

March Results

*Includes Strive, Bunbury and others where MAWA athletes are known to have competed
Note that all records are pending until ratified by the appropriate authorities*

Strive, WAAS – Friday March 1

100m

Glenn Ross	M40	11.67	NWI
Rob Colling	M40	11.95	NWI
Rudi Kocis	M50	12.10	NWI
Greg Brennan	M40	12.96	NWI
Mal Clarke	M40	13.23	NWI
Fiona Leonard	W45	15.31	NWI
Barrie Kernaghan	M70	15.46	NWI
Alan Deans	M60	17.89	NWI

400m

Fiona Leonard	W45	69.04	SB
Barrie Kernaghan	M70	74.19	

1500m

Scott Tamblin	M30	4:05.21	
Xander van Rijen	M40	4:32.49	
Andrew Brooker	M40	4:53.88	SB
Alan Deans	M60	6:42.45	

110m hurdles

Paul Edmiston	M40	15.86	NWI	SR
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High Jump

Mal Clarke	M40	1.50	
Greg Wilson	M65	1.35	

Long Jump

Greg Brush	M45	5.03	-1.4
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Shot

Mal Clarke	M40	12.00
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Hammer

Mal Clarke	M40	32.23
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WAAS – March 5 – sprints and jumps wind assisted

100m

Wendy Seegers	W35	12.5	SB
Trent Harris	VIS	12.7	
Andrew Taylor	M45	12.9	
Colin Smith	M50	13.4	
Richard Williams	M40	13.9	
Barrie Kernaghan	M70	14.1	SB
Fran Cherry	W45	14.6	PBA=
Norm Richards	M75	14.8	SB
Nicole Pinel	W30	15.4	
Carmel Meyer	W50	15.5	
Mitch Thomas	VIS	16.2	
Jai Thomas	VIS	18.2	
Tony Downey	M55	15.4	
John Dennehy	M50	15.8	SB
David Carr	M80	16.7	PBA
Peter Kennedy	M90	41.5	SB

1500m

Steve Weller	M35	4:54.9	
Grahak Cunningham	M35	5:16.7	SB
Sandra Stockman	W45	5:28.5	PBA
David Simes	VIS	5:53.2	
Maurice Creagh	M65	6:02.7	
Jai Thomas	VIS	6:12.3	
Mitch Thomas	VIS	6:12.8	
Milton Mavrick	M55	6:16.3	PBA
Michael Lee	M60	6:16.7	PBA
Ivan Brown	M65	6:25.2	
Barry Newell	M55	7:16.5	PBA
Christine Oldfield	W65	8:10.9	

High Jump

Mal Clarke	M40	1.55	PBA=
Dave Wyatt	M60	1.35	
Norm Richards	M75	1.05	
Gay Wyatt	W55	1.00	

400m

Trent Harris	VIS	57.5	
Campbell Till	M55	58.8	PBA
Richard Williams	M40	63.8	PBA
Andrew Taylor	M45	64.4	
Duncan McAuley	M60	65.0	SB
Barrie Kernaghan	M70	73.3	SB
Carmel Meyer	W50	74.8	
David Carr	M80	76.5	
John Dennehy	M50	77.2	
Fran Cherry	W45	79.7	SB
Mitch Thomas	VIS	72.4	
Barry Newell	M55	1:20.5	SB=
Ivan Brown	M65	1:21.7	
Jai Thomas	VIS	1:34.6	

Weight Throw

Byrony Glass	W35	17.32	
Geoff Gee	M55	14.53	PBA
Kate Glass	W60	12.55	SB
Todd Davey	M45	12.34	SR
Mal Clarke	M40	11.68	PBA
Ali Matautia	W35	8.83	PBA
Nicole Pinel	W30	8.33	
Rae McMillan	W85	7.56	
Peter Kennedy	M90	4.87	

Hammer

Mal Clarke	M40	31.90
Geoff Gee	M55	31.52
Ali Matautia	W35	21.77
Rae McMillan	W85	15.66

Triple Jump

Peter Kennedy	M90	2.34
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ECAC - 7 March – State Championships final warm-up!**200m**

Scott Hutcheson	VIS	26.9
Colin Smith	M50	31.2
Rod Hamilton	M50	31.9
Bob Fawcett	M60	43.4

