

March 2019 Results

This listing includes all events where members are known to have competed, excluding the WMA Indoor Championships, which are reported separately. All records are pending until ratified by the appropriate authorities

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

WAAS – March 5

100m

David Graieg	M35	12.3
Melissa Foster	W40	12.5
David Adams	M40	13.1
Ivo Davies	M70	15.1

Cathy McCloskey	W55	15.4
Stephen Crabbe	M70	16.1
Barrie Kernaghan	M75	16.9
Norm Richards	M80	17.3

Nick Fairweather	M65	16.4
Lynne Choate	W65	16.7
Delia Baldock	W55	17.6
Gay Wyatt	W65	19.3

Tracy Gallagher	W45	15.9
Carmel Meyer	W55	16.6
Milton Mavrick	M65	17.2
Ivan Brown	M70	17.4
Johan Hagedoorn	M75	21.2

200m

Ann-Marie O'Donovan	W45	32.5
Ivo Davies	M70	34.4
Barrie Kernaghan	M75	35.7
Stephen Crabbe	M70	35.8

John McShane	M50	30.7
David Adams	M40	30.8
Tracy Gallagher	W45	33.2
David Baird	M75	37.0

Carmel Meyer	W55	35.4
Ivan Brown	M70	36.6
Lynne Choate	W65	37.5
Delia Baldock	W55	37.6

1500m

David Graieg	M35	5:10.9
Tim Karajas	M40	5:11.9
Ian Hannaby	M50	5:15.8
Alan Gower	M60	5:16.7
Clare Wardle	W40	5:22.9
Mark Dawson	M55	5:34.0
Roscoe McDonnell	M60	5:43.2
John McShane	M50	6:08.9

Sue Zlnay	W55	5:52.9
Dante Giacomini	M50	6:36.0
David Baird	M75	6:40.9
Tracy Gallagher	W45	6:45.1
Karyn Gower	W55	6:50.0
Milton Mavrick	M65	7:22.2
Lori Sexton	W55	7:27.1

1500m walk

Karyn Tolardo	W50	8:40.1
David Adams	M40	12:14.2

5000m

Alan Gower	M60	19:40.7
Tim Karajas	M40	20:13.9
Ian Hannaby	M50	21:28.7
David Brook	M55	21:56.8
David Graieg	M35	22:11.1
Stuart Manning	M40	22:16.1
David Baird	M75	25:46.1
Lori Sexton	W55	26:30.7
Milton Mavrick	M65	27:47.4
David Adams	M40	27:48.6

3000m

Roscoe McDonnell	M60	12:02.3
Dante Giacomini	M50	14:50.5

3000m walk

Karyn Tolardo	W50	18:18.5
Johan Hagedoorn	M75	21:13.6
John Dennehy	M55	21:13.6
Syliva Byers	W80	27:20.0

Long Jump

Dave Wyatt	M65	4.14
Ann-Marie O'Donovan	W45	3.94
Nick Fairweather	M65	3.54
Gay Wyatt	W65	3.30
Norm Richards	M80	3.16

Javelin

Matt Elves	Vis	35.20
Sue Coate	W50	27.10
Phil Smyth	M70	24.18
Alex De Silva	Vis	22.19
Norman Stanger	M80	18.13
Ivan Brown	M70	17.61
Isaiah Manning	Vis	14.49
Gay Wyatt	W65	11.18

Shot

Alex De Silva	Vis	11.56
Sue Coate	W50	9.47
Norman Stanger	M80	7.76
Matt Elves	Vis	7.01
Mike Anderson	M70	6.17
Gay Wyatt	W65	5.57
Isaiah Manning	Vis	5.01

Bunbury – March 5

100m

Garry Hastie	M55	14.7
Michael Byrne	M65	15.0
Rob Antonioli	M65	15.2
Harold Membrey	M65	16.3
Brian Waldhuter	M75	17.2
Sharon Moloney	W55	17.5
Ruth Johnson	W75	18.8
Lyle James	M75	20.5

200m

Michael Byrne	M65	31.3
Rob Antonioli	M65	33.3
Brian Waldhuter	M75	37.6
Ruth Johnson	W75	40.4

Long Jump

Rob Antonioli	M65	3.72
Brian Waldhuter	M75	3.23
Ruth Johnson	W75	2.73

Javelin

Garry Hastie	M55	32.93
John Fettus	M45	32.69
Debra Cox	W55	13.89
Sharon Moloney	W55	13.50
Ruth Johnson	W75	10.10
Lyle James	M75	7.94

