

# CLUB SHIRT ORDER FORM

Running singlets and club tee-shirts are now available.  
 Tee-shirts are gold with black trim, and the club badge on left breast.  
 Style is three stud fastening, with collar. Sizes 10-24 (unisex) — Price \$16 each.  
 Also available are the black and white singlets, size 10-24 at \$13 each.  
 Car stickers cost \$2 a piece; likewise iron-on badges for windcheater, etc.  
 Why not get the full set?

## ORDER FORM

### PLEASE SUPPLY

..... QUANTITY ..... SIZE .....

..... QUANTITY ..... SIZE .....

..... QUANTITY ..... SIZE .....

Post to: Bill Crellin, 17 Kelvin Road, Duncraig 6023  
 Payment to: Cheque payable to WAVAC ... please.

REGISTERED BY AUSTRALIA POST  
 PUBLICATION No, WBH 0370

IF INCLAIMED PLEASE RETURN TO:  
 47 SULMAN ROAD  
 WEMBLEY DOWNS 6019



**SURFACE  
 MAIL**

**POSTAGE PAID  
 WEMBLEY WA  
 AUSTRALIA 6014**

MR R HAYRES  
 26 JENKINS PL  
 WEMBLEY DOWNS WA 6019

## HAPPY BIRTHDAY TO OUR MAY MEMBERS

ARGYLE, Robert	25/05/45	47 remains M45	McLENNAN, Bruce	15/05/50	42 remains M40
BRENNAN, Joe	27/05/21	71 remains M70	McLINDEN, Frank	07/05/31	61 remains M60
BROCKWELL, Chris	23/05/50	42 remains M40	MERCER, Erica	30/05/43	49 remains W45
BROWNLIE, Ken	21/05/45	47 remains M45	MILLER, Patricia	07/05/38	54 remains W50
BRYANT, David	29/05/45	47 remains M45	MISON, John	28/05/47	45 becomes M45
CHAPPELL, Fay	10/05/55	37 remains W35	NOORDYK, Adrian	15/05/52	40 becomes M40
COLE, Carole	18/05/41	51 remains W50	POMERY, Alan	19/05/31	61 remains M60
COPPING, Charlie	29/05/53	39 remains M35	POWER, Brian	15/05/46	46 remains M45
CRONSTEDT, Eva	23/05/52	40 becomes W40	PRESSLEY, John	17/05/45	47 remains M45
DANBY, Susan	07/05/49	43 remains W40	RAMSEY, James	11/05/39	53 remains M50
DARTNALL, Jon	11/05/48	44 remains M40	RHODES, Linda	27/05/46	46 remains W45
FOSTER, Pam	22/05/46	46 remains W45	ROBERTS, Peter	26/05/45	47 remains M45
GARE, Peter	21/05/40	52 remains M50	SANDERS, Johanna	08/05/18	74 remains W70
GIACOMIN, Aldo	14/05/36	56 remains M55	SAVIN, Pat	23/05/48	44 remains W40
GILMOUR, John	03/05/19	73 remains M70	SHEERIN, Patrick	08/05/32	60 becomes M60
HARDY, Bryan	26/05/43	49 remains M45	SLYTH, Paul	29/05/42	50 becomes M50
HASSAM, Leo	25/05/30	62 remains M60	STEWART, Rod	01/05/40	52 remains M50
HILL, Judi	24/05/48	44 remains W40	STEWART, Frederick	21/05/30	62 remains M60
HUGHES, Paul	17/05/52	40 becomes M40	TYSON, Valerie	23/05/21	71 remains W70
JENKINS, Arnold	01/05/44	48 remains M45	WALSH, Roger	30/05/43	49 remains M45
LANGFORD, Frederick	30/05/46	46 remains M45	WATERS, Victor	03/05/44	48 remains M45
LATCHFORD, Stan	19/05/41	51 remains M50	WATTS, Elza	02/05/36	56 remains W55
LAWRENCE, Ray	15/05/28	64 remains M60	WILKINSON, Keith	14/05/53	39 remains M35
MacLIVER, Robin	28/05/41	51 remains M50	WILSON, Bruce	31/05/45	47 remains M45



# The Vetrun



No. 233 APRIL 1992

WA VETRANS AC - REGD BY  
 AUSTRALIA POST PUBN No WBH 0370

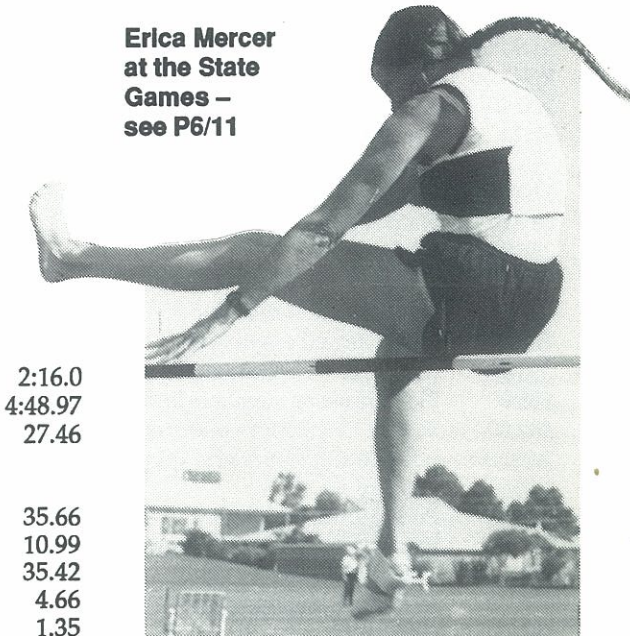
## GOLD HAUL FOR WA

WA's 15-strong Nationals' team had an excess baggage problem returning to Perth, laden with 48 medals - 13 gold, 17 silver, and 18 bronze. It was a great competition, and the whole team is to be congratulated for a great performance that once more showcased the high standard of veteran athletic performance here in the west.

### NATIONAL VETERANS' CHAMPIONSHIPS, HOBART, EASTER 1992 - WA Competitors' results

<b>Lynne Choate</b>	Triple	1st	9.98	<b>Dave Carr</b>	800m	2nd	2:16.0
	Long Jump	1st	4.72		1500m	2nd	4:48.97
	100m	1st	13.02		200m	4th	27.46
	200m	2nd	26.34	<b>Ed Carroll</b>	Discus	3rd	35.66
	Pentathlon		2392pts		Shot		10.99
	400	2nd	64.54		Javelin	2nd	35.42
	Discus	3rd	20.48		Long Jump		4.66
<b>Pat Carr</b>	Pentathlon	1st	1511pts		High Jump		1.35
					Hammer	3rd	20.66
<b>Val Prescott</b>	200m		31.98	<b>Dave Clive</b>	100m	2nd	(Time t/c)
	400m		74.00		400m	2nd	59.86
	Discus		17.30		200m	2nd	26.10
<b>Jan Johnson</b>	Triple	1st	9.65	<b>Keith Martin</b>	800m	2nd	2:00.94
	Long Jump	2nd	4.48		200m	2nd	25.96
	100m	3rd	14.22		100m	3rd	12.80
<b>Peggy Macliver</b>	200m	3rd	29.44		110H	2nd	19.50
	400m	3rd	65.18		400H	1st	65.61
	800m	3rd	2:32.23		Pole Vault	1st	2.40
	Discus		18.76		Long Jump	1st	5.37
	Long Jump	3rd	4.20		High Jump	3rd	1.45
	Pentathlon		2585pts	<b>John Molloy</b>	400H	1st	59.02
<b>Maxine Santich</b>	400m	1st	64.4(PB)		400m	3rd	52.92
	800m	1st	2:23.32(PB)		800m	2nd	2:00.94
	1500m	2nd	4:56.21(PB)	<b>Steve Kilburn</b>	100m		12.80
<b>Dorothy Whittam</b>	100m	1st	15.32		400m	3rd	56.57
	Triple	1st	8.57		200m		25.80
	Shot	2nd	7.97	<b>Brian Paxman</b>	800m	3rd	2:27
	Javelin	3rd	19.24		1500	2nd	5:13.3
	Hammer	3rd	23.30		5000	3rd	20:18.46
	Discus		16.76	<b>Barrie Thomsett</b>	5KWalk	3rd	31:8.7
	5KWalk		33:15		20kWalk	3rd	2:20:21
	10KWalk	2nd	67:37				

