

# YOU DESERVE A NEW SHIRT!

\*(Remember - club singlets must be worn at our State Championships)  
 Running singlets and club tee-shirts are now available.  
 Tee-shirts are gold with black trim, and the club badge on left breast.  
 Style is three stud fastening, with collar. Sizes 10-24 (unisex)— Price \$16 each.  
 Also available are the black and white singlets, size 10-24 at \$13 each\*.  
 Car stickers cost \$2 a piece; likewise iron-on badges for windcheater, etc.  
 Why not get the full set?

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..... QUANTITY ..... SIZE .....

..... QUANTITY ..... SIZE .....

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## HAPPY BIRTHDAY TO OUR APRIL MEMBERS

BOWER, JILL	03/04/38	56 remains W55	PETTMAN, ROGER	18/04/43	51 remains M50
MAHER, CHRISTOPHER	07/04/53	41 remains M40	CHAPMAN, BILL	19/04/24	70 becomes M70
JOHNSTON, MAURICE	09/04/37	57 remains M55	LANGFORD, ROSEMARY	19/04/50	44 remains W40
HALBERG, JACKIE	10/04/46	48 remains W45	SPARE, CHARLES	19/04/39	55 becomes M55
SUTTON, RONALD	10/04/38	56 remains M55	STICKLES, JOE	19/04/38	56 remains M55
CHAMBERS, JILL	10/04/49	45 becomes W45	PARKINSON, STU	20/04/47	47 remains M45
PAPALIA, SHONA	11/04/57	37 remains W35	YOUNG, ROB	21/04/44	50 becomes M50
JOHNSTONE, BOB	12/04/42	52 remains M50	PREWETT, SUSAN	23/04/54	40 becomes W40
SMITH, ALLEN	12/04/49	45 becomes M45	CHAMBERS, KEITH	24/04/52	42 remains M40
JONES, DAVID	12/04/26	68 remains M65	SMITH, MAURICE	26/04/34	60 becomes M60
DeGRUCHY, REGINALD	14/04/26	68 remains M65	BOWLER, SIDNEY	28/04/23	71 remains M70
HEALEY, REBEKAH	05/04/62	32 remains W30	WALKLEY, CECIL	29/04/29	65 becomes M65
DRAYSON, PHILIP	16/04/53	41 remains M40	WILTSHIRE, IVAN	29/04/41	53 remains M50
McGLASHAN, HAMISH	16/04/37	57 remains M55	LOLY, AMY	30/04/62	32 remains W30
JAMES, DAVID	17/04/53	41 remains M40	TIVERIOS, JEANETTE	30/04/57	37 remains W35
MUIRDEN, PETER	17/04/58	36 remains M35			
HOUGH, DAVID	18/04/32	62 remains M60			



# The Vetrum



NO. 252 APRIL, 1994

WA VETERANS AC - REGD BY  
 AUSTRALIA POST PUBN 0370

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Again this year, State Championships results and the AGM take up most of our pages. Many other results are in hand, and will be printed in a bumper May issue!

These include BROCKWELL'S RUN, LAKE MONGER, POINT WALTER, and the MOSMAN PARK Run.

We also expect to bring you the Mt LAWLEY CIRCUIT, LORNA'S RUN, YANCHEP EASTER PICNIC, PAGODA RUN, and the BIRKWATER - all Directors please note!

In addition, we will be reporting on the AGM proceedings, at which at least one important constitutional change to the club will be considered.

### Forthcoming Attractions

**April 17 - Group Jog - McCallum Park, 8am.**

(This is Bridges Fun Run day)  
 Alternative - call Paul Martin on 339 1648 (H) or 336 1838 (W) and take part in the CanTeen Sail and Run Classic, to help teenage cancer sufferers.

**10K Track Handicap - April 20 - last entries by April 17, so call Jeff Whittam now, on 387 6438. He'll need your best 10K time in past year, for handicapping. McGillivray, grass track, under lights. Starts 7pm.**

**April 24 - Group Jog - from Pelican Point (near Matilda Bay restaurant, Hacker Drive) at 8am.**

**Birkwater X-Country - May 8 - your chance to take home the club's most priceless, timeless trophy, and you don't even have to win the race. It's a guess your time run; no watches worn. Saw Avenue in Kings Park, 8am.**

**Andy Wright Run and Walk - May 22 - at its new venue, Aquinas College, Como, at 8am. Even more details in the May issue.**



David Carr presents Dorothy Whittam with Athlete of the Meet trophy, for her Australian record-breaking performance in our State Championships. Results, see pages 4/7. (Picture, Joan Hillis)

## COME TO THE AGM!

THIS year's annual meeting is one of the most important for years. We must debate a change to the Constitution, among other things, and that's sure to be interesting.

Presentations will be made - to the Most Improved Athlete of the Year; to the Handicap Events winner; and the Patron's Trophy winners.

People will be leaving the Committee; new ones will be elected. Life members might be nominated.

These are not vague, disembodied happenings. They affect people you know - and you also. Every member is welcome, and we hope many will come

by Vic Waters

along and take part in the elections, the congratulations, and the discussions.

It ain't heavy - it's your club!  
 (Oh, bring a plate, stay on afterwards, and enjoy the evening!)

Venue: Hockey Club rooms, north end of Perry Lakes, at 7pm.

## SUBS DAY SUCCESS!

MEMBERS responded to Subs Day in style.

By mail and by hand the forms and payments flowed in, so that when Treasurer Irene Ferris staggered home from Lorna's Run on March 27, more than half the membership was 'financial'.

This is the most successful attempt yet to have everyone pay on time, complete their membership forms, and cut the workload of Treasurer and Secretary.

