

# November 2018 Results

*This listing includes all events where members are known to have competed  
All records are pending until ratified by the appropriate authorities*

## ECAC – November 1

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### 100m

Mark Howard	M45	13.93
Reid Barron	M40	15.96
Nick Fairweather	M65	16.63
John Dennehy	M55	17.49

Michelle Krokosz	W30	15.78
Greg Kennedy	M70	18.62
Rachel Doorn	Vis	19.29

Brock Moore	Vis	17.53
Delia Baldock	W55	18.61
Riley Clark	Vis	19.86
Cecil Walkley	M85	67.50

### 200m

Colin Smith	M55	27.45
Craig Tyrrell	Vis	27.57
Reid Barron	M40	34.02
Rachel Doorn	Vis	40.72

Nick Fairweather	M65	36.54
John Dennehy	M55	37.18
Greg Kennedy	M70	37.94
Carol Bowman	W60	38.15

Michelle Krokosz	W30	31.9h
Brock Moore	Vis	34.9h
Riley Clark	Vis	35.3h
Maddison Clark	Vis	38.5h
Cecil Walkley	M85	2:23.3h

### 800m

Craig Tyrrell	Vis	2:32.38
Reid Barron	M40	2:41.94
Riley Clark	Vis	3:07.74
Kristine Wells	Vis	3:12.91
Rachel Doorn	Vis	3:27.86
Brock Moore	Vis	3:41.02
Maddison Clark	Vis	3:48.02
Cecil Walkley	M85	9:57.06

### 800m walk

Haydn Gawne	M70	5:15.94
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### 5000m

Reid Barron	M40	20:36.29
Rachel Doorn	Vis	26:27.93
Claire Walkley	W50	27:37.69

### 3000m

Graeme Dahl	M65	13:37.39
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### 3000m walk

Janne Wells	W50	19:15.04
Haydn Gawne	M70	19:36.03
John McDonagh	M70	20:00.75
Madison Clark	Vis	22:24.33

### Javelin

Michelle Krokosz	W30	27.48
Franz Schlechter	M65	24.88
Des Walsh	M60	19.43
Carol Bowman	W60	11.42

### Weight

Ossi Igel	M65	14.39
Alex De Silva	Vis	13.88
Jenn Parker	W45	10.03
Janne Wells	W50	9.39
Franz Schlechter	M65	8.80

### High Jump

Craig Tyrrell	Vis	1.60
Campbell Till	M60	1.40
Ossi Igel	M65	1.35
Alan Gray	M55	1.30
Colin Smith	M55	1.25
Reid Barron	M40	1.25
Jenn Parker	W45	1.25
Greg Kennedy	M70	1.20
Sarah Correia	Vis	1.20
Franz Schlechter	M65	1.15
Des Walsh	M60	1.10
Kevin Collins	M50	1.10
Janne Wells	W50	1.00
John Dennehy	M55	1.00
Gillian Young	W70	1.00
Carol Bowman	W60	0.95
Bob Schickert	M75	0.95
Lynne Schickert	W75	0.85
Delia Baldock	W55	NH

## John Gilmour 10000m, ECAC – November 2

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### 10000m

Ross Langford	M40	34:11.1
Steve Weller	M40	38:23.3
Rochelle Rodgers	W30	41:12.1
Leigh Rodgers	M30	41:52.7

Bert Carse	M75	48:54.6
Simone Solomon	W50	53:44.4
Stephen Barrie	M80	1:03:27.0

**Pan Pacific Masters Games, Gold Coast – November 2-11**

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<b>60m</b>				<b>1500m</b>		
Mandy Mason	W50	8.60	+3.0	Vivian Poll	W35	5:47.63
<b>100m</b>				<b>5000m</b>		
Mandy Mason	W50	13.29	+3.5	Vivian Poll	W35	22:39.66
<b>200m</b>						
Mandy Mason	W50	28.26	+1.1			

