

# September 2022 Results

*This listing includes all events where members are known to have competed  
All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

## ECAC – 1 September

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<b>60m</b>			<b>3000m</b>		
Dominic Lagat	M35	8.07	Dominic Lagat	M35	11:11.93
Jack Reid	M50	9.05	David Adams	M45	11:20.14
David Adams	M45	9.13	Michael Nguyen	Vis	12:06.83
Dave Wilkie	M60	9.80	Naomi Lagat	W35	13:50.03
John Dennehy	M60	11.22	Mike Meredith	Vis	14:38.24
Paul Hogan	M60	11.22	Dave Wilkie	M60	16:07.14
Bob Schickert	M80	14.90	Jim Langford	M75	16:12.91
<b>100m</b>			Bruce McGeorge	M65	16:47.68
Dominic Lagat	M35	12.40	Paul Hogan	M60	21:02.87
Daniel Smith	M45	13.23	<b>3000m walk</b>		
Jack Reid	M50	14.44	Karyn Tolardo	W55	18:36.82
David Adams	M45	15.64	John Dennehy	M60	20:52.49
Dave Wilkie	M60	15.89	<b>Long Jump</b>		
Bruce McGeorge	M65	17.81	Dominic Lagat	M35	5.39
<b>300m</b>			Sue Coate	W55	4.09
Naomi Lagat	W35	15.75	Jenn Parker	W50	4.06
Dayna Lagat	Vis	17.20	Dave Wyatt	M70	3.95
John Dennehy	M60	17.50	Lisa Limonas	W50	3.90
Andrea Penny	W45	18.17	Dave Wilkie	M60	3.83
Larissa Lagat	Vis	18.31	<b>1500m</b>		
Paul Hogan	M60	18.91	Dominic Lagat	M35	5:03.96
Bob Schickert	M80	22.07	Adrian Fabiankovits	M35	5:06.13
<b>300m</b>			Jack Reid	M50	5:35.85
Dominic Lagat	M35	44.02	Michael Nguyen	Vis	5:54.26
Adrian Fabiankovits	M35	47.92	John Bailey	M40	6:18.16
Keith Redpath	M65	49.36	Dayna Lagat	Vis	6:35.90
Naomi Lagat	W35	55.35	Larissa Lagat	Vis	6:38.20
Dayna Lagat	Vis	59.50	Mike Meredith	Vis	7:13.87
Larissa Lagat	Vis	61.67	David Adams	M45	7:32.87
Bruce McGeorge	M65	65.11	David Carr	M90	7:32.95 WR pending
Paul Hogan	M60	73.82	<b>1500m walk (hand times)</b>		
<b>1500m</b>			Karyn Tolardo	W55	8:49.6
Dominic Lagat	M35	5:03.96	David Adams	M45	10:10.5
Adrian Fabiankovits	M35	5:06.13	Lynne Schickert	W80	11:52.3
Jack Reid	M50	5:35.85	Steve Travell	M65	12:48.0
Michael Nguyen	Vis	5:54.26	<b>WAAS – 4 September</b>		
John Bailey	M40	6:18.16	<b>Pole Vault</b>		
Dayna Lagat	Vis	6:35.90	Oliver Berry	M30	2.90
Larissa Lagat	Vis	6:38.20	Geoff Brayshaw	M70	2.50
Mike Meredith	Vis	7:13.87	Phil Smyth	M75	2.50
David Adams	M45	7:32.87	Sue Coate	W55	2.10
David Carr	M90	7:32.95 WR pending	Dave Wilkie	M60	2.30

## WAAS – 4 September

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<b>Pole Vault</b>		
Oliver Berry	M30	2.90
Geoff Brayshaw	M70	2.50
Phil Smyth	M75	2.50
Sue Coate	W55	2.10
Dave Wilkie	M60	2.30

**100m**

Bob Han-Busi	Vis	14.42
Keenan Claus-Smith	Vis	16.05
Owen Renting	Vis	17.06
Kai Langford	Vis	17.40
Violet Claus-Smith	Vis	17.71
Max Claus-Smith	Vis	21.15
George Renting	Vis	21.18
David Gardiner (walk)	M75	30.63

Roberto Busi	M45	13.95
Adrian Fabiankovits	M35	14.20
David Adams	M45	14.87
Bob Han-Busi	Vis	15.01
Dave Wilkie	M60	15.66
John Dennehy	M60	17.38
Bruce McGeorge	M65	18.51
Nick Fairweather	M70	19.16
Bob Schickert	M80	21.52
Lynne Schickert	W80	25.65

