

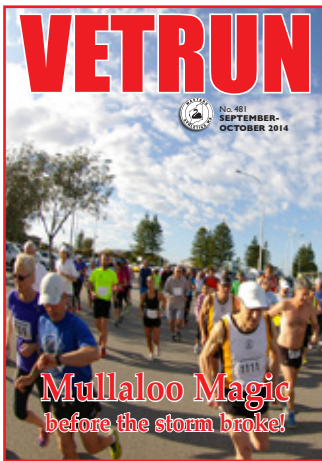
VETRAN



No. 481
**SEPTEMBER-
OCTOBER 2014**



**Mullaloo Magic
before the storm broke!**



You just *had* to be there!

ANOTHER glittering night at the Hockey Club rooms! Beneath the chandeliers, and all along the red carpet, beautiful people in exotic gowns and hired tuxedos jostled for prime positions as the flash-bulbs popped.

Dazzled by the array of golden Life Membership badges (where else can you flash them?) the crowds rubber-necking Perry Lakes in the hope of seeing their athletic heroes were treated to ... well, David Carr was there.

Ho-hum, another year, another Patron's Trophy, he might have thought.

But no, he was gracious as ever, accepting the familiar old thing from Patron John Gilmour.

Handicap

The only chance of snatching the PT from the grasp of Carr is a tightening of his handicap.

We can't do it on age/performance, of course. But, perhaps he should be made to carry the thing with him, in a back-pack, for each of the Trophy events?

(Bit like the Lonsdale belt, though I don't recall seeing any boxers actually wearing one in the ring, even though they had won it outright, to keep for ever and ever.)

Who's here?

David was most animated before the meeting, while perusing the attendance and apologies book.

"Everyone here is alive," he told me, cryptically.

I'm used to his verbal short-hand, but struggled with this bit.

"As there are no cadavers propped up on the club's luxurious, stacking chairs, I must agree with you, David," said I.

Clue: we have been using the same book since the 1980s. Dave was checking back through the names listed year by year. Few have been collected by the grim reaper. Good sign; staying fit and attending the AGM makes you live longer. ■

In My View ...



by the Editor

Wot! No Club Sec?

THIS was a worry, revealed at the AGM.

We lost the services of the excellent Val Millard and Carmel Meyer, her short-term replacement during the year – although Carmel kindly took the chair for the AGM, and produced incredibly detailed Minutes.

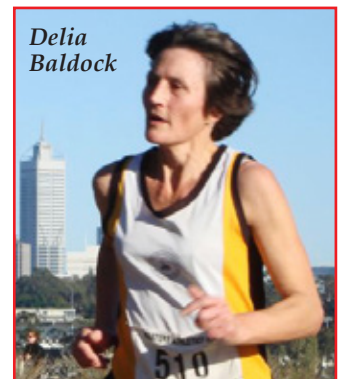
Unfortunately she could not be persuaded to stay on.

The committee promised to continue searching for a club member to take on the task – and succeeded in short order!

Delia Baldock has stepped up – as shown in this month's Committee Report – and we welcome and thank her.

Leavers

Gillian Young, Damien Hansen and Carol Bowman stepped down from committee duties this year, and left with the warm gratitude of the whole club for their generous contributions of time and service. ■



Delia Baldock

Mullaloo was magical again, until the promised 9am rains came.

Report – page 7

NEXT EDITION

Vetrun will next publish at the start of December and include your 2015 membership form.

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LIFE HONOUR FOR LES



Pic: Carmel Meyer

THERE was no happier face at the AGM than that of Les Beckham, this year's sole recipient of Life membership. Having spent more than ten years in the pits – long and triple jump, that is – he's certainly earned his medal. For years before that time Les ran the jumps for the club, even though he wasn't even a club member. Don't know him? You will. He's now first on site at every Sunday meet, to help, of course.

Communications improving

IT'S good to see progress on the Committee Report idea, as mentioned last month. When it's timely – like this month – those notes will appear in *Vetrun*.

But every month they will be on the website shortly after each committee meeting. So, if you can, take a look and comment on any of the points to a committee member.

That way, we can all benefit from regular two-way talk between members and the committee working for us.

Vetrun

I hope that more members will read *Vetrun* now that a reminder is emailed as soon as it is published, every two months.

The email carries a link.

Click on it and you will go directly (you don't collect \$200, though) to *Vetrun* on-

line. Read it there, or download it to your own computer.

Paper copies will still be available if you want one.

Savings

I pointed out to the AGM that the club will save money ▶



Joan and Margaret on New Committee

IT'S rude to mention age and women in the same sentence so I'll simply say that our newest committee members bring a wealth of experience to the team.

Joan Pellier and Margaret Bennett have worked together before, of course, sharing the responsibility for some of our weekend camps, before Margaret went solo, and then handed over the task to Denise Viala.

"I do not remember exactly when, but I took over from Joan. We did it together for a year and then I continued up until a couple of years ago when Denise Viala volunteered to take over.

"Last year Denise wanted to go on an extended overseas holiday, so I decided to organise them again, until I can hand over to someone else, hopefully, in the future.

Communications

now *Vetrun* is bi-monthly. But it still costs plenty and we are wasting thousands of dollars if we don't do our best to make sure it is read.

Survey

I was asked about the Communications Survey that led to *Vetrun* dropping results and going bi-monthly.

The survey questioned 97 members (that's about 20 per cent of the club) and about 70 per cent of them supported the change. I understand that professionals who conduct surveys believe that a seven per cent sample of any group gives a fair indication of the group's views.

'Margaret has taken on one of the club's biggest jobs'

"We do enjoy the weekends very much and would be a pity if they are scrapped for lack of help."

