

# The Vetrun

NO. 164 MAY, 1986

## W.A. VETERANS A.C.

Registered in Western Australia (2) in category of association No. WBA0370

PATRON: *W.J. Hughes*

PRESIDENT: *Leo Hassam (272 5556)* HON. SECRETARY: *Sandi Walton (339 2988) \**

TREASURER: *Rob Farrell (459 4055)* EDITOR: *Basil Worner (387 9702W)*

\*Phone calls before 8.30pm please.

### FROM THE COMMITTEE...

#### THANKS!

At the A.G.M. on March 30, three of our committee members stood aside from duties:

DON CAPLIN  
DUNCAN STRACHAN  
JEFF WHITTAM

Over the years, each of these members has contributed to the life of our club: Don is well-known as one of our early members, as having a wealth of information and as having coached our two successful ladies' relay teams in 1984.

Duncan, of course, has carried the secretary's badge with distinction over the past 4 years and has contributed a great part of his time to the details of administration which make our club "run".

Jeff produced our newsletter for four years, still maintains our run records and does a host of tasks which reflect his thoroughness.

We should also thank our Equipment Control Officer, Maurice Johnston, who has also retired after doing a fine job for us last year.

The Committee and members thank you all for your work.

#### "300"

Within the last few weeks, the Club membership topped 300 for the first time.

In Western Australia, this is a big sports club.

Members can be proud of this fact. People tend to "vote with their feet", and a steady rise in membership could mean that we are providing what people want.

Should we be "beating the bushes" to build up our members?

On one hand, I suppose we would like ALL middle-aged people to share the pleasure we get from "running and funning".

On the other hand, we all know what can happen when groups get too big: a tendency to get impersonal, regimented; a danger of seeking more resources and going into contest with other groups to get them; the inevitable clustering of cliques. These are just some of the dangers inherent in your bigger organization.

So far, the Vets have been remarkable for the support, consideration and warmth we show to one another.

Do you remember reading Trish Kirwan's letter in the last Vetrun?

She said: "This has been my first season as a member of the Veterans and I am only sorry I didn't join sooner, as from day one I have been overwhelmed by the friendly, welcoming attitude of the members".

Isn't this one of the best compliments we can get?

While this attitude persists and pervades, the Vets club will continue to be unique.

The Club does not have on its committee a Public Relations Officer. Perhaps this is because we like to think of every member as a PRO. So that, when a new member appears, we all continue our practice of making them at home and encouraging them at the appropriate time.

While we can be rightly proud of our "300", we can be more proud of the quality of friendship and support we have created in the club.

---

#### LONDON MARATHON, 1987

For all interested in forming a group, there is a meeting at McCallum Park:

- \* Sunday May 25
- \* After the Club Half Marathon

---

#### SLINGERS' POST FUN-RUN

Barrie and Joan will be away for the People's Marathon this year, so they will not stage their traditional post-marathon post mortem.

To test that their house is still quake-safe, they are opening it again to the Vets - this time for after the City-to-Surf Fun Run on **Sunday, August 24.**

- \* BYO
- \* BYC (bring your casserole)

---

#### MEMBERSHIP RENEWAL

Membership renewals are now due. (Last "Vetrun" had a green renewal form attached).

Treasurer, Rob Farrell, at 15 Tremlett Street, Thornlie will be pleased to accept your renewal. Rob will also open his "office" after the Sunday run.

---

#### WA CHAMPIONSHIP RESULTS

Dick Horsley has collated the results of our Track and Field Championships.

If you would like a copy, please ring the Editor on 387 9702 (W) or drop a line to 92 York Street, Subiaco, 6008

# News Desk



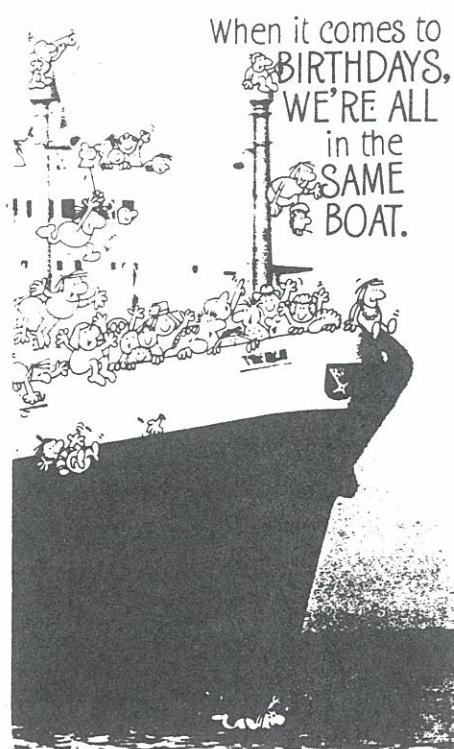
## A WARM WELCOME TO:

KENNETH CLARK 30 Townsend Street ARMADALE 6112 Ph: 399 3296	DOB 13/6/57	DOJ 27/3/86
RIC COLE 9 Hawford Way WILLETTON 6155 Ph: 457 4937	DOB 8/2/46	DOJ 31/3/86
PETER BIRDONE 18 Macleay Drive PADBURY 6025 Ph: 401 1305	DOB 2/6/44	DOJ 1/4/86

HARRY HOLLAND 4/15 Filburn Street, SCARBOROUGH 6019	Ph: 341 6086	DOB 19/12/43	DOJ 1/4/86
CARLO BAUMANN 276 Drake St, MORLEY 6062	Ph: 275 2863	DOB 15/10/14	DOJ 13/3/86
BETTY BAUMANN			DOJ 13/3/86
JOANNE PEARCE 12A Woodall Ramble, BOORAGOON 6154	Ph: 321 2502	DOB 1/12/49	DOJ 23/3/86
Graeme Hair 14 Capper Place KARDINYA 6163	Ph: 337 2077	DOB 20/11/40	DOJ 26/3/86
Arnold Leishalns 7/11 Wingfield Ave, CRAWLEY 6009	Ph: 386 1265	DOB 21/6/34	DOJ 23/3/86
HAZEL LEISKALNS		DOB 2/12/23	DOJ 23/2/86
KENNETH MARTIN 239 Cannine Road, WALLISTON 6070	Ph: 291 9092	DOB 21/8/43	DOJ 4/4/86

## HAPPY BIRTHDAY TO:

Alan Acreman	turns	49	remains	M45	23
John Gilmour	"	66	"	M65	03
Fred Langford	"	40	becomes	M40	30
Stan Latchford	"	45	"	M45	19
Ray Lawrence	"	57	remains	M55	15
Frank McLinden	"	55	becomes	M55	07
Erica Mercer	"	48	remains	W40	30
John McKechnie	"	60	becomes	M60	03
Roger Walsh	"	43	remains	M40	30
Alan Pomery	"	55	becomes	M55	19
Gweyneth Davies	"	54	remains	W50	08
Carole Cole	"	45	becomes	W45	18
Johanna Sanders	"	68	remains	W65	08
Elza O'Dea	"	50	becomes	W50	02
Brian Hardy	"	43	remains	M40	26
John McGinnis	"	47	"	M45	17
Leo Hassam	"	56	"	M55	25
Arnold Jenkins	"	42	"	M40	01
Tony Butler	"	50	becomes	M50	04
Jon Dartnell	"	38	remains	M35	11
Carmel Drummond	"	44	remains	W40	23
John Pressley	"	41	"	M40	17
Phil Douglas	"	39	"	M35	19



## WATCHWORDS

by Johnny O'Clock

Whilst out training in not such splendid isolation I longed for the company of a timekeeper, preferably one with feminist leanings of course, so as to get some idea of the progress of my amblings towards a 9.123 secs 100m. The use of a sports stopwatch was out because of its size and the high risk of damage; time went by with no solution to the problem.

Then, one day, I was presented, free gratis and for nothing and by the courtesy of a photo copying service, a lightweight wristwatch complete with stop go up to 15 minutes and ideal for 30 metres subaqueous. Strapped on the wrist it was of some help but my natural clumsiness at the start and stop stages interfered with its precision and eventually the innards fell out. But it was still ticking away and ready for more rough treatment so I cut off the straps and it now gets around in the lightly curled palm of my left hand, just as if it wasn't there. Timing proved easier to achieve and its smallness made it easy to handle.

As a result of the more accurate recording I have been able to amend my ambition and can now look forward to a p.b. 19.123 secs sprint!

## CENTRAL AUSTRALIAN MASTERS GAMES

ALICE SPRINGS, NORTHERN TERRITORY, 18-25 OCTOBER, 1986

For eight days in October this year, a unique sporting series will be held in Alice Springs, the Northern Territory's desert oasis.

Mature age athletes from all over Australia will be taking part in the central Australian Masters Games, the first event of its kind in this country, and you're invited.

Masters sport is for those over 35.

