



The Vetrans



No. 285 June 1997

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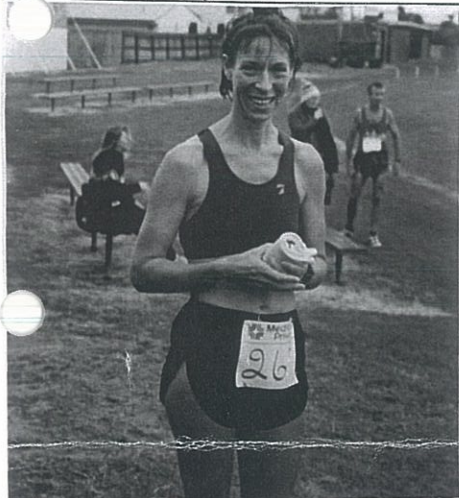
RUNNING MATES SUE & GERRY PREWETT



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Robyn King, first woman home in Bunbury Half Marathon.
Photos by Jenny Barnes



Margaret Birks finishes at Bunbury Marathon - Jim Langford is at far right

GOOD LUCK

Twelve of our members will compete in the World Veteran Championships in Durban, South Africa in July.

Good luck to Barbara Atkinson, Patricia and David Carr, Lynne Choate, Gary Clark, David Clive, John Gilmour, Erica Mercer, John Mollow, Norm Richards, Bob Sammells and Diane York.

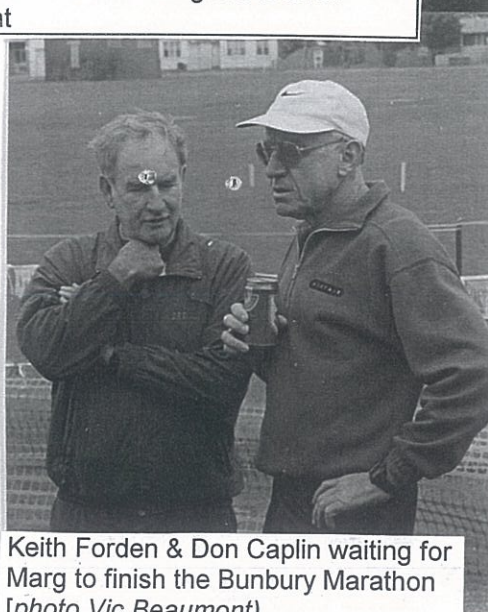
REMINDER!!

**CLUB CROSS COUNTRY CHAMPIONSHIPS AT JORGENSEN PARK
20 JULY, 1997
RACE STARTS AT 9.00AM
SPIT ROAST \$8.00 AT 11.00AM**

**PLEASE SEE GRAHAM THORNTON OR SUE JONES FOR BOOKINGS
Ph: 293 3027 or 398 1157**



Wendy Duncan & Roma Barnett all smiles after completing the Bunbury Marathon {photo Vic Beaumont}



Keith Forden & Don Caplin waiting for Marg to finish the Bunbury Marathon {photo Vic Beaumont}

Dear Veteran Friends

Just when you thought it was safe to put your toe in your sock...! Here's hoping you are all fit and well (enough to be able to read on).

No doubt everyone watched some sort of short "garb" on the London Marathon. This year's gallop was staged in brilliant sunshine with NO wind; the Start Line temperature was 14 degrees and all competitors came up with good times - and had a good time doing it. Most onlookers must have been impressed with the close finishes in both the Women's and Men's runs.

It was very pleasant to witness the entire elite part of event from the "comfort of one's own lounge room!" The mind was cast back to the 1994 trot when yours truly was last seen on the hoof in London! That year the initial temperature was only a mere three degrees to be more explicit, rising to a sweltering 6 degrees at the finish!. No one did or had a good time against the icy 40kpm head-wind (for three quarters of the trip). Several people in my neck of the woods were reduced to muttering, mostly about going back home to start again. One came from Peru, spending 40 minutes in a tee-shirt and shorts waiting for some son's gun to go off was the stuff of nightmares and never more convincing was the cry "Never again!"

Since arrival in the UK the weather has been decidedly cool - again!! Even the English agree on this point. An apart from LM-Day the sun has made only fleeting appearances. The entire country has been suffering from a drought for two years. This means it hasn't rained for two years. Who was it that said "I don't believe it!" Water is scarce in some counties and some form of informal rationing is recommended. On this score, attending to one's permanent teeth in a mug is one thing but the limit is exceeded when taking a shower under a rusty watering can. Shades of the WA Water Authority's edict on the use of sprinklers!

Similarities don't stop there! Britain, as everyone knows, is in the middle of the run-up to its General Dereliction which takes place on Thursday 1 May. All the comedians are out there making the usual

promises, threats and insults that were experienced a year ago by the Down Undies. Maybe they do it some other way on Mars. Local BBC guru of the Ballot Box, Peter Snow (he of size 13 boots) will be on the idiot box trainspotting in the wee hours to make his traditional prediction. It was in 1987 while I was in the land of my Mothers (Scotland, not Wales) that he forecast the final majority of the Conservatives after only one constituency count was complete (down Cornwall/Devon way). He must have got it right in the intervening jackpots for, like Arnold Schartznegar, he's back!

On 2 May the family are all going to Norwicks for the long May Day weekend. It is hoped that we don't have to dodge the bomb scares that have been rampant these last weeks. Then at the end of the month, with ever-twitchy wings, the next destination is Belfast en route to family on the West coast. I have discovered that the scribulations on my recent postcards can be read as a doctor's prescription for cemtex so it might be worth a try if the IRA make too much of a lather.

Athletic training recently, like me, has been rather thin on the ground. I like to blame the cold weather as there are not many other joggers in evidence anyway. Nevertheless, the shoulder is not excuse for the moment so I had better get back there after the weekend. Don't watch this space!

Best wishes,
From Garnet
c/- 11 Peshurst Rise, Frimley,
Camberley, Surrey, UK GU165XX

RUNNING MATES

This month meet our running mates - Sue and Gerry Prewett. Both born in the UK, Sue in Portsmouth and Gerry in Bristol. Sue came to Australia in 1975 and Gerry in 1990.