### NEW MEMBERS

Welcome to

Robert West M40  
 Richard Peters M50  
 Rodger Crossman M50  
 Milton Maverick M40  
 Greg Vander Sanden M35

If YOU haven't done your bit, please remember that after May 1 you will be lapsed, and pay an additional \$5 to re-join.

To everyone - thanks for helping your club become more efficient.

**2000 STEEPLE**

M60		
Cecil Walkley	1st	9:45.1
M65		
Allen Tyson	1st	9:46.1
W45		
Antoinette Shaw	1st	8:40.2
W50		
Erica Mercer	1st	9:24.0

**3000 STEEPLE**

M40		
David Reid	1st	10:51.2
M45		
Jim Langford	1st	11:19.8
Bruce Wilson	2nd	11:46.1
Arnold Jenkins	3rd	13:54.1

**5000 WALK (MEN)**

M50		
Paul Martin	1st	25:05
M55		
Bob Fergie	1st	36:35
Jeff Whittam	2nd	36:52

**5000 WALK (WOMEN)**

W35		
Rose-Marie Hollaway	1st	30:49
W45		
Michele Boyle	1st	33:08
Valerie Millard	2nd	34:27
Joan Hillis	3rd	34:52
W50		
Luella Jenkins	1st	32:33
W60		
Lorna Lauchlan	1st	34:34
W70		
Valerie Tyson	1st	39:11

**PENTATHLON (MEN)**

M35		
Russell Smith	1st	2153
M40		
David Wyatt	1st	1482
M45		
Murray Tolbert	1st	2984
Arnold Jenkins	2nd	1855
M50		
Harry Holland	1st	3247
Keith Martin	2nd	3174
M55		
Norman Richards	1st	2743
M60		
Rob Shand	1st	2800
David Carr	2nd	2648

**PENTATHLON (WOMEN)**

W30		
Sharon Maloney	1st	2075
W35		
Cathrin Holland	1st	2845
W40		
Lynne Choate	1st	2743
W45		
Eileen Hindle	1st	2884
Peggy MacLIVER	2nd	2664
W50		
Ruth Johnson	1st	1649
Luella Jenkins	2nd	1388
W55		
Dorothy Whittam	1st	2664



## WAVAC STATE CHAMPIONSHIP RESULTS

W60		
Patricia Carr	1st	2927

**10000 METRES (MEN)**

M40		
David James	1st	38:44
Darryl Dahlstrom	2nd	38:54
John Ferris	3rd	39:09
M45		
Jim Langford	1st	35:08
Colin Hickman	2nd	36:54
Brian Danby	3rd	41:48
John Carpenter	4th	43:21
M50		
Frank Smith	1st	37:33
David Roberts	2nd	38:13
Brian Foley	3rd	42:04
Lyle James	4th	42:31
John Pellier	5th	42:33
Vicente Carrero	6th	42:50
Fraser Deanus	7th	44:00
M55		
Ted Maslen	1st	41:04
Bob Sammells	2nd	42:37
Alan Chambers	3rd	46:36
M60		
Dick Blom	1st	46:41
M65		
Merv Moyle	1st	49:55
Allen Tyson	2nd	47:39

**10000M (WOMEN)**

W40		
Jill Chambers	1st	41:13
Heather Sanderson	2nd	51:56
Roma Bettles	3rd	52:58
Irene Ferris	4th	54:58
W50		
Maureen Stewart	1st	47:09

**POLE VAULT**

M50		
Keith Martin	1st	2.4M
M55		
Norman Richards	1st	2.2M

**SHOT**

M35		
Russell Smith	1st	7.69M
M40		
Allen Smith	1st	9.21M
David Wyatt	2nd	7.46M

M45		
Murray Tolbert	1st	8.98M
Rob Young	2nd	8.72M
Bruce Cornish	3rd	7.56M
Arnold Jenkins	4th	6.88M
M50		
Ed Carroll	1st	10.75M
Francis Leong	2nd	10.67M
Harry Holland	3rd	9.99M
Mike O'Reilly	4th	8.43M
M55		
Bob Fergie	1st	9.13M
Jeff Whittam	2nd	6.18M
M60		
Robert Shand	1st	8.86M
M65		
Bill Chapman	1st	8.99M
M75		
Sydney Coleman	1st	8.32M
Carolo Baumann	2nd	7.11M

**JAVELIN**

M35		
Russell Smith	1st	34.72M
Michael Edwards	2nd	32.98M
M40		
Allen Smith	1st	27.76M
M45		
Murray Tolbert	1st	35.82M
Bruce Cornish	2nd	31.34M
Arnold Jenkins	3rd	24.70M
M50		
Francis Leong	1st	41.52M
Harry Holland	2nd	41.40M
Mike O'Reilly	3rd	30.42M
Lyle James	4th	13.70M
M55		
Bob Fergie	1st	29.08M
Jeff Whittam	2nd	17.62M
M60		
Rob Shand	1st	31.48M
M65		
James McMillan	1st	27.20M
Bill Chapman	2nd	21.96M
M75		
Sydney Coleman	1st	21.46M
Carlo Baumann	2nd	14.86m

**110M HURDLES**

M40		
Allen Smith	1st	22.0

**100m HURDLES**

M50		
Keith Martin	1st	17.9
Harry Holland	2nd	17.9
M55		
Norman Richards	1st	18.1
W35		
Sandra Smith	1st	21.6

**80M HURDLES**

W40		
Jan Main	1st	19.2
W45		
Eileen Hindle	1st	13.6

**100M (WOMEN)**

W30		
Sharon Moloney	1st	13.7
W35		
Cathrin Holland	1st	14.9

Sandra Smith	2nd	15.3
W40		
Lynne Choate	1st	13.1
Jan Main	2nd	14.7
Dorothy Jarvis	3rd	16.8
W45		
Eileen Hindle	1st	13.2
Janet Johnson	2nd	14.2
Peggy MacLIVER	3rd	14.7
W50		
Ruth Johnson	1st	16.0
Luella Johnson	2nd	16.8
W55		
Dorothy Whittam	1st	15.2
Dorothy Nicholaidis	2nd	16.9
Neola Medcalf	3rd	18.3
W60		
Patricia Carr	1st	16.4
W70		
Phyllis Head	1st	30.0

