

FAREWELL PARTY - THURSDAY NOVEMBER 12th RUGBY ROOMS, PERRY LAKES

A farewell party will be held for athletes participating in the Melbourne Games and their friends from 7 p.m. - 12 p.m. on Thursday 12th November (After the Track|Field Trials at McGillivray).

There will be no charge made but all drinks, including soft drinks, should be bought in the club rooms. (It is a condition for our use of the Club rooms that no drinks may be brought in).

Please bring your own food or order a barbeque pack through Lorna Butcher (Ph. 383 1084) by 5th November please.

ROAD RACING CHAMPIONSHIPS

This edition contains the 1987 Road Racing Championship results. The Committee thanks Morris Warren for his work in organising these popular events.

DOGS AT HOME RUNS

Please note that members should not bring their dogs to Home runs unless they have first obtained the approval of the home owner.

TALL SHIPS

As the announced arrival of the Tall Ships clashes with our schedule of runs, our time trials and the Christmas Dinner, it has been decided not to arrange a special Club event for this occasion.

SEEN AND HEARD

Don Caplin, Dave Carr and Brian Danby, among others on Channel 9's Wide World of Sport! - perhaps it was because they were running with Steve and Sue Melaxos!

A notable improvement in performance may be seen in those who join the midweek trials/training sessions - Kirt Johnston, George Peet and Merv Moyle to name but three. Ken Whistler, who recently caught your editor napping on the final straight of a 5km midweek trial, is looking good and tells us that he attended the Lifesport clinic a few weeks ago. [I shall soon do the same and will report on the experience afterwards - Ed.]

A VERY HAPPY BIRTHDAY TO OUR "OCTOBER" MEMBERS

01-10-36	AIREY	: Peter G	turns	51	remains	M50
01-10-42	COCKER	: Marcus C	"	45	becomes	M45
01-10-37	LYONS	: Ian	"	50	"	M50
06-10-24	MORGAN	: Garnet	"	63	remains	M60
07-10-45	GURR	: Nicolas	"	42	"	M40
08-10-40	THORNTON	: Graham	"	47	"	M45
11-10-30	BUCHANAN	: Bruce	"	57	"	M55
13-10-37	CARTER	: Wes	"	50	becomes	M50
13-10-44	FARRELL	: Phyllis	"	43	remains	M40
13-10-45	SAVIN	: Tom	"	42	"	M40
15-10-14	BAUMANN	: Carlo	"	73	"	M70
15-10-44	TOUSSAINT	: Serge	"	43	"	M40
18-10-41	LANDERS	: Brian	"	46	"	M45
19-10-33	PEET	: George	"	54	"	M50
20-10-49	THORNTON	: Beverley A	"	38	"	M35
22-10-37	COWLAN	: Margaret	"	50	becomes	M50
22-10-39	PELLIER	: John	"	48	remains	M45
27-10-42	ROBERTS	: David V	"	45	becomes	M45
27-10-39	SUTHERLAND	: Ian	"	48	remains	M45
30-10-46	SMITH	: Therese	"	41	"	M40

MUSSEL POOL MUSTER 9/8/87

We picked Perth's coldest morning for 20 years for this first run at Whiteman Park. In fact, when the 44 runners lined up there was so much breath vapour that the starter lost them for a while! (There were also plenty of remarks about the 8.0 a.m. start so we might have to revise that next year).

However, we did create something of a record when every runner said it was a great course - even Mike K. who missed a flag and an arrow and did some wandering!

John Pellier also reckoned we should have had more water crosses (and deeper) but we'll ignore him!

There was also a suspicion that it might have been "a little" longer than 10th and 5th. (It was!)

Because we thought you might have considered the course to be too tough, we presented commemorative medals to the winners - in case it was the first and last time we ran at Whiteman's!

The winners were:

Stuart Hoskins (5K) - good to see our Equipment Officer having a run and getting some recognition.

Jan Johnson (5K) - and she said she wanted more soft sand!

Tom Savin (10K) - a great run on a tough course.

Marg Forden (10K) - not only not lost, but another great run.

Thanks to Maureen , Val, Bev, Keith, Dalton and also Rob Currie, the Whiteman Park Manager. He and his staff were most helpful.

5 K

S. Hoskins	M40	29.18	J. Johnson	W40	37.52
G. Hoskins	VIS	31.27	J. Strachan	W60	40.36
B. Sammells	M50	31.39	P. Weston	W50	44.27
S. Munyard	VIS	35.59	M. Stone	W40	44.28
J. Whittam	M50	37.23	M. Warren	W50	44.49
			D. Whittam	W50	45.25

10 K

T. Savin	M40	45.45	R. Farrell	M45	62.13
B. Danby	M35	47.02	V. Beaumont	M55	62.25
G. Thorton	M45	49.47	J. Pellier	W45	53.41
D. Caplin	M45	51.23	B. Thomsett	M45	64.45
J. Stickles	M45	52.59	R. Davis	M45	65.51
C. Reid	VIS	53.20	J. Pearce	W35	67.09
J. Pellier	M45	53.53	J. Russell	M50	67.43
D. Moffat	M55	55.43	S. Walton	W40	70.24
B. Hardy	M40	56.04	L. Butcher	W55	72.10
K. Martin	M45	56.14	J. Langdon	W35	72.11
M. Warren	M45	56.16	J. Willers	W35	72.19
T. Speechley	M40	57.01	R. McLiver	M45	73.41
M. Forden	W45	59.04	B. Joyce	M50	73.55
P. McLiver	W40	59.45	D. Hough	M55	78.51
G. Peet	M50	60.59	P. Farrell	W45	1 hr.20 m.
D. Strachan	M65	62.01	M. Khan	M40	
			B. Munyard	M40	

68 starters on a warm day on the annual wildflower tour - if you missed them you were running too fast. Thanks to Pat Savin and Doreen Huxley for time-keeping and Val Tyson for assisting - allowing me to run.

