



# McGillivray

December 7, 1994

**SHOT PUT**

Cathryn Holland	W35	8.40m
Peggy Macliver	W50	7.21m
Patricia Carr	W60	6.24m
Rory Trotter	M35	9.60m
Dave Wyatt	M40	7.36m
David Willmer	M40	6.23m
Ian Passmore	M50	8.25m
Arnold Jenkins	M50	8.03m
Keith Martin	M50	7.78m
Brian Foley	M50	7.46m
Mike O_Reilly	M55	8.34m
Rob Shand	M60	8.12m

**1500m Walk**

Cathryn Holland	W35	8:54
Peggy Macliver	W50	8:55
Milton Mavrick	M40	8:53
Brian Foley	M50	9:16
Arnold Jenkins	M50	9:47
David Carr	M60	10:30

**3000M**

Greg Van Der Sanden	M35	10:42
David Willmer	M40	10:51
Milton Mavrick	M40	11:48
Ian Davies	M45	10:45
John Pressley	M45	11:00
Jim Langford	M50	9:22*
Inaugural record		
Brian Foley	M50	10:55
Ian Passmore	M50	11:59
Arnold Jenkins	M50	12:13
Alan Jennings	M50	13:06
Don Caplin	M55	11:23
Alan Tyson 1 lap short	M65	13:09

**400M**

Cathryn Holland	W35	76.0
Greg Van Der Sanden	M35	55.0
John Molloy	M40	56.5
David Willmer	M40	66.0
Milton Mavrick	M40	68.6
John Pressley	M45	72.6
Peter Gare	M50	61.7
Ian Passmore		64.4
Alan Jennings	M50	67.8
Mike O_Reilly	M55	65.1
Don Caplin	M55	68.5
Ross Calnan	M55	69.2
Jim Riddell	M55	72.4
David Carr	M60	63.4
Allan Tyson	M65	79.3

# Coker Park

January 4, 1995

**1,000M**

Greg VanderSanden	M35	2:40.1
D. Hall	Vis	2:56.8
Brian Foley	M50	2:57.1
Bert Carse	M50	2:57.9
David Carr	M60	3:11.9
Keith Martin	M50	3:13.3
Arnold Jenkins	M50	3:15.5
Ivan Brown	M50	3:20.3
Alan Tyson	M65	4:11.2

# Track and Field 1994-1995

OUR six-month T&F programme culminates with the annual championships, the final weekend being April 1st and 2nd.

Full results will appear in *Vetrun* 260. The Patron's Trophy was contested October/December, and winners will be announced at the club's AGM on April 11 at Perry Lakes, Hockey Club Rooms.

**200M**

David Wyatt	M40	26.4
Eileen Hindle	W45	27.8
David Carr	M60	28.7
Ian Sanders	M35	28.9
Ivan Brown	M50	29.0
Arnold Jenkins	M50	29.7
Alan Tyson	M65	33.9
Noela Medcalf	W55	36.2

**5,000M**

Bert Carse	M50	18.20
David Wilmer	M40	18.39
Tessa Brockwell	W35	18.57
Ivan Brown	M50	20.22
Maureen Stewart	W55	22:15
Robin Bonner	M60	24:13
Alan Tyson	M65	24:43

**Long Jump**

Greg VanderSanden	M35	5.06
Eileen Hindle	W45	5.03
David Wyatt	M40	4.99

**Hammer**

Arnold Jenkins	M50	20.19
Alan Tyson	M65	16.73
Noela Medcalf	W55	16.22

**Discus (Dec 12, 94)**

Noela Medcalf	W55	19.57
Arnold Jenkins	M50	17.73
Patricia Carr	W60	14.03

# Coker Park

January 18, 1995

**90M**

Lynn Choate	W40	12.11
Dave Wyatt	M40	12.18
Keith Martin	M50	11.83
Norm Richards	M55	11.99
Lyn Choate	W40	13.57
Peggy Macliver	W50	15.31
Ian Sanders	M35	14.23
Dave Wyatt	M40	13.50
Milton Mavrick	M40	14.66
Chris Kelly	M40	15.76
Arnold Jenkins	M50	14.30
Norm Richards	M55	13.14
David Carr	M60	14.55

**400M**

Peggy Macliver	W50	74.99
Ian Sanders	M35	70.85
Milton Mavrick	M40	73.45
Chris Kelly	M40	75.95
Roy Fearnall	M50	59.23
Keith Martin	M50	59.34
Peter Gare	M50	60.16
Arnold Jenkins	M50	64.83
Brian Foley	M50	65.94
Ivan Brown	M50	66.69
Norm Richards	M55	71.15