**SHOT**

W30		
Sharon Moloney	1st	8.61M
W35		
Cathrin Holland	1st	8.96M
Sandra Smith	2nd	7.75M
W40		
Dorothy Jarvis	1st	6.81M
Jan Main	2nd	7.01M
Lynne Choate	3rd	6.71M
W45		
Joan Hillis	1st	6.81M
W50		
Luella Jenkins	1st	7.01M
Erica Mercer	2nd	6.24M
Ruth Johnson	3rd	5.89M
W55		
Dorothy Whittam	1st	8.38M
Dorothy Nicholaidis	2nd	7.82m
Noela Medcalf	3rd	6.25M
W60		
Patricia Carr	1st	6.58M
Lorna Lauchlan	2nd	6.43M
W65		
Raema McMillan	1st	6.26M
W70		
Valerie Tyson	1st	5.13M
Phyllis Head	2nd	4.02M
W80		
Betty Beaumann	1st	4.22M

**LONG JUMP**

M35		
Michael Edwards	1st	5.62M
Richard Parker	2nd	5.57m
Joe Stewart	3rd	5.46M
M40		
David Wyatt	1st	5.12M
Allen Smith	2nd	4.73M
M45		
Murray Tolbert	1st	5.48M
Bruce Cornish	2nd	4.83M
Arnold Jenkins	3rd	4.13M
M50		
Keith Martin	1st	5.30M
M55		
Norman Richards	1st	4.37M
Leon Sander	2nd	4.24M
M60		
David Carr	1st	4.17M

**100M (MEN)**

M35		
Michael Edward	1st	11.6
Richard Pasrker	2nd	12.3
Joe Stewart	3rd	13.0
M40		
Peter Brazier	1st	11.6
Duncan McAuley	2nd	12.6
John Stone	3rd	13.0
Abramo Pietropaolo	4th	13.1
Geoff Tite	5th	13.1
Chris Cochrane	6th	13.6
David Wyatt	7th	14.3
Alan Dean	8th	14.5
M50		
Roy Fearnall	1st	11.8
Barry Kernaghan	2nd	12.3
Keith Martin	3rd	13.0
Harry Holland	4th	13.01
Bob Sjepceovich	5th	13.5
James Riddell	6th	14.9
M55		
Norman Richards	1st	12.9
Leon Sander	2nd	14.7
Alan Chambers	3rd	16.2
M60		
David Carr	1st	15.9
Dick Blom	2nd	19.8
M65		
Mervyn Moyle	1st	15.8
James McMillan	2nd	17.7

**2000M WALK (MEN)**

M40		
John Bocian	1st	11:00
Allen Smith	2nd	11:59
Philip Hollaway	3rd	13:52
M45		
John Mison	1st	9:27
Peter Johnson	2nd	10:35
M50		
John Back	1st	11:29
M55		
Colin Woods	1st	12:54
Jeff Whittam	2nd	13:57
Bob Fergie	3rd	14:27

**2000 WALK (WOMEN)**

W35		
Rose-Marie Hollaway	1st	11:03
W45		
Leslie Romeo	1st	11:40
Michele Boyle	2nd	12:33
Valerie Millard	3rd	13:15
Joan Hillis	4th	13:49
W50		
Luella Jenkins	1st	12:13
Lynne Schickert	2nd	14:38
W60		
Lorna Lauchlan	1st	13:08
W70		
Valerie Tyson	1st	15:03
Phyllis Head	2nd	17:34

**JAVELIN**

W30		
Sharon Moloney	1st	28.88M
W35		
Cathrin Holland	1st	24.74M
Sandra Smith	2nd	20.18M
W40		
Lynne Choate	1st	21.20M

Dorothy Jarvis	2nd	15.34M
Jan Main	3rd	14.14M
W45		
Peggy MacLIVER	1st	17.34M
W50		
Erica Mercer	1st	19.34M
Luella Jenkins	2nd	18.04M
Ruth Johnson	3rd	10.94M
W55		
Dorothy Nicholaidis	1st	24.70M
Dorothy Whittam	2nd	20.48M
W60		
Patricia Carr	1st	18.50M
Lorna Lauchlan	2nd	17.02M
W65		
Raema McMillan	1st	18.76M
W70		
Valerie Tyson	1st	9.90M
Phyllis Head	2nd	7.06M
W80		
Betty Beaumann	1st	8.76M

**400M (WOMEN)**

W35		
Cathrin Holland	1st	1:07.3
W40		
Barbara Blurton	1st	58.4
Lynne Choate	2nd	1:02.5
Anne Stingemore	3rd	1:04.0
W45		
Antoinette Shaw	1st	1:04.5
Peggy MacLIVER	2nd	1:05.2
W50		
Erica Mercer	1st	1:15.6
Ruth Johnson	2nd	1:16.4
Lynne Schickert	3rd	1:47.5
W55		
Noela Medcalf	1st	1:26.9
W60		
Patricia Carr	1st	1:23.2
W70		
Phyllis Head	1st	2:27.0

