



# The Vetrun



No. 189 June 1988

## W.A. VETERANS' A.C.

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Whatever your mind can conceive and believe, it will achieve.

### PRESIDENTS CORNER.

1. Thanks to everyone who contributed to make the Walliston Wallop a great success. After run activities organised by Paul Martin and Maurice Johnston enjoyed great participation by all. The "Matchstick Man was last seen singing a patriotic Liverpool song, with stout in hand. Oh that elusive double!!!
1. While a number of club members were away at Bunbury for the Marathon, the rest of the members enjoyed another superb day courtesy of the Sutherlands. I believe the new course was very popular. Our thanks to Gloria and Ian.
3. Sidelights to the Bunbury Marathon day were, (a) Cheryl Amies was in attendance and I was happy to see her looking so well. She has started running again and her many friends wish her well. (b) Doreen Dow, along with a group of ladies from the Bunbury Running Club are currently trekking among the Himalayas. (c) John Gilmour turns 70 next year. The world M70 10km record currently stands at 40.40 John went through the first 10km of his  $\frac{1}{2}$  marathon in 36.50
4. June and Duncan Strachan are off to China, I wish them well. How I would like to jog with them along the Great Wall.
5. A lesson in determination recently from one of our newer members Gerry Foley. At the recent State Vets Track and Field Champs Gerry competed in a number of events and finally succumbed to a torn hamstring. He appeared shortly after at Bunbury to compete his maiden marathon in a touch over 5 hours, arriving right on cue to receive his trophy. Well done Gerry.
6. Brian Danby has left for England, where he will be married on August 18th. I Wish him and his new wife to be, Sue, All the Happiness for the future.
7. I am delighted to announce that Mrs Shirley de la Hunty has accepted my invitation to become the National Patron. This means she will replace the current Patron, Sir Don Chipp and will be Patron of the A.A.V.A.C. during the year in which the Australian Veterans National Track & Field Championships are held in Perth.  
Keith.

### FROM THE COMMITTEE.

We have had a letter of thanks from the A.A.W.A. for our help at the recent Sugar Industry Australian Open Track & Field Championships held recently in Perth.

The A.G.M. of the A.A.W.A. will be held in F Suite (ground Floor) Sir Thomas Meagher Pavilion, Perry Lakes Stadium. on Wed 13th July commencing at 7.30pm.

Our Club will be conducting the George Skeels Handicap for the A.A.W.A. at 12.30pm Sunday June 5th at Hale School

HAVE YOU RENEWED YOUR MEMBERSHIP???? The renewal form was in the April issue, this will be the last newsletter you will receive if you don't by the middle of June.

## NATIONALS 89 - NEWS UPDATE #2

Sponsorship. The major announcement here is that WESTWOOLS CARPETS have agreed to sponsor these Championships. Full contractual details have yet to be made available but it seems that the Championships will be titled the

## WESTWOOLS CARPETS AUSTRALIAN VETERANS TRACK AND FIELD CHAMPIONSHIPS

Minor sponsors will still be needed and the assistance of members will be sought at a later date.

Venues. It is hoped to be able to stage all of the Track and Field events at Perry Lakes Stadium, the Cross Country at Bold Park and the Road Walks in the Perry Lakes/Bold Park area. Approvals for the Club's applications are awaited from the Perth City Council.

Accommodation. Some requests for billeting by athletes from other States can be expected over the next six or seven months. Would any Club members wishing to assist please telephone Bob Sammells of an evening on 447 2418.

Medals. The Club is to follow the precedents set by New South Wales (1987) and Queensland (1988) in designing a State commemorative medal. This design will feature on all medals presented at future National Championships held in Western Australia.

The designs of the medals presented at the 1987 and 1988 Championships were vast improvements on that used in previous years and it was considered important that we conformed to this change.

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5, Halse Crescent  
Melville Heights.  
W.A. 6156.

To the President, Committee and members of the W.A. Veterans Athletic Club.

Dear Vets,

What a Wonderful surprise it was on Anzac Day to receive flowers and a card from you to me - personally delivered by Lorna and Jacqui.

I don't know what I have done to deserve this tribute! Perhaps moving into the "80 and over" age group and being Cliff's wife is sufficient reason!

The flowers are really beautiful - pink roses and creamy marguerites, exquisitely arranged.

Thank you very much for your kind thoughts and birthday greetings.

Best wishes and a long life to all "VETS"

With appreciation and affection.

Yours Sincerely,

*Phyllis L. D. Boulch.*

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30, Chapman Road  
Calista.

Dear Jeff,

Please extend my thanks to all the Vets for the flowers and kind thoughts, while I was in Rockingham Hospital in April.

Yours.

Avril Yates.

### THE NATIONALS IN 'SUNNY' QUEENSLAND

Firstly delete the word 'sunny' and substitute words like 'wet', 'humid', 'flooded', 'rainy'. To be fair we saw the sun on the first day and the others saw it again 8 days later on their last day. (Alan and I by this stage had fled over the mountains into NSW to attempt to miss the floods on our way to Adelaide. We felt like the von Trapp family in 'The Sound of Music'...)

