

The Vetrun

NO 171, DECEMBER, 1986

W.A. VETERANS' A.C.

PATRON : BILL HUGHES

PRESIDENT : LEO HASSAM 2725556

TREASURER : ROB FARRELL 4594055

EDITOR : BASIL WORNER 3879702(W)

SECRETARY : SANDI WALTON 3392988

SUNDOWN RUN



The run raised \$200 which was donated to the W.A. Disabled Sports Association.

CHRISTMAS GIFT RUN

FROM THE COMMITTEE

A reminder for this run, we bring a small gift (not more than \$3.00) which we put under the Club Christmas Tree at McCallum Park.

MARCH LONG WEEKEND, 1987

Sandi has booked Fairbridge Farm - 4 cottages at \$3.00 a night. Further information and booking forms will be in the next issue.

COMPUTER

As previously reported, the Committee has been investigating this for sometime. This investigation has included contacting other state clubs to find out whether they use computers.

In addition, Bob Sammells has conferred with Colin Leman, Bob Farrell and Bob Fergie. At this stage it appears that our interstate counterparts do not use a computer to any extent and that any benefits to us would be outweighed by additional work on one person.

Colin Leman has kindly offered to run the State Championship registration system on his home computer in conjunction with Bob Sammells and Bob Fergie.

CHRISTMAS DINNER

Thanks to Jackie Greenfield and Sandi Walton for their part in making this another resounding success.

Reports at the Recovery Run were, without exception, flattering.

Alison Aldrich's tasteful Christmas Tree made November 29th a little closer to December 25th and the presence of Cheryl Bell's parents Ken and Molly gave an international flavour (Ken, by the way, was an 800 metre (880 yards) runner who now prefers non-stop sailing!)

Our President, in toasting "The Club" noted that the Vets have a unique spirit of friendship and that it is something we must maintain. He announced that we have welcomed 95 new members this year and hoped that these would enjoy the same support he received as a new member.



Merry Christmas
To All Our Members

TIME TRIALS - JANUARY - MARCH 1987

VENUE: MCGILLVRAY TIME: 6.00 P.M.

8.Jan.	100M	800M	5000M	1500M Walk	Triple Jump	Discus	Javelin	Bob Sammells Sandi Walton
15.Jan.	200M	1500M	3000M	2000M Walk	Long Jump	Shot Putt	Javelin	Don Caplin Allen Tyson
22.Jan.	100M	400M	10000M	3000M Walk	Triple Jump	Shot Putt	Discus	Frank McLinde Bill Monks
29.Jan.	200M	800M	5000M	1500M Walk	Long Jump	Shot Putt	Javelin	Jeff Whittam Dorothy Whittam

Order of events: The sprint, walk and a throwing event should generally be commenced together at the time shown. The other events should follow as convenient, even if this results in another track event commencing while a walk is in progress. Conduct of each evening's programme will be the responsibility of the officials designated.

TIME TRIALS FINAL NIGHT - THURSDAY 18TH DECEMBER, 1986

John Gilmour has arranged for Coker Park facilities to be available for the final after trials function.

The facilities are a barbecue, pie warmer and microwave oven.

Bring your own everything!

"GETTING TO KNOW YOU..."

A warm welcome to our new members:

<u>NAME</u>	<u>ADDRESS</u>	<u>TEL. NO.</u>	<u>D.O.B.</u>	<u>D.O.J.</u>
Peter Airey	8 Davenport Road BOORAGOON, 6154	364 5839	1.10.36.	26.10.86.
Bob Joyce	305A Riverton Drive SHELLEY, 6155	457 1490	21.4.36.	20.10.86.
Beverley Thornton	95 Archdeacon Street NEDLANDS, 6009	386 2558	20.10.49.	20.10.86.
Michael Traynor	36 Cagney Way LESMURDIE, 6076	291 7443	30.8.41.	31.10.86.
Brian Power	12 Emile Court NORTH LAKE, 6163	337 1499	15.5.46.	9.11.86.

<u>NAME</u>	<u>ADDRESS</u>	<u>TEL.NO.</u>	<u>D.O.B.</u>	<u>D.O.J.</u>
David Scott	30 Brabant Way HAMERSLEY, 6022	447 7204	12.9.47.	16.11.86.
Cyril Wooten	U/811 Brownlie Towers 32 Dumond Street BENTLEY, 6102	350 5357	5.6.25.	16.11.86.
David Muir	102 Riseley Street ARDROSS, 6153	364 9173	2.1.45.	16.11.86.
Jeffrey Peacock	27 Quarry Street GERALDTON, 6530		18.2.44.	16.11.86.

