

# June 2023 Results

*This listing includes all events where members are known to have competed  
All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

## ECAC – 1 June

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### 100m

Matthew Walker	Vis	12.70
Tim Loh	M30	13.24
Dave Wilkie	M65	15.18
Bob Schickert	M80	20.69
Julie Wilson	W70	22.41
David Gardiner (walk)	M75	28.49
Lynne Schickert	W80	29.96

### 200m

Matthew Walker	Vis	26.89
Dave Wilkie	M65	32.03
Jackie Halberg	W75	48.58

### 800m

Mark Pisano	Vis	2:39.17
Andrew Davison	M55	2:47.15
David Adams	M45	2:49.50
Emily Bailey	Vis	2:51.51

### 1500m

Mark Maslen	M45	4:35.91
Andrew Davison	M55	5:28.48
Evan Georgopoulos	M50	5:46.34
David Adams	M45	5:47.23
John Bailey	M40	6:11.13
Karyn Tolardo	W55	6:56.90
Julie Wilson	W70	7:42.12

### 3000m

Mark Maslen	M45	10:17.10
Evan Georgopoulos	M50	11:50.38
David Adams	M45	12:35.70
Campbell Till	M65	14:05.74
Julie Wilson	W70	15:50.56
Carmel Meyer	W60	16:29.40
Bob Schickert	M80	20:36.03

### 3000m walk

Karyn Tolardo	W55	17:52.92
John Dennehy	M60	23:04.09
David Gardiner	M75	24:23.07
Lynne Schickert	W80	25:32.60
Glenys Duncan	W80	27:02.25

## AWA Road Walks 1, Perry Lakes – 3 June

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### 10km walk

Andrew Duncan	M55	54:27
Karyn Tolardo	W55	1:04:56
Wendy Farrow	W55	1:08:17

### 5km walk

Daniel Lowe	M45	35:50
Glenys Duncan	W80	48:33

## ECAC – 8 June

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### 60m

Dominic Lagat	M35	9.7
David Adams	M45	10.7
Dayna Lagat	Vis	11.2
David Gardiner (walk)	M75	17.2

### 200m

Emily Bailey	Vis	32.4
Bob Schickert	M80	45.1
Jackie Halberg	W75	46.7

### 600m

Dominic Lagat	M35	1:47.1
Emily Bailey	Vis	2:05.9
Naomi Lagat	W35	2:42.2
David Gardiner (walk)	M75	4:29.1

### 3000m

Dominic Lagat	M35	11:22.4
Naomi Lagat	W35	14:18.9
Bob Schickert	M80	20:28.2

### 3000m walk

Fiona van Heerwaarden	W45	20:58.5
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### 1000m

Noah Bailey	Vis	2:59.9
Dominic Lagat	M35	3:15.2
David Adams	M45	3:38.3
Dayna Lagat	Vis	3:47.4
Steve Hossack	M60	3:49.1
Naomi Lagat	W35	3:52.3
John Bailey	M40	3:56.9
Larissa Lagat	Vis	3:57.3

### 1000m walk

Fiona van Heerwaarden	W45	5:59.7
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### 5000m

David Adams	M45	21:43.4
Steve Hossack	M60	22:01.4

**Rottnest – 11 June**

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**Marathon**

Ross Langford	M45	2:49:59
Andrew Kets	M50	3:46:57
Paul Edwards	M50	4:10:14
Jo Shelley	W45	5:14:50

**ECAC – 15 June**

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**100m**

David Adams	M45	15.4
Bruce McGeorge	M65	19.0
Bob Schickert	M80	20.6
Roberto Busi	M45	21.7
Mike Anderson	M75	23.8
David Gardiner (walk)	M75	29.8
Lynne Schickert	W80	35.2

**200m**

Bruce McGeorge	M65	43.5
Jackie Halberg	W75	48.0
Mike Anderson	M75	55.3
David Gardiner (walk)	M75	74.3
Lynne Schickert	W80	86.2

**400m**

Roberto Busi	M45	88.7
Lynne Schickert	W80	3:11.8
David Gardiner (walk)	M75	3:13.2

**1500m**

Hannah Maslen	Vis	5:35.1
David Adams	M45	5:54.8
Roberto Busi	M45	6:17.5

**1500m walk**

Fiona van Heerwaarden	W45	9:59.6
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**3000m**

Roberto Busi	M45	9:52.9
Mark Maslen	M45	9:55.0
David Adams	M45	12:13.9
Steve Hossack	M60	12:37.2
John Bailey	M40	13:23.0

**3000m walk**

Fiona van Heerwaarden	W45	19:41.8
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**AWA Road Walks 2, Perry Lakes – 17 June**

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**5km walk**

Karyn Tolardo	W55	29:54
Melissa Lewis	W35	31:14
Marcela Ruiz	W60	38:59
Glenys Duncan	W80	48:54

**10km walk**

Victor Munoz	M65	1:05:58
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**Strive, WAAS – 18 June**

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**200m**

Joe-Anne Buchan	W45	29.67	+1.9
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**100m hurdles**

Dave Wilkie	M65	21.39	-1.3
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**200m hurdles**

Dave Wilkie	M65	37.14	-0.9
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**High Jump**