Erica Mercer  
 at the State  
 Games -  
 see P6/11

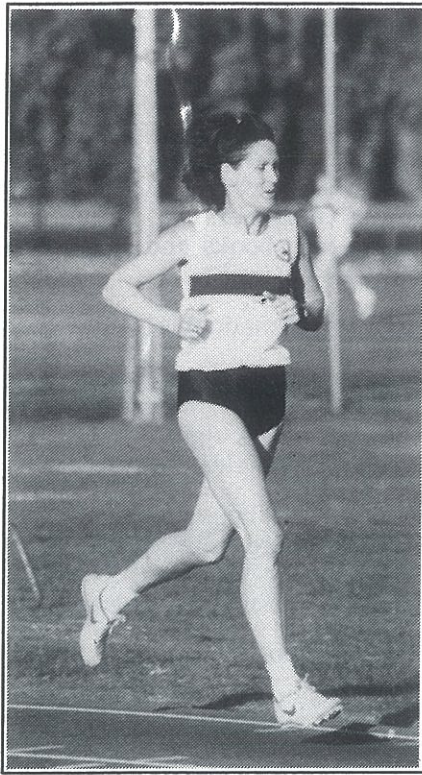


## In this Issue...

HOBART Results ..... P1  
 Treasurer's Report..... P2  
 Timeless Trophy!..... P3  
 Your Letters..... P3  
 AGM Minutes..... P4  
 Notebook - the AGM ..... P5  
 XI WAVAC  
 CHAMPIONSHIPS ..... P6/11  
 Birthdays ..... P12

## In the May Issue...

Championships and AGM  
 having filed April, the following  
 reports to hand will be  
 published next month:  
 Pagoda Run  
 Mt Lawley Circuit  
 Handicap Trophy  
 Rous Head Run, and, yes...  
 The Women's Run!



Maxine Santich – In great form at Coker, but she really peaked for Hobart with two gold, a silver, and three PB's! See front page.

### The Record-breakers

Terri Bent W30	800m	2:18.80
Phyllis Head W70	400m	1:31.80
	800m	4:48.2
	1500m	10:02.10
Cathryn Holland W35	Discus	29.7m (Pentathlon)
	Discus	33.54m
Ruth Johnson W50	Long Jump	4.38m
Lorna Lauchlan W60	Shot Putt	7.21m
Margaret Stone W45	2000m	11:17.00
Val Tyson W70	200m	44.70
	2000m Walk	13:50.00
	5000m Walk	35:13.70
	Discus	12.96m
Dorothy Whittam W55	Discus	18.26m
Cliff Bould M75	5000m	32:05.80
Jeff Bowen M50	Javelin	39.50m
Mike Edwards M35	Triple Jump	12.45m
	Pentathlon	3156pts
David Clive M55	200M	25.30
	400M	57.40
Syd Coleman M75	Pentathlon	1892pts
	Shot Putt	10.66m A*
	Javelin	25.66m = A*
Peter Gare M50	Javelin	37.20m (Pentathlon)
John Molloy M40	110m Hurdles	17.80
	400m	53.10
Ed Niemanis M50	Hammer Throw	33.70m
Norm Richards M50	100m Hurdles	19.90 =S
Murray Tolbert M45	High Jump	1.55m
	Triple Jump	12.82m A*

### Results – Day One

<b>2000 STEEPLE</b>		
<b>M65</b>		
1	Allen Tyson	9:44.6
<b>W30</b>		
1	Terri Bent	7:36.3
<b>W40</b>		
1	Antoinette Shaw	8:04.0
<b>W45</b>		
1	Erica Mercer	8:56.7
<b>3000 STEEPLE</b>		
<b>M35</b>		
1	Neil Morfitt	10:55.4
<b>M40</b>		
1	David Reid	10:24.2
<b>M50</b>		
1	Rod Stewart	12:46.7
<b>M55</b>		
1	Ted Maslen	12:34.7

### Results – Day Two

<b>5000WALK</b>		
<b>M40</b>		
1	Egon Jankauskas	29:57.7
<b>M45</b>		
1	Mike Rhodes	33:56.9

<b>M50</b>					
1	Rod Stewart	30:19.4	2	Duncan McAuley	2389
2	John Back	31:19.5	3	Clive Choate	2284
3	Barrie Thomsett	31:21.7	4	John Bocian	1651
<b>M55</b>			<b>M45</b>		
1	Col Jones (Q'd)	33:41.3	1	Murray Tolbert	3275
2	Jeff Whittam	35:15.0	2	Harry Holland	3011
<b>M60</b>			<b>M50</b>		
1	Bill Hughes	35:16.0	1	Peter Gare	3562
<b>M75</b>			2	Norman Richards	2351
1	Dick Horsley	38:07.5	3	Ross Calnan	2271
<b>W40</b>			<b>M55</b>		
1	Sue Hughes	34:51.8	1	David Carr	1674
<b>W45</b>				Michael Marsh	FTF
1	Margaret Stone	30:14.6	<b>M60</b>		
2	Leslie Romeo	30:44.3	1	Gordon Medcalf	1761
3	Jo Stone	32:54.0	2	Merv Lockyer	1027
<b>W50</b>			<b>M65</b>		
1	Lynne Schickert	36:55.7	1	Allen Tyson	1906
<b>W55</b>			<b>M75</b>		
1	Dorothy Whittam	32:54.0	1	Sydney Coleman	1892
<b>W60</b>			<b>W35</b>		
1	Lorna Lauchlan	33:45.0	1	Lynne Choate	2390
<b>W70</b>			2	Cathrin Holland	2079
1	Valerie Tyson	35:14.7	<b>W40</b>		
<b>PENTATHLON</b>			1	Eileen Hindle	2904
<b>M35</b>			<b>W45</b>		
1	Mike Edwards	3156	1	Peggy Macliver	2684
2	Richard Parker	2363	<b>W50</b>		
<b>M40</b>			1	Kathleen Holland	2997
1	Bruce Cornish	2780	<b>W55</b>		
			1	Noela Medcalf	1732
			<b>W60</b>		
			1	Patricia Carr	W/D

## CHAMPIONS MEET AT COKER

11th WAVAC T & F CHAMPIONSHIPS  
March 25/9, April 4/5 92

TWO national records were set and another equalled at our State Games (March 25/29: April 4/5). Murray Tolbert, recently turned 45, is working his way through the records, and added 170mm to the Australian Triple Jump mark; while Athlete of the Meet, Syd Coleman, equalled his own Javelin record, and beat the existing Shot Putt record with five of his six putts!