The inaugural Central Australian Masters Games will be competitive, but it will also be fun, a time to meet up with new and old friends from your particular sport.

The games are a Northern Territory Government initiative, fully supported by the Confederation of Australian Sport and the Australian Sports Commission.

We are expecting more than 1500 sportsmen and sportswomen to meet in Alice Springs this October.

The Alice in Spring is beautiful. The climate is almost perfect and the sky as clear as you will ever find, anywhere. Sporting venues and facilities are excellent and the people are as friendly and welcoming as you would expect in a town like Alice.

Dawn Fraser is our National Sports Promotion Officer and she will be competing along with other famous Australians.

The Central Australian Masters Games will be a sporting experience you really shouldn't miss.

### Track and Field Events

The normal conditions applying to Veterans Athletics will apply with the minimum age for Women being 30 years of Age and Men 35 years of Age, with five year age group increases.

#### TRACK AND FIELD EVENTS:

##### Sunday 19th - Monday 20th

100m	Discus
200m	Javelin
400m	Shot Put
800m	High Jump
1500m	Heptathalon
3000m	Long Jump

#### ROAD RUNS/TRACK EVENTS:

<u>Tuesday 21st</u>	10 kilometre Track Race.
<u>Thursday 23rd</u>	Masters Mile.
<u>Saturday 25th</u>	10 kilometre Fun Run/Half Marathon.

WALTER WILLIAM SHEPPARD DEC-SATURDAY 12th April, 1986

A FAMILY TRIBUTE PREPARED BY CHARLES, WAL'S ELDER BROTHER

Wal was one of four sons born to Marjorie and Charles Sheppard.

Our parents decided their sons should have some opportunity, apart from their formal education, to develop an artistic side to their personality. For Wal it was to be the 'art of speech' with which he made acceptable progress. Secondary school education took us to Coburg High. How sorry I felt for Wal as for a few years we biked daily from West Brunswick to Coburg - he sat on the bar of the bike, an uncomfortable place, while his elder brother did the pedalling but enjoyed a leather-saddled seat. The cheap form of transport reflected something of the hard economic times of the 'thirties'.

As well as military service in the 'forties', Wal married his boyhood sweetheart, Bonnie Constable, and they had each other's love and support for just on 42 years. Bon was a good and loving wife and an excellent home-maker. There was no question of Wal's appreciation of Bon's commitment to make their married life an enduring and enriching experience. All that makes the parting of these days for Bon more keenly felt, which in a way is a compliment in itself. Their marriage had both 'length in time' and 'quality in togetherness'.

Sporting activities were something that Wal loved and participated in with a good deal of success. It is obvious that he made a serious and studied approach to the field of athletics both as an active participant and in shouldering efficiently and cheerfully the burdens of administration. As evidence of his country's appreciation was the award of the British Empire Medal on 31st December, 1979, given for "service to sport and to veterans". The athletic sporting fraternity we know greatly mourns Wal's sudden passing, but I feel sure he would, if he could, return the compliment and express his thanks to them for their abounding friendship.

It has occurred to me more in recent days how much Wal loved the open fields and the track. It suits my thinking that on his last day on earth in a park and track nearby to his home a favourite sport for him - he ran out of our physical sight and embrace into the eternal presence of our Maker and Redeemer, to be kept secure in God's love until that time when we shall all meet again.

To Wal's wife, Bonnie, his immediate relatives and friends, we pray God's special grace in these days of sorrow and separation.

To Wal we say - We salute you; we love you; and "Servant of God - Well Done".

---

POMMIE PICNIC - Paul Jones (Stilton Striders U.K.)

It had seemed a good idea on a February day in U.K. (temperatures between minus 5 and 10 degrees, Dad in normal jogging kit with two pairs of track suit trousers, T-shirt, sweatshirt, woolly hat, hooded waterproof top and "Ron Hill" gloves (which are not for me really as I can't run as fast as him), to have a run in the sun.

So here I am touching down at Perth Airport - enter two customs officials to spray all passengers with the Tom Jones elixir of Eternal Youth and I'm ready for anything.

Immigration next, and I bluff my way through as I have not actually been accepted for the W.A.V.A.C. Teddy Birds Picnic, no entry forms being available in the Leicester Mercury back in U.K., a slip no doubt on the part of the Club's Publicity and Promotions Officer. Good - no problems at Immigration and apparently entry on the day is acceptable. On to Customs and again no problems as I am visiting a relative who knows Cliff Bould and Dick Horsley and I get the red carpet treatment, whilst I am left wondering who they are.