**3000M**

Tessa Brockwell	W35	10:52
Dave Reid	M40	10:04
Milton Mavrick	M40	12:51
Chris Kelly	M40	13:24
Bert Carse	M50	10:14
Brian Foley	M50	11:01
Ivan Brown	M50	11:33
Arnold Jenkins	M50	13:26
David Carr	M60	11:32
Robin Bonner	M60	13:05
Allen Tyson	M65	15:33

**JAVELIN**

Lyn Choate	W40	17.72M
Gay Wyatt	W40	9.68M
Peggy Macliver	W50	16.82M
Patricia Carr	W60	19.46M
Ian Sanders	M35	21.98M
Chris Kelly	M40	26.82M
Dave Wyatt	M40	24.94M
Peter Gare	M50	33.64M
Rob Shand	M60	31.66M
Allen Tyson	M65	19.10M

**DISCUS**

Lyn Choate	W40	19.22M
Gay Wyatt	W40	14.36M
Peggy Macliver	W50	18.36M
Dorothy Whittam	W55	18.98M
Patricia Carr	W60	16.38M
Dave Wyatt	M40	21.22M
Chris Kelly	M40	18.42M
Peter Gare	M50	33.56M
Rob Shand	M60	30.32M
Jeff Whittam	M60	22.34M
Allen Tyson	M65	21.32M

# McGillivray

January 25, 1995

**5000M**

Tessa Brockwell	W35	18:51
Milton Mavrick	M40	22:36
Bruce Wilson	M45	18:22
John Pressley	M45	19:05
Ivan Brown	M50	20:30
Arnold Jenkins	M50	22:46
Don Caplin	M55	20:27
Rob Shand	M60	21:40
Robin Bonner	M60	22:55

**1500M**

Milton Mavrick	M40	5:40
Chris Kelly	M40	6:09
John Pressley	M45	5:27
Brian Foley	M50	4:54
Arnold Jenkins	M50	5:57
Don Caplin	M55	5:01

**2000M-W**

Dorothy Whittam	W55	13:28
Jeff Whittam	M60	14:43

**400M**

Lyn Choate	W40	67:82
Greg VanderSanden	M35	53:11

# CHAMPIONSHIP CHANGES

THE detailed programme for our annual championships contained some errors.

Please make the following corrections to your copy, printed in *Vetrun* 258, and check whether they affect your entry. Jacqui Halberg should be contacted if you wish to make late changes, because of these errors on our part.

**March 29:**

4.15pm	W30/45	800M
4.25pm	W50+	800M

2K Steeplechase is for M60, and all W  
3K Steeplechase - M35/M55

**April 1:**

12.15pm	M70/W40+	80M Hurdles
12.45pm	W30-45	Long Jump
1.00pm	M50+	Shot Putt
1.20pm	W50+	Long Jump
1.30pm	M50+	400M
1.55pm	M50+	Triple Jump
2.00pm	W50+	Javelin
2.40pm	M50+	100M
2.50pm	W50+	200M
3.00pm	M35/45	Triple Jump
3.10pm	M50+	800M
3.35pm	All M/W	2,000M Walk
3.40pm	W50+	Discus

**April 2:**

9.45am	W30/45	400M
9.45am	W50+	Shot Putt
10.10am	M50+	Long Jump
10.15am	W50+	400M
10.25am	W30/45	Shot Putt
10.40am	W50+	Triple Jump
10.50am	M50+	Javelin
11.10am	W50+	100M
11.20am	M50+	200M
11.30am	W30/45	Triple Jump
11.40am	W50+	1500M
12.15pm	M50+	Discus
1.30pm	M50+	1500M

January 25 - continues

John Pressley	M45	74:87
Keith Martin	M50	58:50
Peter Gare	M50	59:35
Arnold Jenkins	M50	66:27
David Carr	M60	62:25

**200M**

Lyn Choate	W40	28:51
Ian Sanders	M35	29:18
Dave Wyatt	M40	26:94
Chris Kelly	M40	33:37
Norm Richards	M55	28:12
David Carr	M60	29:12

**Long Jump**

Gay Wyatt	W40	3.24
Janet Jarvis	W45	4.17
Dave Wyatt	M40	5.08
Chris Kelly	M40	3.89
Keith Martin	M50	4.95
David Carr	M60	3.71

