

ECAC 30 January 2014

*State Record

200m

Lisa Limonas	W45	31.2
Alex Purcell	VIS	33.4
Madison Good	VIS	33.9

David Solomon	M45	28.7
Maureen Keshwar	W60	35.8
Bob Schickert	M70	36.1
Jake Good	VIS	36.7
John Fisher	M50	39.4

1,500m

David Solomon	M45	5:39.8
Michael Lee	W60	6:05.3
Maurice Creagh	M65	6:08.1
John Fisher	M50	6:21.1
Jake Good	VIS	6:44.1
Delia Baldock	W50	7:40.7
Tina Runnion	W50	7:41.5

1,500 walk

John Smith	M75	12:08.5
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60m

David Solomon	M45	8.7
Cathy McCloskey	W50	8.8
Lisa Limonas	W45	9.4
Alex Purcell	VIS	9.6
Maureen Keshwar	W60	10.1
John Fisher	M50	11.4

Long Jump

Alex Purcell	VIS	3.45
Lisa Limonas	W45	4.21
Greg Brush	M45	5.62
Cathy McCloskey	W50	4.04

2000m

David Solomon	M45	8:14.2
Madison Good	VIS	8:14.7
Michael Lee	M60	8:15.3
John Fisher	M50	9:27.4

2000m walk

John Smith	M75	16:16.1
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Shot Put

Andrew Ward	M50	8.50
Todd Davey	M45	13.45 *
Jessica Siviour	VIS	12.64
Matt Staunton	M40	12.51

Women Pentathlon

		pts
Melissa Foster	W35	2276
Emma Hall	VIS	1227
Monique Thomas	W35	330
Julie Willmott	W45	1553
Carmel Meyer	W50	2457
Fran Cherry	W50	1903
Carol Bowman	W55	1515
Carolyn Fawcett	W60	686
Lynne Schickert	W70	1383

Men Pentathlon

		pts
Garry Vogler	VIS	1264
Kim Thomas	M40	2200
Kem Hassan	M40	436
Rob Colton	M50	1793
Steve Fuller	M60	2840
Geoff Brayshaw	M60	2119
Bob Fawcett	M60	694
Bert Carse	M70	2395
David Carr	M80	2450