Sunday co-ordinator

Right now Margaret has taken on one of the club's biggest jobs – fixing locations for our Sunday events with local authorities, and co-ordinating race directors and their helpers.

Helpers are a constant problem! (My words, not hers.)

No matter how many times we appeal to you, people still fail to turn up, contact or notify directors, or find replacements when they can't make a date.

Bardon Park

Many members will associate Brian and Margaret with the Bardon Bash, which they moulded into a safer and more scenic run, and directed of course.

Having joined the Vets, now Masters, in 1992, they liked Bardon Park so much that they were married there, under the trees by the riverside, in 1997.

I remember it well; I took the pictures!



Over the years the pair have directed many events and are currently RDs for Whiteman Park.

Historical Joan

Newer members will know Joan best for recent literary efforts, exemplified by her personal take on the club's history. It was a big job, calling for detailed reading of every *Vetrun* published since the 1970s, and she handled it diligently.

Of course, Joan has always enjoyed writing, has contributed many member-profiles to the magazine, and continues to do so.

More relevant to her current committee role, though, is previous experience as club President, in 1991 and '92.

Joan and John Pellier are some of our earliest members, joining the Vets in 1979, and 1980.

John is an inveterate marathoner; Joan's greatest triumph came on the track, as part of the 24-hour world record-setting squad of Vets women in 1984.

She was slightly concerned

at the AGM ...

Talking about WORLDS 2016



A SPECIAL singlet, awarded to anyone who has competed at ten World Championships; that's the idea floated by T&F enthusiast Barry Kernaghan.

MAWA will raise the idea with WMA, our world body.

Progress towards the big 2016 event in Perth is boosted by news of a new Coker Park track, Lynne and Bob Schickert told the AGM.

Events will be spread between Coker and the new stadium.

The Schickerts' depth of international organisational knowledge and competition will be invaluable to our local organising committee.

But the LOC will need a host of volunteer helpers; be prepared!

Keep up-to-date with the Worlds at www.perth2016.com – there's a link on the club website home page.



at returning to committee duties after such a long break. As I remember telling her, before she first stood as President, 'of course you can do it' and she did – very well.

Expect more of the same.

Joan will be taking especial interest in communications, as well as expanding and improving the social side of Masters. There are already various plans afoot, including 'family-day' events. ■



'Mind that ditch!'



'Yeah, this one!'



John Bell above; good to see him fit again, and on the bike at Mullaloo.

Delia Baldock (left) helping a visitor?

JORGENSEN Park as usual provided a challenging course for the Club Cross Country Championships. I know of at least two runners who fell and lost some skin.

Most of the Master's runs are held on smooth surfaces and it comes as a bit of a shock to run at Jorgensen Park where it is necessary to watch where every foot lands. The fatigue that sets in from running the hills may also be a factor in people falling, not to mention the gum-nuts.

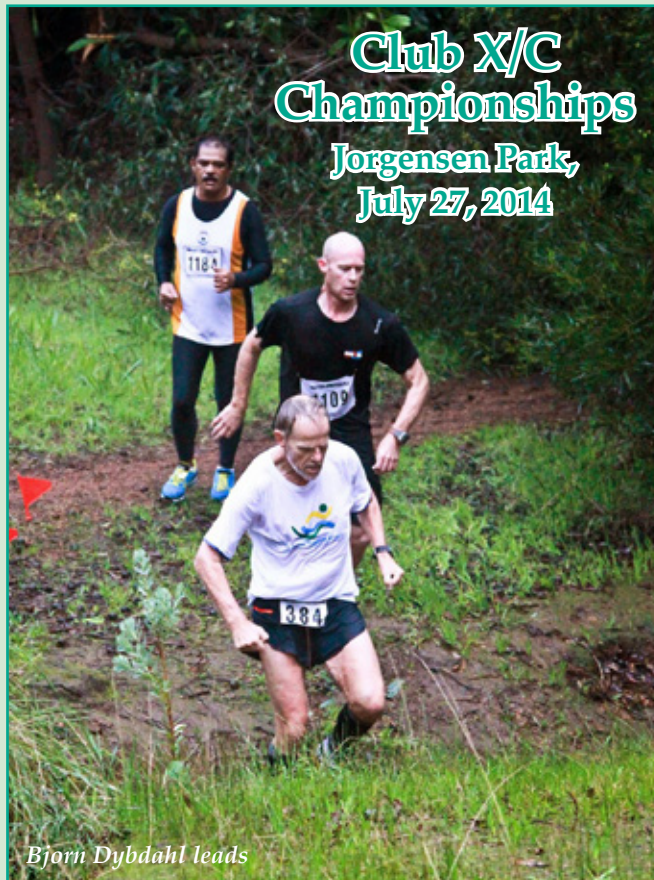
The organisers were caught out at the start by a sudden downpour that seemed to come from nowhere. This resulted in the recording material being rendered useless and problems with the paper in the timing device. After that the weather turned fine and it was an ideal morning for running. It was great to have Todd Ingraham and Trevor Scott competing.

I would like to thank all those who volunteered to help. John Pellier kindly put out the flags which made my job much easier. The morning was wrapped up with morning tea in the pavilion. The work done by the social committee is very much appreciated and it makes this event something special.

Jim Langford



Todd Ingraham



Bjorn Dybdahl leads



Ross Keane

Run, jump, walk, throw – or eat?

ARE you contemplating world-class competition? Or perhaps just world-class eating? Either way, Lyons in 2015 could be your destination.

Our WMA world champs will be there – August 4-16; and Lyons is acknowledged as the gastronomic Mecca of la belle France.