Shot

Jo Peters	M65	11.43
John Fettus	M45	10.82
Garry Hastie	M55	8.55
Sharon Moloney	W55	8.30
Ruth Johnson	W75	5.12
Lyle James	M75	2.95

ECAC – March 7

100m

Colin Smith	M55	13.11
Mark Howard	M45	14.37
Michelle Krokosz	W30	14.50
David Adams	M40	14.90
Cecil Walkley	M85	67.52

Des Walsh	M60	15.92
Nick Fairweather	M65	15.98
Maureen Keshwar	W65	16.50

David Carr M85 18.74 SR

400m

Colin Smith	M55	59.08
Campbell Till	M60	64.94
Rob Colton	M55	72.31
David Adams	M40	72.91
Roscoe McDonnell	M60	76.49

Michelle Krokosz	W30	72.45
Des Walsh	M60	80.96
Carmel Meyer	W55	82.46
Randy Hobbs	M55	82.50
Carol Bowman	W60	83.43
David Carr	M85	86.75
Delia Baldock	W55	89.98
Julie Wilson	W65	1:33.08
Cecil Walkley	M85	4:33.53

1 mile

Roscoe McDonnell	M60	6:12.77
Rob Colton	M55	6:15.36
Andy Abbey	M50	6:41.58
Alan Gray	M55	6:49.76
Bob Hull	M70	6:57.90
Mike Meredith	Vis	7:21.15
Janne Wells	W50	7:53.35
Silke Peglow	W50	8:25.83
Des Walsh	M60	9:43.68
Cecil Walkley	M85	19:12.70

1 mile walk

Karyn Tolardo	W50	9:09.44
John McDonagh	M70	10:52.73

3000m

Rod Hamilton	M55	11:57.39
Roscoe McDonnell	M60	12:01.53
Andy Abbey	M50	13:06.05
Bob Hull	M70	13:14.77
Rob Colton	M55	13:17.81
Alan Gray	M55	13:31.96
Mike Meredith	Vis	13:34.09
Bert Carse	M75	13:39.63
David Adams	M40	14:05.17
Jim Langford	M70	15:10.64
Julie Wilson	W65	15:58.72
Maurice Creagh	M70	16:02.37
Silke Peglow	W50	16:39.01

3000m walk

Karyn Tolardo	W50	18:07.28
John McDonagh	M70	19:56.00
Peggy Macliver	W70	22:07.52
David Carr	M85	22:09.23

Triple Jump

Michelle Krokosz	W30	9.48
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Hammer

Jenn Parker	W50	37.56
Ossi Igel	M65	33.47
Janne Wells	W50	32.99
Jim Davis	M85	32.62 AR

Weight

Ossi Igel	M65	14.36
Jenn Parker	W50	10.76
Janne Wells	W50	10.37

Strive, WAAS – March 7

100m

Melissa Foster	W40	12.85	+0.5
Gregory Brennan	M50	12.70	+0.2
Barrie Kernaghan	M75	16.75	+0.2
Alan Deans	M65	19.46	+0.2

400m

Sharon Davis	W45	61.35
Barrie Kernaghan	M75	84.11

1500m

Chris Gould	M40	4:12.73
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Triple Jump

Melissa Foster	W40	11.20	+0.0
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High Jump

Andrew Brooker	M50	1.60	SR
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Hammer

Byrony Glass	W40	49.58
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WAAS – March 12

60m

David Graieg	M35	7.3
Aidan Pearson	Vis	7.5
Gin Ang	M55	7.8
Stuart Manning	M40	8.1

Cathy McCloskey	W55	8.8
Melissa Foster (hurdles)	W40	9.2
Lynne Choate	W65	9.9
Barrie Kernaghan	M75	10.1
Norm Richards	M80	10.1

Juliana Kelly	W50	9.3
Myree McGoldrick	W55	10.9
Gay Wyatt	W65	11.2
Irwin Barrett-Lennard	M85	12.9

Julie Gaglia	W40	9.5
Milton Mavrick	M65	10.6
Tory Gaglia	Vis	11.7

Delia Baldock	W55	10.3
Des Walsh	M60	10.3
Johan Hagedoorn	M75	12.1

300m

Campbell Till	M60	45.2
Stuart Manning	M40	47.9
Jason Kell	M40	53.5
Rob Colton	M55	54.2
David Baird	M75	57.8

