



The Vetruns



No.295 May 1998

Patron: Bill Hughes

President: Bob Schickert

Editor: Katrina Spilsbury 9 313 3943



Nationals Team: left to right David Clive, Roseanne Kemp, Leon Sander, Pat Carr, Dave Wyatt, Dianne York, Norm Richards, Lynne Choate, David Carr, Val Prescott, Barb Atkinson and Brian Foley.. Absent are Lynne and Bob Schickert. Below left: Delia Baldock and Norm Richards fighting out the 100m hurdles at the State Championships (photo Vic Beaumont) Below right: Brian Foley presents David Carr with the Athlete of the Meet Trophy for his 800m performance at the State Championships. David also won the John Gilmour Trophy(photo Jackie Halberg)

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LAKE MONGER RUN

15.2.98.

A small relief from the usual unpleasant conditions for the Lake Monger Run. Many thanks to our helpers namely Jackie Billington, Irene Ferris, Joan Pellier, Don Caplin and Fred Hagger. Congratulations to the winners: Frank Smith and Ann Shaw in the 10K, Ian Lankester and Ann Wilson in the 6.6K and Ian Davies and Jan Jarvis in the 3.3K also Paul Martin and Dorothy Whittam in the 10K walk.

We intend to give up being race directors of this run in favour of a more challenging one so if anyone is interested in becoming a race director, this run would be perfect as there is no flagging to be done on the course. Please contact either Joan Pellier the Events coordinator or Ray or Roma Barnett if you are interested.

Roma & Ray Barnett

3.3K

Ian Davies	M50	11:45
Bob Sammells	M60	15:17
Keith Forden	M55	17:16
Jan Jarvis	W50	17:46
Noela Medcalf	W60	18:19
Norma Miller	M65	19:55
Mike Johnson	M45	20:40
Gordon Medcalf	M65	21:34
Margaret Taylor	W45	24:24
Frank Usher	M70	24:28
Jeff Spencer	M55	27:02

6.6K

Ian Lankester	M50	27:55
Mike Anderson	M45	29:23
Maurice Creagh	M50	30:21
Ray Lawrence	M65	34:27
Aldo Giacomini	M60	35:06
Brian Aldrich	M65	35:10
Ann Wilson	W50	36:00
Trevor Brown	M55	36:15
Jackie Halberg	W50	36:54
Ann Turner	W60	37:05
Suzanne Brand	W50	42:59
Rosa Davis	W50	43:00
Margaret Bennett	W55	43:32
Pat Miller	W55	45:41

10K

Frank Smith	M55	38:09
Greg Salter	M40	38:28
Jim Klinge	M50	38:35
Ralph Henderson	M45	38:49
Ann Shaw	W50	38:59
Gary Fisher	M45	39:26
Gareth Brunt	M45	39:35
David Willmer	M40	39:52
Bob Schickert	M55	40:31
Milton Mavrick	M40	40:41
Doug Ashfield	M40	41:28
Peter Sanders	M50	42:07
Brian Danby	M45	42:17
Jan Kelly	W40	42:32
Brian Bennett	M50	42:51
Bob Harrison	M55	43:01
Alec Holm	M50	43:36
Vic Waters	M50	43:42
Graham Thornton	M55	44:33
Keith Atkinson	M40	44:46
John Pellier	M55	45:14
Alan Jennings	M55	45:28
George Schaefer	M65	46:16
Stan Lockwood	M65	46:43
Simon Mort	M40	46:41
John Brambley	M55	47:11
George Innes	M60	47:12
Mitch Loly	M55	47:46
Jim Barnes	M55	47:46
Marg Forden	W55	47:56
Frank McLinden	M65	48:40
Dave Scott	M50	49:10
Paul Kelly	M40	49:13
Shirley Bell	W45	50:03
Arnold Jenkins	M50	51:14
Sue Sanders	W40	51:27
Morris Warren	M60	51:27
Brian Hunter	M50	51:39
Vic Beaumont	M60	52:10
Brian Holmes	M60	52:43
Joanne Pearce	W45	53:18
Merv Jones	M55	53:19
Wendy Duncan	W45	53:26
Margaret Warren	W60	53:29
John Smith	M60	54:10
Val Millard	W50	54:25
Craig Watson	M40	56:32
Eileen Brown	W50	56:48
Shorty Turner	M60	63:38
Mary Heppell	W60	64:36
Sheila Maslen	W60	69:45

3.3K Walk

Fred Watson	M75	32:16
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6.6K Walk

Ray Hall	M60	43:07
Brian Wetherburn	M55	43:30
Rex Bruce	M55	50:10
Dawn Styles	W60	52:20
Pat Ainsworth	W60	52:42
Alan Pomery	M65	52:45
Ernie Moyle	M70	55:04

Jeff Whittam	M60	55:19
Leo Hassam	M65	67:37

10K Walk

Paul Martin	M55	55:52
John Mison	M50	55:53
David Brown	M50	66:03
Dorothy Whittam	W60	72:36
Lynne Schickert	W55	73:16
Jill Midolo	W50	78:14
Lorna Lauchlan	W65	78:14

VISITORS

Kevin Thomas	3.3K	20:49
Ian Carson	6.6K	36:39
Dave Turner	10K	42:23
Patrick McCongle	10K	42:30
Hugh McKeowan	10K	43:50
Des Cormican	10K	44:06
Michael Arkins	10K	46:43
Kevin Walsh	10K	48:11

CARR-SHAND TROPHY RUN

January 18, 1998

In the pleasant weather, there were few grumbles about the hill or the handicapping. George Innes and Eileen Brown were the winners of the Carr-Shand Trophy for 1998. Lynne Schickert walked well to win the Walkers' trophy (donated by Margaret and Alan Stone). David Willmer, also fastest man, donated three spot prizes which went to Mary Heppell, Alan Pomery and Ernie Moyle. Thanks and congratulations, David. Jenny Holm was fastest woman. Thanks to the regular band of helpers, Lorna Lauchlan, Jackie Halberg, David Brown, Kirt Johnson, Arthur Leggett, Bob Sammells, Jackie Billington and Lesley Roma. Thanks also to the people who brought the morning tea. -Jill Midolo

Name	Age	Clock	H/cap	Actual
George Innes	M60	39:10	5:25	33:45 ¹
Eileen Brown	W50	40:00	0:00	40:00 ²
Ray Hall	M60	40:41	6:10	34:31
David Willmer	M40	41:20	15:15	26:05 ³
Kirt Johnson	M65	41:22	3:45	37:37
Arnold Jenkins	M50	41:32	6:50	34:42
Trevor Brown	M55	41:40	4:45	36:55
Graham Thornton	M55	41:47	10:10	31:37
George Schaefer	M65	41:50	8:50	33:00
Peter Airey	M60	42:16	7:10	35:06
David Carr	M65	42:22	12:25	29:57
Brian Holmes	M60	42:24	6:50	35:34
Bob Schickert	M55	42:25	14:35	27:50
Stuart Parkinson	M50	42:28	8:50	33:38
Alec Holm	M50	42:29	12:15	30:14
Mike Karra	M30	42:30	13:55	28:35

