

May 2016 Results

*This listing includes all other meets where MAWA athletes are known to have competed
Note that SB refers to the combined winter and summer season (i.e. May 2016-April 2017) and since this is the first month of
that season, all performances are SBs
Note also that all records are pending until ratified by the appropriate authorities*

WAAS – 3 May

800m

Bjorn Dybdahl	M60	2:52.7
Alan Gray	M50	3:19.0
Juliana Kelly	W50	3:19.6
Delia Baldock	W50	3:33.9
Chantal Braganza	Vis	4:02.1

mile

Chris Bower	Vis	6:25.5
Alan Gray	M50	7:13.0
Juliana Kelly	W50	8:17.7

3000m

Bjorn Dybdahl	M60	12:13.2
Chris Bower	Vis	14:27.4

3000m walk

Karyn Tolardo	W50	17:04.7
John Dennehy	M55	18:17.4 PBA

Long Jump

Justin Vincent	M30	5.39
Nicolette Whittington	W55	3.68
Gay Wyatt	W60	2.83
Mike Anderson	M65	2.32

ECAC - 5 May

200m

Colin Smith	M50	29.6
Donna Abbey	W40	34.8
Scott Henderson	M60	37.5
Brian Hewitt	M60	39.3
Maureen Keshwar	W60	40.3
David Carr	M80	43.7

1500m

Jaycob Kell	Vis	5:12.5
Bjorn Dybdahl	M60	5:51.5
Brian Hewitt	M60	6:04.5
Jason Kell	M40	6:30.9
Maurice Creagh	M65	6:42.6
Carol Bowman	W60	6:55.0

100m

Colin Smith	M50	15.3
Donna Abbey	W40	15.5
Maureen Keshwar	W60	17.6
Brian Hewitt	M60	18.2

400m

Colin Smith	M50	63.5
Jaycob Kell	Vis	68.3
Jason Kell	M40	71.5
Delia Baldock	W50	84.1
Donna Abbey	W40	87.3
Carol Bowman	W60	88.8
Maurice Creagh	M65	1:40.3

5000m

Jaycob Kell	Vis	19:52.6
Bjorn Dybdahl	M60	21:27.9
Maurice Creagh	M65	25:31.5
David Carr	M80	26:00.4

5000m walk

Karyn Tolardo	W50	30:05.4
Isabella Tolardo	Vis	32:01.1

1500m walk

Isabella Tolardo	Vis	8:04.6
Karyn Tolardo	W50	8:20.5

WAAS - 10 May

200m

Ryan Yearsly	Vis	27.7	
Andrew Brooker	M45	27.9	
Mark Whyte	M45	29.5	PBA
Juliana Kelly	W50	32.9	

1500m

Jaycob Kell	Vis	5:12.8
Mark Whyte	M45	6:07.0

400m

Mark Whyte	M45	73.8	PBA
Juliana Kelly	W50	80.6	
Delia Baldock	W50	84.5	

5000m

Alan Gray	M50	25:11.9
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3000m

John Dennehy	M55	15:57.0
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3000m walk

Andrew Cuthbertson	M55	23:26.9
Sylvia Byers	W80	23:59.8

Triple Jump

Dave Wyatt	M60	9.05
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ECAC - 12 May**1500m**

David Solomon	M50	5:47.1	
Jim Klinge	M65	5:50.9	PBA
Bernadette Benson	W45	5:57.6	
Kerriann Bresser	W45	6:06.2	
Bob Hull	M70	6:14.3	
Maurice Creagh	M65	7:10.0	

1500m walk

Lynne Schickert	W70	11:32.5	
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60m

Nick Best	M40	7.9	PBA
Colin Smith	M50	8.3	
Mark Howard	M45	8.4	PBA
Scott Henderson	M60	9.8	
Maureen Keshwar	W60	10.5	

800m

Nick Best	M40	2:38.0	
Kerriann Bresser	W45	2:53.0	
Bob Hull	M70	3:03.5	
Bernadette Benson	W45	3:07.4	
Delia Baldock	W50	3:15.3	
Carol Bowman	W60	3:19.4	

300m

Colin Smith	M50	41.7	
Nick Best	M40	43.5	
David Solomon	M50	47.6	
Kerriann Bresser	W45	58.6	
Delia Baldock	W50	60.9	
Carol Bowman	W60	61.4	
Maureen Keshwar	W60	68.8	