### Day Two continues

#### 10,000 METRES

<b>M50</b>		
1	Henk Stoffers	36:28.6
2	Bob Schickert	36:46.5
3	Charles Spare	41:34.4
4	Joe Trovato	41:47.2
5	Lyle James	42:39.4
6	Joe Stickles	43:21.6

<b>M55</b>		
1	Steve Barrie	37:05.8
2	Ted Maslen	41:12.8
3	Robert Sammells	42:09.9
4	Brian Kennedy	43:12.5

<b>M60</b>		
1	Robin Bonner	42:01.9
2	Basil Worner	45:24.6

<b>M65</b>		
1	Mervyn Moyle	46:24.6

<b>W40</b>		
1	Antoinette Shaw	39:57.6
2	Judy Marsland	47:54.7

<b>W45</b>		
1	Kathleen Noordyk	45:02.1
2	Erica Mercer	49:25.6

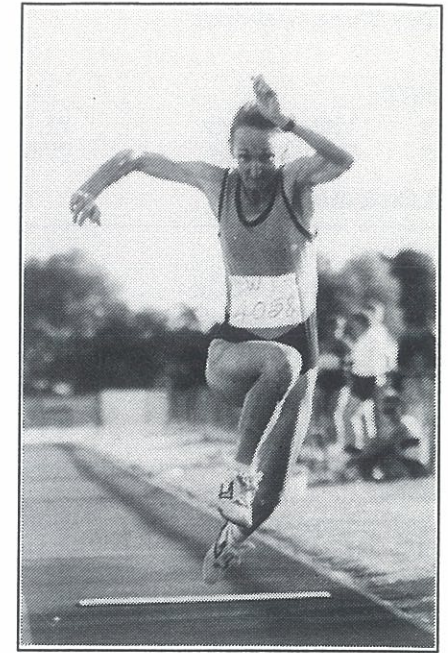
#### 10,000 METRES

<b>M35</b>		
1	Clive Hicks	33:38.8
2	Geoff Blyth	36:38.0
3	Walter Crowley	36:43.0
4	Adrian Noordyk	40:38.0

<b>M40</b>		
1	Graeme Bergersen	36:23.0
2	David Reid	36:34.1
3	John Puglisi	37:00.0
4	Doug Hazell	37:58.0
5	Kar Wong	39:44.0

In all, 31 state and national records fell or were equalled, and the record breakers ranged from some of our most senior members, to some of the youngest. It was wonderful to see athletes of the calibre of Mike Edwards, Terri Bent, and John Molloy in action; and incredibly heart-warming to watch Cliff Bould, after all his recent setbacks, still setting records.

We're very grateful to David Carr for the whole superb production; and he wants to express particular thanks to Fred Stewart, Barbara Spare, and Sue Jones for co-ordinating their own sections so well. An event like the state champs couldn't function without the volunteer helpers. Thanks to all of you, from all those who competed, watched, and enjoyed, another great Vets' games.



Barbara Wilson en route to 2nd place in the long jump.

6	Colin Watts	40:11.0
	John Bocian	FTF
<b>M45</b>		
1	Brian Marsland	35:54.2
2	David Roberts	36:35.0
3	John Pressley	37:51.0
	Victor Waters	FTF

### Results – Day Three

#### SHOT PUTT

<b>M50</b>		
1	Stephen Eldridge	11.06
2	Ed Neimanis	10.97
3	Edmond Carroll	10.73
4	Jeff Bowen	9.86

<b>M55</b>		
1	Alan Stone	9.56
2	Jeff Whittam	6.83

<b>M60</b>		
1	Merv Lockyer	8.76
2	Rob Shand	8.19

<b>M65</b>		
1	James McMillan	8.54

<b>M75</b>		
1	Sydney Coleman	10.66

#### 100 METRE SPRINT

<b>M35</b>		
1	Mike Edwards	11.7
2	Peter Brazier	12.2
3	Gary Beard	13.3

<b>M40</b>		
1	Robert Scadden	12.6
2	Norbert Fandry	12.7
3	Clive Choate	12.8
4	Bruce Cornish	13.0
5	Duncan McAuley	14.0

6	Alan Deans	14.8
<b>M45</b>		
1	Murray Tolbert	12.0
2	Roy Fearnall	12.5
3	Keith Martin	12.9
4	Harry Holland	13.4

<b>M50</b>		
1	Barrie Kernaghan	12.3
2	Peter Gare	12.7
3	Norm Richards	12.8
4	Jim Riddell	15.5

<b>M55</b>		
1	David Clive	12.7

<b>M60</b>		
1	Gordon Medcalf	14.6
2	Brian Paxman	14.8
3	Merv Lockyer	17.7

<b>M65</b>		
1	Reginald De Gruchy	14.8
2	Mervyn Moyle	15.8
3	Garnet Morgan	16.6

<b>M75</b>		
1	Sydney Coleman	16.7

<b>W30</b>		
1	Biddy Myres	13.6
2	Denise Cleasby	14.1
3	Mandy Kapelka	15.6
4	Shona Papalia	15.8

<b>W35</b>		
1	Lynne Choate	12.8
2	Linda Noble	14.4

<b>W40</b>		
1	Eileen Hindle	13.6
2	Jan Main	14.2

<b>W45</b>		
1	Peggy Macliver	14.6
2	Luella Jenkins	16.5

<b>W50</b>		
1	Kathleen Holland	14.2
2	Ruth Johnson	16.8

**Day Three continues**

**W70**

1	Valerie Tyson	21.3
2	Phyllis Head	27.5

**LONG JUMP**

**W35**

1	Lynne Choate	4.46
2	Linda Noble	4.11
3	Cathrin Holland	3.96

**W40**

1	Eileen Hindle	5.11
2	Barbara Wilson	4.47
3	Jan Main	3.96

**W45**

1	Erica Mercer	3.70
2	Luella Jenkins	3.19

**W50**

1	Kathleen Holland	4.38
2	Ruth Johnson	3.32

**W55**

1	Dorothy Whittam	3.73
2	Noela Medcalf	2.68

**110M HURDLES**

**M35**

1	Mike Edwards	16.7
---	--------------	------

**M40**

1	John Molloy	17.8
2	Bruce Cornish	21.7
3	Allan Smith	22.3

**M45**

1	Keith Martin	19.4
---	--------------	------

**100M HURDLES**

**W30**

1	Biddy Myres	17.5
---	-------------	------

**W35**

1	Linda Noble	21.4
---	-------------	------

**M50**

1	Norman Richards	19.9
2	Rod Stewart	20.4

Below: Mike Edwards shows the way home in the 110m Hurdles.