Neither did sport at school in fact Sue said she was bone idle and hid in the school library when it was sports time.

Gerry is a soccer fanatic and a Bristol Rovers supporter, anyone observant would have seen Gerry in the West Australian last year, he is on Internet with Rovers supporters all

over the world catching up with the latest news of the club along with other supporters. He sponsors a club player each year to buy their kit.

Gerry started running to lose weight and his first run was the Bath Half Marathon (one of my favourite runs) but Gerry hated every minute, later he joined Westbury Harriers but didn't find the club very friendly, so along with some mates and support from Telecom in 1987 they formed a club named Southside Striders.

Sue started running when she married Gerry. They have two boys aged 22 and 24.

Both Sue and Gerry run a wine tasting club on the Internet known as GPO AZ Wines and hold social events. Gerry is also the Financial Controller of the WA Marathon Club.
Joan Pellier

Occupation:

Sue - Has run a family day care centre from home for 20 years.

Gerry - Senior Financial Officer at Edith Cowan University.

How did they hear about the Vets?

Both - from Mike Anderson

What they like about the Vets?

Sue - Friendliness

Gerry - Low key and friendly people

Any changes?

Sue - None

Gerry - Some of the courses could be better marked.

Favourite run?

Sue - Perth Marathon

Gerry - King of the Mountain (WAMC)

Favourite distance?

Sue - Marathon

Gerry - Half marathon (half of anything)

Other hobbies?

Sue - Cooking, wine, cryptic crosswords.

Gerry - Soccer and wine tasting

Biggest thrill in running?

Sue - Going through the finish of a marathon.

Gerry - Staying fit

Ambition in running?

Sue - To finish the Mundaring to York race.

Gerry - Survive to see

Favourite Food?

Sue - Thai

Gerry - French

Favourite TV Show?

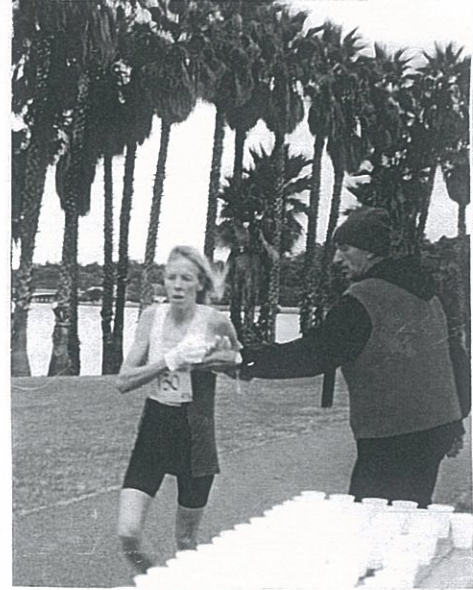
Sue - "Cracker"

Gerry - Any soccer programme.

Cecil Walkley, Duncan McAuley, Dennis Miller and Bob Sammells at Mature Age Games at Rockingham.
Photo: Vic Beaumont



Anne Shaw second in Women's 10K Classic (photos Jenny Barnes)

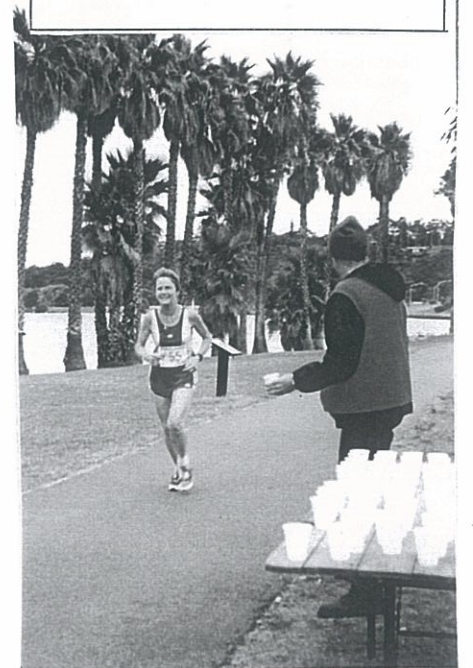


Chris Maher being presented with his prize and trophy after the Chris Brockwell Run.



Wendy Clements with her Winners Trophy.

Women's 10K Classic - Marge Forden



Sue Prewett 10K Women's Classic



Spot the runners - Photo taken during presentations at Chris Brockwell's Run



**YANCHEP RUN
EASTER 1997**

Well, after heavy non stop rains for the previous day and most of the night, Sunday dawned to a glorious morning. The air at Yanchep was fresh with the scent of eucalyptus and the rain had disappeared into the sand. It never ceases to amaze me that here in WA, there is little evidence of heavy rains the follow day. No mud or slush to run through (takes all the fun out of it).

We had a good run and natter and everyone enjoyed the cold cross buns and Easter eggs.

A big thank you to our helpers, Jackie Billington, Brian and Sue Danby, Bob Sammells, Joan Pellier and Kirt Johnson.

Looking forward to the next Yanchep run.

Denise Lancaster

8K

Wally Crawley	M40	30:59
Jan Kelly	W40	31:41
Kirt Johnson	M65	31:44
Brian Danby	M45	31:50
Sue Prewett	W45	34:09
Peter Hill	M45	34:11
Keith Atkinson	M40	34:13
John Pellier	M55	35:09
George Schaefer	M60	36:46
Gerry Prewett	M45	38:07
Jackie Halberg	W50	41:50
Margaret Warren	W60	49:02
Morris Warren	M55	49:02

5.4K

Paul Kelly	M40	21:32
Frank Gardiner	M45	22:41
Mike Anderson	M45	24:27
Peter Davies	M65	29:02

8K Walk

Ray Hall	M60	51:17
David Brown	M45	52:34
Jill Midolo	W45	62:27

5.4K Walk

Judy Hill	W45	50:02
Jeff Whittam	M60	50:03

Visitors

Mike Gardiner	5.4K	22:10
Loren Gardiner	5.4K	30:44

COPY FOR THE VETRUN

Results can be posted directly to Jackie Billington U5/8 Garnsworthy Place, Bassendean WA 6054.