Jenny Holm	W45	42:31	7:10	35:21 ⁴
Frank Smith	M55	42:35	15:40	26:55
Brian Smith	M55	42:37	8:10	34:27
Peter Hill	M45	42:40	10:40	32:00
Dalton Moffett	M65	42:49	6:10	36:39
Joanne Pearce	W45	42:49	6:50	35:59
Vic Waters	M50	42:52	13:15	28:37
Brian Danby	M45	42:56	13:55	29:01
John Brambley	M55	43:12	10:10	33:02
Doug Ashfield	M40	43:17	13:55	29:22
Alan Jennings	M55	43:39	11:55	31:44
Shirley Bell	W45	43:48	8:00	35:48
Merv Jones	M55	44:01	6:10	37:51
Wayne Pantell	M45	44:05	13:55	30:10
Brian Hunter	M50	44:18	8:10	36:08
Ray Lawrence	M65	44:36	5:05	39:31
Mike Rhodes	M50	44:44	9:30	35:14
Brian Aldrich	M65	45:01	3:25	41:36
Gary Branche	M45	45:08	6:10	38:58
Blakeney Tindall	M35	45:20	13:15	32:08
Mary Heppell	W60	45:24	0:00	45:24
Sheila Maslen	W55	45:38	0:00	45:38
Shorty Turner	M60	45:57	2:05	43:52
Vic Beaumont	M65	46:04	7:30	38:34
Bob Harrison	M55	46:52	12:15	34:37
Bill Meharry	M45	47:00	?	
Ann Turner	W60	47:09	5:45	41:24
Mike Johnson	M45	47:12	?	
Denise Lancaster	W45	47:27	3:25	44:02
Rosa Davis	W50	48:34	0:20	48:14
Craig Watson	M40	49:44	4:05	45:39
Ian Davies	M50	50:23	14:35	35:48
Pat Miller	W55	51:49	0:20	51:29
Margaret Taylor	W45	54:42	0:00	54:42
Glenys Shanahan	W70	57:54	0:00	57:54

WALKERS (Sealed Handicap)

Name	Age	Clock	H/cap	Actual
Paul Martin	M55	38:47	20:30	59:17 ^{1,3}
Barrie Thomsett	M55	46:29	12:00	58:29
Barry Weatherburn	M50	47:14	12:00	59:14
Lynne Schickert	W50	52:00	9:30	61:30 ^{2,4}
Dick Blom	M60	53:21	8:00	61:21
Dorothy Whittam	W55	53:25	9:30	62:55
Merv Moyle	M70	54:01	9:00	63:01
Keith Forden	M55	54:13	9:00	63:13
Rex Bruce	M55	54:40	7:00	61:40
John Presley	M50	55:11	8:00	63:11
Dawn Styles	W60	56:52	6:00	62:52
Pat Ainsworth	W60	57:44	7:00	64:44
Alan Pomery	M65	58:24	6:00	64:24
Ernie Moyle	M70	62:28	5:45	68:13
Jeff Whittam	M60	62:28	5:45	68:13
Pamela Smith	W55	62:33	5:45	68:18
Maggie Flanders	W60	62:38	1:45	64:18
Judy Hill	W45	69:49	1:45	71:34 ^c
John Russell	M65	71:51	?	
Jeff Spencer	M55	71:52	7:00	78:52
Allen Tyson	M70	72:25	?	

VISITORS - RUN

Tony Whittaker	Vis	42:43		
John Gillies	Vis	44:48		
Mike Faunge	Vis	47:06		

VISITORS - WALK

Kevin Thomas	Vis	55:11	9:00	64:11
Lyn Stoltze	Vis	62:33	5:45	68:18

¹First man, ²First Woman, ³Fastest man, ⁴Fastest Woman

MT LAWLEY CIRCUIT-1st MARCH 1998

The run was held under extremely hot conditions for a March day and so runners were given the option at the start as to whether they wanted to run/jog/walk 2.5, 5.0, or 7.5 km or complete the walk or run handicaps scheduled. As a result only about half those attending elected to complete the handicap.

This year the handicap positions up to the run were not known, so there were no obvious battles. However, there were close finishes as usual but not too many sprints to the end. Following tradition everybody retired for bread, jam and cream. Thank you to everyone who helped at the finish, marshalling, or handing out the numerous cups of water. - **Mike Rhodes**

RUNNERS

	Name	Age	Time	H'cap	Adjust.
1	George Innes	M60	40:50	8:45	32:05
2	Craig Watson	M40	43:13	4:20	38:53
3	Greg Salter	M40	44:54	17:30	27:24
4	Ray Hall	M60	45:24	6:35	38:49
5	David Wilmer	M40	45:27	16:45	28:38
6	Mike Karra	M30	45:30	14:35	30:55
7	Stan Lockwood	M65	45:33	9:50	35:43
8	David Muir	M50	45:36	15:20	30:16
9	Peter Airey	M60	45:40	6:35	39:05
10	Ann Shaw	W50	45:42	16:15	29:27
11	Michael Anderson	M45	45:50	10:15	35:35
12	Eileen Brown	W50	45:55	2:10	43:45
13	Doug Ashfield	M40	46:04	14:35	31:31
14	David Carr	M65	46:22	13:20	33:02
15	Shirley Bell	W45	46:30	8:35	37:55
16	Dave Roberts	M55	46:31	15:30	31:01
17	Merv Jones	M55	46:36	6:35	41:01
18	Gareth Brunt	M45	46:36	15:40	30:56
19	Trevor Brown	M55	46:43	5:05	39:38
20	Brian Hunter	M50	46:44	8:45	37:59
21	John Bell	M50	46:57	14:35	32:22
22	Brian Aldrich	M65	47:13	2:10	45:03
23	Bob Schickert	M55	47:32	15:40	31:52
24	Tessa Brockwell	W40	47:48	15:20	32:28
25	Gary Branache	M45	47:50	6:35	41:15
26	Arnold Jenkins	M50	48:08	7:15	40:53
27	John Brambley	M55	48:11	11:00	37:00
28	Merv Moyle	M70	49:14	6:55	42:19
29	Allen Tyson	M70	49:29	1:25	48:04
30	Robyn King	W35	49:51	14:35	35:16
31	Jim Barnes	M55	50:06	13:40	36:26
32	Ken Whistler	M65	50:33	8:55	41:38
33	Jacqueline McManus	W50	51:19	2:10	49:09
34	Sheila Maslen	W60	52:41	0:00	52:41

WALKERS

1	Bob Fergie	M60	46:06	12:15	58:21
2	Paul Martin	M55	38:53	20:30	59:23
3	Barb Atkinson	M55	46:33	15:00	61:33
4	Lorna Lachlan	W65	58:16	8:15	66:31
5	Suzan Brand	W50	55:47	15:00	70:47
6	Dawn Styles	W60	65:48	6:00	71:48

INAUGURAL KELLY RUN

Cue to Geraldton – 400 km

This run, being held to commemorate the transfer of Bishop Kelly from Cue to Geraldton 100 years ago, is being organised by the Catholic Diocese of Geraldton Centenary Committee and it is hoped that it may become an annual event.

The run will start on Thursday **July 16** and finish on Saturday **July 18**.

All participants will receive a certificate.

Geraldton Runners' Club is entering the event and it is hoped that runners from Perth will also take part. One suggested distance for a possible team of relay runners is Mullewa to Geraldton (100km). – Wendy Clements.

LOVE OF LEARNING

Veteran galloper Frank Usher was in the news again recently – through his activities studying art at Meeralinga House.

Once a prominent educationist, Frank lives in East Perth with his bridge-playing wife Bette, who is also a former secondary school teacher.

A community newspaper reported that at 75 Frank is not winding down – his pursuits besides art include going overseas on Mala-organised trips (Mala=Mature Age Learning Association) and running.

He used to run marathons and after a heart bypass operation three years ago is now training for his 20th City to Surf fun run.