**400M (MEN)**

M35		
Greg Vander Sanden	1st	50.3
Michael Edwards	2nd	52.2
Joe Stewart	3rd	55.3
Richard Parker	4th	56.8
M40		
Peter Brazier	1st	53.3
Duncan McAuley	2nd	54.6
John Molloy	3rd	55.9
Geoff Tite	4th	60.0
Chris Cochrane	5th	1:01.8
Alan Dean	6th	1:03.2
Abramo Pietropaolo	7th	1:06.7
John Bocian	8th	1:10.0
M45		
Bruce Cornish	1st	57.6
Arnold Jenkins	2nd	1:04.4
M50		
Roy Fearnall	1st	53.2
Barry Kernaghan	2nd	55.4
Keith Martin	3rd	58.1
Brian Foley	4th	1:02.5
James Riddell	5th	1:13.9
M55		
Norman Richards	1st	1:05.0
Alan Chambers	2nd	1:10.8
M60		
David Carr	1st	1:01.1
Brian Kennedy	2nd	1:13.2

Dick Blom	3rd	1:23.2
M65		
Mervyn Moyle	1st	1:21.9

### LONG JUMP

W30		
Sharon Moloney	1st	3.59M
W35		
Sandra Smith	1st	3.67M
W40		
Lynne Choate	1st	4.45M
Jan Main	2nd	4.01M
Dorothy Jarvis	3rd	3.35M
W45		
Eileen Hindle	1st	4.86M
Janet Johnson	2nd	4.65M
Peggy MacLiver	3rd	3.81M
W50		
Ruth Johnson	1st	3.59M
Erica Mercer	2nd	3.36M
Leulla Jenkins	3rd	3.01M
W55		
Dorothy Whittam	1st	3.81M
Dorothy Nicholaidis	2nd	3.80M
W60		
Patricia Carr	1st	3.60M
W70		
Phyllis Head	1st	1.12M

### 1500M (WOMEN)

W30		
Karyn Gower	1st	5:40.8
W40		
Jill Chambers	1st	4:55.6
Heather Sanderson	2nd	6:06.3
W45		
Ros Banyard	1st	5:44.8
W50		
Erica Mercer	1st	5:59.7
Maureen Stewart	2nd	6:19.6
W55		
Neola Medcalf	1st	7:43.3

### 1500 (MEN)

M35		
Greg Vander Sanden	1st	4:13.7
M40		
Steve Stingemore	1st	4:16.6
David Reid	2nd	4:36.5
Alan Dean	3rd	4:53.4
John Ferris	4th	5:01.2
Ray Barnett	5th	5:18.3
M45		
Colin Hickman	1st	4:34.1
Bruce Wilson	2nd	4:37.3
Vic Waters	3rd	4:53.6
Brian Danby	4th	5:15.6
M50		
Brian Foley	1st	4:45.2
Bob Schickert	2nd	4:56.6
Paul Martin	3rd	5:26.3
Lyle James	4th	5:48.1
M55		
Robert Sammells	1st	5:17.4
Alan Chambers	2nd	5:50.8
M60		
Brian Kennedy	1st	5:23.4
Robert Shand	2nd	5:26.2
Dick Blom	3rd	5:50.3
M65		
Mervyn Moyle	1st	5:54.6
Allen Tyson	2nd	6:01.5

### HAMMER

M35		
Russell Smith	1st	22.12M
M40		
Allen Smith	1st	15.50M
M45		
Bruce Cornish	1st	19.34M
Arnold Jenkins	2nd	18.30M
M50		
Ed Carroll	1st	21.20M
Lyle James	2nd	8.66M
M55		
Bob Fergie	1st	30.94M
Jeff Whittam	2nd	18.66M
M65		
Bill Chapman	1st	26.28M
M75		
Sydney Coleman	1st	32.96M
M80		
Dick Horsley	1st	13.88M

### HIGH JUMP (WOMEN)

W35		
Cathrin Holland	1st	1.42M
Sandra Smith	1.24M	
W40		
Dorothy Jarvis	1st	1.24M
W45		
Eileen Hindle	1st	1.36M
W50		
Erica Mercer	1st	1.13M
W55		
Dorothy Nicholaidis	1st	1.10M

### TRIPLE JUMP

M40		
David Wyatt	1st	10.00M
Allen Smith	2nd	9.28M
M45		
Murray Tolbert	1st	10.95M
Bruce Cornish	2nd	10.75M
M50		
Keith Martin	1st	10.97M
Brian Foley	2nd	8.93M
M55		
Norman Richards	1st	9.15M
M60		
David Carr	1st	8.68M
M65		
Jim De Gruchy	1st	6.78M
M80		
George Boakes	1st	5.04M

### DISCUS

M35		
Russell Smith	1st	25.28M
M40		
Allen Smith	1st	24.44M
M45		
Rob Young	1st	30.58M
Bruce Cornish	2nd	29.32M
Murray Tolbert	3rd	24.52M
Arnold Jenkins	4th	16.42M
Vic Waters	5th	14.68M
M50		
Ed Carroll	1st	36.76M
Francis Leong	2nd	33.04M
Harry Holland	3rd	32.46M
Brian Foley	4th	19.10M
Lyle James	5th	14.02M
M55		
Bob Fergie	1st	22.0M

Jeff Whittam	2nd	17.78M
M60		
Robert Shand	1st	28.82M
M65		
Bill Chapman	1st	31.10M
James McMillan	2nd	26.24M
Allen Tyson	3rd	20.46M
M75		
Sydney Coleman	1st	31.38M
Carolo Baumann	2nd	17.50M
M80		
Dick Horsley	1st	12.74M

### TRIPLE JUMP (WOMEN)

W35		
Sandra Smith	1st	8.46M
W40		
Lynne Choate	1st	9.55M
Jan Main	2nd	8.22M
Dorothy Jarvis	3rd	7.28M
W45		
Eileen Hindle	1st	10.13M
Janet Johnson	2nd	9.37M
W50		
Ruth Johnson	1st	7.97M
Erica Mercer	2nd	7.41M
W55		
Dorothy Whittam	1st	8.76M
Dorothy Nicholaidis	2nd	7.77M
W60		
Patricia Carr	1st	7.87M

