

MAWA Club Tops 2019–2020

A listing of the top three performances for May 2019 to April 2020 inclusive
 - each age group, and each major event
 (Note: This does not include indoor events)

60m

M30				W40			
Tim Loh	21/01/20	WAAS	7.5	Renae Szostak	12/12/19	ECAC	9.00
Oliver Berry	14/11/19	ECAC	8.18	Jasmine Heslop	28/11/19	ECAC	9.24
Carl Heslop	28/11/19	ECAC	8.95	Radika Lucas	20/02/20	ECAC	9.40
M35				W45			
David Graieg	25/02/20	WAAS	7.4	Anmarie O'Donovan	22/10/19	WAAS	9.1
				Donna Abbey	23/01/20	ECAC	9.47
M40				W50			
David Adams	10/12/19	WAAS	8.6	Sue Coate	12/11/19	WAAS	8.8
Jason Kell	29/10/19	WAAS	8.7	Jenn Parker	14/11/19	ECAC	9.38
Nick Best	11/02/20	WAAS	8.8	Lisa Limonas	08/08/19	ECAC	9.5
M45				W55			
Lee Stergiou	10/03/20	WAAS	7.3	Cathy McCloskey	10/03/20	WAAS	8.9
Paul Jeffery	10/03/20	WAAS	7.3	Fran Cherry	26/11/19	WAAS	9.3
Adrian McKenzie	29/11/19	Strive	7.61	Juliana Kelly	26/11/19	WAAS	9.3
M50				W65			
Wayne Bariolo	29/10/19	WAAS	7.9	Maureen Keshwar	26/09/19	ECAC	9.6
Gregory Brennan	25/10/19	Strive	8.10	Lynne Choate	28/01/20	WAAS	10.0
Chris Neale	29/08/19	ECAC	8.2	Marian Mitchell	08/08/19	ECAC	14.6
M55				W70			
Colin Smith	26/09/19	ECAC	8.0	Brenda Painter	03/10/19	ECAC	11.88
Gin Ang	12/11/19	WAAS	8.1	Christina Faithfull	25/02/20	WAAS	13.2
Hans Venter	25/02/20	WAAS	8.6				
M60				W75			
Garry Ralston	26/11/19	WAAS	8.3	Ruth Johnson	01/09/19	OMA Ch, Mackay	11.42
Des Walsh	11/07/19	ECAC	9.1				
John Dennehy	26/11/19	WAAS	10.3				
M65							
Des Walsh	12/11/19	WAAS	8.8				
Dave Wyatt	07/01/20	WAAS	9.1				
Steve Fuller	14/11/19	ECAC	9.23				
M70							
Geoff Brayshaw	12/11/19	WAAS	9.1				
Greg Kennedy	29/08/19	ECAC	9.4				
Stephen Crabbe	28/11/19	ECAC	10.50				
M75							
Lenz Keel	12/11/19	WAAS	9.4				
Barrie Kernaghan	22/10/19	WAAS	9.8				
Brian Waldhuter	11/02/20	Bunbury	10.66				
M80							
Norm Richards	22/10/19	WAAS	9.7				
M90							
Gordon Medcalf	26/11/19	WAAS	19.7				
Cecil Walkley	30/05/19	ECAC	36.9				

100m

M30							
Tim Loh	27/02/20	ECAC	11.8	W30	Michelle Krokosz	07/01/20	WAAS 14.4
Oliver Berry	18/01/20	MAWA St Ch Dec	12.66				
M35				W35	Michelle Krokosz	19/03/20	ECAC 15.07
David Graieg	17/12/19	WAAS	11.6				
M40				W40	Renae Szostak	24/10/19	ECAC 15.22
Andrew Taylor	08/11/19	Strive	12.18		Radika Lucas	19/03/20	ECAC 15.25
Edwin Hendricks	27/02/20	ECAC	12.6		Vanessa Carson	21/11/19	ECAC 16.6
Chris Gould	12/09/19	ECAC	13.3				
David Adams	27/02/20	ECAC	13.3	W50	Mandy Mason	13/12/19	Strive 13.76
M45					Lisa Limonas	15/10/19	WAAS 14.1
Lee Stergiou	13/12/19	Strive	11.90		Sue Coate	03/03/20	WAAS 14.4
M50				W55	Cathy McCloskey	03/03/20	WAAS 14.5
Gregory Brennan	13/12/19	Strive	12.68		Juliana Kelly	17/12/19	WAAS 15.3
Wayne Bariolo	17/12/19	WAAS	12.7		Fran Cherry	07/01/20	WAAS 15.8
Andrew Brooker	18/01/20	MAWA St Ch Dec	13.10	W60	Carol Bowman	08/08/19	ECAC 18.3
M55							
Colin Smith	07/02/20	Strive	12.91	W65	Maureen Keshwar	03/09/19	OMA Ch, Mackay 15.89
Gin Ang	13/12/19	Strive	12.99		Lynne Choate	28/01/20	WAAS 16.3
Hans Venter	03/12/19	WAAS	13.8	W70	Brenda Painter	22/08/19	ECAC 20.1
M60					Christina Faithfull	07/01/20	WAAS 24.7
Des Walsh	18/07/19	ECAC	14.9	W75	Ruth Johnson	06/09/19	OMA Ch, Mackay 19.24
Chico Subramanian	07/01/20	WAAS	14.9		Brenda Painter	30/01/20	ECAC 21.01
John Dennehy	26/02/20	Strive	16.58		Christine Oldfield	19/03/20	ECAC 23.99
M65							
Des Walsh	03/12/19	WAAS	14.3				
Steve Fuller	17/10/19	ECAC	14.67				
Harold Membrey	08/08/19	ECAC	15.8				
M70							
Greg Kennedy	08/08/19	ECAC	15.5				
Mercurio Cicchini	19/12/19	ECAC	18.71				
John Talbot	27/06/19	ECAC	26.4				
M75							
Lenz Keel	15/10/19	WAAS	15.5				
Barrie Kernaghan	15/10/19	WAAS	15.6				
Brian Waldhuter	07/01/20	Bunbury	17.81				
M80							
Norm Richards	18/02/20	WAAS	15.9				
M85							
David Carr	18/07/19	ECAC	18.7				
M90							
Cecil Walkley	24/10/19	ECAC	66.59				