For 17 years Frank was the forward-thinking principal of Hamilton Hill Senior High School. In 1987 the Education Ministry roped him in as director of operations. He retired more than nine years ago and his involvement in education took a new direction. At Mala, run by

and for the students, there are no exams, no certificates. "It's purely enjoyment," Frank said.

FRED HAGGER TROPHY

As his way of saying thank you to the members of the club, Fred has donated a perpetual trophy to be awarded to the first man and first woman in the 15K Uni and back run. **This year to be held on the 7th June.** Fred joined the club in 1983 - his favourite distance being the marathon. Although never up with the leading bunch (he was a four hour man) he enjoyed the challenge. Fred faced an equally challenging time five years ago when he suffered a stroke. Members will remember him struggling to regain his speech. While his running days are over, Fred is still seen most Sundays handing out the place markers

What's On

- Sunday 31st May 1998
Run the dams- Greenbushes 13km, 10km, 5km run and a 5km walk. 10am start and lots of activities during the day. \$10, \$5 children
Ph (08) 9761-2431
(08)9761-1897
- Sunday 12th July 1998
Gold Coast Marathon
Includes half marathon, 10km run and walk
Ph (07) 5527-1363
- Sunday 5th July 1998
Southern Cross Marathon and Half Marathon-Tasmania
Point to point race.
- **Going to Bunbury** for the run? Lunch per usual at the Prince of Wales around midday.

- **50km Road Running Championships** to be held in three races, 10km, 15km & 25km
10K 24th May Jim Barnes run
15K 7th June Uni and back
25K 21st June McCallum

- **Road Walking Championships**
15K 7th June Uni and back
10K 19th July Mill Point Rd
7.1K 26th July Deepwater Pt
21K 16th Aug Club Half Marathon
- Sunday 21st June 1998
IAAF Walks Level C Officials accreditation clinic and exam. To be held at Noranda Sporting Complex 1pm to 4pm. Must register 3 weeks before exams. Contact Jacquie Cattermole 9279 8664

- 29th July to 8th August 1999
WAVA Track and Field Championships- Gateshead UK. If interested, register your interest now to receive all travel and competition details as they become available, including pre-meet competitions. Send your name and address to: Frank Rogers 2/316 Kensington Rd, Leabrook SA 5068
Ph (08) 8332-8815
Please include a non-refundable \$10 payment per mailing address. Cheques made out to 'Veteran Travel'

Interested in more details?
Contact Joan Pellier
9459-7782

THE VETRUNS HAS A NEW EDITOR

Please send all copy to Katrina Spilsbury 2/14 Leonora Street, Como WA 6152. Floppy disks will be much appreciated but please send a hard copy as well. Alternatively, send an attached document to
katrinas@cyllene.uwa.edu.au

HELPERS WANTED FOR 98/99 PROGRAMME

As you know, the club relies completely on volunteers to run events. We also believe in the old motto that one volunteer is worth a hundred pressed men. So, if you could help out at any of the events we would greatly appreciate it! To assist you in "volunteering"

- A folder with a yearly list of events can be found at Sunday events. You can put your name down for one or two events.
- Copies of a form listing the years events are available at each Sunday run. You can complete the form and send it to the Events Coordinator or hand it in at any Sunday event.
- You can ring the Events Coordinator to register your interest or ring the particular race director or
- Give any committee member the word!

Our events are organised to minimise the number of helpers required but "many hands make light work" as someone more famous than me once said. So let's all nominate for one or two events. Thank you, Joan Pellier
Events Coordinator

LORNA'S RUN - 15th March

This was the second year of the East Perth course with times to beat from last years inaugural run. Sue Vetten was the first woman to finish in the 10K, improving on her previous time by 13 seconds to run 46.35. Ian Davies took 1.16 of last years time for the 6.4K distance to finish in a time of 23.28. Barbara Atkinson walked very well in the 10K with a time of 62.24. The 6.4K walk saw Michelle Mison, gradually getting back into form after a lay off, and Leslie Romeo finish together. Once again, thanks to all the

people who made the run possible, Maureen, Bev, Jill, David, Jackie and Dalton.-Val and Fred.

10K

Jim Klinge	M50	39.04
Gary Fisher	M45	39.14
James McCarthy	M35	39.45
Dave Roberts	M55	39.54
Bob Schickert	M55	40.28
David Willmer	M40	40.33
Gareth Brunt	M45	40.44
Doug Ashfield	M40	40.50
Wally Crowley	M40	41.01
Brian Danby	M45	41.04
Milton Mavrick	M40	41.25
Ian Lankester	M40	41.43
John Bell	M50	42.46
Bert Carse	M55	42.52
John Pressley	M50	43.18
Blakeney Tindall	M35	43.31
Brian Foley	M50	43.45
Bob Harrison	M55	43.48
Frank Smith	M55	42.53
Mike Khan	M50	44.05
David Bird	M60	44.25
Jim Barnes	M55	44.54
Mitch Loly	M55	44.56
Stan Lockwood	M65	45.07
Mick Cousins	M60	45.35
Keith Atkinson	M40	45.38
Brian Bennett	M50	45.40
John Pellier	M55	46.15
Michael Anderson	M45	46.25
Sue Vetten	W45	46.35
Simon Mort	M40	47.45
Margery Forden	W55	47.58
Frank McLinden	M65	49.54
Brian Smith	M55	51.05
Vic Beaumont	M65	51.03
Wendy Duncan	W45	51.46
Bernadette Height	W40	51.47
Jo Pearce	W45	51.49
Irene Ferris	W45	52.01
Stuart Parkinson	M50	52.11
Dennis Miller	M55	52.11
Brian Holmes	M60	52.19
Brian Hunter	M50	52.33
Ken Whistler	M65	53.23
Trevor Brown	M55	53.53
Wendy Phillips	W55	54.01
Jackie Halberg	W50	54.24
Craig Watson	M40	54.32
Merv Jones	M55	54.48
Graham Thornton	M55	54.51
Margaret Warren	W60	54.57
Morris Warren	M60	55.01

Aldo Giacomini	M60	55.02
Ann Turner	W60	55.22
Joan Pellier	W55	55.25
Keith Forden	M55	57.04
Merv Moyle	M70	57.08
Shorty Turner	M60	57.46
Denise Lancaster	W45	58.33
Roma Barnett	W45	59.00
Norm Miller	M65	60.34
Terry Humphry	M45	62.26
Rosemarie Loomans	W45	65.55
Mary Heppel	W60	71.46
Shelia Maslen	W60	71.46
Margaret Bennet	W55	71.46
Frank Usher	M70	72.12
Phyllis Farrell	W50	72.14
Pat Miller	W55	72.28
Peter Priest	Vis	38.22
Richard McPherson	Vis	39.24
John Dickason	Vis	45.50
Robert Weaver	Vis	52.04

10K Walk

Barbara Atkinson	W45	62.24
Dorothy Whittam	W60	74.32

6.4K

Ian Davies	M50	23.28
Paul Odam	Vis	23.56
Bruce Wilson	M50	25.06
David Carr	M65	25.32
Ivan Brown	M50	25.34
David Reid	M45	27.21
Maurice Smith	M60	27.28
Don Caplin	M55	27.29
Alan Jennings	M55	27.49
John Bramley	M55	28.05
Steve Barrie	M60	28.27
Bob Sammells	M60	28.34
Clive Frost	M50	29.11
Mike Rhodes	M50	29.41
Ray Hall	M60	29.47
Shirley Bell	W45	29.58
Peter Airey	M60	30.43
Ray Lawrence	M65	33.12
Brain Aldrich	M65	33.13
Carey Dickason	Vis	33.14
Eileen Brown	W50	34.35
Allan Tyson	M70	38.22
Jean Fisher	W50	39.14
Mike Johnson	M45	39.43
Suzanne Brand	W50	42.23
Kirt Johnson	M65	49.19
Glenice Shanahan	W70	54.12

