

# October 2019 Results

*This listing includes all events where members are known to have competed  
All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

## WAAS – October 1

---

### 100m

Tyson Gent	Vis	11.6
Oliver Berry	Vis	12.9
David Adams	M40	14.8

Lisa Limonas	W50	15.2
Fran Cherry	W55	17.3
Alex Wellborn	Vis	19.4

### 200m

Oliver Berry	Vis	25.9
David Adams	M40	30.4
Mark Dawson	M55	36.4

Lisa Limonas	W50	30.9
Fran Cherry	W55	36.7
Alex Wellborn	Vis	44.8

### 800m

Mark Dawson	M55	2:46.1
David Adams	M40	2:56.8
Bruce Wilson	M70	3:23.5
Johan Hagedoorn (walk)	M75	5:13.7

### 3000m

Mark Dawson	M55	12:48.7
David Adams	M40	13:21.3
Bruce Wilson	M70	14:03.3
Alan Gray	M55	14:08.7

### 3000m walk

John Dennehy	M55	20:27.3
Johan Hagedoorn	M75	20:30.8
Glenys Duncan	W75	27:58.2

### Long Jump

Oliver Berry	Vis	5.12
Dave Wyatt	M65	4.36
Lisa Limonas	W50	4.17
Gay Wyatt	W65	3.30
Fran Cherry	W55	3.20
Norm Richards	M80	3.20

### Shot

Alex De Silva	Vis	12.81
Norman Stanger	M80	7.78
Mike Anderson	M70	6.09

### Hammer

Alex De Silva	Vis	49.42
Chris Schelfhout	W50	28.10
Eijeasha De Silva	Vis	26.48
Norman Stanger	M80	10.72

## Bunbury – October 1

---

### 100m

Garry Hastie	M55	15.37
Sharon Moloney	W55	17.63
Brian Waldhuter	M75	18.18
Ruth Johnson	W75	20.14

### High Jump

Brian Waldhuter	M75	1.20
Ruth Johnson	W75	0.90
Sharon Moloney	W55	0.90

### Javelin

Garry Hastie	M55	30.65
Jo Peters	M65	29.92
Sharon Moloney	W55	14.77
Ruth Johnson	W75	10.29

## ECAC – October 3

---

### 60m

Oliver Berry	Vis	8.32
Colin Smith	M55	8.44
Maureen Keshwar	W65	9.92
Nick Fairweather	M65	10.36
Greg Kennedy	M70	11.83

Eloise Krokosz	Vis	11.77
Brenda Painter	W70	11.88
Suzanne Fakich	Vis	12.42
Keith Martin	M75	13.45
Cecil Walkley	M90	43.28

### 3000m

Vanessa Carson	W40	12:22.39
Matt Godfrey	M40	12:59.92
Bob Hull	M75	13:22.27

### 400m

Oliver Berry	Vis	60.29
Colin Smith	M55	70.74
Michelle Krokosz	W30	71.46
Bob Hull	M75	88.94
Delia Baldock	W55	89.69
David Carr	M85	89.90
Greg Kennedy	M70	1:33.42
Cecil Walkley	M90	5:18.56

### 1 mile

Vanessa Carson	W40	6:05.3h
Matt Godfrey	M40	6:21.2h
Bob Hull	M75	7:05.9h
Jackie Halberg	W70	9:22.0h
Cecil Walkley	M90	19:48.1h

**Long Jump**

Colin Smith	M55	4.41
Jenn Parker	W50	4.03
Maureen Keshwar	W65	2.80
Suzanne Fakich	Vis	2.75
Brenda Painter	W70	2.31

**Discus**

Oliver Berry	Vis	29.70
Michelle Krokosz	W30	29.24
Jenn Parker	W50	28.83
Bruce McGeorge	M65	25.73
Eloise Krokosz	Vis	11.70

**Weight**

Jenn Parker	W50	10.17
Oliver Berry	Vis	8.28
Bruce McGeorge	M65	7.26
Andrea Penny	W40	4.70

**Bunbury – October 5**

---

**Shot**

John Fettus	M45	11.36
Garry Hastie	M55	8.25
Sharon Moloney	W55	7.65
Brian Waldhuter	M75	5.91
Ruth Johnson	W75	5.76