**Shot Putt**

Pat Carr	W60	6.30
Ian Sanders	M35	6.38
Chris Kelly	M40	6.25
Arnold Jenkins	M50	7.83

# Coker Park

February 8, 1995

**400m**

Lynne Choate	W40	65.57
A Stingemore	W40	66.11
Peggy MacLiver	W50	71.84
Noela Medcalf	W60	86.77
Keith Martin	M50	58.77
Peter Gare	M50	60.30
Eric Owers	M50	63.10
Brian Foley	M50	66.82
Arnold Jenkins	M50	68.10
Ivan Brown	M50	70.23
David Carr	M60	62.65
Robin Bonner	M60	79.31

# Coker Park

February 1, 1995

**Long Jump**

Gay Wyatt	W40	3.58
Eileen Hindle	W45	8.14
Dave Wyatt	M40	5.09
Chris Kelly	M40	4.28
Keith Martin	M50	5.38
David Carr	M60	4.30

February 8 - continues

**100M**

Lynne Choate	W40	13.0
Peggy MacLiver	W50	14.8
Patricia Carr	W60	16.3
Noela Medcalf	W60	18.1
Rory Trotter	M35	12.5
Dave Wyatt	M40	12.8
Keith Martin	M50	12.7
Arnold Jenkins	M50	14.9
David Carr	M60	14.3

**Triple Jump**

Gay Wyatt	W40	7.83M
Rory Trotter	M35	10.04M
Dave Wyatt	M40	10.50M
David Carr	M60	8.60M

**1 Mile**

Bert Carse	M50	5:09
Eric Owers	M50	5:15
Brian Foley	M50	5:26
Ivan Brown	M50	5:50
Arnold Jenkins	M50	6:15
Robin Bonner	M60	6:32
Jackie Halberg	W45	7:23

**Discus**

Lynne Choate	W40	19.90
Gay Wyatt	W40	14.20
Peggy Macliver	W50	18.68
Noela Medcalf	W60	18.52
Patricia Carr	W60	16.50
Rory Trotter	M35	22.00

Dave Wyatt	M40	23.20
Peter Gare	M50	26.52
Ivan Brown	M50	18.16
Arnold Jenkins	M50	17.82
Rob Shand	M60	28.52

**Shot**

Gay Wyatt	W40	5.04
Noela Medcalf	W60	6.49
Pat Carr	W60	6.33
Rory Trotter	M35	9.70
Dave Wyatt	M40	7.04
Peter Gare	M50	9.28
Arnold Jenkins	M50	7.95
Rob Shand	M60	7.92

# Coker Park

March 1, 1995

LEON Sander is 58, has a fine turn of speed, and jumps like a flea. He had never picked up a discus before this night. How much more untapped talent is in the club? DC.

**Discus**

Ian Sanders	M35	24.84
David Wyatt	M40	20.60
Arnold Jenkins	M50	21.76
Leon Sander	M55(1Kg)	24.84
David Carr	M60	20.90
Peggy Macliver	W50	18.86
Noela Medcalf	W60	18.48
Patricia Carr	W60	18.78

**400M**

Ian Sanders	M35	69.4
John Molloy	M40	54.9
Arnold Jenkins	M50	64.7
Ivan Brown	M50	65.3
Jim Riddell	M55	74.0
David Carr	M60	64.1
Allen Tyson	M70	81.8
Peggy Macliver	W50	70.6
Noela Medcalf	W60	82.0
Patricia Carr	W60	90.2

**200M**

David Wyatt	M40	26.6
Arnold Jenkins	M50	29.4
David Clive	M55	26.9
Jim Riddell	M55	32.2
Leon Sander	M55	30.3
David Carr	M60	28.0
Eileen Hindle	W45	28.0
Peggy Macliver	W50	30.0
Patricia Carr	W60	34.9
Noela Medcalf	W60	36.2

**3,000M**

Ian Sanders	M35	13:50
Jim White	M40	9:46
David Reid	M40	9:49
David Willmer	M40	10:32
Evan McRae	M45	10:52
Ivan Brown	M50	11:02
Brian Foley	M50	10:44
Robin Bonner	M60	12:29
Allen Tyson	M70	15:15
Tessa Brockwell	W35	10:38

**Javelin**

Arnold Jenkins	M50	25.59
David Carr	M60	19.17
Allen Tyson	M70	18.14
Eileen Hindle	W45	15.92
Peggy Macliver	W50	

## Quiz night success

THE Rugby Club at Perry Lakes was packed as Quiz Master George Schaefer opened proceedings at the on February 3.