6.4K Walk

Rex Bruce	M55	46.46
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Lesley Romeo	W50	46.47
Michelle Mison	W50	46.47
Dawn Styles	W60	50.03
Ernie Moyle	M70	52.40
Jeff Whittam	M60	53.09
Pat Ainsworth	W60	54.28
Pamela Smith	W55	54.28
Alan Pomeroy	M65	54.31
Wendy Bird	W55	58.54
Su Lloyd	W45	58.55

1998 TRACK AND FIELD STATE CHAMPIONSHIPS

111 members competed over the 5 days of our track and field championships this year. By any standards, they were a success. There were 11 new Australian records and 43 new State records set. Many personal bests were achieved and all those who took part enjoyed the competition and friendship that these championships generate. Bob Sammells reports that there were over 50 national class performances recorded. This means that those athletes achieved a percentage performance of over 80%.

The championships were organised by a sub-committee headed by Merv Jones. Thanks to them, Sue Jones in the canteen, who kept our energy levels high with yummy food (thanks for all the donations received) and to our members who gave generously of their time to act as officials. We owe a special vote of thanks to the AthleticA officials who always gives us the benefit of their expertise. The Athlete of the Meet went to David Carr for his performance in the M65 800m. His time of 2.19.5 set a new Australian record and achieved a percentage performance of 95.84%.

100M		
W301 ROSANNE KEMP	12.5	
W306 ANN HEITMAN	14.1	
W355 SNOW McSWAIN	14.4	
W357 DELIA BALDOCK	14.8	

W409 SANDRA SMITH	16.0
W457 LYNNE CHOATE	12.8
W508 PEGGY MACLIVER	14.5
W555 RUTH JOHNSON	16.4
W607 NOELA MEDCALF	17.1
W657 PATRICIA CARR	15.8
W702 GLENICE SHANAHAN	26.2
W751 PHYLLIS HEAD	36.2
M310 ALAN BERRY	11.9
M308 JASON JOHANSSON	12.9
M303 STEPHEN DUNN	14.6
M351 IAN SANDERS	13.4
M353 PHILIP HAWKS	14.1
M406 MICHAEL EDWARDS	11.7
M459 DUNCAN McAULEY	12.5
M458 JOHN STONE	12.8
M451 DAVE WYATT	13.1
M507 MURRAY TOLBERT	11.9
M505 CLIVE PURSER	12.5
M512 GARRY DOYLE	13.0
M501 ARNOLD JENKINS	13.9
M560 BARRIE KERNAGHAN	12.5
M558 MIKE O'RIELLY	13.8
M562 JIM RIDDELL	15.4
M604 DAVID CLIVE	12.7
M602 NORM RICHARDS	13.0
M614 DAVID BIRD	15.3
M658 DAVID CARR	14.9
M653 GORDON MEDCALF	16.6
M656 STANLEY LOCKWOOD	17.5
M701 MERV MOYLE	16.4
M703 ALLEN TYSON	17.0
M753 FRED WATSON	33.7
200M	
W301 ROSANNE KEMP	25.9
W307 SIMONE SOLOMON	28.8
W355 SNOW McSWAIN	29.8
W357 DELIA BALDOCK	31.2
W457 LYNNE CHOATE	26.7SR
W508 PEGGY MACLIVER	36.2
W513 VALERIE PRESCOTT	35.5
W502 VALERIE MILLARD	45.8
W563 KATHLEEN HOLLAND	32.1
W555 RUTH JOHNSON	34.3
W607 NOELA MEDCALF	36.9
W657 PATRICIA CARR	33.8
W702 GLENICE SHANAHAN	57.7
W751 PHYLLIS HEAD	76.0
M310 ALAN BERRY	24.3
M308 JASON JOHANSSON	27.8
M303 STEPHEN DUNN	29.3
M406 MICHAEL EDWARDS	23.9
M459 DUNCAN McAULEY	26.3
M462 JOHN VESNAVER	29.8
M512 GARRY DOYLE	26.5
M501 ARNOLD JENKINS	28.7
M560 BARRIE KERNAGHAN	25.1
M558 MIKE O'RIELLY	28.4
M562 JIM RIDDELL	32.0
M604 DAVID CLIVE	26.2
M602 NORM RICHARDS	26.7
M614 DAVID BIRD	31.8

M653 GORDON MEDCALF	35.5
M703 ALLEN TYSON	35.7
400M	
W301 ROSANNE KEMP	59.1
W355 SNOW McSWAIN	66.4
W357 DELIA BALDOCK	70.3
W352 ROBIN KING	73.5
W457 LYNNE CHOATE	64.9
W464 ANNE STINGEMORE	66.1
W520 ANTOINETTE SHAW	67.1
W508 PEGGY MACLIVER	68.1
W506 ERICA MERCER	83.7
W555 RUTH JOHNSON	81.7
W607 NOELA MEDCALF	87.9
W702 GLENICE SHANAHAN	2:19.7
M310 ALAN BERRY	55.0
M308 JASON JOHANSSON	60.5
M303 STEPHEN DUNN	63.8
M351 IAN SANDERS	67.9
M406 MICHAEL EDWARDS	52.7
M459 DUNCAN McAULEY	56.6
M463 ALAN DEANS	65.0
M512 GARRY DOYLE	62.2
M501 ARNOLD JENKINS	63.1
M519 BRIAN FOLEY	63.5
M560 BARRIE KERNAGHAN	57.9
M558 MIKE O'RIELLY	65.6
M556 ALAN JENNINGS	68.8
M562 JIM RIDDELL	75.5
M614 DAVID BIRD	70.1
M658 DAVID CARR	69.6
M701 MERV MOYLE	81.9
M703 ALLEN TYSON	86.3
800M	
W355 SNOW McSWAIN	2:39.0
W352 ROBIN KING	2:39.8
W464 ANNE STINGEMORE	2:40.2
W460 FIONA McAULEY	3:16.0
W520 ANTOINETTE SHAW	2:31.4 SR
W506 ERICA MERCER	3:08.7
W555 RUTH JOHNSON	3:20.0
W607 NOELA MEDCALF	3:32.0
W702 GLENICE SHANAHAN	5:05.5
M303 STEPHEN DUNN	2:21.3SR
M351 IAN SANDERS	2:40.8
M406 MICHAEL EDWARDS	2:09.8
M456 JOHN MOLLOY	2:05.6
M459 DUNCAN McAULEY	2:10.3
M462 JOHN VESNAVER	2:28.4
M518 IAN DAVIES	2:14.1
M519 BRIAN FOLEY	2:21.4
M501 ARNOLD JENKINS	2:36.3
M552 BOB SCHICKERT	2:29.9
M556 ALAN JENNINGS	2:30.7
M558 MIKE O'RIELLY	2:33.1
M560 BARRIE KERNAGHAN	2:36.2
M565 BERT CARSE	2:40.1
M554 LYLE JAMES	3:48.9
M609 DAVID SIMMONDS	2:37.1
M658 DAVID CARR	2:19.5 AR

