

# MAWA Club Tops 2015-2016

A listing of the top three performances for the year April 2015 to April 2016  
 - each age group, and each major event  
 (Note: This does not include indoor events)

## 60m

<b>M30</b>				<b>W30</b>			
Justin Vincent	09/06/15	WAAS	8.1	Tracy Bauer	16/03/16	WAAS	9.5
Stuart MacKinnon	23/07/15	ECAC	8.9	Kristy Devereux	21/01/16	ECAC	9.9
				Rebecca MacKinnon	23/07/15	ECAC	11.9
<b>M35</b>				<b>W35</b>			
Andy Taylor	Mar-2016	MAWA St Champs	7.51	Wendy Seegers	27/11/15	Strive	7.61
Owen Richards	26/11/15	ECAC	8.4	Melissa Foster	Mar-2016	MAWA St Champs	8.30
Kep Knudson	22/10/15	ECAC	8.4	Nicola Hibbert	Mar-2016	MAWA St Champs	8.93
<b>M40</b>				<b>W40</b>			
Lee Stergiou	Mar-2016	MAWA St Champs	7.58	Donna Abbey	17/03/16	ECAC	8.9
Paul Jeffery	27/11/15	Strive	7.64	Vicki Cobby	22/12/15	WAAS	9.0
Dan Leseberg	Mar-2016	MAWA St Champs	7.85	Sharon Davis	23/02/16	WAAS	9.1
<b>M45</b>				<b>W45</b>			
Greg Brennan	01/03/16	WAAS	7.7	Lisa Limonas	17/11/15	WAAS	8.7
Mark Elms	06/10/15	WAAS	8.0	Kathy Lawson	01/10/15	ECAC	9.1
Andrew Taylor	01/03/16	WAAS	8.2	Sue Bourn	Mar-2016	MAWA St Champs	9.27
<b>M50</b>				<b>W50</b>			
Rudy Kocis	22/12/15	WAAS	7.5	Juliana Kelly	Mar-2016	MAWA St Champs	9.58
Bernard Riviere	Mar-2016	MAWA St Champs	7.96	Fran Cherry	Mar-2016	MAWA St Champs	9.64
Kim Taylor	Mar-2016	MAWA St Champs	7.98	Sharon Moloney	Mar-2016	MAWA St Champs	9.95
<b>M55</b>				<b>W55</b>			
Tony Downey	26/05/15	WAAS	8.6	Nicolette Whittington	15/04/16	Adelaide AMA Ch	9.91
Keith Hill	17/03/16	ECAC	10.1	Kim Chandler	08/12/15	WAAS	10.9
John Dennehy	21/01/16	ECAC	10.5				
<b>M60</b>				<b>W60</b>			
Garry Ralston	Mar-2016	MAWA St Champs	8.01	Lynne Choate	07/07/15	WAAS	9.3
Dave Wyatt	27/10/15	WAAS	8.8	Maureen Keshwar	14/01/16	ECAC	10.0
Edward Nugent	01/03/16	WAAS	9.5	Barbara Wilson	Mar-2016	MAWA St Champs	11.51
<b>M65</b>				<b>W70</b>			
Geoff Brayshaw	08/12/15	WAAS	8.9	Peggy Macliver	07/07/15	WAAS	10.3
Michael Byrne	Mar-2016	MAWA St Champs	9.23	Brenda Painter	Mar-2016	MAWA St Champs	11.33
Giovanni Puglisi	Mar-2016	MAWA St Champs	9.68	Ruth Johnson	29/10/15	Bunbury	11.4
<b>M70</b>				<b>W75</b>			
Ted Miller	Mar-2016	MAWA St Champs	9.91	Ruth Johnson	13/02/16	Bunbury	11.2
Bob Hull	18/02/16	ECAC	10.2				
Bob Schickert	25/02/16	ECAC	11.9				
<b>M75</b>							
Barrie Kernaghan	Mar-2016	MAWA St Champs	9.33				
David Clive	Oct/2015	Rarotonga	9.33				
Leon Sander	24/11/15	Bunbury	10.0				
<b>M80</b>							
David Carr	21/01/16	ECAC	14.9				
<b>M85</b>							
Irwin Barrett-Lennard	17/11/15	WAAS	11.5				
Gordon Medcalf	Mar-2016	MAWA St Champs	15.35				
Cecil Walkley	23/02/16	WAAS	26.6				

## 100m

<b>M30</b>				<b>W30</b>			
Justin Vincent	09/06/15	WAAS	13.0	Tracy Bauer	02/02/16	WAAS	15.4
Stuart MacKinnon	23/07/15	ECAC	14.7	Rebecca MacKinnon	23/07/15	ECAC	19.7
<b>M35</b>				<b>W35</b>			
Andy Taylor	Mar-2016	MAWA St Champs	12.00	Wendy Seegers	04/12/15	Strive	11.86
Kep Knudson	24/11/15	WAAS	12.7	Melissa Foster	12/03/16	MAWA St Ch Pent	13.1
Owen Richards	05/11/15	ECAC	13.6	Nicola Hibbert	Mar-2016	MAWA St Champs	14.2
<b>M40</b>				<b>W40</b>			
Glenn Ross	11/12/15	Strive	11.75	Wendy Seegers	03/03/16	Strive	11.94
Daniel Stolp	29/03/16	WAAS	11.6	Vicki Cobby	12/03/16	MAWA St Ch Pent	14.4
Paul Jeffery	06/11/15	Strive	11.86	Sharon Davis	29/03/16	WAAS	14.5
<b>M45</b>				<b>W45</b>			
Mark Jeffery	15/01/16	State Open Ch	12.42	Lisa Limonas	02/02/16	WAAS	13.2
Chris Neale	Mar-2016	MAWA St Champs	12.43	Fiona Leonard	28/01/16	ECAC	14.2
Mark Elms	06/10/15	WAAS	12.4	Kathy Lawson	01/10/15	ECAC	14.5
<b>M50</b>				<b>W50</b>			
Rudy Kocis	15/01/16	Strive	12.13	Juliana Kelly	24/11/15	WAAS	15.1
Bernard Riviere	Mar-2016	MAWA St Champs	12.65	Fran Cherry	24/11/15	WAAS	15.6
Quinton de Klerk	23/02/16	WAAS	12.5	Sharon Moloney	17/11/15	Bunbury	16.1
<b>M55</b>				<b>W55</b>			
Tony Downey	16/06/15	WAAS	13.9	Nicolette Whittington	Mar-2016	MAWA St Champs	15.96
Allan Billington	02/02/16	WAAS	15.9				
John Dennehy	16/07/15	ECAC	16.4				
<b>M60</b>				<b>W60</b>			
Garry Ralston	24/11/15	WAAS	12.6	Lynne Choate	21/07/15	WAAS	14.9
Michael Byrne	13/02/16	Bunbury	14.4	Maureen Keshwar	14/01/16	ECAC	16.4
Rob Antonioli	26/01/16	Bunbury	14.5	Carol Bowman	12/03/16	MAWA St Ch Pent	17.8
<b>M65</b>				<b>W65</b>			
Geoff Brayshaw	22/12/15	WAAS	14.6				
Michael Byrne	Mar-2016	MAWA St Champs	14.94				
Giovanni Puglisi	Mar-2016	MAWA St Champs	15.64				
<b>M70</b>				<b>W70</b>			
Ted Miller	Mar-2016	MAWA St Champs	15.55	Peggy Macliver	16/07/15	ECAC	16.4
Ivan Brown	10/11/15	WAAS	17.0	Brenda Painter	28/01/16	ECAC	18.3
Bob Schickert	18/02/16	ECAC	18.2	Ruth Johnson	20/10/15	Bunbury	18.6
<b>M75</b>				<b>W75</b>			
Barrie Kernaghan	02/02/16	WAAS	14.3	Ruth Johnson	26/01/16	Bunbury	18.3
David Clive	Mar-2016	MAWA St Champs	15.63				
Leon Sander	26/01/16	Bunbury	15.9				
<b>M80</b>							
David Carr	05/11/15	ECAC	19.2				
<b>M85</b>							
Irwin Barrett-Lennard	07/07/15	WAAS	19.2				
Gordon Medcalf	Mar-2016	MAWA St Champs	30.85				
Cecil Walkley	10/03/16	ECAC	38.9				