First section of times were run on 29/3/87. I lost them getting ready for London. [These will appear in November's Vetrun - Ed.]

See you next year!

Pos.	Name	Age Group	Clock Time	Pos.	Name	Age Group	Clock Time
<u>5K</u>							
1	D.Carr	M55	19.55 *	6	M.Pritchard	W40	26.06 *
2	A.Croxford	M40	20.08 *	7	M. Fermar	M45	26.20 *
3	B.Worner	M55	21.53	8	S.Walton	W40	26.41
4	M.Forden	W45	24.00	9	R.Medwer	M45	26.53
5	I.Stephens	W35	24.49 *	10	P.Carr	W55	27.17 *
				11	J. Sanger	W35	27.57
				12	S.Bowler	M60	30.26 *
				13	D.Whittam	W50	33.58 *

INV.

Jeremy Cariss	21.15
Brad Regts	28.29

10K

1	T.Savin	M40	36.24 *	24	J.Curtis	M50	46.56
2	B.Danby	M35	37.37 *	25	P.McLIVER	W40	47.12
3	C.Brockwell	M35	37.40	26	V.Beaumont	M55	47.46
4	D.Caplin	M45	38.24 *	27	J.Barrett	M50	48.59
5	C. Leman	M40	38.56	28	B.Monks	M50	49.14
6	G.Thornton	M40	40.19	29	K.Forden	M55	49.16
7	D.Roberts	M40	41.07	30	K.Johnson	M55	50.28
8	P. McDonald	M40	41.24	31	J.Pellier	W45	50.29 *
9	J.Barnes	M40	42.11	32	P.Sanger	M35	51.17
10	N.Beach	M40	42.12	33	J.Russell	M	51.19
11	J.Pellier	M45	42.30	34	R.Harris	M55	51.56
12	J.Stickles	M45	42.52	35	B.Thomsett	M45	52.22
13	G.Shaeffler	M50	42.57 *	36	J.Williers	W35	54.56 *
14	K.Martin	M45	43.38	37	M.Webb	W35	54.58
15	A.Nordyke	M35	43.46	38	K.Penton	W45	55.18
16	P.Airey	M50	43.52	39	L.Butcher	W55	55.35 *
17	M.Johnston	M50	43.56	40	D.Huxley	M45	55.56
19	R.Sammells	M50	44.02	41	M.Warren	W50	56.16 *
19	B.Grellan	M45	44.49	42	F.Usher	M60	57.36 *
20	B.Munyard	M40	44.56	43	W.McKinnon	M45	57.43
21	A.Pomery	M55	45.01	44	E.O'Dea	W50	59.17
22	M.Warren	M45	45.12	45	M.Robinson	W50	1.01.53
23	K.Nordyke	W40	45.32 *	46	B.Buchanan	W40	1.01.56

INV.

Steve Mitchell	35.50	Fastest
Chris Burwood	46.18	
R.Howson	46.49	
R.Boggs	49.38	
Tom Kennedy	51.25	
S.Kennedy	53.16	
S.Regts	59.37	

* = Record



VII WORLD VETERANS GAMES

With 4,700 entries this is believed to be the largest track and field event ever held in the world!

As Bob Sammells mentioned in the Vetrun of December 1984, the previous big events were the 1979 World Veterans Championships in Hannover, Germany which attracted 3,126 competitors and the 2nd European Veterans Championships, in Brighton, England with 3,050 entrants. The Los Angeles Olympics attracted just under 2,000 competitors.

From the October 1987 edition of the National Masters News we reprint the following tables :-



VII WORLD VETERANS GAMES - COUNTRY ENTRIES

CODE	COUNTRY	MEN	WOMEN	TOTAL
ARG	ARGENTINA	1	1	2
AUS	AUSTRALIA	1949	477	2426
AUT	AUSTRIA	25	5	30
BEL	BELGIUM	6	3	9
BRA	BRAZIL	10	1	11
CAN	CANADA	41	17	58
CHA	CHINA	1	0	1
CHI	CHILE	2	1	3
CUB	CUBA	0	1	1
DEN	DENMARK	18	3	21
ESP	SPAIN	6	3	9
FIJ	FIJI	8	0	8
FIN	FINLAND	99	15	114
FRA	FRANCE	32	10	42
FRG	F.R.G.	189	73	262
GBR	GREAT BRITAIN	120	38	158
GRE	GREECE	17	2	19
HOL	NETHERLANDS	9	2	11
HUN	HUNGARY	1	0	1
INA	INDONESIA	8	10	18
IND	INDIA	53	17	70
IRL	IRELAND	25	1	26
ISL	ICELAND	1	0	1
ISR	ISRAEL	2	1	3
ITA	ITALY	51	8	59
JAM	JAMAICA	1	0	1
JPN	JAPAN	43	9	52
KOR	KOREA	5	2	7
MAL	MALAYSIA	6	1	7
MEX	MEXICO	16	1	17
NIU	NIUE (ISLAND)	1	0	1
NOR	NORWAY	58	15	73
NZL	NEW ZEALAND	285	162	447
PER	PERU	2	0	2
PHI	PHILIPPINES	0	1	1
POR	PORTUGAL	8	1	9
ROM	ROMANIA	1	1	2
SIN	SINGAPORE	13	2	15
SRI	SRI LANKA	28	7	35
SUI	SWITZERLAND	38	11	49
SWE	SWEDEN	108	33	141
TCH	CZECHOSLAVAKIA	5	2	7
TPE	TAIPEI	24	0	24
TRI	TRINIDAD & TOBAGO	8	5	13
URU	URUGUAY	2	2	4
USA	U.S.A.	295	85	380
VEN	VENEZUELA	2	1	3
YUG	YUGOSLAVIA	6	1	7
** Total **		3629	1031	4660