Mike Rhodes had been burning the midnight oil preparing a rare blend of questions suitable only for Rhodes Scholars!

Competition was keen all evening with good scores, but there was a minor uproar when the winning team happened to be in the front row close to Margaret Birks and Lorna Lauchlan, who had all the answers (but don't they always!)

Richard Harris and David Carr held the audience spellbound with 'My Word' style stories, but is anyone ever going to share lunch with Dave after his tale?

Distance running must foster poetical licence.

The limericks beginning 'There once was an elderly Vet' kept the judges busy and sometimes blushing, but Merv Jones got the nod for the best five-line stanza.

A magnificent hand crafted candelabra by Ray Barnett, which could have adorned any stately home, was auctioned and this generous donation by

### Track and Field

## McGillivray

March 8, 1995

#### 4x100M Relay

Pat Carr, John Stone, Norm Richards, Dave Wyatt 55:11

Rory Trotter, David Carr, Peggy Macliver, Brian Foley 55.30

Allen Tyson, Greg VanderSanden, Ivan Brown, Arnold Jenkins 59:57

#### 10,000M

Jim White	M40	36:01
John West	M45	36:09
David Willmer	M40	38:38
Greg VanderSanden		39:45
Ivan Brown	M50	41:47
Brian Foley	M50	41:49
Robin Bonner	M60	44:11
Allen Tyson	M65	51:50

#### Triple Jump

Dave Wyatt	M40	10.36
Rory Trotter	M35	9.59
Leon Sander	M55	8.89
David Carr	M60	8.55
Gay Wyatt	W40	7.53

#### Javelin

Rob Shand	M60	31.15
Rory Trotter	M35	30.25
Arnold Jenkins	M50	27.41
Peggy Macliver	W50	19.28
Patricia Carr	W60	18.42
Leon Sander	M55	31.15

## VICHEALTH MASTERS GAMES IN MELBOURNE

THE 5th Australian Masters Games is in Melbourne this year, with athletics events staged on October 5th-8th, and on the 10th, 12th and 14th.

Games entry fee is \$50, plus a \$15 'sports fee' which presumably covers all your athletics events.

Full details are obtainable on (ph) 03 666 4260, (fax) 03 666 4232; or write to GPO Box 2392V, Melbourne Vic 3001.

The Games are sponsored by VicHealth, and Active for Life.

The athletic programme looks extensive, covering 100M to half-marathon; sprint and 3/400 hurdles, steeplechase; 1,500, 5,000 and 10K walks; 8K cross country, 10K road race, 5K road fun run /walk; all field events, inc. pole vault; pentathlon and weight pentathlon.

Ray, and Roma Bettles, was most gratefully acknowledged.

Special thanks are also due to Jackie Billington and Brian Foley for their work and to the abovementioned and all others who made the evening possible.

Finally, thanks to all of you who attended and contributed towards the \$500 raised for club funds during a most enjoyable evening.

See you next time!

Dalton Moffett

## ... Memo from Myalup

Dear members,

...a few words about the Myalup Running Weekend (March 4-6.)

Many thanks, Keith, Forden, for becoming run director for the weekend. Putting water out on the pine forest tracks you gave us plenty of choice of distances.

#### 6 and 12 Hrs

On Saturday some of us went to see the Bunbury Amateur Athletic Club start their Six and 12 Hour events, and the One Hour Race that was put on before the main attraction. (Chris Maher did very well, covering more than 15K in the hour, to take second place. We hope for full results next issue.ED.)

The Bunbury club has a 500 metre grass track outside their club room, and everything was done very professionally. Sorry I don't have the results.

Sunday trivia: Bunbury Triathlon Club hosted the State Championships, and we had triathlete and Vet Don

## Letters

Dear Vic,

I should like to thank the committee and members for the lovely flowers and cards I received while in hospital. I'll be joining the walkers for the next few weeks, then, look out W55s!

Best wishes,

Joan Pellier

### Timely Tip

Dear Vic,

While trying to get fit at our nearby park I carefully measured, and marked out for future reference, exactly 100m along the most flat length of grass available.

Timing was of the nonsense, of course, and I had acquired a small secondhand wristwatch, complete with second hand. This was easy to read when at the standing start, but problematical when about to cross the finish line.

One day, in the middle of the night, came forth (or fifth) a bright idea.