David Carr	M80	33.6	PBA h/ PBA
Julie Willmott	W45	34.3	
Carol Bowman	W55	37.6	
Sarah Ladwig	W60	45.2	

100m

Scott Hutcheson	VIS	12.7
Colin Smith	M50	13.8
Bob Fawcett	M60	20.1
Sarah Ladwig	W60	20.7

Julie Willmott	W45	16.7
Carolyn Fawcett	W60	24.5

3000m

Jim Langford	M65	11:53.9	
Rod Hamilton	M50	12:06.0	
Maurice Creagh	M65	12:53.0	
John Oldfield	M65	12:58.1	SB
Gillian Young	W60	14:36.7	
Carolyn Fawcett	W60	20:04.4	SB

3000m walk

Tom Lenane	M55	19:31.5
Sarah Ladwig	W60	21:18.6

800m

Rod Hamilton	M50	2:49.9	
Colin Smith	M50	3:10.2	
Gillian Young	W65	3:17.0	
Julie Willmott	W45	3:18.5	
Bob Fawcett	M60	4:18.1	PBA

ECAC - 14 March (very wet and windy)**60m**

Ellie Nagle	VIS	8.7
Felicity Nagle	VIS	10.8

1500m

Carol Bowman	W55	6:40.3	SB
David Carr	M80	6:41.2	
Nick Miletic	M60	7:15.8	

300m

Ellie Nagle	VIS	46.8
Carmel Meyer	W50	52.9
David Carr	M80	60.3
Nick Miletic	M60	61.2
Carol Bowman	W55	62.1
Felicity Nagle	VIS	64.9

1000m

Carmel Meyer	W50	4:12.2
David Carr	M80	4:13.5

WAAS – 19/03/13**60m**

Wendy Seegers	W35	7.8	
Tony Downey	M55	7.9	
Steve Michael	M35	9.2	
Fran Cherry	W45	8.8	PBA
Barrie Kernaghan	M70	8.8	SB
Lynne Choate	W60	9.0	SR
Norm Richards	M75	9.2	

Cathy McCloskey	W45	8.9
Carmel Meyer	W50	9.5
John Dennehy	M50	10.2
Julie Wilson	W55	11.1

300m (not analysed)

Wendy Seegers	W35	44.9
Barrie Kernaghan	M70	49.3
Campbell Till	M55	49.6
Carmel Meyer	W50	51.0
Fran Cherry	W45	54.1

Tony Downey	M55	48.6
John Dennehy	M50	53.4
Norm Richards	M75	54.9
Lynne Choate	W60	57.6
Julie Wilson	W55	64.8

4000m (not analysed)

Steve Weller	M35	15:03.1
Ante Perdija	M40	15:21.4
Trent Harris	VIS	15:27.3
David Brook	M45	16:51.2
Grant Schofield	M40	17:16.3
John Collier	M45	17:36.7
John Oldfield	M65	18:04.4
Julie Wilson	W55	19:51.6
Irwin Barret-Lennard	M80	24:23.0

1500m

Trent Harris	VIS	4:48.2	
Steve Weller	M35	4:54.9	
Ante Perdija	M40	5:14.5	
Grant Schofield	M40	5:33.4	
John Collier	M45	5:44.6	
Tony Downey	M55	5:45.1	
Maurice Creagh	M65	5:57.0	SB
David Carr	M80	6:09.3	

Weight Throw

Greg Urbanowicz	M30	13.23
Mal Clarke	M40	10.64
Todd Davey	M45	11.68

Byrony Glass	W35	16.81	
Ali Matautia	W35	8.52	
Kate Glass	W60	12.13	
Bev Hamilton	W65	11.27	
Rae McMillan	W85	9.91	AR pending

Hammer

Ali Matautia	W35	25.16	PBA
Bev Hamilton	W65	28.02	SB
Rae McMillan	W85	15.32	

Greg Urbanowicz	M30	42.30	PBA
Matt Staunton	M35	39.26	
Mal Clarke	M40	31.96	
Todd Davey	M45	33.54	

ECAC - 21 March**100m**

Chris Neale	M40	13.3	
Colin Smith	M50	14.5	
Steve Fuller	M60	15.7	
Nick Miletic	M60	16.2	