### 3000M WALK (MEN)

M45		
John Mison	1st	14:44.1
Peter Johnson	2nd	15:57.3
Arnold Jenkins	3rd	20:58.9
M50		
Paul Martin	1st	16:06.1
John Back	2nd	17:39.2
M55		
Colin Woods	1st	19:00.0
Bob Fergie	2nd	21:10.2
Jeff Whittam	3rd	21:27.9
M80		
Dick Horsley	1st	26:59.7

### 3000M WALK WOMEN

W45		
Leslie Romeo	1st	17:56.5
Michele Boyle	2nd	19:14.5
W50		
Luella Jenkins	1st	18:33.1
Lynne Schickert	2nd	21:16.8
W60		
Lorna Lauchlan	1st	20:06.0
W70		
Valerie Tyson	1st	22:54.2

### 5000M (MEN)

M40		
Steve Stingemore	1st	16:12.1
David Reid	2nd	17:10.9
John Puglisi	3rd	18:30.2
David James	4th	19:35.9
Duncan McAuley	5th	19:11.5
Doug Hazell	6th	19:33.3
M45		
Colin Hickman	1st	17:47.3
Robert Mair	2nd	18:09.7
Brian Danby	3rd	19:13.9
Vic Waters	4th	19:29.9

## PRESIDENT'S REPORT

The club has experienced another successful season and I would like to thank all the committee members, whose hard work has maintained the friendly, social and competitive atmosphere of the Vets.

Sandi Hodge and Brigitte Cheek organised the social side of the club, until they moved to Tasmania at the end of the year. Their activities have been ably continued by Lorna and Jackie.

The Vetrin is the major communication link for our members and Vic is continuing to produce a quality newsletter with each edition.

Barrie Thomsett was the Race Co-ordinator for several years, successfully producing the club calendar, arranging venues and coaching race directors. Barrie has also travelled east and his programme has been continued by Bob Sammells.

David Carr directed the track and field competition, culminating with the State Championships. He also organised our Athletic Association team in the track and cross-country seasons. The remaining stalwarts in Treasurer, Irene Ferris and Secretary Bob Fergie have been the backbone of the club administration.

The major committee activity for

## 1994 Patron's Trophy - final placings

On the final evening of track and field, Jill Chambers produced a speedy 100m. This left Peggy MacLiver with the daunting task of finishing close to Jill in the 10,000m. In any case, Jill was about to settle the issue with a brilliant 10,000. Patricia Carr had enough points on the board to slip between those two. Keith's quick 100m confirmed his top position in the men's competition.

Final scores are listed for athletes who competed in four or more events. Note the battle of the M45.

### Letters

concludes to be held in October 1994 at Coker Park starting 2pm-8pm, followed by a barbecue. I also feel a Saturday is probably the better day as members not running may feel cheated if there is not a Sunday run. Keep the Sunday run in the calendar.

If October is not suitable, then April after National Track and Field Championships.

Yours in running and walking,  
Dorothy Whittam  
Life Member WAVAC

the year has been associated with improving safety at both road and track and field events.

Legal advice was obtained as to our responsibilities for conducting safe events. This resulted in a review of all running courses; an updating and re-writing of the race directors' training and guide; and introduction of barriers to keep non-competitors from potentially dangerous field events.

We have also discussed club development at two general meetings. The topics considered were: promoting membership, equal opportunity for same age groups for men and women, and the club remaining within the Athletic Association. Membership of the new Athletics Federation was also a topic. We are involved in its formation and will help it reach its goals of promoting and co-ordinating athletics in WA, while still maintaining our autonomy.

Our committee members were also the main players behind holding the successful athletics events at the Australian Masters Games in May. In addition, I am the WA representative on the Board of the Australian Association of Veterans Athletic Clubs, looking into membership trends across the country.

Working on the club committee has been very satisfying in seeing the continued development of the club and the enjoyment that our members gain throughout the season.

Brian Foley  
President WAVAC

## HONOURS TO JILL AND KEITH

Keith Martin	M50	7028
David Carr	M60	6609
Syd Coleman	M75	4972
Allen Tyson	M65	4490
Arnold Jenkins	M45	3697
Dave Wyatt	M45	3634
Brian Foley	M45	3618
Vic Waters	M45	3583
Alan Chambers	M55	3310
Mike O'Reilly	M50	2571
Ian Sanders	M35	2372
John Stone	M40	2020
Steve Barry	M55	1980
Jeff Tite	M40	1624

Jill Chambers	W40	7348
Patricia Carr	W60	6937
Peggy MacLiver	W45	6729
Lynne Choate	W40	2769
Cathrin Holland	W35	2437
Lorna Lauchlan	W60	2399
Dorothy Whittam	W55	2277

Thank you to the people who competed or helped during the months of competition.

## SECRETARY'S REPORT

### COMPETITION

Regular meetings were held each Sunday throughout the year. Numbers of competitors remained steady. An emphasis was placed on safety this year. Many thanks to the Race Directors and their assistants for their able efforts through the year.

Another successful season of Time Trials has just ended. There were about thirty competitors each week. Members competing in the AAWA summer season have now fallen to the lowest numbers for some years, and this is a matter for concern. A good rise in numbers for the AAWA winter season will ensure the club's continued viability in the AAWA competition.

The Track and Field Championships were again successful though numbers were down on last year. Winter season Championships were well attended and remain a popular part of the programme. Thanks are due to all those who organised and assisted at these events.

### SOCIAL

The morning tea events were well attended and provided a good means for members to get together. Weekend trips to Rottneest and Wellington Mills were well subscribed and apart from a few queries about the food at Rottneest, well regarded.