Several club members will be in Lyons. The Schickerts – of course; I know Giovanni Puglisi hopes to compete; and the recovering Peggy Maccliver hopes to be in the mix. There will be many more WA Masters at the champs.

Entries are now available.

Full details are on the club website, or that of WMA – www.wma2015.org

Basically, paper entry forms can be posted to the AMA International Entries Clerk for validation and entry.

This might suit some members who are less familiar with computer entry systems.

But for those who enter online, registrations will be checked by Australian Masters Athletics and they will be accepted if the athlete is a

financial member of a State/Territory Masters Athletic Club, or declined if not a financial member.

Date of birth verification may be required by AMA for online entrants if they have not previously provided this information to AMA for a WMA championship event. Online entries close on 2nd June 2015.

Go to the website for all details, please.

Aloha Hawaii

BRIAN and Marg Bennett left WA on October 2, heading to Hawaii for the world's most rigorous Ironman event, held on October 11.

You might have noticed the yellow jacket Brian has been running and training in recently?

Its purpose is to create his own little micro-climate, induce a humid bubble that might prepare him for the daunting swim, cycle and run event in the formidable heat of Hawaii.

Racecourse

August 3, 2014



Riverside runs in Perth are idyllic when the wind is right. Right, it was good day for meddlers (sorry, medallists) too!

COMMITTEE REPORT

September 2014

DELIA Baldock is the new club secretary.

- Sunday programme for 2015 is now at an advanced stage of planning.

Particular features of the programme:

- There will be Welcome Run in early January, which we will use as an event to promote the club.

- Wireless Hill event is moved to spring so wild-flowers can be appreciated. We are short of two Race Directors, Piney Lakes and City Rail.

- 2015 AGM will immediately follow the Claypit Circuit run on 20th September. It will be held in the Hockey Pavilion. Breakfast will be provided.

- Some new signs will be resourced. Sunday equipment will be rationalised and made easier to pack into vehicles

- Summer track and field programme was approved. T&F Championship dates confirmed with 7th March Pentathlons, and 14th/15th March being the main weekend.

- Membership increased by 12 in August, to reach 482.



Kings Park Cross Country

August 10, 2014

FIRSTLY, apologies for the rather disorganised start but I had been forced by the Kings Park authorities to avoid the grassed memorial area. The running course, as a result was short, so it will have to be extended next year, if we are allowed to use it!

However, at least the weather was perfect, for a change. Although the numbers were down, presumably due to the clash with the Perth Half Marathon Championship, it was good to see so many visitors running.

I hope that the walkers did not mind their 'long' course. I will include a short course and drinks next year.

My job was made much easier by having plenty of willing helpers and as a result we had a very successful event. So a big thanks to



Duncan McCauley (M60) is a fairly rare Sunday performer of late, unfortunately. Pictured above leading the pack, he was first 5km runner home in 22:57.

marshals Merv and Irwin, John and Melinda, Basha and Les, timekeeper Alan, recorders Ann and Kees and drinks Andrea and John.

I trust everyone enjoyed themselves and will, I hope, be back next year.

Ralph Henderson

JO Clarkson and I teamed up for our first race directorship.

The support from other race directors, committee members and club members was terrific, as was the response to all the many, many questions we had. There was even an email from Bruce, the previous race director, who is now in Queensland.

We had a terrific group of helpers, thanks to you all.

Luckily the weather was fairly good and Jo kindly went out the night before to mark the course so we didn't have to do it in the dark.

Tristan bribed his children with burgers and Sam stepped in with her injured leg to swell the numbers after a couple of helpers couldn't make it.

Lorraine Lopes did wonders with the results, though there were a 'few' problems when some of the 20 visitors didn't realise they needed to go through the chute after they'd clocked – which threw out the numbers.

The age graded handicap walks were won with amazing efforts by Lorna Lauchlan at 85.81% and Paul Martin at 73.82%.

Claire Walkley

Trevor Scott (M55), below, excels in cross-country. 10km winner in 39:20, he also ran 34:26 for 8km at Jorgensen. There he finished second overall, beaten only by Todd Ingraham (M40, 32:52). Trevor led his own M55 age group by six minutes.



Whiteman Park

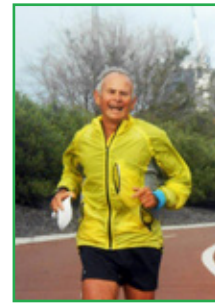
August 24, 2014

WE had lovely weather for our inaugural Whiteman Park event. Apart from some members getting lost in the park before the start, it seems no one got lost on the course itself.

Next year we will need to include clear directions to the start area, which is at Mussel Pool, which is very well sign posted.

Thank you to all our helpers on the day, and for Pierre Viola stepping in to cook the sausages, assisted by John Dance. Thank you to those who donated coins for the BBQ and the money raised from the 'sausage sizzle' total of \$63.00 will be going towards a new children's playground, which is being developed within the Park.

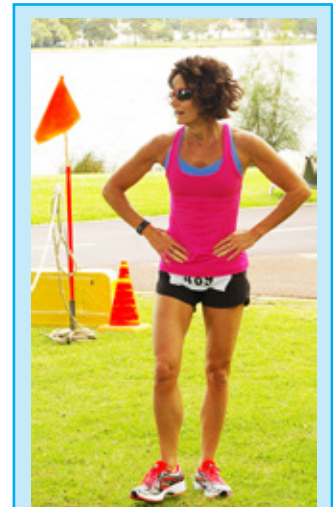
Margaret and Brian Bennett



Brian in his Aloha Hawaii jacket. It must be hell in there!

