
Lynne Schickert	W70	53:45	54:49
Pierre Viala	M65	54:46	48:00
Denise Viala	W60	55:38	53:00
Kirt Johnson	M80	56:05	57:25
Bob Fergie	M75	56:07	56:30
Lorna Lauchlan	W80	56:15	58:00
Jeff Whittam	M75	57:41	57:07
Sofia Carson	W50	63:05	60:00
Elaine Sillery	W80	67:24	61:00
Not Eligible for Trophy			
V2		26:43	
V1		38:15	
Monique Thomas	W35	40:41	
Jim Barnes	M70	54:50	
V3		58:06	
Graeme Dahl	M60	32:23	30:13
Ivan Brown	M65	32:30	34:10
Blakeney Tindall	M50	33:22	40:00
Mark Hewitt	M60	33:26	33:00
Johan Hagedoorn	M65	35:43	41:50
Richard Blurton	M60	36:45	35:00

Lisa Searle ahead of Grahak Cunningham, Karen Peace, Ross Keane and more.

HERE'S some more stuff you probably didn't know.

The club committee took charge of the Mattagarup this year, in the absence of designated directors. They changed the course a bit, for simplicity's sake.

They also dispensed entirely with markers!

How do I know this? Because Richard Danks congratulated Richard Blurton on a well-marked course, only to be told they hadn't marked it at all.

Fair enough. It would have been difficult for any of us to go wrong, unless we swam.

And Richard's confusion was caused because the Marathon Club had markers out along the same course.

Soggy

I only noticed one marshal, Chris Frampton, whose job was to guard the massive puddle where we turned onto the Windan Bridge. Chris did really well, constantly re-filling the puddle so that everyone had an equal chance of soaking.

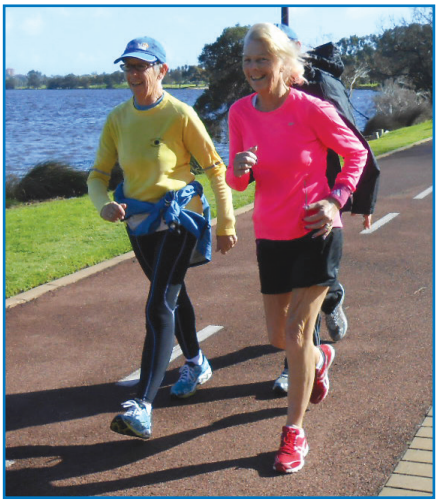
Apparently the full cast of helpers was: Sylvia Szabo, Carol Bowman, Colin Smith, Paul Hughes, Chris Koeman, Chris Frampton, Mike Anderson, Merv Jones, John Fisher; and MC, Richard Blurton.

V W

10K RUN

Grahak Cunningham	M35	38:28
Kim Thomas	M35	41:11
Paul Odam	M50	41:41
Ian Carson	M60	42:30
Rod Hamilton	M50	42:36
V4		42:42
Bob Lane	M65	43:03
Mickey Muroi	M55	43:16
Sandra Stockman	W45	43:32
Jim Langford	M65	43:37
Chris Maher	M60	43:51
Giovanni Puglisi	M60	43:55

Some sun did shine, on the righteous?



Mattagarup Conference

An escape committee formed, and eventually concluded that, though deep, the puddle was not a health hazard.

Colin Smith took advantage of the club camera to show off his sensitive, artistic side with these studies of intrepid and dedicated members.

Mullaloo Magic

September 29, 2013

Directors: Mike Anderson & Johan Hagedoorn

SOME 70-plus athletes walked or ran our magnificent coastal path – and no one claimed to have got lost.

Hey, it's sea on the left outward and sea on the right homeward: what's difficult about that?!

Nonetheless, runners as we know, tend to go comatose. (Walkers, I think, less so.) I had a report that two automatons had actually managed to briefly run astray at the single confusing place on the return, through ignoring red flags, a white-floured solid line and deaf to the directions of the marshal positioned there.

Putting up a temporary barbed wire fence for the sake of the bewildered has been suggested for future years! Also, it seems that no one but me who was marshalling at the 8km turn spotted the magnificent pair of ospreys hovering over the coastline for several minutes.

Sorry Mike, have no osprey pics. Will this do? I see a lot of these.

