

March 2023 Results

This listing includes all events where members are known to have competed, except MAWA, AMA, and WMA championships, which are reported elsewhere.

All records are pending until ratified by the appropriate authorities

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

ECAC – 2 March

60m

Luke Weber	Vis	8.78
Dave Wilkie	M60	9.11
Sue Coate	W55	9.13
Tammi Doyle	W50	9.48
Julie Wilson	W65	13.00
Mike Anderson	M70	14.05
David Gardiner (walk)	M75	16.84

300m

Luke Weber	Vis	45.21
Sue Coate	W55	49.78
Tammi Doyle	W50	50.93
Dave Wilkie	M60	52.29
Mike Meredith	M60	70.65
David Carr	M90	79.05
David Gardiner (walk)	M75	1:56.79

1500m

Hannah Maslen	Vis	5:52.12
John Bailey	M40	5:57.65
Dave Solomon	Vis	6:32.40
Mike Meredith	M60	7:03.95
Jacinta Thompson	W45	7:09.36
Colin Smith	M60	7:40.12
Julie Wilson	W65	7:49.13

1500m walk

Fiona van Heerwaarden	W45	8:56.23
John McDonagh	M70	9:32.48
Daniel Lowe	M45	9:47.47
Janne Wells	W50	10:24.02
Tom Lenane	M65	10:27.03
Delia Baldock	W60	11:32.35
Lynne Schickert	W80	12:25.98
Pauline Sweeney	Vis	13:47.59

High Jump

Campbell Till	M65	1.32
Sue Coate	W55	1.30
Zeeahra Anderson	Vis	1.25
Gabriel van Heerwaarden	Vis	1.20
Jacinta Thompson	W45	1.15
Fiona van Heerwaarden	W45	1.05
Lynne Schickert	W80	0.94

Javelin

Sue Coate	W55	28.22
Zeeahra Anderson	Vis	27.17
Ossi Igel	M70	25.72
Gabriel van Heerwaarden	Vis	22.23
Tammi Doyle	W50	21.77
Lisa Limonas	W50	18.82
Jacinta Thompson	W45	17.00
Fiona van Heerwaarden	W45	11.21

Weight

Ossi Igel	M70	15.61
Mike Anderson	M70	6.34

WA Open State Championships, WAAS – 2-5 March

100m - prelim

Mandy Mason	W55	12.72	+3.1
Joe-Anne Buchan	W45	14.06	+3.1
Kyle Ennis	M30	10.63	+2.5

100m - finals

Mandy Mason	W55	12.78	+3.9
Kyle Ennis	M30	10.55	+2.8

200m - prelim

Mandy Mason	W55	26.40	+2.0
Joe-Anne Buchan	W45	29.61	+3.2
Kyle Ennis	M30	22.03	NWI
Paul Jeffery	M45	24.91	NWI

200m - finals

Mandy Mason	W55	26.50	+2.2
Kyle Ennis	M30	21.10	+3.2

400m - prelim

Matthew Konsolis	M35	51.66
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400m - finals

Matthew Konsolis	M35	51.80
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Triple Jump

Melissa Foster	W40	11.84	+0.8
Stephen Edwards	M35	13.21	+1.6
Matthew Dean	M30	12.38	+1.1

Long Jump

Melissa Foster	W40	5.80	+4.0
Paul Jeffery	M45	5.78	+1.4
Stephen Edwards	M35	5.73	+1.5

Hammer

Byrony Glass	W45	38.95
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Bunbury – 4 March

Outdoor Pentathlon – women

		100m	Shot	Long Jump	Javelin	800m
Sharon Moloney	W60	18.2	7.98	2.15	15.21	4:40.6
		395	582	102	362	59
	Total points	1500				

Shot

Garry Hastie	M60	8.12
Harold Membrey	M70	7.21

Javelin

Garry Hastie	M60	33.58
Harold Membrey	M70	15.81

Tokyo – 5 March

Marathon

Robert Lane	M75	3:33:26
Julie Walters	W44	5:19:30

Bunbury – 7 March

60m

Harold Membrey	M70	11.0
Brian Waldhuter	M80	11.6
Ruth Johnson	W80	12.0
Luella Jenkins	W80	12.3
Garry Hastie	M60	13.9