Mattagarup

September 28, 2014



First home in the short run, the lovely Amanda Walker.

"Where have you been?" she grilled Chris Maher, when he came in!

A WONDERFUL Perth morning greeted the runners and walkers for the Nedlands 5km and 10km races. There were no hills, no wind, no rain, no sun and an ideal temperature for fast times.

This was reflected in the results, notably a rather young-looking visitor from Germany who blitzed the 5km in 17.28 – perhaps motivated by some attention from friendly dogs in the park areas.

It seemed that most competitors had enjoyed their pursuits, despite many grimaces approaching the finishing line. A big thank you to all the helpers, without whom the event could not be conducted.

Frank Gardiner



When Wayne sings ...



people dance, clap – and run!

Mattagarup Wayne – or 'Wattaguy Pantell'. Steps in at the last minute to resurrect his signature event.

You think I joke about his singing? Same day, he's wowing a rocking crowd, vocalising at a gig in the Swan Valley. Needs to recall lyrics of three dozen rock and pop songs. But the bush poet also makes time to write another totally unconventional race report; scan right!

Thanks for all your creativity, Wayne.

IT'S A PB – EVERY TIME

We willing runners, run through the town
Over bridges, under bridges
Running up and down
Wonder where the other went
Why is he up there?
Why are women walkers all coming down the stair?

See willing runners, running forth and back
Turning left, and turning right
Running off the track
Why do the Race Directors tell us where to go?
Should I listen, check the map, before they say "GO"?

See the painted arrows, flags all aglow
Why would someone put them where I don't want to go?
I like to guess my own course
That is much more fun
And I do a PB – every time I run

Wayne



WHILE Graeme Dahl is walking wounded, Vetrun has the benefit of his excellent photographic talents. So although we want him to get fit soon, until then, let's use as many of his great pictures as we can! You'll find his work attached to most of the race reports in this edition. Thanks, Graeme.



DETERMINATION: that's the common drive Graeme Dahl has captured in (from left) Mike Anderson, Jim Klinge, David Bryant, and walkers Julie Wilson and Belinda Halliburton, W40.

Well, at least everyone started in the right spot! Rumour is that almost all found a different route this time. (That's what Wayne alludes to – so subtly – in his race director's report. Everyone has a PB!) So, congratulate yourselves. If you all ran different races – you are probably all winners!



Mullaloo Magic

September 21, 2014

CHALLENGING windy weather conditions this year did not prevent our runners and race walkers from participating. Again we had 70-plus attendance. Mullaloo Magic is a magnificent coastal path and we set three walk/run distances – 2.5km, 8km or 13km.

Some athletes doing the 5km went further than the 2.5km turn-around water station (although I mentioned this turn-around in my instructions!).

No one was permanently lost and most of you arrived back before the squally, wet weather set in. Due to the horrid weather everyone was keen to head for home as soon as they arrived back

Darlington Dash

September 14, 2014



SPRING is special in the hills so it was good to see everyone enjoying their morning tea after the run, soaking up the sunshine. Especially after the track only finally dried out this week; it was underwater not long ago.

Great also to see lots of competition for the Dick Horsley perpetual trophy.

To clarify, this is a competition for couples (girl/boy) who should be married or be partners living together; and both need to be club members. One undertakes the short course and the other the long run. Their times are then combined and the fastest total wins!

With Pete away everyone was keen to take the trophy from the Marchs' long-standing grasp. Robin King flew home and took out the honours with

Colin Shaw – a great effort!

Congratulations to all who participated – it is quite an achievement over difficult terrain - up hills, across roads and with numerous trip and slip hazards!

Tea, too

Thanks especially to Jacqui and Vic Beaumont and helpers for running the sumptuous morning tea. Not deterred by the kitchen powerpoints not working they managed to set up the urn with power in the hall – hooray!

Thanks also to my trusty band of helpers Barbara and Richard Blurton, Kerriann Bresser, Chris Coles, John Dance, Bob Lane, John Mack, Wayne Pantall, Max and Tracy Sulejmani, Jeremy Savage and Kelly Underwood. Not to mention the extras some brought along with them, all those who just came up to offer assistance and to Les for his bright new flags.

Lastly I must apologise to my helpers for making them move the finishing chute three times before I was happy – they showed outstanding patience with director histrionics.

Hope you all enjoyed your day.

Delia Baldock

Trophy Results

1:43.55	Robin King & Colin Shaw
1:55.44	Debbie Wolfenden & Bjorn Dybdahl
1:58.09	Sofia & Ian Carson
2:12.30	Lynne & Bob Schickert
2:14.01	Gail Castensen & Nick Miletic
2:14.06	Margaret & Brian Bennett

City Rail

September 7, 2014



What an innovation - Running City Rail indoors! All our winter events could be in tunnels. Pity the safety lane in the Freeway tunnel is closed to save government face over traffic snarl-ups around the river.

THERE was some confusion at the City Rail run with members not realising it was a handicap event, writes Richard Blurton.

The club has eight handicap races each year, any of

It was a handicap

which count towards the final handicap trophy.

They are:

- East Perth – 6.5km run
- Woodman Point – 5km run
- 10km Track at McGillvray
- Aquinas – 10km run
- Sharks – 10km
- City Rail – 7.3km run
- Cliff Bould – 10.4km run
- Canning Caper – 10km run

Trophy

For a chance of taking home the grand Handicap Trophy, members must run in at least five of these events.

In order to be eligible to compete in any handicap race, you must have finished in at least THREE Sunday runs, during the six months preceding the handicap event you run. This is so a fair handicap can be established for you – and those three Sunday runs can be over any distance.

More thanks....