HAPPY BIRTHDAY TO:

01-12-48	HARDING	: Nanette	turns	38	remains	W35
01-12-36	HARRIS	: Richard	"	50	becomes	M50
01-12-44	KHAN	: Michael	"	42	remains	M40
01-12-49	PEARCE	: Joanne Lesley	"	37	"	W35
02-12-43	DAVIS	: Rosa E	"	43	"	W40
02-12-33	LEISKALNS	: Hazel	"	53	"	W50
02-12-46	SARGENT	: Malcolm	"	40	becomes	M40
02-12-47	STEWART	: Kevin	"	39	remains	M 35
03-12-43	YATES	: Joseph	"	43	remains	M40
06-12-35	HUGHES	: John J	"	51	"	M50
07-12-36	ROBINSON	: Mary	"	50	becomes	W50
12-12-32	RUSSELL	: John	"	54	remains	M50
13-12-25	GARDINER	: Arthur	"	61	remains	M60
14-12-41	HARWOOD	: Barry	"	45	becomes	M45
15-12-41	PENTON	: Kathleen	"	45	becomes	W45
16-12-33	COWLAN	: Derek	"	53	remains	M50
17-12-29	BERRY	: Nora	"	57	"	W55
19-12-29	BEAUMONT	: Victor	"	57	"	M55
19-12-39	GODWIN	: Barbara	"	47	"	W45
19-12-43	HOLLAND	: Harry	"	43	"	M40
20-12-42	CROXFORD	: Alan F	"	44	"	M40
21-12-50	CARUSO	: Yolande	"	36	remains	W35
21-12-12	HORSLEY	: Richard	"	74	"	M70
22-12-40	EDWARDS	: John A	"	46	remains	M45
24-12-11	COLLINS	: John H	"	75	becomes	M75
25-12-35	BARRIE	: Stephen	"	51	remains	M50
26-12-19	HEAD	: Phyllis	"	67	"	W65
26-12-37	HOLLAND	: Ross McKenzie	"	49	"	M45
26-12-30	MOYES	: William (Bill)	"	56	remains	M55
28-12-30	MOFFETT	: Dalton	"	56	"	M55
29-12-41	CROWTHER	: Derek	"	45	becomes	M45
29-12-39	SLINGER	: Barrie	"	47	remains	M45

HAPPY BIRTHDAY TO "OLD ONES"

Your knees buckle but your belt won't
 Your back goes out more often than you do.
 A fortune teller offers to read your face.
 You burn the midnight oil after 9 p.m.
 You sink your teeth into a steak and they stay there.
 Your pacemaker makes the garage door go up when a
 pretty girl walks by.
 The best part of your day is over when the alarm goes off.

Excerpt from: "IN TOUCH" Newsletter of the R. & I. Bank

NURSING SCHOLARSHIP

The R & I Bank Nursing Scholarship, organised by the Florence Nightingale Committee, was presented by Commissioner and AGM Retail Banking Mr. D.J. Whitely on Thursday, 6th November at W.A.I.T.

The recipient of the \$4000 scholarship for 1986 was Mrs. Gloria Sutherland. She completed her general hospital training at Orange Base Hospital, NSW in 1966 and graduated in midwifery from King George V Hospital, Sydney two years later.

Her wide experience in nursing is reflected in the professional positions she has held including that of nursing tutor at Royal Alexander Hospital. Mrs. Sutherland has played an active role in several community medical groups such as the WA Family Planning Association, The Menopause Support Group of W.A., the Women's Electoral Lobby of W.A. and the Midwives Association.

Well done, Gloria!

24 HOUR/100 MILE WALK - 13TH AND 14TH DECEMBER

Note from Bronwyn Salter:

"Could you please change the time for the 13th and 14th December, 24hr/100 mile walk from 6 p.m. to 2 p.m. start and finish as I believe after having run the 24 hour at the weekend 18th and 19th October, that shortening the days is a lot easier psychologically.