M703 ALLEN TYSON	3:32.1	M701 MERV MOYLE	24:44.0	W502 VALERIE MILLARD	13:52.0
1500M				W551 LYNNE SCHICKERT	13:25.0
W352 ROBIN KING	5:29.1	10000M		W611 DOROTHY WHITTAM	13:23.7
W520 ANTOINETTE SHAW	5:02.5	W352 ROBIN KING	41:51.1	W654 LORNA LAUHLAN	14:22.7
W506 ERICA MERCER	6:23.4	W403 TESSA BROCKWELL	41:46.0	W701 GLENICE SHANAHAN	18:04.5
W509 JACKIE HALBERG	6:32.8	W502 VALERIE MILLARD	51:41.6	M308 JASON JOHANSSON	14:42.1
W502 VALERIE MILLARD	7:04.0	M303 STEPHEN DUNN	36:37.2	M354 GARRY HASTIE	10:05.9
W555 RUTH JOHNSON	6:43.0	M309 JON WANNBERG	40:05.4	M407 GREGORY McDOWELL	10:23.1
W612 MARGARET ROBINSON	7:01.7	M408 CHRISTOPHER MAHER	35:31.8	M462 JOHN VESNAVER	15:32.8
W702 GLENICE SHANAHAN	10:00.4	M410 DAVID WILLMER	37:48.8	M501 ARNOLD JENKINS	13:52.3
M303 STEPHEN DUNN	4:47.9	M401 DOUG ASHFIELD	39:58.9	M613 RAY HALL	12:05.5
M309 JON WANNBERG	4:51.1	M405 MILTON MAVRICK	40:01.9	M606 DICK BLOM	13:06.3
M351 IAN SANDERS	5:35.7	M404 STEPHEN DAVIES	43:47.2	M610 JEFFREY WHITTAM	15:38.7
M461 GARTH SUMMERFIELD	5:09.9	M452 JOHN WEST	36:49.9	M661 DON STONE	13:33.9
M518 IAN DAVIES	4:37.7	M454 FRANK GARDINER	42:41.1	3000M WALK	
M519 BRIAN FOLEY	4:52.3	M522 JOHN PRESSLEY	41:40.9	W352 ROBIN KING	17:42.8
M521 BRUCE WILSON	4:58.9	M515 MAURICE CREAGH	43:09.6	W402 ROSE-MAREE HOLLAWAY	16:45.5
M516 JOHN BELL	5:23.8	M566 FRANK SMITH	38:27.8	W455 BARB ATKINSON	16:57.8
M522 JOHN PRESSLEY	5:36.5	M552 BOB SCHICKERT	39:44.6	W502 VALERIE MILLARD	20:40.8
M501 ARNOLD JENKINS	5:55.0	M561 DAVID ROBERTS	41:50.1	W551 LYNNE SCHICKERT	20:55.7
M565 BERT CARSE	5:03.3	M554 LYLE JAMES	50:55.4	W611 DOROTHY WHITTAM	20:27.6
M552 BOB SCHICKERT	5:07.5	M656 STANLEY LOCKWOOD	46:41.0	W654 LORNA LAUHLAN	22:24.2
M556 ALAN JENNINGS	5:18.8	M652 FRANK McLINDEN	51:19.7	W702 GLENICE SHANAHAN	26:57.7
M558 MIKE O'RIELLY	5:32.4	100M HURDLES		M308 JASON JOHANSSON	20:54.7
M564 DENNIS MILLER	5:35.4	W306 ANN HEITMAN	18.1	M354 GARRY HASTIE	16:03.4
M554 LYLE JAMES	6:38.9	W357 DELIA BALDOCK	19.3	M407 GREGORY McDOWELL	16:22.2
M609 DAVID SIMMONDS	5:16.0	M602 NORM RICHARDS	19.4	M521 BRUCE WILSON	16:25.6
M614 DAVID BIRD	5:37.5	110M HURDLES		M557 PAUL MARTIN	16:50.6
M608 ROBERT SAMMELLS	5:43.0	M308 JASON JOHANSSON	27.7	M567 BOB CHALMERS	21:47.7
M613 RAY HALL	6:11.3	M406 MICHAEL EDWARDS	16.3	M613 RAY HALL	18:15.0
M658 DAVID CARR	5:15.7	300M HURDLES		M606 DICK BLOM	19:37.9
M701 MERV MOYLE	6:44.0	M602 NORM RICHARDS	52.3 SR	M610 JEFFREY WHITTAM	24:14.0
M703 ALLEN TYSON	7:14.6	M653 GORDON MEDCALF	71.4	5000M WALK	
5000M		400M HURDLES		W402 ROSE-MAREE HOLLAWAY	28:56.3
W352 ROBIN KING	19:58.5	W357 DELIA BALDOCK	80.6	W455 BARB ATKINSON	29:21.6
W403 TESSA BROCKWELL	19:15.4	M308 JASON JOHANSSON	73.1SR	W510 VALERIE DAVIES	35:58.1
W460 FIONA McAULEY	23:21.0	M406 MIKE EDWARDS	58.0	W551 LYNNE SCHICKERT	35:36.4
W502 VALERIE MILLARD	25:19.2	M456 JOHN MOLLOY	61.8	W611 DOROTHY WHITTAM	34:37.0
W509 JACKIE HALBERG	25:34.6	2000M STEEPLECHASE		W654 LORNA LAUHLAN	36:16.4
W520 ANTOINETTE SHAW	18:18.4 AR	W520 ANTOINETTE SHAW	8:14.6 AR	W702 GLENICE SHANAHAN	44:57.3
W612 MARGARET ROBINSON	24:50.8 SR	W506 ERICA MERCER	10:52.6	M354 GARRY HASTIE	27:27.0
M303 STEPHEN DUNN	17:50.8	W612 MARGARET ROBINSON	11:19.4	M605 BOB FERGIE	32:45.0
M309 JON WANNBERG	18:41.1	M609 DAVID SIMMONDS	8:39.9	M606 DICK BLOM	32:47.1
M408 CHRISTOPHER MAHER	17:02.1	M658 DAVID CARR	9:28.2	M703 ALLEN TYSON	35:49.4
M410 DAVID WILLMER	18:11.1	M652 FRANK McLINDEN	10:01.3	HIGH JUMP	
M405 MILTON MAVRICK	19:02.4	M651 CECIL WALKLEY	10:10.8	W306 ANN HEITMAN	1.32
M401 DOUG ASHFIELD	19:10.5	M703 ALLEN TYSON	11:18.2	W357 DELIA BALDOCK	1.25
M404 STEPHEN DAVIES	20:42.5	3000M STEEPLECHASE		W503 PIXIE DOORE	1.12
M462 JOHN VESNAVER	18:48.4	M303 STEPHEN DUNN	11:43.9SR	W506 ERICA MERCER	1.08
M454 FRANK GARDINER	20:56.8	M308 JASON JOHANSSON	12:04.1	M354 GARRY HASTIE	1.55
M523 JIM LANGFORD	17:13.3	M351 IAN SANDERS	14:46.7	M406 MICHAEL EDWARDS	1.50
M517 IVAN BROWN	19:19.6	M462 JOHN VESNAVER	12:00.2	M451 DAVE WYATT	1.55
M516 JOHN BELL	19:53.6	M511 GARY CLARK	11:24.6	M567 BOB CHALMERS	1.00
M515 MAURICE CREAGH	20:56.2	M521 BRUCE WILSON	12:21.0	M602 NORM RICHARDS	1.30
M566 FRANK SMITH	18:14.8	M501 ARNOLD JENKINS	15:21.2	M653 GORDON MEDCALF	0.95
M552 BOB SCHICKERT	18:44.6	M564 DENNIS MILLER	14:07.0		
M565 BERT CARSE	19:47.6	M554 LYLE JAMES	14:28.0		
M554 LYLE JAMES	24:23.3	2000M WALK			
M609 DAVID SIMMONDS	19:34.2	W352 ROBIN KING	11:45.6		
M614 DAVID BIRD	20:50.1	W402 ROSE-MAREE HOLLAWAY	10:47.6		
M603 GEORGE INNES	21:01.7	W455 BARB ATKINSON	10:56.5 SR		
M608 BOB SAMMELLS	21:33.1				
M613 RAY HALL	23:20.8				
M656 STANLEY LOCKWOOD	21:39.8				
M652 FRANK McLINDEN	23:20.0				