It was our bodies not our spirit that were dampened and our small team of nine soon made WA's presence felt. Our gold singlets showed up well on the track, the patch of yellow stood out in the stand and our voices led by Alan S (only half a decibel lower than Jeff Whittams) urged each other on.

We knew Alan's voice was carrying when he called 'Come on Dorothy' just before she went up to throw the hammer. Having acknowledged us she then proceeded to do her worst throw! However she later put that to right with a throw that earned her the bronze medal, a PB, and a new WA State record.

Alan won the first medal, a silver, and we were all excited for him and for us. This was followed by a team total of 16 gold, 6 silver, 7 bronze, and some very good performances. John Gilmour, Eileen and Dorothy were at their 'golden' best, but the most exciting race had to be Valerie in her 5K race walk, even if it was only because it was longer and a lot can happen in 12<sup>1</sup>/<sub>2</sub> laps.

She had only beaten one of her opposition by 4 seconds in Melbourne and she didn't know if she could do it again. Val went out in front and stayed there. A definition of 'frustration' could be 'How to tell someone they are in the lead without actually saying it'. All we could do was yell encouragement at her from the sidelines and hope she could 'hear' between the lines. She finished over 2 minutes faster than Melbourne. Later she found out that she was only about 13 seconds off the Australian record, to which she replied something to this effect 'If I had known about the record I could have gone faster.' She knows now!

This was my first 'Nationals', and although everything pointed to a possible disaster with the weather providing a heavy track, no 'lift' for the field events, a road race held in pouring rain with water streaming across the road and numerous puddles, friendships were made and for the others, renewed.

Fellow athletes and their supporters are a friendly group of people and I was pleased to be among them. I hope that visitors to the 1989 Nationals to be held in Perth next year will go away with the same feeling.

Margaret Stone

PS: Just in case you thought it was all work and no play let me put your mind at ease.

To begin with place yourself in a unit for 10 days with Allen and Valerie Tyson, Alan and Margaret Stone, Dorothy Whittam and Shirley Cross. Too terrible to even contemplate? It wasn't, in fact it was great fun. All things considered there was much hilarity and good natured banter, and no cross words. A few bitten tongues maybe .....

Add to this a hire car which because the company did not have the type we had booked 'forced' a new Fairlane (with everything electronically controlled) on us at the lower rate. Dorothy, Shirley and at times Valerie then spent 10 days luxuriating in the back seat of this chauffeured, navigated vehicle, throwing in the occasional 'Could we have some more air conditioning/volume please Alan?'

We drove to the Gold Coast looking for the sun. Valerie and Shirley were determined to have a swim and Dorothy a paddle. Alan and I watched them while we sheltered from the rain. We even went to the Sunshine Coast on another day but couldn't find any there either.

All good things must come to an end. Alan and I drove to Adelaide en route to Perth, the Tysons stayed behind for a holiday while the rest flew back to WA and to normality with stories to tell and for most, medals to show.

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UPDATE\*\*\*LONG WEEKENDS\*\*\*UPDATE
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- As mentioned in last month's VETRUM, Donnelly River Holiday Village has been booked for the long weekend in September (Friday 23rd to Monday 26th). There will be more details about this weekend trip in future issues but I advise you to make a note in your diary now. Numbers will be limited (price and numbers next issue). There will be plenty to see and do but the feature of the weekend will be the running programme. There are many excellent bush runs (or bushwalks if you prefer) to be enjoyed by all. This is your opportunity to add that much needed variety to your running or walking.
Eaton Scout Camp has been booked for next March. The problems we experienced with the shower blocks will be rectified next year so plan now to take advantage of a fun, inexpensive weekend away from home. The second edition of the "Games" will certainly make the trip worthwhile.
We were hoping to arrange a "Christmas in July" weekend in York this year. Unfortunately, suitable accommodation is not available and we will have to forgo the idea for now. However, a York weekend is still a possibility sometime in the future. Because of York's close proximity to Perth, a long weekend is not really necessary... Watch this space for info on this.

Rob Davis

A very pleasant morning and thank you all for helping. Volunteers arise out of nowhere and everywhere. The visiting English orthopaedic surgeon was most impressed with all the activity he saw - despite all the lumps, bumps, and nobbles. I wanted him to see how the bunions and arthritis do not need to stop you from running!

The pace in both races was impressive.