Not final figures

NUMBER OF ENTRANTS BY EVENT AT 1985 AND 1987 WORLD VETERAN GAMES

Event	1985	1987	% In-crease
100	693	769	11
200	674	750	11
400	549	649	18
800	494	650	32
1500	508	666	31
5000	697	1080	56
10000	686	1105	61
HH	161	225	40
IH	167	196	17
SC	142	173	22
5K-W	313	398	26
20K-W	254	198	-22
10K-W	56	134	139
10K-XC	507	1113	119
Mara	1007	1724	71
HJ	256	226	-12
PV	111	102	-8
LJ	437	417	-5
TJ	169	248	47
SP	380	406	7
DT	343	449	31
HT	163	232	42
JT	297	341	15
PENT	301	308	2
TOTAL	9365	12759	36
Entrants	4330	4660	8
Men	3659	3629	-1
Women	671	1031	54
Events per entrant	2.16	2.74	27
% women	16	22	

NO. OF ENTRIES BY EVENT AND AGE-GROUP

VIIth WORLD VETERANS' GAMES

	100 M:	200 M:	400 M:	800 M:	1500 M:	5000 M:	10 K:	80 M H:	100M H:	110M H:	300M H:	400M H:	3K:	2K:	STC:	5K M:	20K RW:	
M40	108	108	102	120	121	216	240			27			35	46		32	32	M40
M45	93	89	79	102	104	161	228			27			24	37		32	31	M45
M50	78	90	84	78	87	139	165			22			29	22		29	26	M50
M55	87	82	70	72	77	123	120			25			20	19		37	30	M55
M60	54	64	53	52	44	81	52		24			37				28	24	M60
M65	34	33	25	30	24	52	45		12			17			12	28	18	M65
M70	45	38	29	24	20	25	20	22				5			6	21	17	M70
M75	20	24	19	16	18	16	17	12				4			3	12	13	M75
M80	13	12	8	5	6	4	4	1								8	6	M80
M85	6	6	5	3	2	1	1									2		M85
M90	2	1	1													1	1	M90
M95	2	2																M95
TOT	542	549	475	502	513	818	922	35	36	101	63	108	124	49	232	198	TOT	

	100 M:	200 M:	400 M:	800 M:	1500 M:	5000 M:	10 K:	80 M H:	100M H:	110M H:	300M H:	400M H:	3K:	2K:	STC:	5K M:	20K RW:	
M35	35	26	28	22	21	48	36		6			4				20		M35
M40	48	39	37	34	35	69	74	15				7				34		M40
M45	45	45	37	31	30	53	37	10				3				30		M45
M50	31	33	23	18	21	31	22	13				9				29		M50
M55	23	18	16	14	15	22	15	6				2				20		M55
M60	13	12	9	14	12	17	12	2								8		M60
M65	17	16	11	8	10	14	10									13		M65
M70	10	9	9	5	5	4	3	1								5		M70
M75	5	3	4	1	3	4	3									6		M75
M80				1	1	1	1									1		M80
TOT	227	201	174	148	153	262	183	47	6		11	14				166		TOT

	100 M:	200 M:	400 M:	800 M:	1500 M:	5000 M:	10 K:	80 M H:	100M H:	110M H:	300M H:	400M H:	3K:	2K:	STC:	5K M:	20K RW:
GRT	769	750	649	650	666	1080	1105	82	42	101	74	122	124	49	398	198	GRT

	10K RW:	10K CC:	MARR	L JUMP:	T JUMP:	H JUMP:	P VLT:	S PUTT:	DISCUS:	JAVELN:	HAMMER:	PENT	AGETOT:				
M40		213	514	48	27	19	21	31	31	32	14	46	962				M40
M45		203	398	47	25	21	14	28	34	24	16	40	778				M45
M50		161	238	66	45	33	13	35	39	28	19	47	600				M50
M55		109	157	39	21	18	16	26	37	27	23	31	454				M55
M60		86	93	33	21	24	8	32	47	28	21	29	335				M60
M65		42	33	22	21	19	11	34	47	32	27	21	210				M65
M70		20	23	28	20	23	9	36	33	23	17	25	157				M70
M75		10	10	15	10	10	7	17	18	13	9	16	83				M75
M80		2	1	6	3	4	2	11	14	9	6	6	34				M80
M85		1		1	3	2	1	4	3	4	1	1	10				M85
M90								2	2	1			4				M90
M95				1				2	1	2	1		2				M95
TOT		847	1467	306	196	173	102	258	306	223	154	262	3629				TOT

	10K RW:	10K CC:	MARR	L JUMP:	T JUMP:	H JUMP:	P VLT:	S PUTT:	DISCUS:	JAVELN:	HAMMER:	PENT	AGETOT:				
M35	20	41	59	12	8	3		22	17	17	12	5	180				M35
M40	31	72	87	24	14	9		24	22	16	15	14	256				M40
M45	20	58	48	23	6	8		22	26	22	17	10	206				M45
M50	25	33	27	12	8	13		23	19	17	17	9	138				M50
M55	15	32	22	14	6	8		13	14	8	2	4	97				M55
M60	4	13	8	13	5	5		21	21	17	9	2	64				M60
M65	10	10	4	5	5	4		12	13	11	5	1	52				M65
M70	4	4	1	6		2		7	7	6		1	23				M70
M75	4	2	1	2		1		3	3	3			13				M75
M80	1	1						1	1	1	1		2				M80
TOT	134	266	257	111	52	53		148	143	118	78	46	1031				TOT

	10K RW:	10K CC:	MARR	L JUMP:	T JUMP:	H JUMP:	P VLT:	S PUTT:	DISCUS:	JAVELN:	HAMMER:	PENT	AGETOT:
GRT	134	1113	1724	417	246	226	102	406	449	341	232	368	4660

Not final figures

The largest age group is M40 with 962 entries, 50 entrants are over 80, six are over 90 and two, both from India - are over 95. One problem arises from the need to accommodate the large numbers of runners in each event. For example there are 134 entrants for the 10km event, almost double any previous world games entry, and yet it had been hoped to run this in cool, evening hours. With such numbers this may not now be possible and some categories of runners in this event may have to compete for it early on the second day. This is typical of the logistical problems the organisers face in this huge event.