200m

M30							
Oliver Berry	27/02/20	ECAC	26.6	W30	Michelle Krokosz	14/01/20	WAAS 29.9
Adrian Fabiankovits	09/01/20	ECAC	28.01				
Carl Heslop	28/11/19	ECAC	28.06	W35	Michelle Krokosz	27/02/20	ECAC 30.0
M35				W40			
David Graieg	22/10/19	WAAS	24.7	Jasmine Heslop	28/11/19	ECAC	31.23
M40				Radika Lucas	06/02/20	ECAC	33.92
Daniel Leseberg	14/02/20	Strive	25.54	Liz Gomez	05/03/20	ECAC	38.75
Chris Gould	12/09/19	ECAC	26.8	W45			
Nick Best	04/02/20	WAAS	27.6	Sharon Davis	10/01/20	Strive	29.64
M45				Annmarie O'Donovan	22/10/19	WAAS	32.3
Paul Jeffery	23/02/20	AWA St Ch	23.99	W50			
Lee Stergiou	22/01/20	Strive	24.01	Mandy Mason	11/10/19	Strive	27.65
Nick Moore	13/02/20	ECAC	29.64	Sue Coate	05/09/19	OMA Ch, Mackay	30.36
M50				Lisa Limonas	01/10/19	WAAS	30.9
Chris Neale	12/09/19	ECAC	26.8	W55			
Wayne Bariolo	22/10/19	WAAS	27.3	Juliana Kelly	10/12/19	WAAS	32.2
Ian Hannaby	21/01/20	WAAS	28.2	Carmel Meyer	27/02/20	ECAC	32.6
M55				Fran Cherry	14/01/20	WAAS	34.6
Colin Smith	20/12/19	Strive	26.20	W60			
Hans Venter	05/11/19	WAAS	29.1	Caroline van der Mey	06/02/20	ECAC	50.63
Brian Callaghan	18/02/20	WAAS	29.5	W65			
M60				Barbara Blurton	27/02/20	ECAC	31.1
Campbell Till	26/11/19	WAAS	28.1	Maureen Keshwar	05/03/20	ECAC	33.60
Des Walsh	13/06/19	ECAC	30.2	Lynne Choate	05/03/20	ECAC	37.08
Chico Subramanian	09/01/20	ECAC	31.43	W75			
M65				Ruth Johnson	05/09/19	OMA Ch, Mackay	38.31
Des Walsh	05/09/19	OMA Ch, Mackay	29.66				
Keith Redpath	06/02/20	ECAC	29.96				
Michael Byrne	28/01/20	Bunbury	30.30				
M70							
Greg Kennedy	10/12/19	WAAS	33.0				
Ivan Brown	22/10/19	WAAS	37.1				
Stephen Crabbe	28/11/19	ECAC	37.74				
M75							
Barrie Kernaghan	15/11/19	Strive	32.61				
Lenz Keel	22/10/19	WAAS	33.3				
Ivan Brown	04/02/20	WAAS	35.7				
M80							
Norm Richards	18/02/20	WAAS	34.0				
M85							
David Carr	26/09/19	ECAC	38.6				
M90							
Cecil Walkley	11/07/19	ECAC	2:09.8				

400m

M30							
Oliver Berry	19/03/20	ECAC	58.69	W30	Michelle Krokosz	08/10/19	WAAS 71.3
Adrian Fabiankovits	20/02/20	ECAC	65.55				
M35				W35	Michelle Krokosz	19/03/20	ECAC 70.30
David Graieg	18/01/20	MAWA St Ch Dec	54.93				
M40				W40	Radika Lucas	19/03/20	ECAC 75.85
Chris Gould	12/09/19	ECAC	59.9	Liz Gomez	31/10/19	ECAC	80.1
Nick Best	25/02/20	WAAS	60.5				
Stuart Manning	20/02/20	ECAC	62.84	W45	Sharon Davis	23/11/19	Strive 62.37
M45				Annmarie O'Donovan	15/10/19	WAAS	76.8
Paul Jeffery	23/11/19	Strive	53.97	Donna Abbey	23/01/20	ECAC	77.88
Lee Stergiou	07/02/20	Strive	54.82				
M50				W50	Mandy Mason	20/10/19	Strive 65.45
Chris Neale	23/01/20	ECAC	59.45	Jenn Parker	31/10/19	ECAC	72.5
Andrew Brooker	18/01/20	MAWA St Ch Dec	60.25	Sue Coate	04/02/20	WAAS	75.3
Ian Hannaby	21/01/20	WAAS	65.9				
M55				W55	Juliana Kelly	03/12/19	WAAS 78.8
Colin Smith	04/01/20	Strive	59.69	Carmel Meyer	20/02/20	ECAC	79.65
Hans Venter	08/10/19	WAAS	68.3	Fran Cherry	19/03/20	ECAC	88.32
Mark Dawson	04/01/20	Strive	68.67				
M60				W60	Carol Bowman	08/08/19	ECAC 83.7
Campbell Till	25/02/20	WAAS	62.0				
Barry Newell	13/06/19	ECAC	83.7	W65	Barbara Blurton	20/02/20	ECAC 71.34
Des Walsh	13/06/19	ECAC	120.3	Marg Saunders	06/09/19	OMA Ch, Mackay	77.02
M65				Maureen Keshwar	30/01/20	ECAC	1:35.70
Steve Fuller	19/12/19	ECAC	65.89				
Des Walsh	15/10/19	WAAS	69.3	W70	Jackie Halberg	30/01/20	ECAC 1:42.57
Michael Byrne	25/02/20	WAAS	69.6	Brenda Painter	22/08/19	ECAC	2:29.1
M70							
Greg Kennedy	19/03/20	ECAC	83.70	W75	Ruth Johnson	06/09/19	OMA Ch, Mackay 1:33.41
Ivan Brown	19/11/19	WAAS	86.1	Christine Oldfield	19/03/20	ECAC	2:00.16
Bruce Wilson	15/10/19	WAAS	86.6				
M75							
Lenz Keel	20/02/20	ECAC	78.20				
Barrie Kernaghan	10/03/20	Strive	79.46				
Ivan Brown	04/02/20	WAAS	87.3				
M85							
David Carr	18/07/19	ECAC	85.4				
M90							
Cecil Walkley	31/10/19	ECAC	3:42.5				