**WAAS – November 6**

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<b>200m</b>				<b>3000m</b>		
David Adams	M40	30.5		Sue Zlnay	W55	12:38.6
Sue Coate	W50	31.0		David Adams	M40	13:52.7
Lisa Limonas	W45	31.9		<b>Long Jump</b>		
Barrie Kernaghan	M75	34.1		Lisa Limonas	W45	4.33
Des Walsh	M60	32.6		Sue Coate	W50	3.87
Annmarie O'Donovan	W45	32.9		<b>Javelin</b>		
John Dennehy	M55	36.1		Andrew Ward	M55	31.31
Delia Baldock	W55	37.5		Sue Coate	W50	25.24
<b>300m</b>				Phil Smyth	M70	20.52
Stuart Manning	M40	47.6		Norman Stanger	M80	16.41
Lisa Limonas	W45	52.0		<b>Shot</b>		
Barrie Kernaghan	M75	57.9		Bailey Dawson	Vis	11.87
Delia Baldock	W55	63.0		Sue Coate	W50	9.65
Mike Anderson	M70	78.9		Andrew Ward	M55	8.80
<b>1500m</b>				Norman Stanger	M80	7.34
Sue Zlnay	W55	6:00.2		Campbell Till	M60	6.67
Alan Gray	M55	6:08.9		Mike Anderson	M70	6.35
David Brook	M55	6:33.6		Des Walsh	M60	6.23
Stuart Manning	M40	6:44.6		John Dennehy	M55	6.09
Annmarie O'Donovan	W45	7:14.7		Alan Gray	M55	5.97
				Annmarie O'Donovan	W45	5.14

**Bunbury – November 6**

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<b>60m</b>				<b>High Jump</b>		
Garry Hastie	M55	9.30		John Fettus	M45	1.40
Rob Antonioli	M65	9.77		<b>Shot</b>		
Michael Byrne	M65	9.94		Paula Kennedy	W50	8.82
Harold Membrey	M65	10.40		Garry Hastie	M55	8.38
Brian Waldhuter	M75	10.84		<b>Discus</b>		
Paula Kennedy	W50	11.04		John Fettus	M45	34.41
Sharon Moloney	W55	11.49		Garry Hastie	M55	23.46
Ruth Johnson	W75	12.19		Paula Kennedy	W50	21.09
Luella Jenkins	W75	14.33		Sharon Moloney	W55	20.20
Lyle James	M75	16.67		Ruth Johnson	W75	10.97
<b>3000m</b>				Rob Antonioli	M65	19.15
Michael Byrne	M65	13:53.4		Harold Membrey	M65	18.58
Rob Antonioli	M65	15:20.5		Brian Waldhuter	M75	15.14
Sharon Moloney	W55	20:37.1		Luella Jenkins	W75	14.05
Luella Jenkins	W75	21:40.9		Lyle James	M75	7.51
Lyle James	M75	27:00.9				
<b>3000m walk</b>						
Garry Hastie	M55	16:54.9				
Harold Membrey	M65	22:28.4				
Ruth Johnson	W75	23:22.7				

**ECAC – November 8**

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<b>60m</b>				<b>3000m walk</b>			
Edwin Hendricks	M40	8.33		Haydn Gawne	M70	19:57.79	
Colin Smith	M55	8.35		<b>Long Jump</b>			
Des Walsh	M60	9.18		Colin Smith	M55	4.51	
Patrick Jones	M45	9.21		Jenn Parker	W45	4.35	
				Michelle Krokosz	W30	4.06	
Jenn Parker	W45	9.76		Cooper Moore	Vis	3.92	
Greg Kennedy	M70	9.95		Rob Colton	M55	3.46	
Maureen Keshwar	W65	10.04		Des Walsh	M60	3.38	
John Dennehy	M55	10.50		Riley Clark	Vis	3.20	
				Brock Moore	Vis	3.09	
Cooper Moore	Vis	9.28		Maddison Clark	Vis	2.95	
Rob Colton	M55	9.70		Lori Sexton	W55	2.28	
Brock Moore	Vis	10.57		<b>Hammer</b>			
Riley Clark	Vis	10.74		Alex De Silva	Vis	44.89	
Delia Baldock	W55	11.20		Janne Wells	W50	31.61	
<b>100m</b>				Ossi Igel	M65	30.43	
Colin Smith	M55	13.19		Jenn Parker	W45	28.84	
Des Walsh	M60	14.54		Andrew Ward	M55	26.87	
Patrick Jones	M45	14.94		Franz Schlechter	M65	21.10	
Greg Kennedy	M70	17.54		Maureen Keshwar	W65	18.87	
				Garry Parker	M55	15.80	
Cooper Moore	Vis	15.02		<b>Discus</b>			
Michelle Krokosz	W30	15.58		Jessica Siviour	Vis	44.07	
Rob Colton	M55	16.19		Ossi Igel	M65	35.54	
Janne Wells	W50	16.96		Andrew Ward	M55	31.34	
Brock Moore	Vis	17.02		Jenn Parker	W45	29.97	
Maddison Clark	Vis	21.75		Michelle Krokosz	W30	28.85	
<b>1500m</b>				Alex De Silva	Vis	28.67	
Patrick Jones	M45	5:11.62		Des Walsh	M60	26.14	
Rob Colton	M55	5:47.46		Franz Schlechter	M65	25.87	
Riley Clark	Vis	5:58.44		Greg Kennedy	M70	19.85	
Alan Gray	M55	5:59.71		Garry Parker	M55	17.59	
Cooper Moore	Vis	6:15.37		Colin Smith	M55	17.45	
Brock Moore	Vis	7:17.52		Alan Gray	M55	16.87	
Gillian Young	W70	7:27.12		Janne Wells	W50	16.85	
Lori Sexton	W55	7:38.06		John Dennehy	M55	14.87	
Maddison Clark	Vis	7:45.38		Kristine Wells	Vis	12.81	
<b>3000m</b>				Lori Sexton	W55	12.33	
Patrick Jones	M45	11:19.50		Gillian Young	W70	12.22	
Graeme Dahl	M65	13:29.49		Delia Baldock	W55	10.70	
Rob Colton	M55	13:31.04					
Gillian Young	W70	16:03.93					
Lori Sexton	W55	16:10.04					