**Australian Masters Games, Adelaide – October 5-8**

---

**60m**

Marian Mitchell	W65	15.64	+2.3
-----------------	-----	-------	------

**5000m walk**

Haydn Gawne	M70	37:14.10
-------------	-----	----------

**3000m walk**

Haydn Gawne	M70	21:12.95
-------------	-----	----------

**Discus**

Marian Mitchell	W65	13.00
-----------------	-----	-------

**1500m walk**

Haydn Gawne	M70	10:04.42
-------------	-----	----------

**Shot**

Marian Mitchell	W65	5.89
-----------------	-----	------

**WAAS – October 8**

---

**60m**

David Adams	M40	8.8
Sue Coate	W50	9.1
Lenz Keel	M75	9.9
Norm Richards	M80	10.0

**3000m**

David Graieg	M35	13:09.4
Hans Venter	M55	14:16.5
Isaiah Manning	Vis	14:16.9
Alan Gray	M55	14:35.6

Fran Cherry	W55	10.0
Barrie Kernaghan	M75	10.1
Ivan Brown	M70	11.1
Gordon Medcalf	M90	28.4

**3000m walk**

John Dennehy	M60	20:19.2
Johan Hagedoorn	M75	20:42.5
Glenys Duncan	W75	27:31.1

**1 mile**

Mark Dawson	M55	6:09.0
David Graieg	M35	6:12.6
Marg Saunders	W65	6:25.8 SR
David Adams	M40	6:32.8
Hans Venter	M55	7:10.9
Geoff Vine	M70	7:16.9

**1 mile walk**

Johan Hagedoorn	M75	11:17.3
-----------------	-----	---------

**400m**

Stuart Manning	M40	67.4
Lenz Keel	M75	86.5
Bruce Wilson	M70	87.8
Geoff Vine	M70	1:31.7

**Long Jump**

Oliver Berry	Vis	4.97
Dave Wyatt	M65	4.36
Lisa Limonas	W50	4.12
Sue Coate	W50	4.11
Fran Cherry	W55	3.35
Norm Richards	M80	3.24

Oliver Berry	Vis	58.9
Mark Dawson	M55	71.0
Michelle Krokosz	W30	71.3
Ivan Brown	M70	1:31.9

**Javelin**

Oliver Berry	Vis	35.28
Andrew Ward	M55	31.35
Sue Coate	W50	31.10
Michelle Krokosz	W30	27.92
Lisa Limonas	W50	21.55
Norman Stanger	M80	16.89
Isaiah Manning	Vis	15.89
Gay Wyatt	W65	10.51

Hans Venter	M55	68.3
Barrie Kernaghan	M75	85.0
Carmel Meyer	W55	85.0
Delia Baldock	W55	1:30.8

**Discus**

Andrew Ward	M55	32.28
Michelle Krokosz	W30	30.58
Oliver Berry	Vis	29.62
Norman Stanger	M80	18.77
Mike Anderson	M70	16.10

**5000m**

David Adams	M40	22:20.1
Bruce Wilson	M70	25:17.7

**Bunbury – October 8**

---

<b>60m</b>			<b>Discus</b>		
Garry Hastie	M55	9.49	Jo Peters	M65	44.03
Brian Waldhuter	M75	10.90	Garry Hastie	M55	24.88
Sharon Moloney	W55	11.51	Sharon Moloney	W55	19.88
Ruth Johnson	W75	12.16	Brian Waldhuter	M75	19.15
			Ruth Johnson	W75	12.55