4K

| Pos.        | Name          | Age   | Clock | Pos.       | Name         | Age         | Clock |       |
|-------------|---------------|-------|-------|------------|--------------|-------------|-------|-------|
|             |               | Group | Time  |            |              | Group       | Time  |       |
| 1.          | J. Molloy     | M35   | 15.18 | 28.        | J. Stickles  | M45         | 35.15 |       |
| 2.          | R. Raymen     | M45   | 16.03 | 29.        | R. Harris    | M50         | 35.28 |       |
| 3.          | H. Kirkman    | M45   | 16.16 | 30.        | B. Munyard   | M40         | 35.46 |       |
| W1          | T. Brockwell  | W30   | 16.20 | 31.        | D. Hough     | M55         | 35.46 |       |
| 4.          | A. Toussaint  | M40   | 16.44 | W1         | M. Forden    | W45         | 36.03 |       |
| 5.          | P. Martin     | M45   | 18.01 | 32.        | M. Traynor   | M45         | 36.05 |       |
| 6.          | B. Worner     | M55   | 18.09 | 33.        | R. Boggs     | M40         | 36.16 |       |
| 7.          | D. Caplin     | M45   | 18.28 | 34.        | B. Slinger   | M55         | 36.29 |       |
| 8.          | P. Roberts    | M40   | 18.31 | 35.        | M. Moyle     | M60         | 36.48 |       |
| 9           | A. Tyson      | M60   | 19.25 | 36.        | H. McGlashan | M50         | 37.00 |       |
| W2          | A. Aldrich    | W45   | 21.41 | W2.        | P. MacLiver  | W40         | 37.10 |       |
| W3          | J. Slinger    | W45   | 22.19 | 37.        | V. Beaumont  | M55         | 37.20 |       |
| W4          | S. Hodge      | W40   | 22.20 | W3         | Y. Caruso    | W35         | 37.37 |       |
| W5          | K. Penton     | W45   | 22.46 | W4.        | K. Noordyk   | M40         | 37.48 |       |
| W6          | S. Hughes     | W35   | 23.01 | 38.        | A. Noordyk   | M35         | 37.53 |       |
| W7          | L. Butcher    | W55   | 23.35 | 39.        | M. Loly      | M45         | 37.54 |       |
| W8          | B. Godwin     | W45   | 25.33 | 40.        | R. Farrell   | M45         | 38.39 |       |
| W9          | P. Carr       | W55   | 25.55 | 41.        | J. Lindsay   | M35         | 39.21 |       |
| W10         | J. Greenfield | W45   | 26.08 | 42.        | A. Pomery    | M55         | 39.58 |       |
| * W11       | L. Schickert  | W45   | 27.38 | 43.        | N. Miller    | M55         | 40.00 |       |
| 1.          | C. Brockwell  | 8K    | M35   | 28.50      | 44.          | R. Lawrence | M55   | 40.34 |
| 2.          | T. Savin      | 8K    | M40   | 29.24      | 45.          | P. Sanger   | M35   | 40.43 |
| 3.          | R. Schickert  | M45   | 29.40 | 46.        | G. Morgan    | M60         | 40.49 |       |
| 4.          | M. Smith      | M50   | 29.51 | 47.        | J. Russell   | M55         | 40.57 |       |
| 5.          | S. Barrie     | M50   | 29.55 | 48.        | M. Jones     | M45         | 41.27 |       |
| 6.          | J. Barnes     | M45   | 31.11 | 49.        | M. Warren    | M50         | 41.39 |       |
| 7.          | C. Leman      | M40   | 31.32 | 50.        | G. Foley     | M60         | 42.16 |       |
| 8.          | D. Reid       | M35   | 31.36 | 51.        | A. Leggett   | M70         | 42.41 |       |
| 9.          | T. Costello   | M50   | 31.48 | W5         | E. O'Dea     | W50         | 43.25 |       |
| 10.         | B. Danby      | M35   | 31.58 | 52.        | C. Bould     | M70         | 44.06 |       |
| 11.         | D. Carr       | M55   | 32.12 | 53.        | D. Drayson   | M60         | 44.11 |       |
| 12.         | E. Maslen     | M50   | 32.19 | W6         | J. Strachan  | W60         | 45.01 |       |
| 13.         | D. Roberts    | M45   | 32.25 | 54.        | F. Usher     | M60         | 45.39 |       |
| 14.         | F. Smith      | M45   | 32.31 | W7         | L. Rhodes    | W40         | 45.51 |       |
| 15.         | B. Harwood    | M45   | 32.45 | 55.        | L. Hassam    | M55         | 47.59 |       |
| 16.         | V. Caruso     | M40   | 32.49 | 56.        | R. Shand     | M55         | 48.00 |       |
| 17.         | R. Sammells   | M50   | 33.16 | W8         | J. Willers   | W35         | 48.39 |       |
| 18.         | D. Moffatt    | M55   | 33.42 | W9         | N. Berry     | W55         | 52.31 |       |
| 19.         | B. Evans      | M55   | 33.56 | W12        | S. Masler    | W50         | 54.46 |       |
| 20.         | M. Rhodes     | M40   | 33.57 |            | (runner)     |             |       |       |
| 21.         | K. Martin     | M50   | 34.01 | V. Tyson   | W65          | 1 hour      |       |       |
| 22.         | J. Pellier    | M45   | 34.07 | J. Sanger  | W35          | 61.24       |       |       |
| 23.         | A. Jenkins    | M40   | 34.45 | J. Collins | M75          | 61.24       |       |       |
| 24.         | F. McLinden   | M55   | 35.01 |            | (walkers)    |             |       |       |
| 25.         | M. Faunge     | M45   | 35.05 |            |              |             |       |       |
| 26.         | K. Forden     | M45   | 35.06 |            |              |             |       |       |
| 27.         | M. Khan       | M40   | 35.09 |            |              |             |       |       |
| * S. Bowler | M60           | 35.04 |       |            |              |             |       |       |

We were surprised and pleased by the large turnout of members (long weekend) for the 10th Walliston Wallop. Alas the weather was not too kind with intermittent rain. 26 runners set off for the 5k which evergreen John Gilmour won on 19.35 first lady in Jill Langdon in 25.05.