SHOALWATER 10K HANDICAP 20|9|87

Maggie Webb (W35) emerged as clear winner of this handicap event and thus shares the Carr/Shand trophy with Kevin Martin (M50) who led the men to the finish. This event took place in beautiful conditions and because it was set slightly early in the year the heat was not really a problem. Most competitors stayed on to enjoy the warm hospitality of Jean and Dennis Wilmott and we thank them and their helpers for organising this deservedly very popular event on our programme.

RESULTS

<u>Pos.</u>	<u>Name</u>	<u>Age Group</u>	<u>Clock Time</u>	<u>Handicap</u>	<u>Adjusted Time</u>
1	Maggie Webb	W35	57.46	8.00	49.46
2	Margaret Miller	W40	58.21	2.00	56.21
3	Phyllis Farrell	W40	58.32	10.00	48.32
4	Kevin Martin	M50	59.00	20.30	38.30
5	Margaret Warren	W50	58.47	9.00	49.47
6	Tom Savin	M40	59.23	26.00	33.23
7	John Maddison	M45	59.28	22.00	37.28
8	John Pellier	M45	59.31	21.30	38.01
9	Mike Khan	M40	59.35	21.15	38.20
10	Dennis Miller	M45	59.49	18.00	41.49
11	Maurice Warren	M45	59.55	19.30	40.25
12	Ernie Moyle	M60	60.00	11.00	49.00
13	Bryan Hardy	M40	60.02	19.00	41.02
14	Barry Munyard	M40	60.23	20.00	40.23
15	Peggy McLiver	W40	60.28	16.00	44.28
16	Barry Harwood	M45	60.33	22.00	37.27
17	Paul Martin	M45	60.45	21.45	39.00
18	John Russell	M50	61.00	14.00	47.00
19	Don Caplin	M45	61.02	25.00	36.02
20	Jenny Willers	W35	61.03	14.00	47.03
21	Joan Pellier	W45	61.06	16.00	45.06
22	Mike Fermor	M45	61.15	14.00	47.15
23	Arthur Leggett	M65	61.20	12.30	48.50
24	Cliff Bould	M70	61.22	12.00	49.22
25	Stuart Hoskins	M40	61.31	23.00	38.31
26	Jim Barnes	M40	61.41	24.30	37.11
27	Angus Sim	M35	61.44	17.00	44.44
28	Lorna Butcher	W55	61.52	10.00	51.52
29	Barrie Thomsett	M45	62.40	13.00	49.40
30	Brian Aldrich	M55	62.43	19.00	43.43
31	Vic Beaumont	M55	63.14	16.30	46.44
32	Sid Bowlen	M60	63.43	7.00	56.43
33	Joanne Pearce	W35	64.22	14.00	50.22
34	Arnold Jenkins	M40	64.39	22.00	42.39
35	Dennis Wilmott	M55	64.52	19.00	45.52
36	Garnett Morgan	M60	65.29	13.30	51.59
37	Allan Tyson	M60	66.07	19.00	47.07
38	Kath Penton	W45	66.34	12.00	54.34
39	Alison Aldrich	W45	66.34	12.00	54.34
40	David Carr	M55	68.35	23.00	46.35
41	Rob Shand	M55	68.38	21.00	47.38
42	Rob Farrell	M45	71.24	16.00	55.24

Race Walkers

Jo Stone	W40	61.53
Joy Sanger	W35	61.55
Jeff Whittam	M50	68.34

SHOALWATER HANDICAP (contd.)5km EVENT

1.	Jim De Gruchy	M60	26.22
2.	Patrick Carr	W55	27.20
3.	Dorothy Whittam	W50	28.00
4.	Jan Johnson	W40	28.03
5.	Rob McLiver	M45	38.48

Runners Without Handicaps

Daphne Beckett	W50	58.00
Roy Beckett	M50	58.03
Joe Yates	M40	58.55
Susan Hill	W40	65.30
Mitch Loly	M45	66.32

Visitors

Merv James	Ian Thomsett
Ian Warner	Eric Whitter
Jerry Chase	Christine Thompson
Stewart Lupton	Deborah Wheatley
Wendy Davidson	Karen Warner
Simon Beaumont	

MILL POINT ROAD CHAMPIONSHIP 11/10/87 - RESULTS

This event seems to attract dramatic weather! This time it was blowing more than half a gale as 54 members battled it out over the 10 km course. We were partly aided by a S.Easterly on the first half but on our return along the city side of the river the strong wind veered somewhat to the East and it was at times difficult to keep one's feet let alone one's pace, as we passed the helipad. Despite this the leaders turned in creditable times and Tessa Brockwell (W30) set a new record in 38m 39 sec. for her category.