**ECAC – October 10**

---

<b>100m</b>			<b>800m</b>		
Oliver Berry	Vis	12.81	Nick Best	M40	2:31.13
Clint van der Laan	Vis	13.74	Matt Chapman	M40	2:45.18
Stuart Manning	M40	14.59	Ian Hannaby	M50	2:48.80
David Adams	M40	14.70	Matt Godfrey	M40	2:50.29
Tracey van der Laan	Vis	14.96	Brendan Manning	Vis	3:06.08
			Megan Hordyk	Vis	3:08.75
Abigail Best	Vis	15.70	Mike Meredith	Vis	3:13.68
Maureen Keshwar	W65	16.21	Brandon Hannaby	Vis	3:26.79
Nick Fairweather	M65	16.32	Kristine Wells	Vis	3:27.73
John Dennehy	M60	17.57	Abigail Best	Vis	3:29.16
Eloise Krokosz	Vis	19.76	Andi Muir	Vis	3:30.64
Nick Best	M40	18.80	David Carr	M85	3:35.47
Cecil Walkley	M90	75.38	Carmel Meyer	W55	3:36.15
			Cecil Walkley	M90	11:18.17
Brandon Hannaby	Vis	16.41			
Janne Wells	W50	17.46	<b>2000m steeplechase</b>		
Delia Baldock	W55	18.33	Matt Godfrey	M40	9:37.16
Andrea Penny	W40	19.01	David Adams	M40	10:04.73
Cameron Hannaby	Vis	20.11	Oliver Berry	Vis	10:08.77
			Isaiah Manning	Vis	10:24.65
<b>200m</b>			Tracy Gallagher	W45	10:25.66
Clint van der Laan	Vis	28.15	Janne Wells	W50	11:16.81
Stuart Manning	M40	30.04	Abigail Best	Vis	11:45.59
David Adams	M40	31.88	Nick Best	M40	11:46.70
Janne Wells	W50	36.73	Kristine Wells	Vis	12:16.89
Matt Chapman	M40	38.62			
			<b>High Jump</b>		
Tracey van der Laan	Vis	30.84	Michelle Krokosz	W30	1.45
Megan Hordyk	Vis	31.84	Clint van der Laan	Vis	1.40
Jenn Parker	W50	31.96	Oliver Berry	Vis	1.40
Rose Hordyk	Vis	32.52	Jenn Parker	W50	1.35
Maureen Keshwar	W65	34.78	Nick Best	M40	1.25
Carmel Meyer	W55	35.40	Isaiah Manning	Vis	1.15
			Abigail Best	Vis	1.10
Abigail Best	Vis	34.37	Kevin Collins	M50	1.05
Brandon Hannaby	Vis	36.89	Andrea Penny	W40	1.00
Nick Fairweather	M65	37.26			
David Carr	M85	39.29	<b>Javelin</b>		
Cameron Hannaby	Vis	40.62	Michelle Krokosz	W30	26.45
Nick Best	M40	41.70	Oliver Berry	Vis	26.14
Cecil Walkley	M90	2:27.99	Jenn Parker	W50	23.50
			Isaiah Manning	Vis	17.81
<b>3000m</b>			Tracy Gallagher	W45	17.75
Matt Chapman	M40	12:39.23	Andrea Penny	W40	11.42
Ian Hannaby	M50	12:52.18	Eloise Krokosz	Vis	7.95
Matt Godfrey	M40	12:53.80			
David Adams	M40	13:09.08	<b>Shot</b>		
Mike Meredith	Vis	13:31.54	Jenn Parker	W50	10.31
Alan Gray	M55	14:23.16	Michelle Krokosz	W30	8.95
Vincent Gallagher	Vis	14:30.12	Bruce McGeorge	M65	6.27
Brandon Hannaby	Vis	20:33.29	Andrea Penny	W40	4.93
Cameron Hannaby	Vis	20:34.81	Eloise Krokosz	Vis	4.15

**Strive, WAAS – October 11**

---

<b>200m</b>			<b>3000m</b>		
Mandy Mason	W50	27.65 +1.0	Chris Gould	M40	9:13.51
Desmond Walsh	M65	30.63 +0.9			
Barrie Kernaghan	M75	33.93 +0.9	<b>Pole Vault</b>		
John Dennehy	M60	35.49 +0.9	Andrew Brooker	M50	2.70

**Bunbury – October 12**

---

**Weight**

Jo Peters	M65	14.13
Ruth Johnson	W75	8.09
Brian Waldhuter	M75	7.81
Sharon Moloney	W55	7.57