**M60**

1	Gordon Medcalf	24.6
---	----------------	------

**SHOT PUTT**

**M40**

1	Allan Smith	8.50
2	Clive Choate	8.21

**M45**

1	Murray Tolbert	9.35
2	Harry Holland	8.94
3	Arnold Jenkins	6.86

**80M HURDLES**

**W40**

1	Eileen Hindle	12.7
2	Barbara Wilson	16.2
3	Jan Main	20.8

**LONG JUMP**

**M35**

1	Mike Edwards	6.26
2	Peter Brazier	5.59

**M40**

1	Bruce Cornish	5.34
2	Robert Scadden	5.24
3	Clive Choate	4.92
4	Allen Smith	4.41

**M45**

1	Murray Tolbert	6.33
2	Keith Martin	5.07

**400 METRES**

**W30**

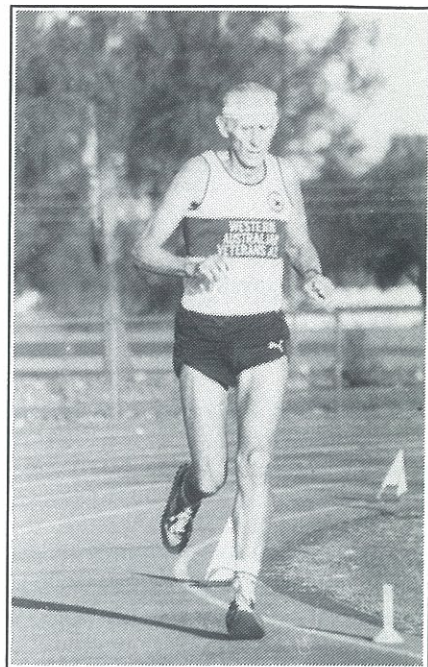
1	Denise Cleasby	1:01.3
2	Terri Bent	1:01.7
3	Biddy Myres	1:06.8
4	Shona Papalia	1:19.9

**W35**

1	Lynne Choate	1:03.1
2	Anne Stingemore	1:04.7
3	Pauline Dawson	1:06.8

**W40**

1	Antoinette Shaw	1:02.0
2	Eileen Hindle	1:04.1
3	Maxine Santich	1:05.0



Merv Moyle - 'The City to Surf Kid' - tried some new moves this year, running everything from 100 to 10,000 m!

**400 METRES**

4	Barbara Wilson	1:06.4
---	----------------	--------

**W45**

1	Peggy Macliver	1:06.7
---	----------------	--------

**W50**

1	Kathleen Holland	1:10.2
---	------------------	--------

**W55**

1	Noela Medcalf	1:17.7
---	---------------	--------

**W70**

1	Phyllis Head	2:11.3
---	--------------	--------

**400 METRES**

**M35**

1	Mike Edwards	50.8
2	Peter Brazier	52.2
3	Gary Beard	58.1

**M40**

1	John Molloy	53.1
2	Duncan McAuley	54.1
3	Bruce Cornish	55.2
4	Norbert Fandry	56.5
5	Derek Foster	59.2
6	Alan Deans	1:02.6
7	Robert Mair	1:05.0
8	Allen Smith	1:05.9

**M45**

1	Roy Fearnall	56.1
2	Keith Martin	56.8
3	Brian Foley	1:00.2
4	Vic Waters	1:01.3
5	John Pressley	1:09.7

**M50**

1	Barrie Kernaghan	54.12
2	Ken Gilbert	1:00.5

**M55**

1	David Clive	57.4
2	David Carr	1:00.8

**M60**

1	Basil Worner	1:04.6
2	Brian Paxman	1:06.3
3	Gordon Medcalf	1:15.6

**AGM Notebook**

...or, all you wanted to know about the AGM, and didn't find in the minutes!

IN the secretary's report (last issue) Brian Foley blandly stated that as no member would take on the role of sec. last year 'the committee reorganised itself and continued to function effectively.'

What should be said, is that Brian stepped in, added the job to that of vice-pres.; continued organising runs; went on representing us with the Association (and the new Federation); assisted most Wednesday evenings with track and field, and the annual championships; competed most Saturdays at Perry Lakes (for the Vets)... I won't go on.

Unfortunately, he was not sufficiently exhausted by all this, and stuffed me in the 400, 800, and 1500 at the Champs. Anyhow, everyone (except me) should pass on our recognition and thanks for BF's work for the club.

**Bill, too**

Talking of unsung heroes, Bill Crellin next. He's been Treasurer for four years, and we twisted both arms to get him again this year.

Would someone like to start thinking about doing their bit next time?

There are plenty more 'old reliables', who soldier on year in year out, making life easier for all of us. Brian Danby and Kirt Johnson, for two instances, must be heartily sick of the sight of that equipment!

This may come as something of a shock, but the Vets doesn't run itself. Untold hours are devoted by a few members, so this club functions brilliantly for the benefit of hundreds. (We have around 450 members in all).

**Program**

Instance: many of you attended the Championships at Coker Park. Apart from pointing out the odd error, little comment was made on the high-quality programme itself.

That document was the result of many nights' work by organiser

Dave Carr. After he'd assembled it, a team gathered at the Ministry of Sport and Rec. to print the thing.

Thanks Ministry, for the use of the hall, and the machinery. Thanks, Basil Worner, Lorna Lauchlan, Pat and Dave Carr, Jackie Halberg, and Barry Thomsett for the 30-plus hours you spent over those photocopiers and staplers.

This is not a grouch-piece; it's just a reminder that there's no free lunch. Sure, some of these volunteers are enjoying every moment they give; but they'd love some offers of help.

Especially from new faces.

**Socials**

In the past year the Vets' social scene brightened considerably. Marge Forden was largely responsible, and she and the outgoing committee members truly earned their vote of thanks.

**Improving?**

Brian Danby and myself were about equally surprised to walk away from the AGM with fistsful of trophy. Brian is a regular, high-performance runner, but it's usually the lesser performers who win handicaps. His success this year owes much to 'turning up', and running bloody well!

According to handicapper Mike Rhodes, 161 people entered the seven handicap events. Brian missed only one race, and that drew a small field. Mostly the handicaps awarded were pretty accurate, Mike claims, except when a new member crept in and threw the system (or late results - race directors please note - meant that some handicaps couldn't be updated accurately.)

For my own part, I owe a debt to the Vets in general for giving me the incentive and camaraderie to improve. Particularly, thanks Keith Forden for telling me I could be a middle-distance runner; and, Basil Worner, for making me one.

**Literally speaking**

There's an interesting story behind the appointment of our new librarians, Dorothy and Jeff Whittam. It was suggested to the meeting that we might scrap the library. People aren't using it much; or they're not returning material.

We don't have much stock worth reading.

But the AGM took a positive view, and voted to allocate a small annual budget to re-stock with some new books each year, and to encourage more members to contribute up-to-date books and magazines, and use the facility.

How do you do this?

Attend on Sundays, and check out the notice board/ registration area. Borrow books, sign for them, and return them - please.

If you have books of interest, with which you're finished, please see Dorothy or Jeff, and contribute them for the other members to read.

There's no charge.

**Try, try Again**

The motion asking AAVAC to allow men of all ages to walk the 20kms event seems simple enough.

The background is more complex, and an interesting example of determination, and democracy at work. At Jack Collins' request, your committee had considered the matter many times, and finally resolved that our delegates to the AAVAC would investigate the matter further at national level. Our AGM took a more positive attitude, however. Bob Sammells felt that the exclusion of M60s was, in effect, discriminatory; and the AGM agreed with him, that a motion from WAVAC was the way to go. So we go.

Vic Waters

**MARTIN'S PRINTING SERVICE**

Specialising in Fast, Efficient Quality Printing of

- Letterheads
- Business Cards
- Invoice/Order Books
- Reports
- Pamphlets
- Envelopes
- With Compliments Slips
- Leaflets
- Catalogues
- Tickets
- Stickers
- Price Lists
- Colour Work

**The M.P.S. Promise**

1. To provide competent and courteous service to all clients.
2. All printing to be ready on agreed date and time.
3. Pride in work always taken to produce printing of consistent quality.
4. That you will be cared for by our enthusiastic and friendly staff.

Compare our competitive prices  
Contact our specialist staff today on  
**249 3458**  
Unit 3, 168 Cusack Road, Malaga.