**Strive, WAAS – November 9**

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<b>100m</b>				<b>1500m</b>			
Lee Stergiou	M45	12.35	+0.9	Chris Gould	M40	4:22.26	
Gregory Brennan	M50	12.86	+0.9	<b>Discus</b>			
Melissa Foster	W40	13.08	+0.3	Malcolm Clarke	M45	39.55	
Barrie Kernaghan	M75	16.22	+1.0	Sarah Edmiston	W40	34.84	
John Dennehy	M55	16.63	+1.0	<b>Pole Vault</b>			
Alan Deans	M65	18.81	+1.0	Geoff Brayshaw	M65	2.70	
<b>400m</b>							
Evan Jarvis	M30	50.91					
Lee Stergiou	M45	57.54					
Fiona Leonard	W50	71.41					
John Dennehy	M55	82.16					

**Bunbury – November 10**

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**Heptathlon**

		<b>80mH</b>	<b>HJ</b>	<b>Shot</b>	<b>200m</b>	<b>LJ</b>	<b>Jav</b>	<b>800m</b>
Ruth Johnson	W75	30.8	0.90	5.62	41.0	2.58	10.12	4:32.0
		152	655	548	712	511	346	521
Total Points		3445						
Sharon Moloney	W55	30.6	1.02	7.86	36.7	2.00	16.5	4:12.0
		0	429	580	459	57	361	148
Total Points		2034						

**WAAS – November 13**

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**100m**

Melissa Foster	W40	13.2
Lisa Limonas	W45	15.0
Greg Kennedy	M70	17.3

Aleisha Sutton	W40	14.9
Sue Coate	W50	15.0
Barrie Kernaghan	M75	16.4
John Dennehy	M55	16.6

Julie Gaglia	W40	15.2
Delia Baldock	W55	17.8
Tory Gaglia	Vis	21.6

**400m**

Josh van Heerden	Vis	56.8
Barrie Kernaghan	M75	88.8
Greg Kennedy	M70	1:34.7

Julie Gaglia	W40	74.3
Lisa Limonas	W45	76.8
David Baird	M75	79.7

**1000m**

Chris Gould	M40	2:45.9
David Graieg	M30	2:54.4 SR
Ian Hannaby	M50	3:10.0
Stuart Manning	M40	3:41.0
Mark Dawson	M55	3:46.1
Brendon Manning	Vis	4:09.8
David Baird	M75	4:16.2
Isaiah Manning	Vis	4:16.4
Ivan Brown	M70	4:21.7

**3000m**

Chris Gould	M40	9:56.0
Mark Dawson	M55	12:54.7
Josh van Heerden	Vis	13:08.3
Hans Venter	M50	13:24.8
Stuart Manning	M40	13:57.0
Brendon Manning	Vis	14:02.3
Craig van Heerden	Vis	14:42.7
Isaiah Manning	Vis	15:17.3

**5000m**

Ian Hannaby	M50	20:53.1
David Brook	M55	23:16.2
David Baird	M75	24:49.2

**Hammer**

Todd Davey	M50	51.27	SR
Jacob Schelfhout	Vis	49.98	
Mal Clarke	M45	36.06	
Chris Schelfhout	W50	30.45	
Randal Humich	M45	23.77	
Andrew Ward	M55	23.37	
Norman Stanger	M80	21.25	

**Discus**

Todd Davey	M50	50.61
Mal Clarke	M45	40.83
Andrew Ward	M55	30.28
Randal Humich	M45	36.16
Julie Gaglia	W40	24.81
Aleisha Sutton	W40	23.41
Norman Stanger	M80	17.48
Mike Anderson	M70	17.41
Solomon Clarke	Vis	13.70
Tory Gaglia	Vis	8.03