Kathy Lawson	W45	15.5	
Julie Willmott	W45	17.1	
Bob Schickert	M70	18.3	
Bob Fawcett	M60	19.8	

Shannon Neale	VIS	15.9	
Maureen Keshwar	W60	16.7	
Liam Fukumoto	VIS	17.1	
Ross Keane	M50	18.3	
Raynor Keane	VIS	19.7	

1000m

Trent Harris	VIS	3:06.5	
Rob Colton	M45	3:22.5	PBA
Mickey Muroi	M55	3:36.1	
Ross Keane	M50	3:42.1	
Maurice Creagh	M65	3:50.0	PBA
Steve Fuller	M60	3:52.6	
Carol Bowman	W55	4:10.7	SB
Gillian Young	W65	4:14.3	
Raynor Keane	VIS	4:15.6	
Julie Willmott	W45	4:15.9	
Nick Miletic	M60	4:40.5	
Bob Fawcett	M60	5:33.3	PBA

200m

Chris Neale	M40	26.9	
Colin Smith	M50	29.1	
Kathy Lawson	W45	31.5	
Ross Keane	M50	31.7	PBA
Rob Colton	M45	33.1	
Raynor Keane	VIS	39.8	

David Carr	M80	33.5	PBA
Shannon Neale	VIS	34.1	
Nick Miletic	M60	34.2	
Julie Willmott	W45	34.9	
Liam Fukumoto	VIS	37.6	
Bob Fawcett	M60	46.6	

3000m

Trent Harris	VIS	11:19.9	
Mickey Muroi	M55	11:52.8	
Jim Langford	M65	12:02.0	
Rob Colton	M45	12:45.5	
Raynor Keane	VIS	13:09.1	
Ross Keane	M50	13:09.6	
Maurice Creagh	M65	13:35.7	
Bob Schickert	M70	13:52.9	
Gillian Young	W65	14:20.2	
Carol Bowman	W55	14:25.0	SB

3000m walk

Valerie Millard	W65	21:12.8	
Lynne Schickert	W70	22:01.0	

Discus

Bev Hamilton	W65	25.27	SR
Steve Fuller	M60	29.58	
Chris Neale	M40	32.06	PBA

Strive, WAAS – March 22**100m**

Glenn Ross	M40	11.47	+1.7	PBA
Rob Colling	M40	11.52	+2.3	
Greg Brennan	M40	12.87	+1.3	
Colin Smith	M50	13.25	+1.7	
Barrie Kernaghan	M70	14.97	+1.3	
Alan Deans	M60	17.67	+1.3	

200m

Glenn Ross	M40	22.90	+1.6	SR
Colin Smith	M50	26.92	+1.8	
Barrie Kernaghan	M70	30.04	+1.8	

800m

Fiona Leonard	W45	2:39.3	
Alan Deans	M60	3:12.3	

Long Jump

Melissa Foster	W30	5.26	+0.3
Greg Brush	M45	5.09	+2.0

Triple Jump

Melissa Foster	W30	10.94	+2.8
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Hammer

Byrony Glass	W35	??	
Kate Glass	W60	33.51	SB

Shot

Todd Davey	M45	12.56	
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Discus

Todd Davey	M45	40.24	
Andrew Ward	M50	29.31	

Javelin

Todd Davey	M45	36.02	
Andrew Ward	M50	31.17	

WAAS – March 26

100m

Tony Downey	M55	14.2	SB
Barrie Kernaghan	M70	14.5	

1000m

Tony Downey	M55	3:28.5	
Grant Schofield	M40	3:31.2	PBA
Sandra Stockman	W45	3:45.0	
Steve Weller	M35	3:48.3	
Ivan Brown	M65	3:52.8	
Nick Bailey	M60	4:52.5	

200m

Barrie Kernaghan	M70	30.6	
Tony Downey	M55	32.6	
John Dennehy	M50	32.9	
David Carr	M80	33.5	PBA=

3000m

Steve Weller	M35	10:33.5	PBA
Sandra Stockman	W45	11:38.2	
Joe Kraft	VIS	11:44.7	
Grant Schofield	M40	12:22.8	