800m

M30								
Adrian Fabiankovits	09/01/20	ECAC	2:22.71	Vanessa Carson	09/01/20	ECAC	2:40.11	
Oliver Berry	09/01/20	ECAC	2:30.84	Liz Gomez	05/03/20	ECAC	3:01.53	
M35				W45				
Anthony Mugavin	14/02/20	Strive	2:11.65	Sharon Davis	23/02/20	AWA St Ch	2:19.41	
David Graieg	11/02/20	WAAS	2:14.4	Ann-Marie O'Donovan	24/11/19	Strive	3:05.35	
M40				W50				
Chris Gould	14/02/20	Strive	2:04.98	Fiona Leonard	26/11/19	WAAS	2:44.2	
Nick Best	26/11/19	WAAS	2:18.4	Jenn Parker	06/02/20	ECAC	2:59.40	
Tim Karajas	10/03/20	WAAS	2:33.8	Sue Coate	11/02/20	WAAS	3:06.2	
M45				W55				
Nick Moore	06/02/20	ECAC	2:26.62	Carmel Meyer	05/03/20	ECAC	3:14.24	
Andrew Spratt	05/03/20	ECAC	2:33.13	Delia Baldock	01/08/19	ECAC	3:36.3	
M50				Juliana Kelly	12/11/19	WAAS	3:38.8	
Xander van Rijen	14/02/20	Strive	2:17.04	W60				
Andy Abbey	12/12/19	ECAC	2:28.7	Sue Zlnay	05/03/20	ECAC	2:54.90	
Ian Hannaby	23/05/19	ECAC	2:30.4	Carol Bowman	01/08/19	ECAC	3:33.6	
M55				Caroline Van Der Mey	09/01/20	ECAC	4:07.40	
Mark Dawson	22/01/20	Strive	2:36.29	W65				
Hans Venter	26/11/19	WAAS	2:52.5	Marg Saunders	02/09/19	OMA Ch, Mackay	2:54.52	
Colin Smith	06/06/19	ECAC	2:53.4	Barbara Blurton	06/02/20	ECAC	2:59.65	
M60				Carol Bowman	09/01/20	ECAC	4:03.21	
Trevor Scott	02/09/19	OMA Ch, Mackay	2:39.95	W70				
Chico Subramanian	07/01/20	WAAS	2:42.3	Jackie Halberg	05/03/20	ECAC	3:56.68	
Campbell Till	09/01/20	ECAC	2:42.80	Brenda Painter	06/09/19	OMA Ch, Mackay	6:14.19	
M65				W75				
Michael Byrne	03/03/20	Bunbury	2:50.2	Ruth Johnson	02/09/19	OMA Ch, Mackay	3:54.45	
Brian Hewitt	06/06/19	ECAC	3:05.4	W85				
Des Walsh	26/11/19	WAAS	3:18.4	Sylvia Byers	28/01/20	WAAS	7:22.9	
M70								
Bruce Wilson	01/10/19	WAAS	3:23.5					
Geoff Vine	29/10/19	WAAS	3:25.4					
Ivan Brown	12/11/19	WAAS	3:29.1					
M75								
Lenz Keel	26/11/19	WAAS	3:10.7					
David Baird	11/02/20	WAAS	3:14.5					
Bob Hull	01/08/19	ECAC	3:14.7					
M80								
Morland Smith	02/09/19	OMA Ch, Mackay	3:55.23					
M85								
David Carr	01/08/19	ECAC	3:22.7					
M90								
Cecil Walkley	05/03/20	ECAC	10:01.0					

1500m

M30					W30			
Trent Harris	03/03/20	WAAS	4:45.8		Michelle Krokosz	13/06/19	ECAC	7:47.1
Oliver Berry	24/11/19	Strive	6:08.36					
M35					W40			
David Graieg	19/01/20	MAWA St Ch Dec	5:03.48		Vanessa Carson	17/10/19	ECAC	5:23.2
					Liz Gomez	22/10/19	WAAS	6:13.3
M40					W45			
Chris Gould	11/03/20	Strive	4:21.29		Sharon Davis	13/12/19	Strive	5:01.62
Nick Best	17/12/19	WAAS	4:58.7		Annmarie O'Donovan	22/10/19	WAAS	6:53.2
Tim Karajas	17/12/19	WAAS	5:22.0					
M45					W50			
Paul Jeffery	24/11/19	Strive	4:58.91		Dee Roe	19/09/19	ECAC	5:48.1
					Jenn Parker	17/10/19	ECAC	6:46.2
					Silke Peglow	13/06/19	ECAC	7:33.1
M50					W55			
Xander van Rijen	23/11/19	Strive	4:51.75		Carmel Meyer	28/11/19	ECAC	7:21.08
Andrew Brooker	04/01/20	Strive	5:08.15		Delia Baldock	22/08/19	ECAC	7:53.9
Andy Abbey	19/09/19	ECAC	5:16.9		Sharon Moloney	12/11/19	Bunbury	9:37.9
M55					W60			
Mark Dawson	22/10/19	WAAS	5:31.1		Carol Bowman	13/06/19	ECAC	7:26.1
Steve Hossack	14/01/20	WAAS	6:01.4					
Colin Smith	01/08/19	ECAC	6:17.3		W65			
M60					Marg Saunders	05/11/19	WAAS	5:58.2
Roscoe McDonnell	13/06/19	ECAC	5:36.7		Carey Dickason	01/02/20	NZMG Dunedin	7:19.09
Campbell Till	14/01/20	WAAS	6:02.2		Maureen Keshwar	16/05/19	ECAC	8:28.9
Paul Scott-Taylor	05/11/19	WAAS	6:05.8					
M65					W70			
Michael Byrne	04/02/20	Bunbury	6:21.9		Jackie Halberg	28/11/19	ECAC	8:18.84
Brian Hewitt	16/05/19	ECAC	6:42.9					
Des Walsh	17/10/19	ECAC	6:45.4		W75			
M70					Ruth Johnson	12/11/19	Bunbury	8:34.6
Graeme Dahl	05/11/19	WAAS	6:32.0					
Jim Langford	01/08/19	ECAC	6:40.4					
Geoff Vine	05/11/19	WAAS	6:49.8					
M75								
Bob Hull	17/10/19	ECAC	6:24.2					
Bert Carse	17/10/19	ECAC	6:25.6					
David Baird	12/03/20	ECAC	6:46.61					
M80								
Morland Smith	06/09/19	OMA Ch, Mackay	7:52.77					
M85								
David Carr	22/10/19	WAAS	7:17.5					
M90								
Cecil Walkley	16/05/19	ECAC	18:36.7					