Discus

Garry Hastie	M60	30.44
Harold Membrey	M70	21.03
Paula Kennedy	W55	18.52
Luella Jenkins	W80	17.11
Brian Waldhuter	M80	15.93
Ruth Johnson	W80	11.59

3000m

Ruth Johnson	W80	20:33.1
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3000m walk

Luella Jenkins	W80	24:26.4
Paula Kennedy	W55	24:32.8

WAAS – 7 March

100m

Kieran Johnson	Vis	12.8
Daniel Mostert	M45	14.0
Dave Wilkie	M60	15.0

Brian Callaghan	M60	14.7
Norm Richards	M85	17.9
Ken Wilkins	M60	19.6
Barrie Kernaghan	M80	22.4
Mike Anderson	M70	23.3

200m

Kieran Johnson	Vis	27.6
Brian Callaghan	M60	30.3
Dave Wilkie	M60	31.2
Norm Richards	M85	38.9
Barrie Kernaghan	M80	53.2

1500m

Simon McGarvie	M55	5:10.6
Kieran Johnson	Vis	5:40.5
Rob Catrall	M65	5:43.1
Geoff Vine	M75	7:21.0
Ivan Brown	M75	7:54.4
Lori Sexton	W60	8:09.4

1500m walk

Johan Hagedoorn	M75	10:11.8
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5000m

Tristan Bell	M55	20:47.9
Lori Sexton	W60	28:30.4

5000m walk

Karyn Tolardo	W55	29:41.9
Victor Munoz	M65	32:13.1
Johan Hagedoorn	M75	35:58.8
Marcela Ruiz	W60	36:12.5

3000m

Rob Catrall	M65	12:12.6
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High Jump

Ryan Satinover	M40	1.60
Hans Venter	M55	1.50
Daniel Mostert	M45	1.50
Sue Coate	W55	1.30
Ivy Satinover	Vis	1.30
Norm Richards	M85	1.02 SR

Shot

Hans Venter	M55	9.81
Daniel Mostert	M45	7.91
Ken Wilkins	M60	7.49
Mike Anderson	M70	6.05
Christina Faithfull	W70	5.51

Bunbury – 9 March

1500m walk

Harold Membrey	M70	12:00.0
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ECAC – 9 March

100m		wind: -1.7	
Mathew Walker	Vis	12.68	
Baedon Toi	M45	13.50	
Luke Weber	Vis	14.20	
Paz Storey	W35	14.59	
Alex Walker	Vis	14.84	
Dave Wilkie	M60	15.51	
Norm Richards	M85	18.06	SR

		Wind: -1.4	
Bonny Ndungu	M30	12.74	
Tammi Doyle	W50	15.49	
Bob Han-Busi	Vis	15.87	
Gabriel van Heerwaarden	Vis	16.96	
Jacinta Thompson	W45	18.65	
Roberto Busi	M45	20.73	
Julie Wilson	W65	21.91	
Jackie Halberg	W75	24.65	

400m			
Luke Weber	Vis	62.79	
Roberto Busi	M45	65.11	
Paz Storey	W35	68.58	
Dave Wilkie	M60	78.61	
Barbara Blurton	W70	81.31	
David Gardiner (walk)	M75	2:48.30	

1 mile			
Roberto Busi	M45	6:23.10	
Emily Bailey	Vis	7:26.44	
Brian Hewitt	M65	8:25.53	

1 mile walk			
Gabriel van Heerwaarden	Vis	9:49.74	
Mateo van Heerwaarden	Vis	9:49.99	
Fiona van Heerwaarden	W45	9:53.87	

Strive, WAAS – 10 March

100m			
Mandy Mason	W55	12.84	+1.4
John Dennehy	M60	17.63	+2.4
Barrie Kernaghan	M80	22.14	+2.4