Des Walsh	M60	53.6
Juliana Kelly	W50	53.6
Barrie Kernaghan	M75	58.0
Carmel Meyer	W55	58.3
Milton Mavrick	M65	60.3
Delia Baldock	W55	61.1

800m

David Graieg	M35	2:15.8
Jannie Baard	M50	2:27.2
Neil Morfitt	M60	2:30.4
Alan Gower	M60	2:35.9
Stuart Manning	M40	2:39.7
Jason Kell	M40	2:58.9
Irwin Barrett-Lennard	M85	4:55.7

Rob Colton	M55	2:48.0	
Marg Saunders	W65	2:51.7	SR
Sue Zlnay	W55	2:54.5	
Alan Gray	M55	3:03.5	
David Baird	M75	3:09.0	
Paul Scott-Taylor	M60	3:11.8	
Dante Giacomini	M50	3:16.7	
Karyn Gower	W55	3:27.6	

3000m

Alan Gower	M60	11:37.0
Roscoe McDonnell	M60	11:56.1
Paul Scott-Taylor	M60	12:28.5
David Brook	M55	12:30.5
Rob Colton	M55	12:43.3
Sue Zlnay	W55	12:59.2
Aidan Pearson	Vis	13:41.4
Alan Gray	M55	13:49.2
Karyn Gower	W55	14:14.4
Dante Giacomini	M50	14:26.1
Jason Kell	M40	14:31.5
David Baird	M75	14:42.5
Milton Mavrick	M65	15:47.5
Carmel Meyer	W55	16:30.8
Irwin Barrett-Lennard	M85	20:13.0

3000m walk

Johan Hagedoorn	M75	20:33.8
Sylvia Byers	W80	27:56.0

High Jump

Mal Clarke	M45	1.45
Dave Wyatt	M65	1.35
Sue Coate	W50	1.20
Isaiah Manning	Vis	1.05
Gay Wyatt	W65	1.03
Norm Richards	M80	1.03

Hammer

Alex De Silva	Vis	45.65
Mal Clarke	M45	35.67
Chris Schelfhout	W50	29.59
Andrew Ward	M55	26.74
Sue Coate	W50	21.64
Isaiah Manning	Vis	14.54

Discus

Mal Clarke	M45	40.12
Alex De Silva	Vis	33.42
Andrew Ward	M55	32.04
Solomon Clarke	Vis	19.59
Julie Gaglia	W40	25.23
Des Walsh	M60	22.63
Sue Coate	W50	22.27
Isaiah Manning	Vis	18.35
Mike Anderson	M70	17.22
David Graieg	M35	17.13
Tory Gaglia	Vis	9.94

Strive, WAAS – March 13

200m

Melissa Foster	W40	27.42	+1.1
Barrie Kernaghan	M75	35.26	+1.4
John Dennehy	M55	35.64	+1.4

3000m

Chris Gould	M40	9:11.99
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Long Jump

Melissa Foster	W40	5.44	+2.0
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ECAC – March 14

100m (wind -1.6)

Colin Smith	M55	13.09
Mark Howard	M45	13.22
Gin Ang	M55	13.61
David Adams	M40	15.16
Rob Colton	M55	16.36
Cecil Walkley	M85	67.52

100m (wind -2.3)

Patrick Jones	M45	14.75
Jenn Parker	W50	15.59
Tracy Gallagher	W45	16.25
Bridget Gallagher	Vis	16.85
Des Walsh	M60	16.93

100m (wind -1.3)

Maureen Keshwar	W65	16.68
Carmel Meyer	W55	17.15
Mike O'Reilly	M75	17.86
Delia Baldock	W55	18.04
Bob Hull	M70	18.47
Bruce McGeorge	M60	18.48
Cecil Walkley	M85	70.47

300m

Colin Smith	M55	41.91
Jason Kell	M40	47.10
Patrick Jones	M45	48.60
John McShane	M50	50.02
David Adams	M40	52.30
Rod Hamilton	M55	51.12
Rob Colton	M55	53.06
Bruce McGeorge	M60	67.23
Cecil Walkley	M85	3:38.86