I want to add my gratitude to that expressed by Johan.

As reliably predicted, just after 9am the weather turned sour (after that preceding, fantastic 34-degree Saturday).

The membership split for home in record time; I can't ever recall an event winding up so fast.

Yet the helpers doggedly hung around to help gather and load the gear into my car as the rain lashed down. Paul Hughes added his help and took some of the kit also.

Vic Waters

Mullaloo Magic – Thanks!

– therefore the results were not read out! My thanks to you all coming along and making the day a success. Special thanks to Martin Watkins who very kindly stood in for Mike Anderson (who is overseas) for setting the course and helping out. But my appreciation and thanks goes out to the helpers (all of whom had to stand in the rain and wind) – Adam Dance, Dalton Moffatt, Denise Viala, Ed Wall, Gail Canaston, Gillian Young, Julie Wood, Les Beckham, Mark Sivyver, Pierre Viala, Sam Farman and Suzy Graves. Hope to see you all again next year under better weather conditions!

Johan Hagedoorn

By Joan Pellier, who has been dipping into Dino Gava's excellent history of the WA Marathon Club – 'A Personal Best'.

WA'S first marathon was held in 1909, starting and finishing in front of the Ozone Hotel, one of Perth's favourite sporting rendezvous. Runners made their way to Fremo, turning for home at the Fremantle Town Hall.

True aficionados apart, few will recall the names of any of the participants.

One name leaps off the page though – Barrett-Lennard!

Yes, Irwin has a direct connection with that first marathon, for his father, George Graham and uncle Trevor each ran the race.

Their finishing positions are not mentioned in the WAMC's report, but the pair are photographed with the entire field in a pre-race lineup – (see page 4, *A Personal Best*).

The race

Joan was most impressed



Perth's First Marathon

by the starting method for that first marathon. She writes:

The Governor, Sir Gerald Strickland, was to start the event. When the gun failed he improvised by dropping his hat from the hotel balcony, to signal the off.

As the ground below was thick mud, the Governor's coachman showed similar improvisation skills (and dexterity) to catch the hat in flight!

(Perhaps he doubled as valet and it was his job to clean it?)

There was a lot of betting on the race. Favourite was a well-known local member of the WA Tattersalls Club, Bill Junner (father of Colin Jun-

ner) but Bill was forced out of contention by cramp after 20 miles, at Cottesloe.

Also favoured was the Victorian W. Garrard, Australian mile record holder, and like Junner, a one-time Stawell winner.

His connections were so suspicious of WA conditions they brought water with them from Victoria!

But the winner was Chris Hilderbrandt, in 3 hours and .6 seconds, 70 yards ahead of Jim Weaver.

There was talk at the time of this being an Australian record, but another runner, Andrew Wood had gone faster (2:59:15.4) in the Australian Championships in Brisbane a few weeks earlier.

B-L's are pioneering runners

IRWIN'S family is one of WA's longest established. They sailed into Fremantle just after Captain Stirling established the colony in 1929, and that distinctive family name is prominent in many fields of endeavour today.

Graham and Trevor had several brothers, all of whom worked on the family farm, a tradition that Irwin kept up in modern times.

The pioneer B-L brothers all ran. It seems they had little choice, as their route to school involved a four-mile jog over sandhills!

Stirling rescue?

Irwin is a retiring man; 'no tickets on himself' is an apt description I think.

But I persuaded him to give up some more details of those early WA days!

"I feel a touch of notoriety coming on from your questions, Vic," he says.

"Edward was the first B-L to arrive in the new colony, on August 23rd 1829, one of 79 intending settlers aboard the Marquis Of Anglesea, bringing the wherewithal (or

so they all thought!) to begin farming.

"They increased the colony's numbers by a third, to 215.

"Edward was fortunate to be able to sail, or be rowed up river, with Governor Stirling's first land allocation party in that area.

"And if our family history is correct, he was also lucky to be rescued from a watery embrace by Stirling himself!

"Edward was young and single and threw himself into farming pretty well.

"Later, he went back to UK, returning later to Western Australia with his new bride, and also a B-L nephew.

"So today's Barrett-Lennard listings in the WA phone books do not stem entirely from Edward and his wife; but they were, of course, great-great grandparents to my generation."

Eccentric hero?

There still are B-L's in the UK, although in smaller numbers than in WA. I read of one, who was vicar at the



Irwin Barrett-Lennard, one of our remarkable 80-plus runners. His father, George Graham, and uncle Trevor, are second and third from left, front row of the old lineup, above.

London's famed Brompton Oratory, and Irwin confirms that he is a distant cousin.

This was no conventional churchman. He was noted for his dishevelled appearance as he cycled around town, and I believe he spent a lot of time ministering to the underprivileged.

Okay, it's a bit late; but still very funny. Ed

Father's Day by Wayne Pantall

Our Father, who's out in the shed,
today we're sorry, for some things
we said.

Giving thanks, to the provider,
we support Dad, as our rank
outsider.

Dismissing flatulence and burps,
ignoring the way, Dad dribbles
and slurps,
it's quite clear, he's less than
regal.
In a Dockers' house, he's merely
an Eagle.

Don't forget him on Father's day.
Get him a gismo, to keep him
away,
down in the shed, where he
belongs,
dressed in new undies, hankies
and thongs.

A doover-lucky ought to do.
He needs things to fix, to bolt and
to screw.

First to the wall, then to the floor,
up on the bench top, right next to
the door.

There's more!
See next page ▶

Perhaps his most remarkable eccentricity came during World War 2, when it's said he quite openly made intelligence missions behind enemy lines, without any disguise and using an army staff car.