Ted Costello showed a clean pair of heels in the 10k Handicap, galloping home in 40.47. First lady showing improved form in 46.14 was Marg Forden. Fastest losers were Tessa & Chris Brockwell in 42.00 and 37.24.

After morning tea we bottled some red and white wine and some stayed on for a barbeque, etc...???

Many thanks to all helpers too numerous to name.

Maurice Johnston.

| Pos                 | Name         | 5K         | Age Group | Time          | Pos. | Name          | Age Group | Time  | Time  |
|---------------------|--------------|------------|-----------|---------------|------|---------------|-----------|-------|-------|
| 1                   | J. Gilmour   |            | M65       | 19.35         | 11.  | A. Turner     | W50       | 66.38 | -     |
| 2                   | R. Raymen    |            | M45       | 19.52         | 12.  | R. Schickert  | M45       | 66.41 | 40.56 |
| 3                   | J. Barnes    |            | M45       | 20.02         | 13.  | D. Roberts    | M45       | 66.45 | 42.30 |
| 4                   | D. Caplin    |            | M45       | 20.08         | 14.  | P. Martin     | M45       | 66.50 | 43.20 |
| 5                   | D. Hoye      |            | M45       | 21.01         | 15.  | N. Beech      | M40       | 66.55 | -     |
| 6                   | S. Toussaint |            | M40       | 21.46         | 16.  | R. Matzke     | M45       | 66.56 | 45.26 |
| 7                   | K. Forden    |            | M45       | 22.31         | 17.  | P. Airey      | M50       | 66.58 | 45.58 |
| 8                   | B. Aldrich   |            | M55       | 22.50         | 18.  | D. Moffett    | M55       | 67.03 | 45.33 |
| 9                   | A. Pomery    |            | M55       | 23.16         | 19.  | N. Miller     | M55       | 67.06 | 53.51 |
| 10                  | V. Beaumont  |            | M55       | 24.00         | 20.  | J. Greenfield | M45       | 67.11 | 44.41 |
| 11                  | S. Cole      |            | Vis.      | 24.35         | 21.  | D. Carr       | M55       | 67.23 | 42.38 |
| 12                  | J. Langdon   |            | W40       | 25.05         | 22.  | A. Sim        | M40       | 67.50 | 48.55 |
| 13                  | A. Jones     |            | Vis       | 25.44         | 23.  | K. Martin     | M50       | 67.45 | 44.15 |
| 14                  | W. Spencer   |            | Vis       | 27.39         | 24.  | D. Hazell     | M35       | 67.49 | 39.49 |
| 15                  | A. Aldrich   |            | W45       | 27.55         | 25.  | R. Stewart    | M45       | 67.51 | 46.51 |
| 16                  | P. Carr      |            | W55       | 28.15         | 26.  | J. Yates      | M40       | 68.02 | 42.47 |
| 17                  | M. Warren    |            | W50       | 28.22         | 27.  | M. Rhodes     | M40       | 68.07 | 46.07 |
| 18                  | L. Butcher   |            | W55       | 28.28         | 28.  | D. Hough      | M55       | 68.25 | 45.25 |
| 19                  | L. Schickert |            | W45       | 28.39         | 29.  | R. Harris     | M50       | 68.29 | 47.29 |
| 20                  | P. Spencer   |            | W45       | 34.09         | 30.  | T. Brockwell  | W30       | 68.30 | 42.00 |
| 21                  | N. Berry     |            | W55       | 34.09         | 31.  | J. Stickles   | M50       | 68.34 | 46.34 |
| 22                  | S. Taylor    |            | M50       | 34.12         | 32.  | M. Faunge     | M50       | 68.36 | 47.36 |
| 23                  | J. Jenkins   |            | W40       | 36.11         | 33.  | D. Drayson    | M60       | 68.53 | 54.38 |
| 24                  | D. Horsley   |            | M75       | 39.42)        | 34.  | B. Graham     | M40       | 68.55 | -     |
| 25                  | D. Whittam   |            | W50       | 39.42)Walkers | 35.  | J. Spencer    | M50       | 69.15 | 47.15 |
| 26                  | J. Beaumont  |            | W50       | 39.42)        | 36.  | G. Schaffer   | M55       | 69.30 | 46.30 |
| <u>Visitors 10K</u> |              |            |           |               | 37.  | R. Lawrence   | M55       | 69.31 | 54.01 |
|                     | J. Toussaint |            |           | 55.01         | 38.  | J. Russell    | M55       | 69.32 | 54.02 |
|                     | K. Durrans   |            |           | 62.18         | 39.  | K. Johnson    | M55       | 69.40 | 54.10 |
|                     | G. Cavill    |            |           | 62.27         | 40.  | P. Cole       | M40       | 69.46 | 47.46 |
|                     | J. Spencer   |            |           | 64.31         | 41.  | E. Moyle      | M60       | 70.02 | 57.47 |
|                     | P. Sheerin   |            |           | 66.52         | 42.  | B. Foley      | M40       | 70.17 | 46.02 |
| <u>Pos</u>          | <u>Name</u>  | <u>10K</u> |           | <u>Clock</u>  | 43.  | F. Usher      | M60       | 70.25 | 62.40 |
|                     |              |            |           | <u>Time</u>   | 44.  | H. NcGlashan  | M50       | 70.50 | 48.00 |
| 1                   | R. Potter    |            | M45       | 62.15         | 45.  | J. Strachan   | W60       | 71.14 | 65.44 |
| 2                   | M. Forden    |            | W45       | 64.14         | 46.  | S. Hodge      | W40       | 71.27 | 57.12 |
| 3                   | M. Jones     |            | M45       | 64.33         | 47.  | D. Strachan   | M65       | 71.28 | 57.13 |
| 4                   | T. Costello  |            | M50       | 64.47         | 48.  | W. Crellin    | M45       | 71.44 | 52.59 |
| 5                   | P. Miller    |            | W45       | 65.27         | 49.  | A. Jenkins    | M40       | 72.02 | 49.02 |
| 6                   | C. Brockwell |            | M35       | 65.39         | 50.  | S. Hicks      | M65       | 72.10 | 59.55 |
| 7                   | G. Thornton  |            | M45       | 65.47         | 51.  | J. Pellier    | W45       | 72.59 | 56.29 |
| 8                   | B. Hardy     |            | M40       | 65.56         | 52.  | M. Webb       | W35       | 74.32 | 63.32 |
| 9                   | J. Pellier   |            | M45       | 66.01         | 53.  | M. Fermor     | M45       | 75.41 | 61.26 |
| 10                  | M. Traynor   |            | M45       | 66.19         | 54.  | K. Crellin    | W45       | 75.55 | -     |
|                     |              |            |           |               | 55.  | B. Buchanan   | W40       | 77.42 | -     |