LONG JUMP		M308 JASON JOHANSSON	23.06	W555 RUTH JOHNSON	10.93
W304 KATRINA SPILSBURY	5.01	M407 GREGORY McDOWELL	17.00	W551 LYNNE SCHICKERT	9.98
W306 ANN HEITMAN	4.21	M504 ROB YOUNG	31.16	W611 DOROTHY WHITTAM	18.24
W355 SNOW McSWAIN	4.24	M507 MURRAY TOLBERT	29.67	W607 NOELA MEDCALF	12.98
W409 SANDRA SMITH	3.56	M519 BRIAN FOLEY	21.06	W654 LORNA LAUCLAN	16.31
W453 EILEEN HINDLE	4.14	M501 ARNOLD JENKINS	17.95	W657 PATRICIA CARR	16.21
W503 PIXIE DOORE	3.58	M553 ED CARROLL	36.58	W702 GLENICE SHANAHAN	6.45
W506 ERICA MERCER	3.30	M558 MIKE O'REILLY	23.48	W751 PHYLLIS HEAD	7.08
W502 VALERIE MILLARD	2.53	M554 LYLE JAMES	12.97	M308 JASON JOHANSSON	31.57
W555 RUTH JOHNSON	3.67	M605 BOB FERGIE	27.96	M303 STEPHEN DUNN	17.81
W551 LYNNE SCHICKERT	2.59	M601 LEON SANDER	27.58	M354 GARRY HASTIE	34.61
W657 PATRICIA CARR	3.85 AR	M602 NORM RICHARDS	24.66	M351 IAN SANDERS	22.95
W607 NOELA MEDCALF	2.76	M610 JEFFREY WHITTAM	18.22	M407 GREGORY McDOWELL	31.14
W702 GLENICE SHANAHAN	1.27	M655 ALEX CUMMINGS	33.85 SR	M461 GARTH SUMMERFIELD	32.69
W751 PHYLLIS HEAD	0.99	M660 ROBERT SHAND	25.18	M507 MURRAY TOLBERT	36.61
M308 JASON JOHANSSON	4.50	M653 GORDON MEDCALF	22.70	M501 ARNOLD JENKINS	23.79
M303 STEPHEN DUNN	4.36	M704 BILL CHAPMAN	28.35	M504 ROB YOUNG	21.64
M406 MICHAEL EDWARDS	5.40	M703 ALLEN TYSON	18.55	M567 BOB CHALMERS	21.47
M451 DAVE WYATT	5.46	M752 RON TOMKINS	23.93	M554 LYLE JAMES	13.70
M507 MURRAY TOLBERT	6.11 AR	M753 FRED WATSON	9.49	M605 BOB FERGIE	30.38
M501 ARNOLD JENKINS	4.02	SHOT PUT		M602 NORM RICHARDS	25.77
M554 LYLE JAMES	2.31	W304 KATRINA SPILSBURY	7.77	M610 JEFFREY WHITTAM	15.43
M604 DAVID CLIVE	5.21	W355 SNOW McSWAIN	6.49	M660 ROBERT SHAND	27.99
M602 NORM RICHARDS	4.29	W457 LYNNE CHOATE	7.44	M658 DAVID CARR	20.91
M658 DAVID CARR	3.98	W453 EILEEN HINDLE	7.26	M655 ALEX CUMMINGS	20.51
M653 GORDON MEDCLAF	3.37	W503 PIXIE DOORE	8.00	M653 GORDON MEDCALF	20.34
M753 FRED WATSON	1.79	W506 ERICA MERCER	5.98	M704 BILL CHAPMAN	21.85
TRIPLE JUMP		W563 KATHLEEN HOLLAND	7.00	M703 ALLEN TYSON	18.70
W304 KATRINA SPILSBURY	10.37 SR	W555 RUTH JOHNSON	6.02	M752 RON TOMKINS	20.13
W355 SNOW McSWAIN	9.31	W611 DOROTHY WHITTAM	7.38	M753 FRED WATSON	9.68
W453 EILEEN HINDLE	8.46	W607 NOELA MEDCALF	6.11	HAMMER	
W503 PIXIE DOORE	7.15	W654 LORNA LAUCLAN	6.47	W453 EILEEN HINDLE	20.65
W506 ERICA MERCER	6.70	W657 PATRICIA CARR	6.37	W555 RUTH JOHNSON	19.20
W502 VALERIE MILLARD	5.44	W751 PHYLLIS HEAD	3.47	W611 DOROTHY WHITTAM	23.26
W555 RUTH JOHNSON	7.49	M308 JASON JOHANSSON	8.71 SR	W607 NOELA MEDCALF	18.57
W551 LYNNE SCHICKERT	5.64	M303 STEPHEN DUNN	4.68	W751 PHYLLIS HEAD	4.96
W611 DOROTHY WHITTAM	7.48	M351 IAN SANDERS	7.41	M501 ARNOLD JENKINS	21.71
W657 PATRICIA CARR	8.01	M507 MURRAY TOLBERT	10.35	M504 ROB YOUNG	19.65
M308 JASON JOHANSSON	9.22SR	M504 ROB YOUNG	10.06	M553 ED CARROLL	21.21
M451 DAVE WYATT	10.22	M501 ARNOLD JENKINS	7.53	M605 BOB FERGIE	34.18
M507 MURRAY TOLBERT	12.18 AR	M553 ED CARROLL	10.47	M610 JEFFREY WHITTAM	20.94
M519 BRIAN FOLEY	7.89	M558 MIKE O'REILLY	7.06	M655 ALEX CUMMINGS	30.40 SR
M604 DAVID CLIVE	10.03	M605 BOB FERGIE	9.51	M653 GORDON MEDCALF	9.34
M602 NORM RICHARDS	8.45	M602 NORM RICHARDS	8.22	M704 BILL CHAPMAN	26.78
M653 GORDON MEDCALF	6.05	M610 JEFFREY WHITTAM	5.94	M703 ALLEN TYSON	20.19
M753 FRED WATSON	4.20	M655 ALEX CUMMINGS	8.44	M753 FRED WATSON	8.27
M851 GEORGE BOAKES	4.83 SR	M659 KEN WHISTLER	8.30	PENTATHLON	
DISCUS		M660 ROBERT SHAND	6.99	W304 KATRINA SPILSBURY	2010 SR
W355 SNOW McSWAIN	18.52	M653 GORDON MEDCALF	4.71	W355 SNOW McSWAIN	1959
W457 LYNNE CHOATE	20.34	M704 BILL CHAPMAN	9.83	W453 EILEEN HINDLE	2655
W453 EILEEN HINDLE	18.50	M703 ALLEN TYSON	7.33	W457 LYNNE CHOATE	2486
W464 ANNE STINGEMORE	15.74	M752 RON TOMKINS	7.27	W503 PIXIE DOORE	1901
W513 VALERIE PRESCOTT	16.90	M753 FRED WATSON	5.56	W502 VALERIE MILLARD	1166
W503 PIXIE DOORE	15.94	JAVELIN		W563 KATHLEEN HOLLAND	2505
W506 ERICA MERCER	13.26	W306 ANN HEITMAN	19.71	W555 RUTH JOHNSON	2187
W563 KATHLEEN HOLLAND	18.51	W355 SNOW McSWAIN	18.52	W551 LYNNE SCHICKERT	984
W555 RUTH JOHNSON	14.05	W409 SANDRA SMITH	20.52	W607 NOELA MEDCALF	2267
W607 NOELA MEDCALF	15.74	W457 LYNNE CHOATE	16.26	W657 PATRICIA CARR	3364
W751 PHYLLIS HEAD	7.67	W453 EILEEN HINDLE	15.55	M305 WAYNE BARIOLO	2665 SR
		W506 ERICA MERCER	20.22	M308 JASON JOHANSSON	2187
		W503 PIXIE DOORE	19.84		
		W513 VALERIE PRESCOTT	16.90		
		W502 VALERIE MILLARD	12.76		
		W563 KATHLEEN HOLLAND	17.60		