**Discus**

Jo Peters	M65	47.28	AR pending
Sharon Moloney	W55	21.67	
Ruth Johnson	W75	13.34	

**WAAS – October 15**

---

**100m**

Lisa Limonas	W50	14.1
David Adams	M40	14.2
Sue Coate	W50	14.7

Lenz Keel	M75	15.5
Barrie Kernaghan	M75	15.6
Juliana Kelly	W55	15.7
Norm Richards	M80	16.5

**400m**

Hans Venter	M55	68.7
Des Walsh	M65	69.3
David Adams	M40	74.9
Annmarie O'Donovan	W45	76.8

David Graieg	M35	57.8
Sue Coate	W50	78.5
Juliana Kelly	W55	81.0
Bruce Wilson	M70	86.6
Delia Baldock	W55	1:31.2

Oliver Berry	Vis	60.8
Stuart Manning	M40	66.6
Lenz Keel	M75	82.7

Barrie Kernaghan	M75	86.0
Geoff Vine	M70	1:31.6

**1000m**

Paul O'Sullivan	Vis	3:25.5
David Adams	M40	3:40.3
Marg Saunders	W65	3:42.6 SR
Geoff Vine	M70	4:21.3
Bruce Wilson	M70	4:24.6

**1000m walk**

Johan Hagedoorn	M75	6:33.7
-----------------	-----	--------

**3000m**

David Adams	M40	12:48.6
David Graieg	M35	12:49.3
Hans Venter	M55	14:06.5
Bruce Wilson	M70	14:13.8
Morland Smith	M80	17:21.4

**3000m walk**

John Dennehy	M60	19:59.4
Johan Hagedoorn	M75	20:03.1
Oliver Berry	Vis	23:50.1
Ursula Keel	Vis	25:37.6
Glenys Duncan	W75	26:41.1

**High Jump**

Hans Venter	M55	1.50
Dave Wyatt	M65	1.30
Oliver Berry	Vis	1.30
Lisa Limonas	W50	1.25
Sue Coate	W50	1.20
Isaiah Manning	Vis	1.10
Norm Richards	M80	1.00

**Discus**

Todd Davey	M50	48.95
Oliver Berry	Vis	24.22
Bruce McGeorge	M65	23.31
Norman Stanger	M80	16.14
Mike Anderson	M70	16.05

**Shot**

Todd Davey	M50	15.51
Sue Coate	W50	10.43
Lisa Limonas	W50	8.62
Norman Stanger	M80	7.77
Annmarie O'Donovan	W45	6.82
Mike Anderson	M70	6.13

**Bunbury – October 15**

---

**400m**

Garry Hastie	M55	71.29
Harold Membrey	M65	1:32.17
Brian Waldhuter	M75	1:38.36
Ruth Johnson	W75	1:43.03

**1500m**

Garry Hastie	M55	8:00.07
Ruth Johnson	W75	8:40.09

**1500m walk**

Harold Membrey	M65	10:57.42
----------------	-----	----------

**Long Jump**

Brian Waldhuter	M75	3.26
Harold Membrey	M65	2.55
Ruth Johnson	W75	2.33

**Hammer**

Jo Peters	M65	37.47
Paula Kennedy	W50	29.10
Sharon Moloney	W55	24.75
Garry Hastie	M55	23.27
Ruth Johnson	W75	20.72
Harold Membrey	M65	19.14

**ECAC – October 17**

---

**100m**

Chris Neale	M50	13.43
Steve Fuller	M65	14.67
David Adams	M40	15.21

Maureen Keshwar	W65	16.34
Nick Fairweather	M65	17.02
Janne Wells	W50	17.29
Andrea Penny	W40	19.04
Cecil Walkley	M90	69.96

**300m**

Chris Neale	M50	41.45
Steve Fuller	M65	46.90
John Dennehy	M60	62.85
Cecil Walkley	M90	3:37.6