7

BUNBURY MARATHON AND HALF MARATHON. 1st May 1988.

A cold morning greeted around 300 runners at Bunbury. Out to the turn conditions were very pleasant for running, but on turning all contestants

BUNBURY MARATHON AND HALF MARATHON. 1st May 1988.

A cold morning greeted around 300 runners at Bunbury. Out to the turn conditions were very pleasant for running, but on turning all contestants found a chilly headwind just a little difficult. A number of our vets complained of sore legs, a legacy of the Walliston Wallop the week before. However good results were obtained, with the best run of the day being recorded by Irene Stephens. Vets finished high up in the awards.

RESULTS. FULL MARATHON.

|                 |         |                               |
|-----------------|---------|-------------------------------|
| Chris Brockwell | 2.37.16 | 3rd Overall<br>3rd SW Champs. |
| John Pressley   | 2.42.03 |                               |
| Rob Harding     | 2.51.21 |                               |
| Jim Barnes      | 2.53.37 |                               |
| Barrie Robinson | 2.55.18 |                               |
| Ted Costello    | 2.56.29 | 1st M50                       |
| Wayne Pantall   | 2.57.44 |                               |
| John Pellier    | 2.59.55 |                               |
| Brian Danby     | 3.03.56 |                               |
| Graham Thornton | 3.15.38 |                               |
| Roy Beckett     | 3.19.58 |                               |
| Brian Kennedy   | 3.23.16 |                               |
| Robert Norton   | 3.36.09 |                               |
| Vic Beaumont    | 3.41.31 | 1st M55                       |
| Mary Pritchard  | 4.05.30 | 1st W45                       |
| Tina Carman     | 4.05.31 |                               |
| Gerald Foley    | 5.11.00 | 1st M65                       |

HALF MARATHON.