Many thanks,
Bronwyn Salter "

ALBANY MARATHON

George Audley has sent us these results:

4.	Hank Stoffers	M 45	2.35.16
5.	John Pressley	M 41	2.36.52
12.	Jim Barnes	M 43	2.51.14
16.	Brian Danby	M 38	2.55.15
19.	Joe Yates	M 42	2.56.49 *
20.	George Audley	M 51	2.58.13
23.	John Pellier	M 47	2.58.55
24.	Barrie Robinson	M 47	2.59.29
25.	Geoff O'Brien	M 40	3.01.31 *
28.	Ted Costello	M 50	3.03.10 *
52.	Charlie Spare	M 47	3.24.17
61.	Allen Tyson	M 61	3.33.11
71.	Jim Greenfield	M 43	3.48.44
72.	Rob Davis	M 48	3.53.09 (1)
73.	Sandi Walton	W 40	3.53.53 *
79.	Stan Green	M 72	4.18.25

* = P.B.

Sandi Walton - First W 40
Stan Green - Oldest finisher
Rob Davis - Maiden marathon
John Pellier - First 47 year old

CANNING DISTRICT COKER PARK 16.11.86.100 Yds

J. Johnson	W 40	13.12
S. Cross	W 45	15.6
P. Carr	W 50	14.7
V. Tyson	W 60	21.0
D. Clive	M 45	11.75
N. Richards	M 45	12.1
D. Carr	M 50	12.7
B. Worner	M 55	12.75
A. Tyson	M 60	14.3

1 Mile

J. Chambers	W 35	5.23	*
P. Carr	W 50	7.15	
V. Tyson	W 60	9.25	
B. Danby	M 35	4.53	
B. Foley	M 40	4.55.3	
D. Caplin	M 45	4.51.3	
B. Sammells	M 45	5.21	
J. Travato	M 45	5.38	
T. Maslen	M 50	4.56.8	*
D. Carr	M 50	5.10	
A. Tyson	M 60	6.11	
J. Gilmour	M 65	5.24.7	

* = Record

TRACK & FIELD PERFORMANCES PERRY LAKES 1986/87 SEASON8.11.86.

100M	- Eileen Hindle	W 35	13.1	1500M	- Brian Foley	M 40	4.30
	Barry Kernaghan	M 45	12.3				

400M	Barry Kernaghan	M 45	57.3	3000M	- Ted Maslen	M 50	9.53.5 *
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15.11.86.

200M	- B. Kernaghan	M 45	24.3	1500M	- D. Carr	M 50	4.41.6
	N. Richards	M 45	27.0				
	D. Carr	M 50	27.6				
	J. DeGruchy	M 60	29.4 *				
	J. Russell	M 50	30.4				

800M	D. Carr	M 50	2.16.7	3000M	- T. Maslen	M 50	9.48.1 *
	J. Russell	M 50	2.48.0		B. Foley	M 40	10.16.1
	J. DeGruchy	M 60	3.04.0				

29.11.86.

200M	- J. DeGruchy	M 60	29.3	*
	J. Russell	M 50	30.0	P.B.

Time Trials

Further records have been broken but results not yet to hand.

Adjustments to records (as per list in Vetrun Nov. 1986)

100 metres Kath Holland (W45) should read: 13.25

2000M walk Dick Horsley (M65) should read: 10.34.0 (15.1.78.)



WORLD RECORD AT W.A.C.A.

JOHN GILMOUR'S PLUCKY RUN

November 29th was a field day for John Gilmour. In front of an enthusiastic 12,000 cricket fans, John broke the world record for 2 miles and scored a "Best Ever" for the M67 3K run.

This was the first time the Vets had been "on show" at such an event and we looked good, thanks to the team of runners, officials and technical helpers.

As usual, when a job has to be done, the Vets are superb and the presentation went according to plan.

Thanks to: John, Don Caplin, David Carr and Frank McLinden.

Publicity: Val Tyson, Pat Carr, Sandi Walton, Joan Pellier, Lorna Butcher, Marge Forden and Phyllis Farrell.

Flaggers: Shirley Cross, Jan Johnson, Frank Usher, Peter Davies, Dalton Moffett and Trish Kirwan.

Officials: Dick Horsley, Charlie Spare, Jan Fletcher, Bob Sammells, Hugh Kirkman, Keith Forden and Jeff Whittam.

Surveyors: Selby Munsie and his crew from W.A.I.T., John Cameron and Chris who gave up a morning to survey the track to international standard.

Photographer: Joan Slinger

Clock: Bob Farrell and Brian Danby.