I moved the watch around my wrist until the face was in line with my left thumb. Thus, the second hand directly faced my eyes, and I no longer wasted time turning the forearm to read the dial.

I have checked this method against that of a stop-watch expert, whose timing was less than a second different from mine. Now I am content to rely on my training times.

George Boakes

(Now 82, George is one of our oldest members, a sprightly and competitive triple jump and sprint specialist.ED.)

### from Morris and Margaret Warren

Caplin in our hut. He arose at 5.10am. Thump, thump; clump, clump - for an hour before he pedalled off the 45K to Bunbury.

Do all triathletes Bootscoot for an hour before they get on their bikes?

Sunday night we all got together around the barbecue, and then in our hut. We were well entertained by Keith, Barry, and Rosa, all reminiscing of the early days in Perth.

#### Before his time...

"Do you remember that, Don?" they kept asking.

"No, before my time," Don kept replying.

Good fun, good running, good friendship. Thank you all, and see you next time.

## SECRETARY'S REPORT

### ADMINISTRATION

CLUB membership rules were changed at the last Annual General Meeting so that new members would be 35 years and over for men and women. Congratulations were extended to Brian Danby on his election as a Life Member.

The Committee met monthly throughout the year and continued to meet the workload required of a full competition and social calendar. One casual vacancy during the year was quickly filled. Thanks go to all Committee members for their untiring efforts. The committee to organize the Nationals in 1996 was set up under the chairmanship of Ivan Brown, positions are still available for any willing volunteers.

A 'subs' day for the collection of annual fees was very successful with over half of the dues being gathered on the one day.

Debate on the frequency and format of the *Vetrun* continued through the year with the result that issues will be less than monthly with flyers to

## Beyond the fringe - and over the border

by David Carr

PERTH is the world's most isolated capital, but our members find their way out on occasion.

Cynthia and David Clive are back, after a year in New Guinea where they managed a student residential hall in the highlands. David's lost none of his pace: he's run a 26.9 seconds 200M at Coker.

### USA

The club will be well represented at the World Veterans' Track and Field Championships, in Buffalo, NY, in July. President Brian Foley, Allen Tyson, Valerie Prescott, Keith Martin, John Molloy, Erica Mercer, Norm Richards, Roy Fearnall, Lynne Choate, Frank McLinden, Evan McCrae, and others, are in training.

Evan's mother, father and brother will also be competing; Norm Richards is making rapid recovery from a leg injury; but Keith has a more serious leg injury. Notable absentee from the list is John Gilmour, who has had another knee operation.

### Townsville, Qld

Noela and Gordon Medcalf, and John Molloy, will attend the National Championships in May. No doubt there are others, but we have no firm information. This is the only time the championships have not been held at Easter.

cover any urgent club information that needs to be disseminated.

In line with club safety policies, first aid courses are to be sponsored to enable nominated Safety Officers to be at each run.

At the end of 1994 the club affiliated with Athletics West, the umbrella organization for athletics in W.A.

### COMPETITION

This was another very successful year with the regular Sunday morning runs being well organised and well attended. Thanks go to all the race directors and their assistants. Track and field time trials numbers have been steady. The numbers at AAWA track and field meetings have been low; however these should increase for the winter season.

Awards were initiated for the Annual Handicap event, Road Race Championships, Road Walk Championships, Half Marathon and the State Cross Country Championships.

A new event, the 6 Hour Relay was shortened by mutual consent to four hours due to very hot and windy conditions. Creditable performances were made by all categories and much was learned about this type of event.

Our athletes performed exceptionally well in a number of external com-

petitions including the Australian Nationals, the Australian Masters and the Alice Springs Masters.

As well as all the members that won medals or set records in the various State and interstate meetings mention must be made of the York to Toodyay relay team with its sub 4 hour time and a special mention of John Pellier's 50th marathon.

### SOCIAL

The Social Committee was very busy this year and must be commended on its efforts. We had the usual long weekend camps, this year at Rottnest and Wellington Mills, and both were very well attended.

The Annual Dinner was held at the Langley Plaza and was a resounding success.

An after run lunch at 'Rosies' was the venue for the new award presentations and proved very popular. Obviously good food, good company and a medal or two makes a winning formula! The Cross Country Championships lunch and the morning teas were very popular and are automatic parts of the club programme. Once again thanks to everybody who assisted in making this year another enjoyable and very successful one.

Bob Fergie, Secretary.