3000m

David Solomon	M50	12:32.6	
Bernadette Benson	W45	12:40.9	
Bob Hull	M70	13:45.9	
Kerriann Bresser	W45	14:10.3	
David Carr	M80	14:50.6	
Bob Schickert	M70	14:54.8	
Jackie Halberg	W70	16:10.5	

3000m walk

Karyn Tolardo	W50	16:52.7	PBA
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WAAS - 17 May**1500m**

Mark Dawson	M55	5:39.8	
Mark Whyte	M45	5:49.5	SB
Vicki Portelli	W40	11:46.0	

1500m walk

Karyn Tolardo	W50	8:09.7	SB
Sylvia Byers	W80	11:44.3	

300m

Andrew Brooker	M45	45.5	
Mark Whyte	M45	49.2	
Carol Bowman	W60	59.3	
Delia Baldock	W50	59.8	

800m

David Wrighton	Vis	2:22.2	
Mark Dawson	M55	2:52.5	
Chris Bowern	Vis	3:02.6	
Melissa Foster	W35	3:04.4	
Mark Whyte	M45	3:05.0	

3000m

Chris Bowern	Vis	12:21.4	
Alan Gray	M50	13:16.3	
John Dennehy	M55	16:44.4	

3000m walk

Karyn Tolardo	W50	17:37.8	
Sylvia Byers	W80	24:56.0	

ECAC - 19 May**200m**

Colin Smith	M50	29.8	
Cath Payne	W35	30.4	PBA
Fiona Lennard	W45	31.2	
Scott Henderson	M60	33.3	SB
Nicolette Whittington	W55	33.7	PBA

Bob Schickert	M70	36.2	
Delia Baldock	W50	36.2	
Maureen Keshwar	W60	36.3	SB
Carol Bowman	W60	37.9	
Gillian Young	W65	42.2	PBA

1500m

Vanessa Carson	W35	5:26.9	
Rod Hamilton	M50	5:45.3	
Chris Bowern	Vis	5:55.0	
Bernadette Benson	W45	5:56.6	SB
Kerriann Bresser	W45	5:57.2	PBA
Glen Gillett	M45	6:02.7	PBA
Gillian Young	W65	7:18.8	
John Dennehy	M55	7:25.9	
Wendy Grace	W60	7:55.0	

60m

Colin Smith	M50	8.7	
Cath Payne	W35	8.8	
Fiona Leonard	W45	9.4	
Nicolette Whittington	W55	9.6	PBA
Scott Henderson	M60	9.8	

Nick Best	M40	8.0	
Maureen Keshwar	W60	10.2	SB
John Dennehy	M55	10.5	
Theresa Dewse	Vis	11.8	

WAAS - 24 May**400m**

Colin Smith	M50	61.2	SB
Brian Kinneen	M50	66.5	
Mark Dawson	M55	71.1	
Mark Whyte	M45	74.0	
Delia Baldock	W50	82.7	SB

1500m

Jaycob Kell	Vis	5:12.7	
Brian Kinneen	M50	5:49.9	
Mark Dawson	M55	6:06.2	
Alan Gray	M50	6:37.6	
Garry Ralston	M60	6:43.6	PBA
Mark Whyte	M45	6:51.6	
Allan Billington	M55	7:23.5	

1500m walk

Jason Kell	Vis	10:58.8	
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Long Jump

Justin Vincent	M30	5.50m	PBA
Dave Wyatt	M65	4.18m	
Nicolette Whittington	W55	3.59m	

5000m

Bernadette Benson	W45	20:50.1	
Chris Bowern	Vis	21:18.2	
Karyn Gower	W55	23:24.5	
Glen Gillett	M45	24:33.2	
Bob Schickert	M70	25:29.6	
Wendy Grace	W60	28:35.8	

3000m

Vanessa Carson	W35	11:41.3	
Rod Hamilton	M50	12:16.3	
Kerriann Bresser	W45	13:30.9	
Gillian Young	W65	14:51.5	

3000m walk

Janne Wells	W45	20:31.5	
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1500m walk

Janne Wells	W45	9:18.8	
Kristine Wells	Vis	10:54.2	
Lynne Schickert	W70	11:12.0	SB