Great excitement is everywhere in Perth, obviously for the Picnic Run which, obviously, will carry through to the America's Cup Race. Right, 48 hours to shake off jet lag and to adjust from minus 5° to 30° - should be no problem. Friday's jog took me to the front gate before collapsing. Considerable improvement on Saturday, all the way to the gate and back before heat exhaustion and dehydration set in.

Sunday brought the great day and there they were, hiding amongst the trees in King's Park (obviously this venue was chosen in order to keep down the crowds of spectators to manageable numbers); the runners assemble with all the Paul Jones's in one group and the remaining few in the other. I learn that Tom Jones (93) doesn't run in these events as he plans to continue sprinting until he feels too old for that, when he will go over to the longer events.

Zero hour is at hand and I check my tropical attire again - yes, I've got my vest, running shoes, stop watch, "Ron Hill" sun hat (as yet untested), handkerchief round the neck, and all seems well. Wait a minute! Am I in the right event? Some entrants seem to have dispensed with not only hats, but vests and shoes. I dare not take a further glance at the ladies, just in case....!

Perhaps a veil should be drawn over the happenings after the start mainly because I can't remember much about them. What had seemed such a good idea back in February dissipated into a haze of heat and bright sun and it's only just after 8.00 am.

Actually, I managed to complete the 7.8k lap and then could only marvel at the determination and stamina of those who soldiered on for a second lap, commenting as they went by: "Good job it's not too warm today". Compared with one lap of the "Picnic" (at least they had the good grace not to call it a Fun Run) a full marathon during May in the U.K. is a piece of cake.

However, I could not have been made more welcome and the friendliness and encouragement of the W.A. Vets were a major factor in my completion of even one lap. In fact, I am so grateful that I would be more than happy to arrange entry for any Vets visiting the U.K. at a typical road event, with the heat at minus 5<sup>o</sup>, howling wind from the N.E., etc, etc, just to get my own back!! I mean that.

Perhaps, in retrospect, I should have worn a "Ron Clarke" or "De Castella" sun hat.

*Paul is son-in-law of our house cartoonist, sprinter and thrower, George Boakes. Coincidentally, there were 3 "Paul Jones" at the Teddy Birds: member Paul, son Paul (on holidays from Sydney) and witty author representing the Stilton Striders (U.K.).*

*Welcome again U.K. Paul, and thank you for your contribution. I'm sure W.A. Vets would like to know the significance of "Stilton". Is it a place name, or does it suggest a "mouldy oldy"!!*

- EDITOR

#### S O C I A L

Come and visit a winery followed by a leisurely lunch at the Swan Valley Restaurant, 15 Benara Road, Caversham.

#### WHEN

- o Sunday 19th May after the "Guess the Distance" run at McCallum. (Change rooms will be open for showers).
- o A bus will depart 10.30 am visiting Houghton's Winery, Dale Road, Middle Swan for wine tasting, and cheese and biscuits at 11 am - cost \$2.50.
- o Then onto Swan Valley Restaurant for lunch at noon - cost \$15.50 per head. Includes 4 courses with choices plus wine and beer.

Numbers are limited, so be early.....

Confirm your inclusion in the fun with Kath Penton Ph: 277 5011 (w)  
328 1507 (H)

by Sunday 11th May.



## LETTERBOX

Dear Duncan

I am writing to suggest some accommodation to you that might be of interest to your members. Given that people travelling from W.A. have relatively high airfare costs to meet we thought that low cost self-contained flats might appeal. All accommodation conveniently located in relation to the track has been canvassed and the best that we can suggest that is economical and of a reasonable standard is lodging at the City Gate Travel Flats. Beds for 40 people are available at a rate of \$25 per person per night. If you think that this group of flats can be filled by people from W.A. please let me know and I will set them aside for you.

The flats are situated in St Kilda approximately 6 kilometers from Olympic Park and are very close to public transport. There is a large park over the road and the surrounding buildings are residential. If you want to know anything more about these flats let me know. There is other accommodation available of higher standard. Enclosed are copies of our April newsletter and you will gain an idea of the rates for the various levels of accommodation standard. People who have a preference for the more expensive higher standard accommodation can let me know by completing an accommodation request form and sending it to me.

An administration fee is charged to each person and receipt of this payment will hold the allocation for the time being. However, payment of a 10 percent deposit as soon as possible would be appreciated. Full payment is required by the first of August 1987.

If you have any queries or need more information, do not hesitate to contact me. I look forward to hearing from you soon.