**High Jump**

David Graieg	M30	1.60
Hans Venter	M50	1.45
Mal Clarke	M45	1.40
Ian Hannaby	M50	1.35
Michael Farro	Vis	1.35
Aleisha Sutton	W40	1.30
Sue Coate	W50	1.25
Greg Kennedy	M70	1.20
Ivan Brown	M70	1.15
Delia Baldock	W55	1.15
Julie Gaglia	W40	1.10
Mark Dawson	M55	1.10

**Bunbury – November 13****400m**

Garry Hastie	M55	1:10.4
Rob Antonioli	M65	1:14.2
Harold Membrey	M65	1:29.4
Brian Waldhuter	M75	1:31.1
Ruth Johnson	W75	1:46.0
Sharon Moloney	W55	1:52.8
Paula Kennedy	W50	1:56.6
Luella Jenkins	W75	2:17.7
Lyle James	M75	2:45.4

**2000m**

Sharon Moloney	W55	13:42.3
Lyle James	M75	17:07.7

**Long Jump**

Rob Antonioli	M65	3.36
Brian Waldhuter	M75	3.35
Ruth Johnson	W75	2.62
Luella Jenkins	W75	2.07
Sharon Moloney	W55	1.50

**2000m walk**

Garry Hastie	M55	11:41.6
Harold Membrey	M65	14:39.3
Luella Jenkins	W75	15:21.1
Ruth Johnson	W75	15:30.8

**Hammer**

John Fettus	M45	35.52
Paula Kennedy	W50	28.67
Sharon Moloney	W55	25.04
Garry Hastie	M55	22.87
Ruth Johnson	W75	20.49
Luella Jenkins	W75	17.51
Harold Membrey	M65	16.80
Brian Waldhuter	M75	14.74

**Javelin**

John Fettus	M45	34.05
Garry Hastie	M55	33.27
Paula Kennedy	W50	22.34
Debra Cox	W50	13.05
Lyle James	M75	8.56

**ECAC – November 15****60m**

Colin Smith	M55	8.1
Michelle Krokosz	W30	9.1
Julie Gaglia	W40	9.2
Maureen Keshwar	W65	9.7
Cecil Walkley	M85	39.6

Des Walsh	M60	9.1
Greg Kennedy	M70	10.1
Delia Baldock	W55	11.2
Bob Schickert	M75	11.4
Lynne Schickert	W75	15.1

Ross Clark	Vis	9.0
Cooper Moore	Vis	9.0
Jacob McCormack	Vis	9.4
Brock Moore	Vis	10.8
Riley Clark	Vis	11.1
Maddison Clark	Vis	11.1

**400m**

Colin Smith	M55	62.4
Cooper Moore	Vis	89.1
Jacob McCormack	Vis	89.6
Delia Baldock	W55	1:34.9
Ross Clark	Vis	1:39.9
Maddison Clark	Vis	1:44.8
Cecil Walkley	M85	5:00.0

**1 mile**

Chris Groom	M50	6:12.7
Andy Abbey	M50	6:17.2
Riley Clark	Vis	6:46.6
Cooper Moore	Vis	6:59.5
Jacob McCormack	Vis	7:11.4
Brock Moore	Vis	8:18.7
Cecil Walkley	M85	21:24.2

**3000m**

Andy Abbey	M50	13:15.4
Graeme Dahl	M65	13:23.0
Gillian Young	W70	14:45.9
Des Walsh	M60	17:50.7
Bob Schickert	M75	17:50.8
Janne Wells	W50	18:09.1

**5000m**

Claire Walkley	W50	27:12.4
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**3000m walk**

Karyn Tolardo	W50	19:41.3
John McDonagh	M70	20:02.4
Haydn Gawne	M70	20:16.2
David Carr	M85	23:31.8

**Long Jump**

Mark Howard	M45	4.87
Campbell Till	M60	4.54
Colin Smith	M55	4.50
Jenn Parker	W45	4.35
Ross Clark	Vis	4.15
Ossi Igel	M65	4.14
Des Walsh	M60	4.13
Aleisha Sutton	W40	4.08
Michelle Krokosz	W30	4.06
Cooper Moore	Vis	3.87
Julie Gaglia	W40	3.69
Jacob McCormack	Vis	3.69
Janne Wells	W50	3.47
Riley Clark	Vis	3.33
Brock Moore	Vis	3.16
Kevin Collins	M50	2.61
Gillian Young	W70	2.60
Bob Schickert	M75	2.13
Lynne Schickert	W75	2.06