400m			
Matthew Konsolis	M35	51.59	
Jannie Baard	M50	62.86	

1500m			
Chris Gould	M45	4:16.02	
Mark Maslen	M45	4:29.63	

Bunbury – 14 March

400m			
Harold Membrey	M70	1:38.7	
Sharon Moloney	W60	1:46.9	
Ruth Johnson	W80	1:57.4	

1500m			
Ruth Johnson	W80	9:16.0	

Long Jump			
Brian Waldhuter	M80	2.96	
Ruth Johnson	W80	2.36	
Luella Jenkins	W80	2.31	
Sharon Moloney	W60	1.60	

Javelin			
Sharon Moloney	W60	15.80	
Luella Jenkins	W80	14.83	

3000m			
Roberto Busi	M45	11:40.13	
Andrew Davison	M55	12:14.97	
Bob Han-Busi	Vis	14:19.44	
Julie Wilson	W65	16:05.49	
Janne Wells	W50	18:05.12	

3000m walk			
Fiona van Heerwaarden	W45	19:46.88	

Long Jump			
Dani Dean	W40	3.71	
Gabriel van Heerwaarden	Vis	3.40	
Jacinta Thompson	W45	2.74	

Triple Jump			
Matt Dean	M30	11.95	
Bob Han-Busi	Vis	8.29	
Tammi Doyle	W50	6.87	
Norm Richards	M85	5.49	+3.5

Hammer			
Andrew Ward	M60	30.49	

Shot			
Andrew Ward	M60	9.43	
Tammi Doyle	W50	7.60	
Jacinta Thompson	W45	7.19	
Mateo van Heerwaarden	Vis	5.56	

Triple Jump			
Stephen Edwards	M35	12.66	+0.8

Hammer			
Byrony Glass	W45	37.72	

Hammer			
John Fettus	M45	37.94	
Harold Membrey	M70	25.62	
Garry Hastie	M60	24.73	
Sharon Moloney	W60	24.22	
Ruth Johnson	W80	20.39	
Luella Jenkins	W80	19.10	
Brian Waldhuter	M80	15.62	

ECAC – 16 March

100m

Mathew Walker	Vis	11.9
Bonny Ndungu	M30	12.2
Baedon Toi	M45	12.4
David Adams	M45	15.1
Dominic Lagat	M35	18.2
Jackie Halberg	W75	22.7
Lynne Schickert	W80	30.7

800m

Dominic Lagat	M35	2:20.9
Rory McDermott	Vis	2:33.8
Emily Bailey	Vis	2:56.3
Naomi Lagat	W35	3:00.2
John Bailey	M40	3:00.7
Dave Solomon	Vis	3:01.1
Tammi Doyle	W50	3:01.1
Barbara Blurton	W70	3:19.1
David Adams	M45	3:36.4
Mike Meredith	M60	3:37.9
Julie Wilson	W65	3:51.6

200m

Dominic Lagat	M35	25.3
Bonny Ndungu	M30	25.4
Matthew Walker	Vis	26.3
Baedon Toi	M45	27.0
Keith Redpath	M70	31.1
Naomi Lagat	W35	38.6

5000m

David Adams	M45	29:39.4
Janne Wells	W50	31:02.5

5000m walk

Karyn Tolardo	W55	29:47.4
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3000m

Dominic Lagat	M35	12:00.0
Mike Meredith	M60	14:09.7
Dave Solomon	Vis	14:43.0
Gillian Young	W75	15:30.0
Julie Wilson	W65	16:00.3

3000m walk

John McDonagh	M70	20:12.4
Lynne Schickert	W80	25:49.6

Discus

Jessica Siviour	Vis	46.20
Des Walsh	M65	22.78

Canning River – 19 March

Marathon

Bradley Hollins	M45	4:47:41
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WAAS – 21 March

100m

Kieran Johnson	Vis	12.6
Evan Georgopoulos	M50	14.3
Juliana Kelly	W55	16.1

Barry Lehore	Vis	14.2
David Adams	M45	14.9
Ivan Brown	M75	19.8
Barrie Kernaghan	M80	21.9