Ph: 279 8679

Other copy items to Richard Harris at 30 Cosmelia Way, Lynwood WA 6147 Ph: 457 6102 or see at regular Sunday runs.

**BROCKWELL'S RUN
20/4/97**

Despite perfect conditions, the ninth running of our race saw a disappointing turnout with the lowest number of starters ever!! (102 starters). A number of age groups were not represented this year and I believe we must do more as a club to encourage younger people to our races.

I believe we should personally invite some of the top male and female runners in the state to a select number of our races. I don't know what the view of most members would be to this suggestion, but I am sure this would encourage a number of people in their early 30's to join the Vets once they experienced the Club hospitality!!

In the 6K event, Maxine Santich became the eighth overall female winner in nine years with a time of 26:33. Don Caplin took out the men's event for the first time in 23:35. The only age group record set in the 6K was by Cecil Walkley in the M65 division, Cecil ran 25:51 which beat the previous record by near 4 minutes!!

Marg Forden won her fourth overall female title in the 13K in 61:24. This was faster than her last win in 1992!! This was also a W55 age record by over 7 minutes which was a fantastic effort. There were no other age group records set in the female division.

Chris Maher won his third overall male title in the 13K in 46:06. This was also faster than Chris's last win in 1994!! The only age group record set this year was in the M55 with Frank Smith destroying the previous mark by over 3 minutes!! In a new time of 48:49.

We hope that you enjoyed the facilities at the race, the course and the catering. Perpetual Trophies (inc Age Divisions) will be inscribed with each winners name and time. These will be available for collection from our home at 3 Constitution Street, East Perth by the end of May 1997.

It was great to see Sheila Maslen back running and taking out the W55 in the 6K.

Our sincere thanks to Pat Savin, Bev and Graham Thornton, John Pressley, Wayne Pantell and Maureen Pomery for their invaluable help and assistance.

I hope you all enjoyed the race. See you next year for the tenth running!

Chris and Tess Brockwell

13K

Chris Maher	M40	46:06
Tom Savin	M50	47:59
Frank Smith	M55	48:49
Warren Gee	M45	49:41
Ralph Henderson	M45	50:14
Bob Schickert	M55	51:12
Jim Klinge	M50	51:15
Gary Fisher	M45	51:17
Ted Zgainski	M45	51:22
Milton Mavrick	M40	52:51
Brian Danby	M45	54:25
Vic Waters	M50	55:02
Geoff Mullins	M50	55:50
Brian Foley	M50	57:02
Mike Khan	M50	57:19
Bob Sammells	M60	57:57
George Schaefer	M60	58:24
Alan Jennings	M55	58:47
Kevin Corten	M50	59:14
Mark Rosen	M45	59:20
Stuart Parkinson	M50	60:20
Marg Forden	M55	61:24
Vic Beaumont	M65	62:29
Brian Bennett	M45	63:02
Merv Moyle	M70	63:10
Richard Harris	M60	63:53
Frank McLinden	M65	64:19
Jo Pearce	W45	65:06
Brian Hunter	M50	66:04
Ken Whistler	M65	66:12
Jackie Halberg	M50	66:17
Peter Davies	M65	67:08
Keith Forden	M55	68:18
Merv Jones	M55	68:48
Val Millard	W50	69:02
Brian Smith	M55	69:06
Norm Miller	M65	71:14
Morris Warren	M65	71:55
Margaret Warren	W60	71:55
Joan Pellier	W55	72:02
Kirt Johnson	M65	72:03
Shorty Turner	M60	72:56
Rae Hassell	W40	72:58
Jenny Barnes	W45	78:14
John Russell	M60	78:15
Arthur Leggett	M75	80:26
Suzan Brand	W50	82:15

6K

Don Caplin	M55	23:35
Peter Hickey	M35	23:52
David Carr	M60	24:08
John Bocian	M45	25:06
Cecil Walkley	M65	25:51
John Brambley	M55	25:53
Mike Anderson	M45	26:11

VISITORS

Jim White	6K	21:44
Stuart Airey	6K	22:55
Ian Davies	6K	24:24
Shirley Bell	6K	31:15
Maureen Wilson	6K	38:31
Rex Bruce	6K	38:31
Paul Odam	13K	47:57
Bill Jones	13K	49:32
Michael Schaefer	13K	49:58
Ian Lancaster	13K	59:17
Sue Lloyd	13KW	1:44:55
Maxine Santich	W45	26:33
Doug Hazell	M45	26:57
Terry Keesing	M35	27:46
Peter Airey	M60	28:04
Arnold Jenkins	M50	28:13
Dalton Moffatt	M65	28:38
Jim Riddell	M55	28:40
Roger Walsh	M50	29:02
Maurice Johnston	M60	29:34
Theresa House	W45	30:49
Brian Aldrich	M65	31:18
Delia Baldock	W35	31:19
Wendy Clements	W50	32:55
Ray Lawrence	M65	34:15
Irene Ferris	W45	34:38
Denise Lancaster	W45	35:02
Phyllis Farrell	W50	35:27
Rosa Davis	W50	36:12
Allen Tyson	M70	37:47
Sheila Maslen	W55	38:08
Jackie Billington	W50	38:09
Margaret Bennett	W55	38:23
Pat Miller	W55	38:23
Bernie Zalkner	W35	38:43
Glenice Shanahan	W70	51:16

13Kwalk

John Mison	M45	75:28
Paul Martin	M55	75:28
Michele Mison	W45	88:14
Lynne Schickert	W55	94:18
Jill Midolo	W45	98:50
Lorna Lauchlan	W65	98:50
Val Wheeler	W65	1:44:9

6K Walk

Pat Ainsworth	W60	48:45
Pamela Smith	W55	50:23
Alan Pomery	M65	61:08
Fred Watson	M75	61:08