M303 STEPHEN DUNN	1313
M351 IAN SANDERS	1525
M461 GARTH SUMMERFIELD	2565 SR
M507 MURRAY TOLBERT	3563 AR
M501 ARNOLD JENKINS	2032
M559 PETER GARE	3515 AR
M558 MIKE O'RIELLY	2417
M602 NORM RICHARDS	3051
M605 BOB FERGIE	2120
M658 DAVID CARR	3334 AR
M659 KEN WHISTLER	2084
M653 GORDON MEDCALF	1636
M660 ROBERT SHAND	1190

M703 ALLEN TYSON	2138 SR
M752 RON TOMKINS	1729 AR

WEIGHT PENTATHLON	
W409 SANDRA SMITH	2123 SR
W453 EILEEN HINDLE	2143 SR
W503 PIXIE DOORE	2217 SR
W555 RUTH JOHNSON	1734
W611 DOROTHY WHITTAM	2796
W654 LORNA LAUCLAN	2500
W751 PHYLLIS HEAD	1238
M504 ROB YOUNG	2084
M501 ARNOLD JENKINS	1658
M605 BOB FERGIE	3012 SR
M610 JEFFREY WHITTAM	1497

M655 ALEX CUMMINGS	3147 SR
M660 ROBERT SHAND	2173
M653 GORDON MEDCALF	1537
M704 BILL CHAPMAN	3127
M752 RON TOMKINS	2586
M753 FRED WATSON	979

RECORDS SET DURING THE MULTI EVENTS.

M30 LONG JUMP	
WAYNE BARIOLO	5.70
M30JAVELIN	
JASON JOHANSSON	32.32
M50 HEAVY WEIGHT	
ROB YOUNG	8.99
M55 LONG JUMP	
PETER GARE	5.27
M65 DISCUS	
ALEX CUMMINGS	33.08
M70 HEAVY WEIGHT	
BILL CHAPMAN	12.05
W40 HEAVY WEIGHT	
SANDRA SMITH	
W50 HEAVY WEIGHT	
PIXIE DORRE	7.42
W60 HEAVY WEIGHT	
DOROTHY WHITTAM	10.33
W65 HEAVY WEIGHT	
LORNA LAUCLAN	7.86

3 P'S RUN 05/04/98

A hot and humid day for this new run but many runners and walkers said they enjoyed the flat, fast and scenic course. Numbers were very good considering the clash with the Around the Bridges run. Many thanks to helpers Wendy and Jeff Spencer, Brian Foley, Jackie Halberg, Ray Hall, Patricia and David Carr, Valerie Millard and Lynne -**Bob Schickert**

5K RUN

Kirt Johnson	M65	27:02
Allen Tyson	M70	29:47
Margaret Taylor	W45	37:28

5K WALK

Pat Ainsworth	W60	41:16
Glenice Shanahan	W70	42:09
Maggie Flanders	W60	44:24
Bill Hughes	M70	50:18

8K RUN

Ian Davies	M50	30:34
Jim Klinge	M50	31:04
David Marren	VIS	33:45
Robert Mair	M50	34:02
Paul Hughes	M45	34:33
Stephen Dutton	VIS	35:00
Peter Sanders	M50	38:08
Mike Rhodes	M50	38:38
Peter Ajrey	M60	39:43
Peggy MacLiver	W50	39:21
Arnold Jenkins	M50	40:22
Ian Passmore	M55	41:25
John Dartnell	M45	41:26
Sue Sanders	W40	41:48
Hugh Walters	VIS	42:11
John Smith	M60	43:50
Merv Jones	M55	44:00
Norm Miller	M65	44:38
Margaret Bennett	W55	52:58
Rosa Davis	W50	54:19
Pat Miller	W55	54:20
Susan Brand	W50	56:44
Frank Usher	M70	61:49

8K WALK

Paul Martin	M55	48:48
John Mison	M50	48:49
David Brown	M50	57:15
Michelle Mison	W50	59:42
Ernie Moyle	M70	67:23

Lorna Lachlan	W65	69:55
Jill Midolo	W50	69:56
Rob Davis	M55	69:57
Jeff Whittam	M60	69:58

16K RUN

John West	M45	60:25
Frank Smith	M55	63:29
Bert Carse	M55	66:38
Gareth Brunt	M45	66:51
Milton Mavrick	M40	68:36
Brian Danby	M45	69:53
David James	M40	69:41
Graham Thornton	M55	70:29
John Bell	M50	70:52
Bob Harrison	M55	72:01
Vic Waters	M50	72:50
Jim Barnes	M55	73:56
Jeremy Short	M45	75:29
Nick Royale	M40	76:07
Mike Anderson	M45	77:20
Nick Miller	VIS	78:44
Alan Jennings	M55	79:35
Brian Bennett	M50	80:00
Mike Karra	M30	81:03
Mike Hale	M50	81:12
Keith Atkinson	M40	81:37
Robert Weaver	VIS	83:20
George Schaefer	M65	83:44
Frank McLinden	M65	84:11
Brian Holmes	M60	85:17
Victor Beaumont	M65	85:32
Wendy Duncan	W45	90:25
Jo Pearce	W45	90:26
Ann Turner	W60	93:15
Trevor Brown	M55	97:05
Eileen Brown	W50	100:03
Shorty Turner	M60	102:29
Denise Lancaster	W45	103:57
Jackie Billington	W55	106:34
Jan Jarvis	W50	106:35
Alan Chambers	M60	113:47

16K WALK

Barrie Thompsett	M55	125:05
Dorothy Whittam	W60	125:07
Bob Fergie	M60	125:07

**NATIONAL TRACK & FIELD
CHAMPIONSHIPS
BRISBANE 9 - 13 APRIL 1998**

A team of 14 W.A. athletes made their way to Brisbane at Easter to take on all comers at the Nationals, and successful they were, bringing home 38 medals in total - 18 gold, 9 silver, 11 bronze.