**1500m**

Nick Best	M40	5:20.7
Vanessa Carson	W40	5:23.2
Ian Hannaby	M50	5:35.6
Chris Groom	M50	5:54.1
Oliver Berry	Vis	5:57.4
David Adams	M40	6:01.5
Bob Hull	M75	6:24.2
Bert Carse	M75	6:25.6
David Solomon	Vis	6:44.8
Des Walsh	M65	6:45.4
Jenn Parker	W50	6:46.2
Mike Meredith	Vis	7:09.2
Janne Wells	W50	7:58.4
Delia Baldock	W55	8:46.3
Cecil Walkley	M90	19:02.6

**3000m**

Vanessa Carson	W40	11:51.82
Nick Best	M40	12:33.79
Ian Hannaby	M50	12:52.01
David Adams	M40	12:59.13
David Solomon	Vis	13:03.68
Bob Hull	M75	13:05.22
Mike Meredith	Vis	13:13.59
Alan Gray	M55	14:24.64
Jackie Halberg	W70	18:09.52

**3000m walk**

Haydn Gawne	M70	20:34.51
Oliver Berry	Vis	22:20.09

**Triple Jump**

Oliver Berry	Vis	9.51
David Adams	M40	6.80
Suzanne Farcich	W60	5.22

**Hammer**

Jenn Parker	W50	34.31
Bruce McGeorge	M65	16.82
Oliver Berry	Vis	16.43

**Weight**

Geoff Gee	M65	14.21
Jenn Parker	W50	11.34
Bruce McGeorge	M65	8.39
Maureen Keshwar	W65	7.91
Andrea Penny	W40	4.89

**Strive, WAAS – October 20**

---

**100m**

Lee Stergiou	M45	12.29	-1.9
Andrew Taylor	M40	12.41	-1.8
Gin Ang	M55	13.52	-0.6
Barrie Kernaghan	M75	16.88	-1.9
John Dennehy	M60	17.23	-1.9

**400m**

Mandy Mason	W50	65.45
Barrie Kernaghan	M75	85.07

**Discus**

Andrew Ward	M55	30.50
-------------	-----	-------

**Hammer**

Byrony Glass	W40	47.21
--------------	-----	-------

**WAAS – October 22**

---

**60m**

Wayne Bariolo	M50	8.1
David Adams	M40	9.0
Annmarie O'Donovan	W45	9.1
David Parker	M45	9.7
Lenz Keel	M75	9.7
Norm Richards	M80	9.7
Barrie Kernaghan	M75	9.8
Des Walsh	M65	9.3
Jenn Parker	W50	9.5
John Dennehy	M60	10.5

**200m**

Wayne Bariolo	M50	27.3
Des Walsh	M65	30.3
Annmarie O'Donovan	W45	32.3
Barrie Kernaghan	M75	33.0
David Graieg	M35	24.7
Tim Karajas	M40	30.9
David Parker	M45	32.2
Mark Dawson	M55	36.5
Lenz Keel	M75	33.3
Carmel Meyer	W55	33.9
Ivan Brown	M70	37.1

**1500m**

David Graieg	M35	5:29.6
Tim Karajas	M40	5:38.7
Jason Kell	M40	5:48.3
David Adams	M40	5:51.2
Liz Gomez	W40	6:13.3
Wayne Bariolo	M50	6:18.3
Hans Venter	M55	6:23.9
Geoff Vine	M70	6:51.3
Annmarie O'Donovan	W45	6:53.2
David Carr	M85	7:17.5
Delia Baldock	W55	7:54.9

Paul O'Sullivan	Vis	5:22.7
Mark Dawson	M55	5:31.1
Paul Scott-Taylor	M60	6:15.3
Campbell Till	M60	6:17.9
Stuart Manning	M40	6:46.8
Ivan Brown	M70	7:17.9
Carmel Meyer	W55	7:34.9

**5000m**

Tim Karajas	M40	21:12.1
Paul Scott-Taylor	M60	21:47.0

**3000m**

David Graieg	M35	12:35.6
Hans Venter	M55	14:15.5

**3000m walk**

Glenys Duncan	W75	27:51.5
---------------	-----	---------

**Long Jump**

David Graieg	M35	6.07
Wayne Bariolo	M50	4.96
Hans Venter	M55	4.34
Dave Wyatt	M65	4.22
Tim Karajas	M40	3.98
Jenn Parker	W50	3.96
Annmarie O'Donovan	W45	3.77
Des Walsh	M65	3.63
Norm Richards	M80	3.36
Glori Gylsson	Vis	3.36
David Adams	M40	3.28
David Carr	M85	2.03