**200m**

Daniel Smith	M45	27.09
Jack Reid	M50	29.83
Adrian Fabiankovits	M35	30.85
Dave Wilkie	M60	33.77
Bob Han-Busi	Vis	34.01
Keenan Claus-Smith	Vis	35.31
John Dennehy	M60	37.59
Bob Schickert	M80	49.02

Dayna Lagat	Vis	36.18
Kai Langford	Vis	36.36
Owen Renting	Vis	37.48
Larissa Lagat	Vis	39.13
Melissa Claus	Vis	46.20
Max Claus-Smith	Vis	48.39
George Renting	Vis	49.75
David Gardiner (walk)	M75	73.74

**400m**

Adrian Fabiankovits	M35	63.16
Daniel Smith	M45	64.25
Jack Reid	M50	64.37
David Adams	M45	71.39
Roberto Busi	M45	73.21
Keith Redpath	M65	73.32

Naomi Lagat	W35	73.44
Dayna Lagat	Vis	80.60
Larissa Lagat	Vis	83.78
Kai Langford	Vis	85.73
Mike Meredith	Vis	1:39.04

**800m**

Bob Han-Busi	Vis	2:58.46
Dayna Lagat	Vis	3:04.69
Keenan Claus-Smith	Vis	3:08.36
Larissa Lagat	Vis	3:09.83
Kai Langford	Vis	3:19.73
Violet Claus-Smith	Vis	3:25.82
Fiona van Heerwaarden (wk)	W45	4:46.68

Noah Bailey	Vis	2:18.08
Roberto Busi	M45	2:29.87
Adrian Fabiankovits	M35	2:34.16
John Bailey	M40	2:52.76
Naomi Lagat	W35	3:07.13
Mike Meredith	Vis	3:27.93
John McDonagh	M70	3:34.03
David Adams	M45	3:35.52

David Carr M90 3:36.30 AR pending

**5000m**

Roberto Busi	M45	16:11.62
Drew Langford	M45	17:44.51
Mark Maslen	M45	17:55.07
Grant Langford	Vis	18:18.09
David Adams	M45	21:24.91

**3000m**

Naomi Lagat	W35	14:05.69
Mike Meredith	Vis	15:01.16
Bob Han-Busi	Vis	15:37.74
Gillian Young	W75	15:53.89

**3000m walk**

John McDonagh	M70	20:48.91
Fiona van Heerwaarden	W45	20:56.44
Lynne Schickert	W80	25:03.41

**Long Jump**

Lisa Limonas	W50	3.79
Dave Wilkie	M60	3.74
Gay Wyatt	W65	3.30

**Triple Jump**

Jenn Parker	W50	8.25
Lisa Limonas	W50	8.20
Dayna Lagat	Vis	7.82
Keenan Claus-Smith	Vis	7.38
Dave Wilkie	M60	7.12
Gay Wyatt	W65	6.60

**Weight**

Todd Davey	M55	16.65
Andrew Ward	M60	12.72 (16lb)
Jenn Parker	W50	9.84
Mike Anderson	M70	6.40

**Shot**

Todd Davey	M55	13.90
Sue Coate	W55	9.56
Jenn Parker	W50	9.52
Andrew Ward	M60	9.43

**ECAC – 15 September**

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**60m**

Maxwell Bennett	Vis	8.87
Emily Bailey	Vis	9.25
David Adams	M45	9.38
Dave Wilkie	M60	9.86
David Gardiner (walk)	M75	17.42
Phillippa Bennett (walk)	W60	19.28

**200m**

Daniel Smith	M45	27.74
Mark Maslen	M45	29.67
Jack Reid	M50	30.62
Naomi Lagat	W35	32.89
Dave Wilkie	M60	33.14
Dayna Lagat	Vis	37.17
Larissa Lagat	Vis	42.79
Steve Barrie	M60	50.80
Phillippa Bennett (walk)	W60	71.68
David Gardiner (walk)	M75	71.95

**400m**

Sharon Davis	W45	63.56
Campbell Till	M65	63.68
Jack Reid	M50	64.56
Sue Coate	W55	69.45
Jenn Parker	W50	72.24
Dave Wilkie	M60	1:35.73

Hannah Maslen	Vis	73.94
Chico Subramanian	M60	76.07
Naomi Lagat	W35	76.32
Dayna Lagat	Vis	85.69
Carol Bowman	W65	1:30.52
Larissa Lagat	Vis	1:35.60
Mike Meredith	Vis	1:35.62
Zoe Maslen	Vis	1:59.51

