

December 2016 Results

*This listing includes all other meets where MAWA athletes are known to have competed
Note that SB refers to the combined winter and summer season (i.e. May 2016-April 2017)*

Note also that all records are pending until ratified by the appropriate authorities

ECAC – December 1

200m				1500m walk			
Colin Smith	M50	28.0		Tom Lenane	M60	8:53.0	PBA
Grant Perry	Vis	30.2		3000m			
Des Walsh	M60	32.4		Steve Weller	M40	11:02.8	
Barry Newell	M60	32.7		Pete Wall	Vis	11:27.7	
Donna Abbey	W40	33.0		Grant Perry	Vis	12:44.3	
Fran Cherry	W50	36.0	SB	Jason Woolley	Vis	13:22.3	
Delia Baldock	W50	38.1		Bob Hull	M70	13:39.6	
Carol Bowman	W60	40.9		Brian Hewitt	M60	13:51.6	
Cecil Walkley	M85	1:50.0		Maurice Creagh	M70	14:56.8	
400m				David Carr	M80	17:23.3	
Colin Smith	M50	60.0		Weight			
Grant Perry	Vis	69.2		Todd Davey	M50	17.53	SR
Des Walsh	M60	72.6		Geoff Gee	M60	14.01	
Brian Hewitt	M60	76.6		Warwick Dixon	Vis	12.56	
Donna Abbey	W40	77.9		Andrew Ward	M55	10.25	PBA
Jennifer Parker	W45	85.6		Javelin			
Delia Baldock	W50	88.9		Andrew Ward	M55	33.70	PBA
Maurice Creagh	M70	1:33.4	SB	Jennifer Parker	W45	20.84	
Carol Bowman	W60	1:41.0		Warwick Dixon	Vis	15.80	
Maureen Keshwar	W65	1:47.8	SB=	Donna Abbey	W40	12.67	
Cecil Walkley	M85	3:30.2		Carol Bowman	W60	10.58	
1500m							
Andrew Spratt	Vis	5:02.8					
Steve Weller	M40	5:16.7					
Pete Wall	Vis	5:38.7					
Jason Woolley	Vis	5:53.8					
Bob Hull	M70	6:22.1					
Maurice Creagh	M70	7:01.8					
Brian Hewitt	M60	7:02.2					
Barry Newell	M60	7:58.2					
David Carr	M80	8:55.7					
Cecil Walkley	M85	15:25.7					

Strive, WAAS – December 2 & 4

60m				800m			
Melissa Foster	W35	8.16	+1.3	Fiona Leonard	W50	2:38.72	
Kim Taylor	M50	8.22	+2.4	Shot			
Barrie Kernaghan	M75	10.15	+2.4	Todd Davey	M50	14.38	
John Dennehy	M55	10.19	+2.4	Jasmin Karwacki	W35	8.38	
200m				Discus			
Melissa Foster	W35	28.79	+2.4	Todd Davey	M50	51.67	
Barrie Kernaghan	M75	33.58	nwi	Jasmin Karwacki	W35	26.24	
John Dennehy	M55	34.09	nwi				

Bunbury – December 3

300m hurdles				Shot			
Brian Waldhuter	M75	69.29		John Fettus	M40	12.12	
Harold Membrey	M65	73.01		Garry Hastie	M55	8.10	
400m hurdles				Harold Membrey	M65	7.20	
Brian Feutrill	M50	74.24		Rob Antonioli	M60	6.59	
400m				Brian Waldhuter	M75	6.23	
Rob Antonioli	M60	78.03					

WAAS – December 6**200m**

Geoff Allen	Vis	28.8	
Des Walsh	M60	30.4	
Mark Dawson	M55	30.5	PBA
David Adams	M40	31.5	PBA
Annmarie O'donovan	Vis	32.3	
Barrie Kernaghan	M75	33.2	
Aleisha Sutton	Vis	33.6	
Delia Baldock	W50	37.5	