Yours sincerely

LISA FRANK

ACCOMMODATION DIRECTOR, World Veterans Games, Box 282, Essendon, Victoria, (3751900)

(We have included this letter and address/telephone for information of club members. Vetrun does not, of course, make any official recommendation. Editor).

## S T O P   P R E S S

At the Committee meeting on Tuesday, May 6, it was decided to conclude the business of the A.G.M. on SUNDAY, MAY 25.

You will recall that a full financial statement was needed. This is now ready and will be presented on Sunday 25.

Other items to be dealt with include :

- Equipment Control Officer
- Presentation of Time Trials Trophies for 1985
- Other business

This general meeting will be at McCallum Park immediately after the Club Half Marathon, an event which is usually very well attended so that we are assured of appropriate numbers.

This means that the meeting on the London Marathon announced on Page 2 of Vetrun may need to be after this special meeting. Unfortunately, the notice of the London meeting was already printed. We are sorry for any inconvenience.



Dear Basil

Further to my conversation with David Carr in Adelaide at Easter and in case the matter hasn't already been discussed, I am proposing to publish a monthly NATIONAL newspaper named simply "THE VETERAN ATHLETE" with the 1st issue planned for 1/6/86.

It is therefore imperative we keep it truly representative of Australian Athletics in general by gaining continuous support from each State every month, could you therefore arrange for someone "extremely reliable" to firstly send by return if possible any results/fixtures/news or comments for ISSUE NO.1. (W.A. State Champs results too if pos) and then a regular follow up by the 10th of each month of any Veteran activity in W.A.

We hope to make the 1st issue a bumper edition and make it "COMPLIMENTARY" in order to get mass circulation, regular readers and hopefully subscribers to future issues. Would you also let me know as soon as possible roughly how many copies you could anticipate distributing among members and suitable outlets. Many thanks Basil.

MIKE HALL, Editor/VA

Dear Basil

Just a note to let you know that I will not be renewing my membership of the W.A. Veterans Amateur Athletic Club this year because I have accepted a post of Research Medical Officer with the Antarctic Division of the Department of Science and will be based at Mawson in the Australian Antarctic for some 15 months or so. Depending on the vagaries of the Antarctic ice I hope to rejoin early in 1988.

I take the opportunity of thanking the Vets for the great example they have set the community in the pursuit of good health and fellowship. Although only a very occasional participant in the Perth scene, I have followed your activities with much interest.

Yours sincerely

*(Sorry we can't get Vetrin to Antartica, Val)*

I.V. LISHMAN

Dear Leo

I trust that all the Vets who completed in the Bunbury marathon and ½ marathon have recovered and will come down to see us again next year.

I am feeling stronger and brighter each day and know that the phone calls, prayers, flowers, cards, visits, etc from members of the Vets have helped me so much.

Would you please pass on my love and thanks to all the members.

GOOD HEALTH

CHERYL AMIES

*(Good to see you too, Cheryl! We all hope that you will be able to join us again soon on the road.)*

**RESULTS**

THE MAD MILE

6.4.86

This year, the officials nearly outnumbered the participants. There were a number of reasons for this, including a lack of promotion in "Vetrun".

For this reason, a member has written to the Committee suggesting that this run might be excluded from the Official Handicap competition.

	NAME	AGE	TIME	HANDICAP	CORRECTED TIME	PLACE
1	B. Carse	M40	4.46	No		10
2	B. Foley	M40	5.00	4.55	+5	5
3	A. Jenkins	M40	5.04	5.10	-6	4
4	J. Barnes	M40	5.22	5.30	-8	3
5	V. Beaumont	M55	6.08	6.30	-22	2
6	M. Forden	W40	6.11	5.55	+16	6
7	D. Strachan	M60	6.19	6.00	+19	7
8	J. Russell	M50	6.30	7.00	-30	1
9	J. McLean	M50	6.55	6.00	+55	9
10	D. Whittam	M50	8.05	7.20	+45	8
11	J. Jenkins	W45	10.20	No		10

INAUGURAL VETERANS TRIATHLON

6.4.86

Fourteen club members made a little history when they queued up at the Narrows Bridge at 6.00 a.m. on April 6.

Ten members fronted up for the three events and three others formed a team - in fact the only ladies team and, therefore, duly won first prize.

A hollow victory? By no means. The three have to finish and lots of things can go wrong. Ask individual entrant, Kath Penton, who blew a tyre in her second cycle lap and had to withdraw from the official list.

