

April 2015 Results – includes National Championships (analysed) at the end

Includes Strive and others where MAWA athletes are known to have competed

Note that all records are pending until ratified by the appropriate authorities

Results from Bunbury

Saturday March 28

300m hurdles

Robyn Feutrill	W50	62.9	PBA
Brian Waldhuter	M70	65.5	

400m hurdles

Brian Feutrill	M50	72.0	
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Discus

Robyn Feutrill	W50	12.10	SB
Deb Cox	W50	19.18	
Garry Hastie	M50	24.53	
Brian Waldhuter	M70	18.77	

AMA National Championships, Sydney – April 3-6

60m prelims

Lee Stergiou	M40	7.90	-1.3	Q
Greg Brennan	M45	8.35	0.0	q
Rudy Kocis	M50	7.87	-1.6	Q
Quinton de Klerk	M50	7.90	0.0	Q
Colin Smith	M50	8.39	-1.6	
Nick Miletic	M60	10.01	-1.5	
Sharon Davis	W40	8.86	-1.5	q

60m finals

Lee Stergiou	M40	7.91	7/8	
Rudy Kocis	M50	7.72	-0.9	SILVER
Quinton de Klerk	M50	7.89	-0.9	4/8
Barrie Kernaghan	M75	9.31	-0.9	GOLD
Sharon Davis	W40	8.99	-0.5	6/8
Lisa Limonas	W45	9.08	-1.5	4/7
Lynne Choate	W60	9.50	-1.9	GOLD
Peggy Macliver	W70	10.16	-1.1	GOLD SR
Brenda Painter	W70	11.43	-1.1	BRONZE PBA

100m prelims

Lee Stergiou	M40	12.66	-1.4	
Greg Brennan	M45	13.23	-0.1	q
Rudy Kocis	M50	12.83	+0.7	Q
Colin Smith	M50	13.22	0.0	q
Quinton de Klerk	M50	19.73	+0.7	

100m finals

Rudy Kocis	M50	12.65	0.0	SILVER
Nick Miletic	M60	16.54	-1.4	8/8
Barrie Kernaghan	M75	15.00	-0.8	GOLD
Lisa Limonas	W45	14.58	-1.3	5/7
Carmel Meyer	W50	15.28	+0.5	7/9
Lynne Choate	W60	15.53	-1.1	SILVER
Peggy Macliver	W70	16.68	0.0	SILVER
Brenda Painter	W70	18.74	0.0	6/7 SB

200m prelims

Lee Stergiou	M40	26.28	-1.2	
Rudy Kocis	M50	26.31	Q	-1.9
Colin Smith	M50	26.86	Q	-1.9

200m finals

Rudy Kocis	M50	26.04	-2.1	SILVER
Colin Smith	M50	26.67	-2.1	4/8
Nick Miletic	M60	35.45	-1.4	8/8
Barrie Kernaghan	M75	30.88	-2.4	GOLD
David Carr	M80	36.85	-1.1	BRONZE
Sharon Davis	W40	28.75	-0.9	BRONZE SB
Vicki Cobby	W40	30.98	-0.9	5/8
Lisa Limonas	W45	29.79	-2.2	5/6
Carmel Meyer	W50	29.79	0.0	4/8 PBA
Lynne Choate	W60	32.95	-0.4	BRONZE
Peggy Macliver	W70	34.55	-1.0	SILVER SR

400m

Lee Stergiou	M40	56.73	5/7	PBA
Colin Smith	M50	57.96		BRONZE PBA
Nick Miletic	M60	82.81	4/4	SB
Barrie Kernaghan	M75	71.72		GOLD
David Carr	M80	77.31		GOLD SB
Sharon Davis	W40	62.39	5/8	PBA
Carmel Meyer	W50	69.38	6/7	PBA
Carol Bowman	W60	84.84	4/4	PBA
Peggy Macliver	W70	80.38		SILVER SR

800m

Andrew Brooker	M45	2:10.21	4/12	PBA
David Solomon	M50	2:28.97	12/13	PBA
Bjorn Dybdahl	M60	2:37.14	4/6	
David Carr	M80	3:06.18		GOLD
Sharon Davis	W40	2:25.78	5/9	PBA
Vicki Cobby	W40	2:50.57	7/9	
Carmel Meyer	W50	2:56.64	6/7	PBA
Carol Bowman	W60	3:20.29		BRONZE PBA
Carey Dickason	W60	3:42.30	4/4	