<u>Pos.</u>	<u>Name</u>	<u>Age</u>	<u>Clock</u>	<u>Pos.</u>	<u>Name</u>	<u>Age</u>	<u>Clock</u>
<u>---</u>	<u>---</u>	<u>Group</u>	<u>Time</u>	<u>---</u>	<u>---</u>	<u>Group</u>	<u>Time</u>
1	Dave Muir	M40	36.38	28	D. Drayson	M60	47.55
2	B. Danby	M35	36.50	29	S. Munsie	M50	48.28
3	D. Caplin	M45	37.16	30	G. Foley	M60	48.42
4	T. Maslen	M50	37.29	31	J. Pellier	W45	48.45
5	T. Brockwell	W30	38.39	32	R. Lawrence	M55	48.46
6	D. Roberts	M40	38.54	33	G. Morgan	M60	48.51
7	K. Snowden	M45	39.08	34	D. Scott	M40	48.52
8	S. Hoskins	M40	39.20	35	M. Fermor	M45	49.25
9	G. Thornton	M45	39.42	36	P. Farrell	W40	49.55
10	B. Sammells	M50	39.46	37	B. Thomsett	M45	50.20
11	F. McLinden	M55	39.57	38	E. O'Dea	W50	51.01
12	J. Stickles	M45	39.58	39	L. Butcher	M55	51.06
13	G. Schaefer	M50	41.06	40	M. Warren	W50	51.10
14	K. Martin	M50	41.13	41	E. Moyle	M60	51.54
15	M. Santich	W35	42.06	42	G. Nordyk	M60	52.24
16	B. Slinger	M45	42.54	43	J. Slinger	W45	53.13
17	B. Hardy	M40	43.11	44	W. Hughes	M60	53.21
18	R. Harris	M50	43.45	45	A. Aldrich	W40	53.27
19	W. Crellin	M45	44.09	46	C. Bould	M70	55.07
20	R. Boggs	M40	44.25	47	F. Hagger	M60	55.07
21	M. Moyle	M60	44.35	48	A. Chambers	M50	56.41
22	D. Moffett	M55	44.40	49	K. Penton	W45	57.58
23	B. Aldrich	M55	45.26	50	J. Strachan	W60	58.05
24	P. Macliver	W40	46.38	51	S. Maslen	W45	58.40
25	R. Farrell	M45	46.49	52	S. Walton	W40	59.29
26	A. Pomery	M55	46.50	53	B. Buchanan	W40	60.20
27	K. Johnson	M55	47.35	54	A. Croxford	M40	60.33



LETTERBOX

May I take this opportunity to thank all the Vets for their continuous encouragement and support, and especially for their warm and happy smiles, which brighten the coldest winter Sunday mornings. Since joining the vets two years ago I have grown fond of being a member of such a happy lot but whenever I receive my copy of the "Vetrun" I wonder if this is really the case. Before writing this letter I checked through my cheque butts to confirm that I hadn't forgotten to pay my membership fee.

It is rather confusing to me that in past issues of "Vetrun" I have either been completely ignored as a "vet", as for example in the recent Perth Marathon, or classified as W35 (unkind! - no woman finds it flattering to be made older). Once I was classified as a "Pre-Vet" which caused me to wonder if you have "Pre-Membership-Fees".

I guess one solution to being noticed would be to do a "streak", wearing only my W30 and a smile, however the weather is not yet warm enough and by husband might protest. Could the committee please confirm my status as a genuine veteran before I do something rash and get myself arrested or divorced?

Kind regards,

T. Carman

Tina Carman

[Sorry Tina, - only the passage of time will solve your problem in non-Club events such as the Perth Marathon!! While you 'youngsters' of W30 are welcomed as 'pre-vet' members of the W.A. Veterans A.C., you are not yet seen as a veteran by those outside. Please don't do anything too rash, but may be take a peek over the shoulders of those overworked ladies at the finish and make sure they've listed you as W30! - Ed.]

STATE MARATHON CHAMPIONSHIPS

"Please pass on the gratitude of the Association for the support many of your club members gave during the above event, in particular Jim Barnes, who spent a lot of time successfully organising the drinks and sponge stations."

Yours sincerely,

A.L. Rice, Executive Director, Athletic Association of Western Australia.

[As some of our observant readers noticed in our September issue we published a letter from Mary Pritchard which was a year out of date! - Goodness knows how it crept in again! My apologies to Mary who, since that letter was originally published, has completed the Bunbury Marathon in the very creditable time of 4 hrs 10 m 11 sec. - Ed.]

NEW TELEPHONE NUMBER

Basil Worner's new telephone number is 387 9744.

CHANGE OF ADDRESS

Peter and Joy Sanger are now at:-

9 Torwood Drive
GOOSEBERRY HILL 6076

DARLINGTON DASH - 6/9/87 RESULTS

As in 1986, we had a brilliant morning with an icy easterly which helped us even more down the hill!

Chris Brockwell was the first club member home in the 16 K and Cheryl Bell's "First Lady" in the 8th meant that she and John were again winners in the outright "Husband and Wife" race.

John and Joan Pellier won the handicap Husband and Wife event based on age.

Our special thanks to John and Ruby Maddison who delayed a trip so that John could organize another successful "Dash".

8 K

M. Khan	M40	35.44	G. Moses	VIS	43.27
K. Martin	M50	36.19	D. Huxley	M45	43.56
A. Pomery	M55	38.04	P. Jones	M50	45.15
C. Bell	W35	38.32	W. Davidson	VIS	46.24
D. Caplin	M45	38.32	S. Lupton	VIS	47.15
A. Sim	M35	39.58	M. Lowes	W30	48.11
P. MacLiver	W40	40.00	J. Willers	W35	48.51
J. Pellier	W45	41.23	R. MacLiver	M45	49.45
M. Forden	W45	41.57	S. Bowler	M60	53.27
J. Pearce	W35	43.22			

16 K

M. Chapman	VIS	58.38	J. Greenfield	M40	71.00
C. Brockwell	M35	59.01	J. Jenkins *	W40	71.46
H. Kirkman	M45	59.52	A. Jenkins	M40	72.40
C. Sanger	VIS	60.01	T. Speechley	M40	72.54
M. Stone *	W45	60.01	R. Harris	M50	74.06
J. Sanger*	W35	60.02	K. Noordyke	W40	74.07
C. Leman	M40	61.41	J. Riley	VIS	75.13
B. Danby	M35	61.42	R. Matzke	M45	75.37
G. Thornton	M45	62.59	K. Forden	M45	76.23
J. Barnes	M40	64.18	V. Beaumont	M55	77.39
G. Trovato	M45	65.12	R. Farrell	M40	80.40
J. Bell	M40	65.32	K. Johnson	M55	81.51
H. White	VIS	65.45	S. Walton	W40	83.12
J. Pellier	M45	66.03	R. Lawrence	M55	84.30
J. Attwell	M50	67.22	E. Moyle	M60	85.54
J. Stickles	M45	67.39	M. Fermor	M45	87.13
M. Johnston	M50	69.32	J. Langdon	W40	87.17
A. Noordyke	M35	69.45	F. Usher	M60	92.48
P. Airey	M50	70.35	P. Farrell	W40	92.48

* 8K Walkers

SUNDAY 18TH OCTOBER - WOODCHESTER RESERVE, NOLLAMARA

The Northern Districts Amateur Athletic Club have invited our members to compete in a multi-event competition for sprinters and middle distance runners.