**Javelin**

Wayne Bariolo	M50	37.28
Andrew Ward	M55	32.39
T Gent	Vis	31.35
Isaiah Manning	Vis	20.59
Jenn Parker	W50	20.58
Des Walsh	M65	19.54
Norman Stanger	M80	16.57
Annmarie O'Donovan	W45	14.54

**Hammer**

<b>Warren Button</b>	<b>M30</b>	<b>57.44</b>	<b>SR</b>
Alex De Silva	Vis	54.23	
Jenn Parker	W50	36.17	
Eijeesha De Silva	Vis	33.72	
Andrew Ward	M55	26.55	
Norman Stanger	M80	20.51	

**Bunbury – October 22****200m**

Garry Hastie	M55	31.29
Harold Membrey	M65	35.53
Brian Waldhuter	M75	37.42
Ruth Johnson	W75	41.42

**800m**

Harold Membrey	M65	3:46.1
Ruth Johnson	W75	4:14.2
Paula Kennedy	W50	6:16.4

**Triple Jump**

Brian Waldhuter	M75	6.95
Ruth Johnson	W75	5.54

**Shot**

John Fettus	M45	12.08
Jo Peters	M65	11.08
Paula Kennedy	W50	8.25
Garry Hastie	M55	8.08
Sharon Moloney	W55	7.39
Harold Membrey	M65	7.02
Debra Cox	W55	6.23
Ruth Johnson	W75	5.85
Brian Waldhuter	M75	5.81

**Hammer**

John Fettus	M45	40.92
Jo Peters	M65	40.75
Paula Kennedy	W50	29.97
Sharon Moloney	W55	24.88
Garry Hastie	M55	23.45

**ECAC – October 24****100m**

David Adams	M40	15.09
Renae Szostak	W40	15.22
Sue Coate	W50	15.51
Nick Fairweather	M65	17.05

Wayne Bariolo	M50	13.61
Maureen Keshwar	W65	16.25
John Dennehy	M60	17.50
Bert Carse	M75	19.88

David Adams	M40	15.20
Janne Wells	W50	17.81
Keith Martin	M75	21.15
Cecil Walkley	M90	66.59

**200m**

David Adams	M40	32.65
Roberto Busi	M40	37.09
Nick Fairweather	M65	37.89
Bert Carse	M75	40.15
Dave Berry	M55	54.54
Cecil Walkley	M90	2:19.60

**800m**

Nick Best	M40	2:21.97
Ian Hannaby	M50	2:35.14
Matt Godfrey	M40	2:36.74
Vanessa Carson	W40	2:43.25
Campbell Till	M60	2:47.63
Barbara Blurton	W65	3:11.04
John McShane	M55	3:13.68
Bert Carse	M75	3:14.78
David Carr	M85	3:26.24
Carmel Meyer	W55	3:28.98
Cecil Walkley	M90	10:05.16

<b>5000m</b>			
Roberto Busi	M40	15:57.55	
Dee Roe	W50	20:22.28	
Vanessa Carson	W40	20:33.83	
David Solomon	Vis	24:18.79	
Bruce McGeorge	M65	25:03.19	
Dave Berry	M55	34:12.37	

<b>3000m</b>			
Matt Godfrey	M40	12:31.0h	
Ian Hannaby	M50	12:39.76	

<b>3000m walk</b>			
Haydn Gawne	M70	20:40.30	

<b>Long Jump</b>			
Wayne Bariolo	M50	5.11	
Renae Szostak	W40	4.43	
Nick Best	M40	4.22	
Jenn Parker	W50	4.15	
Sue Coate	W50	3.75	
Des Walsh	M65	3.53	
David Adams	M40	3.49	
Delia Baldock	W55	3.22	
Vanessa Carson	W40	2.60	
David Carr	M85	1.76	

<b>Shot</b>			
Jenn Parker	W50	10.15	
Sue Coate	W50	9.63	
Michelle Krokosz	W30	9.10	
Des Walsh	M65	6.33	
Andrea Penny	W40	4.87	