1500m

Andrew Brooker	M45	4:34.20	4/7	PBA
Steve Giles	M55	5:13.46	4/8	PBA
Bjorn Dybdahl	M60	5:30.69	5/5	
David Carr	M80	6:46.26		GOLD
Rosemary Giles	W35	5:27.77		SILVER SB
Carey Dickason	W60	7:15.57		BRONZE PBA

5000m

Andrew Davison	M50	17:53.88		SILVER SB
David Solomon	M50	19:49.55	5/10	
Steve Giles	M55	18:55.65	5/9	SB
Bjorn Dybdahl	M60	20:18.92	8/11	
Graeme Dahl	M65	21:18.68	5/9	SB
Jim Langford	M70	20:17.87		SILVER
Bob Schickert	M70	24:55.50	4/7	
Irwin Barrett-Lennard	M85	28:58.90		GOLD AR (p)
Rosemary Giles	W35	20:11.61	4/4	SB
Julie Wilson	W60	25:48.24	4/6	
Carey Dickason	W60	26:58.17	5/6	

10000m

Steve Giles	M55	38:34.81	4/6	PBA
Jim Langford	M70	41:45.79		GOLD
Irwin Barrett-Lennard	M85	1:02:37.81		GOLD
Rosemary Giles	W35	41:53.08	4/4	

80m hurdles

Vicki Cobby	W40	15.09	0.0	SILVER SB
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400m hurdles

Andrew Brooker	M45	64.33		GOLD PBA
Sharon Davis	W40	69.09		GOLD SB
Vicki Cobby	W40	77.42		BRONZE

300m hurdles

Nick Miletic	M60	69.54	4/4	
Greg Wilson	M65	68.79		SILVER

2000m steeplechase

Bjorn Dybdahl	M60	8:11.76		SILVER
Bob Schickert	M70	10:23.95		SILVER
David Carr	M80	10:15:53		GOLD
Irwin Barrett-Lennard	M85	12:07.09		GOLD AR (p)
Julie Wilson	W60	10:30.74		GOLD PBA
Carol Bowman	W60	10:47.58		SILVER
Lynne Schickert	W70	15:15.10		SILVER SB

1500m walk

Daniel Lowe	M35	8:57.34		GOLD
Garry Hastie	M50	6:50.77		GOLD SB
Lyn Ventris	W55	7:20.16		SILVER
Julie Wilson	W60	10:16.60		SILVER
Lynne Schickert	W70	10:59.21		BRONZE SB

5000m walk

Daniel Lowe	M35	31:59.46		GOLD SB
Garry Hastie	M50	25:22.56		GOLD SB
Lyn Ventris	W55	26:52.61		SILVER SB
Lynne Schickert	W70	38:41.23		BRONZE SB

10km road walk

Daniel Lowe	M35	1:05:05		GOLD
Garry Hastie	M50	56:18		SILVER
Lynne Schickert	W70	1:21:33		BRONZE SB

8km Cross country

David Solomon	M50	35:49	5/8	
Steve Giles	M55	33:31	6/8	
Bjorn Dybdahl	M60	34:59	6/9	
Jim Langford	M70	34:00		GOLD
Bob Schickert	M70	43:22	4/6	
David Carr	M80	47:19		GOLD
Irwin Barrett-Lennard	M85	48:58		GOLD
Rosemary Giles	W35	37:24		BRONZE
Sharon Davis	W40	37:10		SILVER
Carol Bowman	W60	43:47	4/4	

High Jump

Greg Wilson	M65	1.35		BRONZE
Vicki Cobby	W40	1.40		SILVER PBA
Lisa Limonas	W45	1.30		SILVER
Brenda Painter	W70	0.95		GOLD

Long Jump

Lee Stergiou	M40	4.97	+0.4	5/9
Greg Brush	M45	5.40	0.0	SILVER
Melissa Foster	W35	5.57	+1.8	GOLD
Vicki Cobby	W40	3.98	0.0	5/7
Lisa Limonas	W45	4.42	0.0	BRONZE
Carmel Meyer	W50	3.60	+0.2	BRONZE
Carey Dickason	W60	2.53	0.0	6/7
Brenda Painter	W70	2.71	0.0	GOLD PBA
Lynne Schickert	W75	2.18	0.0	BRONZE

Pole Vault

Andrew Brooker	M45	2.60		GOLD PBA
Vicki Cobby	W40	2.10		GOLD PBA=
Geoff Brayshaw	M65	2.40		SILVER SR

Triple Jump

Geoff Brayshaw	M60	9.02	-1.2	SILVER
Melissa Foster	W35	11.95	-1.4	GOLD AR (p)
Vicki Cobby	W40	8.99	+1.2	BRONZE
Lisa Limonas	W45	9.76	+0.5	SILVER PBA
Carey Dickason	W60	6.17	+1.9	GOLD PBA
Brenda Painter	W70	6.08	+1.8	GOLD SB
Lynne Schickert	W70	5.41	+1.2	BRONZE