Events:- Sprinters 100m 200m 400m
Middle Distance 400m 800m 1500m

Starting time 9 a.m. to finish 12.30 p.m. approx. Entry fee \$1.50. Each athlete is to compete in all three of the events in his/her category. Full uniform is to be worn. Further information from Secretary, Mrs. P. Wheeler (ph. 401-4941).

RESULTS OF ROAD RACING CHAMPIONSHIPS 1987

<u>Age</u>	<u>Name</u>	<u>10 km</u>	<u>15 km</u>	<u>25 km</u>	<u>Average km</u>
M35	D. Scott	34.53	55.18	1.30.25	3.59
No M40 completed the three distances.					
M45	F. Smith	34.43	53.28	1.31.07	3.34
M45	G. Thornton	36.03	57.13	1.38.15	3.49
M45	J. Trovato	37.49	58.32	1.43.55	3.59
M45	M. Warren	41.35	64.06	1.54.21	4.23
M45	M. Fermor	47.55	74.46	2.08.31	5.00
M45	R. Farrell	46.00	71.36	2.12.23	4.59
M50	J. Curtis	43.46	66.10	1.59.20	4.34
M55	F. McLinden	39.49	58.45	1.39.21	3.56
M55	D. Hough	38.39	60.52	1.45.03	4.41
M55	A. Pomery	41.51	64.45	1.52.53	4.22
M60	M. Moyle	42.53	65.55	1.58.54	4.32
M60	F. Usher	51.10	90.14	2.41.54	6.3
M60	S. Hicks	48.18	77.17	2.10.41	5.7
M65	D. Strachan	45.59	78.21	2.06.21	5.00
W30	T. Carman	44.17	68.04	2.00.42	4.39
W40	P. Macliver	44.22	67.58	2.03.56	4.42
W40	P. Farrell	51.09	75.07	2.13.15	5.11
W60	J. Strachan	53.58	85.03	2.43.20	6.23

A total of 19 runners only completed all the three events to enable them to qualify. In future the Committee will try to keep the R.R.C. series within a shorter time span to enable more competitors to qualify.

RUNS 1987/88

Here is an analysis of our Sunday runs prepared by Basil Worner which members may find interesting :-

Distances	Less than 5K	5 6K	8K	10 12K	15 16K	21K	25K	Total
Road Runs	-	-	2	5	4	1	1	13
		+6	+2	+1		+nil	+nil	(27.66%)
"Circuit" Runs	-	-	4	11	1			16
	+2	+7	+2	+nil				(34.04%)
Cross Country	-	-	2	5	1			8
	+2	+5	+1	+nil	+nil			(17.02%)
Pack/Picnic Recovery	-	1	1	6				8
	-	+1	+nil	+nil				(17.02%)
Relays	2							2
								(4.26%)
<u>Totals:</u>								
Main Options	2	1	9	27	6	1	1	[47]
	+4	+19	+5	+1	+nil			
	(4.26%)	(2.13%)	(19.15%)	(57.45%)	(12.77%)	(2.13%)	(2.13%)	

Notes:-

1. Some of the categories are, of course, debatable, e.g. "Danby's".
2. "Road Runs" = Genuine Road events, "Circuits" = e.g. Bibra, Monger.
3. "+6" means that the 6K is an alternative to the main distance.
4. "Home Runs" & "Handicaps" can be additional features of these. e.g. 8 of our 47 runs are Home Runs.

KINGS PARK CROSS COUNTRY 8.5 km 13/9/87 - RESULTS

Ray Lawrence writes :

A pleasing turn up of 71 runners completed this course. Tom Savin was first across the line followed by Brian Marsland. The first lady to finish was Judy Marsland.