400m

Mark Dawson	M55	65.7	SB
Geoff Allen	Vis	68.5	
Annmarie O'donovan	Vis	73.8	
David Adams	M40	74.7	
Henri Cortis	M70	75.0	
Brian Hewitt	M60	75.6	SB
Barrie Kernaghan	M75	75.9	
Quinn Lockwood	Vis	77.8	

1500m

Jane Lockwood	W35	5:52.9	
Brian Hewitt	M60	5:57.7	SB
Alan Gray	M50	6:00.9	
David Adams	M40	6:33.0	

Bunbury – December 6**200m**

Garry Hastie	M55	29.82	
Brian Feutrill	M50	30.18	
Rob Antonioli	M60	32.04	
Harold Membrey	M65	33.11	
Brian Waldhuter	M75	34.28	PBA
Sharon Moloney	W50	35.15	
Ruth Johnson	W75	39.32	
Leon Sander	M75	39.62	
Lyle James	M75	54.04	

800m

Rob Antonioli	M60	2:57.0	SB=
Robyn Feutrill	W50	3:20.8	SB
Harold Membrey	M65	3:27.9	
Ruth Johnson	W75	4:09.7	
Lyle James	M75	5:40.7	

ECAC – December 8**60m**

Xavier Sequeira	M45	7.9	
Colin Smith	M50	8.2	
Des Walsh	M60	9.4	
Jenn Parker	W45	9.7	
Fran Cherry	W50	9.8	
Maureen Keshwar	W65	10.0	
Jo Sequeira	W40	10.0	
Brian Hewitt	M60	10.6	
Judy Davis	W50	12.9	
Cecil Walkley	M85	35.0	

400m

Xavier Sequeira	M45	58.3	
Colin Smith	M50	58.5	
Brian Hewitt	M60	77.1	
Carol Bowman	W60	85.7	
Delia Baldock	W50	89.8	
Maureen Keshwar	W65	1:39.9	PBA
Judy Davis	W50	1:44.3	PBA

3000m

Alexandra Meek	Vis	11:31.1	
Daniel Sly	Vis	11:45.3	
Mark Dawson	M55	12:21.6	
Sue Zlnay	W55	12:26.6	PBA
Alan Gray	M50	13:15.8	
Brian Hewitt	M60	13:31.4	
David Adams	M40	14:44.5	PBA

2000m steeplechase

Sue Zlnay	W55	9:18.2	
David Adams	M40	11:10.0	
John Dennehy	M55	12:26.5	

Shot

Todd Davey	M50	14.37	
Jasmin Karwacki	W35	8.96	PBA
Warwick Dixon	Vis	8.24	
Aleisha Sutton	Vis	8.08	

Hammer

Todd Davey	M50	45.46	PBA
Warwick Dixon	Vis	36.12	
Jasmin Karwacki	W35	20.19	

Shot

John Fettus	M40	12.33	
Paula Kennedy	W45	8.76	
Sharon Moloney	W50	8.46	SB
Harold Membrey	M65	6.98	
Ruth Johnson	W75	5.76	
Lyle James	M75	3.31	

Hammer

John Fettus	M40	36.46	
Sharon Moloney	W50	26.06	SB
Paula Kennedy	W45	23.92	

Triple Jump

Garry Hastie	M55	8.01	
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Mile

Steve Weller	M40	5:24.2	
Brian Hewitt	M60	6:48.6	
Maurice Creagh	M70	7:26.7	PBA
Judy Davis	W50	8:13.8	
Cecil Walkley	M85	18:06.7	

3000m

Brian Hewitt	M60	13:47.5	
Maurice Creagh	M70	14:49.5	
David Carr	M80	16:08.5	

5000m

Steve Weller	M40	18:45.4	
Jim Langford	M70	22:37.7	

Shot

Todd Davey	M50	14.07	
Geoff Gee	M60	12.36	
Jenn Parker	W45	8.91	
Sally Sims	W35	8.06	