**3000m**

Mark Maslen	M45	10:37.33
David Adams	M45	11:25.66
Chico Subramanian	M60	12:24.96
John Bailey	M40	13:26.98
Naomi Lagat	W35	13:52.09
Dayna Lagat	Vis	14:22.07
Larissa Lagat	Vis	14:34.30
Mike Meredith	Vis	14:51.91
Gillian Young	W75	15:53.16

**3000m walk**

Karyn Tolardo	W55	18:03.49
Glenys Duncan	W80	27:23.1 (h)

**2000m steeplechase**

Emily Bailey	Vis	10:23.75
David Carr	M90	12:26.57 WR pending
Steve Barrie	M60	13:44.63
John Dennehy	M60	13:50.29

**Long Jump**

Sue Coate	W55	4.33	SR
Jenn Parker	W50	4.31	
Lisa Limonas	W50	4.06	

**WAAS – 18 September**

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**Pole Vault**

Frederick Jankowitz	M50	2.75	
Geoff Brayshaw	M70	2.65	
Phil Smyth	M75	2.55	
Sue Coate	W55	2.35	SR
Dave Wilkie	M60	2.35	

**Bunbury – 20 September**

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**100m**

Luella Jenkins	W80	24.06
Ruth Johnson	W80	21.76

**Long Jump**

Sharon Moloney	W60	2.24
Ruth Johnson	W80	1.96
Luella Jenkins	W80	1.94

**Javelin**

Garry Hastie	M60	30.08
Paula Kennedy	W55	17.32
Luella Jenkins	W80	14.77
Sharon Moloney	W60	13.87
Harold Membrey	M70	11.89
Ruth Johnson	W80	8.96

**ECAC – 22 September**

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**100m**

Jack Reid	M50	14.46
David Adams	M45	15.08
John Dennehy	M60	17.54
Bruce McGeorge	M65	17.92
Andrea Penny	W45	18.28
Nick Fairweather	M70	19.43
Bob Schickert	M80	22.26
Lynne Schickert	W80	28.15

Naomi Lagat	W35	15.68
Riley Kerr	Vis	16.42
Kai Langford	Vis	17.20
Owen Renting	Vis	17.22
Dayna Lagat	Vis	17.95
Larissa Lagat	Vis	19.22
Ruby Gardiner	Vis	20.54
George Renting	Vis	21.34
David Gardiner (walk)	M75	29.08
Phillippa Bennett (walk)	W60	31.49

**800m**

Drew Langford	M45	2:19.68
Sharon Davis	W45	2:21.35
Naomi Lagat	W35	2:52.92
Jenn Parker	W50	2:55.77
Dave Wilkie	M60	3:29.16
Mike Meredith	M60	3:31.34
Bruce McGeorge	M65	3:39.74
Steve Barrie	M60	4:01.22

Riley Kerr	Vis	2:50.27
Dayna Lagat	Vis	3:03.22
Kai Langford	Vis	3:07.11
Larissa Lagat	Vis	3:14.54
Owen Renting	Vis	3:22.21
Ivy Renting	Vis	3:42.76
Carol Bowman	W65	3:46.19
Phillippa Bennett (walk)	W60	6:04.40

**300m hurdles**

Campbell Till	M65	50.59	<b>SR</b>
Sue Coate	W55	57.42	<b>SR</b>

Jack Reid	M50	54.00
Jenn Parker	W50	59.59
Dave Wilkie	M60	63.27

**300m**

Sharon Davis	W45	46.00
Keith Redpath	M65	50.75
Naomi Lagat	W35	57.87
Mark Dawson	M60	62.54
Carol Bowman	W65	63.26
Bob Schickert	M80	79.41

Eliot Wardrobe	Vis	42.24
Nikola Radosevic	Vis	49.96
Riley Kerr	Vis	53.73
Hannah Maslen	Vis	54.84
Dayna Lagat	Vis	59.96
Kai Langford	Vis	61.20
Owen Renting	Vis	64.10
Larissa Lagat	Vis	64.60
Ruby Gardiner	Vis	75.76
Ivy Renting	Vis	76.40

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**Berlin – 25 September**

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**Marathon**

Rashanthi Wanigasekera	W45	5:36:42
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**1500m**

Drew Langford	M45	4:39.85
Mark Maslen	M45	4:41.88
Eliot Wardrobe	Vis	4:44.33
Nikola Radosevic	Vis	5:24.02
Hannah Maslen	Vis	5:56.71
Mike Meredith	Vis	6:59.13
Steve Barrie	M60	8:27.27