USE THIS ADVERTISEMENT TO OBTAIN A 5% DISCOUNT

**WAVAC AGM April 8 1992**  
**Hockey Club Rooms, Perry Lakes**  
**Minutes**

Meeting opened at 7.08pm

**1. Present**

63 members, as per attendance book

**2. Apologies**

Nine members, as per attendance book

**3. Minutes of 1991 AGM accepted**

Moved R. Farrell; seconded B. Foley

**4. Matters arising**

Nil

**5. Reports, as published in Vetrin March 1992**

by President; accepted; moved D. Whittam, seconded R. Farrell

by Secretary; accepted; moved V. Tyson, seconded R. Farrell

**6. Trophies**

Patron's Trophy for Track and Field Handicap Season

Women - won for second successive year by Peggy Macliver

Men - won for second successive year by David Carr

Reg Briggs Trophy for Most Improved Athlete

Won by Vic Waters

Handicap Trophy (road and cross-country events)

Won by Brian Danby

**7. Election of Office Bearers**

Those nominated and elected for 1992/93 are:

Patron - Bill Hughes  
 President - Joan Pellier  
 Vice-President - Sandi Hodge  
 Secretary - Brian Foley  
 Treasurer - Bill Crellin  
 Editor - Vic Waters

Committee -  
 Margaret Birks  
 David Carr  
 Brian Danby  
 Barry Thomsett

**8. Officials appointed are:**

Auditor - Ray Lawrence  
 Statistician - Bob Sammells

AAWA Registrars - David Carr, Val Prescott

Equipment - Brian Danby, Kirt Johnson  
 Librarians - Dorothy and Jeff Whittam  
 Handicapper - Paul Hughes

**9. Outgoing Committee**

A heartfelt vote of thanks was made to the club members who have served so ably over the past year - Marge Forden, Maxine Santich, and Vic Beaumont - and who have now stood down.

**10. Treasurer's Report; accepted**

Moved Bill Crellin; seconded Dick Horsley

(The full report is published in this April issue of Vetrin)

**11. General Business**

a. Capitation Fees. A general discussion was held, covering the general history of the fees which our club pays to the Australian Association of Veteran Athletic Clubs. The rate per member has increased from 50 cents to \$3.- over the past four years.

Motion to AAVAC:

WAVAC moves that the AAVAC notifies all State clubs in writing of the need for future increases, giving the reasons for the proposed increases. Such notice is to be given in sufficient time, so that the State clubs are able to consider the reasons before directing their delegates.

Moved Basil Worner; seconded Dick Horsley.

b. Athletics Federation of WA

The Vets club will support the new Athletics Federation as we have been assured that our autonomy will not be interfered with; and that we will not contribute financially to its operation, except possibly through the AAWA affiliation. We will observe its progress and assist where possible, and reserve the right to withdraw if the situation changes to the detriment of our club.

c. National Track and Field

Championships - 20Kms Walk. Discussion was held regarding the changing of the walk for the 60-plus men's groups.

Moved: That the National Championships 20 kilometre walk event is open to male athletes of all age groups. (This motion to be tabled at the next AAVAC general meeting.)

Accepted: Moved Bob Sammells; seconded Allen Tyson.

Moved: The Australian men's 20 Kms walk should be held in conjunction with the National Veterans' Marathon.

Accepted: Moved Dick Horsley; seconded Jeff Whittam.

d. Vetrin Magazine. Thanks to Vic Waters for the fine presentation.

Meeting closed - 9.00pm.

**Brian Foley,**  
**Secretary**

**POLITICS AND THE VETERAN ATHLETE**

RECENT attention given to the link between political ideology and the mature athlete reflects a study in the late 70s by Marks and Skitrot. researchers examined the effect of training on a 400 metre track over a period of 20 years. The subjects (1,917 mature athletes) were found to have narrow interests, as reflected in their limited conversation topics (mainly intervals, injuries and shoes.)

Training consisted of running anti-clockwise around a track, curving or turning left, leaning left towards the centre of the arena while negotiating the bends (240 metres of each 400).

This traditional, conservative and repetitious pattern has parallels in the inhibited and repetitious conversation. What fascinated the researchers was that the voting intentions of the subjects was not synonymous with the running activity, but rather in contrast or rebellion.

Subjects had in fact voting intentions contrary to the conservative activity on the track. (Trots and Marks: 'Contrafugal and Conversational'; 1978.) (This article was contributed on April 1 by Audo, our noted apolitical commentator.)

**Day Three continues**

**M65**

1	Mervyn Moyle	1:11.6
2	Reginald De Gruchy	1:12.5
3	Garnet Morgan	1:19.5

**SHOT PUTT**

**W35**

1	Cathrin Holland	8.85
---	-----------------	------

**W40**

1	Barbara Wilson	7.27
2	Jan Main	6.02

**W45**

1	Joan Hillis	7.11
2	Margaret Stone	6.86
3	Luella Jenkins	6.38
4	Erica Mercer	5.60

**W50**

1	Kathleen Holland	7.91
---	------------------	------

**W55**

1	Dorothy Whittam	7.92
2	Noela Medcalf	6.29

**W60**

1	Lorna Lauchlan	7.21
2	Raema McMillan	6.57

**W70**

1	Valerie Tyson	5.24
2	Phyllis Head	4.39

**JAVELIN**

**M50**

1	Jeff Bowen	39.50
2	Peter Gare	35.75
3	Edmund Carroll	29.81

**M55**

1	Alan Stone	37.74
2	Jeff Whittam	20.16

**M60**

1	Merv Lockyer	27.10
2	Rob Shand	27.08
3	Gordon Medcalf	17.86

**M65**

1	James McMillan	22.62
---	----------------	-------

**M75**

1	Sydney Coleman	25.67
---	----------------	-------

**2000 WALK**

**M40**

1	Peter Hill	10.03
2	Egon Jankauskas	10.53
3	Allan Smith	13.33

**M50**

1	Barrie Thomsett	11.04
2	Rod Stewart	11.53

**M55**

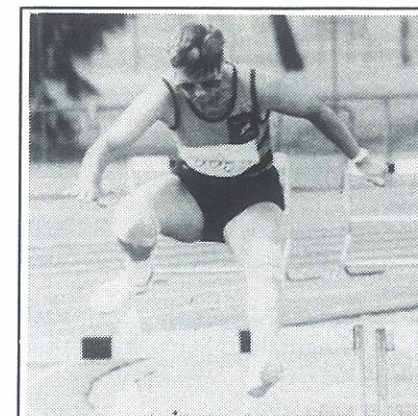
1	Jeff Whittam	13.26
---	--------------	-------