On Ground Compere: Barrie Slinger

Post Race Programme: Leo Hassam

(A special congratulations to Barrie who stood in for Rod Marsh at the last minute and did a fine job)

We should thank, particularly, Mr. Don Marsden, Marketing Manager of the WACA, who was unbelievably supportive, patient and enthusiastic in this project (Thanks to Kath Penton who did the lion's share of the delicate negotiations with Don and his staff).

The race was a tough one, John not only had to contend with a blustery wind, but he was lame from a badly torn thigh muscle which was still swollen on the Thursday before the run.

However, with the encouragement of the crowd and a timely call by Trevor Jenkins 100 metres from home, John broke the 2 mile record by a nail-biting .4 of a second.

<u>RESULTS</u>	<u>3000 M</u>	<u>2 MILES</u>
	D. Caplin (M45) 10.41.8	D. Caplin (M45) 11.27.4
	D. Carr (M50) 10.43.0	J. Gilmour (M65) 11.29.6
	J. Gilmour (M65) 10.43.4	D. Carr (M50) 11.29.9
	F. McLinden (M55) 11.01.4	F. McLinden (M55) 11.48.4



LETTERBOX

* LETTER FROM BOB HAYRES:

"It was brought to my attention in a subtle manner i.e., (An elbow to the ribs and a Karate chop to the head) that the West Coast Challenge 8KM event Perpetual Trophy has been and will continue to be dominated by male runners.

Never let it be said I can't take a hint, no matter how subtle. (I am still bruised).

The 1987 West Coast Challenge 8KM will have a Perpetual Trophy for Female runners.

Now let's see all our runners W30 upwards out on this day having a go to be the first to have their name inscribed and a Trophy in their cabinet for 12 months.

Regards,

Bob

Dear Sandi

I wish to convey my sincere thanks and appreciation to our Veterans Club for arranging and organizing my world record attempts at the WACA on November 29, especially to those who thought up the idea and gave me and 3 other members of our Club the opportunity to prove to the people of Western Australia what the Club is all about.

To all those who participated as officials and supporters for the event, a sincere thanks for a job well done. To Don, Dave and Frank, a special thank you especially when they realized I was running with an injury and through good sportsmanship, covered up for me really well. Their assistance was great,

I feel sure that the WACA administration would be really pleased with the way the Club organized the event.

I must not forget Leo Hassam, our President, for the very nice snack and liquid refreshments he had arranged for us at Trinity College. Another job well done by Leo. I am sure it was very much appreciated by us all after the nervous strain was all gone.

Yours sincerely,

John

(Good to see John have the chance to run in front of his own crowd and also give pleasure to the many hundreds of young athletes he coached and encouraged in his years at Canning Districts)

CROXFORD'S CLIMB 14/9/86

Even though the first running of this race clashed with the Half Marathon, 22 brave people turned up to do battle with the very demanding and hilly course. Four people voted to do one lap the rest voted to do two laps. The first man over the finish line was Joe Yates and the first lady was Joan Pellier. Well done everyone on finishing a very tough race.

This race could not have happened without these people: Shirley and Wally Cross, Bill and Karen Crellin, Trisha Spain, Mary Robinson and Ray and Fred Hagger. Many thanks to you all. Also I would like to thank the Vets Committee for giving me the chance to put this race on. I hope that I will be able to do it again next year.

Thank you everyone.

Alan Croxford

4 KM				8 KM			
Pos.	Name	Age Group	Clock Time	Pos.	Name	Age Group	Clock Time
1.	Shirley Cross	W 45	21.36	1.	Joe Yates	M 40	31.36
2.	Jan Johnson	W 40	21.38	2.	Alan Croxford	M 40	32.03
3.	Kath Penton	W 40	22.36	3.	Bob Sammells	M 45	32.47
4.	Basil Worner	M 55	22.38	4.	Barry Johnson	M 40	38.12
				5.	Duncan Strachan	M 60	38.13
				6.	Joan Pellier	W 45	39.23
				7.	Kurt Johnson	M 55	40.48
				8.	Jim McLean	M 55	42.09
				9.	Stewart Hicks	M 60	42.15
				10.	Peggy Macliver	W 40	43.38
				11.	Fred Hagger	M 60	44.23
				12.	Lesley Trott	W 35	46.20
				13.	Syd Bowler	M 60	49.02
				14.	June Strachan	W 60	50.08
				15.	Ernie Moyle	M 60	50.09

Visitors 8 KM

John Seaman	33.16
Rod Stewart	34.16
Chris Willetts	46.21

Thanks to Alan and his helpers for this "inaugural". Alan went to a lot of trouble in marking this tough course which might sit better in our programme as a lead-up to the City-to Surf.