**1500m walk**

John Mcdonagh	M70	9:58.52
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**5000m**

Mark Maslen	M45	18:05.39
Drew Langford	M45	18:05.75
David Adams	M45	20:15.74
Mark Dawson	M60	25:19.45

**3000m**

Naomi Lagat	W35	14:04.54
Gillian Young	W75	15:43.49
Steve Barrie	M60	17:46.84

**3000m walk**

John Dennehy	M60	21:00.45
Lynne Schickert	W80	25:41.86

**Long Jump**

Sue Coate	W55	4.27
Jenn Parker	W50	4.14
Lisa Limonas	W50	3.99
Gay Wyatt	W65	3.31
Dayna Lagat	Vis	3.22
Larissa Lagat	Vis	2.94

**Triple Jump**

Lisa Limonas	W50	8.11
Dayna Lagat	Vis	7.14
Gay Wyatt	W65	6.70

## Bunbury – 25 September

### Throws pentathlon

		Hammer	Shot	Discus	Javelin	Weight
<b>Luella Jenkins</b>	<b>W80</b>	18.03 689	5.87 672	15.27 625	14.76 668	<b>9.76 SR</b> 804
Total points		3458				
Ossi Igel	M70	34.76 684	11.33 759	32.50 696	21.61 389	14.68 835
Total points		3363				
Tom Gravestock	M65	36.96 745	11.10 796	42.66 863	29.00 519	ND 0
Total points		2923				
Sharon Moloney	W60	25.27 685	7.09 571	19.02 469	14.21 343	8.26 493
Total points		2561				
Bev Hamilton	W75	23.20 797	7.06 723	17.67 617	10.53 364	ND 0
Total points		2501				
Paula Kennedy	W55	20.83 474	7.89 583	16.48 346	17.63 392	9.96 668
Total points		2463				

### Heavy weight pentathlon

		2kg	3kg	4kg (WT)	12lb	16lb (SWT)
<b>Luella Jenkins</b>	<b>W80</b>	12.30 756	10.71 680	9.19 750	7.51 748	<b>6.61 AR pend.</b> 826
Total points		<b>3760 SR</b>				
<b>Bev Hamilton</b>	<b>W75</b>	11.33 596	8.79 492	8.66 620	5.89 499	6.18 670
Total points		<b>2877 SR</b>				
<b>Sharon Moloney</b>	<b>W60</b>	12.54 552	10.52 501	7.97 471	6.98 486	<b>5.97 SR</b> 520
Total points		<b>2530 SR</b>				

### Hammer

Todd Davey	M55	44.93
Paula Kennedy	W55	26.68
Bev Hamilton	W75	24.01

### Weight

Tom Gravestock	M65	13.43
Sharon Moloney	W60	8.70
Bev Hamilton	W75	8.69

### Shot

Todd Davey	M55	13.89
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### 100lb weight

<b>John Fettus</b>	<b>M45</b>	<b>4.05 SR</b>
<b>Paula Kennedy</b>	<b>W55</b>	<b>1.07 SR</b>
<b>Sharon Moloney</b>	<b>W60</b>	<b>1.00 SR</b>
Bev Hamilton	W75	0.61
<b>Luella Jenkins</b>	<b>W80</b>	<b>0.51 SR</b>

### Discus

Todd Davey	M55	38.91
Ossi Igel	M70	34.40
Bev Hamilton	W75	18.39

### Javelin

Garry Hastie	M60	31.86
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**Bunbury – 27 September**

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**100m**

Garry Hastie	M60	15.37
Harold Membrey	M70	17.07
Sharon Moloney	W60	18.44
Paula Kennedy	W55	19.10
Ruth Johnson	W80	21.57
Luella Jenkins	W80	23.72

**1500m**

Sharon Moloney	W60	9:27.66
Ruth Johnson	W80	10:14.14

**1500m walk**

Garry Hastie	M60	8:24.30
Luella Jenkins	W80	12:25.41
Paula Kennedy	W55	12:25.41

**High Jump**

Sharon Moloney	W60	0.95
Ruth Johnson	W80	0.92
Luella Jenkins	W80	0.90
Harold Membrey	M70	0.90

**Javelin**

John Fettus	M45	34.19
Garry Hastie	M60	33.11
Paula Kennedy	W55	19.07
Sharon Moloney	W60	15.73
Harold Membrey	M70	15.00
Luella Jenkins	W80	13.96
Brian Waldhuter	M80	11.05
Ruth Johnson	W80	8.83

**Bunbury – 29 September**

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**5000m**

Steve Weller	M45	18:53.5
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