"Your description of Father Hugh Barrett-Lennard, who worked from and lived in the Brompton Oratory is pretty accurate," says Irwin.

"He converted to Catholicism after WW2 and was a wonderful fellow, remembered with affection by many. I was privileged to help host his trip to Australia, as head of the family, about 30 years ago and also spent time with him in London.

"The story of his activity as a WW2 British intelligence officer is a part of folklore; but I doubt if he took a Jeep ride behind the German lines more than once.

"Did he get away unmolested because the Germans thought he was one of their blokes in disguise? I wonder." ■



About those

OUR ever-expanding chest numbers – the club is now into the 1300s – might have confused some.

Unfortunately it does not mean we have 1300 members; for some years actual membership has fluctuated around the 550 mark. We gain some, we lose some.

Many people join to become eligible for a championship, and don't renew.

On the other hand, some members who hark back to the dark ages rejoin. Wayne Pantall is the latest of which I am aware.

BIG numbers ...

What's in a number?

Peggy Macliver is the club registrar, and I asked her to explain how the member numbering system works.

She says:

"Numbers were introduced in the 1990's. I can't remember the exact year (but it followed a suggestion from Jim Barnes).

"It is part of the registrar's duties to register new members and allocate numbers. I have done this for the past six years since the then secretary, Bob Schickert, handed over the duties to me.

"I have a complete membership list and every time a new member joins I check their name against this list to see if they have been a member in the past.

"If they have been a past member I inform them they are still in the data base and remind them of their original allocated number.

"New members are issued a new number.

"As you know there are a few past members who are now deceased and others who have not renewed over the years.

"In the past the practise was often to re-issue old



numbers to new members, but I do not agree with this.

"I believe that your number reflects how long you have been in the club. In my own case I am quite proud of my number – 99 – which shows I have been a member for a long time.

"I do not think it appropriate that a new member could end up with, say, Merv Moyle's number which was 10 or Phyllis Farrell's number which was 52.

Welcoming

"I recently had this conversation with others who said new members could be recognised by their high numbers and then existing members can welcome them to the club and have a friendly chat."

Would you like to soar?

MASTERS has tentative plans for a pole vault season this summer.

Initially, and depending on the level of interest, it could begin on Saturday October 25 with a clinic at the Athletics Stadium (before the Panpacs,

which will draw some of our members out of the State).

Mark Jeffery has kindly agreed to help assist at our coaching clinics, every three weeks during summer.

Clinics would start at 9am – with everyone warmed up and ready to go; and we presume normal Saturday morning stadium entry fees for Masters athletes would apply.

An end-of-season championship would be held in conjunction with our annual state champs, but not during from the main weekend of events.

Interested? Please contact Geoff Brayshaw and let him know. Contact details are as follows:

Email: gbrayshaw@bigpond.com

Ph: 0412 387 233
Write: 13 Jarrah Lane,
Mt Claremont, WA 6010

President

Paul Hughes
0412 513 348
paul@wjhi.com.au

Vice President

Richard Blurton 9293 0190

Secretary

Delia Baldock 0418 935 040
mawasecretary@gmail.com

Treasurer

Geoff Brayshaw 0412 387 233

Committee

Mike Anderson 0407 940 520
Margaret Bennett 9275 0169
Joan Pellier 9459 7782
Colin Smith 0407 598 226

Father's Day – more!

His special day; show him we care.

We love him, (to spend lots of time down there).

A toaster, and jug, just for the shed.

They should do the trick. He'll leap out of bed.

*Every day, out of our way,
Yet still at our call, when there's bills to pay.*

*Buy an old fridge, a lounge and telly,
a home brew kit, to comfort his belly.*

*Trust in father to weedeth our plants.
for Mother it is who weareth the pants;
who cracketh the whip, and calleth the shots;
reigneth supreme, to tie Dad up in knots.*

*"Dearest Father, deep in manure,
In love, and infection, always so pure.*

*Man of the moment, man of steel.
Manifest in compost – more than appeal.*

*On this day, in this September,
We'll pamper you, and also remember,
aroma aside, we won't turn our nose up,
'cause we want your stash, when you turn your toes up."*

CLUB CONTACTS

Some contacts are shown on page 2 in every *Vetrum*. Below are the other members who play essential club roles.

Statistician

Barbara Blurton 9293 0190
vetrunners@iinet.net.au

Handicaps

Tristan Bell 0427 934 062
tgkkkkkk@hotmail.com

Sunday results

Lorraine Lopes 9375 1804
lorlopes@hotmail.com

AWA Winter

John Collier 9204 5825
Season
jwcollier@bigpond.com

Registrar

Peggy Macliver
peggymacliver@bigpond.com

Website

Hamish McLeod
hamish@iinet.net.au

Anne Shaw honoured



WA Marathon Club has honoured the late great Antoinette Shaw with a plaque on the Col Junner wall at their Burswood clubrooms.

Anne was a member of WAMC as well as Masters, an outstanding distance runner, and world champion steeplechaser.

Kim's Bali Half Marathon

by
Caroline Fawcett

KIM Thomas and his son Mitch, Carolyn and Bob Fawcett and Kem and Melissa Hassan all headed to Bali for the Bali Marathon held on the 14th September.

Kim and Kem competed in the half marathon with Kim having a fantastic run and coming third in the open class in 1:24:07.

It was a very exciting time

Tales of the Flying Kiwis

IN the wonderful era of 1956-1965 New Zealand middle and long-distance runners like Peter Snell, Murray Halberg, Bill Bailie, Marise Chamberlain, John Davies, Jeff Julian, Barry Magee and Neville Scott showed a clean pair of heels to the world.