OVERALL WINNERS 1997

Female 6K	Maxine Santich	26:33
Male 6K	Don Caplin	23:35
Female 13K	Marg Forden	61:24
Male 13K	Chris Maher	46:06
Female 6KW	Pat Ainsworth	48:45
Male 6K	Alan Pomery	63:35
	Fred Watson	63:35
Female 13KW	Michele Mison	88:14
Male 13KW	John Mison	75:28
	Paul Martin	75:28

6K AGE GROUP WINNERS

W35	Delia Baldock	32:19
W40	No entrant	
W45	Maxine Santich	26:33
W50	Wendy Clements	32:55
W55	Sheila Maslen	38:08
W60	No Entrant	
W65	No Entrant	
W70	Glenice Shanahan	51:16
W75	No Entrant	
M35	Peter Hickey	23:52
M40	No Entrant	
M45	John Bocian	25:06
M50	Arnold Jenkins	28:13
M55	Don Caplin	23:35
M60	David Carr	24:08
M65	Cecil Walkley	Record 25:51
M70	Allen Tyson	37:47
M75	No Entrant	

13K AGE GROUP WINNERS

W35	No Entrant	
W40	Rae Hassell	72:58
W45	Jo Pearce	65:06
W50	Jackie Halberg	66:17
W55	Marg Forden	Record 61:24
W60	Margaret Warren	71:55
W65	No Entrant	
W70	No Entrant	
W75	No Entrant	
M35	No Entrant	
M40	Chris Maher	46:06
M45	Warren Gee	49:41
M50	Tom Savin	47:59
M55	Frank Smith	Record 48:49
M60	Bob Sammells	57:57
M65	Vic Beaumont	62:29
M70	Merv Moyle	63:11
M75	Arthur Leggett	80:26

NEW MEMBERS

Stuart Airey	M30	11.7.64
Rex Bruce	M55	26.2.41.
Shirley Bell	W45	15.7.48.
John Henshaw	M70	20.9.26.
Ian Lankester	M45	6.12.47.
Judy Lankester	W45	22.7.50.
Su Lloyd	W40	6.8.52.
Gary Lynn	M50	30.3.44.
Roy Mercer	M50	24.7.42.
Jacqueline McManus	W50	6.2.45.
Maxine Stone	M45	12.5.52.
Peter Stone	W40	12.5.52.
Craig Watson	M40	23.2.56.
Maureen Wilson	W55	21.2.42.
Chris Windle	M55	9.9.40.

THE FORDEN'S HAVE GONE ON HOLIDAY AGAIN

Marg and Keith have gone to the UK for a three month holiday. Marg having just completed the Bunbury Marathon in her best time for a few years. We hope the weather is going to be kinder that it was down at Bunbury. Look forward to their return and holiday tales in August.

CAPEL TO COLLIE CLASSIC 1997

92km Team Relay
Starts in Capel
Finishes in Collie
Sunday 10 August

Categories: **Open**
Women
Veterans
Corporate
Schools

Entry Fee **\$40 per team**
\$15 per school team

For more information contact Kevin Martin on (08) 9795 8762 (ah) Bunbury Runners Club, PO Box 1161, Bunbury WA 6230

BANK'S RUN 4 May, 1997

This event, formerly Kirkman's Run, has suffered over the years from development work in East Perth. Seldom has it been possible to have identical courses in consecutive years and 1997 was no exception. So it was a relief to see everyone cross the finish line and, with the exception of one visitor who went astray, to learn of only the odd minor drama.

Hugh turned up to see what had been done to his run. Let's hope he went home a happy man and runs with us again soon.

I'd laid on perfect weather conditions and everyone took advantage of them. Julie Walsh and Stephen Dunn, and Robin King and Ross Parker lead the women and men runners home over their respective distances. Michelle and John Mison with Paul Martin, and Maureen Vine and Ray Hall did the same for the walkers.

There were some good finishes, too. Helen Lysaght held off Marg Forden in a long chase to the finish, as did Dave Roberts to Robin King.

Shorty Turner put in what George Schaefer calls an ego-driven finish to

pip walker Maggie Flanders, rather ungraciously, I thought, on the line. You ought to try the 400m, Shorty, with a sprint like that.

I am appreciative of the efforts of all who assisted. John Pressley for planning and measuring the course, Jackie Halberg with equipment, marshals Chris Brockwell and Wayne Pantall, and Dick Blom and Margaret Bennett at the finish. Many, many thanks.

Finally, no one complained about having to go up Nile Street. Wonders never cease.

Bob Sammells

6K

Stephen Dunn	M30	21:16
Ian Davies	M45	23:22
Hugh Kirkman	M55	23:47
Don Caplin	M55	24:23
Julie Walsh	W35	25:06
Mike Anderson	M45	25:08
John Brambley	M55	25:55
Peter Airey	M60	28:14
Robert Reece	M50	31:17
Peter Davies	M65	31:40
Wendy Clements	W50	32:23
Denise Lancaster	W45	33:05
Jan Jarvis	W50	34:28
Ray Lawrence	M65	34:29
Suzanne Brand	W50	35:06
Jackie Billington	W50	36:21
Pat Miller	W55	36:53
Sheila Maslen	W55	37:52
Mary Heppell	W55	38:16

9K

Ross Parker	M45	33:46
John West	M45	34:15
Bob Schickert	M55	35:32
Gary Fisher	M45	35:37
Gareth Brunt	M45	36:36
Brian Danby	M45	36:51
Max Thorley	M45	37:04
Vince Carrero	M50	37:51
Dave Roberts	M50	38:07
Robin King	W35	38:09
Jim Barnes	M50	38:14
Milton Mavrick	M40	39:16
Brian Foley	M50	39:54
Mike Khan	M50	40:08
Alan Jennings	M55	40:55
Kevin Corten	M50	41:10
John Pellier	M55	41:47
Stuart Parkinson	M50	42:22
Brian Bennett	M45	43:02
Helen Lysaght	W40	43:22
Marg Forden	W55	43:24
Richard Harris	M60	44:15
Bob Harrison	M55	44:26
Roger Walsh	M50	44:32
Merv Moyle	M70	44:55
Vic Beaumont	M65	45:02
Simon Mort	M40	45:13