ECAC – December 8 (continued)

Discus

Todd Davey	M50	53.14	PBA
Geoff Gee	M60	40.30	
Jenn Parker	W45	29.06	

Strive, WAAS – December 8

100m

Melissa Foster	W35	13.12	+0.6	
Andy Taylor	M35	11.83	+0.7	SB
John Dennehy	M55	16.42	+0.7	
Barrie Kernaghan	M75	16.45	+0.7	

400m

Chris Neale	M45	56.90
Fiona Leonard	W50	68.01
Barrie Kernaghan	M75	80.18
John Dennehy	M55	80.75

1500m

Sharon Davis	W40	5:05.89	PBA
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Triple Jump

Melissa Foster	W35	11.59	+1.2	SB
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Shot

Byrony Glass	W35	10.39	
Jasmin Karwacki	W35	8.96	PBA=

Hammer

Byrony Glass	W35	48.45	
Jasmin Karwacki	W35	23.96	PBA

UWAAC Big 6 – December 10

Shot

Todd Davey	M50	14.98	SR
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Bunbury – December 10

Shot

John Fettus	M40	12.76	PBA
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Discus

John Fettus	M40	35.53
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Outdoor Pentathlon – women

		100m	Shot	Long Jump	Javelin	800m
Ruth Johnson	W75	18.67	6.07	2.74	11.80 PBA	4:03.9
		774	585	593	419	723
	Total Points	3094				
Robyn Feutrill	W50	19.12	6.30	2.77	13.89	3:25.8
		228	396	195	257	372
	Total Points	1448				

Outdoor Pentathlon – men

		Long Jump	Javelin	200m	Discus	1500m
Rob Antonioli	M60	3.66 SB	23.06 SB	32.57	22.49 SB	7:29.8
		411	336	437	346	276
	Total Points	1806				
Harold Membrey	M65	3.38 PBA	16.52 PBA	34.53	23.12 PBA	7:30.8
		407	241	401	404	354
	Total Points	1807				
Brian Waldhuter	M75	3.40	13.97	35.99	18.26 SB	9:34.8 SB
		613	249	527	390	200
	Total Points	1979 PBA				
Leon Sander	M75	2.44	16.56 SB	39.04 SB	21.14 SB	9:11.8
		271	318	365	470	257
	Total Points	1681				
Garry Hastie	M55	3.75	31.57	36.71	24.12	7:19.6
		367	475	163	402	238
	Total Points	1645				
Brian Feutrill	M50	4.56 SB	24.07	29.29	21.46	6:02.5 SB
		502	293	511	308	468
	Total Points	2082 SB				

WAAS – December 13**60m**

Geoff Allen	M50	8.6	
Geoff Brayshaw	M65	8.7	PBA
Des Walsh	M60	8.8	PBA
David Adams	M40	9.1	
Barrie Kernaghan	M75	11.5	
Georgia Brown	Vis	14.4	
Ivan Brown	M70	14.4	
Cecil Walkley	M85	30.0	

Mile

Mark Dawson	M55	5:49.2	PBA
Bjorn Dybdahl	M60	6:08.2	
Brian Hewitt	M60	6:29.3	
David Adams	M40	6:51.0	
Karyn Gower	W55	7:00.7	
Cecil Walkley	M85	15:47.5	

400m

Mark Dawson	M55	68.7	
Bjorn Dybdahl	M60	71.2	SB
Geoff Allen	M50	72.5	
Henri Cortis	M70	74.4	
David Owen	Vis	75.4	
Des Walsh	M60	77.3	
Harrison Brown	Vis	82.7	
Delia Baldock	W50	88.8	
Ivan Brown	M70	89.0	
Barrie Kernaghan	M75	1:30.5	
Campbell Till	M55	1:33.7	
Cecil Walkley	M85	3:56.5	