**Weight**

Geoffrey Gee	M65	15.89
Alex De Silva	Vis	12.52
Maureen Keshwar	W65	8.82
Andrea Penny	W40	5.42

**Shot**

Todd Davey	M50	15.77
Geoffrey Gee	M65	11.38
Ossi Igel	M65	10.67
Alex De Silva	Vis	10.37
Jenn Parker	W45	8.79
Michelle Krokosz	W30	8.69
Maureen Keshwar	W65	8.38

**56lb Weight**

Todd Davey	M50	9.91	AR pending
Jenn Parker	W45	2.69	
Janne Wells	W50	2.59	SR

**Strive, WAAS – November 16**

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**100m**

Lee Stergiou	M45	12.48	+0.6
Gregory Brennan	M50	12.89	+0.4
Barrie Kernaghan	M75	16.04	+0.7
John Dennehy	M55	16.37	+0.7
Alan Deans	M65	19.05	+0.7

**200m**

Lee Stergiou	M45	25.18	+2.2
Barrie Kernaghan	M75	32.42	+1.1
John Dennehy	M55	34.12	+1.1

**800m**

Chris Gould	M40	2:04.98
Fiona Leonard	W50	2:40.45

**3000m**

Sharon Davis	W45	11:26.75
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**10,000m Open State Championships**

Rochelle Rodgers	W30	36:34.92
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**Pole Vault**

Phil Smyth	M70	2.50
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**WAAS – November 20**

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**100m**

Mark Howard	M45	12.8
Campbell Till	M60	13.2

David Graieg	M30	12.9
David Adams	M40	14.7
Sue Coate	W50	14.8

Des Walsh	M60	14.4
Alan Gray	M55	15.8
John Dennehy	M55	16.1
Ivan Brown	M70	17.9

**200m**

Stuart Manning	M40	29.9
David Adams	M40	31.6
Barrie Kernaghan	M75	33.0
Des Walsh	M60	33.0
John Dennehy	M55	35.6

**1500m**

Tim Karajas	Vis	5:16.3
Mark Dawson	M55	5:40.8
David Graieg	M30	5:40.9
Stuart Manning	M40	5:46.4
Brendon Manning	Vis	6:15.6
David Adams	M40	6:18.3
Hans Venter	M50	6:19.7
David Baird	M75	6:38.2
Isaiah Manning	Vis	6:52.8

**3000m**

Tim Karajas	Vis	11:27.5
David Graieg	M30	12:07.4
Alan Gray	M55	13:11.3
David Brook	M55	13:28.2
Hans Venter	M50	13:50.3
David Baird	M75	14:15.1
Brendon Manning	Vis	14:18.0
David Adams	M40	15:56.1
Isaiah Manning	Vis	16:20.7

**Triple Jump**

David Graieg	M30	11.30
Hans Venter	M50	9.54
Campbell Till	M60	8.77
Geoff Brayshaw	M65	8.71
Alan Gray	M55	8.20
Sue Coate	W50	7.78
Delia Baldock	W55	7.31
John Dennehy	M55	6.74
Gay Wyatt	W60	6.61
Ivan Brown	M70	5.78
Des Walsh	M60	5.56

**Discus**

Mal Clarke	M45	40.47
Randal Humich	M45	37.02
Des Walsh	M60	24.80
Norman Stanger	M80	17.79
Solomon Clarke	Vis	15.26

**Shot**

Mal Clarke	M45	12.50
Sue Coate	W50	9.65
Norman Stanger	M80	7.79
Des Walsh	M60	6.98
Gay Wyatt	W60	5.48
Solomon Clarke	Vis	4.86

**Bunbury – November 20**

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**200m**

Garry Hastie	M55	31.44
Rob Antonioli	M65	33.06
Harold Membrey	M65	35.52
Brian Waldhuter	M75	36.62
Sharon Moloney	W55	38.42
Paula Kennedy	W50	40.37
Ruth Johnson	W75	42.46
Leon Sander	M80	50.01
Lyle James	M75	56.30

**800m**

Rob Antonioli	M65	3:23.0
Ruth Johnson	W75	4:17.4
Sharon Moloney	W55	4:12.7
Leon Sander	M80	5:25.6
Lyle James	M75	6:04.0

**Triple Jump**

Brian Waldhuter	M75	7.26
Ruth Johnson	W75	5.44
Sharon Moloney	W55	4.88

**Shot**

Paula Kennedy	W50	8.65
Garry Hastie	M55	8.42
Sharon Moloney	W55	7.70
Harold Membrey	M65	7.05
Brian Waldhuter	M75	6.19
Ruth Johnson	W75	5.32
Lyle James	M75	3.07