The Jorgenson Park Championship social was up to its usual high standard. The Annual Dinner at the Quality Langley Hotel celebrated our twentieth year and was an occasion to honour our Founder Members. This most successful evening was highlighted by the original and noteworthy decor supplied by courtesy of Paul Martin.

Congratulations to the organising Social Committee, who, even though there was a change of membership partway through the season, maintained a high standard throughout.

### VETRIN

The club newsletter is now in its definitive form and continues to maintain its very high standard.

### COMMITTEE

The Committee met regularly each month through the year and carried out a full programme. Three casual Committee vacancies were quickly filled and enabled the workload to be met. Thank to all Committee Members for their time and efforts through the year.

Bob Fergie  
Secretary

# AGM 1994...AGM 1994...AGM 1994...AGM

I cannot believe a year has passed, but it has. I have enjoyed my year as Treasurer of the club.

We have ended the 1993/94 year with a balance similar to last year of \$12,179.60. The capitation fees of approximately \$1,100.- have not been accounted for in this statement, but will have to be paid before the end of March. Similarly costs for printing of the February/March Vetrun and State Championship Programmes and associated expenses totalling \$1,450.- are not included. Funds to cover these payments should be met by the payment of subscriptions for the 1994/95 membership year.

## TREASURER'S REPORT

What made the Treasurer's task harder last year was the number of times I was asked to check if a member was financial or not.

One third of our total members had not paid their fees by the second half of the financial year. I am hoping for a better result this year.

Paying your fees on time makes the Treasurer's job (and other people's e.g. Merv Jones, who produces member-

ship listings and the labels for posting of the Vetrun; Jackie Halberg and Vic Waters who were asked many times "Why didn't I get a Vetrun") easier to manage.

The banking of fees is undertaken in one big hit, membership lists do not have to be reprinted, and the Treasurer's time is freed up for the remainder of the year.

So how about each member contributing to the efficient management of our club by ensuring they pay their fees on time? For \$22.- / \$28.- you get great value for your money.

Irene Ferris, Treasurer

## REPORTING PERIOD: April 1 1993 - March 9 1994

### PAYMENTS

	1993/94	1992/93
Flowers, Cards, Gifts etc	350.20	286.45
Vetrun Print/Stationery	2,651.00	3,811.90
Vetrun Postage	726.48	1,216.52
Trophies & Engraving	42.85	68.70
Printing & Stationery		649.70
Track & Venue Hire		1,002.00
Club Equipment		1,258.34
Telephone		126.50
Social Expenses	509.24	776.89
Computer		1,573.00
Software etc		83.16
Drinks State Championships		67.20
Bank Fees	71.23	46.65
Postage/Telephone/Stationery	297.54	151.33
Trailer Licence		26.85
Wellington Mills	460.00	600.00
Donation for lights Coker Park		500.00
Donation Para Olympics		550.00
Airefare/Accommodation		
AAVAC AGM		573.00
Donation Cancer Research	50.00	330.00
Catering Jorgenson Park	1,121.40	1,050.00
Name Badges	444.70	403.40
Christmas in August		1,300.00

Rottnest Trip	1,991.00	2,586.00
AAWA Affiliation Fee		300.00
Insurance	264.55	280.10
Annual Dinner	4,192.75	3,031.00
Capitation Fees		1,080.00
Track Expenses	1,850.89	
Advance - Secretary	49.62	
Advance - Treasurer	167.70	
Uniforms AAVAC	185.00	
AAWA Memberships	300.00	
Fremantle Port Authority	50.00	
Sundry	38.75	
Solicitor's	460.00	

TOTAL 16,274.90 23,728.69

### RECEIPTS

	1993/94	1992/93
Subscriptions	7,289.00	7,144.00
Singlets	201.00	270.00
Shirts	32.00	144.00
Stickers/Badges	14.00	61.00
Track	712.50	627.65
Donations		29.10
Postage goods sent	10.00	26.80
State Championship Entries	109.00	1,039.29
State Championship Canteen	359.30	307.65
10K Track event Geo Skeels		62.80
Bank Interest	611.78	807.91
Vetrun Advertising	200.00	460.00
Donation Para Olympics		50.00
Track Down Cancer event		330.00
Jorgenson Park Meals	568.50	610.00

Christmas in August	1,260.00	
Rottnest Trip	1,969.00	2,541.00
Visitors Fees/Morn. Teas	454.90	981.50
Annual Dinner Dance	2,975.00	2,482.00
Subsidy re: AGM of AAVAC		82.00
Wellington Mills	534.50	660.00
Uniforms AAVAC	185.00	
AAWA Memberships	420.00	

TOTAL 16,645.48 19,976.70

### RECONCILIATION

Funds held at R & I Bank of Western Australia Ltd as at 31/3/93 11,809.02

plus receipts for year 16,645.48

sub-total 28,454.50

less payments for year 16,274.90

Balance as at 9/3/94 12,179.60

Held in accounts:  
Cheque 526.07  
Term Deposit 11,653.53  
TOTAL 12,179.60

Irene Ferris Ray L Lawrence  
Hon. Treasurer Hon. Auditor

PERIOD 1/4/93 TO 9/3/94

Nicholas Bailey	5th	20:34.1
Mike Rhodes	6th	23:08.6
M50		
Hank Stoffers	1st	17:26.8
Frank Smith	2nd	17:31.1
David Roberts	3rd	18:07.3
Bert Carse	4th	18:22.8
Bob Schickert	5th	18:50.8
Brian Foley	6th	19:40.3
John Pellier	7th	19:47.2
Paul Martin	8th	21:10.7
Lyle James	9th	21:54.9
Ross Williams	10th	23:24.9
M55		
Steve Barrie	1st	19:00.3
Robert Sammells	2nd	20:14.5
Alan Chambers	3rd	21:56.6
M60		
Brian Kennedy	1st	20:12.2
Dick Blom	2nd	21:22.3
Basil Worner	3rd	22:37.6
M65		
Mervyn Moyle	1st	22:01.0
Allen Tyson	2nd	22:05.4