## Notice Board

### NEW MEMBERS

Charles William Mackinnon	M45
Rod Davies	M50
Denise Davies	M50
Derek Harold Keene	M55
David Brown	M45
Roger Whalan	M50
Helen Whalan	W55
John Charles Walker	M45
David John Willmer	M40
Rosanne Kemp	W30
Patricia Ainsworth	W55
Joanne Pearce	W45
Glenice Shanahan	W70
Penny Brown	W45
Robert Reece	M45
Helen Lysaght	W40

## The Vetruns

Vetrun is the club magazine of the WA Veterans Athletic Club.

Patron: W.J. (Bill) Hughes

President: Brian Foley  
339 2716

Secretary: Bob Fergie  
447 6898

COPY for the magazine should be submitted to editor Vic Waters at 47 Sulman Road, Wembley Downs, 6019.

Phone: 341 3464 (H)  
Fax: 245 3169  
Next Issue: April/May

# AGM 1995... AGM 1995...AGM 1995... AGM

THE 1994/95 financial year was closed off as at 28 February 1995 to allow time for finalisation of the accounts and to have the financial statement ready for printing in the March issue of the *Vetrun*.

As a result of the introduction of a subscription day and the reformat of the membership form, fees were paid a lot earlier than in previous years. It makes the treasurer's task a lot easier if members respond promptly. Thank you to all those members.

This year the balance in the bank has been reduced to \$8270.95. Old

## REPORTING PERIOD: March 10, 1994-Feb 2 1995

PAYMENTS		1994/95	1993/94
Vetrun-Printing/ Stationery	3457.35	2,651.00	
Vetrun-Postage	641.55	726.48	
Trophies & Engraving	374.00	42.85	
Track Expenses	1660.20	1,850.89	
Printing of Programmes/ Certificates	417.00		
AAVAC Capitation Fees/ A/Fare Subsidy	1309.25		
Social Expenses	2550.03	1,980.64	
T Shirts	1569.30		
Equipment/Shute/Flags	448.65		
Deposit for Quiz Night	120.00		
Bank Fees	39.21	71.23	
Postage/Phone/ Stationery	422.40	297.54	
Trailer License	25.65		
Wellington Mills		460.00	
Myalup	660.00		
Repair of Stop Watches	287.46		
Repair of Computer	120.00		
Name Badges	304.55	444.70	
Rottnest Trip	1869.00	1,991.00	
AAWA Affil Fee	300.00	300.00	
Insurance	277.75	264.55	
Annual Dinner	3233.00	4,192.75	
Advance Social	38.92		
Advance-Secretary	150.00	49.62	
Advance-Treasurer	150.00	167.70	
Uniforms AAVAC		185.00	
AAWA Registrations	312.00		
Fremantle Port Authority		50.00	
Sundry	61.30	88.95	
Solicitor's Bill		460.00	
Typewriter	535.50		
Photocopier	1,100.00		
<b>Total</b>	<b>22,434.07</b>	<b>16,274.90</b>	

## TREASURER'S REPORT

equipment like the shute and flag have been replaced, a new typewriter and photocopier bought. Consequently the fees have been increased by \$2.00 per person, the first increase in two years.

Memberships remain constant. There are 390 ordinary members, 22 honorary members and 15 life members.

RECEIPTS		1994/95	1993/94
Subscriptions	7140.00	7,289.00	
Singlets/Tshirts	1678.55	233.00	
Track	932.21	712.50	
State Champ Entries		109.00	
State Champ Canteen	284.40	359.30	
Bank Interest	465.23	611.78	
Vetrun Advertising		200.00	
Jorgenson Park Meals	395.00	568.50	
Rottnest Trip	1957.00	1,969.00	
Visitors fees/ Morning teas	886.40	454.90	
Annual dinner dance	2400.00	2,975.00	
Wellington Mills	43.00	534.50	
Uniforms AAVAC/ Prizemoney	40.00	185.00	
AAWA Memberships	192.00	420.00	
Sundry	814.00	24.00	
Rosie O'Gradys	620.00		
Quiz Night	581.65		
Myalup	96.00		
<b>Total</b>	<b>18,525.42</b>	<b>16,645.48</b>	

## RECONCILIATION

Funds held at R & I Bank of Western Australia Ltd as at 09/03/94	12,179.60
plus receipts for year	18,525.42
sub total	30,705.02
less payments for year	22,434.07
Balance as at 28/02/95	8,270.95
Held in accounts:	
Cheque	2,180.18
Term Deposit	6,090.77
Total	8,270.95

I Ferris R LLawrence  
Hon. Treasurer Hon Auditor

## PRESIDENT'S REPORT

WA VETERANS Athletics Club has continued to be a successful part of the athletics scene in Western Australia. Membership levels remain constant. The average member's age is now 51 years, and one third of the members are women.