3000m

M30				W40			
Trent Harris	03/03/20	WAAS	10:23.6	Vanessa Carson	23/05/19	ECAC	11:27.6
Carl Heslop	28/11/19	ECAC	11:18.3	Liz Gomez	05/03/20	ECAC	13:16.0
Adrian Fabiankovits	20/02/20	ECAC	12:44.9				
M35				W45			
David Graieg	07/01/20	WAAS	11:41.4	Clare Wardle	07/03/20	Strive	11:29.69
				Donna Abbey	23/01/20	ECAC	14:30.00
M40				W50			
Chris Gould	15/11/19	Strive	9:10.22	Dee Roe	19/09/19	ECAC	12:05.1
Ross Langford	15/11/19	Strive	9:29.08	Silke Peglow	18/07/19	ECAC	15:35.9
Rob Nichols	10/03/20	WAAS	9:57.2	Janne Wells	12/09/19	ECAC	15:44.2
M45				W55			
Andrew Spratt	10/03/20	WAAS	11:40.1	Carmel Meyer	28/01/20	WAAS	15:29.0
				Lori Sexton	20/06/19	ECAC	15:32.6
M50				Delia Baldock	15/08/19	ECAC	16:36.8
Andy Abbey	09/01/20	ECAC	11:53.86	W60			
Ian Hannaby	23/05/19	ECAC	12:05.1	Carol Bowman	18/07/19	ECAC	15:47.0
Chris Neale	21/11/19	ECAC	12:17.04	Caroline van der Mey	06/02/20	ECAC	16:37.34
M55				W65			
Steven Hossack	06/02/20	ECAC	12:10.10	Barbara Blurton	19/09/19	ECAC	15:05.3
Rod Hamilton	06/02/20	ECAC	12:41.53	Carey Dickason	01/02/20	NZMG Dunedin	15:15.74
Mark Dawson	01/10/19	WAAS	12:48.7	Maureen Keshwar	19/12/19	ECAC	19:29.85
M60				W70			
Trevor Scott	03/12/19	WAAS	10:44.5	Gillian Young	19/03/20	ECAC	14:38.01
Roscoe McDonnell	30/05/19	ECAC	11:35.6	Jackie Halberg	01/08/19	ECAC	17:59.5
Chico Subramanian	23/01/20	ECAC	11:38.78				
M65				W75			
Graeme Dahl	18/07/19	ECAC	14:00.2	Ruth Johnson	05/11/19	Bunbury	18:46.6
Bruce McGeorge	21/11/19	ECAC	14:24.74				
Brian Hewitt	16/05/19	ECAC	14:28.7				
M70							
Bob Hull	11/07/19	ECAC	13:15.6				
Bruce Wilson	01/10/19	WAAS	14:03.3				
Jim Langford	18/07/19	ECAC	14:09.4				
M75							
Bob Hull	05/03/20	ECAC	13:01.9				
Jim Langford	05/03/20	ECAC	13:11.9				
Bert Carse	15/08/19	ECAC	13:52.5				
M80							
Morland Smith	15/10/19	WAAS	17:21.4				
M85							
David Carr	30/01/20	ECAC	17:42.65				

5000m

M30					W40			
Paul Beckers	10/01/20	Strive	16:43.03		Vanessa Carson	28/11/19	ECAC	20:09.5
					Liz Gomez	31/10/19	ECAC	23:21.0
M40					W45			
Roberto Busi	24/10/19	ECAC	15:57.55		Clare Wardle	29/11/19	Strive	19:11.76
Chris Gould	25/10/19	Strive	15:59.56					
Ross Langford	29/11/19	Strive	16:10.38					
M45					W50			
Kim Thomas	29/11/19	Strive	17:14.85		Dee Roe	24/10/19	ECAC	20:22.28
					Bernadette Benson	30/01/20	ECAC	21:11.06
					Jenn Parker	28/11/19	ECAC	26:14.8
M50					W55			
Bill Hayes	26/11/19	WAAS	20:18.9		Delia Baldock	28/11/19	ECAC	29:12.2
Andy Abbey	27/06/19	ECAC	20:47.3					
Ian Hannaby	16/05/19	ECAC	20:59.9					
M55					W60			
Rod Hamilton	26/09/19	ECAC	20:56.2		Caroline van der Mey	20/02/20	ECAC	28:08.94
Steve Hossack	18/02/20	WAAS	21:04.6					
Mark Dawson	10/12/19	WAAS	22:35.6					
M60								
Trevor Scott	31/08/19	OMA Ch, Mackay	19:03.22					
Chico Subramanian	07/01/20	WAAS	19:59.2					
Paul Scott-Taylor	11/07/19	ECAC	21:37.5					
M65								
Bruce McGeorge	14/11/19	ECAC	24:26.86					
Des Walsh	12/11/19	WAAS	31:06.2					
M70								
Bruce Wilson	08/10/19	WAAS	25:17.7					
M75								
Jim Langford	20/02/20	ECAC	22:52.59					
David Baird	03/03/20	WAAS	25:25.6					
Bob Schickert	31/08/19	OMA Ch, Mackay	34:40.58					
M80								
Morland Smith	31/08/19	OMA Ch, Mackay	29:56.42					
M85								
David Carr	28/11/19	ECAC	27:14.1					

10,000m

M30				W30			
Richard Allen	01/11/19	ECAC	39:07.0	Jess Mance	09/05/19	McGillivray	1:02:46
Adrian Fabiankovits	12/03/20	MAWA St Ch	39:40.9				
Oliver Berry	12/03/20	MAWA St Ch	1:01:45.4	W35			
				Liz Gomez	09/05/19	McGillivray	46:49
M35				W40			
Zane Walsh	12/03/20	MAWA St Ch	41:28.8	Liz Gomez	12/03/20	MAWA St Ch	46:23.7
Tommy Glackin	12/03/20	MAWA St Ch	42:23.5				
M40				W45			
Roberto Busi	01/11/19	ECAC	32:00.0	Clare Wardle	01/11/19	ECAC	42:18.4
Ross Langford	01/11/19	ECAC	33:25.0				
Chris Lark	12/03/20	MAWA St Ch	35:32.5	W50			
M45				Dee Roe	01/11/19	ECAC	41:51.5
Kim Thomas	12/03/20	MAWA St Ch	35:32.7	Silke Peglow	01/11/19	ECAC	57:21.2
Jason Woolley	12/03/20	MAWA St Ch	46:29.8	Janne Wells	09/05/19	McGillivray	58:05
M50				W55			
Andy Abbey	12/03/20	MAWA St Ch	45:00.1	Karyn Gower	09/05/19	McGillivray	50:10
Wade Davis	09/05/19	McGillivray	46:33	Lori Sexton	12/03/20	MAWA St Ch	56:57.9
John McShane	09/05/19	McGillivray	47:47	W60			
M55				Sue Zlnay	12/03/20	MAWA St Ch	46:49.3
Andrew Grosas	12/03/20	MAWA St Ch	46:00.8	W70			
Drew Grosas	09/05/19	McGillivray	46:04	Gillian Young	12/03/20	MAWA St Ch	53:59.2
John Fisher	01/11/19	ECAC	46:56.0				
M60							
Trevor Scott	12/03/20	MAWA St Ch	40:22.8				
Chico Subramanian	12/03/20	MAWA St Ch	41:18.8				
Bob Colligan	09/05/19	McGillivray	48:59				
M65							
Christopher Maher	12/03/20	MAWA St Ch	42:38.2				
Frank Gardiner	09/05/19	McGillivray	48:06				
Bruce McGeorge	01/11/19	ECAC	50:19.6				
M70							
Keith Miller	09/05/19	McGillivray	46:37				
Ralph Henderson	09/05/19	McGillivray	48:08				
Brian Bennett	09/05/19	McGillivray	49:34				
M75							
Bob Hull	12/03/20	MAWA St Ch	50:58.9				
Jim Langford	12/03/20	MAWA St Ch	51:23.9				
Bob Schickert	12/03/20	MAWA St Ch	1:15:53.7				
M80							
Morland Smith	12/03/20	MAWA St Ch	1:04:01.4				