Dalton Moffett	M65	45:56
Jo Pearce	W45	45:57
Brian Smith	M55	45:59
Ken Whistler	M65	46:16
Keith Forden	M55	46:27
Brian Hunter	M50	46:31
Frank McLinden	M65	47:41
Leon Sander	M60	47:51
Graham Thornton	M55	48:15
Merv Jones	M55	48:44
Norm Miller	M65	49:03
Craig Watson	M40	49:21
Val Millard	W50	49:25
Ann Turner	W60	50:14
Brian Palmer	M50	51:37
Shorty Turner	M60	51:58
Jenny Barnes	W45	52:43
John Russell	M60	52:44
Phyllis Farrell	W50	61:40

9K Walk

John Mison	M45	54:00
Paul Martin	M55	54:01
David Brown	M45	59:47
Barrie Thomsett	M55	62:01
Michelle Mison	W45	64:54
Lynne Schickert	W55	68:03
Jill Midolo	W45	68:04
Dorothy Whittam	W60	68:53
Val Wheeler	W65	76:37
Alan Pomery	M65	76:38

6K Walk

Ray Hall	M60	37:00
Maureen Vine	W40	47:19
Jeff Whittam	M60	47:59
Ernie Moyle	M70	48:00
Fred Watson	M75	49:27
Maggie Flanders	W60	51:59

Visitors

Alastair Holden	6K	27:08
Nicole Durrant	9K	40:56
Shirl Bell	9K	49:01
Phillipa Wasch	9K	49:24
Mark Schlau	9k	78:00

1998 OCEANIA VETERAN GAMES

The 9th Oceania Veteran Games will be held at Hawkes Bay, New Zealand from 17-25 January, 1998. Hawkes Bay is on the east coast of the North Island of New Zealand. Napier and Hastings are two cities in the area. Competition is for men 40 and women 35 in the usual 5 year age groups.

For further information contact the Organising Committee, Box 7144, Taradale, Napier, New Zealand.

ROCKINGHAM MATURE AGE GAMES 1997 ATHLETICS RESULTS

Cross Country - Women

Frances Lipscombe	W35	33:28.8
Donna Dahlstrom	W40	33:28.8
Fiona McAuley	W45	30:25.0

Cross Country - Men

Peter Miller	M30	26:36.1
Stephen Davies	M40	27:14.3
Darcy Duggan	M40	31:20.0
James White	M45	21:25.6
Duncan McAuley	M45	22:47.4
Darry Dahlstrom	M45	23:32.8
Des Harkup	M45	26:18.5
Arnold Jenkins	M50	30:56.0
Dennis Miller	M55	25:40.2
Gerald Chase	M55	29:53.6
Bob Sammells	M60	26:51.7

5K Walk - Women

Barb Atkinson	W45	31:42
Lesley Romeo	W50	34:04
Dorothy Whittam	W60	37:58
Glenice Shanahan	W70+	44:50

5K Walk - Men

Bob Chalmers	M55	35:10
Ray Hall	M60	32:15
Jeff Whittam	M60	40:03
Donald Stone	M65	36:27

5K Run - Men

Peter Miller	M30	21:39
James White	M45	17:24
Des Harkup	M45	21:35
Dennis Miller	M55	21:07
Cecil Walkley	M65	22:56
Allen Tyson	M70+	30:11

10K Run - Men

Chris Maher	M40	36:19
Stephen Davies	M40	44:17
Keith Atkinson	M40	44:20
Darry Dahlstrom	M45	40:20
Vic Beaumont	M65	50:08

100 metres - Women

Lynne Choate	W40	13.6
Beth Buckingham	W40	19.1
Pixie Doore	W50	16.1
Dorothy Whittam	W60	16.3
Patricia Carr	W65	16.4

100 metres - Men

Gavin Hames	M30	13.1
Ian Sanders	M35	13.5
Colin Johns	M35	13.6
Brad Sheldon	M35	16.1
Bob Pavone	M40	15.1
Duncan McAuley	M45	13.3
Dermot Rafferty	M45	13.8
Murray Tolbert	M50	12.5
Arnold Jenkins	M50	15.0
Norm Richards	M55	13.4
Mike O'Reilly	M55	14.2
Gordon Lauanders	M55	15.1
Bob Chalmers	M55	16.8
David Carr	M60	15.0
Fred Watson	M70+	29.2

200 metres - Women

Lynne Choate	W40	29.3
Pixie Doore	W50	35.6
Patricia Carr	W65	36.9

200 metres - Men

Greg Vander Sanden	M35	25.6
Ian Sanders	M35	31.0
Duncan McAuley	M45	27.2
Murray Tolbert	M50	27.8
Arnold Jenkins	M50	31.1
Norm Richards	M55	28.3
Miike O'Reilly	M55	29.9
Gordon Lauanders	M55	32.5
Bob Chalmers	M55	35.2
David Carr	M60	30.7
Allen Tyson	M70+	42.8

1500 metres - Women

Fiona McAuley	W45	6:26.8
Erica Mercer	W50	6:25.4
Glenice Shanahan	W70	11:17.7

1500 metres - Men

Peter Miller	M30	5:54.6
Greg Vander Sanden	M35	4:28.1
Andy Pickering	M35	5:36.3
Ian Sanders	M35	5:55.0
Chris Kiley	M40	4:43.0
Stephen Davies	M40	5:39.6
Duncan McAuley	M45	4:42.1
James White	M45	4:44.4
Arnold Jenkins	M50	5:50.8
Dennis Miller	M55	5:36.6
Mike O'Reilly	M55	5:46.3
Gerald Chase	M55	6:02.2
David Carr	M60	5:34.0
Bob Sammells	M60	5:46.6
Cecil Walkley	M65	6:10.6
Vic Beaumont	M65	6:42.2
Allen Tyson	M70+	8:22.3

Long Jump

Lynne Choate	W40	4.09m
Beth Buckingham	W40	2.70m
Pixie Doore	W50	3.56m
Erica Mercer	W50	2.92m
Dorothy Whittam	W60	3.56m
Patricia Carr	W65	3.57m
Glenice Shanahan	W70+	1.38m

