

The Vetrin

No. 154 JULY, 1985

W.A. VETERANS' A.A.C.

Registered by Australia Post Publication No. WBH 0370

PATRON: W. J. Hughes

SECRETARY: Duncan Strachan, 459 3859

NEWSLETTER EDITOR: Basil Woner, 387 4400

PRESIDENT: Leo Hassam, 272 6556

TREASURER: David Roberts, 384 5758

OUT OF THE STRAIN OF THE DOING, INTO THE PEACE OF THE DONE
(Thought for August 4)

FROM THE COMMITTEE...

QUIZ NIGHT

- o Wednesday, August 14, 7.30 p.m.
- o Churchill's Tavern (Rear of Concert Hall)
- o Tickets (\$3.00) available from Committee
- o Jackie Greenfield (291 7835) is asking for donations of prizes.
- o Tables of 6.

This is our one big fund-raiser for 1985. Be part of the big fun!!

CLUB CROSS COUNTRY

- o July 14
- o Jorgensen Park :
- o This is a Club Certificate Run.
- o \$3.00 for food and run. B.Y.O.

POST-RUN TEA

- o The Committee suggested that we can expect refreshments to be provided after the run when it is a listed "Committee Run".

ALSO IN THIS ISSUE

Results of June Club Runs : Pages 3-5 Runs & Records for July : Pages 9-10

Newsdesk : Pages 7-8 Letterbox : Page 2

"Vetpower" : The Astounding Austin By Allen Tyson Page 10

Two in a Week From Frank Smith Page 11

STOP PRESS

ROME ABOUT : We have found it difficult to get results from the

MONDAY : Veterans Games, but we believe the following are accurate : Kath Holland - first in 200,400; second in 100. John Gilmour - first in 10K, 5K, 1500 with WRs in the last two. Eileen Hindle - second in hurdles and fifth in pentathlon. Barrie Kernaghan (injured shoulder) into finals of 3 sprints. Lorna Butcher and Pat Carr both performed very well in all events. Sandi Walton overcame fearful heat (100 degrees F) and ancient cobblestones to finish her first marathon, 4:16 She and Kath Penton now slumming and slimming in the Greek islands!

WELCOME TO U.S. VISITORS

July 14 - Jorgensen Park.

Duncan tells us that we may be joined by a group of visitors from the States.

Welcome to Australia, Perth and the W.A. Vets!:

It looks as if the Club run could be an International Event!

LONG WEEKEND, 1985

Donnelly River

September 28th-30th - (Not 18th-30th, as printed in our last Vetrun. That would be a long, long week-end!)

Costs: 3 days for 8 people: \$100
 3 days for 9 people: \$105

**LETTERBOX**

George Audley
RMB 9210
Lwr Denmark Road
ALBANY 6330

26/5/85

Dear Basil

Just a little news from the country. Carmel Drummond who I persuaded to join the vets has been rewarded locally for her efforts. She has 4 children and can only train at 6 in the morning before the family is up.

Also I have a warning for other husbands with running wives. I suggested a run in the hills and mine said O.K. grab a shovel and a ruck sack, there are some plants I want. It was only a hilly sandy 8 k's but I jumped on the scales when I got back. The shovel weighed 1 kilo and the plant with plenty of soil round it came to 4 kilo's. I didn't suggest another hill run for over a week, she then got me lost and we were running along bush tracks with sandy hills for 1 hr 31 minutes. So be warned, stick to the main roads or take a compass and a wheelbarrow.

Regards from Albany

George Audley

George enclosed a copy of the Albany "Advertiser".

It described how Carmel shared the March award for the Albany Sportstar of the Month.

"Carmel Drummond was successful in the women's 40-44 years 5000 metre State Championship", reported the Advertiser.

Members may also remember Carmel was successful in the 10k and made an entertaining picture as she appealed for a hose-down with open arms as she reeled off each lap!

Congratulations Carmel, and thanks George!

.... (Editor).

