

# September 2019 Results

*This listing includes all events where members are known to have competed, except OMA Championships which are reported elsewhere  
All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

## AA Winter Race Walking Championships, Adelaide – September 8

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### 10km walk

Karyn Tolardo W50 1:01:01.11

## ECAC – September 12

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### 100m

Edwin Hendricks Vis 12.5  
Shannon Neale Vis 12.7  
Colin Smith M55 13.1  
Chris Neale M50 13.2  
Chris Gould M40 13.3  
  
Nick Fairweather M65 16.6  
Janne Wells W50 17.0  
Bob Schickert M75 20.7  
Cecil Walkley M90 74.8

### 200m

Colin Smith M55 26.5  
Chris Gould M40 26.8  
Chris Neale M50 26.8  
Connor Hoggart Vis 32.3  
Quewin Gould Vis 32.7  
  
Andy Abbey M50 30.3  
Des Walsh M65 30.3  
Michelle Krokosz W30 33.3  
Nick Fairweather M65 37.7  
David Carr M85 39.5  
Bob Schickert M75 44.6  
Cecil Walkley M90 2:42.7

### 400m

Shannon Neale Vis 59.4  
Chris Gould M40 59.9  
Colin Smith M55 60.7  
Chris Neale M50 61.1  
  
Nick Best Vis 66.1  
Michelle Krokosz W30 74.5  
Frederique Peters Vis 81.1  
Jerry Peters M40 81.1  
David Carr M85 88.9  
Cecil Walkley M90 5:22.2

### 800m

Nick Best Vis 2:37.5  
Matt Godfrey M40 2:40.1  
Connor Hoggart Vis 2:42.3  
Pete Wall Vis 2:43.9  
Chris Gould M40 2:46.8  
Quewin Gould Vis 2:46.9  
Jenn Parker W50 3:13.7  
Mike Meredith Vis 3:20.0  
Jerry Peters M40 3:20.9  
Frederique Peters Vis 3:21.0  
Delia Baldock W55 3:37.1  
Jackie Halberg W70 4:07.2  
Cecil Walkley M90 11:44.2

### 5000m

Pete Wall Vis 19:51.4  
Jerry Peters M40 21:01.2  
Andy Abbey M50 21:36.8  
Mike Meredith Vis 23:47.7

### 3000m

Chris Gould M40 9:59.1  
Matt Godfrey M40 13:02.1  
Alan Gray M55 14:19.7  
Quewin Gould Vis 14:27.3  
Connor Hoggart Vis 14:27.6  
Janne Wells W50 15:44.2  
Jenn Parker W50 15:44.7

## ECAC – September 19

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### 60m

Colin Smith M55 8.6  
David Adams M40 8.9  
Des Walsh M65 9.2  
Cecil Walkley M90 46.7  
  
Nick Fairweather M65 9.8  
Maureen Keshwar W65 10.1  
Delia Baldock W55 11.1  
Marian Mitchell W65 15.2  
Ruth Roe Vis 17.7

### 100m

Colin Smith M55 14.2  
David Adams M40 15.0  
Maureen Keshwar W65 16.1  
Nick Fairweather M65 16.2  
Ruth Roe Vis 31.4  
Cecil Walkley M90 72.3

<b>300m</b>		
Colin Smith	M55	43.4
Des Walsh	M65	49.0
Michelle Krokosz	W30	51.1
Barry Newell	M60	55.4
David Carr	M85	62.5
Delia Baldock	W55	63.4
Cecil Walkley	M90	4:01.3

<b>1500m</b>		
Drew Langford	Vis	4:47.9
Andy Abbey	M50	5:16.9
Dee Roe	W50	5:48.1
David Adams	M40	6:11.5
Cecil Walkley	M90	21:47.3

<b>3000m</b>		
Drew Langford	Vis	9:43.3
Dee Roe	W50	12:05.1
David Adams	M40	13:01.9
Barbara Blurton	W65	15:05.3
Maurice Creagh	M70	17:59.0
Barry Newell	M60	18:55.3
David Carr	M85	20:18.4

<b>3000m walk</b>		
John Dennehy	M55	20:18.4
Haydn Gawne	M70	20:49.3

## ECAC – September 26

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<b>60m</b>		
Maureen Keshwar	W65	9.6
Nick Fairweather	M65	9.7
Rob Colton	M55	9.8
Andi Muir	Vis	10.7
Eloise Krokosz	Vis	11.9
Cecil Walkley	M90	44.0

Edwin Hendricks	Vis	8.0
Colin Smith	M55	8.0
David Adams	M40	9.1
Delia Baldock	W55	10.9

<b>200m</b>		
Colin Smith	M55	27.6
Tracy van der Laan	Vis	30.6
David Adams	M40	30.8
Michelle Krokosz	W30	31.0

Maureen Keshwar	W65	34.3
Rob Colton	M55	34.8
John Dennehy	M55	36.2
David Carr	M85	38.6
Eloise Krokosz	Vis	41.9
Cecil Walkley	M90	2:35.7

<b>400m</b>		
Colin Smith	M55	66.0
Michelle Krokosz	W30	74.7
Keith Redpath	M65	76.8
Rob Colton	M55	77.8
Barbara Blurton	W65	78.7
David Carr	M85	87.4

Tracy van der Laan	Vis	73.8
Delia Baldock	W55	1:32.8
Nick Fairweather	M65	1:35.8
Maureen Keshwar	W65	1:37.8
Maurice Creagh	M70	1:54.1
Cecil Walkley	M90	5:24.7