**M60**

1	Bill Hughes	13.19
1	Basil Worner	13.19
2	Merv Lockyer	14.07

**M75**

1	Dick Horsley	14.33
---	--------------	-------



**Kath Holland, a record-holder who showed she's still a force to reckon with.**

**2000 WALK**

**W35**

1	Cathrin Holland	12:15
2	Linda Noble	13:56

**W45**

1	Margaret Stone	11:17
2	Leslie Romeo	11:37
3	Luella Jenkins	12:34

**W50**

1	Lynne Schickert	13:42
---	-----------------	-------

**W55**

1	Dorothy Whittam	12:21
---	-----------------	-------

**W60**

1	Lorna Lauchlan	12:56
---	----------------	-------

**W70**

1	Valerie Tyson	13:50
2	Phyllis Head	16:24

**LONG JUMP**

**M50**

1	Peter Gare	5.38
2	Norman Richards	4.87
3	Edmund Carroll	4.64
4	Jim Riddell	3.89

**M60**

1	Gordon Medcalf	3.41
2	Merv Lockyer	3.39

**M65**

1	Reginald De Gruchy	3.57
---	--------------------	------

**M75**

1	Sydney Coleman	2.98
---	----------------	------

**JAVELIN**

**M35**

1	Mike Edwards	37.17
---	--------------	-------

**M40**

1	Robert Scadden	36.53
2	Bruce Cornish	31.75
3	Clive Choate	31.35
4	Allan Smith	27.04

**M45**

1	Harry Holland	38.92
2	Murray Tolbert	37.01
3	Arnold Jenkins	26.79

**1500 METRES**

**W30**

1	Terri Bent	4:48.9
2	Shona Papalia	6:37.5

**W35**

1	Anne Stingemore	5:50.0
---	-----------------	--------

**W40**

1	Antoinette Shaw	4:55.3
2	Maxine Santich	5:05.8
3	Barbara Wilson	5:09.4
4	Robyn Mitsopoulos	5:39.3
5	Judy Marsland	6:10.3

**W45**

1	Erica Mercer	5:59.5
---	--------------	--------

**W55**

1	Noela Medcalf	6:55.0
---	---------------	--------

**W70**

1	Phyllis Head	10:02.1
---	--------------	---------

**M35**

1	Geoff Blyth	4:20.6
2	Neil Morfitt	4:25.3

**M40**

1	John Molloy	4:17.0
2	Derek Foster	4:27.8
3	Duncan McAuley	4:38.4
4	Vance Mitsopoulos	4:43.3
5	David Reid	4:52.0
6	Kar Wong	5:00.2
7	Brian Danby	5:06.3
8	Alan Deans	5:19.5

**M45**

1	Brian Foley	4:39.1
2	Vic Waters	4:41.8
3	Brian Marsland	4:52.9
4	John Pressley	4:56.9

**JAVELIN**

**W35**

1	Linda Noble	18.32
2	Lynne Choate	16.76

**W40**

1	Barbara Wilson	21.16
2	Jan Main	11.00

**W45**

1	Peggy Macliver	15.98
2	Erica Mercer	14.82
3	Margaret Stone	13.84
4	Luella Jenkins	13.22

**W50**

1	Kathleen Holland	21.90
---	------------------	-------

**W55**

1	Dorothy Whittam	19.76
2	Noela Medcalf	12.94

**W60**

1	Raema McMillan	18.92
2	Lorna Lachlan	18.70
3	Patricia Carr	14.54

**W70**

1	Valerie Tyson	8.58
2	Phyllis Head	7.34

**M50**

1	Ken Gilbert	4:38.7
2	Bob Schickert	4:39.8
3	Joe Trovato	5:13.6
4	Lyle James	5:25.7
5	Joe Stickle	5:34.8

Day Three continues

<b>M55</b>			
1	Steve Barrie	4:44.2	
2	Ted Maslen	4:53.6	
3	David Carr	5:01.7	
4	Robert Sammells	5:24.3	
<b>M60</b>			
1	Brian Paxman	5:16.1	
2	Robin Bonner	5:17.1	
<b>M65</b>			
1	Mervyn Moyle	5:48.8	

**Results - Day Four**

**HAMMER**

<b>M40</b>			
1	Bruce Cornish	20.10	
<b>M45</b>			
1	Rob Young	21.50	
2	Arnold Jenkins	17.84	
<b>M50</b>			
1	Ed Neimanis	33.70	
2	Edmond Carroll	21.66	
<b>M55</b>			
1	Jeff Whittam	18.24	
2	David Carr	17.94	
<b>M60</b>			
1	Merv Lockyer	20.72	
<b>M75</b>			
1	Sydney Coleman	36.92	
2	Dick Horsley	17.80	
<b>W40</b>			
1	Judy Hill	16.16	
<b>W45</b>			
1	Erica Mercer	13.16	
<b>W55</b>			
1	Dorothy Whittam	22.44	
2	Noela Medcalf	19.62	
<b>W60</b>			
1	Raema McMillan	15.38	

**400M HURDLES**

<b>W40</b>			
1	Eileen Hindle	1:14.4	
2	Barbara Wilson	1:16.1	
<b>M35</b>			
1	Mike Edwards	56.7	
<b>M45</b>			
1	Keith Martin	1:07.4	

**300M HURDLES**

<b>M50</b>			
1	Norman Richards	52.5	
<b>W50</b>			
1	Kathleen Holland	56.1	
<b>M60</b>			
1	Gordon Medcalf	1:02.6	

**DISCUS**

<b>M50</b>			
1	Ed Neimanis	39.18	

2	Edmond Carroll	36.60	
3	Peter Gare	35.22	
4	Jeff Bowen	34.40	
<b>M55</b>			
1	Alan Stone	31.88	
2	Jeff Whittam	20.94	
<b>M60</b>			
1	Merv Lockyer	26.26	
2	Gordon Medcalf	20.40	
<b>M65</b>			
1	James McMillan	30.04	
2	Reginald De Gruchy	14.44	
<b>M75</b>			
1	Sydney Coleman	33.86	
2	Dick Horsley	17.80	

**TRIPLE JUMP**

<b>M35</b>			
1	Mike Edwards	12.45	
<b>M40</b>			
1	Egon Jankauskas	11.38	
2	Bruce Cornish	10.12	
3	Allan Smith	9.74	
<b>M45</b>			
1	Murray Tolbert	12.82	
2	Keith Martin	10.86	
3	Brian Foley	9.06	

**200 METRES**

<b>W30</b>			
1	Biddy Myres	27.6	
2	Denise Cleasby	28.3	
3	Mandy Kapelka	31.8	
4	Shona Papalia	32.3	
<b>W35</b>			
1	Lynne Choate	26.3	
2	Anne Stingemore	28.0	
<b>W40</b>			
1	Eileen Hindle	27.1	
2	Antoinette Shaw	28.2	
3	Jan Main	29.7	
4	Barbara Wilson	30.1	
<b>W45</b>			
1	Peggy Macliver	29.3	
2	Valerie Prescott	33.0	
3	Luella Jenkins	35.6	
<b>W50</b>			
1	Kathleen Holland	28.9	
2	Ruth Johnson	35.5	
<b>W55</b>			
1	Noela Medcalf	34.5	
<b>W70</b>			
1	Valerie Tyson	44.7	
2	Phyllis Head	58.8	
<b>M35</b>			
1	Mike Edwards	23.8	
2	Gary Beard	26.1	
<b>M40</b>			
1	Duncan McAuley	25.4	
2	Norbert Fandry	25.7	
3	Bruce Cornish	26.2	
<b>M45</b>			
1	Murray Tolbert	24.2	
2	Roy Fearnall	24.6	
3	Keith Martin	24.9	

<b>M50</b>			
1	Barrie Kenaghan	24.3	
2	Peter Gare	24.8	
3	Norman Richards	27.0	
<b>M55</b>			
1	David Clive	25.3	
<b>M60</b>			
1	Basil Worner	28.5	
2	Brian Paxman	29.4	
3	Gordon Medcalf	30.6	
4	Merv Lockyer	38.7	
<b>M65</b>			
1	Reginald De Gruchy	30.2	
2	Mervyn Moyle	31.1	
3	Garnet Morgan	33.6	
<b>M75</b>			
1	Sydney Coleman	43.0	