## 200m

<b>M30</b>				<b>W30</b>			
Justin Vincent	23/06/15	WAAS	26.0	Tracy Bauer	29/03/16	WAAS	33.0
Stuart MacKinnon	02/07/15	ECAC	28.8	Rebecca MacKinnon	02/07/15	ECAC	43.9
<b>M35</b>				<b>W35</b>			
Nick Best	15/12/15	WAAS	25.6	Wendy Seegers	13/11/15	WAAS	24.42
Kep Knudson	15/12/15	WAAS	26.4	Melissa Foster	Mar-2016	MAWA St Champs	28.24
Owen Richards	03/12/15	ECAC	29.0	Nicola Hibbert	Mar-2016	MAWA St Champs	29.14
<b>M40</b>				<b>W40</b>			
Glenn Ross	13/11/15	WAAS	23.58	Wendy Seegers	03/03/16	Strive	24.52
Daniel Stolp	29/03/16	WAAS	23.9	Sharon Davis	29/03/16	WAAS	28.5
Paul Jeffery	27/11/15	Strive	24.36	Vicki Cobby	Mar-2016	MAWA St Champs	30.82
<b>M45</b>				<b>W45</b>			
Chris Neale	Mar-2016	MAWA St Champs	25.15	Lisa Limonas	16/02/16	WAAS	29.2
Mark Jeffery	11/12/15	Strive	25.28	Fiona Leonard	13/11/15	WAAS	30.03
Mark Elms	16/04/16	Adelaide AMA Ch	25.62	Sue Bourn	15/12/15	WAAS	31.1
<b>M50</b>				<b>W50</b>			
Rudy Kocis	Mar-2016	MAWA St Champs	25.03	Cathy McCloskey	10/03/16	ECAC	31.8
Colin Smith	16/04/16	Adelaide AMA Ch	25.76	Juliana Kelly	15/12/15	WAAS	31.8
Bernard Riviere	Mar-2016	MAWA St Champs	26.39	Fran Cherry	24/11/15	WAAS	33.4
<b>M55</b>				<b>W55</b>			
Campbell Till	Mar-2016	MAWA St Champs	26.86	Nicolette Whittington	Mar-2016	MAWA St Champs	34.34
Neil Morfitt	16/07/15	ECAC	28.1				
Alan Gower	30/06/15	WAAS	28.1				
<b>M60</b>				<b>W60</b>			
Garry Ralston	09/02/16	WAAS	25.9	Lynne Choate	02/07/15	ECAC	32.5
Tom Gravestock	18/04/16	Adelaide AMA Ch	29.60	Carol Bowman	Mar-2016	MAWA St Champs	36.58
Rob Antonioli	16/02/16	Bunbury	29.7	Maureen Keshwar	05/11/15	ECAC	36.9
<b>M65</b>				<b>W65</b>			
Michael Byrne	Mar-2016	MAWA St Champs	30.37				
Geoff Brayshaw	09/02/16	WAAS	31.9				
Giovanni Puglisi	Mar-2016	MAWA St Champs	32.29				
<b>M70</b>				<b>W70</b>			
Ivan Brown	12/03/16	MAWA St Ch Pent	35.0	Peggy Macliver	Aug-15	Lyon WMA Ch	34.75
Bob Hull	04/02/16	ECAC	35.1				
Ted Miller	01/03/16	WAAS	35.7				
<b>M75</b>				<b>W75</b>			
Barrie Kernaghan	09/02/16	WAAS	30.4	Ruth Johnson	16/04/16	Adelaide AMA Ch	39.72
David Clive	Oct/2015	Rarotonga	32.32				
Leon Sander	16/02/16	Bunbury	34.5				
<b>M80</b>							
David Carr	02/07/15	ECAC	35.9				
<b>M85</b>							
Irwin Barrett-Lennard	Mar-2016	MAWA St Champs	41.91				
Cecil Walkley	29/03/16	WAAS	88.3				

## 400m

<b>M30</b>				<b>W30</b>			
Steve White	01/12/15	WAAS	71.1	Tracy Bauer	29/03/16	WAAS	79.2
Stuart MacKinnon	23/07/15	ECAC	73.3	Rebecca MacKinnon	23/07/15	ECAC	111.6
<b>M35</b>				<b>W35</b>			
Nick Best	26/02/16	Strive	56.36	Wendy Seegers	18/12/15	Strive	55.72
Rob Nichols	Mar-2016	MAWA St Champs	58.22	Nicola Hibbert	13/10/15	WAAS	69.7
Kep Knudson	08/10/15	ECAC	64.1	Jane Lockwood	12/01/16	WAAS	71.5
<b>M40</b>				<b>W40</b>			
Paul Jeffery	15/01/16	State Open Ch	53.94	Wendy Seegers	Mar-2016	MAWA St Champs	56.99
Lee Stergiou	Mar-2016	MAWA St Champs	56.58	Sharon Davis	17/04/16	Adelaide AMA Ch	62.26
Daniel Stolp	29/03/16	WAAS	57.9	Rosemary Giles	Mar-2016	MAWA St Champs	71.64
<b>M45</b>				<b>W45</b>			
Mark Elms	Aug-15	Lyon WMA Ch	54.44	Fiona Leonard	06/11/15	Strive	66.89
Mark Jeffery	15/01/16	State Open Ch	56.26	Lisa Limonas	28/01/16	ECAC	70.6
Chris Neale	Mar-2016	MAWA St Champs	56.37	Suzi Graves	13/10/15	WAAS	71.4
<b>M50</b>				<b>W50</b>			
Colin Smith	17/04/16	Adelaide AMA Ch	56.73	Cathy McCloskey	17/03/16	ECAC	73.7
Brian Feutrill	01/12/15	Bunbury	62.5	Carmel Meyer	02/06/15	WAAS	73.9
Brian Kinneen	29/03/16	WAAS	64.6	Robyn Feutrill	01/12/15	Bunbury	77.0
<b>M55</b>				<b>W55</b>			
Campbell Till	01/12/15	WAAS	61.2	Kim Chandler	Mar-2016	MAWA St Champs	84.23
Tony Downey	30/06/15	WAAS	64.4				
Mark Dawson	Mar-2016	MAWA St Champs	65.27				
<b>M60</b>				<b>W60</b>			
Neil Morfitt	17/04/16	Adelaide AMA Ch	63.05	Margaret Saunders	Mar-2016	MAWA St Champs	74.05
Garry Ralston	27/10/15	WAAS	65.9	Lynne Choate	09/07/15	ECAC	82.5
Edward Nugent	17/04/16	Adelaide AMA Ch	66.42	Carol Bowman	30/06/15	WAAS	82.7
<b>M65</b>				<b>W65</b>			
Michael Byrne	Mar-2016	MAWA St Champs	68.62	Gillian Young	17/03/16	ECAC	92.9
Giovanni Puglisi	Mar-2016	MAWA St Champs	73.31				
Henri Cortis	02/02/16	WAAS	75.5				
<b>M70</b>				<b>W70</b>			
Bob Hull	18/02/16	ECAC	78.4	Peggy Macliver	Aug-15	Lyon WMA Ch	80.92
Bruce Wilson	03/11/15	WAAS	80.0	Ruth Johnson	03/11/15	Bunbury	94.7
Ivan Brown	29/03/16	WAAS	80.5				
<b>M75</b>				<b>W75</b>			
Barrie Kernaghan	Mar-2016	MAWA St Champs	74.00	Ruth Johnson	17/04/16	Adelaide AMA Ch	92.61
Mike O'Reilly	23/07/15	ECAC	82.2				
Brian Waldhuter	09/02/16	Bunbury	85.4				
<b>M80</b>							
David Carr	09/07/15	ECAC	77.7				
<b>M85</b>							
Irwin Barrett-Lennard	26/05/15	WAAS	104.8				
Cecil Walkley	29/03/16	WAAS	200.0				

## 800m

<b>M30</b>				<b>W30</b>			
Stuart MacKinnon	23/07/15	ECAC	2:32.3	Kristy Devereux	Mar-2016	MAWA St Champs	2:46.36
				Tracy Bauer	16/03/16	WAAS	3:15.2
<b>M35</b>				<b>W35</b>			
Scott Tamblin	11/12/15	Strive	1:57.35	Jane Lockwood	Mar-2016	MAWA St Champs	2:34.71
Nick Best	19/01/16	WAAS	2:15.0	Vanessa Carson	Mar-2016	MAWA St Champs	2:43.72
Rob Nichols	23/07/15	ECAC	2:17.2	Melissa Foster	14/07/15	WAAS	2:52.9
<b>M40</b>				<b>W40</b>			
Todd Ingraham	24/11/15	WAAS	2:17.9	Sharon Davis	15/04/16	Adelaide AMA Ch	2:29.68
Mick O'Toole	Mar-2016	MAWA St Champs	2:36.62	Rosemary Giles	Mar-2016	MAWA St Champs	2:39.29
Maurice Pascal	Mar-2016	MAWA St Champs	2:38.76	Clare Wardle	03/03/16	ECAC	2:43.5
<b>M45</b>				<b>W45</b>			
Xander van Rijen	07/01/16	Strive	2:08.60	Fiona Leonard	07/01/16	Strive	2:31.88
Andrew Brooker	Aug-15	Lyon WMA Ch	2:13.00	Suzi Graves	08/12/15	WAAS	2:45.5
Chris Neale	07/01/16	Strive	2:18.68	Sue Bourn	19/11/15	ECAC	2:55.7
<b>M50</b>				<b>W50</b>			
Mark Dawson	07/01/16	Strive	2:22.09	Niamh Keane	Mar-2016	MAWA St Champs	2:39.04
Brian Kinneen	15/04/16	Adelaide AMA Ch	2:26.42	Robyn Feutrill	16/02/16	Bunbury	2:57.9
David Solomon	05/01/16	WAAS	2:29.4	Carmel Meyer	02/06/15	WAAS	03:02.3
<b>M55</b>				<b>W55</b>			
Neil Morfitt	Aug-15	Lyon WMA Ch	2:19.98	Kim Chandler	Mar-2016	MAWA St Champs	3:07.93
Alan Gower	14/07/15	WAAS	2:20.0				
Campbell Till	05/01/16	WAAS	2:25.8				
<b>M60</b>				<b>W60</b>			
Neil Morfitt	05/02/16	Strive	2:22.20	Margaret Saunders	Mar-2016	MAWA St Champs	2:47.91
Bjorn Dybdahl	Aug-15	Lyon WMA Ch	2:28.85	Maxine Santich	16/07/15	ECAC	3:11.8
Edward Nugent	15/04/16	Adelaide AMA Ch	2:39.20	Carol Bowman	16/07/15	ECAC	3:12.9
<b>M65</b>				<b>W65</b>			
Giovanni Puglisi	Mar-2016	MAWA St Champs	2:42.52	Gillian Young	03/03/16	ECAC	3:30.2
Graeme Dahl	23/07/15	ECAC	2:51.0				
Henri Cortis	19/01/16	WAAS	2:56.0				
<b>M70</b>				<b>W70</b>			
Henri Cortis	01/03/16	WAAS	2:54.9	Lynne Schickert	19/11/15	ECAC	5:34.0
Bob Hull	Mar-2016	MAWA St Champs	2:58.84				
Jim Langford	03/12/15	ECAC	2:59.2				
<b>M75</b>				<b>W75</b>			
Brian Waldhuter	10/11/15	Bunbury	3:59.3	Ruth Johnson	15/04/16	Adelaide AMA Ch	4:00.46
Leon Sander	10/11/15	Bunbury	4:00.1				
Mike O'Reilly	Mar-2016	MAWA St Champs	4:07.66				
<b>M80</b>							
David Carr	07/07/15	WAAS	3:01.6				
<b>M85</b>							
Cecil Walkley	19/01/16	WAAS	7:12.1				