Bunbury – December 13**800m**

Lyle James	M75	6:13.78	
Leon Sander	M75	6:18.84	

1500m

Harold Membrey	M65	7:03.11	PBA
Robyn Feutrill	W50	7:07.59	SB

High Jump

Brian Feutrill	M50	1.50	SB
Garry Hastie	M55	1.25	

Triple Jump

Brian Waldhuter	M75	7.54	
Ruth Johnson	W75	6.13	
Leon Sander	M75	5.81	

ECAC – December 15**100m**

Xavier Sequeira	M45	12.6	PBA
Colin Smith	M50	12.9	
David Brain	Vis	13.6	
Grant Perry	Vis	14.4	
Rob Colton	M50	16.0	
Des Walsh	M60	16.2	
Fran Cherry	W50	16.5	
Jo Sequeira	W40	16.6	
Mercurio Cicchini	M65	17.4	
Andrea Penny	W40	17.5	
Delia Baldock	W50	17.8	
Brenda Painter	W70	19.6	
Judy Davis	W50	19.7	

Hammer

Todd Davey	M50	48.17	SR
Matt Staunton	M40	43.82	

5000m

Alan Gower	M60	18:56.5	
Alexandra Meek	Vis	19:18.3	
Daniel Sly	Vis	20:26.9	
David Adams	M40	23:54.3	PBA

3000m

Brian Hewitt	M60	13:04.3	
Simone Solomon	W50	13:26.2	PBA
Karyn Gower	W55	13:58.6	

Long Jump

Geoff Brayshaw	M65	4.33	
Carol Bowman	W60	3.09	PBA

Discus

Todd Davey	M50	51.66	
Chris Schelfhout	W45	23.51	SB
Yolanda Carstens	W50	22.75	
Mike Anderson	M65	18.67	

Javelin

Todd Davey	M50	32.86	
Yolanda Carstens	W50	22.53	
Chris Schelfhout	W45	17.96	
Carol Bowman	W60	10.36	

Weight

John Fettus	M40	12.29	
Paula Kennedy	W45	10.08	PBA
Harold Membrey	M65	9.24	
Garry Hastie	M55	8.58	
Ruth Johnson	W75	7.74	
Sharon Moloney	W50	7.37	

Hammer

John Fettus	M40	37.48	PBA
Sharon Moloney	W50	28.67	PBA
Garry Hastie	M55	21.56	PBA
Ruth Johnson	W75	19.68	

200m

Xavier Sequeira	M45	26.2	PBA
Colin Smith	M50	26.3	
Rob Colton	M50	33.1	
Brian Hewitt	M60	33.8	SB
Fran Cherry	W50	35.0	SB
Des Walsh	M60	37.7	
Brenda Painter	W70	43.2	
Judy Davis	W50	43.6	

Javelin

David Brain	Vis	46.87	
Brenda Painter	W70	13.12	SB
Carol Bowman	W60	11.20	

ECAC – December 15 (continued)

800m

Steve Weller	M40	2:24.8	
Rob Colton	M50	2:44.5	
Ken Murray	M45	2:53.8	
Brian Hewitt	M60	2:59.6	
Bob Hull	M70	3:05.5	
Des Walsh	M60	3:22.0	PBA
Carol Bowman	W60	3:32.1	
Judy Davis	W50	3:59.2	
Cecil Wakley	M85	7:42.0	

3000m

Steve Weller	M40	10:46.0
Grant Perry	Vis	12:18.8
Jim Langford	M70	12:45.0
Brian Hewitt	M60	12:54.3
Rob Colton	M50	12:55.0
David Carr	M80	16:02.2
Judy Davis	W50	17:35.5

Strive, WAAS – December 15

100m

Rudy Kocis	M55	12.32	nwi
Melissa Foster	W35	13.05	+1.9
John Dennehy	M55	16.34	+0.5