Carmel Meyer	W55	57.73
Maureen Keshwar	W65	59.54
Janne Wells	W50	59.55
Delia Baldock	W55	61.84

800m

Patrick Jones	M45	2:41.58
Andy Abbey	M50	2:50.42
Bridget Gallagher	Vis	3:02.02
John McShane	M50	3:05.18
Bert Carse	M75	3:06.59
Tracy Gallagher	W45	3:15.44
Bob Hull	M70	3:23.16
Silke Peglow	W50	3:58.16

Vanessa Carson	W40	2:44.01
Rob Colton	M55	2:47.01
Rod Hamilton	M55	2:53.30
David Carr	M85	3:23.58
Bruce McGeorge	M60	3:35.48
Lori Sexton	W55	3:48.04
Jackie Halberg	W70	4:10.36
John McDonagh (walk)	M70	5:34.48
Cecil Walkley	M85	10:05.35

5000m

Jaycob Kell	Vis	17:08.85
Vanessa Carson	W40	19:58.41
Patrick Jones	M45	21:02.59
Rod Hamilton	M55	21:16.80
Rob Colton	M55	21:49.71
David Adams	M40	24:33.51
Bruce McGeorge	M60	24:34.96
Lori Sexton	W55	25:47.24
Janne Wells	W50	28:19.89
Silke Peglow	W50	29:07.85
Dave Berry	Vis	34:57.85

3000m

Andy Abbey	M50	12:59.72
John McShane	M50	13:26.84
Bob Hull	M70	13:35.48
Carol Bowman	W60	15:45.07
Maurice Creagh	M70	15:53.56
Des Walsh	M60	16:52.84
Mike O'Reilly	M75	21:07.90
Hazel Stephen	W70	21:57.56

5000m walk

Karyn Tolardo	W50	29:44.85
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3000m walk

John McDonagh	M70	20:05.27
Peggy Macliver	W70	22:01.11
David Carr	M85	22:01.75
Jason Kell	M40	23:23.92
Liz Gomez	W35	23:24.14

Long Jump

Patrick Jones	M45	3.67
Des Walsh	M60	2.74

Javelin

Ossi Igel	M65	33.24
Michelle Krokosz	W30	27.70
Jenn Parker	W50	20.72
Janne Wells	W50	20.65
Des Walsh	M60	19.97
Patrick Jones	M45	18.70
Maureen Keshwar	W65	12.21
Andrea Penny	W40	10.49
Hazel Stephen	W70	7.22

Shot

Ossi Igel	M65	11.91
Jenn Parker	W50	10.18
Maureen Keshwar	W65	7.81
Garry Parker	M55	7.47

Perth Track Classic, WAAS – March 16

Discus

Malcolm Clarke	M45	39.59
Sarah Edmiston	W40	36.32

1 mile

Chris Gould	M40	4:33.41	SR
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WAAS – March 19

100m (wind +0.6)

Paul Jeffery	M45	11.8
Gin Ang	M55	13.0
Ian Hannaby	M50	13.4
David Adams	M40	14.3
Irwin Barrett-Lennard	M85	22.2

100m (wind +1.1)

Cathy McCloskey	W55	14.7
Des Walsh	M60	15.4
Juliana Kelly	W50	15.4
Greg Kennedy	M70	16.6
Barrie Kernaghan	M75	n/t

100m (wind +0.8)

Julie Gaglia	W40	15.4
Carmel Meyer	W55	16.8
Isaiah Manning	Vis	17.8
Myree McGoldrick	W55	18.3
Gay Wyatt	W65	19.1
Tory Gaglia	Vis	20.9

400m

David Graieg	M35	54.3
Campbell Till	M60	61.0
Ian Hannaby	M50	61.1
Stuart Manning	M40	64.4
David Adams	M40	70.3
David Baird	M75	77.7
Barrie Kernaghan	M75	86.1
Johan Hagedoorn	M75	1:38.3

Juliana Kelly	W50	79.1
Carmel Meyer	W55	80.7
Delia Baldock	W55	1:33.1

1500m

Alan Gower	M60	5:10.3
Jannie Baard	M50	5:13.2
Rob Cattrall	M60	5:29.6
Roscoe McDonnell	M60	5:39.2
Paul Scott-Taylor	M60	6:14.2
Julie Gaglia	W40	6:15.2
Karyn Gower	W55	6:38.1
David Baird	M75	7:01.2
Milton Mavrick	M65	7:14.1
Des Walsh	M60	8:28.9