It was a decade when 'black' signalled a tough time for opponents everywhere.

Peter Snell And The Kiwis Who Flew has been written by Vern Walker as a tribute to those great athletes.

The era has been called the greatest of any sport in NZ history. Amazingly, a grand total of 23 world records or world best times were set or equalled by New Zealand runners.

In the Olympic and Commonwealth Games Kiwi runners won medals of every colour – gold, silver and bronze. A total of fourteen medals, five gold, were won by the incomparable Snell.

Vern Walker competed in those times, often racing against these great names.

In the 1961 New Zealand three mile championship the author was placed third to Halberg and Magee, a distance over which he was nationally ranked several times. The author was a long-time feature writer for the *New Zealand Runner* magazine. He has also written: *From Sailing Ships to Microchips* (1769-2009), an ancestral journey.



No Bali pictures, but here at City Rail are Kim Thomas and son Mitch in their customary places, leading out a Sunday run.

as Bob and myself came over the line from the 10km run to see a third place card around Kim's neck!

Mitch came eighth in the open 10km run which is a fantastic achievement for a 14 year old. Kem did a great job competing in the half and Melissa the 10km.

Early start

We had to leave the hotel at 3am to get to the Safari park for a 5.30am half marathon start, followed by the 10km at 6am.

The weather was pretty good. It had been fairly cool in Bali the days before, so conditions for running were great until the sun came up and it started to get humid. That's why they start it so early to have most people finished by then.

ished by then.

The course was a mixture of flat, with some steep hills and graduating inclines – a bit of everything!

As we would go around a bend we were hoping the downward part would soon appear. Most of the locals walked up the hills. The scenery was so great it made up for the hardship.

It was a wonderful experience for us all running along the freeway then up into the villages and around the rice fields.

The kilometres seemed to go by without noticing; the scenery, and the children in the villages cheering and giving high fives to everyone as they passed, were all fantastic.

'Australia – 3rd place!'

The Kenyan runners were so exciting to watch and when the presentations were on they had won all the events – until it was announced "third place, from Australia, Kim Thomas".

The local crowd were very excited and cheered and clapped and when Kim came off the stage were shaking his hand and patting him on the back. It was a very proud moment for me to see.

We were told the events had more than 4000 entrants and it was all very well organised. After getting back to the hotel around lunchtime we were then all able to relax and sit around the pool and talk about our exciting day with a few refreshments!

Where they're running

Monday

POINT Walter evening road run has been established for many years. Contact Dick Blom – who is a very well-respected ex-member of Vets/Masters for details, at 1959blom@ozemail.com.au

Tuesday

T&F – see website
GRASS CIRCUIT evenings at Perry Lakes near Hockey Club rooms; a circuit is set-up by Marathon club man Jon Kappler.

Wednesday

ROAD: Starting at the Marathon Club (Watersports

Centre, Burswood) late afternoon. At around 4.30pm there's usually a group running from 15 to 21km.

Friday

ROAD: 6am start most of the year, for an hour-long run or walk at various points along Swan River from UWA to Bassendean.

Marg Bennett organises a programme every four months; her phone number is 9275 0169; or email mbe37778@bigpond.net.au

Saturday

ROAD runs early every Saturday morning, mainly around the western suburbs and Fremantle, are co-ordinated by Dick Blom, who emails time and location details weekly. Contact Dick to go on his list, at 1959blom@ozemail.com.au

Saturday

TRACK-based: David Carr's 'Saturday Group' meets weekly.

8am start – 9.45am finish at WAAS (the new track).

Cost: \$3, pay at the door.

All are welcome. Contact: davidcarr6@bigpond.com ■

New Members welcome

1292 PHIPSON: Christella W30
1294 COSTIN: David M50
1295 HALLIBURTON: Belinda W40
1296 ROBINSON: Paul M45
1297 WEBSTER: Ben M35
1298 WEBSTER: Jenelle W35
1300 ALLEN: Sammy W35
1301 BLAKE: Erika W60
1302 HODDER: Russell M65
1303 BRUYNS: Les M60
1304 SMYTH: Phillip M65
1305 ROBERTS: Phillip M40
1292 PHIPSON: Christella W30
1294 COSTIN: David M50
1295 HALLIBURTON: Belinda W40

HELPERS

Be there – or phone your director!

12 OCTOBER GWELUP LAKE

Race Director: Richard Danks 9355 1570
Suzi Graves, Kim Cook, Steve Cook, John Fisher, Melinda Fisher, John Talbot, Roger Walsh, Patricia Hopkins, Jim Klinge, Nick Miletic, Elaine Sillery, Martin Watkins, David Adams, David Scott, Ray Lawrence, Belinda Halliburton

19 OCTOBER CLAYPIT CIRCUIT

Race Directors: Jeff and Dorothy Whittam 9387 6438
Darren Bottomley, Dutch Holland, Sheila Maslen, Patricia Hopkins, Michele Mison, Lorna Lachlan, Merv Jones, Jan Jarvis, Stan Lockwood, Kirt Johnson, Jackson Wong, Karen Peace, Sadhna Maroo, Ed Wall

26 OCTOBER BIBA LAKE

Race Directors: Paul and Tanya Burke 6460 6423
Denise Newport, Aldo Gicomin, Dante Giacomini, Frank Price, Wade Davis, Sylvia Szabo(1027), Elaine Dance, Paul Odam, Rochelle Airey, John Brambley, Sally Floyd, Maree Brown, Phillip Roberts