<b>1000m</b>		
Matt Godfrey	M40	3:28.9
Jerry Peters	M40	3:36.7
Rod Hamilton	M55	3:44.1
Rob Colton	M55	3:51.5
David Adams	M40	4:00.9
Barbara Blurton	W65	4:14.1
Jackie Halberg	W70	5:18.0
Maurice Creagh	M70	5:24.5
Cecil Walkley	M90	13:36.1

<b>5000m</b>		
Chris Gould	M40	16:17.9
Ross Langford	M40	16:21.6
Jerry Peters	M40	20:06.8
Rod Hamilton	M55	20:56.2
David Adams	M40	22:37.1
Mike Meridith	Vis	22:43.6
Rob Colton	M55	23:46.0
Matt Godfrey	M40	24:22.1
Alan Gray	M55	25:00.4

<b>3000m</b>		
David Carr	M85	20:40.6

<b>3000m walk</b>		
John Dennehy	M55	20:38.9
Haydn Gawne	M70	20:57.3

## WA Throwers Club, ECAC – September 28-30

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<b>Hammer</b>		
Bev Hamilton	W70	23.34
John Fettus	M45	41.98
Mal Clarke	M45	35.67
Jo Peters	M65	40.64
Geoffrey Gee	M65	37.34
Ossi Igel	M65	32.99

<b>Shot</b>		
Bev Hamilton	W70	6.62
Mal Clarke	M45	12.09
John Fettus	M45	11.95
Geoffrey Gee	M65	11.87
Jo Peters	M65	11.28
Ossi Igel	M65	10.61

<b>Discus</b>		
Bev Hamilton	W70	19.24
Mal Clarke	M45	39.23
John Fettus	M45	35.43
Todd Davey	M50	44.72
Jo Peters	M65	43.18
Ossi Igel	M65	34.48

<b>Javelin</b>		
Bev Hamilton	W70	13.56
Mal Clarke	M45	39.18
Jo Peters	M65	30.46

<b>Weight</b>		
Bev Hamilton	W70	9.98
John Fettus	M45	13.05
Jo Peters	M65	15.01
Geoffrey Gee	M65	14.81
Ossi Igel	M65	13.76

<b>56lb weight</b>			
Matthew Staunton	M45	7.56	
Todd Davey	M50	7.44	
Jenn Parker	W50	2.73	<b>SR</b>
Bev Hamilton	W70	1.79	

<b>100lb weight</b>			
Andrea Penny	W40	1.01	<b>SR</b>
Jenn Parker	W50	1.28	<b>SR</b>
Bev Hamilton	W70	0.82	
Matthew Staunton	M45	3.66	
Todd Davey	M50	3.49	
Geoffrey Gee	M65	2.77	
Ossi Igel	M65	2.72	

### Throws pentathlon

			<b>Hammer</b>	<b>Shot</b>	<b>Discus</b>	<b>Javelin</b>	<b>Weight</b>
Bev Hamilton	W70		22.51	6.97	19.22	13.05	9.40
		Total points	3299				
Mal Clarke	M45		35.56	11.92	38.94	40.51	12.54
		Total points	3401				
John Fettus	M45		39.91	11.98	37.66	36.07	13.14
		Total points	3426				
Jo Peters	M65		38.45	11.48	42.81	34.22	14.63
		Total points	3926				
Geoffrey Gee	M65		38.12	12.24	ND	29.93	16.15
		Total points	3114				

### Heavyweight pentathlon

Andrea Penny	W40		<b>12lb</b> 7.23 267	<b>16lb</b> 4.37 163	<b>20lb</b> 3.23 126	<b>25lb</b> 4.73 274	<b>35lb</b> 3.35 217
		Total points	1047				
Jenn Parker	W50		<b>4kg</b> 15.97 678	<b>12lb</b> 11.28 540	<b>16lb</b> 7.83 447	<b>20lb</b> 7.07 495	<b>25lb</b> 5.66 454
		Total points	2614				
Bev Hamilton	W70		<b>3kg</b> 12.49 550	<b>4kg</b> 10.97 527	<b>12lb</b> 9.3 570	<b>16lb</b> 7.05 492	<b>20lb</b> 4.49 350
		Total points	2489				
Matthew Staunton	M45		<b>20lb</b> 18.68 791	<b>25lb</b> 16.3 775	<b>35lb</b> 12.72 728	<b>44lb</b> 9.86 780	<b>56lb</b> 7.97 786
		Total points	3860				
Todd Davey	M50		<b>16lb</b> 21.71 828	<b>20lb</b> 19.79 874	<b>25lb</b> 16.22 850	<b>35lb</b> 12.19 761	<b>44lb</b> 10.18 882
		Total points	4195				
Geoffrey Gee	M65		<b>12lb</b> 20.72 842	<b>16lb</b> 18.2 852	<b>20lb</b> 15.84 888	<b>25lb</b> 13.3 870	<b>35lb</b> 8.73 655
		Total points	4107				
Ossi Igel	M65		<b>12lb</b> 18.91 760	<b>16lb</b> 16.67 772	<b>20lb</b> 14.22 784	<b>25lb</b> 12.06 776	<b>35lb</b> 8.76 658
		Total points	3750				

**Selected marathon results**

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**Sydney – September 15**

Jackie Kellerman	W40	3:04:11
Peter Sanders	M70	3:51:44
Gary Ife	M50	3:58:15
Susan Sanders	W65	4:30:30
David Adams	M40	4:32:27

**Berlin – September 29**

Paul Beckers	M30	2:40:32
Kevin Johnson	M60	3:32:19
Sandra Stockman	W50	4:17:07

(NOTE: net times)