Thanks Alan.

SPECIAL NOTICE

STRACHANS' RIVER RUN, JANUARY 18th, 1987

A choice of 6kms, 8kms or 14kms; two drink stations; run follows the river on the bitumen path.

Pool and changerooms available. Morning tea provided. BYO two BBQs

Please, no animals.

Please bring folding chairs

STATE CROSS COUNTRY CHAMPIONSHIPS 12.10.86.

Age Group	Pos.	Name	Time	Age Group	Pos.	Name	Time
W35	1.	N. Harding	52.52	M35	1.	B. Danby	39.06
					2.	R. Trott	57.12
W40	1.	P. Farrell	54.26	M40	1.	R. Harding	37.13
	2.	A. Aldrich	54.44		2.	H. Kirkman	38.52
	3.	K. Penton	56.47		3.	I. McGibbon	39.41
	4.	J. Stone	60.21		4.	J. Yates	39.51
	5.	M. Stone	75.31		5.	J. Pressley	40.53
W45	1.	M. Forden	49.05		6.	B. Foley	41.18
	2.	J. Pellier	52.06		7.	D. Roberts	41.42
	3.	J. Slinger	53.57		8.	J. Barnes	43.11
	4.	S. Maslen	60.36		9.	A. Croxford	43.52
	5.	C. Cole	60.59		10.	B. Hardy	46.15
	6.	P. Spencer	61.00	M45	1.	A. Carse	37.15
W50	1.	E. O'Dea	56.37		2.	D. Hoye	37.55
W55	1.	L. Butcher	55.23		3.	D. Caplin	39.27
W60	1.	J. Strachan	63.59		4.	G. Thornton	40.15
W65	1.	P. Head	64.00		5.	R. Sammells	42.48
<u>Visitors</u>					6.	J. Pellier	43.11
	1.	J. Mussett	39.26		7.	P. Martin	43.41
	2.	G. Aitken	40.16		8.	B. Slinger	43.52
	3.	J. Seaman	43.37		9.	R. Norton	45.38
					10.	K. Forden	48.43
					11.	M. Lolly	50.01
					12.	B. Thomsett	51.57
					13.	R. Farrell	58.26
				M50	1.	S. Barrie	38.14
					2.	E. Maslen	39.13
					3.	A. Davey	44.14
					4.	R. Shand	44.42
					5.	D. Philip	48.39
					6.	K. Whistler	50.08
					7.	A. Stone	64.03
M60	1.	D. Strachan	48.17	M55	1.	F. McLinden	41.30
	2.	D. Drayson	52.36		2.	R. Hayres	44.01
	3.	G. Noordyk	53.03		3.	M. Moyle	46.30
	4.	F. Usher	56.24		4.	B. Aldrich	47.15
	5.	F. Hagger	57.11		5.	P. Davies	47.23
	6.	E. Moyle	58.25		6.	B. Worner	49.57
M65	1.	A. Leggett	57.23		7.	R. Lawrence	50.07
M70.	1.	C. Bould	54.01		8.	S. Lockwood	50.58
					9.	L. Hassam	56.12

BOB HARRISON RUN 19.10.86

75 members and visitors turned up on a pleasant day to run around Dianella Reserve.

The winner was a visitor, T. Bergensen in the 10.8 K Division, chased by F. Smith first member. The first lady in the 10.8 K was Marge Forden (W45).

The winner of the 5.6 K was J. Stickles (M45) and the first female in the 5.6 K was Jill Chambers (W35)

Quite a few members enjoyed a barbecue afterwards.

P.S. John Pellier, Don Caplin, Brian Danby, Barry Slinger and others were still there at nightfall

Hoping next year that the toilets will be open and there will be no pit stops in the bush.

Bob Harrison.