400m

Kieran Johnson	Vis	58.3
Chris Gould	M45	59.8
Barry Lehore	Vis	75.9
Juliana Kelly	W55	87.9
Ivan Brown	M75	1:44.3

1000m

Chris Gould	M45	2:45.4
Rob Cattrall	M65	3:42.4
Barry Lehore	Vis	4:06.7
David Adams	M45	4:14.4
Karyn Tolardo	W55	4:31.6
Geoff Vine	M75	4:41.8
David Baird	M80	4:45.7

1000m walk

Fiona van Heerwaarden	W45	5:49.4
Johan Hagedoorn	M75	6:52.7
Glenys Duncan	W80	9:11.7

5000m

Chris Gould	M45	17:39.7
Evan Georgopoulos	M50	21:42.2
David Adams	M45	25:35.4
David Baird	M80	28:55.0

5000m walk

Karyn Tolardo	W55	30:56.9
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3000m

Rob Cattrall	M65	13:56.9
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3000m walk

Fiona van Heerwaarden	W45	19:51.5
Johan Hagedoorn	M75	21:42.6

Bunbury – 21 March

200m

Harold Membrey	M70	38.08
Sharon Moloney	W60	41.39
Brian Waldhuter	M80	42.13
Ruth Johnson	W80	47.35
Lyle James	M80	61.37

400m

Brian Waldhuter	M80	2:14.4
Lyle James	M80	2:45.1

800m

Ruth Johnson	W80	4:48.7
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Triple Jump

Brian Waldhuter	M80	6.77
Ruth Johnson	W80	4.72
Sharon Moloney	W60	4.67

Hammer

Paula Kennedy	W55	26.02
Harold Membrey	M70	25.49
Sharon Moloney	W60	24.34

Shot

John Fettus	M45	12.43
Garry Hastie	M60	9.25
Paula Kennedy	W55	7.98
Harold Membrey	M70	7.75
Sharon Moloney	W60	7.03
Brian Waldhuter	M80	6.80
Ruth Johnson	W80	5.38
Lyle James	M80	2.08

ECAC – 23 March

60m

Roberto Busi	M45	9.32
Bob Han-Busi	Vis	9.39
David Adams	M45	9.41
Tammi Doyle	W50	9.62
Jay Roy	W45	12.11

100m

Roberto Busi	M45	14.52
Evan Georgopoulos	M50	15.13
David Adams	M45	15.23
Tammi Doyle	W50	15.62
Bob Han-Busi	Vis	15.83

1500m

Roberto Busi	M45	5:38.47
Evan Georgopoulos	M50	5:55.76
John Bailey	M40	6:11.60
Dave Solomon	Vis	6:29.12
David Adams	M45	6:39.96
Emily Bailey	Vis	6:56.13
Lori Sexton	W60	7:45.77
Colin Smith	M60	7:47.93
Brian Hewitt	M65	8:02.76

1500m walk

Daniel Lowe	M45	9:44.07
Delia Baldock	W60	11:28.38

Javelin

Sue Coate	W55	28.97
Tammi Doyle	W50	23.68

Strive, WAAS – 24 March

Pole Vault

Frederick Jankowitz	M50	2.80
Geoff Brayshaw	M70	2.50
Phil Smyth	M75	2.50
Nicolai Morris	W30	2.40
Sue Coate	W55	2.30

200m

Barrie Kernaghan	M80	44.79
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Strive, WAAS – 31 March

100m

Jennifer Parker	W50	15.22	-0.3
Barrie Kernaghan	M80	20.45	-0.6
Alan Deans	M70	20.54	-0.6

400m

Matthew Konsolis	M35	51.52
Jannie Baard	M50	63.00

1500m

Mark Maslen	M45	4:26.79
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Triple Jump

Stephen Edwards	M35	12.74	-0.2
Jennifer Parker	W50	8.54	-0.4