Mile

M30								
Adrian Fabiankovits	23/01/20	ECAC	5:21.6	W40	Vanessa Carson	03/10/19	ECAC	6:05.3
Oliver Berry	23/01/20	ECAC	7:52.38					
M35				W50	Fiona Leonard	19/03/20	ECAC	6:09.47
David Graieg	19/11/19	WAAS	5:40.3		Jenn Parker	11/07/19	ECAC	7:44.2
					Silke Peglow	11/07/19	ECAC	8:09.0
M40				W55	Delia Baldock	11/07/19	ECAC	8:38.6
Matt Chapman	08/08/19	ECAC	5:47.9					
Jerry Peters	19/03/20	ECAC	6:02.80	W60	Caroline van der Mey	23/01/20	ECAC	8:43.23
Matt Godfrey	03/10/19	ECAC	6:21.2					
M50				W65	Marg Saunders	08/10/19	WAAS	6:25.8
Andy Abbey	08/08/19	ECAC	5:42.2					
John McShane	11/07/19	ECAC	6:39.9	W70	Jackie Halberg	08/08/19	ECAC	9:03.2
M55								
Mark Dawson	08/10/19	WAAS	6:09.0					
Alan Gray	25/07/19	ECAC	7:08.0					
Hans Venter	08/10/19	WAAS	7:10.9					
M60								
Chico Subramanian	23/01/20	ECAC	5:48.40					
Roscoe McDonnell	06/06/19	ECAC	6:19.7					
Paul Scott-Taylor	19/11/19	WAAS	6:27.7					
M65								
Mercurio Cicchini	11/07/19	ECAC	6:57.0					
Brian Hewitt	06/06/19	ECAC	6:57.2					
Bruce McGeorge	11/07/19	ECAC	8:21.9					
M70								
Bob Hull	11/07/19	ECAC	6:50.8					
Jim Langford	08/08/19	ECAC	6:53.8					
Geoff Vine	08/10/19	WAAS	7:16.9					
M75								
Bob Hull	03/10/19	ECAC	7:05.9					
David Baird	25/02/20	WAAS	7:18.3					
M80								
Morland Smith	19/11/19	WAAS	9:02.6					
M85								
David Carr	08/08/19	ECAC	7:49.8					
M90								
Cecil Walkley	11/07/19	ECAC	19:03.0					

1500m walk

M55				W50			
Garry Hastie	29/10/19	Bunbury	8:32.0	Karyn Tolardo	16/05/19	ECAC	8:18.8
				Wendy Farrow	03/03/20	WAAS	9:30.5
M60				Paula Kennedy	12/11/19	Bunbury	11:11.0
John Dennehy	17/03/20	WAAS	10:44.9	W75			
Steve Travell	12/03/20	ECAC	11:59.62	Ruth Johnson	26/11/19	Bunbury	8:38.2
M65				Peggy Macliver	03/12/19	WAAS	10:53.4
Harold Membrey	29/10/19	Bunbury	10:45.7	Glenys Duncan	03/12/19	WAAS	13:26.3
M70				W85			
John McDonagh	12/03/20	ECAC	9:37.77	Sylvia Byers	03/03/20	WAAS	12:59.4
Haydn Gawne	07/10/19	AMG Adelaide	10:04.42				
M75							
Johan Hagedoorn	03/03/20	WAAS	10:05.7				

3000m walk

M40				W50			
Jason Kell	05/03/20	ECAC	20:35.0	Karyn Tolardo	15/08/19	ECAC	17:12.4
David Adams	04/02/20	WAAS	22:12.4	Wendy Farrow	10/03/20	WAAS	19:25.5
M55				Paula Kennedy	05/11/19	Bunbury	24:34.5
Garry Hastie	05/11/19	Bunbury	18:01.8	W55			
John Dennehy	15/08/19	ECAC	19:46.8	Delia Baldock	12/12/19	ECAC	22:25.56
M60				W60			
John Dennehy	29/10/19	WAAS	19:54.7	Lyn Ventris	20/12/19	Strive	16:30.39
Steve Travell	05/03/20	ECAC	23:41.7	Robin King	16/01/20	ECAC	19:17.04
M65				W75			
Harold Membrey	05/12/19	ECAC	23:05.44	Peggy Macliver	03/12/19	WAAS	21:52.2
M70				Glenys Duncan	21/01/20	WAAS	26:34.1
John McDonagh	16/01/20	ECAC	19:35.02	W85			
Haydn Gawne	17/10/19	ECAC	20:34.51	Sylvia Byers	11/02/20	WAAS	26:15.7
M75							
Johan Hagedoorn	15/10/19	WAAS	20:03.1				
M85							
David Carr	11/07/19	ECAC	22:58.9				

5000m walk

M70				W50			
Haydn Gawne	05/10/19	AMG Adelaide	37:14.10	Karyn Tolardo	30/05/19	ECAC	29:25.7
				Wendy Farrow	03/03/20	WAAS	33:18.6
				W75			
				Peggy Macliver	03/09/19	OMA Ch, Mackay	39:16.56

10,000m walk

None

10km road walk

M50 Andrew Duncan	25/05/19	Perry Lakes	51:12	W50 Karyn Tolardo	08/09/19	Adelaide	1:01:01.11
M70 Lui Cecotti	14/07/19	E Fremantle	1:17:10				

20km road walk

W30 Melissa Lewis	28/07/19	Shelley	2:04:17
W50 Karyn Tolardo	28/07/19	Shelley	2:06:49

2000m steeplechase

M60 Roscoe McDonnell Trevor Scott	05/09/19 09/01/20	OMA Ch, Mackay ECAC	8:09.88 8:17.21	W40 Vanessa Carson	19/12/19	ECAC	8:44.01
M80 Morland Smith	05/09/19	OMA Ch, Mackay	12:36.49	W45 Tracy Gallagher	10/10/19	ECAC	10:25.66
M85 David Carr	05/03/20	ECAC	11:38.31	W50 Janne Wells Silke Peglow	05/03/20 06/02/20	ECAC ECAC	10:48.93 11:12.50
				W55 Terri Carr	09/01/20	ECAC	16:36.93
				W60 Sue Zlnay	05/03/20	ECAC	9:19.00
				W65 Marg Saunders Maureen Keshwar	05/09/19 09/01/20	OMA Ch, Mackay ECAC	9:29.52 13:37.86
				W70 Gillian Young	05/03/20	ECAC	10:47.21

3000m steeplechase

M40 David Adams	13/12/19	Strive	16:10.58
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80m hurdles