## 1500m

<b>M30</b>				<b>W30</b>			
Stuart MacKinnon	02/07/15	ECAC	5:25.1	Kristy Devereux	Mar-2016	MAWA St Champs	6:03.58
Steve White	01/12/15	WAAS	6:27.8	Tracy Bauer	12/01/16	WAAS	6:58.1
<b>M35</b>				<b>W35</b>			
Scott Tamblin	18/12/15	Strive	4:00.22	Vanessa Carson	25/02/16	ECAC	5:20.5
Rob Nichols	Mar-2016	MAWA St Champs	4:29.27	Jane Lockwood	09/02/16	WAAS	5:43.1
Ben Pope	Mar-2016	MAWA St Champs	5:32.62				
<b>M40</b>				<b>W40</b>			
Todd Ingraham	26/11/15	ECAC	4:37.2	Sharon Davis	16/04/16	Adelaide AMA Ch	5:10.75
Paul Jeffery	15/01/16	State Open Ch	4:50.5	Rosemary Giles	Mar-2016	MAWA St Champs	5:23.82
Kim Thomas	Mar-2016	MAWA St Champs	5:02.34	Clare Wardle	16/07/15	ECAC	5:39.9
<b>M45</b>				<b>W45</b>			
Xander van Rijen	18/12/15	Strive	4:29.10	Suzi Graves	02/07/15	ECAC	5:30.1
Mark Jeffery	15/01/16	State Open Ch	5:02.1	Bernadette Benson	16/06/15	WAAS	05:43.5
Chris Neale	12/03/16	MAWA St Ch Pent	5:14.2	Sue Bourn	26/11/15	ECAC	6:05.8
<b>M50</b>				<b>W50</b>			
Mark Dawson	29/01/16	Strive	5:01.01	Niamh Keane	Aug-15	Lyon WMA Ch	5:12.20
Brian Kinneen	16/04/16	Adelaide AMA Ch	5:13.23	Robyn Feutрил	23/02/16	Bunbury	6:23.7
David Solomon	22/12/15	WAAS	5:25.4	Claire Walkley	Mar-2016	MAWA St Champs	7:04.80
<b>M55</b>				<b>W55</b>			
Alan Gower	30/06/15	WAAS	4:45.8	Karyn Gower	Aug-15	Lyon WMA Ch	5:56.73
Trevor Scott	Oct/2015	Rarotonga	4:57.4	Kim Chandler	Mar-2016	MAWA St Champs	6:31.11
Mark Dawson	Mar-2016	MAWA St Champs	5:11.99				
<b>M60</b>				<b>W60</b>			
Alan Gower	Aug-15	Lyon WMA Ch	4:38.74	Carol Bowman	Mar-2016	MAWA St Champs	6:44.25
Bjorn Dybdahl	Aug-15	Lyon WMA Ch	5:10.02				
Giovanni Puglisi	13/05/15	Oxford	05:18.34				
<b>M65</b>				<b>W65</b>			
Giovanni Puglisi	Mar-2016	MAWA St Champs	5:29.38	Gillian Young	Mar-2016	MAWA St Champs	6:42.11
Graeme Dahl	14/07/15	WAAS	5:48.2	Jackie Halberg	16/06/15	WAAS	07:08.5
Jim Klinge	Mar-2016	MAWA St Champs	5:52.05	Carey Dickason	16/04/16	Adelaide AMA Ch	7:46.53
<b>M70</b>				<b>W70</b>			
Bert Carse	Mar-2016	MAWA St Champs	5:45.90	Erica Mercer	16/04/16	Adelaide AMA Ch	8:09.00
Jim Langford	Mar-2016	MAWA St Champs	5:48.80	Ruth Johnson	20/10/15	Bunbury	8:12.0
Bruce Wilson	Aug-15	Lyon WMA Ch	5:49.90	Lynne Schickert	26/11/15	ECAC	11:36.4
<b>M75</b>				<b>W75</b>			
Brian Waldhuter	13/02/16	Bunbury	8:58.4	Lorraine Lopes	16/06/15	WAAS	07:09.6
Leon Sander	12/03/16	MAWA St Ch Pent	9:04.9	Ruth Johnson	26/01/16	Bunbury	8:43.3
Lyle James	Mar-2016	MAWA St Champs	9:58.12				
<b>M80</b>							
David Carr	Aug-15	Lyon WMA Ch	6:28.30				
<b>M85</b>							
Irwin Barrett-Lennard	05/05/15	WAAS	08:18.1				
Cecil Walkley	12/01/16	WAAS	14:03.9				

### 3000m

<b>M30</b>				<b>W30</b>			
Stuart MacKinnon	23/07/15	ECAC	12:11.6	Rebecca MacKinnon	23/07/15	ECAC	18:46.3
Steve White	01/12/15	WAAS	14:01.8				
<b>M35</b>				<b>W35</b>			
Scott Tamblin	27/11/15	Strive	8:35.3	Vanessa Carson	18/02/16	ECAC	11:37.1
Rob Nichols	07/01/16	Strive	9:23.7				
Tony Smith	21/07/15	WAAS	10:49.8				
<b>M40</b>				<b>W40</b>			
Todd Ingraham	22/10/15	ECAC	10:02.4	Rosemary Giles	29/10/15	Bunbury	11:38.5
Kim Thomas	22/10/15	ECAC	10:15.8	Clare Wardle	13/02/16	Bunbury	12:11.9
Steve Weller	14/01/16	ECAC	10:24.0	Trish Farr	08/10/15	ECAC	12:48.8
<b>M45</b>				<b>W45</b>			
Xander van Rijen	27/11/15	Strive	10:20.5	Bernadette Benson	30/06/15	WAAS	12:02.2
Andrew Brooker	27/10/15	WAAS	10:59.7	Suzi Graves	15/12/15	WAAS	12:19.2
Andy Abbey	18/02/16	ECAC	12:17.3	Sue Bourn	22/10/15	ECAC	13:01.6
<b>M50</b>				<b>W50</b>			
Mark Dawson	15/12/15	WAAS	11:51.6	Robyn Feutrill	29/10/15	Bunbury	14:22.9
David Solomon	25/02/16	ECAC	11:54.9	Karyn Tolardo	27/10/15	WAAS	14:54.9
Brian Kinneen	22/03/16	WAAS	11:56.8	Juliana Kelly	13/10/15	WAAS	15:37.9
<b>M55</b>				<b>W55</b>			
Alan Gower	09/07/15	ECAC	10:19.5	Karyn Gower	21/07/15	WAAS	12:39.5
Keith Hill	01/03/16	WAAS	12:01.2				
Campbell Till	16/06/15	WAAS	12:34.5				
<b>M60</b>				<b>W60</b>			
Alan Gower	21/07/15	WAAS	10:19.4	Maxine Santich	09/07/15	ECAC	14:15.6
Giovanni Puglisi	18/02/16	ECAC	11:58.5	Carol Bowman	22/10/15	ECAC	14:43.9
Brian Hewitt	25/02/16	ECAC	12:41.6	Carolyn Fawcett	02/07/15	ECAC	18:39.8
<b>M65</b>				<b>W65</b>			
Giovanni Puglisi	01/03/16	WAAS	12:01.8	Gillian Young	17/03/16	ECAC	14:31.8
Graeme Dahl	23/07/15	ECAC	12:17.4	Jackie Halberg	23/07/15	ECAC	15:53.8
Frank Gardiner	14/04/15	WAAS	13:07.1				
<b>M70</b>				<b>W70</b>			
Jim Langford	09/07/15	ECAC	11:45.3	Ruth Johnson	29/10/15	Bunbury	17:23.9
Bert Carse	18/02/16	ECAC	12:55.2	Lynne Schickert	22/10/15	ECAC	24:22.9
Bob Hull	03/03/16	ECAC	13:35.9				
<b>M75</b>				<b>W75</b>			
Brian Waldhuter	24/11/15	Bunbury	19:04.9	Ruth Johnson	02/02/16	Bunbury	18:05.7
Lyle James	24/11/15	Bunbury	20:44.0				
<b>M80</b>							
David Carr	22/10/15	ECAC	14:52.6				
<b>M85</b>							
Irwin Barrett-Lennard	14/04/15	WAAS	17:21.1				
Cecil Walkley	01/03/16	WAAS	33:00.8				