1500m walk

Peggy Macliver	W70	10:43.1
Sylvia Byers	W80	12:29.2

5000m

Alan Gower	M60	19:35.6
Paul Scott-Taylor	M60	21:42.4
David Brook	M55	21:52.5
Ian Hannaby	M50	23:00.7
David Adams	M40	25:05.5
David Baird	M75	25:14.4
Milton Mavrick	M65	26:56.2

3000m

Roscoe McDonnell	M60	11:45.0
David Graieg	M35	11:55.3
Rob Cattrall	M60	11:56.4
Stuart Manning	M40	12:47.8
Alan Gray	M55	13:11.8
Karyn Gower	W55	14:08.3
Irwin Barrett-Lennard	M85	20:20.2

3000m walk

Johan Hagedoorn	M75	20:22.5
Peggy Macliver	W70	22:17.2

Long Jump

Paul Jeffery	M45	6.03
Dave Wyatt	M65	4.14
Gay Wyatt	W65	3.41
Norm Richards	M80	3.24
Carol Bowman	W60	2.87

Triple Jump

David Graieg	M35	11.73
Gay Wyatt	W65	7.00

Javelin

Paul Jeffery	M45	50.02
David Graieg	M35	42.86
Paul Foley	M50	40.99
Julie Gaglia	W40	29.12
Sue Coate	W50	25.56
Phil Smyth	M70	25.19
Des Walsh	M60	22.65
Isaiah Manning	Vis	20.23
Lisa Limonas	W50	19.31
Norman Stanger	M80	17.40
Greg Kennedy	M70	16.72
Rob Shand	M85	15.71
Gay Wyatt	W65	12.54
Tory Gaglia	Vis	9.19

Hammer

Sue Coate	W50	21.12
Norman Stanger	M80	20.63

ECAC – March 21

200m

Campbell Till	M60	27.62
Stuart Manning	M40	28.99
Alex Tinniswood	M35	29.49
Luke Linden	M40	31.61
David Adams	M40	31.85
Cecil Walkley	M85	2:24.09

Rob Antonioli	M65	32.01
Greg Kennedy	M70	34.80
Mike O'Reilly	M75	38.13
David Carr	M85	39.24
Bruce McGeorge	M60	45.54

Maureen Keshwar	W65	34.54
Carmel Meyer	W55	35.29
Delia Baldock	W55	36.82

400m

Stuart Manning	M40	65.57
Alex Tinniswood	M35	67.47
Rob Antonioli	M65	69.25
David Adams	M40	70.10
Barbara Blurton	W65	76.75
Carmel Meyer	W55	84.59

Rod Hamilton	M55	67.78
Carol Bowman	W60	82.28
Greg Kennedy	M70	84.47
Delia Baldock	W55	89.06
Cecil Walkley	M85	4:44.19

1500m

Vanessa Carson	W40	5:25.27
Rod Hamilton	M55	5:31.05
Bert Carse	M75	6:20.45
David Adams	M40	6:25.72
Mike Meredith	Vis	6:39.51
Brendan Manning	Vis	6:56.15
Bruce McGeorge	M60	7:08.04
Carol Bowman	W60	7:21.92
Cecil Walkley	M85	18:54.40

1500m walk

Karyn Tolardo	W50	8:33.02
Haydn Gawne	M70	9:59.23

Strive, WAAS – March 22

100m

Lee Stergiou	M45	12.32	+1.9
Alan Deans	M65	19.38	+1.9

400m

Lee Stergiou	M45	58.10
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1500m

Chris Gould	M40	4:19.86
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3000m

Roscoe McDonnell	M60	11:44.05
Vanessa Carson	W40	11:47.49
Rod Hamilton	M55	11:57.99
David Solomon	Vis	12:54.66
Mike Meredith	Vis	13:45.35
Alex Tinniswood	M35	14:25.42
Bruce McGeorge	M60	15:15.80
Silke Peglow	W50	16:14.43
Maurice Creagh	M70	16:21.43
Mike O'Reilly	M75	21:18.53

3000m walk

Karyn Tolardo	W50	17:48.10
Robin King	W60	20:43.24

2000m steeplechase

Vanessa Carson	W40	8:29.99
Isaiah Manning	Vis	10:06.62
Alex Tinniswood	M35	10:07.34
Janne Wells	W50	10:41.44
Julie Wilson	W65	10:58.79
David Adams	M40	11:16.54
Silke Peglow	W50	11:54.38
David Carr	M85	13:12.52