Our members competed in the Athletic Association events, and at State and Australian Veterans championships during the year, as well as at the World Masters Games in Brisbane.

The weekly running and walking programme was well conducted, with only a few, minor, issues of concern during the year. Under the direction of Bob Sammells, the increased emphasis on road safety has led to review of several courses. For instance, the surface of the path around Herrison Island, where our only two accidents this year occurred, is questionable.

Track and field meetings on Wednesday evenings have again proved successful, under a different format this season. More field events were available, and more relays have increased participation, and brought new faces to the club.

With the National Veterans Championships scheduled for Perth at Easter, 1996, a sub-committee has been formed by Jacqui Halberg, and begun the planning necessary to stage this meeting.

WAVAC joined Athletics West during the year. This is the umbrella body of athletics for the Ministry of Sport, and we will be working with them in seeking sponsorship for the Championships, and for the development of athletics in WA.

The Vets national organisation, the AAVAC, has also gained funds from the Australian Sports Commission to organise a development programme, and they would like one representative from WA to join a committee to help organise such activity.

Our club social events have proved popular, and were well supported. The weekend camps, annual dinner, presentation day, cross-country lunch and quiz night were highlights of the year. We should thank Jacqui Billington, Joan Pellier and Margaret Birks for their efforts on these occasions.

The club's equipment has been overhauled under the direction of Roma Bettles, and the basic kit for a Sunday event is now more easily managed by race directors.

Backbone of the club administration is the communication and financial management by our secretary, Bob Fergie, and treasurer Irene Ferris.

I should like to thank them and the other committee members for their dedication throughout the year.

Brian Foley, WAVAC President

## Mosman Park Run

February 19, 1995

Conditions: hot  
ONE hundred and one runners and walkers lined up for the scenic run around Rocky Bay in Mosman Park. Even though it was extremely hot, the new course and morning tea was enjoyed by all.

A special thanks to our helpers - Paul Martin, Dick Blom, John Carpenter, David Roberts and Bill Hughes.

See you next time, at a different time of year.

Paul and Sue Hughes

THIS run began on time, meticulously so. So sharp was the start, that some of us would claim it jumped its own gun!

Considering the temperature, perhaps it was just as well. However, the list of late starters would be too long to print, so many of the times shown here may not be a true indication of many members' ability.

Handicapper, please note.

In addition, the recording of finishers gave Paul and his team a little trouble.

I have assembled these results from the raw event sheet, and the recorder watch print-out.

If any errors have crept in, apologies. VW.

4K RUN		
Rob Mair	M45	15:46
Peter Hill	M45	16:50
Mike Anderson	M45	17:35
Bill Crane	M50	17:40
Simon Mort	M35	17:58
Ian Passmore	M50	18:05
Peter Airey	M55	18:28
Peggy Macliver	W50	19:25
Roger Whelan?	M50	19:41
Vic Waters	M50	19:42
Stuart Parkinson	M45	20:05
Don Caplin	M55	20:07
Aldo Giacomini	M55	20:57
Merv Jones	M55	20:59
John Smith	M55	21:57
Ivan Brown	M50	22:23
Noela Medcalf	W60	22:28
Norm Miller	M60	22:35
Merv Moyle	M65	22:36
Richard Peters	M55	22:36
Val Millard	W45	22:51
Rosa Davies	W50	24:02
Cathrin Holland	W35	24:04
Heather Sanderson	W45	24:05
Roma Bettles	W45	24:10
Kirt Johnson	M65	24:33
Lorna Lauchlan	W60	25:31
Geoff Mullins	M50	26:23
Sheila Maslen	W55	26:37
Phyllis Farrell	W50	26:37
Mary Heppell	W55	26:38
Evan McRae	M45	26:43

Peter Davies	M60	28:43
Gordon Medcalf	M65	29:44
Garnett Morgan	M70	29:48
Joan Hillis	W45	32:30
Jacqui Halberg	W45	33:05
Lyn Schickert	W50	34:06
Joan Pellier	W55	34:07