## 5000m

<b>M30</b>				<b>W30</b>			
Stuart MacKinnon	02/07/15	ECAC	21:23.0				
Justin Vincent	28/04/15	WAAS	23:18.2				
<b>M35</b>				<b>W35</b>			
Rob Nichols	17/04/16	Adelaide AMA Ch	16:08.71	Vanessa Carson	Mar-2016	MAWA St Champs	19:36.68
Kep Knudson	17/11/15	WAAS	20:24.0	Danielle Baldock	06/10/15	WAAS	26:51.9
David Adams	08/12/15	WAAS	22:15.6	Monique Thomas	Mar-2016	MAWA St Champs	27:39.50
<b>M40</b>				<b>W40</b>			
Todd Ingraham	17/11/15	WAAS	16:46.0	Sandra Voesenek	17/04/16	Adelaide AMA Ch	19:23.93
Kim Thomas	Mar-2016	MAWA St Champs	17:11.15	Clare Wardle	17/04/16	Adelaide AMA Ch	19:45.08
Steve Weller	03/03/16	ECAC	17:43.4	Rosemary Giles	Mar-2016	MAWA St Champs	20:26.30
<b>M45</b>				<b>W45</b>			
Paul Mitchell	Mar-2016	MAWA St Champs	18:10.31	Sue Bourn	16/07/15	ECAC	22:20.5
John Collier	Mar-2016	MAWA St Champs	20:58.57	Simone Solomon	Mar-2016	MAWA St Champs	23:20.19
Andy Abbey	Mar-2016	MAWA St Champs	21:29.42	Silke Peglow	26/05/15	WAAS	26:38.0
<b>M50</b>				<b>W50</b>			
Andrew Davison	Mar-2016	MAWA St Champs	17:45.00	Claire Walkley	Mar-2016	MAWA St Champs	24:54.44
David Solomon	09/06/15	WAAS	19:42.9	Carmel Meyer	09/06/15	WAAS	25:01.6
Brian Kinneen	17/04/16	Adelaide AMA Ch	20:02.85	Karyn Tolardo	12/11/15	ECAC	25:53.3
<b>M55</b>				<b>W55</b>			
Trevor Scott	Oct/2015	Rarotonga	18:48.6	Karyn Gower	23/06/15	WAAS	21:41.1
Steve Giles	Mar-2016	MAWA St Champs	18:59.81	Kim Chandler	Mar-2016	MAWA St Champs	23:30.51
Kevin Johnson	Mar-2016	MAWA St Champs	19:02.61				
<b>M60</b>				<b>W60</b>			
Alan Gower	28/07/15	WAAS	17:43.7	Carol Bowman	17/11/15	WAAS	25:28.0
Giovanni Puglisi	Aug-15	Lyon WMA Ch	19:43.43				
Chris Maher	Mar-2016	MAWA St Champs	19:46.48				
<b>M65</b>				<b>W65</b>			
Giovanni Puglisi	Mar-2016	MAWA St Champs	20:26.86	Gillian Young	Mar-2016	MAWA St Champs	24:02.32
Graeme Dahl	17/04/16	Adelaide AMA Ch	21:18.45	Jackie Halberg	Mar-2016	MAWA St Champs	28:02.37
Jim Klinge	Mar-2016	MAWA St Champs	21:45.35				
<b>M70</b>				<b>W70</b>			
Jim Langford	02/07/15	ECAC	20:15.0				
Bruce Wilson	Mar-2016	MAWA St Champs	21:52.01				
Bob Hull	Mar-2016	MAWA St Champs	23:19.47				
<b>M75</b>				<b>W75</b>			
Brian Waldhuter	07/11/15	Bunbury	34:00.8	Lorraine Lopes	Aug-15	Lyon WMA Ch	27:03.79
Lyle James	16/01/16	Bunbury	36:53.9				
<b>M80</b>							
David Carr	12/11/15	ECAC	26:32.6				
<b>M85</b>							
Irwin Barrett-Lennard	23/06/15	WAAS	28:28.5				
Cecil Walkley	Mar-2016	MAWA St Champs	54:39.58				

## 10,000m

## Mile

Adrian Fabiankovits	M30	10/03/16	MAWA St Ch	40:48.5	David Adams	M35	15/12/15	WAAS	6:27.8
Rob Nichols	M35	10/03/16	MAWA St Ch	34:56.5	Todd Ingraham	M40	22/10/15	ECAC	5:12.9
Todd Ingraham	M40	20/10/15	WAAS	35:38.4	Kim Thomas	M40	22/10/15	ECAC	6:33.2
Kim Thomas	M40	15/10/15	ECAC	36:20.9	Andy Abbey	M45	24/03/16	ECAC	6:30.5
Steve Weller	M40	10/03/16	MAWA St Ch	36:57.4	Mark Whyte	M45	22/03/16	WAAS	6:49.8
Paul Mitchell	M45	10/03/16	MAWA St Ch	41:42.7	Brian Kinneen	M50	22/03/16	WAAS	5:46.3
John Collier	M45	10/03/16	MAWA St Ch	46:39.2	David Solomon	M50	15/12/15	WAAS	5:47.4
Andrew Davison	M50	10/03/16	MAWA St Ch	38:16.2	Mark Dawson	M50	15/12/15	WAAS	5:47.8
David Solomon	M50	10/03/16	MAWA St Ch	41:41.8	Keith Hill	M55	22/03/16	WAAS	6:02.8
Ross Keane	M50	10/03/16	MAWA St Ch	44:12.6	Campbell Till	M55	09/06/15	WAAS	6:27.7
Trevor Scott	M55	10/03/16	MAWA St Ch	37:51.7	John Dennehy	M55	09/06/15	WAAS	7:41.2
Keith Hill	M55	10/03/16	MAWA St Ch	42:47.3	Bruce McGeorge	M60	10/12/15	ECAC	7:22.0
Mark Dawson	M55	10/03/16	MAWA St Ch	43:45.2	Milton Mavrick	M60	09/06/15	WAAS	8:15.1
Alan Gower	M60	15/04/16	ECAC JG10k	39:10	Graeme Dahl	M65	09/06/15	WAAS	6:44.8
Chris Maher	M60	10/03/16	MAWA St Ch	40:53.1	Maurice Creagh	M65	24/03/16	ECAC	7:14.5
Giovanni Puglisi	M65	10/03/16	MAWA St Ch	41:56.7	Martin Watkins	M65	09/06/15	WAAS	7:25.1
Keith Miller	M65	10/03/16	MAWA St Ch	46:08.1	Jim Langford	M70	24/03/16	ECAC	6:18.7
Mercurio Cicchini	M65	15/04/16	ECAC JG10k	47:52	Ivan Brown	M70	15/12/15	WAAS	7:03.5
Jim Langford	M70	10/03/16	MAWA St Ch	42:15.7	David Carr	M80	09/06/15	WAAS	7:19.1
Bruce Wilson	M70	10/03/16	MAWA St Ch	46:18.0	Cecil Walkley	M85	24/03/16	ECAC	14:32.4
Bert Carse	M70	15/04/16	ECAC JG10k	46:23	Tracy Bauer	W30	22/03/16	WAAS	7:32.5
Morland Smith	M75	15/04/16	Adelaide AMA Ch	1:04:02.54	Jane Lockwood	W35	15/12/15	WAAS	6:18.0
David Carr	M80	15/10/15	ECAC	53:42.4	Janne Wells	W45	10/12/15	ECAC	9:14.1
Irwin Barrett-Lennard	M85	10/03/16	MAWA St Ch	1:01:27.3	Carmel Meyer	W50	09/06/15	WAAS	6:59.7
Monique Thomas	W35	10/03/16	MAWA St Ch	59:13.5	Delia Baldock	W50	09/06/15	WAAS	8:16.8
Clare Wardle	W40	15/04/16	Adelaide AMA Ch	41:31.12	Carol Bowman	W60	09/06/15	WAAS	7:33.7
Rosemary Giles	W40	07/11/15	Bunbury	42:50.0	Carolyn Fawcett	W60	22/10/15	ECAC	9:49.1
Trish Farr	W40	10/03/16	MAWA St Ch	46:36.8	Gillian Young	W65	24/03/16	ECAC	7:24.3
Fiona Leonard	W45	15/04/16	ECAC JG10k	45:33	Lorraine Lopes	W75	21/04/15	WAAS	7:46.5
Sue Bourn	W45	15/10/15	ECAC	45:45.8					
Jacqui McQueen	W45	10/03/16	MAWA St Ch	57:27.7					
Sandra Stockman	W50	15/04/16	ECAC JG10k	43:54					
Karyn Tolardo	W50	15/10/15	ECAC	51:47.4					
Gillian Young	W65	10/03/16	MAWA St Ch	50:23.1					

## Walks

### 1500m walk

Garry Hastie	M50	23/02/16	Bunbury	7:12.2
John Dennehy	M55	05/05/15	WAAS	8:57.4
Andrew Cuthbertson	M55	09/02/16	WAAS	11:26.5
Harold Membrey	M60	15/04/16	Adelaide AMA Ch	11:02.75
Ray Hall	M80	15/04/16	Adelaide AMA Ch	11:00.18
John Smith	M80	07/01/16	ECAC	11:53.6

Karyn Tolardo	W45	05/05/15	WAAS	08:21.9
Janne Wells	W45	15/04/16	Adelaide AMA Ch	8:59.76
Wendy Farrow	W45	Mar-2016	MAWA St Champs	9:09.76
Delia Baldock	W50	02/02/16	WAAS	11:16.8
Sharon Moloney	W50	26/01/16	Bunbury	14:43.1
Robin King	W55	12/11/15	ECAC	9:22.7
Julie Wilson	W60	15/04/16	Adelaide AMA Ch	9:58.67
Lynne Schickert	W70	15/04/16	Adelaide AMA Ch	11:07.61
Ruth Johnson	W75	15/04/16	Adelaide AMA Ch	11:28.28
Sylvia Byers	W80	05/05/15	WAAS	11:24.2
Lorna Lauchlan	W85	02/02/16	WAAS	12:53.5

### 3000m walk

Nick Best	M40	16/02/16	WAAS	26:03.3
Garry Hastie	M50	29/10/15	Bunbury	16:15.6
John Dennehy	M55	25/02/16	ECAC	18:45.7
Andrew Cuthbertson	M55	01/03/16	WAAS	22:51.6
John Smith	M80	17/03/16	ECAC	23:43.4