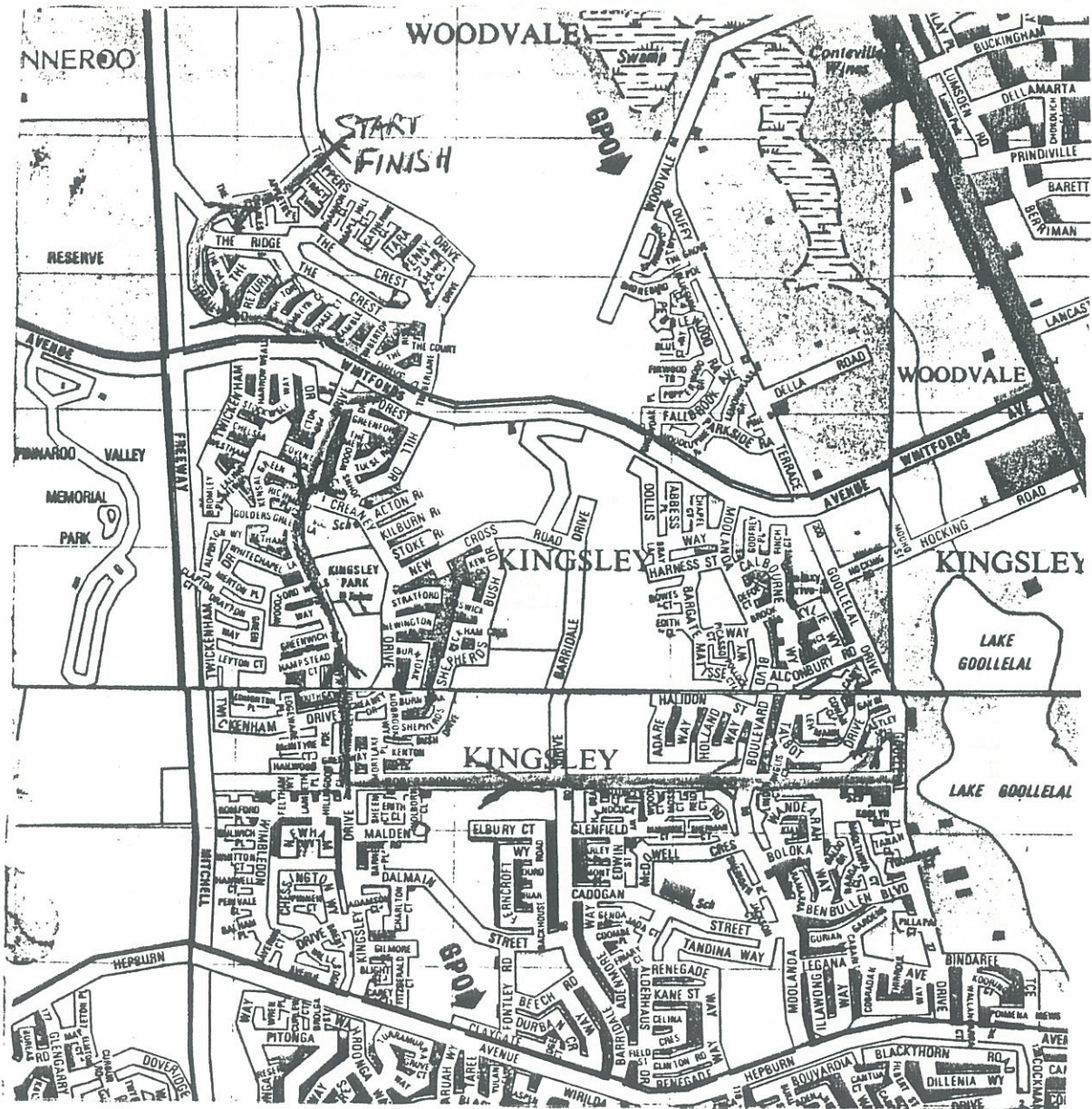
Many expressed their appreciation of the course and the effectiveness of the marking.

I would like to thank Joan and Barry Slinger, Merve Moyle, Maureen Pomery, Kirt Johnson and Stuart Hoskins for their efforts in making this run a success.

A. Sim	M35	38.00	R. Routledge	M50	36.49
J. Lindsay	M35	38.41	H. McGlashan	M50	36.55
T. Savin	M40	28.51	R. Harris	M50	37.22
B. Power	M40	30.10	G. Peet	M50	38.22
D. Roberts	M40	32.31	J. Russell	M50	39.31
W. Welyky	M40	35.08	S. Munsie	M50	40.55
T. Tripp	M40	49.29	A. Pomery	M55	33.56
D. Scott	M40	49.31	D. Carr	M55	35.13
R. Raymen	M45	31.02	F. MacLinden	M55	35.15
D. Caplin	M45	32.13	D. Hough	M55	38.45
J. Cunningham	M45	32.42	K. Johnson	M55	39.29
P. Martin	M45	32.54	B. Worner	M55	41.08
J. Stickles	M45	32.56	P. Davies	M55	41.53
B. Harwood	M45	34.54	D. Drayson	M60	39.53
B. Crellin	M45	36.16	D. Strachan	M60	41.48
J. Thompson	M45	38.50	G. Morgan	M60	43.08
I. Sutherland	M45	41.50	E. Moyle	M60	44.19
R. Farrell	M45	41.55	F. Usher	M60	47.03
A. Chambers	M45	50.17	W. Hughes	M60	47.46
E. Maslen	M50	30.57	S. Bowler	M60	50.40
R. Sammells	M50	32.47	A. Leggett	M65	41.22
K. Martin	M50	33.53	G. Noordyke	M65	47.53
J. Curtis	M50	36.23	C. Bould	M70	42.28
J. Willers	W35	42.34	S. Maslen	W45	50.22
P. Farrell	W40	44.21	L. Butcher	W50	42.33
B. Buchanan	W40	49.02	M. Warren	W50	47.01
J. Johnson	W40	54.43	M. Robinson	W50	48.29
K. Penton	W45	41.10	P. Carr	W55	52.37
C. Cole	W45	48.40	J. Strachan	W60	49.00

Visitors

B. Marsland	29.43	P. Roberts	39.36
I. McGibbon	30.34	E. Moses	39.51
J. Noordyke	31.41	W. Davidson	42.31
R. Howson	36.39	R. Welyky	43.27
J. Marsland	38.11	E. Wheatley	47.05
D. Ryder	38.17	D. Wheatley	50.15



FORDEN'S RUN 22/11/87

- VENUE 66 Trappers Drive Woodvale 8.00 a.m. start.
- COURSE Out & Back. 5 km and 10.8 km with a loop.
- DIFFICULTY Rolling Hills.
- SURFACE Bitumen Roads and Cycleway.
- HAZARDS Normal Traffic on roads - children - cycles and skateboards. Watch out for dogs!
- DRINK STATIONS Depending on the weather.
- FACILITIES Showers if required, morning tea and barbecue
No animals please.
- TYPE OF EVENT Open Handicap.
- COMMENTS A hilly run for those attempting the longer run, with a reasonable degree of difficulty.
- RACE ORGANISER Keith Forden, Phone No. 409 6693.