10.8 K	Pos.	Name	Age Group	Time	Pos.	Name	Age Group	Time
	1.	J. Burgensen	Visitor	36.59	40.	K. Penton	W40	58.34
	2.	F. Smith	M40	37.41	41.	A. Chambers	M45	60.25
	3.	P. Preist	Visitor	38.11	42.	S. Maslen	W45	63.42
	4.	D. Caplin	M45	38.38	43.	J. Strachan	W60	66.00
	5.	D. Hoye	M45	38.55	<u>5.6 K</u>			
	6.	E. Maslen	M50	39.29	1.	J. Stickles	M45	21.39
	7.	G. Thornton	M45	40.42	2.	J. Hughes	M40	21.46
	8.	J. Pellier	M45	42.52	3.	B. Laphorne	Visitor	21.48
	9.	M. Kahn	M40	42.55	4.	P. Airey	Visitor	22.29
	10.	B. Sammells	M45	43.13	5.	J. Chambers	W35	22.37
	11.	K. Vann	Visitor	43.23	6.	A. Pomery	M55	24.01
	12.	B. Slinger	M45	43.56	7.	P. Stein	M50	25.07
	13.	H. McGlashen	M45	44.17	8.	P. Sanger	M35	25.40
	14.	B. Shand	M50	45.05	9.	S. Walton	W40	26.29
	15.	K. Martin	M45	45.34	10.	P. Weston	W50	26.42
	16.	A. Davie	M50	45.49	11.	I. Stephens	W35	27.12
	17.	B. Norton	M45	45.53	12.	K. Johnson	M55	27.12
	18.	J. Stickles	M45	46.05	13.	L. Butcher	W55	27.39
	19.	J. Ende	M40	46.08	14.	J. Pellier	W45	28.20
	20.	M. Moyle	M55	47.25	15.	M. Pritchard	W40	29.13
	21.	B. Aldrich	M55	47.33	16.	E. Moyle	M60	29.46
	22.	M. Johnston	M45	47.59	17.	J. Johnson	W40	29.55
	23.	B. Hardy	M40	48.04	18.	S. Cross	W45	29.55
	24.	M. Forden	W45	49.08	19.	M. Webb	W35	30.09
	25.	K. Forden	M45	49.53	20.	M. Sandler	W35	30.44
	26.	D. Strachan	M60	50.08	21.	I. Dembo	W35	30.44
	27.	T. Williams	Visitor	52.11	22.	J. Wissink	W35	32.41
	28.	J. Noordyk	M60	52.41	23.	M. Pagano	W45	32.41
	29.	C. Could	M70	52.56	24.	M. Taylor	W35	32.46
	30.	L. Hassam	M55	53.07	25.	M. Robinson	W45	33.54
	31.	J. Slinger	W45	53.44	26.	D. Whittam	W50	35.05
	32.	K. Noordyk	W35	54.39	27.	M. Stone	W40	37.02
	33.	A. Noordyk	Visitor	54.40	28.	J. Sanger	W35	37.25
	34.	S. Hicks	M60	54.44	29.	V. Tyson	W60	41.12
	35.	B. Thomsett	M45	54.59	30.	J. Langdon	W35	41.13
	36.	J. Russell	M50	55.20	<u>7.5 K</u>			
	37.	B. Farrell	M45	56.20		A. Aldrich	W40	41.13
	38.	P. Farrell	W40	57.37				
	39.	M. Fermor	M45	58.33				

WAIT 10000 26.10.86.

The morning run was conducted in very warm fine conditions, but as Frank Usher commented "it's getting near summer and one has to get conditioned to the summer season sooner or later" I guess this was the sooner.

66 members and 4 visitors were present for the run.

Hugh Kirkman (35.34) and Cheryl Bell (43.23) taking out the honours for the 10 KM and Barry Harwood (24.16) and Lorna Butcher (33.45) taking the honours for the 6.46 KM a 2 lap event.

My sincere thanks are extended to my daughter, Vaninka, who joined me for a 6 am start to the day to assist in laying out flags etc for the run, to Maureen Pomery for her diligent work in recording the results and to Wally Cross for his ever helpful presence in keeping everybody in place with his competent handling of race finish numbers.

Selby Munsie

6.46 K Ladies

Pos.

1.	L. Butcher	W55	33.45
2.	S. Cross	W45	34.03
3.	J. Johnson	W40	34.39
4.	B. Thornton	W35	34.41
5.	M. Webb	W35	34.49
6.	B. Godwin	W45	37.46
7.	M. Taylor	W35	38.37
8.	K. Mitchell	W45	38.49
9.	D. Whittam	W50	40.08
10.	M. Stone	W40	40.40
11.	J. Sanger	W35	41.39
12.	S. Hill	W40	42.49
13.	V. Tyson	W60	43.08

6.46K Gents

1.	B. Harwood	M40	24.16
2.	G. Hughes	M40	25.49
3.	A. Sim	M35	29.22
4.	K. Forden	M45	29.24
5.	P. Sanger	M35	31.56
6.	J. Whittam	M50	33.53
7.	K. Stewart	M35	34.08
8.	I. Lyon	M45	34.54

10 K Ladies

Pos.