Long Jump

Alex Tinniswood	M35	4.59
Jenn Parker	W50	4.50
Rob Antonioli	M65	3.81
David Adams	M40	3.51
Greg Kennedy	M70	3.30
Maureen Keshwar	W65	3.21

Weight

Geoffrey Gee	M65	15.32
Ossi Igel	M65	15.01
Jenn Parker	W50	10.79
Janne Wells	W50	10.48

Discus

Ossi Igel	M65	40.27
Jenn Parker	W50	31.09
Isaiah Manning	Vis	14.48

Pole Vault

Phil Smyth	M70	2.60
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Hammer

Byrony Glass	W40	46.62
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WAAS – March 26

60m

David Adams	M40	9.0
Greg Kennedy	M70	9.5
Ivo Davies	M70	9.8
Stephen Crabbe	M70	10.1

Cathy McCloskey	W55	9.1
Barrie Kernaghan	M75	9.8
Norm Richards	M80	10.0
Lynne Choate	W65	10.3

Des Walsh	M60	9.2
Juliana Kelly	W50	9.3
Carmel Meyer	W55	10.2

Milton Mavrick	M65	10.4
Delia Baldock	W55	10.4
Irwin Barrett-Lennard	M85	13.1

200m

Campbell Till	M60	27.4
Stuart Manning	M40	28.1
Luke Linden	M40	29.3
David Adams	M40	30.4

Juliana Kelly	W50	32.3
Greg Kennedy	M70	33.2
Ivo Davies	M70	33.8
Stephen Crabbe	M70	35.6

Paul Jeffery	M45	24.1
David Graieg	M35	24.7
Des Walsh	M60	30.5
Cathy McCloskey	W55	30.5

Barrie Kernaghan	M75	33.3
Lynne Choate	W65	35.4
Norm Richards	M80	35.6
Irwin Barrett-Lennard	M85	47.4

Julie Gaglia	W40	32.1
Carmel Meyer	W55	34.3
Milton Mavrick	M65	36.5
Delia Baldock	W55	36.8
Tory Gaglia	Vis	44.2

1000m

Jannie Baard	M50	3:07.8
Dirk Klicker	M45	3:10.6
David Graieg	M35	3:18.7
Clare Wardle	W40	3:23.7
Ian Hannaby	M50	3:29.5
Stuart Manning	M40	3:41.6
David Adams	M40	3:54.6
Dante Giacomini	M50	4:10.3
Irwin Barrett-Lennard	M85	6:22.0

3000m

Dirk Klicker	M45	11:36.8
Ian Hannaby	M50	11:38.6
David Graieg	M35	11:47.8
David Brook	M55	12:47.6
Hans Venter	M55	13:28.9
David Adams	M40	13:54.7
Dante Giacomini	M50	14:57.4
Milton Mavrick	M65	15:17.3
Irwin Barrett-Lennard	M85	20:17.3

3000m walk

Wendy Farrow	W50	19:55.9
John Dennehy	M55	20:56.0

High Jump

Hans Venter	M55	1.58	SR
David Graieg	M35	1.55	
Mal Clarke	M45	1.45	
Stuart Manning	M40	1.35	
Sue Coate	W50	1.25	
Norm Richards	M80	1.05	
Isaiah Manning	Vis	1.05	

Discus

Jessica Siviour	Vis	45.63
Mal Clarke	M45	39.61
Paul Jeffery	M45	38.03
Andrew Ward	M55	32.87
Des Walsh	M60	26.25
Sue Coate	W50	23.85
Julie Gaglia	W40	22.42
Solomon Clarke	Vis	19.45
Norman Stanger	M80	18.12
Isaiah Manning	Vis	17.15
Mike Anderson	M70	15.94
Tory Gaglia	Vis	12.19

Shot

Mal Clarke	M45	12.53
Sue Coate	W50	9.40
Andrew Ward	M55	8.51
Norman Stanger	M80	8.18
Julie Gaglia	W40	8.03
Des Walsh	M60	7.72
Greg Kennedy	M70	7.65
Mike Anderson	M70	6.20
Tory Gaglia	Vis	4.06