The weather this year was dry but very windy which made the event particularly tiring. Very creditable times were achieved on this challenging course regardless. Fewer competitors than usual chose the 8kms option settling for either 5km or 13km.

Johan and I had the previous week re-measured these distances by my new satellite watch and we found that the 8km and 13km distances are very accurate as we had known. We also re-confirmed that the 5km is actually 'longish' ▶

Jim Klinge	M65	44:51
Hamish McLeod	M35	45:02
V1		45:24
V9		45:42
V8		47:13
Stuart MacKinnon	M30	47:17
Charlie Chan	M60	47:31
Jackson Wong	M45	47:53
Sue Bourn	W45	48:03
Karen Peace	W40	48:23
Ross Keane	M50	48:23
V6		48:24
V3		50:29
Milton Mavrick	M55	50:46
Frank Gardiner	M60	50:58
Maree Brown	W45	54:53
Richard Blurton	M60	55:36
Bruce Mathieson	M65	55:37
Mike Hale	M65	55:37
Mali Hodges	W50	56:30
David Carr	M80	56:45
Gary Fisher	M60	57:14
Ray Attwell	M75	57:51
Irwin Barrett-Lennard	M80	59:11
John Pellier	M70	59:27
John Talbot	M65	59:49
Graham Thornton	M70	61:15
Melissa Hynds	W35	64:36
Paul Martin	M70	64:38
Janet Jiang	W45	65:51
Richard Danks	M70	67:16
Brian Bennett	M65	

5.2K RUN

V5		17:07
V7		22:58
Jeff Bremner	M50	23:30
Mark Hewitt	M60	24:26
Johan Hagedoorn	M65	25:21
Kem Hassan	M40	27:37
Julie Wilson	W60	28:15
Kylie Mahony	W45	28:32
V10		30:33
Vic Waters	M65	31:33
Neil McRae	M60	31:58
Kirstin McGregor	W45	31:59
Hamish McGlashan	M75	32:03
V2		32:04
Greg Wilson	M65	32:08
Rebecca MacKinnon	W30	32:22
Delia Baldock	W50	34:47
Julie Wood	W65	43:44
Pierre Viala	M65	43:49
Mitch Loly	M70	46:51
Margaret Bennett	W70	47:14

5.2K WALK

John McDonagh	M65	38:28
Denise Viala	W60	45:09
Elaine Dance	W60	45:09
Jim Barnes	M70	45:10
Jeni Shillington	W55	47:16
Ann Turner	W75	47:27
Lorraine Lopes	W70	47:27
Jeff Whittam	M75	47:28
Patricia Hopkins	W70	48:20
Joan Pellier	W70	48:21

at around 5.125km. We can't shorten it to a precise 5km since the path continues too narrow for a turn around until nearer to the Ocean Reef Marina where we have space to place the first water-station.

My appreciation for my co-race supremo, Johan – who stays calm through whatever mini-crisis should arise – and to our helpers both regular and new, who proved reliable, competent and good humoured. So, please, we want all you helpers back next year! Of course, our thanks go also to every walker and runner who competed, whether speedy or slow, and thereby made the magic event.

Michael Anderson

From top, newer member Kem Hassan; and golden oldies Duncan McCauley and Ralph Henderson. Below, the entire 8km walk field – Morris Warren and Jeff Whittam.

13K RUN

V7		54:06
Paul Odam	M50	56:18
Bob Lane	M65	56:46
Mickey Muroi	M55	57:03
Paul Hughes	M60	57:08
Ian Carson	M60	57:19
Giovanni Puglisi	M60	58:13
John Allen	M55	58:13
V6		58:32
Sandra Stockman	W45	59:09
V3		59:51
Ross Keane	M50	61:26
Brian Danby	M65	63:22
Karen Peace	W40	63:50
V8		64:13
Charlie Chan	M60	65:11
V5		65:12
V2		66:02
Gail James	W50	66:23
Mark Dawson	M50	66:45
Raymond Gimi	M45	66:55
Tristan Bell	M45	67:55
V1		68:32
Milton Mavrick	M55	68:54
Mike Hale	M65	71:52
Maree Brown	W45	72:19
Bruce Mathieson	M65	72:36
Bob Schickert	M70	73:04
V9		75:31
Alan Thornley	M60	76:04
Keith Atkinson	M55	76:50
John Talbot	M65	80:56
Theresa Howe	W60	83:24
V12		91:42