Long Jump - Men

Gavin Hames	M30	5.66m
Colin Johns	M35	4.61m
Ian Sanders	M35	4.41m
Brad Sheldon	M35	3.96m
Bob Pavone	M40	3.65m
Murray Tolbert	M50	5.38m
Norm Richards	M55	4.59m
Ed Carroll	M55	4.36m
Gordon Lauanders	M55	3.76m
David Carr	M60	3.69m
Fred Watson	M70+	2.04m

Shot Put - Women

Lynne Choate	W40	6.76m
Beth Buckingham	W40	4.86m
Pixie Doore	W50	8.22m
Erica Mercer	W50	5.77m
Dorothy Whittam	W60	8.46m

Patricia Carr	W65	6.42m
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Shot Put - Men

Gavin Hames	M30	11.63m
Brad Sheldon	M35	7.98m
Greg Vander Sanden	M35	7.71m
Ian Sanders	M35	7.26m
Bob Pavone	M40	7.36m
Clive Choate	M45	8.23m
Murray Tolbert	M55	10.12m
Rob Young	M50	9.49m
Arnold Jenkins	M50	7.16m
Ed Carroll	M55	9.44m
Norm Richards	M55	7.79m
Mike O'Reilly	M55	7.64m
Bob Chalmers	M55	7.50m
Gordon Lauanders	M55	5.57m
John Cochrane SR	M60	10.54m
David Carr	M60	7.27m
Jeff Whittam	M60	6.33m
Rob Shand	M65	7.51m
Allen Tyson	M70+	7.22m
Fred Watson	M70+	5.36m

Javelin - Women

Lynne Choate	W40	18.06m
Beth Buckingham	W40	10.70m
Pixie Doore	W50	19.46m
Erica Mercer	W50	18.22m
Dorothy Whittam	W60	20.52m
Patricia Carr	W65	19.00m

Javelin - Men

Gavin Hames	M30	48.36m
Greg Vander Sanden	M35	28.54m
Brad Sheldon	M35	27.20m
Ian Saunders	M35	24.28
Colin Johns	M35	22.02m
Bob Pavone	M40	21.78m
Clive Choate	M45	31.58m
Murray Tolbert	M50	33.38m
Arnold Jenkins	M50	23.28m
Rob Young	M50	21.92m
Mike O'Reilly	M55	24.58m
Bob Chalmers	M55	24.08m
Norm Richards	M55	23.82m
Gordon Lauanders	M55	22.00m
David Carr	M60	24.36m
John Cochrane	M60	22.42m
Jeff Whittam	M60	18.00m
Rob Shand	M65	29.68m
Allen Tyson	M70+17.28m	
Fred Watson	M70+11.30m	

WILSON PARK RUN

25.5.97

Approximately 100 runner turned up and enjoyed the run from Wilson Park. Thanks to all the helpers and we hope to see you there again next year.

Jim Barnes**10K**

Chris Maher	M40	34:24
David Bishop	M40	35:10
John West	M45	35:25

Duncan McAuley	M45	36:24
Stephen Dunn	M30	36:42
Bernard Mangan	M40	37:06
Frank Smith	M55	37:39
Gary Fisher	M45	37:53
Bob Schickert	M55	38:02
Jim Klinge	M50	38:06
David James	M40	38:22
Gareth Brunt	M45	38:39
Vicente Carrero	M55	40:20
Dave Roberts	M50	40:25
Robyn King	W35	40:52
Milton Mavrick	M40	41:16
Vic Waters	M50	41:25
Dennis Miller	M55	41:48
Brian Foley	M50	42:01
Keith Atkinson	M40	43:17
Tess Brockwell	W40	43:18
Alan Jennings	M55	43:36
Mike Khan	M50	43:46
Kevin Corten	M50	43:47
Bob Sammells	M60	44:15
Joe Stickles	M55	44:27
Margaret Birks	W50	44:35
Graham Thornton	M55	44:50
John Bramley	M55	45:49
Cecil Walkley	M65	45:55
Max Kelly	M50	46:00
John Pellier	M55	46:03
Richard Harris	M60	46:23
George Schaefer	M60	46:36
Stuart Parkinson	M50	46:50
Merv Moyle	M60	46:53
Vic Beaumont	M65	47:02
Fiona McAuley	W45	48:04
Frank McLinden	M65	48:29
Dalton Moffett	M65	48:36
Leon Sander	M60	48:48
Arnold Jenkins	M50	49:10
Norm Miller	M65	49:18
Jenny Barnes	W45	50:17
Merv Jones	M55	51:02
John Russell	M60	51:09
Vai Milliard	W50	51:30
Brian Smith	M55	51:39
Jackie Halberg	W50	51:40
Aldo Giacomin	M60	52:29
Craig Watson	M40	52:31
Ann Turner	W60	52:44
Roma Barnett	W45	52:52
Ray Lawrence	M65	53:49
Joan Pellier	W55	54:16
Margaret Warren	W60	54:21
Wendy Duncan	W45	55:24
Irene Ferris	W45	56:30
Phyllis Farrell	W50	60:00
Susan Bran	W50	61:02
Stewart Hicks	M70	61:58
Mary Heppell	W55	63:04
Pat Miller	W55	65:53
Sheila Maslen	W55	66:03
Shorty Turner	M60	71:41

10K Walk

John Mison	M45	56:32
Paul Martin	M55	56:32
Barrie Thomsett	M55	65:06
Michele Mison	W45	68:47
Bob Fergie	M60	71:40
Ray Hall	M60	71:42

5K

Don Caplin	M55	18:58
Ian Davies	M45	20:34
David Carr	M60	21:00
Phil Hawkes	M35	22:21
Ian Passmore	M50	23:43
John Dartnall	M45	24:00
Peter Airey	M60	24:45
Delia Baldock	W35	25:06
Pauline Kelly	W50	25:38
Geoff Spencer	M55	27:30
Brian Bennett	M45	27:31
Margaret Bennett	W55	28:26
Allen Tyson	M70	34:45
Frank Usher	M70	38:19
Glenice Shanahan	W70	38:58