M70 Greg Kennedy	01/08/19	ECAC	15.5	W40 Anna Watters	14/11/19	ECAC	17.97
				W50 Jenn Parker	14/11/19	ECAC	15.74
				Sue Coate	02/09/19	OMA Ch, Mackay	16.48
				Janne Wells	01/08/19	ECAC	20.1
				W55 Delia Baldock	14/11/19	ECAC	18.89
				W65 Maureen Keshwar	01/08/19	ECAC	18.0

100m hurdles

M50 Andrew Brooker	02/09/19	OMA Ch, Mackay	17.84
Wayne Bariolo	14/11/19	ECAC	20.46

110m hurdles

M30 Oliver Berry	14/11/19	ECAC	21.17
M35 David Graieg	19/01/20	MAWA St Ch Dec	19.67
M45 Paul Jeffery	08/11/19	Strive	16.56

300m hurdles

M65 Harold Membrey	16/01/20	ECAC	71.5	W50 Sue Coate	01/09/19	OMA Ch, Mackay	65.02
				Janne Wells	15/08/19	ECAC	75.4
M70 Greg Kennedy	01/09/19	OMA Ch, Mackay	59.82	W65 Maureen Keshwar	01/09/19	OMA Ch, Mackay	81.14

400m hurdles

M30 Oliver Berry	27/02/20	ECAC	68.7	W30 Michelle Krokosz	16/01/20	ECAC	79.2
				W35 Michelle Krokosz	27/02/20	ECAC	81.4

Marathon

M30				
Paul Beckers	29/09/19	Berlin	2:40:32	
Adrian Fabiankovits	06/10/19	Perth	3:28:40	
M35				
Zane Walsh	25/08/19	City to Surf, Perth	3:19:00	
Stuart Mackinnon	06/10/19	Perth	3:24:07	
Tommy Glackin	06/10/19	Perth	3:55:28	
M40				
Chris Lark	06/10/19	Perth	2:42:11	
Steve Weller	06/10/19	Perth	3:00:07	
Jerry Peters	25/08/19	City to Surf, Perth	3:23:30	
M45				
Kim Thomas	06/10/19	Perth	2:42:04	
Ante Perdija	06/10/19	Perth	3:27:00	
M50				
John Ranger	07/07/19	Gold Coast	3:15:50	
Gary Ife	15/09/19	Sydney	3:58:15	
Craig Madden	13/10/19	Melbourne	5:28:32	
M55				
Mitch Cleasby	21/07/19	Kalgoorlie	4:03:04	
John Fisher	25/08/19	City to Surf, Perth	4:51:52	
M60				
Kevin Johnson	29/09/19	Berlin	3:32:19	
Nick Franey	16/06/19	Rottneest	3:51:29	
Bob Colligan	06/10/19	Perth	3:56:54	
M65				
Keith Miller	17/06/18	Perth	3:58:29	
Mercurio Cicchini	17/06/18	Perth	4:03:00	
Andrew Thorpe	28/04/19	London	5:14:02	
M70				
Robert Lane	03/11/19	New York	3:20:17	
Peter Sanders	15/09/19	Sydney	3:51:44	
Keith Miller	06/10/19	Perth	4:10:39	
W35				
Melinda Evans	25/08/19	City to Surf, Perth	4:44:40	
W40				
Jackie Kellerman	06/10/19	Perth	3:01:11	
Nicola Hibbert	25/08/19	City to Surf, Perth	3:50:38	
W45				
Caroline Clark	13/10/19	Melbourne	4:44:39	
Alicia Edwards	06/10/19	Perth	5:00:53	
Rashanthi Wanigasekera	06/10/19	Perth	5:09:00	
W50				
Sandra Stockman	29/09/19	Berlin	4:17:07	
Conny Brieden	06/10/19	Perth	4:23:52	
Silke Peglow	13/10/19	Melbourne	5:08:10	
W55				
Lori Sexton	13/10/19	Melbourne	4:23:38	
Denise Newport	25/08/19	City to Surf, Perth	5:01:58	
Kathy Skehan	06/10/19	Perth	6:02:36	
W60				
Noelene Treen	06/10/19	Perth	5:23:32	
W65				
Susan Sanders	15/09/19	Sydney	4:30:30	

NOTE: Only performances from local marathon events are included by default. To guarantee inclusion of performances from other marathon events, Members should notify MAWA of the details (i.e. event, date, and performance).

High Jump

M30							
Oliver Berry	18/01/20	MAWA St Ch Dec	1.48	W30	Michelle Krokosz	10/10/19	ECAC 1.45
Matthew Dean	03/03/20	WAAS	1.20				
M35				W35	Dani Fuda	03/03/20	WAAS 1.15
David Graieg	18/01/20	MAWA St Ch Dec	1.63				
M40				W40	Andrea Penny	10/10/19	ECAC 1.00
Stuart Manning	19/12/19	ECAC	1.40	Liz Gomez	05/11/19	WAAS	1.00
Nick Best	11/02/20	WAAS	1.40				
Tim Karajas	26/11/19	WAAS	1.25	W45	Ann-Marie O'Donovan	23/11/19	Strive 1.23
M45							
Paul Jeffery	23/11/19	Strive	1.70	W50	Sue Coate	05/09/19	OMA Ch, Mackay 1.40
M50				Jenn Parker	10/10/19	ECAC	1.35
Andrew Brooker	01/09/19	OMA Ch, Mackay	1.55	Lisa Limonas	15/10/19	WAAS	1.25
Jonathan Lester	16/01/20	ECAC	1.55				
M55				W55	Delia Baldock	05/11/19	WAAS 1.10
Hans Venter	26/11/19	WAAS	1.60	Sharon Moloney	01/10/19	Bunbury	0.90
Colin Smith	20/02/20	ECAC	1.20				
M60				W70	Brenda Painter	05/09/19	OMA Ch, Mackay 0.95
Campbell Till	01/11/18	ECAC	1.40				
Des Walsh	01/11/18	ECAC	1.10	W75	Ruth Johnson	05/09/19	OMA Ch, Mackay 1.00
M65							
Dave Wyatt	15/10/19	WAAS	1.30				
Bruce McGeorge	20/02/20	ECAC	1.15				
Des Walsh	14/11/19	ECAC	1.10				
M70							
Greg Kennedy	03/09/19	OMA Ch, Mackay	1.25				
Geoff Brayshaw	05/11/19	WAAS	1.25				
Phil Smyth	21/01/20	WAAS	1.15				
M75							
Brian Waldhuter	26/11/19	Bunbury	1.23				
M80							
Norm Richards	15/10/19	WAAS	1.00				
M85							
David Carr	05/12/19	ECAC	0.85				