**DISCUS**

<b>M40</b>			
1	Bruce Cornish	28.78	
2	Alan Smith	25.68	
3	Clive Choate	23.94	
<b>M45</b>			
1	Harry Holland	31.62	
2	Rob Young	30.28	
3	Murray Tolbert	26.14	
4	Arnold Jenkins	18.72	
5	Brian Foley	18.26	

**HIGH JUMP**

<b>M35</b>			
1	Mike Edwards	1.65	
<b>M40</b>			
1	Alan Smith	1.15	
<b>M45</b>			
1	Murray Tolbert	1.55	
2	Keith Martin	1.45	
<b>M50</b>			
1	Rod Stewart	1.40	
2	Norman Richards	1.35	
2	Edmond Carroll	1.35	
<b>M60</b>			
1	Merv Lockyer	1.00	
<b>W45</b>			
1	Erica Mercer	1.17	

**800 METRES**

<b>W30</b>			
1	Terri Bent	2:18.8	
2	Denise Cleasby	2:22.7	
3	Shona Papalia	3:04.6	
<b>W35</b>			
1	Anne Stingemore	2:44.7	
<b>W40</b>			
1	Antoinette Shaw	2:20.9	
2	Maxine Shaw	2:24.7	
3	Barbara Wilson	2:29.7	
4	Robyn Mitzopoulos	2:49.8	
<b>W45</b>			
1	Peggy Macliver	2:33.2	
2	Erica Mercer	2:43.8	
<b>W55</b>			
1	Noela Medcalf	3:12.6	
<b>W70</b>			
1	Phyllis Head	4:48.2	

**Letters to the Editor**

Dear Vic

I wish to thank the President and club members for extending to me the privilege of life membership of the Veterans' Club, now I have joined the 'elitist' group of the 70-plussers! I have derived much pleasure from my fifteen years' association with the Vets, and hope to long continue. Best wishes, and thanks to all.

Valerie Tyson

Dear Vets

We're having a great time on our holiday - this life-style is very easy to take to! Had a run with the ACT Vets at Canberra a week or so ago. Ran 6kms round Lake Tuggeranong - good fun. Best wishes,

Ann and Shorty Rogers

Dear Vic

Received a letter this week from Merv Lockyer (from Ballarat, Vic.) who competed in our Vets Championships this year. I thought you might like to print his final paragraph in Vetrun.

'Would you convey my thanks to all and sundry there who made my competing such a joyous event. Wishing you all the best. Merv Lockyer.'

Maureen Stewart

Dear Vic,

I would like to comment on the discussions at our 1992 AGM. It was mentioned that there were only 21 club members competing at Perry Lakes Stadium on a Saturday afternoon in track and field. However, a number of club members assist run the events; there are also many (possibly 50-60) veterans representing other clubs. Most of these athletes are also members of WAVAC.

Regarding the criticism levelled at the Athletics Association of WA,

**BIRKWATER TIMELESS TROPHY**

Imagine being the holder of one of WA's premier sporting trophies. Picture yourself holding this magnificent item aloft, as the accolades of fellow athletes ring in your ears.

Feel its elegant lines. Marvel at its rich lustre. Stagger at its jewel-encrusted weight.

This once-in-a-lifetime experience could be yours, *Vet club member*, after the Birkwater 8K Kings Park Cross Country on May 10.

It is fitting for such a prestigious event, with its traditional and unrivalled opportunities for getting totally lost in Kings Park, that absolutely no expense has been incurred in creating the work of art that is the *Birkwater Timeless Trophy*.

Lovingly constructed by a devoted team of craftsmen and horological engineers, under top-security conditions in a garage somewhere in Wembley Downs, this trophy-without-price is believed to incorporate components valued at *over three dollars!*

Yours could be the next name to join the proud roll of holders of the Timeless Trophy.

Last year, Jim Greenfield held it, (for just ten minutes before security personnel snatched it back again). Jim was spot on with his 41 minute estimate - and all you have to do to match him, is estimate your time for the 8K course.

Watches will be surrendered at the start, of course. The club member whose estimate comes closest to his/her actual finish time, will take home the trophy.

Federal Reserve conditions apply, of course, to such a priceless item (its loss would be a shattering blow to Australia's delicate economy) so it must be surrendered after one year. (At this time, the trophy's intricate non-functioning mechanisms will be adjusted and reset for the next Birkwater event.)

Good luck to all. Remember, time is on your side.

and a comparison with the Marathon Club - how can this be made? A club that has only road runs to organise does not have the expense of equipment and travel etc, that a state association has. The Association also requires far more officials for multiple events - track and field for men and women, and junior age groups.

The people I see at the stadium seem to be happy with what they are doing; in fact questionnaires indicate that the majority are satisfied with the organisation.

Finally, following another farewell to our club members who are travelling overseas to compete in non-veteran events, I expected that best wishes would have been given to our club representatives going to the Championships in Hobart, and the Australian Veteran

Marathon Championship in Canberra. (This marathon does not even appear in our club programme!)

Regards, Allen Tyson

Quite right, Allen, we should offer best wishes to Vets who represented us in Hobart. However, a few of us did our best to send them off in style from Wembley Markets on the Sunday following the AGM. We even got around to toasting the bus that would take them to the airport. It's to be hoped this final training session saw them in good shape for the Hobart party scene.

Regarding the programming of events, a draft of the race card was published in the March issue, so that members could contact Barry Thomsett with suggestions and amendments.

Ed.

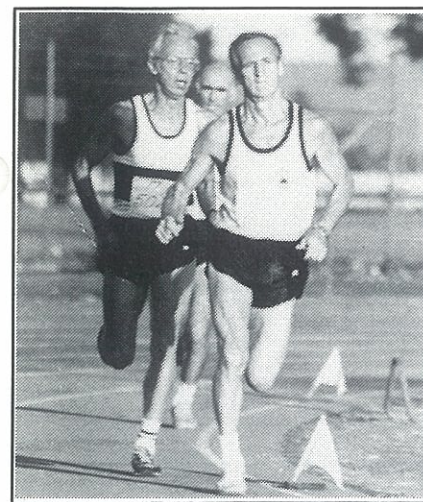
**WA VETERANS ATHLETIC CLUB  
TREASURER'S REPORT 1991/92**