5K Walk

Lynne Schickert	W55	35:30
Val Wheeler	W65	40:16
Pamela Smith	W55	40:18
Barbara Atkinson	W45	40:18
	(actual)	32:18
Fred Watson	M75	42:59
Alan Pomery	M65	44:38
Ernie Moyle	M70	75:00

VISITORS

Steve Davies	10K	42:30
Mike Karra	10K	43:54
Andrew Miller	10K	48:06
Hugh Sykes	10K	50:45
Paula Karra	10K	58:40
Gerry Chase	5K	22:25

SUN CITY MASTERS GAMES 1998

Oz Events - event managers/planners - are looking for a person from the athletics fraternity to have an involvement with the Sun City Masters Games in October 1998 by means of being the sports co-ordinator for athletics.

The event managers/planners will work very closely with this person, assisting with the needs to provide a good athletics program for the games.

The Games Manager, Terry Loftus, told The Vetrin that the Sun City Masters Games are planned to be held every two years, gaining in popularity and gradually expanding with additional sports.

The inaugural games in 1998 will be the commencement of a ten year plan that he believes can be conducted within the North West metropolitan region of Perth.

The ultimate goal is that by the completion of the ten year plan, the World Masters or the Australian Masters would be scheduled for the region.

Terry said it is proposed to promote the games nationally and internationally, especially into New Zealand, Indonesia, Singapore, Kuala Lumpur and Hong Kong. This program will start in January 1998. Two thousand participants and many accompanying partners and spectators are anticipated.

The Albany Masters Games and the Rockingham Mature Age Games committees will be invited to promote their games. This would benefit all events by everyone working together promoting the games concept.

If you want to help, further information is available from Terry Loftus at Oz Events, PO Box 304, Wanneroo WA 6946. Phone (08) 9561 5692; fax 9561 5691; mobile 0419 818 120.

Email: ozevents@opera.iinet.net.au

- Richard Harris.

WOMEN REPRESENT VETS WITH DISTINCTION

Vets women performed strongly in the Marathon Club's 10 km Women's Classic in May and also in the Bunbury Runners' Club's Marathon and Half Marathon.

In the 10 km classic, Ann Shaw was second overall in 39.09 and in the associated 5 km event, Tessa Brockwell was second overall in 19.13. Many other Vets club members ran well in these events.

At Bunbury, the first woman home in the half marathon was Robyn King, in 1:31:08, and other vets women who came in strongly were Tessa Brockwell, 1:34:41; Margaret Birks, 1:40:49; Joan Pellier, 2:07:53 ("It's the best I've felt since my op," she said at the finish, drenched but beaming); Mary

Murphy 2:13:13; and Dorothy Whittam, who walked in at 2:43:48.

In the Marathon, Janet Kelly was the second woman home in 3:15:31; with Sue Prewett third in 3:15:47. Other Vets women who came home strongly were Marge Forden 3:45:21; Roma Barnett 4:04:25; and Wendy Duncan 4:19:32.

Vets Club men were very strong in the half marathon, with Chris Maher 1:18:24; John West 1:20:32; and Dave Bishop 1:20:44 coming 3rd, 4th and 5th. Other Vets Club men who did well included David James 1:29:30; Dave Roberts 1:31:04; Paul Kelly 1:33:34; Michael Khan 1:39:48; Gerry Prewett 1:44:05; Cecil Walkley 1:46:06; Vic Beaumont 1:47:31; Richard Harris 1:50:44; John Russell 2:03:04; and Barrie Thomsett (walker) 2:24:39.

In the Marathon, Vets men who did well included Jim Barnes, 12th overall, 3:17:03; Brian Danby 3:18:08; John Pellier 3:34:40; Mitch Loly 3:37:59 and Lyle James 4:34:46.

The Bunbury event was well organised, as usual. The only downside was the 4 km hill start into a gale with driving rain. While it wasn't cold, it was so wet the local frogs were all wearing oilskins and you had to ease off the pace from time to time to wring the water out of your clothing. - Richard Harris.

RESULTS OF BUNBURY 6 HOUR RUN HELD ON 1 MARCH '97

Brian Jackson	63.078k
Robyn King	58.288k
Steve Pager	56.706k
Doug Shaw	56.015k
Ron McGlenn	52.511k
Lyle James	51.992k
Dave Bird	50.0607
Tony Stahl	50.000k
Geoff Blyth	50.000k
Bjorn Dybdahl	50.000k
Dave Dye	50.000k
Stephen Dunn	42.500k
Ann Osborne	42.500k
Chris Cooper	36.500k
Gary Harris	34.000k
Phil Chilcott	25.500k

ANDY WRIGHT MEMORIAL HANDICAP

Seventy-seven official runners turned out this year for the above event, which was conducted again from the Hockey Pavilion at Aquinas College. It was not surprising that numbers were down on other years, as the Bunbury Half Marathon was on the same day, and that has been a popular event with quite a few Vets. The weather wasn't perfect - there being some drizzly showers on and off - but it was not cold, and there was not much wind. Members present agreed that they had an enjoyable run.

My thanks to those who helped conduct the event:- Pat Carr, Dalton Moffett, Ernie Moyle, Jackie Halberg, Morris Warren, Mike Rhodes, Ray Hall, Alan Jennings and his three children, Frank Smith and Stuart Hicks. And thanks to those who brought 'goodies' for morning tea. See you all again in 1998!