**Hammer**

John Fettus	M45	36.70
Paula Kennedy	W50	28.58
Garry Hastie	M55	21.92
Ruth Johnson	W75	15.05
Brian Waldhuter	M75	14.03

**ECAC – November 22**

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**100m**

Colin Smith	M55	13.33
Patrick Jones	M45	14.87
Rob Colton	M55	16.24
John Dennehy	M55	18.92
Cecil Walkley	M85	70.46

Cooper Moore	Vis	15.88
Delia Baldock	W55	18.41
Bob Schickert	M75	19.77
Gillian Young	W70	21.37
Lynne Schickert	W75	27.12

Jenn Parker	W45	15.57
Andrea Penny	W40	18.66
Brock Moore	Vis	19.11
Riley Clark	Vis	19.15
Maddison Clark	Vis	19.79

**300m**

Colin Smith	M55	41.28
Patrick Jones	M45	47.66
Michelle Krokosz	W30	50.64
Cecil Walkley	M85	3:45.51

John Dennehy	M55	59.39
Janne Wells	W50	60.00
Delia Baldock	W55	62.40

Cooper Moore	Vis	61.98
Brock Moore	Vis	65.36
Riley Clark	Vis	65.81
Maddison Clark	Vis	70.22

**800m**

Patrick Jones	M45	2:45.5h
Rob Colton	M55	2:48.0h
Bryon Howard	Vis	2:56.89
Alan Gray	M55	3:05.00
Cooper Moore	Vis	3:12.14
Graeme Dahl	M65	3:14.37
Gillian Young	W70	3:36.62
Brock Moore	Vis	3:50.70
Riley Clark	Vis	3:51.19
Claire Walkley	W50	4:00.56
Cecil Walkley	M85	10:00.56

**800m walk**

John McDonagh	M70	5:34.67
Janne Wells	W50	6:02.00
Lynne Schickert	W75	6:02.48

**3000m**

Patrick Jones	M45	12:09.90
Rob Colton	M55	12:49.97
Graeme Dahl	M65	13:21.57
Cooper Moore	Vis	14:38.58
Claire Walkley	W50	15:29.03
Carol Bowman	W60	15:47.27
David Carr	M85	17:59.06

**3000m walk**

Karyn Tolardo	W50	18:52.85
John McDonagh	M70	19:37.18
Haydn Gawne	M70	19:41.01

**Triple Jump**

Michelle Krokosz	W30	9.35
Jenn Parker	W45	9.22
Colin Smith	M55	9.21
Rob Colton	M55	7.07

**Weight**

Geoffrey Gee	M65	16.45
Alex De Silva	Vis	14.48
Jenn Parker	W45	9.59
Janne Wells	W50	9.52
Andrea Penny	W40	5.70

**Javelin**

Michelle Krokosz	W30	27.15
Campbell Till	M60	22.63
Alex De Silva	Vis	22.56
Des Walsh	M60	21.32
Jenn Parker	W45	20.23
Janne Wells	W50	19.92
Alan Gray	M55	15.75
Bob Schickert	M75	13.81
Colin Smith	M55	12.21
John Dennehy	M55	11.65
Gillian Young	W70	10.99
Kevin Collins	M50	10.74
Andrea Penny	W40	10.01
Lynne Schickert	W75	8.40

**Bunbury – November 24**

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**300m hurdles**

Brian Waldhuter	M75	70.7
Harold Membrey	M65	72.0

**Discus**

John Fettus	M45	34.24
Rob Antonioli	M65	25.29
Garry Hastie	M55	24.97
Harold Membrey	M65	20.26
Brian Waldhuter	M75	18.63
Ruth Johnson	W75	12.39

**Weight**

John Fettus	M45	12.04
Garry Hastie	M55	9.32
Harold Membrey	M65	8.95
Brian Waldhuter	M75	8.28
Ruth Johnson	W75	7.63
Rob Antonioli	M65	7.46

**Strive, WAAS – November 25**

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**100m**

Andrew Taylor	M40	12.12	-1.9
Gregory Brennan	M50	12.84	-0.2
Melissa Foster	W40	13.00	+1.6
Desmond Walsh	M60	14.90	-0.7
John Dennehy	M55	16.57	-0.7

**400m**

Chris Neale	M45	58.08
Sharon Davis	W45	61.14
Melissa Foster	W40	64.75
Fiona Leonard	W50	71.09
Desmond Walsh	M60	72.44
John Dennehy	M55	82.75

**Discus**

Matthew Staunton	M40	36.16
Sarah Edmiston	W40	34.43
Cheryl McMahan	W40	26.09
Desmond Walsh	M60	25.55