Results from Bunbury, Victoria and London

British Masters Indoor Championships, Lee Valley, London Indoor Pentathlon, February 24

		60m hurdles	Long Jump	Shot Put	High Jump	1000m
Don Chambers	M75	11.49	3.50m	8.45m	1.06m	6:22.77
GOLD	2831	879	652	636	538	136

Main Championships, March 9/10

60m

Don Chambers	M75	9.39	2/3
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Pole Vault

Don Chambers	M75	2.10	GOLD
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Triple Jump

Don Chambers	M75	7.26	GOLD
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Victoria State Championships, Albert Park, Melbourne – March 1

5000m track walk

David Smyth	M40	28:36.13	2/2
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Bunbury, 23 February

400m Hurdles

Brian Feutrill	M45	1:11.9	PBA
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300m Hurdles

Rob Antonioli	M60	55.4	
Brian Waldhuter	M70	1:03.5	PBA=

Pole Vault

Brian Feutrill	M45	2.75	SR=
Rob Antonioli	M60	1.50	
Brian Waldhuter	M70	1.45	

Bunbury, 26 February

100m

Brian Feutrill	M45	14.0	
Rob Antonioli	M60	14.5	
Harold Membrey	M60	15.0	
Tony Heppener	M60	15.5	
Brian Waldhuter	M70	15.9	
Leon Sander	M75	15.9	
Lyle James	M70	20.1	

1500m Run

Tony Heppener	M60	6:02.7	
Rob Antonioli	M60	6:03.5	
Brian Fuetrill	M45	6:29.4	
Sharon Moloney	W50	8:00.8	SB
Leon Sander	M75	8:06.7	
Lyle James	M70	9:46.1	

1500m Walk

Harold Membrey	M60	10:08.7	
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Javelin

Brian Feutrill	M45	26.82	
Leon Sander	M75	24.72	PBA
Rob Antonioli	M60	23.33	PBA
Sharon Moloney	W50	18.10	
Harold Membrey	M60	16.68	
Lyle James	M70	10.35	SB

CLAISEBROOK COVE PARKRUNS

(FREE, timed 5km runs in East Perth, 8am every Saturday)

Run 31: March 2 – 136 finishers

10	Sandra Stockman	W45	19:26	83.36%
22	Hamish McLeod	M35	20:33	65.45% PB
(16	Trent Harris	Vis	20:09	PB)

Run 32: March 9 – 131 finishers

39	Hamish McLeod	M35	23:34	57.07%
41	Tony Smith	M35	23:57	55.55%
82	John Talbot	M65	28:31	59.38% PB

Run 33: March 16 – 134 finishers

9	Sandra Stockman	W45	19:47	82.73%
15	Hamish McLeod	M35	21:25	62.80%
19	Tony Smith	M35	22:38	58.62%
32	Michael Lee	M60	24:05	68.37%

Run 34: March 23 – 156 finishers (Bruce Fordyce, Comrades legend, in attendance)

16	Sandra Stockman	W45	19:26	84.22%
20	Tony Smith	M35	20:12	65.68%
28	Joe Clark-Murphy	M65	21:08	80.13%
35	Hamish McLeod	M35	21:37	62.22%
51	Karen Hagan	W45	23:35	67.35% PB
62	John Oldfield	M65	24:10	72.14%
94	Ursula Clark-Murphy	W60	28:14	61.51%
121	Christine Oldfield	W65	31:53	67.59%

Run 35: March 30 – 130 finishers

8	Tony Smith	M35	19:03	69.64% PB
9	Lachlan Marr	M50	19:11	78.11%
17	Rod Hamilton	M50	20:22	72.42%
21	Hamish McLeod	M35	21:08	63.64%
80	John Talbot	M65	28:33	59.31%
103	Kate Sommerville	31:18	49.52%	

PERTH TRAIL SERIES

(A series of five events over hill trails organised by race director Bernadette Benson. Each event has long and short options. See website www.perthtrailseries.com)

#5: "Swissmurdie"; Lesmurdie Falls Park: March 23

Long Course – 17.3km, +/- 790m – 88 finishers

41	Hamish McLeod	M35	1:56:06	
62	Monique Fountain	W40	2:05:53	
76	Karen Hagan	W45	2:18:15	(fell and was injured but still finished)