### 5000M (WOMEN)

W40		
Jill Chambers	1st	18:40.7
Heather Sanderson	2nd	22:58.9
Irene Ferris	3rd	24:26.1
W45		
Antoinette Shaw	1st	20:09.2
W50		
Maureen Stewart	1st	22:27.9

### HAMMER (WOMEN)

W30		
Sharon Moloney	1st	15.18
W35		
Sandra Smith	1st	20.56
W40		
Dorothy Jarvis	1st	17.92M
Jan Main	2nd	15.18M
W50		
Luella Jenkins	1st	15.94M
Ruth Johnson	2nd	15.28M
W55		
Dorothy Whittam	1st	21.84M
Dorothy Nicholaidis	2nd	18.44M
Noela Medcalf	3rd	14.02M
W65		
Raema McMillan	1st	14.82M
W70		
Phyllis Head	1st	5.68M

### 400M HURDLES

M40		
John Molloy	1st	1:02.9
M45		
Arnold Jenkins	1st	1:23.7
W45		
Eileen Hindle	1st	1:16.2

### 3000M HURDLES

M50		
Keith Martin	1st	44.8
Bernie Oliver	2nd	1:05.4
M55		
Norman Richards	1st	53.6
W50		
Erica Mercer	1st	1:06.1

### 200M (WOMEN)

W30		
Sharon Moloney	1st	28.1
W35		
Cathrin Holland	1st	30.0
W40		
Lynne Choate	1st	25.9
Barbara Blurton	2nd	25.9
Anne Stingemore	3rd	27.8
Jan Main	4th	31.0
W45		
Eileen Hindle	1st	26.9
Janet Johnson	2nd	28.7
Peggy MacLiver	3rd	29.3
W50		
Valerie Prescott	1st	32.1
Ruth Johnson	2nd	32.7
Luella Jenkins	3rd	35.4
Lynne Schickert	4th	44.5
W55		
Dorothy Whittam	1st	31.4
Noela Medcalf	2nd	37.4
W60		
Patricia Carr	1st	33.9
W70		
Phyllis Head	1st	1:01.7

### 200M (MEN)

M35		
Greg Vander Sanden	1st	23.2
Richard Parker	2nd	24.6
Ian Sanders	3rd	29.3
M40		
Robert Scadden	1st	24.6
Duncan McAuley	2nd	25.02
John Stone	3rd	26.4
Geoff Tite	4th	26.54
Abrama Pietropaolo	5th	26.6
Chris Cochrane	6th	27.7
David Wyatt	7th	30.4
M45		
Bruce Cornish	1st	26.4
M50		
Roy Fearnall	1st	24.0
Barry Kernaghan	2nd	24.6
Keith Martin	3rd	25.5
Bernie Oliver	4th	30.7
M55		
Norman Richards	1st	26.8
Alan Chambers	2nd	32.5
M60		
David Carr	1st	28.0
Dick Blom	2nd	38.9
M65		
Mervyn Moyle	1st	33.1

### DISCUS

W30		
Sharon Moloney	1st	24.72M
W35		
Cathrin Holland	1st	31.14M
Sandra Smith	2nd	19.56M
W40		
Dorothy Jarvis	1st	20.66M
Lynne Choate	2nd	20.28M
Jan Main	3rd	18.20M
W45		
Joan Hillis	1st	19.92M
Peggy MacLiver	2nd	18.94M
W50		
Valerie Prescott	1st	19.14M
Erica Mercer	2nd	15.68M
Luella Jenkins	3rd	15.66M

Ruth Johnson	4th	14.14M
W55		
Neola Medcalf	1st	17.76M
Dorothy Nicholaidis	2nd	17.28M
Dorothy Whittam	3rd	15.14M
W60		
Lorna Lauchlan	1st	16.12M
Patricia Carr	2nd	15.90M
W65		
Raema McMillan	1st	19.88M
W70		
Valerie Tyson	1st	11.56M
Phyllis Head	2nd	9.24M
W80		
Betty Baumann	1st	9.32M

### 800M (WOMEN)

W30		
Karyn Gower	1st	2:44.3
W40		
Barbara Blurton	1st	2:17.8
Anne Stingemore	2nd	2:43.7
Jan Main	3rd	3:05.6
W45		
Antoinette Shaw	1st	2:30.4
Peggy MacLiver	2nd	2:37.8
Ros Banyard	3rd	2:41.5
W50		
Erica Mercer	1st	2:58.8
Ruth Johnson	2nd	3:09.4
Valerie Prescott	3rd	3:42.5
W55		
Noela Medcalf	1st	3:31.8
W70		
Phyllis Head	1st	5:35.4

### 800M (MEN)

M35		
Greg Vander Sanden	1st	2:00.7
Ian Sanders	2nd	2:46.5
M40		
Duncan McAuley	1st	2:10.4
John Molloy	2nd	2:10.9
Chris Cochrane	3rd	2:24.1
M45		
Colin Hickman	1st	2:18.4
Bruce Cornish	2nd	2:18.7
Arnold Jenkins	3rd	2:25.0
Nicholas Bailey	4th	2:25.6
Mike Rhodes	5th	2:40.1
M50		
Brian Foley	1st	2:15.7
Bob Shickert	2nd	2:28.2
Lyle James	3rd	2:43.5
M55		
Robert Sammells	1st	2:36.7
Alan Chambers	2nd	2:49.9
M60		
David Carr	1st	2:19.5
Robert Shand	2nd	2:37.1
Brian Kennedy	3rd	2:42.5
Dick Blom	4th	2:58.8
M65		
Mervyn Moyle	1st	3:06.1
Jim De Gruchy	2nd	3:41.0

### HIGH JUMP

M40		
David Wyatt	1st	1.40M
M50		
Keith Martin	1st	1.45M
M55		
Norman Richards	1st	1.35M

## The Vetrun

Vetrun is the club magazine of the WA Veterans Athletic Club.