Karyn Tolardo	W45	21/04/15	WAAS	17:05.4
Wendy Farrow	W45	Mar-2016	MAWA St Champs	19:32.1
Janne Wells	W45	Mar-2016	MAWA St Champs	20:10.5
Karyn Tolardo	W50	25/02/16	ECAC	16:53.2
Cheryl-Lee Dean	W50	01/03/16	WAAS	19:05.8
Julie Wilson	W60	Mar-2016	MAWA St Champs	21:15.6
Elaine Dance	W65	Mar-2016	MAWA St Champs	21:54.4
Lynne Schickert	W70	23/07/15	ECAC	22:56.2
Margaret Hooker	W70	16/02/16	WAAS	26:02.3
Sylvia Byers	W80	Mar-2016	MAWA St Champs	23:18.6
Lorna Lauchlan	W85	07/07/15	WAAS	24:40.1

### 5000m walk

Daniel Lowe	M40	Mar-2016	MAWA St Champs	39:46.37
Garry Hastie	M50	Mar-2016	MAWA St Champs	26:26.34
John Smith	M80	Mar-2016	MAWA St Champs	40:35.18

Karyn Tolardo	W45	19/05/15	WAAS	29:06.1
Wendy Farrow	W45	Mar-2016	MAWA St Champs	32:14.54
Janne Wells	W45	16/04/16	Adelaide AMA Ch	34:00.04
Karyn Tolardo	W50	16/04/16	Adelaide AMA Ch	28:26.80
Cheryl-Lee Dean	W50	Mar-2016	MAWA St Champs	31:31.61
Lyn Ventris	W55	Aug-15	Lyon WMA Ch	26:18.19
Julie Wilson	W60	16/04/16	Adelaide AMA Ch	35:03.90
Elaine Dance	W65	Mar-2016	MAWA St Champs	37:33.90
Michele Mison	W65	Aug-15	Lyon WMA Ch	42:18.78
Lynne Schickert	W70	16/04/16	Adelaide AMA Ch	38:37.88
Sylvia Byers	W80	Mar-2016	MAWA St Champs	39:09.42
Lorna Lauchlan	W85	Aug-15	Lyon WMA Ch	41:53.65

### 10 km road walk

Harold Membrey	M60	18/04/16	Adelaide AMA Ch	1:20:45
Ray Hall	M80	18/04/16	Adelaide AMA Ch	1:24:23

Karyn Tolardo	W50	18/04/16	Adelaide AMA Ch	1:00:56
Cheryl-Lee Dean	W50	18/04/16	Adelaide AMA Ch	1:05:20
Lyn Ventris	W55	Aug-15	Lyon WMA Ch	53:27
Michele Mison	W65	Aug-15	Lyon WMA Ch	1:26:36
Lynne Schickert	W70	18/04/16	Adelaide AMA Ch	1:20:09
Lorna Lauchlan	W85	Aug-15	Lyon WMA Ch	1:25:50

### 20 km road walk

Lyn Ventris	W55	Aug-15	Lyon WMA Ch	1:53:56
Michele Mison	W65	Aug-15	Lyon WMA Ch	2:52:25
Lynne Schickert	W70	Aug-15	Lyon WMA Ch	2:49:50

## Hurdles & Steeplechases

### 80m hurdles

Brian Waldhuter	M75	14/11/15	Bunbury	19.1
Vicki Cobby	W40	Mar-2016	MAWA St Champs	15.81
Sue Coate	W45	Mar-2016	MAWA St Champs	17.81
Robyn Feutrill	W50	Mar-2016	MAWA St Champs	17.33
Delia Baldock	W50	Mar-2016	MAWA St Champs	17.68
Sharon Moloney	W50	28/11/15	Bunbury	22.1

### 100m hurdles

Brian Feutrill	M50	28/11/15	Bunbury	17.1
Melissa Foster	W35	Mar-2016	MAWA St Champs	17.31

### 110m hurdles

Paul Jeffery	M40	15/01/16	State Open Ch	16.74
Mark Jeffery	M45	15/01/16	State Open Ch	18.76

### 300m hurdles

Garry Ralston	M60	18/04/16	Adelaide AMA Ch	46.86
Rob Antonioli	M60	23/01/16	Bunbury	65.8
Nick Miletic	M60	Oct/2015	Rarotonga	69.18
Bruce Wilson	M70	Mar-2016	MAWA St Champs	67.28
Brian Waldhuter	M75	06/02/16	Bunbury	67.4
Robyn Feutrill	W50	Mar-2016	MAWA St Champs	60.11
Delia Baldock	W50	Mar-2016	MAWA St Champs	66.77
Carol Bowman	W60	18/04/16	Adelaide AMA Ch	80.61

### 400m hurdles

Andrew Brooker	M45	Aug-15	Lyon WMA Ch	65.14
Mark Elms	M45	Aug-15	Lyon WMA Ch	65.21
Brian Feutrill	M50	31/10/15	Bunbury	69.1
Sharon Davis	W40	18/04/16	Adelaide AMA Ch	72.29
Vicki Cobby	W40	Mar-2016	MAWA St Champs	87.59

### 3000m steeplechase

Rob Nichols	M35	22/01/16	Strive	10:11.0
David Adams	M35	12/01/16	WAAS	15:33.6
Kim Thomas	M40	15/03/16	MAWA St Champ	11:12.5
David Solomon	M50	12/01/16	WAAS	15:58.6
Trevor Scott	M55	Oct/2015	Rarotonga	12:16.4

### 2000m steeplechase

Rob Nichols	M35	13/10/15	WAAS	7:07.8
David Adams	M35	10/11/15	WAAS	09:48.8
Nick Best	M35	08/12/15	WAAS	10:16.2
Kim Thomas	M40	02/02/16	WAAS	8:42.8
Mark Dawson	M50	08/12/15	WAAS	8:58.2
Alan Gray	M50	08/12/15	WAAS	9:08.2
David Solomon	M50	12/05/15	WAAS	09:23.3
Eamonn McNulty	M55	12/05/15	WAAS	10:48.1
John Dennehy	M55	08/12/15	WAAS	10:56.1
Bjorn Dybdahl	M60	12/05/15	WAAS	07:53.2
Giovanni Puglisi	M60	Aug-15	Lyon WMA Ch	8:06.54
Giovanni Puglisi	M65	15/03/16	MAWA St Champ	8:19.0
Greg Wilson	M65	12/05/15	WAAS	11:29.3
Nick Miletic	M65	15/03/16	MAWA St Champ	11:56.9
Bruce Wilson	M70	Aug-15	Lyon WMA Ch	9:19.70
Bert Carse	M70	15/03/16	MAWA St Champ	9:47.5
Bob Schickert	M70	16/04/16	Adelaide AMA Ch	10:50.33
Brian Waldhuter	M75	27/02/16	Bunbury	13:14.8
Lyle James	M75	12/12/15	Bunbury	15:39.3
David Carr	M80	12/05/15	WAAS	10:13.5
Irwin Barrett-Lennard	M85	16/06/15	WAAS	12:11.3
Cecil Walkley	M85	23/02/16	WAAS	22:07.4
Kristy Devereux	W30	15/03/16	MAWA St Champ	9:36.9
Danielle Baldock	W35	12/01/16	WAAS	11:06.1
Monique Thomas	W35	15/03/16	MAWA St Champ	11:50.3
Rosemary Giles	W40	12/12/15	Bunbury	9:12.8
Vicki Cobby	W40	15/03/16	MAWA St Champ	9:29.0
Bernadette Benson	W45	30/06/15	WAAS	9:08.9
Kerriann Bresser	W45	15/03/16	MAWA St Champ	9:30.3
Simone Solomon	W45	15/03/16	MAWA St Champ	9:40.7
Carmel Meyer	W50	12/05/15	WAAS	10:02.6
Robyn Feutrill	W50	27/02/16	Bunbury	10:29.3
Kim Chandler	W55	15/03/16	MAWA St Champ	9:59.7
Margaret Saunders	W60	Aug-15	Lyon WMA Ch	9:14.23
Julie Wilson	W60	12/05/15	WAAS	10:33.4
Carol Bowman	W60	Aug-15	Lyon WMA Ch	10:40.02
Gillian Young	W65	15/03/16	MAWA St Champ	10:14.4
Lynne Schickert	W70	16/04/16	Adelaide AMA Ch	15:58.31

## Marathon

Stuart MacKinnon	M30	14/06/15	Perth	3:27:53
David Adams	M35	14/06/15	Perth	4:04:51
Kim Thomas	M40	14/06/15	Perth	2:44:58
Ante Perdija	M40	11/04/15	Canberra	3:05:05
Steve Weller	M40	Mar-14	Tokyo	3:10:39
Lachlan Marr	M55	14/06/15	Perth	3:04:12
Clarke Hendry	M55	14/06/15	Perth	3:49:31
Eamonn McNulty	M55	14/06/15	Perth	4:29:04
Milton Mavrick	M60	14/06/15	Perth	3:57:02
Eamonn McNulty	M60	10/04/16	Bunbury	4:36:02
Gary Peace	M65	14/06/15	Perth	3:14:04
Bob Lane	M65	14/06/15	Perth	3:16:35
Keith Miller	M65	14/06/15	Perth	4:12:13
John Oldfield	M70	24/04/16	Stratford, UK	4:20:25
Peter Bath	M70	12/04/15	Bunbury	4:24:33
Rosemary Giles	W40	14/06/15	Perth	3:16:21
Clare Wardle	W40	05/07/15	Gold Coast	3:22:33
Cassie Hughes	W40	14/06/15	Perth	3:56:42
Tina Franklin	W45	18/10/15	Melbourne	4:20:23
Sandra Stockman	W50	14/06/15	Perth	3:33:32
Maree Brown	W50	12/04/15	Bunbury	3:49:48