5K RUN		
John West	M45	30:08
Jim White	M40	30:35
David Reid	M40	31:39
Ralph Henderson	M45	32:03
Bob Thompson	M45	32:46
Dave M..?	M50	33:01
Bert Carse	M50	34:10
Doug Hazell	M40	35:40
Brian Danby	M45	35:53
Bob Sammells	M55	36:01
Dennis Miller	M50	36:24
Mitch Loly	M50	36:37
Ted Maslen	M55	36:55
Milton Mavrick	M40	37:21
Rob Davies	M50	37:21
John Bell	M45	37:39
Graham Thornton	M50	37:52
Bob Schickert	M50	38:11
John Pellier	M55	38:26
Roger Walsh	M50	39:04
Robin Bonner	M60	39:30
Keith Atkinson	M35	40:20
Dalton Moffett	M60	40:28
Denise Davies	W50	40:39
Stan Lockwood	M65	41:10
Jeff Spencer	M50	41:35
Rob West	M40	41:39
Ron Hillis	M45	42:37
David Walladge	M45	42:46
George Schaefer	M60	44:19
Brian Aldrich	M60	44:30
Ron Sutton	M55	44:36
Tony Speechley	M50	44:50
John Russell	M60	46:26
Lynn Farrelly	M50	47:11
Denise Lancaster	W45	47:22
Ray Lawrence	M65	49:04
Alan Tyson	M70	50:16
Stewart Hicks	M70	52:35

5K WALK		
Barry Thomsett	M55	62:19

4K WALK		
Barry Weatherburn	M50	24:56
Peter Johnson	M45	25:30
David Brown	M45	27:57
Jill Midolo	W45	28:32
Bob Chalmers	M55	28:45
Pat Miller	W55	29:70
Lesley Romeo	W50	29:40
Jeff Whittam	M60	34:56
Bob Fergie	M55	34:57
Dorothy Whittam	W55	35:17
Margaret Miller	W50	38:55
Michelle Boyle	W45	39:11
Dick Horsley	M80	44:39
Val Bonner	W50	49:58
June Strachan	W65	49:58

VISITORS		
Simon Beaumont		14:14
Ian Davies		15:46
Pat Sweeney		18:17
Graeme Dowson		20:58
Malcolm Campkin		34:14
Lois Smith		36:20
Bill Vincent		41:29

## Shoalwater Run

November 20, 1994

Weather: Fine, close and warm  
MANY thanks to all my helpers - Bob Chalmers, Dennis Miller, Colin Hickman, Gerry Chase, my son Dave, Pat Carr and last but not least my wife, Fi, who also helped to make my job very easy and enjoyable. Thanks to all athletes for travelling to Shoalwater Bay, I hope you all enjoyed the run and hope to see you again next year.

David James and Darryl Dahlstrom keep improving. I think it will pay to watch out for them, come winter time.

Thanks again

Duncan MacAuley

10K RUN		
David James	M40	38:29
Darryl Dahlstrom	M40	38:57
Dick Blom	M60	41:58
Brian Foley	M50	42:16
John Pellier	M55	42:54
Jim Barnes	M50	43:04
D Malloy	M40	43:36
John Bell	M45	43:38
Rob Shand	M60	43:41
Bill Crane	M50	43:46
Roger Walsh	M50	44:23
Brian Danby	M45	46:00
Ron Hillis	M45	47:21
Jeff Spencer	M50	47:38
Vic Beaumont	M60	48:00
Arnold Jenkins	M50	48:58
Aldo Giacomini	M55	49:09
Ivan Wiltshire	M50	49:58
Brian Aldrich	M60	50:08
Merv Jones	M55	51:17
Pauline Wiltshire	W50	51:48
John Russell	M60	52:48
George Peet	M60	53:26
Jackie Halberg	W45	53:47
Joan Pellier	W55	54:40
Evan McRae	M45	68:37
Graham Thornton	M50	? (l.s.)

7.5K RUN		
Bob Schickert	M50	31:28

5K RUN		
David Carr	M60	19:25
Doug Hazell	M40	19:31
Ros Banyard	W45	20:37
F Liscombe	W35	20:55
Peter Airey	M55	21:55
Allen Tyson	M65	24:06
Noela Medcalf	W55	24:36
Val Millard	W45	25:12
Phyllis Farrell	W50	26:59
Mary Heppell	W55	26:59
Alison Aldrich	W50	29:59

5K WALK		
Barry Weatherburn	M50	29:29
Barrie Thomsett	M50	32:19
Dorothy Whittam	W55	33:20
Gillian Peet	W55	39:25
M Millar	W50	39:45