**Hammer**

Byrony Glass	W40	46.65
Matthew Staunton	M40	41.29
Cheryl McMahan	W40	30.23

**WAAS – November 27**

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**60m**

Lee Stergiou	M45	8.1
Des Walsh	M60	9.5
Barrie Kernaghan	M75	10.1
Gay Wyatt	W60	11.1
David Graieg	M30	7.5
David Adams	M40	9.5

**300m**

Lee Stergiou	M45	40.5
David Graieg	M30	42.5
Andrew Brooker	M45	43.3
Stuart Manning	M40	49.2
John Dennehy	M55	56.3
Barrie Kernaghan	M75	56.3
Brendon Manning	Vis	61.8
Isaiah Manning	Vis	67.0

**800m**

David Graieg	M30	2:28.8
Stuart Manning	M40	2:42.8
David Adams	M40	3:04.2
David Baird	M75	3:10.3
Brendon Manning	Vis	3:12.2
Sue Coate	W50	3:14.9
Isaiah Manning	Vis	3:31.5

**5000m**

Ian Hannaby	M50	20:48.2
David Brook	M55	22:54.8
David Adams	M40	23:02.0
Campbell Till	M60	23:52.5
David Baird	M75	24:59.1
Jenn Parker	W45	26:21.9
Des Walsh	M60	28:32.6
Delia Baldock	W55	28:54.7

**Long Jump**

David Graieg	M30	5.82
Jenn Parker	W45	4.54
Geoff Brayshaw	M65	4.22
Sue Coate	W50	4.00
Gay Wyatt	W60	3.29

**Triple Jump**

Jenn Parker	W45	9.13
Geoff Brayshaw	M65	8.72

**Javelin**

Todd Davey	M50	35.18
Andrew Ward	M55	30.87
Sue Coate	W50	26.83
Phil Smyth	M70	21.68
Des Walsh	M60	20.73
Jenn Parker	W45	19.53
Chris Schelfhout	W50	18.32
Norman Stanger	M80	15.79
Gay Wyatt	W60	11.46

**Hammer**

Todd Davey	M50	51.38	SR
Jacob Schelfhout	Vis	40.58	
Chris Schelfhout	W50	27.15	
Andrew Ward	M55	24.52	
Norman Stanger	M80	20.31	



**Bunbury – November 27**

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**100m**

Garry Hastie	M55	14.50
Rob Antonioli	M65	14.84
Harold Membrey	M65	15.76
Brian Waldhuter	M75	16.56
Paula Kennedy	W50	17.36
Ruth Johnson	W75	17.62
Luella Jenkins	W75	19.27
Leon Sander	M80	23.41
Lyle James	M75	33.08

**1500m**

Rob Antonioli	M65	7:01.0
Ruth Johnson	W75	8:48.5
Leon Sander	M80	11:09.6
Lyle James	M75	13:26.0

**1500m walk**

Garry Hastie	M55	7:52.6
Harold Membrey	M65	10:48.8
Luella Jenkins	W75	11:16.2

**High Jump**

Brian Waldhuter	M75	1.22
Harold Membrey	M65	1.10
Rob Antonioli	M65	1.05
Ruth Johnson	W75	0.95
Luella Jenkins	W75	0.90

**Javelin**

John Fettus	M45	33.62
Garry Hastie	M55	32.75
Paula Kennedy	W50	20.01
Luella Jenkins	W75	14.83
Leon Sander	M80	14.35
Harold Membrey	M65	13.90
Ruth Johnson	W75	10.07
Lyle James	M75	6.84

**Weight**

John Fettus	M45	12.23
Paula Kennedy	W50	11.36
Luella Jenkins	W75	9.47
Garry Hastie	M55	8.88
Harold Membrey	M65	8.43
Ruth Johnson	W75	8.12
Leon Sander	M80	7.07
Lyle James	M75	5.02

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**ECAC – November 29**

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**60m**

Colin Smith	M55	8.7
Des Walsh	M60	9.2
Dave Solomon	Vis	9.4
Janne Wells	W50	10.2

Maddison Clark	Vis	11.0
Bob Schickert	M75	11.7
Julie Wilson	W65	12.3
Cecil Walkley	M85	39.3

Ross Clark	Vis	9.0
Cooper Moore	Vis	9.0
Brendon Hannaby	Vis	10.6

Brock Moore	Vis	10.3
Riley Clark	Vis	10.5
Cameron Hannaby	Vis	11.1

**200m**

Patrick Jones	M45	30.3
Des Walsh	M60	30.4
Dave Solomon	Vis	31.9
Barry Newell	M60	36.2