## Discus

<b>M35</b>				<b>W30</b>			
Kep Knudson	5/11/15	ECAC	19.71	Shanell Staunton	13/02/16	Bunbury	11.60
David Adams	10/11/15	WAAS	10.57				
<b>M40</b>				<b>W35</b>			
Matt Staunton	19/02/16	State Open Ch	39.37	Byrony Glass	3/03/16	Strive	36.85
Paul Jeffery	18/12/15	Strive	38.29	Sally Sims	Mar-2016	MAWA St Champs	19.83
John Fettus	2/02/16	Bunbury	37.03				
<b>M45</b>				<b>W40</b>			
Todd Davey	22/03/16	WAAS	45.41	Cheryl McMahon	22/12/15	WAAS	29.29
Mark Jeffery	15/01/16	State Open Ch	37.65	Zoe Richards	Mar-2016	MAWA St Champs	26.99
Mark Hamilton	5/11/15	ECAC	35.08	Michelle De Silva	1/12/15	WAAS	20.90
<b>M50</b>				<b>W45</b>			
Ian Cotton	Mar-2016	MAWA St Champs	36.45	Paula Kennedy	2/02/16	Bunbury	26.05
Andrew Ward	Mar-2016	MAWA St Champs	31.25	Chris Schelfhout	22/12/15	WAAS	24.21
Garry Hastie	12/01/16	Bunbury	27.20	Julie Plackett	19/11/15	ECAC	22.87
<b>M55</b>				<b>W50</b>			
Bill Biffin	7/01/16	Strive	35.12	Yolanda Carstens	1/03/16	WAAS	25.27
John Dennehy	12/03/16	MAWA St Ch Pent	15.03	Sharon Moloney	23/01/16	Bunbury	23.67
<b>M60</b>				<b>W55</b>			
Tom Gravestock	07/07/15	WAAS	48.94	Barbara Wilson	Mar-2016	MAWA St Champs	14.99
Ossi Igel	10/11/15	WAAS	39.16	Carol Bowman	5/11/15	ECAC	12.10
Geoff Gee	Mar-2016	MAWA St Champs	37.96				
<b>M65</b>				<b>W65</b>			
Ossi Igel	25/02/16	ECAC	42.72	Bev Hamilton	Oct/2015	Rarotonga	22.80
Greg Wilson	16/04/16	Adelaide AMA Ch	29.14	Kate Glass	19/01/16	WAAS	19.67
Nick Miletic	12/03/16	MAWA St Ch Pent	25.54	June Streeter	Mar-2016	MAWA St Champs	12.10
<b>M70</b>				<b>W70</b>			
Rob Young	Oct/2015	Rarotonga	24.91	Bev Hamilton	14/01/16	MAWA Ch	22.00
Jeff Bowen	Mar-2016	MAWA St Champs	21.69	Ruth Johnson	29/10/15	Bunbury	12.29
Bob Schickert	5/11/15	ECAC	16.43	Lynne Schickert	5/11/15	ECAC	11.33
<b>M75</b>				<b>W75</b>			
Leon Sander	2/02/16	Bunbury	24.80	Ruth Johnson	2/02/16	Bunbury	11.71
Brian Waldhuter	27/02/16	Bunbury	21.06				
Lyle James	12/01/16	Bunbury	9.27	Noela Medcalf	Mar-2016	MAWA St Champs	12.16
<b>M80</b>							
Jim Davis	16/04/16	Adelaide AMA Ch	26.30				
John Cochrane	Mar-2016	MAWA St Champs	22.10				
Bob Fergie	14/01/16	MAWA Ch	18.60				
<b>M85</b>							
Chris Tittel	Mar-2016	MAWA St Champs	17.73				
Gordon Medcalf	Mar-2016	MAWA St Champs	11.44				

## Hammer

<b>M40</b>				
Matt Staunton	Mar-2016	MAWA St Champs	44.47	
John Fettus	05/01/16	Bunbury	33.83	
<b>M45</b>				
Todd Davey	12/12/15	Bunbury	40.17	
<b>M50</b>				
Paul Foley	06/10/15	WAAS	33.87	
Andrew Ward	15/04/16	Adelaide AMA Ch	25.13	
Garry Hastie	30/01/16	Bunbury	22.13	
<b>M60</b>				
Tom Gravestock	Mar-2016	MAWA St Champs	43.20	
Geoff Gee	14/01/16	MAWA Ch	39.71	
Oswald Igel	27/10/15	WAAS	29.33	
<b>M65</b>				
Ossi Igel	Mar-2016	MAWA St Champs	35.44	
<b>M70</b>				
Rob Young	12/12/15	Bunbury	21.54	
<b>M75</b>				
Brian Waldhuter	12/12/15	Bunbury	18.79	
<b>M80</b>				
Jim Davis	17/04/16	Adelaide AMA Ch	34.12	
Bob Fergie	14/01/16	MAWA Ch	28.77	
<b>M85</b>				
Chris Tittel	Mar-2016	MAWA St Champs	20.04	

<b>W30</b>				
Shanell Staunton	13/02/16	Bunbury	21.22	
<b>W35</b>				
Byrony Glass	19/02/16	State Open Ch	52.76	
Sally Sims	15/04/16	Adelaide AMA Ch	26.30	
<b>W40</b>				
Cheryl McMahon	Mar-2016	MAWA St Champs	34.23	
Michelle De Silva	Mar-2016	MAWA St Champs	20.81	
<b>W45</b>				
Chris Schelfhout	14/01/16	MAWA Ch	28.59	
Paula Kennedy	13/02/16	Bunbury	22.68	
<b>W50</b>				
Sharon Moloney	30/01/16	Bunbury	27.93	
Yolanda Carstens	Mar-2016	MAWA St Champs	25.14	
Deb Cox	12/12/15	Bunbury	17.71	
<b>W60</b>				
Kate Glass	14/01/16	MAWA Ch	29.40	
Bev Hamilton	Oct/2015	Rarotonga	26.30	
Carey Dickason	15/04/16	Adelaide AMA Ch	19.29	
<b>W70</b>				
Bev Hamilton	Mar-2016	MAWA St Champs	26.07	
Ruth Johnson	03/11/15	Bunbury	15.69	
<b>W75</b>				
Ruth Johnson	09/02/16	Bunbury	20.07	
<b>W80</b>				
Noela Medcalf	Mar-2016	MAWA St Champs	14.69	

## Weight Throw

<b>M40</b>				
Matt Staunton	Mar-2016	MAWA St Champs	13.51	
John Fettus	18/04/16	Adelaide AMA Ch	11.85	
<b>M45</b>				
Todd Davey	Oct/2015	Canberra	14.37	
Mark Hamilton	12/11/15	ECAC	11.62	
<b>M50</b>				
Andrew Ward	31/01/16	WAAS	11.16	
Paul Foley	06/10/15	WAAS	10.75	
Peter Watene	Mar-2016	MAWA St Champs	9.18	
<b>M60</b>				
Geoff Gee	20/10/15	WAAS	16.98	
Tom Gravestock	06/10/15	WAAS	15.05	
Ossi Igel	20/10/15	WAAS	13.24	
<b>M65</b>				
Ossi Igel	14/01/16	WAAS	14.95	
<b>M70</b>				
Rob Young	Oct/2015	Rarotonga	8.83	
<b>M75</b>				
Brian Waldhuter	12/12/15	Bunbury	8.33	
<b>M80</b>				
Jim Davis	18/04/16	Adelaide AMA Ch	13.01	
Bob Fergie	14/01/16	MAWA Ch	10.82	
Jeff Whittam	Mar-2016	MAWA St Champs	7.92	
<b>M85</b>				
Chris Tittel	Mar-2016	MAWA St Champs	8.46	

<b>W30</b>				
Shanell Staunton	13/02/16	Bunbury	8.48	
<b>W35</b>				
Byrony Glass	16/02/16	WAAS	17.36	
Sally Sims	18/04/16	Adelaide AMA Ch	10.90	
<b>W40</b>				
Cheryl McMahon	31/01/16	WAAS	11.43	
Zoe Richards	11/02/16	ECAC	6.98	
Michelle De Silva	29/10/15	ECAC	6.49	
<b>W45</b>				
Chris Schelfhout	5/01/16	WAAS	8.83	
Paula Kennedy	Mar-2016	MAWA St Champs	8.67	
Julie Plackett	26/11/15	ECAC	7.91	
<b>W50</b>				
Yolanda Carstens	Mar-2016	MAWA St Champs	9.45	
Sharon Moloney	30/01/16	Bunbury	7.62	
Deb Cox	12/12/15	Bunbury	5.52	
<b>W65</b>				
Bev Hamilton	26/11/15	ECAC	10.50	
Kate Glass	19/01/16	WAAS	9.73	
June Streeter	14/01/16	MAWA Ch	6.35	
<b>W70</b>				
Bev Hamilton	18/04/16	Adelaide AMA Ch	11.09	