Pole Vault

M30				M70			
Oliver Berry	07/03/20	Strive	2.40	Geoff Brayshaw	07/03/20	Strive	2.60
				Phil Smyth	07/03/20	Strive	2.40
M35							
David Graieg	24/11/19	Strive	2.80				
M40							
David Adams	07/03/20	Strive	1.80				
M45							
Paul Jeffery	25/10/19	Strive	4.00				
Mark Jeffrey	21/02/20	AWA St Ch	3.50				
M50							
Andrew Brooker	07/03/20	Strive	2.95				

Long Jump

M30							
Matthew Dean	22/02/20	AWA St Ch	6.20	W35	Dani Fuda	04/02/20	WAAS 3.94
Oliver Berry	18/01/20	MAWA St Ch Dec	5.14	W40	Melissa Foster	14/12/19	Melbourne 5.68
Tim Loh	25/02/20	WAAS	4.42		Renae Szostak	24/10/19	ECAC 4.43
M35					Vanessa Carson	12/12/19	ECAC 3.34
David Graieg	23/11/19	Strive	6.08	W45	Annmarie O'Donovan	29/10/19	WAAS 3.88
M40				W50	Jenn Parker	13/02/20	ECAC 4.37
Nick Best	24/10/19	ECAC	4.22		Sue Coate	19/11/19	WAAS 4.26
Jason Kell	29/10/19	WAAS	4.03		Lisa Limonas	01/10/19	WAAS 4.17
David Adams	09/01/20	ECAC	4.03	W55	Juliana Kelly	04/02/20	WAAS 3.74
M45					Delia Baldock	29/10/19	WAAS 3.45
Paul Jeffery	10/03/20	WAAS	6.12		Fran Cherry	08/10/19	WAAS 3.35
M50				W60	Suzanne Farcich	09/01/20	ECAC 2.87
Andrew Brooker	01/09/19	OMA Ch, Mackay	5.33	W65	Maureen Keshwar	19/03/20	ECAC 3.49
Wayne Bariolo	24/10/19	ECAC	5.11		Gay Wyatt	01/10/19	WAAS 3.30
Kevin Collins	09/01/20	ECAC	2.85		Carey Dickason	01/02/20	NZMG Dunedin 2.34
M55				W70	Brenda Painter	03/09/19	OMA Ch, Mackay 2.50
Hans Venter	18/02/20	WAAS	4.70	W75	Ruth Johnson	03/09/19	OMA Ch, Mackay 2.78
Colin Smith	12/12/19	ECAC	4.62		Brenda Painter	30/01/20	ECAC 2.16
M65							
Dave Wyatt	19/11/19	WAAS	4.42				
Des Walsh	22/10/19	WAAS	3.63				
Harold Membrey	18/02/20	Bunbury	2.85				
M70							
Geoff Brayshaw	12/11/19	WAAS	4.14				
Phil Smyth	25/02/20	WAAS	3.88				
Greg Kennedy	05/09/19	OMA Ch, Mackay	3.24				
M75							
Brian Waldhuter	12/11/19	Bunbury	3.53				
Lyle James	10/12/19	Bunbury	1.18				
M80							
Norm Richards	29/10/19	WAAS	3.41				
M85							
David Carr	22/10/19	WAAS	2.03				

Triple Jump

M30				W40			
Matthew Dean	10/03/20	WAAS	11.85	Melissa Foster	22/02/20	AWA St Ch	11.89
Oliver Berry	10/03/20	WAAS	10.56	Vanessa Carson	21/11/19	ECAC	6.06
M35				W50			
David Graieg	19/11/19	WAAS	11.56	Jenn Parker	21/11/19	ECAC	8.74
M40				W55			
Nick Best	03/12/19	WAAS	9.71	Delia Baldock	03/12/19	WAAS	7.13
David Adams	14/01/20	WAAS	7.64	W60			
Jason Kell	21/11/19	ECAC	7.57	Suzanne Farcich	17/10/19	ECAC	5.22
M50				W65			
Wayne Bariolo	03/12/19	WAAS	9.39	Maureen Keshwar	31/08/19	OMA Ch, Mackay	7.11
M55				Carey Dickason	29/02/20	NZMA Ch	5.73
Hans Venter	25/02/20	WAAS	9.40	W70			
Colin Smith	21/11/19	ECAC	8.64	Brenda Painter	31/08/19	OMA Ch, Mackay	5.47
M60				W75			
Trevor Scott	31/08/19	OMA Ch, Mackay	7.00	Ruth Johnson	31/08/19	OMA Ch, Mackay	6.16
M65							
Dave Wyatt	14/01/20	WAAS	8.73				
Des Walsh	03/12/19	WAAS	6.44				
M70							
Geoff Brayshaw	19/11/19	WAAS	8.75				
Phil Smyth	14/01/20	WAAS	8.05				
M75							
Brian Waldhuter	17/01/19	Bunbury	7.76				
M85							
David Carr	21/11/19	ECAC	4.38				

Discus

M30					W30			
Oliver Berry	28/01/20	WAAS	28.82		Michelle Krokosz	28/11/19	ECAC	32.33
M35					W35			
David Graieg	07/01/20	WAAS	26.17		Michelle Krokosz	20/02/20	ECAC	30.93
M40					W40			
Nick Best	24/10/19	ECAC	20.88		Andrea Penny	24/10/19	ECAC	13.37
Jason Kell	19/11/19	WAAS	16.64		Vanessa Carson	24/10/19	ECAC	12.78
David Adams	19/11/19	WAAS	14.98					
M45					W50			
Malcolm Clarke	07/02/20	Strive	42.11		Jenn Parker	06/02/20	ECAC	31.86
John Fettus	05/11/19	Bunbury	41.06		Paula Kennedy	05/11/19	Bunbury	24.53
Paul Jeffery	24/11/19	Strive	38.49		Sue Coate	03/09/19	OMA Ch, Mackay	24.19
M50					W55			
Todd Davey	17/12/19	WAAS	53.02		Sharon Moloney	12/10/19	Bunbury	21.67
Chris Neale	28/11/19	ECAC	33.83		Deb Cox	14/01/20	Bunbury	17.76
Paul Foley	18/02/20	WAAS	32.42		Terri Carr	16/01/20	ECAC	15.67
M55					W65			
Andrew Ward	18/01/20	Strive	34.50		Maureen Keshwar	24/10/19	ECAC	19.67
Garry Hastie	03/12/19	Bunbury	26.62		Marian Mitchell	06/10/19	AMG Adelaide	13.00
Jo Peters	12/10/19	Bunbury	47.28					
M65					W70			
Geoffrey Gee	21/07/19	WAAS	39.49		Bev Hamilton	03/09/19	OMA Ch, Mackay	20.78
Ossi Igel	06/02/20	ECAC	38.21		Christina Faithfull	28/01/20	WAAS	11.82
M70					W75			
Geoff Brayshaw	11/02/20	WAAS	29.96		Ruth Johnson	03/12/19	Bunbury	13.49
Phil Smyth	18/02/20	WAAS	20.27					
Mike Anderson	08/10/19	WAAS	16.10					
M75								
Brian Waldhuter	14/01/20	Bunbury	20.17					
Lyle James	03/12/19	Bunbury	6.43					
M80								
Norman Stanger	08/10/19	WAAS	18.77					
M85								
Jim Davis	07/12/19	Bunbury	21.31					
David Carr	24/10/19	ECAC	10.74					