John Gilmour 1.20.35 1st

HALF MARATHON.

|                 |         |                               |
|-----------------|---------|-------------------------------|
| John Gilmour    | 1.20.35 | 1st M65                       |
| David Carr      | 1.28.08 | 1st M55                       |
| Tessa Brockwell | 1.28.11 | 3rd Overall<br>3rd SW Champs. |
| Roland Matzke   | 1.29.11 |                               |
| Barry Munyard   | 1.31.00 |                               |
| Tony Speechley  | 1.31.04 |                               |
| Rod Marston     | 1.32.03 |                               |
| Alan Pomery     | 1.32.50 |                               |
| Rob Shand       | 1.34.01 |                               |
| Brian Aldrich   | 1.35.33 |                               |
| Merv Moyle      | 1.35.41 | 1st M60                       |
| Keith Forden    | 1.35.56 |                               |
| Margery Forden  | 1.36.32 | 1st W45                       |
| Bob Hayres      | 1.37.09 |                               |
| Kirt Johnson    | 1.43.33 |                               |
| Joanne Pearce   | 1.43.48 | 1st W35                       |
| Merv Jones      | 1.43.56 |                               |
| Dennis Willmott | 1.45.37 |                               |
| Erica Mercer    | 1.45.51 | 1st W40                       |
| John Russell    | 1.50.19 |                               |
| Ernie Moyle     | 1.51.43 |                               |
| Leo Hassam      | 1.53.12 |                               |
| Gordon Florence | 1.54.00 |                               |
| Margaret Miller | 2.04.19 |                               |
| Dennis Miller   | 2.04.20 |                               |



John Gilmour

Well done to first achievers and to those who got PBs, to the rest, keep soldiering on.

Keith Forden. (thanks for the report. Ed)

MURDOCH CROSS COUNTRY.

15th May 1988.

Following three days of good rain and a fine blustery Sunday morning, the conditions were perfect as 73 hardy cross-country devotees, risking limbs, joints and tendons, set off around Murdochs varied terrain. Rabbit holes, pine cones and some lamenting about the previous evenings Cup Final results, were just some of the ordeals to be negotiated on this, the second annual Murdoch event which circumvents the university grounds and the Veterinary School premises.

Congratulations to Ted Maslen and Maureen Webb, 1st man and 1st Woman in the 5km and to Robert Argyle and Lyne Schickert in the 10km event.

Many thanks to Patrick Guiton and Murdoch University for permitting the club to use their grounds and premises.

Look forward to seeing you all (and more) next year.

John Spencer.

10km.

|     |             |     |         |     |             |     |        |
|-----|-------------|-----|---------|-----|-------------|-----|--------|
| 1.  | R Argyle    | M40 | 36.08** | 28. | D Carr      | M55 | 45.42  |
| 2.  | H Kirkman   | M45 | 36.19*  | 29. | J Yates     | M40 | 45.42  |
| 3.  | R Schickert | M45 | 37.09   | 30. | W Crellin   | M50 | 46.01  |
| 4.  | B Danby     | M35 | 37.16*  | 31. | D Caplin    | M45 | 46.11  |
| 5.  | J Gilmour   | M65 | 37.23*  | 32. | A Sim       | M40 | 46.51  |
| 6.  | J Ferris    | M35 | 38.50   | 33. | J Spencer?? | M45 | 47.25  |
| 7.  | D Roberts   | M45 | 39.34   | 34. | K Noordyk   | W40 | 47.26* |
| 8.  | R Sammells  | M50 | 40.04*  | 35. | A Noordyk   | M35 | 44.28  |
| 9.  | J Pressley  | M40 | 40.22   | 36. | R Potter    | M45 | 47.28  |
| 10. | P Martin    | M45 | 40.23   | 37. | G Peet      | M50 | 47.35  |
| 11. | J Pellier   | M45 | 40.35   | 38. | J Thompson  | M45 | 48.07  |
| 12. | R Doust     | Vis | 40.??   | 39. | K Johnson   | M55 | 48.13  |
| 13. | L Schickert | W45 | 41.19** | 40. | J Norden    | M45 | 50.45  |
| 14. | K Martin    | M50 | 41.26   | 41. | B Worner    | M55 | 51.27  |
| 15. | J Stickles  | M50 | 41.32   | 42. | F Hagger    | M60 | 51.46  |
| 16. | B Foley     | M40 | 41.45   | 43. | K Penton    | W45 | 51.48  |
| 17. | J Barnes    | M45 | 42.13   | 44. | E Moyle     | M60 | 53.01  |
| 18. | D Moffett   | M55 | 42.33*  | 45. | M Fermor    | M45 | 54.06  |
| 19. | P Airey     | M50 | 43.09   | 46. | C Bould     | M70 | 55.56* |
| 20. | J Trovato   | M45 | 42.21   | 47. | G Foley     | M60 | 56.01  |
| 21. | M Rhodes    | M40 | 43.23   | 48. | W Vincent   | W45 | 56.35  |
| 22. | R Attwell   | M50 | 43.28   | 49. | F Usher     | M60 | 56.49  |
| 23. | B Muntyard  | M40 | 44.15   | 50. | L Hassam    | M55 | 56.49  |
| 24. | A Pomery    | M55 | 45.12   |     |             |     |        |
| 25. | R Boggs     | M40 | 45.22   |     |             |     |        |
| 26. | M Moyle     | M60 | 45.23*  |     |             |     |        |
| 27. | B Paxman    | M55 | 45.40   |     |             |     |        |

5km.