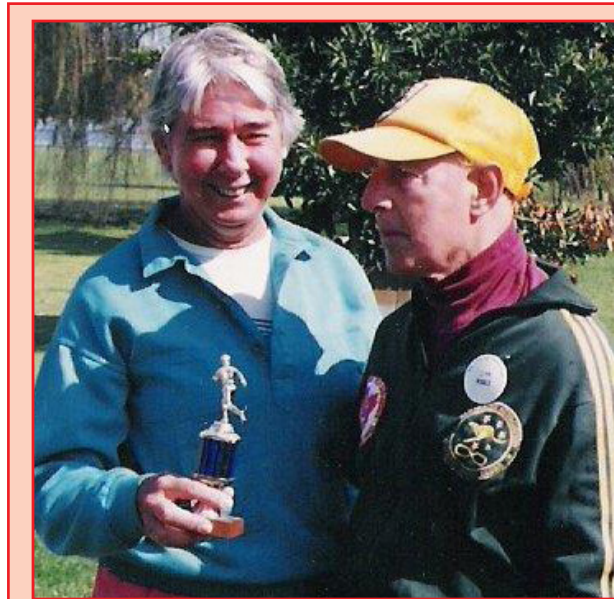
9 NOVEMBER KALAMUNDA RAILWAY

Race Directors: Bridget & Bert Carse 9293 4934
Kerriann Bressler, Richard Blurton, Barbara Blurton, Robin King, Colin Shaw, Christine Oldfield, John Oldfield, John Talbot, Bjorn Dybdahl, Debbie Wolfenden, Chris Coates, Bob Neville, Liz Neville

Claypit Circuit

October 19, 2004

This is a new course, so Jeff Whittam has provided a detailed description.



NEW members might like to see one of the great men who founded our club.

Cliff Bould, for whom the Trophy event is named, is pictured here a few years back, receiving another award, from Noela Medcalf.

2 NOVEMBER CLIFF BOULD TROPHY

Race Director: Ivan Brown 9384 8582
Raymond Gimi, Rebecca MacKinnon, Stuart MacKinnon, Sylvia Szabo(740), Shiela Walsh, Carmel Meyer, Chris Maher, Amanda Walker, Sue Bourn, Frank Gardiner, Mark Dawson, Bob Fergie, Bert Carse, Bridget Carse

16 NOVEMBER SAFETY BAY

Race Directors: John & Elaine Dance 9593 4607
Tristan Bell, Fiona Cousins, David Baird, Jo Richardson, Scott Winn, Sheila Walsh, David MacAtinney, Sean Keane, Ray Attwell, Douglas Lintott, Helen Lintott, Mitch Loly, Adam Dance, Trevor Scott (333)

23 NOVEMBER PERRY LAKES

Race Directors: John Bell 9386 6975
Katrina Tyza, Peter Hopper, Jim Langford, Hamish McGlashan, Roger Walsh, Elizabeth McFarland, Mickey Muroi, Brig Cheek, Sandi Hodge, Peter Cunningham, Cecil Walkley, Ed Litton

30 NOVEMBER GARVEY LAKES

Race Director: Christine and John Oldfield 0434 191 611
Bjorn Dybdahl, Debbie Wolfenden, Trisha Farr, Jim Farr, Pat Ainsworth, Lesley Romeo, Alison Aldrich, Jane Elton, Bob Neville, Liz Neville, Bruce Wilson (105), Tracey Jerard, Sarah San, Chris Neilon, Sarah Ladwig, Ralph Henderson

7 DECEMBER MOSMAN PARK

Race Director: Paul Hughes 0412 513 348
Sheila Maslen, Rhod Wright, Keith Atkinson, Ante Perdija, David MacAtinney, Rochelle Airey, Charlie Chan, Lee Chan, Rod Hamilton, Karen Peace, Paul Martin, Dave Roberts, Sarah San, Chris Neilon

14 DECEMBER CANNING CAPER

Race Director: Keith Atkinson 9313 1669
Gary Fisher, Aldo Giacomini, Dante Giacomini, Helen Lysaght, Rhod Wright, Ivan Brown, Chris Coates, Alison Aldrich, Cecil Walkley, Kim Thomas, Claire Walkley, Monique Thomas, Phillip Roberts

28 DECEMBER ALDERBURY PARK CC

Race Director: Wayne Taylor 0415 863 871
Mercurio Cicchini, Steve Clark, Peter Hopper, Theresa Howe, Arnold Jenkins, Anne Jones, Jan Jarvis, Stan Lockwood, Milton Maverick, Frank Smith, Sue Zlany

NEW EVENT – Description – NEW EVENT

In the early days, clay was dug out for the making of bricks by the Perry family, who farmed this area.

When the clay ran out the two lakes you will run around were formed. Hence – THE CLAYPIT CIRCUIT.

START – at the beginning of Hockey Club car park, and follow road, keeping right, to path around the skate park.

Turn right along this path to dual-use path at Oceanic Drive. Turn right, follow this path around the hockey field

to a sharp right turn along the path to the boardwalk.

WATCH OUT FOR THE SEATS THAT PROTRUDE ONTO THE BOARDWALK!

At the end of the boardwalk there is a sharp left turn, around the children's playground, to the dual use path.

Turn right towards Underwood Avenue and follow the dual use path, taking care crossing the internal road into the park.

Follow the path up to Underwood Avenue. Turn right along the path to Perry Lakes

Drive, follow the path right alongside Perry Lakes Drive, taking care crossing the internal park road, past the drink station to the end of the path. Then do a right and left in quick succession and follow the road around the lake, to the road to the hockey club.

If you are doing another lap go straight across the road, taking care and onto the path around the skate park.

If you are finishing turn right, keeping on the right side of the road to the finish on the grass by the Scout Hall.