1987 WINTER SEASON - ATHLETIC ASSOCIATION

The Veterans Club competed throughout the winter road and cross country season and after a close tussle with the University Club, finished second in B Grade. Our ladies team also contested all the relay events and finished fourth in A Grade, a commendable effort from Jan Johnson, Shirley Cross, Pat Carr, Sheila Maslen and Val Prescott.

The men's team started off strongly with Bert Carse, Frank Smith and Bruce Wilson filling mid field positions in the early events of the season. However they travelled overseas, or up north, for the latter half of the season and their places were taken by Don Caplin, Jim Barnes and Joe Yates.

We fielded two teams in the Fremantle to Perth Relay, coming sixth and twentieth out of twenty-seven teams. Arnold Jenkins, Dave Carr, Graham Thornton and Brian Foley combined with our tourists for the sixth place.

A clash of events prevented us from competing in the York to Toodyay relay and the cross country runs were not well attended, though Alan Tyson tested the hills on two events.

Other regular competitors were Richard Harris, Michael Fermor and Joe Trovato, while John Maddison and Peter Sanders were coerced to make up relay numbers for the latter events.

The final event of the year was the Marathon, which was organised by our members for the Association. Jim Barnes and Joe Trovato ran strongly to gain points to keep our club in its second place while Chris Brockwell (Canning District) showed the fine form which earned him selection in the state team which represented W.A. earlier in the year.

Other Vets who competed for rival clubs during the season were John Molloy, Ted Maslen and Tessa Brockwell, who also represented W.A. in the Australian Championships 15 km in Hobart.

The 1988 winter programme has been drawn up so that there are fewer clashes of popular events and so we expect to represent our Club strongly next year.

Brian Foley
Winter Co-ordinator

VII WORLD VETERANS' GAMES - MELBOURNE

We wish every success to the following, who are off to Melbourne next month :-

David Carr	Leslie Richards
Pat Carr	Brian Kennedy
Dorothy Whittam	Eileen Hindle
Bob Sammells	John Gilmour
Tom Jones	Victor Beaumont
David Jones	Valerie Prescott
Joy Sanger	Jo Stone
Lorna Butcher	Ted Maslen
Jan Johnson	Erica Mercer
Shirley Cross	Garnet Morgan
Sandi Hodge	Reg De Gruchy
Alan Tyson	Barry Kernaghan
Valerie Tyson	David Clive
Brian Foley	Joe Trovato
Jill Langdon	Kath Holland
Don Caplin	Basil Worner
Bert Carse	Harry Holland
Serge Toussaint	Dennis Miller
Cliff Bould	Beverley Thornton
Ernie Moyle	Gary Aitkin
Jack Collins	Charles Spare
Frank McLinden	John Cochrane
David Hough	Phyllis Head
Graeme Thornton	

TRACK & FIELD (M) SEPT/OCT

Name	Age	100	200	400	800	1500 (mile)	3K	5K	10K	Discus
M										
B. Danby	35		30.0		2.19.4	4.30	9.40	16.36		
C. Foley	40		31.9		2.13.0	4.35				16.14
J. Yates	40							18.41		
H. Holland	40	12.05	23.9							30.58
P. Sanders	45					5.09				
B. Carse	45		28.8		2.11.1			16.38		
D. Caplin	45				2.21.0	4.34	9.42	17.21		
P. Martin	45				2.39.6	5.17	11.18	18.41		12.72
B. Kernaghan	45	12.02	24.7							
N. Poetschka						5.40				
B. Sammells	50							18.49		
A. Chambers	50				2.59			22.47		
J. Whittam	50						18.07W			
							18.10W	33.09		
K. Whistler						5.46				
D. Carr	55	14.08	28.9		2.13.3	4.41	10.39	18.29		18.66
F. McLinden	55					5.35		19.12		
B. Aldrich	55		31.3		2.50	5.49	12.27	21.15		
A. Stone										30.62
A. Tyson							20.50W			
							13.10			
B. Hughes	60							24.00		13.50
D. Drayson	60							23.42		
D. Jones	60		28.6							
C. Bould	70							24.01		
G. Morgan						6.45				
P. Smith								33.12W		
J. Collins	75						21.38W	36.10W		
C. England	VIS					4.27	9.53	16.56		
K. Eggleston	VIS					4.50				
C. Burwood	VIS							20.22		
M. Marsh	VIS	14.99								
B. Oliver	40		28.2							
G. Thornton	45		28.6		2.20.2					
K. Martin	50				2.22					
W										
E. Hindle	35		27.2							
C. Holland										28.36
J. Sanger	35						16.33W	28.34W		
J. Stone	40						17.25W			
							17.39W	29.34W		
E. Mercer	40				2.49			21.02		
A. Aldrich	40	16.68	35.1		3.17	7.02	14.35	24.07		
J. Fletcher	40							22.34		22.44
L. Richards	40	14.90								
J. Johnson	40	13.60	28.6							
V. Prescott						7.08				
M. Stone	45						19.38W	32.11W		
W. Davidson						7.12				
K. Holland	45		27.5							
D. Whittam	50	14.44	30.3							
S. Cross	50						18.49W			
L. Butcher	55						18.14W	32.13W		
								24.05		
P. Carr	55	16.40	34.7		3.32					
V. Tyson	65					10.41W	21.14W			

McGILLIVRAY OVAL 29th October Start 5.30 pm

200, 10K, 10K walk, Javelin

Organiser
E. Maslen

COKER PARK 5th November

Start 6 pm

100, 400, 800, 3K W,
LJ/Hammer

J. Maddison

McGILLIVRAY 12th November

Start 6 pm

200, 1500, 1500 W, Discus

B. Danby

COKER PARK 19th November

Start 6 pm

100, 400, 3K, 1500W TJ/
Shot Put

D. Clive
293 2320

McGILLIVRAY 26th November

Start 6 pm

3K Points Competition
200/Javelin

P. Sanders
445 2673