Patron: W.J. (Bill) Hughes  
President: Brian Foley  
339 2716  
Secretary: Bob Fergie  
447 6898

COPY for the magazine should be submitted to editor Vic Waters at 47 Sulman Road, Wembley Downs, 6019.

Phone: 341 3464 (H)  
Fax: 245 3169

DEADLINE:  
for next issue - May 2

## Letters to the Editor

Dear Editor

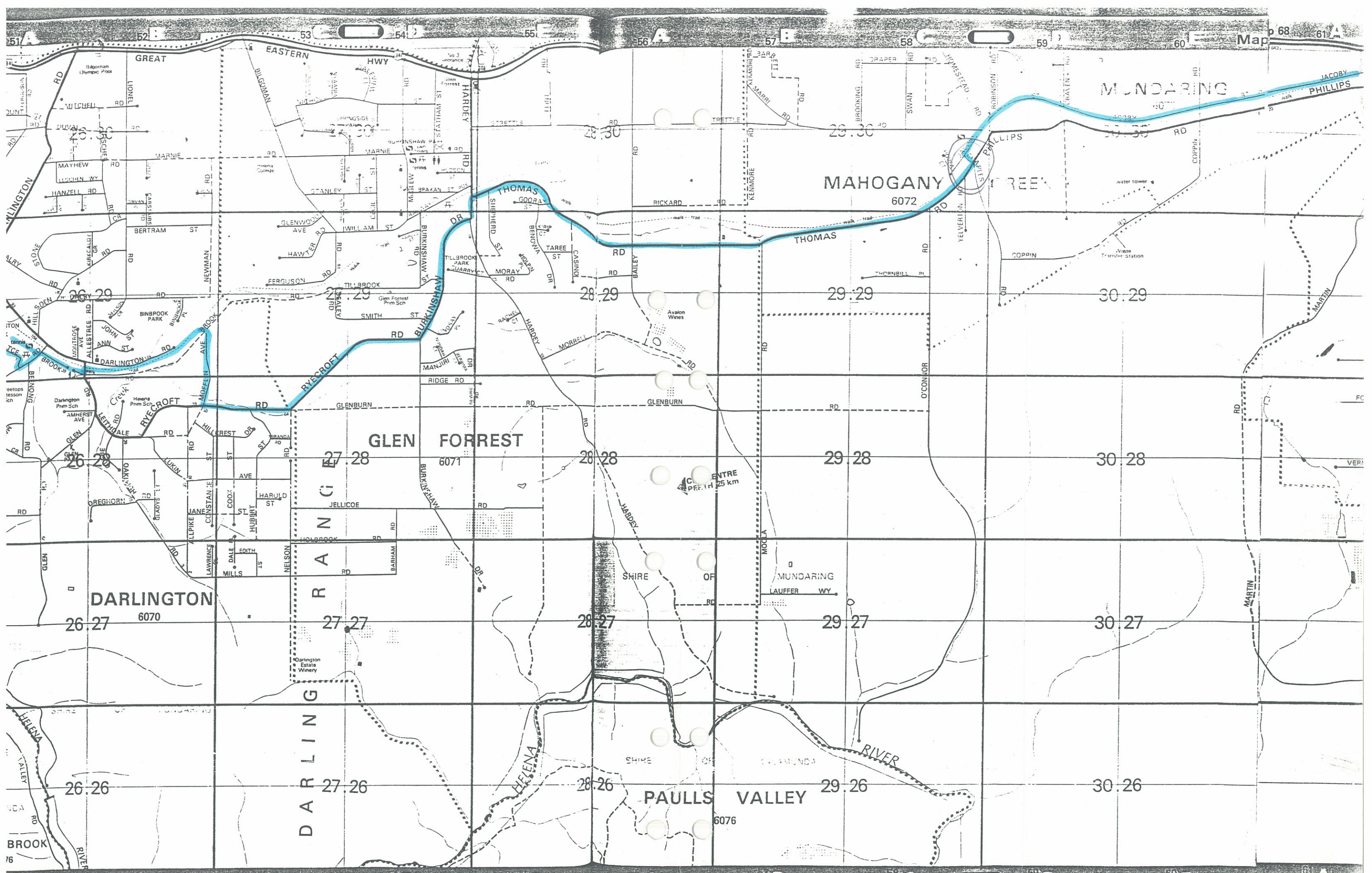
October 21/22 1994 will be ten years since the club last held a 24 hour relay. Then the women members fielded two teams.

It would be nice if we could hold a six or if wanted, a 24hr event, about this time.

My feelings are for a 6hr Club Championship Relay to be held bi-annually or every four years.

Maybe teams can be of six runners (more if desired), walkers as well. Running teams can be in five year or ten year brackets. Walkers any age, men and women teams.

Each team to have different coloured number e.g. red number 1, being 1st runner in red team, so that spectators will be able to work out the different teams' leg runners.



A B C D E A B C D E A

0 500m 1km 2km

SCALE 1:20 000

PRIMARY RECTANGLE  
PERTH BG 34

- POLICE STATION
- HOSPITAL
- POST OFFICE
- PUBLIC TELEPHONE
- TRAFFIC FLOW
- TRAFFIC LIGHTS

FOR COMPREHENSIVE  
LEGEND, SEE PAGE 3 1:10000 SHEET  
6.6