## Javelin

<b>M35</b>				<b>W30</b>			
Kep Knudson	15/12/15	WAAS	25.26	Shanell Staunton	13/02/16	Bunbury	15.66
David Adams	15/12/15	WAAS	12.04				
<b>M40</b>				<b>W35</b>			
Paul Jeffery	15/01/16	State Open Ch	51.14	Melissa Foster	04/02/16	ECAC	25.95
Mick O'Toole	16/04/16	Adelaide AMA Ch	45.25	Byrony Glass	17/04/16	Adelaide AMA Ch	21.38
Matt Staunton	Mar-2016	MAWA St Champs	43.73	Sally Sims	13/02/16	Bunbury	14.22
<b>M45</b>				<b>W40</b>			
Mark Jeffery	15/01/16	State Open Ch	52.12	Julie Daines	Mar-2016	MAWA St Champs	31.08
Todd Davey	04/02/16	ECAC	42.97	Cheryl McMahon	14/01/16	MAWA Ch	26.03
Wayne Bariolo	21/01/16	ECAC	36.70	Zoe Richards	Mar-2016	MAWA St Champs	21.45
<b>M50</b>				<b>W45</b>			
Paul Foley	03/11/15	WAAS	38.73	Paula Kennedy	Mar-2016	MAWA St Champs	26.86
Andrew Ward	Mar-2016	MAWA St Champs	35.72	Yolanda Carstens	Aug-15	Lyon WMA Ch	26.74
Garry Hastie	23/02/16	Bunbury	34.49	Sue Coate	Mar-2016	MAWA St Champs	23.69
<b>M55</b>				<b>W50</b>			
Bill Biffin	07/01/16	Strive	32.62	Yolanda Carstens	Mar-2016	MAWA St Champs	30.18
Trevor Scott	Oct/2015	Rarotonga	23.03	Sharon Moloney	23/01/16	Bunbury	19.68
John Dennehy	15/12/15	WAAS	15.15	Deb Cox	26/01/16	Bunbury	19.04
<b>M60</b>				<b>W60</b>			
Geoff Gee	17/04/16	Adelaide AMA Ch	36.47	Barbara Wilson	Mar-2016	MAWA St Champs	16.02
Tom Gravestock	16/04/16	Adelaide AMA Ch	35.95	Julie Wilson	12/03/16	MAWA St Ch Pent	13.58
Mark Hewitt	Mar-2016	MAWA St Champs	25.22	Gail Castensen	Oct/2015	Rarotonga	11.34
<b>M65</b>				<b>W65</b>			
Geoff Brayshaw	Mar-2016	MAWA St Champs	33.98	Bev Hamilton	Oct/2015	Rarotonga	17.55
Ossi Igel	14/01/16	MAWA Ch	30.29	Kate Glass	14/01/16	MAWA Ch	15.94
Greg Wilson	Mar-2016	MAWA St Champs	25.15	June Streeter	Mar-2016	MAWA St Champs	9.84
<b>M70</b>				<b>W70</b>			
Stan Selby	Mar-2016	MAWA St Champs	38.61	Bev Hamilton	Mar-2016	MAWA St Champs	16.65
Ivan Brown	12/03/16	MAWA St Ch Pent	19.50	Brenda Painter	Mar-2016	MAWA St Champs	12.81
Rob Young	Oct/2015	Rarotonga	16.74	Lynne Schickert	10/12/15	ECAC	10.11
<b>M75</b>				<b>W75</b>			
Leon Sander	05/01/16	Bunbury	19.35	Ruth Johnson	26/01/16	Bunbury	9.02
Brian Waldhuter	16/02/16	Bunbury	15.32				
Lyle James	15/12/15	Bunbury	10.93	<b>W80</b>			
<b>M80</b>				Noela Medcalf Mar-2016 MAWA St Champs 9.20			
Rob Shand	12/01/16	WAAS	21.25				
Bob Fergie	14/01/16	MAWA Ch	18.54				
Jim Davis	16/04/16	Adelaide AMA Ch	16.27				
<b>M85</b>							
Gordon Medcalf	Mar-2016	MAWA St Champs	13.10				

## Shot Put

<b>M35</b>					<b>W30</b>				
Kep Knudson	22/10/15	ECAC	7.48		Shanell Staunton	13/02/16	Bunbury	5.58	
<b>M40</b>					<b>W35</b>				
Matt Staunton	13/02/16	Bunbury	12.52		Byrony Glass	17/04/16	Adelaide AMA Ch	11.12	
John Fettus	15/04/16	Adelaide AMA Ch	12.19		Melissa Foster	12/03/16	MAWA St Ch Pent	8.53	
Paul Jeffery	15/01/16	State Open Ch	11.25		Sal Sims	22/12/15	WAAS	8.11	
<b>M45</b>					<b>W40</b>				
Todd Davey	4/02/16	ECAC	15.12		Cheryl McMahon	14/01/16	MAWA Ch	9.00	
Mark Hamilton	19/11/15	ECAC	10.55		Vicki Cobby	12/03/16	MAWA St Ch Pent	8.69	
Mark Jeffery	15/01/16	State Open Ch	10.15		Zoe Richards	25/02/16	ECAC	8.34	
<b>M50</b>					<b>W45</b>				
Andrew Ward	Mar-2016	MAWA St Champs	9.80		Paula Kennedy	Mar-2016	MAWA St Champs	9.17	
Garry Hastie	30/01/16	Bunbury	8.29		Sue Coate	12/01/16	WAAS	7.81	
Brian Feutrill	28/11/15	Bunbury	7.99		Mel Tantrum	Mar-2016	MAWA St Champs	7.70	
<b>M55</b>					<b>W50</b>				
Bill Biffin	7/01/16	Strive	10.55		Yolanda Carstens	17/04/16	Adelaide AMA Ch	10.33	
John Dennehy	22/10/15	ECAC	5.65		Sharon Moloney	19/01/16	Bunbury	8.41	
<b>M60</b>					Deb Cox	20/02/16	Bunbury	6.61	
Tom Gravestock	15/04/16	Adelaide AMA Ch	12.57		<b>W55</b>				
Geoff Gee	10/11/15	WAAS	12.48		Nicolette Whittington	25/02/16	ECAC	6.07	
Ossi Igel	10/11/15	WAAS	11.76		<b>W60</b>				
<b>M65</b>					Barbara Wilson	Mar-2016	MAWA St Champs	6.97	
Ossi Igel	13/02/16	Bunbury	11.63		Carol Bowman	4/02/16	ECAC	5.53	
Greg Wilson	Mar-2016	MAWA St Champs	8.45		Gail Castensen	Oct/2015	Rarotonga	5.52	
Geoff Brayshaw	22/12/15	WAAS	7.87		<b>W65</b>				
<b>M70</b>					Bev Hamilton	15/04/16	Adelaide AMA Ch	25.33	
Rob Young	Oct/2015	Rarotonga	9.15		Kate Glass	14/01/16	MAWA Ch	7.80	
Jeff Bowen	Mar-2016	MAWA St Champs	7.91		June Streeter	14/01/16	MAWA Ch	5.54	
Bob Schickert	22/10/15	ECAC	5.67		<b>W70</b>				
<b>M75</b>					Bev Hamilton	17/04/16	Adelaide AMA Ch	8.27	
Brian Waldhuter	24/10/15	Bunbury	7.13		Lynne Schickert	22/10/15	ECAC	4.62	
Lyle James	8/12/15	Bunbury	4.19		<b>W75</b>				
<b>M80</b>					Ruth Johnson	2/02/16	Bunbury	4.53	
Jim Davis	17/04/16	Adelaide AMA Ch	10.15						
John Cochrane	Mar-2016	MAWA St Champs	8.83						
Bob Fergie	14/01/16	MAWA Ch	7.68						
<b>M85</b>									
Chris Tittel	Mar-2016	MAWA St Champs	6.66						

## Multi-events

### Decathlon

Paul Jeffery	M40	15/01/16	State Open Ch	7007
Mark Jeffery	M45	15/01/16	State Open Ch	7299
Brian Feutrill	M50	28/11/15	Bunbury	5412

### Heptathlon

Sharon Moloney	W50	28/11/15	Bunbury	2183
Melissa Foster	W35	Aug-15	Lyon WMA Ch	4011
Deb Cox	W50	28/11/15	Bunbury	1128
Robyn Feutrill	W50	28/11/15	Bunbury	2766

### Throws Pentathlon

Matt Staunton	M40	13/02/16	Bunbury	3246
John Fettus	M40	13/02/16	Bunbury	2767
Todd Davey	M45	12/12/15	Bunbury	3876
Andrew Ward	M50	Oct/2015	Rarotonga	2334
Garry Hastie	M50	30/01/16	Bunbury	1961
Tom Gravestock	M60	17/04/16	Adelaide AMA Ch	3552
Geoff Gee	M60	17/04/16	Adelaide AMA Ch	3453
Rob Antonioli	M60	30/01/16	Bunbury	1622
Ossi Igel	M65	14/01/16	MAWA Ch	3531
Rob Young	M70	Oct/2015	Rarotonga	2174
Brian Waldhuter	M75	12/12/15	Bunbury	1903
Jim Davis	M80	17/04/16	Adelaide AMA Ch	3498
Bob Fergie	M80	14/01/16	MAWA Ch	2902

Shanell Staunton	W30	13/02/16	Bunbury	1384
Byrony Glass	W35	17/04/16	Adelaide AMA Ch	3565
Sally Sims	W35	17/04/16	Adelaide AMA Ch	1773
Cheryl McMahon	W40	14/01/16	MAWA Ch	2515
Paula Kennedy	W45	13/02/16	Bunbury	2434
Chris Schelfhout	W45	14/01/16	MAWA Ch	2270
Yolanda Carstens	W50	17/04/16	Adelaide AMA Ch	2768
Sharon Moloney	W50	30/01/16	Bunbury	2306
Deb Cox	W50	12/12/15	Bunbury	1750
Bev Hamilton	W65	Oct/2015	Rarotonga	3296
Kate Glass	W65	14/01/16	MAWA Ch	3272
June Streeter	W65	14/01/16	MAWA Ch	1785
Bev Hamilton	W70	17/04/16	Adelaide AMA Ch	3958

### Outdoor Pentathlon

Mick O'Toole	M40	18/04/16	Adelaide AMA Ch	2221
Chris Neale	M45	12/03/16	MAWA St Ch Pent	2976
Ian Cotton	M50	12/03/16	MAWA St Ch Pent	2598
Garry Hastie	M50	19/12/15	Bunbury	2041
Brian Feutrill	M50	19/12/15	Bunbury	2019
John Dennehy	M55	12/03/16	MAWA St Ch Pent	995
Rob Antonioli	M60	18/04/16	Adelaide AMA Ch	2177
Tom Gravestock	M60	18/04/16	Adelaide AMA Ch	2040
Nick Miletic	M60	Oct/2015	Rarotonga	1252
Nick Miletic	M65	12/03/16	MAWA St Ch Pent	1930
Ivan Brown	M70	12/03/16	MAWA St Ch Pent	2083
Leon Sander	M75	19/12/15	Bunbury	2117