8K RUN

V14		34:15
Hamish McLeod	M35	38:05
Michael Lee	M60	39:30
Sandra Rourke	W45	45:44
Kylie Mahony	W45	48:54
Gillian Young	W65	49:27
Melissa Hynds	W35	51:45
Merv Jones	M70	52:23
Steve Clark	M70	60:34

5K RUN

Ralph Henderson	M65	24:22
Duncan McAuley	M60	24:46
V10		25:27
Margaret Saunders	W55	26:47
Carol Bowman	W55	27:38
Kem Hassan	M40	29:30
V13		29:38
Kirsten McGregor	W45	31:19
Hamish McGlashan	M75	31:20
David Carr	M80	31:40
V4		33:09
Nick Miletic	M60	33:40
V11		33:59
Neil McRae	M60	35:28
Delia Baldock	W50	37:01
Rebecca MacKinnon	W30	40:38
Lee Gray	W55	43:18
Toni Frank	W65	43:56

13K WALK

Val Millard	W65	1:43:00
Lynne Schickert	W70	1:46:59

8K WALK

Morris Warren	M75	75:59
Jeff Whittam	M75	76:00

5K WALK

Ray Hall	M75	44:58
Kirt Johnson	M80	50:40
Bob Fergie	M75	50:41
Patricia Hopkins	W70	50:44
Margaret Warren	W75	53:02
Maggie Flanders	W75	58:14

Wireless Hill

October 13, 2013

Director: Chris Reid

M45 Andrew Davison's stylish start was sustained to the finish – 9.5km in 37:53.

AN amazingly perfect spring morning was compensation for the hard yakka of these hills. At least the longest downhill has been tarmaced, which makes for a safer descent.

Thanks to Chris Reid (and Mrs Reid) it all seemed to go smoothly enough. Neil McRae did his bit too, collecting the gear from Hale and delivering in good time. Other helpers – including Peggy MacLiver with the club camera – thanks.

Noted and welcomed also – Tasmanian migrants Sandy and Brigitte who are back in Perth 'indefinitely'.

After my own wimpish one-lapper I snapped the great finish of John Allen and Paul Odam – see back page. ***VW***

9.5K RUN

Andrew Davidson	M45	37:53
V9		38:02
Kim Thomas	M35	38:21
Ian Carson	M60	40:16
John Allen	M55	41:28
Paul Odam	M50	41:32
Rod Hamilton	M50	43:20
Tony Smith	M35	43:21
Jo Clarkson	W55	44:05
Stuart MacKinnon	M30	45:02
V3		45:03
Sue Zlnay	W50	45:09
Mark Dawson	M50	47:15
Brian Danby	M65	47:31
V4		47:34
V10		47:37
Charlie Chan	M60	48:55
Claire Walkley	W45	49:08
Milton Mavrick	M55	49:17
V7		49:26
V2		50:44
Maree Brown	W45	51:34
Raymond Gimi	M45	52:38
John Fisher	M50	53:05
Keith Atkinson	M55	53:05
Lorraine Lopes	W70	55:46
Graham Thornton	M70	55:;57
Peter Bath	M70	56:23
Gillian Young	W65	56:36
V11		56:47
Rochelle Airey	W40	56:53
Sally Floyd	W45	57:52
Mike Hale	M65	58:42
John Talbot	M65	58:48
John Pellier	M70	59:00
Theresa Howe	W60	60:26
Merv Jones	M70	63:15
Paul Martin	M70	67:02

4.8K RUN

V1		20:36
Paul Hughes	M60	20:39
Jeff Bremner	M50	22:12
Sue Bourn	W45	22:24
Ivan Brown	M65	23:34
Colin Shaw	M50	23:39
Mark Hewitt	M60	24:18
Johan Hagedoorn	M65	25:04
Carol Bowman	W55	25:15
Vic Waters	M65	27:15
Frank Gardiner	M60	27:38
Chris Genin	M40	27:47
V5		28:10
Kylie Mahony	W45	28:14
Neil McRae	M60	29:04
Roger Walsh	M70	30:03
Melissa Hynds	W35	30:37
Aldo Giacomin	M75	32:41
John Brambley	M70	33:06
Ali Menegola	W50	33:08
Delia Baldock	W50	33:39
Steve Clark	M70	33:59
Kathy Burr	W70	34:04
Rebecca MacKinnon	W30	36:02
Carolyn Fawcett	W60	37:36
Bob Fawcett	M60	37:38
V6		38:38
Mitch Loly	M70	40:33
Sheila Maslen	W75	43:31
Margaret Bennett	W70	46:56