<b>Discus</b>			
Michelle Krokosz	W30	31.84	
Jenn Parker	W50	28.33	
Wayne Bariolo	M50	26.16	
Bruce McGeorge	M65	22.97	
Sue Coate	W50	22.53	
Des Walsh	M65	22.18	
Nick Best	M40	20.88	
Maureen Keshwar	W65	19.67	
David Adams	M40	13.48	
Andrea Penny	W40	13.37	
Vanessa Carson	W40	12.78	
Kevin Collins	M50	11.28	
Delia Baldock	W55	11.10	
David Carr	M85	10.74	

### Strive, WAAS – October 25

---

<b>60m</b>			
Lee Stergiou	M45	7.70	+0.4
Gregory Brennan	M50	8.10	+0.4
Gin Ang	M55	8.39	+0.4
Barrie Kernaghan	M75	10.54	+0.1
John Dennehy	M60	10.63	+0.1
Alan Deans	M65	11.49	+0.1

<b>200m</b>			
Lee Stergiou	M45	24.64	+2.9
Barrie Kernaghan	M75	34.11	+2.2
John Dennehy	M60	36.10	+2.2

<b>5000m</b>			
Chris Gould	M40	15:59.56	
Kim Thomas	M45	17:39.93	
Clare Wardle	W45	19:36.52	

<b>Pole Vault</b>			
Paul Jeffery	M45	4.00	

<b>High Jump</b>			
Paul Jeffery	M45	1.65	

<b>Javelin</b>			
Paul Jeffery	M45	53.26	SR pending
Andrew Ward	M55	30.21	

<b>Hammer</b>			
Warren Button	M30	55.75	
Andrew Ward	M55	26.81	

### Bunbury – October 26

---

<b>Weight</b>			
John Fettus	M45	13.25	
Ruth Johnson	W75	8.12	
Brian Waldhuter	M75	8.05	

### WAAS – October 29

---

<b>60m</b>			
Wayne Bariolo	M50	7.9	
David Adams	M40	8.9	
Sue Coate	W50	9.3	
Norm Richards	M80	10.4	

Chris Groom	M50	9.1	
Rory Shaw	Vis	9.2	
Lenz Keel	M75	9.9	
Gordon Medcalf	M90	21.2	

David Graieg	M35	7.6	
Jason Kell	M40	8.7	
Des Walsh	M65	9.0	
Sue Coate	W50	9.2	

<b>300m</b>			
David Graieg	M35	43.5	
Stuart Manning	M40	47.0	
Hans Venter	M55	48.2	
Rory Shaw	Vis	49.2	

Des Walsh	M65	49.3	
Sue Coate	W50	53.3	
Lenz Keel	M75	56.3	

Barrie Kernaghan	M75	57.7	
Carmel Meyer	W55	58.7	
Geoff Vine	M70	63.3	
Delia Baldock	W55	64.0	

<b>800m</b>		
Anthony Mugavin	M35	2:14.9
David Graieg	M35	2:22.5
Mark Dawson	M55	2:37.7
Jason Kell	M40	2:42.0
Stuart Manning	M40	2:43.0
David Adams	M40	2:54.8

Paul O'Sullivan	Vis	2:32.6
Campbell Till	M60	2:43.1
Paul Scott-Taylor	M60	3:12.3
Alan Gray	M55	3:19.6
Geoff Vine	M70	3:25.4
Ivan Brown	M70	3:34.7
Johan Hagedoorn (walk)	M75	5:20.8

<b>3000m</b>		
Paul Scott-Taylor	M60	12:29.4
David Adams	M40	12:52.0
Mark Dawson	M55	13:32.4
Isaiah Manning	Vis	13:53.3
Hans Venter	M55	14:00.9
Alan Gray	M55	14:29.5

<b>3000m walk</b>		
John Dennehy	M60	19:54.7
Johan Hagedoorn	M75	21:00.5
Ursula Keel	Vis	24:35.4
Glenys Duncan	W75	27:08.0