Pole Vault

Geoff Brayshaw	M65	2.50
Phil Smyth	M65	2.50

800m

Fiona Leonard	W50	2:35.93
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Javelin

Cheryl McMahon	W40	24.47
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Long Jump

Melissa Foster	W35	5.40
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Bunbury – December 17

Throws Pentathlon

		Hammer	Shot	Discus	Javelin	Weight
Todd Davey	M50	46.24	14.59 PBA	51.52	37.84	17.17
		757	919	926	536	908
		Total points	4046	SR		
Tom Gravestock	M60	40.10	12.05	45.43	32.38	14.88
		717	792	835	526	764
		Total points	3634			
Bev Hamilton	W70	24.27	7.11	21.37	15.36	9.76
		855	740	730	519	758
		Total points	3602			
Geoff Gee	M60	33.93	11.55	29.98	30.91	15.43
		584	753	501	496	797
		Total points	3131			
Ossi Igel	M65	29.43	11.68	foul	29.81	14.19
		563	844	foul	538	782
		Total points	2727			
Ruth Johnson	W75	19.11	5.77	11.75	11.75	7.26
		627	567	375	416	501
		Total points	2486	PBA		
John Fettus	M40	foul	12.36	36.42	35.37	11.82
		foul	714	667	419	614
		Total points	2414			
Sharon Moloney	W50	24.99	7.77	20.59	14.60	7.20
		538	516	407	274	402
		Total points	2137			
Garry Hastie	M55	19.15	7.93	25.44 PBA	30.71	8.65
		274	490	430	458	435
		Total points	2087	PBA		
Sally Sims	W35	27.12	7.55	19.60	17.20 PBA	8.19
		486	388	284	257	428
		Total points	1843			

WAAS – December 20**100m**

Glenn Ross	M45	11.6	
Win Small	Vis	12.0	
Eliza Wilson	Vis	12.2	
Gin Ang	M50	13.4	PBA
Mark Crook	M55	13.9	PBA
Geoff Allen	M50	14.0	
David Adams	M40	14.3	
Des Walsh	M60	14.5	
Barrie Kernaghan	M75	19.7	

200m

Glenn Ross	M45	23.7	
Win Small	Vis	25.2	
Geoff Allen	M50	28.6	
Des Walsh	M60	31.0	
Mark Dawson	M55	31.2	
Annmarie O'Donovan	Vis	31.4	
Geoff Brayshaw	M65	31.6	
David Adams	M40	31.9	
Barrie Kernaghan	M75	40.0	
Cecil Walkley	M85	1:51.2	

800m

Andrew Spratt	M45	2:26.5	
Mark Dawson	M55	2:37.9	
Henri Cortis	M70	2:50.9	
Campbell Till	M55	2:53.1	
David Adams	M40	3:02.8	
Annmarie O'Donovan	Vis	3:10.6	
Maurice Creagh	M70	3:23.0	PBA
Carol Bowman	W60	3:26.8	
Cecil Walkley	M85	7:52.2	

Bunbury – December 20**100m**

Garry Hastie	M55	14.8	
Harold Membrey	M65	15.3	PBA
Rob Antonioli	M60	15.4	SB
Ruth Johnson	W75	18.4	
Leon Sander	M75	20.3	
Paula Kennedy	W45	22.2	

200m

Garry Hastie	M55	29.6	PBA
Rob Antonioli	M60	31.4	SB
Harold Membrey	M65	33.1	
Leon Sander	M75	37.2	SB
Ruth Johnson	W75	39.2	

ECAC – December 22**100m**

Jesse Sequeira	Vis	11.7	
Xavier Sequeira	M45	12.6	
Colin Smith	M50	13.2	
Grant Perry	M30	14.5	
Des Walsh	M60	15.0	
Jo Sequeira	W40	16.4	PBA
Andrea Penny	W40	17.8	
Brian Hewitt	M60	19.0	
Bruce McGeorge	M60	19.4	
Judy Davis	W50	19.8	
Bob Schickert	M75	19.9	
Lynne Schickert	W75	28.2	
Cecil Walkley	M85	48.6	