Congratulations to:

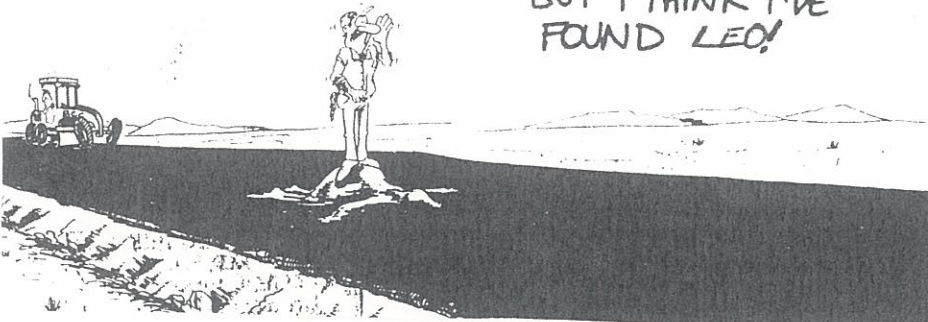
"New Horizons Team, Joan Pellier, Margaret Warren, Jill Langdon.	1st Team
Graham Thornton	1st M45
Bill Mitchell	1st M50
Fred Hagger	1st M60,

and all those who finished.

Thanks to, to all the supporters. In typical Vet style, there was a big band of encouragers to help and comfort. (We're always said : "One Vet in - all in")

HEY FELLAS!!...  
IT'S JUST A HUNCH  
BUT I THINK I'VE  
FOUND LEO!

*Our President thought that this was a bit rough even though he did lead the Bunbury Marathon from the rear. However, he still thought we all should see it!!!*



## INAUGURAL VETERANS TRIATHLON RESULTS

Place	Name	Age Gp	Sex	Swim Time	Cycle Split	Overall Time
1	St Columbus Team	--	M	17.02	52.02	1.14.24
2	Dene Edmunds	35-39	M	19.13		1.16.25
3	Graeme Smith	40-44	M	17.21	52.56	1.18.51
4	Stan Davies	35-39	M	17.13		1.20.48
5	Gerry Allen	40-44	M	21.49	57.11	1.21.23
6	Allan Meheux	35-39	M	18.34	52.54	1.22.07
7	Don Power	35-39	M	19.51	58.01	1.22.38
8 *	Graham Thornton	45-49	M	23.24	52.40	1.24.01
9	Robin Slattery	35-39	M	17.29	52.45	1.24.35
10	Brian Hall	40-44	M	18.19	52.38	1.25.43
11	Geoffery House	35-39	M	24.04	1.02.14	1.25.59
12 *	Mel Shead	40-44	M	22.45	52.12	1.27.12
13	Dan Dunne	35-39	M	22.39	1.03.29	1.28.17
14	Duncan McKenzie	35-39	M	19.04	1.01.52	1.28.25
15	Geoffrey Ogden	45-49	M	24.18	1.02.57	1.28.30
16	John Mills	40-44	M	20.21	1.01.43	1.31.01
17	Stuart Gray	45-49	M	18.37	52.49	1.32.25
18	Bob Belford	35-39	M	29.05	1.07.58	1.33.10
19	Graham Lahiff	45-49	M	18.06	1.04.10	1.35.02
20**	Barbara Leach	40-44	F	24.55	1.08.28	1.35.49
21	David Simmonite	40-44	M	24.00	1.08.19	1.36.17
22	Malcolm Stronach	35-39	M	26.04	1.12.52	1.37.35
23 *	Bill Mitchell	50-54	M	29.34	1.11.15	1.37.46
24 *	Basil Worner	50-54	M	27.08	1.12.23	1.38.02
25	David Smith	35-39	M	27.56	1.14.15	1.38.59
26	Linda Rehfeldt	35-39	F	20.46	1.09.35	1.40.04
27	Marian Tye	35-39	F	24.24	1.12.09	1.40.37
28	Colin Cook	50-54	M	20.41	1.09.23	1.41.54
29 *	New Horizon Team	--	F	25.34	1.15.38	1.42.12
30 *	Ken Whistler	50-54	M	24.37	1.12.32	1.43.06
31	Geoff Barr	40-44	M	23.05	1.11.57	1.44.10
32	John Rippey	50-54	M	28.51	1.12.35	1.45.25
33	Barry Moore	40-44	M	27.56	1.17.12	1.45.51
34	Kathleen Ogden	45-49	F	31.38	1.16.54	1.46.19
35	Frits Steenhauer	45-49	M	23.25	1.08.54	1.47.46
36 *	John Bell	40-44	M	39.36	1.24.48	1.48.02
37	Bev Byers	35-39	F	19.22	1.16.15	1.48.12
38	Tanya Viska	35-39	F	20.45	1.17.15	1.48.19
39	Jim Macaulay	55-59	M	30.45	1.16.54	1.49.02
40 *	Elza O'Dea	45-49	F	29.02	1.18.50	1.49.26
41	Barrie Cooper	50-54	M	31.15	1.19.59	1.51.45
42 *	Erica Mercer	40-44	F	30.03	1.26.13	1.55.30
43	Tony Bathgate	40-44	M	46.29	1.31.23	1.57.53
44 *	Fred Hagger	60+	M	36.29	1.33.30	2.04.54
45	Robert Trott	35-39	M	36.29	1.33.30	2.04.55
46	Wal McCabe	55-59	M	29.11	1.26.34	2.06.54
47	Peter StJohn Kennedy	60+	M	33.22	1.29.30	2.11.12
48	Elizabeth Rippey	40-44	F	28.55	1.37.33	2.18.18
	Stanley Green	45.43	M	52.56	Withdrew	
	Jeremy Knowles	45-49	M	16.46	52.14	1.19.57Disq
	Kath Penton	34.00	F	Withdrew		