<b>Long Jump</b>		
David Graieg	M35	5.94
Wayne Bariolo	M50	4.79
Hans Venter	M55	4.49
Jason Kell	M40	4.03
Sue Coate	W50	3.93
Rory Shaw	Vis	3.92
Annmarie O'Donovan	W45	3.88
David Adams	M40	3.61
Delia Baldock	W55	3.45
Norm Richards	M80	3.41
Des Walsh	M65	3.37
Liz Gomez	W40	2.45

<b>Hammer</b>		
Chris Schelfhout	W50	29.60
Norman Stanger	M80	19.70
Bruce McGeorge	M65	17.81

<b>Discus</b>		
Des Walsh	M65	23.64
Mike Anderson	M70	15.53
Isaiah Manning	Vis	14.79

<b>Shot</b>		
Norman Stanger	M80	8.05
Chris Schelfhout	W50	7.82
Mike Anderson	M70	5.99

### Bunbury – October 29

---

<b>100m</b>		
Garry Hastie	M55	15.25
Harold Membrey	M65	16.46
Brian Waldhuter	M75	17.84
Ruth Johnson	W75	19.66

<b>1500m</b>		
Ruth Johnson	W75	8:39.7

<b>1500m walk</b>		
Garry Hastie	M55	8:32.0
Harold Membrey	M65	10:45.7

<b>High Jump</b>		
Brian Waldhuter	M75	1.20
Harold Membrey	M65	1.05
Ruth Johnson	W75	0.90

<b>Javelin</b>		
John Fettus	M45	36.11
Garry Hastie	M55	33.61
Jo Peters	M65	33.25
Harold Membrey	M65	15.81
Debra Cox	W55	12.25
Ruth Johnson	W75	10.87

### ECAC – October 31

---

<b>60m</b>		
David Adams	M40	9.2
Des Walsh	M65	9.8
Cecil Walkley	M90	41.0

<b>400m</b>		
Jason Kell	M40	66.5
Jenn Parker	W50	72.5
David Adams	M40	73.2
John McShane	M55	78.9
Liz Gomez	W40	80.1
Des Walsh	M65	81.2
David Carr	M85	87.5
Delia Baldock	W55	1:30.3
Cecil Walkley	M90	3:42.5

<b>1000m</b>		
John McShane	M55	4:15.0

<b>3000m</b>		
Jackie Halberg	W70	18:14.5
David Carr	M85	18:15.8

<b>5000m</b>		
Ian Hannaby	M50	21:59.5
Liz Gomez	W40	23:21.0
David Adams	M40	25:59.1
Oliver Berry (walk)	Vis	39:23.4

<b>Javelin</b>		
Oliver Berry	Vis	31.67
Jenn Parker	W50	23.90
Franz Schlechter	M65	23.34
Andrea Penny	W40	10.02

<b>Weight</b>		
Franz Schlechter	M65	8.91
Andrea Penny	W40	4.83

<b>Super Heavy Weight</b>		
Jenn Parker	W50	7.94



## Selected marathon results

---

### Perth – October 6

Kim Thomas	M45	2:42:04
Chris Lark	M40	2:42:11
Steve Weller	M40	3:00:07
Jackie Kellerman	W40	3:01:11
Zane Walsh	M35	3:23:59
Stuart MacKinnon	M35	3:24:07
John Ranger	M50	3:25:50
Ante Perdija	M45	3:27:00
Adrian Fabiankovits	M30	3:28:40
David Adams	M40	3:52:10
Tommy Glackin	M35	3:55:28
Bob Colligan	M60	3:56:54
Keith Miller	M70	4:10:39
Mercurio Cicchini	M70	4:15:56
Rodney Glossop	M40	4:19:05
Conny Brieden	W50	4:23:52
Alicia Edwards	W45	5:00:53
Rashanthi Wanigasekera	W45	5:09:00
Noelene Treen	W60	5:23:32
Kathy Skehan	W55	6:02:36

### Melbourne – October 13

Lori Sexton	W55	4:23:38
Caroline Clark	W45	4:44:39
Silke Peglow	W50	5:08:10
Craig Madden	M50	5:28:32

(NOTE: all results are net times)