3000m

Alexandra Meek	W30	11:43.9	
Daniel Sly	M30	12:16.0	
Alan Gray	M50	12:34.4	SB
Mark Dawson	M55	13:04.9	
David Adams	M40	13:15.5	PBA
Michael Lee	M65	13:35.7	

Long Jump

Geoff Brayshaw	M65	4.35	SB
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Triple Jump

Sarah Hillyer	Vis	10.14	
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Discus

Todd Davey	M50	51.08	
Tom Gravestock	M60	47.63	
Geoff Brayshaw	M65	25.43	
Chris Schelfhout	W45	21.38	

Shot

Todd Davey	M50	14.48	
Tom Gravestock	M60	12.05	
Alex De Silva	Vis	8.82	
Chris Schelfhout	W45	7.05	

Discus

John Fettus	M40	35.65	
Garry Hastie	M55	24.83	
Paula Kennedy	W45	24.37	SB
Harold Membrey	M65	24.08	PBA
Leon Sander	M75	22.14	SB
Deb Cox	W50	13.81	
Ruth Johnson	W75	11.27	

Long Jump

Rob Antonioli	M60	3.51	
Harold Membrey	M65	3.37	
Paula Kennedy	W45	3.01	
Ruth Johnson	W75	2.75	

400m

Jesse Sequeira	Vis	54.7	
Xavier Sequeira	M45	57.6	PBA
Colin Smith	M50	57.8	
Des Walsh	M60	73.6	
Brian Hewitt	M60	75.7	
Delia Baldock	W50	87.1	
Judy Davis	W50	1:45.1	
Cecil Walkley	M85	3:56.1	

ECAC – December 22 (continued)**1000m**

Rob Cattrall	Vis	3:23.3	
Grant Perry	M30	3:41.4	
Ken Murray	M45	3:42.5	
Brian Hewitt	M60	3:49.8	
Chris Bower (NSWMA)	M70	4:06.7	
Maurice Creagh	M70	4:20.9	
Carol Bowman	W60	4:34.4	
Jackie Halberg	W70	4:46.4	
Bob Schickert	M75	4:56.3	
Judy Davis	W50	4:57.7	
Maureen Keshwar	W65	5:24.6	
Cecil Walkley	M85	10:09.9	

1000m walk

Isabella Tolardo	Vis	5:13.5	
Karyn Tolardo	W50	5:30.9	
Tom Lenane	M60	5:54.9	PBA
Lynne Schickert	W75	8:06.8	

3000m

David Carr	M80	15:41.9	
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5000m

Rob Cattrall	Vis	20:38.5	
Jim Langford	M70	21:29.2	SB
Grant Perry	M30	21:30.6	
Chris Bower (NSWMA)	M70	22:42.2	
Bob Schickert	M75	29:38.1	

5000m walk

Isabella Tolardo	Vis	30:15.2	
Karyn Tolardo	W50	31:43.1	

Long Jump

Des Walsh	M60	3.59	
Grant Perry	M30	3.55	
Brian Hewitt	M60	3.05	
Jo Sequeira	W40	3.04	
Maureen Keshwar	W65	3.00	
Carol Bowman	W60	2.72	
Lynne Schickert	W75	1.92	

Discus

Todd Davey	M50	50.94	
Matt Staunton	M40	38.21	SB
Jennifer Parker	W45	28.20	
Bruce McGeorge	M60	22.49	
Sally Sims	W35	21.92	PBA
Therese Carr	W55	20.60	

Weight

Todd Davey	M50	17.77	SR
Matt Staunton	M40	13.71	
Sally Sims	W35	9.26	
Jennifer Parker	W45	7.64	