60m			3000m		
David Adams	M40	9.05	Vanessa Carson	W40	11:33.78
Barrie Kernaghan	M75	9.97	Rob Cattrall	M60	11:48.54
Greg Kennedy	M70	10.04	Giovanni Puglisi	M65	12:26.04
Ivo Davies	M70	10.10	Andy Abbey	M50	12:46.47
Mercurio Cicchini	M65	11.02	Alan Gray	M55	13:15.92
			David Adams	M40	13:31.08
Harold Membrey	M65	9.82	Karyn Gower	W55	14:08.80
Maureen Keshwar	W65	10.10	Dante Giacomini	M50	15:02.97
Delia Baldock	W55	10.77	Julie Wilson	W65	15:57.15
Julie Wilson	W65	12.12			
Irwin Barrett-Lennard	M85	13.67	5000m		
			Alan Gower	M60	19:19.95
Jenn Parker	W50	9.34	Clare Wardle	W40	19:21.30
Rob Colton	M55	9.62	Bernadette Benson	W50	19:56.54
Bob Hull	M70	11.23	Alan Stabler	Vis	19:57.53
Cecil Walkley	M85	40.37	Rob Colton	M55	22:39.43
			Bob Hull	M70	23:19.38
200m			Janne Wells	W50	28:34.00
Harold Membrey	M65	32.70	Silke Peglow	W50	28:38.89
Barbara Blurton	W65	33.68	Irwin Barrett-Lennard	M85	34:21.11
Carmel Meyer	W55	34.67			
Maureen Keshwar	W65	34.95	300m hurdles		
Carol Bowman	W60	36.64	John McDonagh	M70	72.20
Mercurio Cicchini	M65	38.82	Maureen Keshwar	W65	72.61
Campbell Till	M60	27.89	Jenn Parker	W50	56.11
David Adams	M40	30.49	Janne Wells	W50	67.70
John McShane	M50	30.68			
Des Walsh	M60	31.25	Greg Kennedy	M70	63.41
Rob Colton	M55	33.07	Delia Baldock	W55	70.56
			Rob Colton	M55	73.11
David Solomon	Vis	32.36			
Barrie Kernaghan	M75	32.56	1000m walk		
Ivo Davies	M70	34.99	Karyn Tolardo	W50	5:40.79
Delia Baldock	W55	36.28			
			3000m walk		
1000m			Haydn Gawne	M70	20:09.11
Alan Stabler	Vis	3:13.10	John McDonagh	M70	20:11.25
Alan Gower	M60	3:18.47	John Dennehy	M55	20:57.52
Clare Wardle	W40	3:25.42	David Carr	M85	23:27.33
Vanessa Carson	W40	3:28.71			
Andy Abbey	M50	3:30.08	5000m walk		
Rob Cattrall	M60	3:31.96	Karyn Tolardo	W50	30:36.74
Rob Colton	M55	3:38.37			
John McShane	M50	3:40.86	Triple Jump		
David Adams	M40	3:42.55	Jonathan Lester	M45	10.37
Giovanni Puglisi	M65	3:42.82	Jenn Parker	W50	8.80
David Solomon	Vis	3:43.74			
Bernadette Benson	W50	3:47.61	Weight		
Bert Carse	M75	3:58.75	Geoffrey Gee	M65	15.99
Dante Giacomini	M50	4:11.20	Ossi Igel	M65	15.44
Karyn Gower	W55	4:14.02	Jenn Parker	W50	11.04
David Carr	M85	4:15.94	Harold Membrey	M65	9.61
Bob Hull	M70	4:18.02	Garry Parker	M55	7.86
Mercurio Cicchini	M65	4:19.57	Andrea Penny	W40	5.32
Janne Wells	W50	4:43.00			
Carmel Meyer	W55	4:44.98	Javelin		
Julie Wilson	W65	4:50.84	Paul Foley	M50	40.86
Fran Cherry	W55	4:57.17	Ossi Igel	M65	29.64
Silke Peglow	W50	5:00.24	Jenn Parker	W50	22.30
Maurice Creagh	M70	5:09.91	Des Walsh	M60	19.53
Jackie Halberg	W70	5:28.26	Harold Membrey	M65	16.51
Irwin Barrett-Lennard	M85	6:24.69	Andrea Penny	W40	10.76
Cecil Walkley	M85	13:26.65	Hazel Stephen	W70	6.04