**Statement of Receipts and Payments  
Period 31/3/91 to 20/3/92**

EXPENDITURE		RECEIPTS	
1990/91	1991/92	1990/91	1991/92
\$1,513.94	Club equipment (inc maint & repairs)	\$6,145.50	Nomination fees and subscriptions
2,947.60	Annual Dinner	770.00	Nomination fees and subscriptions 92/93
200.00	Annual Dinner deposits paid in advance	910.10	Sportswear and badge sales
52.20	Donations - Scout Assn re Eaton '91	367.90	Time trials and special event entries
	Donations - fares assist. re Karen Gobby	29.90	Donations
1,151.84	Track and venue hire	721.15	Visitors fees
669.70	Name badges	200.16	Morning teas
235.00	Eaton weekend	288.00	Jorgensen Park
55.33	Publications/subscriptions	2,588.00	Rottnest Island weekend
477.68	Printing and stationery	2,151.69	Bank interest
102.50	Trophies and engraving	2,562.00	Annual Dinner and Dance
336.00	Insurance - Public Liability		Quiz night
108.00	Flowers etc re members in hospital etc	165.00	Advertising
482.00	Vetrun newsletter - photo copier fee	583.00	State Championship entries (part 91/92)
2,263.84	postage and stationery		Dept. Sports & Rec Grant re J. Gilmour
1,094.30	postage	235.00	Eaton Weekend
212.63	Postage and telephone		Myalup Pines Weekend '92
67.22	Bank charges and Govt taxes (FID/BAD)		Christmas in August '91
2,896.00	Rottnest Island weekend		Wine Trip '91
200.00	Rottnest Island weekend deposits	624.41	State Champs. Canteen profits (90 & 91)
646.00	Club shirts	277.50	AAWA Assistance re purchase equipment
	Club singlets	54.14	Sundry
449.00	Iron-on transfers		Raffles (3) re K. Gobby Q'land fares assist
354.00	Programmes (annual)		AAWA re overpayment in fees refund
	AAWA reimbursement of overpayments	400.00	AAWA registration fees from members
210.00	Fees - AAWA affiliation	210.00	AAVAC reimbursement re delegates fares
	AAWA registrations	586.00	Return of Editor petty cash on hand
816.00	AAVAC capitation fees y/e 31/3/90	\$17,903.45	
882.00	31/3/91		\$25,658.64
	31/3/92	1,152.00	
368.19	Jorgensen Park	792.25	
70.00	Sundries		
54.00	Jorgensen Park deposits	77.60	
192.00	Myalup Pines weekend '92	468.00	
239.03	Club mng. tea and social expenses	555.50	
	Christmas in August 91	1,420.00	
	Quiz night Sept 91	253.16	
	Houghtons Wine Trip 91	240.00	
	Computer (deposit and manual)	250.00	
	Wellington Mills Cottages 93 deposit	200.00	
	J. Gilmour - distrib from Lottery Grant	1,500.00	
	re attendance at World Games		
	Gift vouchers re raffles	100.00	
	Fares to attend AAVAC meet in Q'land	680.00	
	Editor Vetrun advance	66.63	
\$19,346.00		\$25,484.58	

WD Crellin  
Hon. Treasurer

RL Lawrence  
Hon. Auditor



Three of WA's finest distance men - Henk Stoffers, Bob Schickert and Steve Barrie. They dominated 5000 and 10,000m races.

Day Four continues

TRIPLE JUMP

<b>M50</b>		
1	Norman Richards	9.63
<b>M60</b>		
1	Merv Lockyer	6.74
<b>M65</b>		
1	Reginald De Gruchy	5.19
<b>M75</b>		
1	Sydney Coleman	6.94

DISCUS

<b>W35</b>		
1	Cathrin Holland	33.54
2	Lynne Choate	19.12
<b>W40</b>		
1	Barbara Wilson	18.80
2	Eileen Hindle	18.52
3	Jan Main	16.64
<b>W45</b>		
1	Joan Hillis	20.82
1	Peggy Macliver	20.82
2	Margaret Stone	19.16
3	Erica Mercer	15.14
4	Valerie Prescott	15.06
5	Luella Jenkins	14.98
<b>W50</b>		
1	Kathleen Holland	21.30
<b>W55</b>		
1	Dorothy Whittam	18.26
2	Noela Medcalf	14.70
<b>W60</b>		
1	Raema McMillan	17.90
2	Patricia Carr	17.56
<b>W70</b>		
1	Valerie Tyson	12.96
2	Phyllis Head	10.34

800 METRES

<b>M50</b>		
1	Ken Gilbert	2:13.5

2	Bob Schickert	2:23.2
3	Peter Gare	2:24.0
4	Lyle James	2:55.5
<b>M55</b>		
1	David Carr	2:16.7
2	Ted Maslen	2:20.3
<b>M60</b>		
1	Brian Paxman	2:30.8
<b>M65</b>		
1	Mervyn Moyle	2:55.9
2	Garnet Morgan	3:06.9

800 METRES

<b>M35</b>		
1	Neil Morfitt	2:03.2
<b>M40</b>		
1	Duncan McAuley	2:08.9
2	Bruce Cornish	2:14.6
3	Vance Mitsopoulos	2:21.2
4	Norbert Fandry	2:22.2
<b>M45</b>		
1	Brian Foley	2:11.6
2	Roy Fearnall	2:15.5
3	Victor Waters	2:16.2

3000 METRES WALK

<b>M50</b>		
1	Barrie Thomsett	17:09.2
2	Rod Stewart	17:53.8
3	John Back	18:22.8
<b>M55</b>		
1	Jeff Whittam	20:24.8
<b>M60</b>		
1	Merv Lockyer	24:51.1
<b>M65</b>		
1	Alan Tyson	20:16.7
<b>M75</b>		
1	Dick Horsley	22:33.4
<b>W35</b>		
1	Cathrin Holland	19:01.3
<b>W40</b>		
1	Sue Hughes	19:42.9
2	Judy Hill	21:11.4

<b>W45</b>		
1	Margaret Stone	17:16.0
2	Leslie Romeo	17:47.7
3	Luella Jenkins	19:11.2
4	Joan Hillis	20:49.0
<b>W55</b>		
1	Dorothy Whittam	19:06.3
2	Jaqueline Beaumont	21:56.2
<b>W60</b>		
1	Lorna Lauchlan	19:45.3
<b>W70</b>		
1	Valerie Tyson	21:24.5
2	Phyllis Head	24:50.6

TRIPLE JUMP

<b>W35</b>		
1	Lynne Choate	9.02
<b>W40</b>		
1	Eileen Hindle	9.77
2	Barbara Wilson	8.96
3	Jan Main	8.47

<b>W45</b>		
1	Erica Mercer	7.49
<b>W50</b>		
1	Kathleen Holland	8.70
2	Ruth Johnson	6.71
<b>W55</b>		
1	Dorothy Whittam	8.22
2	Noela Medcalf	5.40

5000 METRES

<b>M35</b>		
1	Clive Hicks	16:03.1
2	Geoff Blyth	16:44.1
<b>M40</b>		
1	David Reid	17:01.4
2	John Puglisi	17:12.3
3	Doug Hazell	17:52.7
4	Vance Mitsopoulos	17:53.8
5	Robert Mair	18:41.7
6	Brian Danby	19:19.5
7	Kar Wong	19:34.4
8	Nicholas Bailey	20:27.4
<b>M45</b>		
1	Brian Marsland	16:57.0
2	David Roberts	17:36.0
3	John Pressley	17:39.2
4	Dave Ashton	18:08.2
5	Robert Argyle	18:53.5
6	Brian Foley	19:43.7

5000 METRES

<b>W35</b>		
1	Anne Stingemore	21:34.4
<b>W40</b>		
1	Antoinette Shaw	18:57.2
2	Robyn Mitsopoulos	20:43.5
3	Judy Marsland	22:17.4
<b>W45</b>		
1	Erica Mercer	21:35.2
2	Jackie Halberg	22:33.8

5000 METRES

<b>M50</b>		
1	Henk Stoffers	16:57.0
2	Bob Schickert	17:16.1
3	Frank Smith	18:06.5
4	Charles Spare	19:37.9
5	Lyle James	19:41.5
6	Joe Trovato	19:44.5
<b>M55</b>		
1	Steve Barrie	17:51.9
2	Ted Maslen	19:03.3
<b>M60</b>		
1	Robin Bonner	19:25.0
2	Brian Paxman	20:29.5
3	Basil Worner	21:10.6

<b>M65</b>		
1	Mervyn Moyle	20:58.6

<b>M75</b>		
1	Clifford Bould	32:05.8

POLE VAULT M50

1	Norman Richards	2.00
---	-----------------	------