1.	C. Bell	W35	43.23
2.	M. Forden	W45	44.33
3.	J. Pellier	W45	48.04
4.	S. Walton	W40	48.41
5.	P. Farrell	W40	49.02
6.	A. Aldrich	W40	49.12
7.	M. Warren	W50	52.47
8.	E. O'Dea	W50	54.48
9.	J. Strachan	W60	56.50

Visitors

J. Peacock	33.34
S. Mitchell	34.37
P. Odin	35.27
I. Toussaint	38.40

10 K

Gents

1.	H. Kirkman	M40	35.34
2.	J. Barnes	M40	37.42
3.	D. Roberts	M40	38.12
4.	J. Yates	M40	38.29
5.	B. Sammells	M45	39.38
6.	J. Pellier	M45	39.49
7.	K. Martin	M45	40.04
8.	R. Shand	M50	40.46
9.	B. Evans	M55	41.22
10.	D. Hough	M50	41.57
11.	A. Pomery	M55	42.05
12.	A. Davie	M50	42.25
13.	M. Moyle	M55	42.51
14.	J. Ende	M40	42.55
15.	B. Aldrich	M55	43.04
16.	S. Toussaint	M40	43.25
17.	B. Mitchell	M50	43.26
18.	A. Tyson	M60	43.55
19.	D. Phillip	M50	44.14
20.	P. Jones	M50	46.28
21.	M. Traynor	M45	46.29
22.	G. Noordyk	M60	46.58
23.	B. Godwin	M45	47.18
24.	J. Curtis	M50	47.23
25.	D. Strachan	M60	47.51
26.	J. Russell	M50	48.05
27.	S. Hicks	M60	49.01
28.	R. Farrell	M45	49.08
29.	C. Bould	M70	49.29
30.	L. Hassam	M55	50.28
31.	A. Chambers	M45	52.34
32.	M. Fermor	M45	52.45
33.	J. McLean	M55	52.48
34.	M. Warren	M45	52.50
35.	F. Usher	M60	53.44
36.	E. Moyle	M60	54.11

1986 ROAD AND CROSS COUNTRY SEASON

The veterans club had a good season in the Athletic Association Winter Competition, coming equal First B Grade with the University club's second team, after many close encounters.

We completed in all metropolitan events, and the good run by Dave Carr in the south west championships gave us sufficient points to lead the competition with one relay event left to decide. University mustered all their forces but couldn't draw away when Peter Sanders and Shiela Maslen teamed together to gain sufficient points to hold equal first place for the season.

Our closest team event was the York to Toodyay relay where we took fifth place after a tight struggle, again with the University club. Frank Smith and Jim Barnes gave us a strong early place, which we then lost to the Canning club with John Gilmour overtaking Tuula Vaalsta. Ken Clark and I held our own and Bert Carse brought us back into the event with strong running over the 16km hill section. The younger university members then caught Keijo and Joe Trovato in the closing stages.

Our women's team came sixth for the season with Mary Heppell, Cheryl Bell and Trish Kirwan competing in the earlier events and Shiela and Tuula running with the men in later events.

The Fremantle to Perth relay team had mixed fortunes when our manager, Dick Horsley had to join in to make up numbers, with Michael Faunge and John Bell finishing the event during a torrential down pour. Our other regular competitor for the season was Arnold Jenkins who featured in one of Maurice Johnson's photographs in the state championships at Kalamunda.

The consistency and enthusiasm of our winter runners kept the veterans club in the forefront of the competition. It is unfortunate that the other clubs did not put the same effort into the season; the fields for the championship events were disappointing. I hope that all our runners return next year so that we can continue to maintain our presence. The Athletic Association needs an injection of fresh runners and our club members are most welcome to compete.

BRIAN FOLEY

Thanks to Brian Foley for this report on the winter season and for his liaison and organizing during the season.

Congratulations also to those who took part and represented the Club at various times and especially to the team which came equal first in the B Grade competition.

Well done.