

April 2025 Results

*This listing includes all events where members are known to have competed,
except for AMA National Championships, which are reported elsewhere
All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

ECAC – 3 April

200m (wind 0.8)

Mark Harper	Vis	23.49	
Matthew Konsolis	M35	23.55	
Ciarein Hoey	Vis	24.88	
Chico Subramanian	M65	33.34	
Des Walsh	M70	34.81	
Barbara Blurton	W75	35.07	SR

100m (wind 0.7)

Mark Harper	Vis	11.73	
Ciarein Hoey	Vis	12.13	
Des Walsh	M70	15.76	
Barbara Blurton	W75	17.09	
Brian Hewitt	M70	18.49	

800m

Andy Roach	M50	2:43.88	
Ram Young	Vis	2:45.45	
David Adams	M45	2:59.37	

3000m

Matthew Konsolis	M35	10:46.60	
Janelle Konsolis	Vis	10:51.71	
Elle Franklin	Vis	11:31.22	
Chico Subramanian	M65	13:08.30	
Andy Roach	M50	13:55.88	
David Adams	M45	14:37.53	
Kirsty Peddie	W40	15:37.93	
Brian Hewitt	M70	17:21.58	
Silke Peglow	W55	17:54.57	

High Jump

Mariette Botha	W40	1.50	SR
Hans Venter	M60	1.50	
Malachi MacKay	M40	1.25	
Dave Wyatt	M70	1.20	

ECAC – 10 April

60m

Heat 1			
Ciarain Hoey	Vis	7.79	
Dominic Lagat	M40	7.99	
Nkosi Ndlovu	M40	8.03	
Matt Walker	M40	8.11	
Jenn Parker	W55	9.25	
David Adams	M45	9.54	
Sue Coate	W55	9.57	
Des Walsh	M70	10.24	
Jacqui Taleb-Bendiab	W60	10.50	
Tony Loiacono	M65	11.15	

Heat 2

Dayna Lagat	Vis	9.38	
Naomi Lagat	W40	9.58	
Larissa Lagat	Vis	10.53	
Terri Carr	W65	13.10	
Mike Anderson	M75	14.12	
Jackie Halberg	W75	16.60	

400m

Dominic Lagat	M40	54.27	
Ciarain Hoey	Vis	56.31	
Mathew Walker	M40	64.48	
Naomi Lagat	W40	73.26	
Richard Harris	M65	75.74	
Barbara Blurton	W75	87.84	
Des Walsh	M70	87.84	
Brian Hewitt	M70	1:30.02	

1500m

Kai Metsner	Vis	4:33.76	
Angie Ross	W40	4:34.30	
Jesse Hamer	Vis	4:41.19	
Dayna Lagat	Vis	5:38.59	
Larissa Lagat	Vis	5:47.83	
Andy Roach	M50	5:55.52	
Lizelle Smith	W50	6:22.93	
David Adams	M45	6:27.50	
Brian Hewitt	M70	6:52.62	

1500m walk

Karyn Tolardo	W55	9:58.90	
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5000m

Lizelle Smith	W50	22:44.66	
Andy Roach	M50	23:46.68	
Yan Xinhuan	M50	24:14.70	
David Adams	M45	24:28.17	
Silke Peglow	W55	32:06.53	

5000m walk

Karyn Tolardo	W55	32:19.22	
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3000m

Dominic Lagat	M40	11:04.08	
Richard Harris	M65	12:31.83	
Naomi Lagat	W40	14:35.32	
Mike Meredith	M60	16:08.86	

Long Jump

Nkosi Ndlovu	M40	5.40	
Dave Wyatt	M70	3.69	
Geoff Brayshaw	M75	3.56	
Larissa Lagat	Vis	3.36	

Triple Jump

Nkosi Ndlovu	M40	11.65	
Dayna Lagat	Vis	9.03	
Jenn Parker	W55	8.58	
Geoff Brayshaw	M75	7.55	

Discus

Jenn Parker	W55	28.94	
Jerome Conway-Mortimer	M50	26.28	
Des Walsh	M70	24.62	
Sue Coate	W55	22.61	
Bruce McGeorge	M70	18.01	
Mike Anderson	M75	15.09	
Terri Carr	W65	15.02	
Sean Mousley	M40	12.80	

Shot

Sue Coate	W55	9.67	Des Walsh	M70	7.63
Jenn Parker	W55	9.62	Sean Mousley	M40	5.71
Jerome Conway-Mortimer	M50	8.75	Terri Carr	W65	5.60

AA (Open) National Championships, WAAS – 10-13 April**100m**

Prelim			
Kyle Ennis	M30	10.62	+1.4
Heats			
Kyle Ennis	M30	10.75	+0.9

200m

Prelim			
Kyle Ennis	M30	21.43	+1.6
Heats			
Kyle Ennis	M30	DNS	

Pole Vault

Qualifying			
Amanda Bisk	W35	3.70	
Final			
Amanda Bisk	W35	3.65	

Triple Jump

Qualifying			
Melissa Foster	W45	11.86	+0.3
Final			
Melissa Foster	W45	11.66	+1.4

Bunbury – 13 April**Marathon**

Eddie Marcus	M55	4:31:12
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Canberra – 13 April**Marathon**

James Kerr	M45	4:30:55
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Bunbury – 26 April**Throws pentathlon**

		Hammer	Shot	Discus	Javelin	Weight
Jennifer Parker	W55	29.58	9.11	27.68	18.07	9.16
		558	611	646	390	500
	Total points	2705				
Sue Coate	W55	20.43	9.11	21.02	26.22	9.65
		353	611	463	608	532
	Total points	2567				
Michelle Krokosz	W40	18.86	8.31	29.26	21.96	7.85
		259	482	489	379	355
	Total points	1964				
Sharon Moloney	W60	21.35	6.49	15.73	11.78	7.88
		427	450	368	262	378
	Total points	1885				
Rachael McCree	W30	14.81	7.72	22.91	20.99	4.78
		146	381	331	307	154
	Total points	1319				

60m

Jenn Parker	W55	9.3
Sue Coate	W55	10.0
Rachael McCree	W30	10.6
Ruth Johnson	W80	13.0

100m

Jenn Parker	W55	15.2
Sue Coate	W55	16.5
Rachael McCree	W30	17.0

Hammer

Ruth Johnson	W80	18.71
Brian Waldhuter	M80	17.13
Luella Jenkins	W80	16.15

Discus

John Fettus	M50	37.91
Brian Waldhuter	M80	15.37

Shot

Brian Waldhuter	M80	6.31
Ruth Johnson	W80	4.84
Luella Jenkins	W80	3.45

56lb weight

Michelle Krokosz	W40	4.04	
Sue Coate	W55	2.60	
Jenn Parker	W55	2.54	
Rachael McCree	W30	2.33	SR