Brisbane put on a pretty warm and humid week-end, interrupted on Friday afternoon with a deluge. The heavens opened up with no respite in sight and many 400m finals were run in the heavy down-pour making conditions very difficult. Two finals had to be post-poned until 5pm Sat as well as all the 10k finals which were rescheduled for 7am the following day. As a result of this, times were down due to the high humidity affect-ing the runners - it literally just poured off them. While we all huddled in the stand, Barb Atkinson thought that she would use the nice cool conditions to go for a race walk around the track!!

There were many excellent performances over the weekend. Pat and David had a great championship, with Pat winning all 5 of her events and David winning 4, including an Australian Record in the pentathlon on the final day - a brilliant effort.

The sprinters provided the heartstoppers, especially the M60 and W45. David Clive put in a great 100m and won from Hugh Coogan (Q). Norm Richards tenacity saw him pull through for 3rd place in a photo from Ken Daniels(ACT). The 200m was just as tense with Hugh getting David and Norm snuck in for 3rd from poor Ken - again!!

Ken did get his revenge in the 300m hurdles. The story doesn't end there for these two! They

were like twins in the pentathlon with both of them pulling ham-strings in the first event, the long jump. They did look a picture with both of them nursing ice packs around the afflicted muscle!! Ken retired, but not Norm who hobbled his way to a bronze medal - a courageous effort.

The W45's provided some great racing with Lynne, Wilma Perkins (Q) and Heather Inhativ (NSW). Lynne won the 100m with a bit of daylight in between (6/100ths). The 200m was stride for stride up the straight with Lynne just emerging the victor by 2/100ths. Heather ran in 3rd 1/10th behind. It was real close stuff, not good for the stress levels!

Dave Wyatt had an excellent competition, winning both the long jump and the high jump and third place in the triple jump where he was displaced from second in the last round. He went on to Port Douglas a very happy man indeed.

The W30 age group proved to be a tough one again. Roseanne Kemp ran a brilliant 400m for the gold, and put up a sound effort to win silver in the 100m and 200m.

Diane York in her first away Nationals performed really well, winning the triple with a great jump, silver in the long and a bronze in the hammer.

Brian Foley was finished with two fourth places in the middle distance events and a fourth in the 10km cross country.

Bob Schickert placed 3rd in the 1500m and the 5k, but the heat got the better of him in the 10k and his time was down by about 3 minutes from what it is normally I'm told.

The walkers did well, with Barb Atkinson, refreshed from her wet warmup, placed second in the 5k walk and Lynne Schickert also placed with a third in her age group.

Another to perform well was Leon Sander in the M60's. Leon enjoyed the nationals very much and made the 100m, 200m and 400m finals as well as placing 3rd in the triple with a fine leap. He also won silver in the pentathlon which was a great effort.

A feature event on the Saturday was the Champion of Champions which is a handicap race for all age group 100m winners with the handicaps worked out by age. Pat and Lynne won their way into the ladies event with Lynne finishing second in another very tight finish, Noreen Parrish won and Pat finished up midfield. David Clive also ended up mid field in the men's race as the backmarkers caught the front markers. Everyone enjoyed these races, competitors and spectators alike and hopefully it will remain part of the programme.

Queensland Vets are to be congratulated on running a very smooth Championship and for providing a very pleasant social evening on the Saturday night. We enjoyed fine food, fine company and fine sights along the river. Thanks to all the officials who spent many hours to ensure we had a memorable championship.

1999 Nationals will be held in Canberra.

Lynne Choate

Results

Barbara Atkinson 5kmW S 29.19
W45 10kmW S 61.26

David Carr 200m 4 28.36
M65 400m G 61.42
800m G 2.23
1500m G 5.04
Pent. G 3459*

Patricia Carr 100m G 15.14
W65 200m G 34.24
400m G 75.41
LJ G 3.68m
TJ G 7.63m

JOHN GILMOUR TROPHY, 1998

Lynne Choate W45	100m	G	12.97
	200m	G	26.93
	400m	S	64.74
	TJ	G	7.85m
	Discus	5	19.30m
	Shot	4	7.27m
	Pent.	B	2962pt
David Clive M65	100m	G	12.68
	200m	S	26.03
	LJ	G	5.15m
Brian Foley M50	400m	7	62.9
	800m	4	2.21
	1500m	4	4.57
	10Kc/c	4	46.00
Roseanne Kemp W30	100m	S	12.80
	200m	S	25.84
	400m	G	59.00
Val Prescott W50	100m	7	Heat
Norm Richards M60	100m	B	12.84
	110mH	S	19.87
	200m	B	26.29
	300mH	B	52.15
	HJ	S	1.25m
	Pent.	B	2630pts
Leon Sander M60	100m	8	14.04
	200m	7	28.36
	400m	5	71.00
	1500m		6.11
	LJ		4.12m
	TJ	B	9.33m
	Javelin		29.4m
Pent.	S	2736pts	
Bob Schickert M55	1500m	B	5.01
	5000m	B	19.32
	10Km	4	41.00
	10Kc/c	G	41.30
Lynne Schickert W55	5KmW	B	35.30
	10KmW	4	75.20
Dave Wyatt M45	100m	5H	13.14
	LJ	G	5.38m
	TJ	B	10.67m
	HJ	G	1.58m
Diane York W40	LJ	S	4.17m
	Ham	B	16.84m
	TJ	G	9.30m

*Australian Record

We welcome five new members:

Helen Anderson
Donald Stone
Terry Humphrey
Karen Gobby
Des Gobby

There were no less than 21 age-graded world-class performances by Club members this year so the best performance had to be really outstanding - and it was.

The trophy holder, David Clive, was again a force to be reckoned with his 12.57s 100m in Durban. However, David Carr, also in Durban, used his great track experience in the 800m to run not only a sound tactical race to win the bronze medal, but, with 2m 22.17s, a fast one as well. This rated fractionally better than the first David's effort and I fully expected that it would win the trophy this year. But one never knows with David Carr.

He had a hectic State Championships. When not competing, he was engaged in moving equipment and helping generally. So when the penultimate track event, the M60+ 800m was about to start, most people were feeling somewhat weary. David was on the start line and rocketed away on the gun. He left the rest of the field and, quite unlike Durban, ran a solo time-trial. His 2m 19.5s earned him an Australian record and this esteemed trophy. As I say, one never knows with David.

Listed below are all the World-class (90%+) performances that I have found. Note that

- .24 second has been added to hand-times for 100m and 200m
- .14 second has been added to hand-times for 400m
- percentages have been rounded down to two decimal places.

David Carr	65	800m	2m 19.5s	95.84*
David Carr	65	800m	2m 22.17s	94.04
David Clive	60	100m	12.57s	93.95
David Clive	60	200m	25.8s	92.05
David Clive	60	200m	26.14s	91.69
David Carr	65	400m	61.35	91.58
David Clive	60	200m	26.0s	91.34
Anne Shaw	50	1500m	4m 53.8s	91.29
David Carr	65	100m	12.7s	91.26*
Barrie Kernaghan	57	200m	25.1s	91.23*
Barrie Kernaghan	57	200m	25.5s	91.10
David Carr	65	400m	61.6s	91.01
Murray Tolbert	51	100m	11.9s	90.93*
David Clive	60	200m	26.2s	90.65*
Lynne Choate	45	100m	12.8s	90.64*
Lynne Choate	44	100m	12.7s	90.57
Norm Richards	60	100m	12.8s	90.56
Anne Shaw	49	HalMarathon	1hr 21m 19s	90.48
David Clive	60	200m	26.3s	90.31
David Carr	65	800m	2m 28.30s	90.15
Barrie Kernaghan	57	100m	12.6s	90.10

* 1998 State Championships

Bob Sammells