Melissa Foster	W35	12/03/16	MAWA St Ch Pent	2761
Vicki Cobby	W40	12/03/16	MAWA St Ch Pent	2360
Donna Abbey	W40	12/03/16	MAWA St Ch Pent	1685
Zoe Richards	W40	12/03/16	MAWA St Ch Pent	1491
Sue Bourn	W45	12/03/16	MAWA St Ch Pent	2133
Sue Coate	W45	12/03/16	MAWA St Ch Pent	2056
Robyn Feutrill	W50	19/12/15	Bunbury	1848
Carol Bowman	W60	12/03/16	MAWA St Ch Pent	2021
Julie Wilson	W60	12/03/16	MAWA St Ch Pent	1620
Gail Castensen	W60	Oct/2015	Rarotonga	915
Lynne Schickert	W70	12/03/16	MAWA St Ch Pent	1108

# Jumps

## Pole Vault

Paul Jeffery	M40	27/11/15	Strive	3.90
Mark Jeffery	M45	15/01/16	State Open Ch	4.20
Brian Feutrill	M50	28/11/15	Bunbury	2.80
Garry Ralston	M60	17/04/16	Adelaide Ch	2.30
Dave Wyatt	M60	29/01/16	Strive	2.20
Rob Antonioli	M60	20/02/16	Bunbury	1.60
Phil Smyth	M65	26/02/16	Strive	2.50
Geoff Brayshaw	M65	26/02/16	Strive	2.40
Greg Wilson	M65	17/04/16	Adelaide Ch	1.90

## High Jump

Andy Taylor	M35	Mar-2016	MAWA St Ch	1.40
Kep Knudson	M35	1/12/15	WAAS	1.40
Nick Best	M35	22/12/15	WAAS	1.40
Paul Jeffery	M40	15/01/16	State Open Ch	1.71
John Fettus	M40	Mar-2016	MAWA St Ch	1.45
Wayne Byram	M40	Mar-2016	MAWA St Ch	1.25
Mark Jeffery	M45	15/01/16	State Open Ch	1.77
Andrew Brooker	M45	18/12/15	Strive	1.60
Brian Feutrill	M50	28/11/15	Bunbury	1.52
Garry Hastie	M50	13/02/16	Bunbury	1.30
Colin Smith	M50	13/02/16	Bunbury	1.25
Tony Downey	M55	Mar-2016	MAWA St Ch	1.30
John Dennehy	M55	26/11/15	ECAC	1.00
Dave Wyatt	M60	20/10/15	WAAS	1.40
Nick Miletic	M60	Oct/2015	Rarotonga	1.15
Rob Antonioli	M60	23/02/16	Bunbury	1.10
Greg Wilson	M65	16/04/16	Adelaide Ch	1.32
Phil Smyth	M65	1/12/15	WAAS	1.25
Nick Miletic	M65	Mar-2016	MAWA St Ch	1.10
Ivan Brown	M70	10/11/15	WAAS	1.15
Bob Schickert	M70	26/11/15	ECAC	0.90
Brian Waldhuter	M75	12/01/16	Bunbury	1.24
David Carr	M80	26/11/15	ECAC	0.95
Melissa Foster	W35	Mar-2016	MAWA St Ch	1.35
Angela Gorey	W35	20/10/15	WAAS	1.00
Vicki Cobby	W40	22/12/15	WAAS	1.35
Rosemary Giles	W40	20/10/15	Bunbury	0.95
Lisa Limonas	W45	1/12/15	WAAS	1.35
Sue Coate	W45	1/03/16	WAAS	1.25
Janne Wells	W45	26/11/15	ECAC	1.15
Robyn Feutrill	W50	15/12/15	Bunbury	1.20
Delia Baldock	W50	9/02/16	WAAS	1.15
Sharon Moloney	W50	17/11/15	Bunbury	1.05
Gay Wyatt	W60	10/11/15	WAAS	1.05
Julie Wilson	W60	16/04/16	Adelaide Ch	1.00
Carol Bowman	W60	1/12/15	WAAS	0.85
Brenda Painter	W70	Mar-2016	MAWA St Ch	1.00
Ruth Johnson	W70	20/10/15	Bunbury	0.95
Lynne Schickert	W70	Oct/2015	Rarotonga	0.91
Ruth Johnson	W75	13/02/16	Bunbury	0.95

## Long Jump

Justin Vincent	M30	29/10/15	ECAC	5.49	Melissa Foster	W35	12/03/16	MAWA Ch Pent	5.56
					Nicola Hibbert	W35	27/10/15	WAAS	3.66
Kep Knudson	M35	29/10/15	ECAC	4.85					
Owen Richards	M35	3/12/15	ECAC	3.92	Vicki Cobby	W40	12/03/16	MAWA Ch Pent	3.92
David Adams	M35	8/12/15	WAAS	3.91	Donna Abbey	W40	25/02/16	ECAC	3.89
					Zoe Richards	W40	25/02/16	ECAC	3.20
Paul Jeffery	M40	15/01/16	State Open Ch	6.13					
Lee Stergiou	M40	27/10/15	WAAS	5.36	Lisa Limonas	W45	23/02/16	WAAS	4.68
Maurice Pascal	M40	Mar-2016	MAWA St Ch	4.95	Sue Bourn	W45	3/12/15	ECAC	3.85
					Janne Wells	W45	3/12/15	ECAC	3.58
Mark Jeffery	M45	15/01/16	State Open Ch	5.67					
Chris Neale	M45	12/03/16	MAWA Ch Pent	5.44	Fran Cherry	W50	27/10/15	WAAS	3.67
Kevin Collins	M45	01/10/15	ECAC	2.34	Robyn Feutrill	W50	28/11/15	Bunbury	3.41
					Deb Cox	W50	28/11/15	Bunbury	3.29
Brian Feutrill	M50	19/12/15	Bunbury	5.32					
Bernard Riviere	M50	Mar-2016	MAWA St Ch	4.95	Nicolette Whittington	W55	25/02/16	ECAC	3.85
Ian Cotton	M50	12/03/16	MAWA Ch Pent	4.63	Kim Chandler	W55	8/12/15	WAAS	3.10
John Dennehy	M55	3/12/15	ECAC	3.49	Gay Wyatt	W60	Mar-2016	MAWA St Ch	3.32
					Barbara Wilson	W60	Mar-2016	MAWA St Ch	3.05
Garry Ralston	M60	15/04/16	Adelaide AMA	5.00	Carol Bowman	W60	12/03/16	MAWA Ch Pent	2.80
Dave Wyatt	M60	27/10/15	WAAS	4.53					
Tom Gravestock	M60	18/04/16	Adelaide AMA	4.31	Carey Dickason	W65	15/04/16	Adelaide AMA	2.42
Geoff Brayshaw	M65	8/12/15	WAAS	4.29	Brenda Painter	W70	15/04/16	Adelaide AMA	2.73
Phil Smyth	M65	16/03/16	WAAS	3.92	Ruth Johnson	W70	5/01/16	Bunbury	2.72
Nick Miletic	M65	12/03/16	MAWA Ch Pent	3.32	Lynne Schickert	W70	12/11/15	ECAC	2.33
Bob Hull	M70	4/02/16	ECAC	3.18	Ruth Johnson	W75	15/04/16	Adelaide AMA	2.96
Ivan Brown	M70	12/03/16	MAWA Ch Pent	2.95					
Bob Schickert	M70	3/12/15	ECAC	2.05					
David Clive	M75	Mar-2016	MAWA St Ch	3.83					
Brian Waldhuter	M75	5/01/16	Bunbury	3.37					
Leon Sander	M75	5/01/16	Bunbury	2.88					

## Triple Jump

Nick Best	M35	15/12/15	WAAS	11.10	Melissa Foster	W35	Aug-15	Lyon WMA Ch	12.16
Kep Knudson	M35	05/11/15	ECAC	10.52					
David Adams	M35	24/11/15	WAAS	6.70	Vicki Cobby	W40	Mar-16	MAWA St Ch	8.69
Lee Stergiou	M40	24/11/15	WAAS	10.30	Lisa Limonas	W45	15/12/15	WAAS	9.35
Mick O'Toole	M40	Mar-2016	MAWA St Ch	8.15	Janne Wells	W45	19/11/15	ECAC	7.21
Kevin Collins	M45	Mar-2016	MAWA St Ch	5.50	Fran Cherry	W50	24/11/15	WAAS	7.44
Brian Feutrill	M50	16/02/16	Bunbury	10.43	Karyn Tolardo	W50	19/11/15	ECAC	5.09
Bernard Riviere	M50	Mar-2016	MAWA St Ch	10.12	Gay Wyatt	W60	16/02/16	WAAS	6.83
Colin Smith	M50	Mar-2016	MAWA St Ch	9.61	Barbara Wilson	W60	Mar-2016	MAWA St Ch	6.51
John Dennehy	M55	Mar-2016	MAWA St Ch	6.90	Carol Bowman	W60	24/11/15	WAAS	3.74
Dave Wyatt	M60	16/02/16	WAAS	9.32	Brenda Painter	W70	17/04/16	Adelaide AMA	6.17
Geoff Brayshaw	M65	24/11/15	WAAS	8.85	Lynne Schickert	W70	11/02/16	ECAC	5.35
Phil Smyth	M65	Mar-2016	MAWA St Ch	8.37	Ruth Johnson	W75	17/04/16	Adelaide AMA	6.33
Brian Waldhuter	M75	19/01/16	Bunbury	7.74					
David Clive	M75	Mar-2016	MAWA St Ch	7.61					
Leon Sander	M75	10/11/15	Bunbury	6.38					
David Carr	M80	19/11/15	ECAC	5.27					