Dave Wilkie	M65	1.40
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**ECAC – 22 June**

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**60m**

Dominic Lagat	M35	8.8
Emily Bailey	Vis	9.2
Mark Howard	Vis	9.8
Philip Higgins	Vis	10.5
Mateo van Heerwaarden	Vis	12.4

**100m**

Dominic Lagat	M35	14.4
David Adams	M45	16.1
Bruce McGeorge	M65	18.8
Bob Schickert	M80	22.7

Philip Higgins	Vis	15.7
Dayna Lagat	Vis	17.4
Larissa Lagat	Vis	18.4
Mateo van Heerwaarden	Vis	19.0

Naomi Lagat	W35	15.7
Lynne Schickert	W80	32.4
David Gardiner (walk)	M75	46.0

**300m**

Dominic Lagat	M35	45.7
Emily Bailey	Vis	50.9
Naomi Lagat	W35	54.5
Philip Higgins	Vis	60.8

Mateo van Heerwaarden	Vis	67.6
Zoe Maslen	Vis	83.4
David Gardiner (walk)	M75	2:03.8
Lynne Schickert (walk)	W80	2:19.6

**1500m**

Dominic Lagat	M35	5:15.2
Hannah Maslen	Vis	5:30.9
David Adams	M45	5:38.1
Dayna Lagat	Vis	5:54.4
Larissa Lagat	Vis	6:22.5
Karyn Tolardo	W55	7:16.4
Naomi Lagat	W35	7:36.3
Philip Higgins	Vis	8:32.1
Zoe Maslen	Vis	8:39.1

**1500m walk**

Fiona van Heerwaarden W45 9:26.0

**5000m**

Mark Maslen M45 18:27.4

David Adams M45 23:26.6

Bruce McGeorge M65 29:25.8

**5000m walk**

Karyn Tolardo W55 31:05.6

**3000m**

Dominic Lagat M35 11:11.0

Naomi Lagat W35 14:46.2

Hannah Maslen Vis 15:11.8

Dayna Lagat Vis 15:17.1

Bob Schickert M80 20:47.0

**3000m walk**

Fiona van Heerwaarden W45 20:22.0

Lynne Schickert W80 25:48.4

**Bunbury – 24 June**

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**Throws pentathlon**

		Hammer	Shot	Discus	Javelin	Weight
John Fettus	M50	42.88	13.38	40.49	32.56	15.76
		651	817	681	442	776
	Total points	3367				
Sue Coate	W55	22.78	9.95	23.93	23.65	6.39
		405	680	542	539	319
	Total points	2485				
Jenn Parker	W50	30.05	9.19	27.24	18.86	8.37
		502	556	563	361	401
	Total points	2383				
Garry Hastie	M60	23.86	9.02	28.63	28.89	10.12
		343	549	418	435	463
	Total points	2208				
Sharon Moloney	W60	24.88	6.9	16.87	13.92	8.73
		516	486	402	324	430
	Total points	2158				
Ruth Johnson	W80	19.23	5.31	11.23	8.96	6.32
		513	480	380	310	419
	Total points	2102				
Harold Membrey	M70	23.63	7.19	18.14	16.36	10.57
		379	448	297	236	499
	Total points	1859				

**100lb weight**

Garry Hastie M60 1.79

Jenn Parker W50 1.68

Harold Membrey M70 1.61

Sue Coate W55 1.58

Sharon Moloney W60 1.17

Ruth Johnson W80 0.40

**Super weight**

Harold Membrey M70 7.64

Jenn Parker W50 6.37

Sharon Moloney W60 6.17

Sue Coate W55 5.27

Ruth Johnson W80 4.10

**ECAC – 29 June**

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**100m**

Dominic Lagat M35 13.65

Dave Wilkie M65 14.98

Philip Higgins Vis 15.52

Brad Hollins M45 18.10

Milt Mavrick M65 18.75

**200m**

Dominic Lagat M35 28.59

Dave Wilkie M65 32.47

**400m**

Dominic Lagat M35 61.89

Dayna Lagat Vis 73.87

David Adams M45 74.23

Naomi Lagat W35 75.14

Philip Higgins Vis 82.0(h)

Larissa Lagat Vis 88.5(h)

Karyn Tolardo W55 1:43.1(h)

Bruce McGeorge M65 1:45.5(h)

**800m**

Dominic Lagat	M35	2:29.9(h)
David Adams	M45	2:49.97
Emily Bailey	Vis	2:53.14
Dayna Lagat	Vis	2:58.45
Brad Hollins	M45	3:09.03
Larissa Lagat	Vis	3:14.37
Naomi Lagat	W35	3:24.65
Karyn Tolardo	W55	3:49.41

**800m walk**

Fiona van Heerwaarden	W45	4:36.81
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**3000m**

Dominic Lagat	M35	11:44.97
David Adams	M45	12:33.72
Paul Every	M55	13:51.90
Naomi Lagat	W35	14:24.57
Brad Hollins	M45	15:03.13
Bruce McGeorge	M65	16:39.47
Milt Mavrick	M65	16:49.68

**3000m walk**

Karyn Tolardo	W55	17:48.50
Fiona van Heerwaarden	W45	20:13.93
Glenys Duncan	W80	27:27.37