**RESULTS**

## TEDDY BIRDS PICNIC

67 runners turned out for the third annual Teddy Birds Picnic in Kings Park. This year the weather was kind to us being cool and overcast.

Hugh Kirkman took an early lead to finish the 15.6k in a time of 57.45; first lady was Cheryl Bell in a new course record of 70.57.

First home in the 7.8k was Derek Crowther in a new course time of 29.34 and the first lady was Alicia Ansell, 34.29, also a new course time (good to see Alicia back running with us).

Many thanks to John Pellier for measuring the course on Saturday afternoon and marking it Sunday morning. Also thanks to all the marshalls, Jacki Greenfield, Rose Johnson, Bev Thornton, Selby Munsie, Dalton Magett, Phyl Bould, Liene McClean and Bernard Goodwin.

Many thanks also to Alan Tyson and Garnet Morgan for helping to collect the flags. Look forward to seeing you all next year!

## THE 2 JOANS (SLINGER AND PELLIER)

15.6				8.6k			
		Age	Time			Age	Time
1	Hugh Kirkman	M40	57.45	1	Derek Crowther	M40	29.34
2	J. Woolrych Vis	M32	57.48	2	Hamish McGlashen	M45	32.30
3	Bob Harrison	M40	59.27	3	Paul Jones	Vis	34.26
4	Don Caplin	M45	60.09	4	C Ansell	M40	35.31
5	John Bell	M40	60.57	5	Allen Tyson	M60	35.39
6	Ted Maslen	M50	61.04	6	Basil Worner	M50	35.42
7	Dominic Spagnold	Vis	61.48	7	Marg Forden	W40	37.05
8	Maurice Johnston	M45	62.57	8	Cliff Bould	M70	37.07
9	David Hough	M50	63.45	9	Garnet Morgan	M60	37.20
10	Graham Thornton	M45	65.19	10	Barry Thomsett	M40	37.22
11	Mike Khan	M40	65.20	11	Jim McIntyre	Vis	34.04
12	Ray Attwell	M50	65.30	12	Dick Horsley	M70	39.09
13	Brian Danby	M35	60.34	13	Jim McLean	M50	39.50
14	Rob Shand	M50	66.19	14	Loran Butcher	W55	40.03
15	John Pellier	M45	69.28	15	Fred Hagger	M60	40.05
16	Cheryl Bell	W35	70.57	16	Alan Croxford	M40	40.08
17	Joe Stickle	M45	70.57	17	Alison Aldrich	W40	40.42
18	Merv Moyle	M55	72.15	18	Wilma Vincent	W40	41.24
19	Paul Jones	M50	72.46	19	Jill Langdon	W35	41.59
20	Robert Farrett	M45	73.14	20	Joanne Pearce		51.58
21	Jim Greenfield	M40	73.16	21	Ernie Moyle	M60	42.16
22	Brian Aldrich	M55	74.29	22	Marilyn Acrenew	W45	42.19
23	Keith Forden	M45	78.25	23	Margaret Warren	W50	42.35
24				24	Bob Abrahams	M55	43.38
25	Sandi Walton	W35	81.06	25	Marg Robinson	W45	44.40
26	Barry Slinger	M45	81.09	26	Barbara Godwin	W45	45.50
27	Maurice Warren	M45	81.10	27	Sheila Moslen	W45	48.57
28	Duncan Strawn	M60	81.17	28	Dorothy Whittam	W45	49.33
29	Kath Penton	W40	81.37	29	Val Tyson	W60	56.18
30	Phylis Farretll	W40	82.17	30	Frank Usher	M60	78.0
31	Ray Lawrence	M55	83.00	31	Veo Hassam	M55	78.0
32	Elza Whistler	W45	83.25				
33	Ken Whistler	M50	85.33				
34	John Russell	M50	86.32				