|     |              |     |         |
|-----|--------------|-----|---------|
| 1.  | E Maslen     | M50 | 18.42** |
| 2.  | G Thornton   | M45 | 19.29*  |
| 3.  | J Malloy     | M35 | 19.58*  |
| 4.  | A Jenkins    | M40 | 20.32*  |
| 5.  | J Dartnell   | M40 | 20.42   |
| 6.  | R Stewart    | M45 | 20.47   |
| 7.  | D Vincent    | M50 | 23.31   |
| 8.  | M Jones      | M45 | 24.13   |
| 9.  | I Sutherland | M45 | 24.21   |
| 10. | J Russell    | M55 | 24.26*  |
| 11. | N Miller     | M55 | 25.02   |
| 12. | G Hair       | M45 | 26.03   |
| 13. | J Edwards    | M45 | 26.14   |
| 14. | M Webb       | W35 | 26.22** |
| 15. | J Lindsay    | M40 | 26.26   |
| 16. | W Hughes     | M60 | 26.41*  |
| 17. | J Johnson    | W40 | 27.38*  |
| 18. | P Carr       | W55 | 29.15*  |
| 19. | D Whittam    | W50 | 30.49*  |
| 20. | M Tapper     | W40 | 31.10   |
| 21. | K Crellin    | W45 | 32.00*  |
| 22. | B Buchanan   | W40 | 32.08   |
| 23. | K Walker     |     | 40.59   |
| 24. | V Tyson      | W60 | 42.35)* |
| 25. | J Beaumont   | W50 | 42.39)* |

Val Tyson in "Full Flight: at the recent National Championships in Brisbane.





A.A.W.A. WINTER COMPETITION.

The Veteran Club has commenced competition in the Athletic Association Winter Programme, with strong teams in both the men's and women's events.

We currently have 24 competitors and are looking for more new faces. At the Carine Relays on 21st May we fielded seven teams of two runners each, taking out second place in B grade and first two places in D grade men.

It was pleasing to see Alison, Jacqui, Pat and Val adding maturity to the women's events.

RESULTS:-30th April Lord Mayors Trophy.

|             |       |
|-------------|-------|
| D Reid      | 29.03 |
| H Kirkman   | 29.22 |
| R Raymen    | 31.01 |
| J Yates     | 31.07 |
| B Foley     | 32.03 |
| B Kernaghan | 37.38 |

8th May. Half Marathon. Herne Hill

|                 |       |
|-----------------|-------|
| Tessa Brockwell | 86.53 |
| Chris Brockwell | 75.36 |
| Joe Yates       | 84.45 |
| Peter Sanders   | 88.44 |

14th May Midland Handicaps.

|               |       |
|---------------|-------|
| 12km. J Yates | 53.52 |
| M Rhodes      | 57.19 |

|              |       |
|--------------|-------|
| 6km. D Hoyer | 25.56 |
| B Foley      | 26.07 |
| A Jenkins    | 27.57 |
| B Kernaghan  | 31.25 |

|                   |       |
|-------------------|-------|
| 3km. B Oliver     | 16.21 |
| Alison Aldrich    | 18.15 |
| Jacqui Greenfield | 22.08 |

WE EXTEND A WARM WELCOME TO THE FOLLOWING NEW MEMBERS:-

|                    |  |         |           |
|--------------------|--|---------|-----------|
| Keith R Field      | 18, Manbari Crescent, Wanneroo 6065.       | 4054561 | 23/Jul/43 |
| Loretta Winstanley | 8, Linden Gardens, Floreat 6014.           | 3878740 | 12/Jan/47 |
| David Baxter       | 17, Foston Drive. Duncraig. 6023.          | 4472573 | 17/Apr/51 |
| David A Reid       | 90, Hubert Street, East Victoria Park 6061 | 3623463 | 26/Jun/50 |
| John Ferris        | 4, Mead Cove, Ocean Reef. 6027.            | 4011507 | 04/Jul/50 |
| Patrick Sheerin    | 22, Archdeacon Street, Nedlands 6009       | 3867083 | 08/May/32 |
| John Goldsmith     | 1/43 Bourke Street, Yokine.6060.           | 4432352 | 15/Apr/25 |
| Jeffrey Spencer    | 11, Albatross Court, Yangebup. 6164        | 4171000 | 22/Feb/41 |
| Raymond K Harris   | 29, George Street, Rockingham 6168         | 5271582 | 02/Mar/34 |
| Gillian R Boyd     | 29, George Street, Rockingham 6168         | 5271582 | 11/Aug/46 |
| James McMillan     | 29, Nola Avenue, Scarborough 6019          | 3416389 | 02/Feb/25 |
| Robert A Chalmers  | 119, Read Street, Rockingham 6168          | 5273796 | 16/Jul/38 |
| Keith Durrans      | 18, Kingsley Terrace, Kelmscott 6111       | 3907980 | 03/Jun/50 |
| Margaret Durrans   | As Above                                   |         |           |
| Ronald Potter      | 14, Herdsman Parade, Wembley 6014          | 3871553 | 27/Feb/40 |
| Jeanne Potter      | As Above                                   |         |           |
| Margaret Birks     | 16, Sandalwood Avenue, Woodlands 6018.     | 4463642 | 09/Sep/46 |
| Susan Jones        | 100, Matilda Street, Huntingdale 6110.     | 3981157 | 25/Jan/49 |
| Robert Argyle      | 241, Heytesbury Road, Subiaco 6008.        | 3818417 | 25/May/45 |
| Jean E Argyle      | As Above                                   |         |           |
| Brian Paxman       | 56, Woodroyd Street, Mt Lawley 6050        | 2712556 | 02/Feb/30 |

OCEANIA GAMES.