400m

Colin Smith	M50	71.0	
Fiona Leonard	W45	72.2	
Rod Hamilton	M50	79.1	
Delia Baldock	W50	83.5	SB
Kristine Wells	Vis	1:38.3	
Maureen Keshwar	W60	1:47.8	
Theresa Dewse	Vis	1:49.0	
Vanessa Carson	W35	1:49.8	

200m

Andrew Brooker	M45	27.2	SB
Colin Smith	M50	28.0	SB
Melissa Foster	W35	28.5	
Mark Whyte	M45	31.3	

Jaycob Kell	Vis	35.5	
Allan Billington	M55	35.7	
Delia Baldock	W50	37.6	

5000m

Jaycob Kell	Vis	18:38.6	
Brian Kinneen	M50	21:16.2	
Mark Dawson	M55	22:06.1	
Alan Gray	M50	22:28.7	SB

5000m walk

Jason Kell	Vis	39:51.6	
Sylvia Byers	W80	41:00.4	

ECAC - 26 May**100m**

Colin Smith	M50	13.8	SB
Ashley Franks	Vis	14.1	
David Solomon	M50	14.3	
Tony Franks	Vis	14.6	

Cath Payne	W35	14.1	SB
Donna Abbey	W40	15.0	PBA h/t
Maureen Keshwar	W60	17.1	SB
Cecil Walkley	M85	47.6	

mile

Vanessa Carson	W35	5:53.5	
David Solomon	M50	6:16.5	
Chris Bower	Vis	6:24.1	
Kerriann Bresser	W45	6:34.1	
Bob Hull	M70	6:53.3	
Gillian Young	W65	7:22.6	
Jackie Halberg	W70	7:53.3	PBA
Cecil Walkley	M85	16:17.0	

400m

Colin Smith	M50	65.3	
Vanessa Carson	W35	72.8	SB
Ashley Franks	Vis	74.0	
Cath Payne	W35	76.0	
Kerriann Bresser	W45	77.5	
Donna Abbey	W40	78.5	SB
Kristine Wells	Vis	1:40.4	
Cecil Walkley	M85	3:43.2	

WAAS - 24 May**60m**

Garry Ralston	M60	7.7	PBA
Bernard Riviere	M50	7.7	PBA
Colin Smith	M50	8.1	SB
Melissa Foster	W35	8.2	

Dawson Miller	M50	8.4	
Juliana Kelly	W50	9.7	
Cecil Walkley	M85	26.6	PBA=
Peter Kennedy	M95	30.6	

Mile

Rob Nichols	M35	4:53.3	PBA
Brian Kinneen	M50	5:47.8	
Mark Dawson	M55	6:02.0	
Alan Gray	M50	6:37.8	PBA
Garry Ralston	M60	7:09.2	PBA
Colin Smith	M50	7:09.5	
Mike Anderson	M65	9:13.5	
Cecil Walkley	M85	15:48.7	SB

Mile walk

John Dennehy	M55	9:50.2	PBA
Sylvia Byers	W80	9:53.8	PBA

60m

Colin Smith	M50	8.8	
Davis Solomon	M50	8.9	
Ashley Franks	Vis	9.0	

Cath Payne	W35	8.9	
Donna Abbey	W40	9.2	
Maureen Keshwar	W60	10.5	
Kristine Wells	Vis	11.5	

3000m

Vanessa Carson	W35	11:53.1	
David Solomon	M50	12:08.6	
Bob Hull	M70	13:39.9	
Gillian Young	W65	14:18.1	SB
Kerriann Bresser	W45	14:21.8	
Chris Bower	Vis	14:33.3	
David Carr	M80	14:38.5	
Bob Schickert	M70	15:43.8	

3000m walk

Karyn Tolardo	W50	17:33.7	
Janne Wells	W45	19:42.5	PBA
Lynne Schickert	W70	23:22.3	

mile walk

Karyn Tolardo	W50	8:53.1	
Janne Wells	W45	10:07.1	

100m

Bernard Riviere	M50	12.7	
Colin Smith	M50	13.0	SB
Dawson Miller	M50	13.4	
Brian Kinneen	M50	14.5	
Juliana Kelly	W50	16.5	
Cecil Walkley	M85	48.1	

3000m steeplechase (at 2000m height) – not analysed

Rob Nichols	M35	10:43.2	
Brian Kinneen	M50	13:44.1	
Alan Gray	M50	14:15.4	
Mark Dawson	M55	15:21.8	

2000m steeplechase

Gillian Young	W65	10:30.1	
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