**RESULTS**

ROUND THE BRIDGES "NOMINATED TIME"

13 April, 1986

On a cool, overcast morning 36 members, two visitors plus a couple of latecomers, turned out for this "watchless" run, to see how close to their nominations they could come.

The start on time caught out one or two and nominated times were being called out as the runners proceeded up McCallum Park. Closest to nominated time was "Mr Dead Reckoning", Ray Lawrence, who came in bang on his time, with John Russell (13 sec slower) and Bill Crellin (15 sec faster) filling the minor places.

Fastest time was set by Bert Carse with 33.18 (1.42 faster) and Hugh Kirkman (48 sec faster). Marilyn Acreman was fastest women. Cliff Bould was resting on his laurels after winning the 5000, 10000 and Cross Country in his age group in the recent Australian Vets Champs at Easter by seeing how SLOW he could run but could not contain himself and finished 3½ min faster than he should have done.

My thanks to Jaquie Beaumont and Selby Munsie for the "Office Work", Oh! and Jeff for the "Voice".

DOROTHY WHITTAM

RESULTS	AGE	ADJ TIME	NOM TIME	CLOCK TIME	POS
1 Ray Lawrence	M55	0.00	44.00	44.00	1
2 John Russell	M50	+0.13	49.00	49.13	25
3 Bill Crellin	M45	-0.28	42.55	42.27	15
4 Ernie Moyle	M60	-0.33	49.38	50.11	28
5 Marilyn Acreman	M45	+0.36	49.02	49.38	26
6 Dalton Moffett	M55	+0.39	39.00	39.39	8
7 Aub Davie	M50	-0.40	43.50	43.10	18
8 Barry Evants	M55	-0.45	39.00	38.15 +	6
9 Hugh Kirkman	M40	-0.48	34.40	33.52	2
10 Bernard Godwin	M45	-0.52	42.42	41.50	14
10 Dave Roberts	M40	+0.52	36.20	37.12	5
12 Derek Crowther	M40	-0.57	37.00	36.03	3
13 Fred Hager	M60	-1.03	49.00	47.57	24
14 Dick Horsley	M70	-1.08	48.30	49.38	27
15 John Lindsay	M40	-1.09	48.00	46.51	23
16 John Spencer	M45	-1.11	42.00	40.49	10
17 Hamish McGlashen	M45	-1.13	39.30	38.17	7
18 Bob Norton	M45	-1.15	42.00	40.45	9
19 Barbara Godwin	M45	-1.26	58.00	56.34	32
20 Carole Cole	M40	+1.27	55.00	56.27	31
21 Pat Spencer	M40	+1.34	55.00	56.34	33
22 Bert Carse	M40	-1.42	35.00	33.18 +	1
23 Bob Abrahams	M55	-1.45	55.00	53.15	30
24 Merv Moyle	M55	-1.56	43.20	41.24	12
*25 Olga Lindsay	M40	+2.01	65.00	67.01	36
26 Barry Harwood	M40	-3.08	40.00	36.52	4
27 Ian Sutherland	M45	-3.09	50.00	46.51	22
28 Barrie Kernaghan	M45	-3.14	46.00	42.46	16
29 Ken Whistler	M50	-3.33	49.02	45.29	20
30 Mary Robinson	M45	+3.35	53.10	56.45	34
31 Cliff Bould	M70	-3.38	64.00	60.22	35
32 George Peet	M55	-5.25	47.00	41.35	13
33 Bic Beaumont	M55	-5.40	48.32	42.52	17
34 Stan Lockwood	M55	-5.01	47.00	40.59	11
35 Robert Briggs	M40	+6.30	39.00	45.30	21
*25a Garnet Morgan	M60	-3.04	55.00	51.56	29
INVITATION RUNNERS:					
J. Mussett				39.04	
Binkie Bosley		-4.08	55.00	50.52	