Michelle Krokosz	W30	32.0
Kristine Wells	Vis	36.2
Julie Wilson	W65	43.6
Cecil Walkley	M85	2:35.3

Brendon Hannaby	Vis	37.1
Delia Baldock	W55	38.5
Maddison Clark	Vis	39.4
Cameron Hannaby	Vis	40.5

Cooper Moore	Vis	32.2
Ross Clark	Vis	34.1
Brock Moore	Vis	39.7
Riley Clark	Vis	39.9

**1500m**

Patrick Jones	M45	5:25.7
Chris Groom	M50	5:40.1
Riley Clark	Vis	6:06.9
Cooper Moore	Vis	6:18.8
Ian Hannaby	M50	7:23.0
Brendon Hannaby	Vis	7:23.0
Claire Walkley	W50	7:28.1
Julie Wilson	W65	7:28.3
Cecil Walkley	M85	19:30.0

**1500m walk**

Karyn Tolardo	W50	9:10.1
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**5000m**

Patrick Jones	M45	20:19.9
Ian Hannaby	M50	20:54.1
Colin Smith	M55	21:24.6
Graeme Dahl	M65	22:38.1
Alan Gray	M55	22:57.2
Gillian Young	W70	24:34.8
Claire Walkley	W50	26:32.2
Janne Wells	W50	27:16.2
Bob Schickert	M75	30:18.4
John Dennehy	M55	33:17.2
Lynne Schickert	W75	41:42.3

**3000m**

Dave Solomon	Vis	13:55.6
Mike Meredith	Vis	13:57.1
Cooper Moore	Vis	16:11.5
David Carr	M85	16:36.7
Brandon Hannaby	Vis	18:06.8
Riley Clark	Vis	18:06.8
Cameron Hannaby	Vis	25:28.4

**3000m walk**

Karyn Tolardo	W50	18:49.1
Haydn Gawne	M70	19:56.8
Maddison Clark	Vis	25:20.8

**Long Jump**

Des Walsh	M60	3.36
Carol Bowman	W60	2.74

**Discus**

Todd Davey	M50	51.39
Jessica Siviour	Vis	43.57
Jenn Parker	W45	32.63
Michelle Krokosz	W30	31.86
Alex De Silva	Vis	31.24
Des Walsh	M60	27.29

**Shot**

Todd Davey	M50	16.47	SR
Jessica Siviour	Vis	12.01	
Alex De Silva	Vis	9.70	
Jenn Parker	W45	9.09	
Michelle Krokosz	W30	8.98	
Des Walsh	M60	7.37	
Patrick Jones	M45	7.32	

**Strive, WAAS – November 30****200m**

John Dennehy	M55	34.05	+1.7
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**800m**

Sharon Davis	W45	2:18.98
Andrew Brooker	M45	2:20.84
Fiona Leonard	W50	2:41.83

**3000m**

Rick Cooke	M45	9:57.33
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**Long Jump**

Melissa Foster	W40	5.47	+3.2
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**Javelin**

Paul Jeffery	M40	50.36
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**Oceania Throws Pentathlon Challenge, ECAC – October 13****Throws pentathlon**

		Hammer	Shot	Discus	Javelin	Weight
Cheryl McMahon	W40	32.21	7.77	26.05	26.46	10.32
		665	440	444	483	629
	Total points	2661				
Aleisha Sutton	W40	14.7	8.14	23.87	23.83	5.51
		223	466	399	426	284
	Total points	1798				
Jennifer Parker	W45	28.72	8.36	30.44	21.08	9.15
		635	528	590	407	606
	Total points	2766				
Chris Schelfhout	W50	30.4	7.62	22.46	19.82	9.13
		690	503	453	402	541
	Total points	2589				
Bev Hamilton	W70	25.23	6.65	18.63	13.42	9.55
		895	684	620	442	739
	Total points	3380				
Malcolm Clarke	M45	34.73	11.96	38.46	37.32	12.05
		562	751	794	496	683
	Total points	3286				
Howie Ward	M45	20.98	8.32	25.9	18.58	8.4
		287	486	488	185	442
	Total points	1888				
Todd Davey	M50	51.1	16.13	50.29	39.67	17.03
		853	1031	899	569	899
	Total points	4251				
Garry Parker	M55	15.28	6.68	22.23	DNS	DNS
		194	395	361	0	0
	Total points	950				
Ossi Igel	M65	29.29	11.16	35.19	30.52	13.11
		560	801	684	554	713
	Total points	3312				
Franz Schlechter	M65	20.3	7.42	26.46	24.62	8.84
		346	491	480	420	444
	Total points	2181				