We have been notified that the 1Vth Oceania Veteran Athletic Championships that were to have been held in Noumea, New Caledonia from June 11 to 15th have been cancelled.

ENLIGHTENMENT. (Murdoch Cross Country)

John Spencer has been having some sleepless nights since he organised the above event wondering how he managed to come in in 33rd place as he was SURE he didn't run (you get these sudden memory losses when you are race director) as he wasn't covered in mud after the event. Well the mystery becomes clear when you see the list of new members, it was JEFFREY Spencer who ran. Its becoming almost as confussing as M Smith in results.

10  
 A VERY HAPPY BIRTHDAY TO OUR "JUNE" MEMBERS  
 =====

|           |            |             |       |    |         |     |
|-----------|------------|-------------|-------|----|---------|-----|
| 01-JUN-48 | LINDSAY    | : Olga M    | turns | 40 | becomes | W40 |
| 03-JUN-18 | STRICKLAND | : Eddie     | "     | 70 | "       | M70 |
| 05-JUN-25 | WOOTEN     | : Cyril     | "     | 63 | remains | M60 |
| 07-JUN-37 | CROSS      | : Shirley   | "     | 51 | "       | W50 |
| 08-JUN-35 | COCHRANE   | : John      | "     | 53 | "       | M50 |
| 08-JUN-38 | DeSOUZA    | : Hilary    | "     | 50 | becomes | W50 |
| 08-JUN-26 | FOLEY      | : Gerald    | "     | 62 | remains | M60 |
| 08-JUN-51 | SANGER     | : Peter     | "     | 37 | "       | M35 |
| 13-JUN-35 | McKECHNIE  | : Joseph    | "     | 53 | "       | M50 |
| 15-JUN-32 | CARR       | : David     | "     | 56 | "       | M55 |
| 16-JUN-22 | JUNNER     | : Colin     | "     | 66 | "       | M65 |
| 17-JUN-43 | MARSTON    | : Rod J     | "     | 45 | becomes | M45 |
| 17-JUN-40 | THOMSETT   | : Barrie    | "     | 48 | remains | M45 |
| 18-JUN-46 | JOHNSTONE  | : Irene     | "     | 42 | "       | W40 |
| 19-JUN-23 | DRAYSON    | : Derek P   | "     | 65 | becomes | M65 |
| 20-JUN-25 | STRACHAN   | : June      | "     | 63 | remains | W60 |
| 21-JUN-48 | ASHURST    | : Susan Ann | "     | 40 | becomes | W40 |
| 22-JUN-39 | NORTON     | : Robert L  | "     | 49 | remains | M45 |
| 23-JUN-33 | WHISTLER   | : Kenneth E | "     | 55 | becomes | M55 |
| 27-JUN-47 | WOOLLARD   | : Keith     | "     | 41 | remains | M40 |
| 28-JUN-43 | MORRIS     | : Glenys    | "     | 45 | becomes | W45 |
| 28-JUN-37 | WATTS      | : Michael   | "     | 51 | remains | M50 |
| 29-JUN-35 | DAVIE      | : Aubrey    | "     | 53 | "       | M50 |
| 29-JUN-25 | HAGGER     | : Frederick | "     | 63 | "       | M60 |

HERNE HILL. 17th July 1988.

I have received a request from Morris Warren that this notice be printed just as it is written.

Dear Members,

Helpers needed for 25k R.R.C. Date. 2 timer keepers.  
 2 for drink/and 5k turn. 2 for drink/and turn 12.5k  
 Please contact Morris or Margaret 405 4094.

Yours Sincerely.

XXXXX Morris.

VETERANS TRIATHLON CLUB.

Erica Mercer has been asked to enquire if any club members are interested in helping to form a VETERANS triathlon club. Ages start as in our club and go in the same age groupings, no pre-vets. If you are interested please contact Stuart Gray, Vets Triathlon Club, 215, Nicholson Road, Shenton Park. 6008.

Just heard that DAVE JONES has just come out of hospital after having two operations on his foot. We hope that the operation cured the injury and that you soon have both feet back on the starting blocks.

Just another reminder that if anyone has any news, articles that may be of interest, photographs that could be used in the newsletter please let me have them before the 25th of the month, also could race directors please let me have a copy of the results along with a short write-up as soon as possible after the event, to 49, Holland Street, Wembley. 6014. Thanks Ed.

HAVE YOU RENEWED YOUR MEMBERSHIP YET??????????