Discus

Greg Urbanowicz	M35	36.65		SILVER PBA
Matt Staunton	M40	35.40		BRONZE
Todd Davey	M45	39.20		SILVER
Tom Gravestock	M60	41.07		SILVER SR
Oswald Igel	M60	34.22		BRONZE
Greg Wilson	M65	26.82	6/8	
Bev Hamilton	W65	21.02		GOLD

Hammer

Greg Urbanowicz	M35	46.54		GOLD PBA
Matt Staunton	M40	45.76		GOLD
Todd Davey	M45	37.89		SILVER
Tom Gravestock	M60	41.90		GOLD
Oswald Igel	M60	30.06		BRONZE
Jim Davis	M80	28.95		GOLD
Carey Dickason	W60	17.13	7/9	
Bev Hamilton	W65	24.66		SILVER

Javelin

Garry Hastie	M50	31.04	4/5	
Tom Gravestock	M60	41.07		GOLD
Clive Choate	M60	28.25	5	
Greg Wilson	M65	25.39	4/5	
Jim Davis	M80	8.76		SILVER
Carmel Meyer	W50	18.52	4/5	
Bev Hamilton	W65	16.72		SILVER

Shot

Greg Urbanowicz	M35	13.62		SILVER PBA
Matt Staunton	M40	12.17		GOLD
Todd Davey	M45	12.49		SILVER
Oswald Igel	M60	11.57		SILVER
Tom Gravestock	M60	11.35		BRONZE
Greg Wilson	M65	8.02	6/8	
Jim Davis	M80	9.15		SILVER
Bev Hamilton	W65	8.04		GOLD

Weight Throw

Greg Urbanowicz	M35	14.65		GOLD
Matt Staunton	M40	13.09		GOLD
Todd Davey	M45	12.68		GOLD
Tom Gravestock	M60	16.08		GOLD PBA
Jim Davis	M80	12.33		GOLD
Bev Hamilton	W65	11.71		GOLD SB

Throws Pentathlon

			HT	SP	DT	JT	WT	
Greg Urbanowicz	M35		44.28m	11.73m	44.86m	32.26m	PBA 15.36m	SR
2927	BRONZE	SB	615	644	563	373	743	
Matt Staunton	M40		46.29	12.47	39.70	41.43	13.75	
3422	GOLD	SB	711	721	741	515	734	
Todd Davey	M45		37.37	12.92	41.26	39.60	11.77	
3501	GOLD		616	822	864	535	664	
Tom Gravestock	M60		42.38	11.73	44.86	32.26	15.36	
3637	SILVER	SR		767	768	822	524	756
Oswald Igel	M60		30.92	11.07	34.01	28.78	12.56	
2901	BRONZE		519	717	587	452	626	
Greg Wilson	M65		21.38	8.57	29.72	26.86	8.41	
2400	4/5		372	586	555	470	417	
Jim Davis	M80		29.09	9.66	22.97	12.21	ND	
2440	SILVER		767	816	619	238	0	
Bev Hamilton	W65		26.89	8.22	20.51	16.91	10.39	
3415	GOLD		839	770	591	490	725	

Pentathlon

			LJ	J	200m	D	1500	
Tom Gravestock	M60		3.77m	30.70m	33.38	44.18m	DNS	
			441	492	389	807	-	
Nick Miletic	M60		3.36	19.43	34.61	24.49	7:33.89	
1567	BRONZE	SB	332	264	321	387	263	
Greg Wilson	M65		3.30	22.76	38.44	30.28	7:30.00	
1896	6/6		384	378	209	568	357	
Melissa Foster	W35		13.53	8.39m	5.20m	26.32m	3:06.09	
2590	GOLD		701	444	688	438	319	
Carmel Meyer	W50		15.06	7.05	3.75	17.76	3:00.66	
2585	PBA 4/5		715	456	479	351	604	
Julie Wilson	W60		19.57	4.60	2.30	12.72	3:36.57	SB
1591	BRONZE	SB	337	329	163	298	464	

RELAYS

4x100m, 220+	W						
Lynne Choate, Carmel Meyer, Brenda Painter, Peggy Macliver						65.20	5/5
4x100m, 120-169	W						
Sharon Davis, Vicki Cobby, Lisa Limonas, Melissa Foster						54.90	SILVER
4x100m, 180-239	M						
Colin Smith, Nick Miletic, Barrie Kernaghan, David Solomon						57.20	6/6