Leo Hassam

Results 10K Handicap

First Man	Brian Smith
Second	Norm Miller
Third	Arnold Jenkins
First Woman	Jenny Holm
Second	Theresa Howe
Third	Margaret Warren

5K Run

First Man	David Wilmer
Second	Paul Hughes
Third	Bruce Wilson
First Woman	Delia Baldock
Second	Susan Brand
Third	Margaret Bennett

5K Walk

First Man	Bob Fergie
Second	Fred Watson
Third	John Henshaw
First Woman	Maggie Flanders
Second	Lynne Schickert
Third	Glenice Shanahan

10K

Ian Lankester	M45	42:40	-	42:40
Simon Mort	M40	48:15	-	48:15
Liz Dartnell	W45	54:02	-	53:02
Brian Smith	M55	56:13	7:45	48:28
Norm Miller	M65	57:03	5:00	52:03
Jenny Holm	W45	57:20	7:45	49:35
Theresa Howe	W45	57:32	5:30	52:02
Margaret Warren	W60	58:12	6:00	52:12
Arnold Jenkins	M50	58:13	8:15	49:58
Ken Whistler	M65	58:30	11:30	47:00
Sue Sanders	W40	58:44	10:00	47:44
Val Millard	W50	58:54	6:15	52:39
Craig Wilson	M40	59:20	8:00	51:20
Jim Riddell	M55	59:24	6:00	53:24
Steve Barrie	M60	59:40	18:30	41:10
Peter Sanders	M50	59:55	20:00	39:55
Alec Holm	M50	60:07	18:00	42:07
Alan Jennings	M55	60:32	16:430	44:02
Wendy Clements	W50	60:40	5:00	55:40
Gary Fisher	M45	60:46	21:45	39:01
Vic Waters	M50	61:05	20:15	40:50

Vicente Carrero	M55	61:18	20:15	41:03
Jim Klinge	M50	61:20	22:30	38:50
Frank McLinden	M65	61:22	12:30	48:52
Ann Shaw	W45	61:24	22:00	39:24
Gareth Brunt	M45	61:30	21:30	40:00
Bob Sammells	M60	61:34	16:45	44:49
John Brambley	M55	61:37	15:00	46:37
Frank Gardiner	M45	61:44	18:45	42:59
Pat Miller	W55	61:50	0:30	61:20
Stuart Parkinson	M50	61:51	16:00	45:51
Milton Mavrick	M40	61:55	20:30	41:25
Phyllis Farrell	W50	61:56	1:00	60:56
Merv Moyle	M70	61:57	11:15	50:42
Aldo Giacomini	M60	61:58	11:00	50:58
Geoff Mullins	M50	62:11	19:30	42:41
Brian Foley	M50	62:42	19:15	43:27
Peter Airey	M60	62:51	15:00	47:51
Michael Anderson	M45	62:54	16:45	46:09
George Schaefer	M60	62:59	15:30	47:29
Ray Lawrence	M65	63:02	7:30	55:32
Brian Hunter	M50	63:50	12:00	51:50
Terry Keesing	M35	63:56	16:00	47:56
Sheila Maslen	W55	64:55	0:30	64:25
Bob Schickert	M55	64:58	22:00	42:58
Mary Heppell	W55	65:08	0:30	64:38
Brian Palmer	M50	68:12	10:00	58:12
John Pressley	M50	69:39	20:00	49:39
David Carr	M60	72:51	18:15	54:36

5K Handicap Walk

Bob Fergie	M60	44:20	11:15	33:05
Maggie Flanders	W60	45:27	00:00	45:27
Fred Watson	M75	45:30	00:30	45:05
Lynne Schickert	W55	46:22	08:30	37:52
Glenice Shanahan	W70	48:40	00:00	48:40
Jill Midolo	W45	48:41	10:00	38:41
John Henshaw	M70	64:16	(-12:00)	

10K Walk from scratch

Paul Martin	M50	54:30
David Brown	M50	64:21
Val Wheeler	W65	81:01

VISITORS

Nick Gardiner	10K	60:20
Bill Jones	10K	61:24 24:00 37:24
Mike Karra	10K	63:03

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HAPPY BIRTHDAY TO OUR JULY MEMBERS

Neimanic, Ed	01/07/41	56	remains	M55	Doylc, Garry	16/07/47	50	becomes	M50
Fergie, Bob	03/07/35	62	remains	M60	Heppell, Mary	16/07/37	60	becomes	W60
James, Lyle	03/07/40	57	remains	M55	Martin, Paul	18/07/41	56	remains	M55
Dartnall, Elizabeth	03/07/50	47	remains	W45	Browne, Wayne	19/07/47	50	becomes	M50
Leman, Sue	05/07/46	51	remains	W50	Van Bockxmeer, Maria	19/07/48	49	remains	W45
Bell, John	06/07/45	52	remains	M50	Slyth, Mary	20/07/41	56	remains	W55
Berry, Mike	06/07/31	66	remains	M65	Stone, Alan	20/07/32	65	becomes	M65
Vander Sanden, Greg	07/07/58	39	remains	M35	Jones, Mervyn	21/07/39	58	remains	M55
Zgainski, Edward	07/07/51	46	remains	M45	Lankester, Judy	22/07/50	47	remains	W45
Harrop, Lynn	07/07/53	44	remains	W40	Pratt, Charlie	24/07/30	67	remains	M65
Mark, Linda	08/07/51	46	remains	W45	Mercer, Roy	24/07/42	55	becomes	M55
Green, Stanley	09/07/14	83	remains	M80	Choate, Clive	25/07/51	46	remains	M45
Holm, Alec	09/07/45	52	remains	M50	Crowther, Enid	26/07/42	55	becomes	W55
Carse, Bridget	10/07/43	54	remains	W50	Meyers, Graeme	28/07/49	48	remains	M45
Whittam, Dorothy	10/07/36	61	remains	W60	Bonner, Val	28/07/41	56	remains	W55
Airey, Stuart	11/07/64	33	remains	M30	Forden, Margery	29/07/41	56	remains	W55
Dahlstrom, Donna	11/07/53	44	remains	W40	Wheeler, Val	29/07/31	66	remains	W65
Carpenter, John	11/07/46	51	remains	M50	Broderick, Carol	30/07/52	45	becomes	W45
Slinger, Joan	12/07/41	56	remains	W55	Moyle, Ernest	30/07/25	72	remains	M70
Dell, Shirley	15/07/48	49	remains	W45	Waldhuter, Brian	31/07/40	57	remains	M55
Chalmers, Robert	16/07/38	59	remains	M55					