4.8K WALK

Robin King	W55	36:16
Elaine Dance	W60	37:54
V8		37:56
David Brown	M65	38:47
Ray Hall	M75	39:06
Jeni Shillington	W55	41:03
Denise Viala	W60	41:46
Kirt Johnson	M80	42:31
Jeff Whittam	M75	42:31
Lorna Lauchlan	W80	42:38
Joan Pellier	W70	45:51
Patricia Hopkins	W70	46:08
Elaine Sillery	W80	46:58
Vic Beaumont	M80	47:01
Sofia Carson	W50	48:40
Pat Ainsworth	W75	50:27
Ann Turner	W75	50:28
Maggie Flanders	W75	52:14
Noela Medcalf	W75	54:20
Mary Heppell	W75	54:21
Julie Wood	W65	54:27
Leo Hassam	M80	54:31
Lee Chan	W55	54:35
John Dance	M60	55:13
Ray Lawrence	M85	55:43

WIRED: John and Paul race Wireless Hill's final climb

From top: 1, John Allen a few step behind Paul Odam; then, 2, starting his move; 3, Paul hears the approach; but 4, John's momentum carries him past.

New members – welcome!

1212 Bartling: Karla W40

1213 Hodge: Sandi W65 (Rejoined)

1214 Cheek: Brig W55 (Rejoined)

1215 Gray: Leeanne W55

1216 Cook: Steven M35

1217 Davis: Sharon W40

MAWA and Vetrun

Secretary MAWA
71 McDonald Street,
Como WA 6152
6468 7720
mawasecretary@gmail.com

Editor:
Vic Waters
vfdwaters@gmail.com

Patron:
John Gilmour

Website:
www.mastersathleticswa.org

Email: enquiries@mastersathleticswa.org

Club uniforms:
Sandra Stockman
0439 946 856
skallio@bigpond.net.au

President:
Paul Hughes

ALL HELPERS

Please contact your race director to confirm that you are available for your allocated event. If you are not available, please find a replacement and advise your race director.

Helpers and Events

27 OCTOBER – CLIFF BOULD TROPHY
Race Director: Ivan Brown – 9384 8582
Bob Fergie, Morris & Margaret Warren, Sue Bourn, Raymond Gimi, Mary Heppell, Alan James, Julia Mackay-Koelen, Rebecca & Stuart MacKinnon, Peter Sullivan, Mark Dawson, Kem Hassan

3 NOVEMBER – BIBRA LAKE
Race Directors: Paul & Tanya Burke – 6460 6423
Rochelle Airey, Maree Brown, Regina Crouch, Aldo and Dante Giacomin, Paul Odam, Sylvia Szabo (1027), Sally Floyd

10 NOVEMBER – KALAMUNDA RAILWAY
Race Directors: Bridget & Bert Carse – 9293 4934
Paul Ankers, Richard & Barbara Blurton, Kerriann Bresser, Peter Cunningham, Bjorn Dybdahl, Debbie Wolfenden, Bob Lane, Christine & John Oldfield, John Talbot, Margaret Langford
Traffic Controllers: Sean Keane, Sarah Ladwig

17 NOVEMBER – SAFETY BAY
Race Directors: John & Elaine Dance – 9593 4607
Mitch Loly, David Baird, Jo Richardson, Tristan Bell, Fiona Cousins, Scott Winn

24 NOVEMBER – OLD PERRY LAKES
Race Directors: John Bell and Jennifer Williams – 9386 6975
Roger Walsh, Kris Adrian, Stan Delandgrafft, Jane Elton, Peter Hopper, Terry Manford, Hamish McGlashan, Morland Smith, Cecil Walkley, Claire Walkley, Greg Wilson, Julie Wilson, Sue Zlnay, Kate Sommerville

1 DECEMBER – MOSMAN PARK
Race Director: Paul Hughes – 0412 513 348
Tony Bart, John Brambley, Charlie Chan, Lee Chan, Rod Hamilton, Trish Lopes, Akos Gyarmathy, Elizabeth McFarland, Sheila Maslen, Ante Perdija, Dave Roberts, Paul Martin