Javelin

M30							
Oliver Berry	24/11/19	Strive	34.59	W30	Michelle Krokosz	07/01/20	WAAS 29.10
Matthew Dean	03/03/20	WAAS	32.48				
Warren Button	18/08/19	WAAS	24.47	W35	Michelle Krokosz	12/03/20	ECAC 29.52
M35				W40	Vanessa Carson	19/12/19	ECAC 12.58
David Graieg	19/01/20	MAWA St Ch Dec	43.96		Andrea Penny	10/10/19	ECAC 11.42
M40				W45	Ann-Marie O'Donovan	24/11/19	Strive 18.03
Stuart Manning	10/12/19	WAAS	24.90		Tracy Gallagher	10/10/19	ECAC 17.75
Grahak Cunningham	04/02/20	WAAS	22.77		Donna Abbey	23/01/20	ECAC 15.41
David Adams	21/01/20	WAAS	16.92	W50	Sue Coate	02/09/19	OMA Ch, Mackay 31.65
M45					Jenn Parker	12/03/20	ECAC 24.52
Paul Jeffery	24/11/19	Strive	55.87		Lisa Limonas	08/10/19	WAAS 21.55
Mal Clarke	07/12/19	Bunbury	40.66	W65	Maureen Keshwar	20/02/20	ECAC 12.15
John Fettus	22/02/20	Bunbury	38.74		Gay Wyatt	08/10/19	WAAS 10.51
M50				W70	Bev Hamilton	05/09/19	OMA Ch, Mackay 14.03
Andrew Brooker	19/12/19	ECAC	44.06		Brenda Painter	06/09/19	OMA Ch, Mackay 13.46
Wayne Bariolo	18/02/20	WAAS	39.58		Christina Faithfull	04/02/20	WAAS 12.74
Paul Foley	18/02/20	WAAS	38.99	W75	Peggy Macliver	03/09/19	OMA Ch, Mackay 13.91
M55					Ruth Johnson	22/02/20	Bunbury 12.16
Garry Hastie	07/01/20	Bunbury	34.20				
Andrew Ward	22/10/19	WAAS	32.39				
Hans Venter	20/02/20	ECAC	20.75				
M65							
Jo Peters	22/02/20	Bunbury	35.66				
Ossi Igel	12/03/20	ECAC	31.96				
Geoffrey Gee	29/09/19	ECAC	29.93				
M70							
Geoff Brayshaw	18/02/20	WAAS	29.98				
Phil Smyth	04/02/20	WAAS	25.00				
Mike Anderson	07/01/20	WAAS	8.12				
M75							
Brian Waldhuter	04/02/20	Bunbury	13.12				
Lyle James	26/11/19	Bunbury	7.31				
M80							
Norman Stanger	07/01/20	WAAS	19.47				
M85							
Jim Davis	07/12/19	Bunbury	13.37				

Shot

M30					W30			
Oliver Berry	14/11/19	ECAC	10.04		Michelle Krokosz	14/11/19	ECAC	9.68
M35					W35			
David Graieg	18/01/20	MAWA St Ch Dec	7.78		Michelle Krokosz	12/03/20	ECAC	9.12
M40					W40			
Jason Kell	14/11/19	ECAC	6.33		Vanessa Carson	14/11/19	ECAC	6.01
Grahak Cunningham	28/01/20	WAAS	6.17		Andrea Penny	14/11/19	ECAC	5.03
David Adams	04/01/20	Strive	5.22		Liz Gomez	14/11/19	ECAC	4.57
M45					W45			
Malcolm Clarke	10/03/20	Strive	13.39		Ann-Marie O'Donovan	23/11/19	Strive	7.32
John Fettus	28/01/20	Bunbury	12.35					
Paul Jeffery	23/11/19	Strive	11.41		W50			
M50					Jenn Parker	23/01/20	ECAC	10.75
Todd Davey	03/03/20	WAAS	15.99		Sue Coate	19/11/19	WAAS	10.66
Wayne Bariolo	17/12/19	WAAS	10.70		Lisa Limonas	15/10/19	WAAS	8.62
Paul Foley	03/03/20	WAAS	9.97		W55			
M55					Sharon Moloney	03/03/20	Bunbury	7.71
Hans Venter	17/12/19	WAAS	9.38		Juliana Kelly	10/12/19	WAAS	7.22
Garry Parker	23/01/20	ECAC	9.06		Debra Cox	22/10/19	Bunbury	6.23
Andrew Ward	11/02/20	WAAS	8.94		W65			
M60					Maureen Keshwar	06/02/20	ECAC	8.11
Chico Subramanian	09/01/20	ECAC	5.77		Marian Mitchell	05/10/19	AMG Adelaide	5.89
M65					W70			
Geoffrey Gee	29/09/19	ECAC	12.24		Bev Hamilton	29/09/19	ECAC	6.97
Jo Peters	22/02/20	Bunbury	12.04		Christina Faithfull	14/01/20	WAAS	5.29
Ossi Igel	06/02/20	ECAC	11.87		Brenda Painter	06/09/19	OMA Ch, Mackay	4.92
M70					W75			
Greg Kennedy	03/03/20	WAAS	7.86		Ruth Johnson	22/10/19	Bunbury	5.85
Mike Anderson	05/11/19	WAAS	6.60					
M75								
Brian Waldhuter	05/10/19	Bunbury	5.91					
Lyle James	19/11/19	Bunbury	2.92					
M80								
Norman Stanger	17/12/19	WAAS	8.41					
M85								
Jim Davis	07/12/19	Bunbury	8.74					
David Carr	14/11/19	ECAC	4.53					

Hammer

M30					W40			
Warren Button	22/02/20	AWA St Ch	60.18		Byrony Glass	08/11/19	Strive	48.64
Oliver Berry	22/02/20	Bunbury	25.51		Andrea Penny	13/02/20	ECAC	13.28
M45					W50			
John Fettus	12/11/19	Bunbury	42.67		Jenn Parker	22/02/20	Bunbury	36.54
Matt Staunton	05/03/20	ECAC	40.38		Janne Wells	13/02/20	ECAC	31.55
Mal Clarke	12/11/19	WAAS	36.44		Chris Schelfhout	12/11/19	WAAS	31.41
M50					W55			
Todd Davey	12/12/19	ECAC	52.68		Sharon Moloney	22/02/20	Bunbury	27.90
M55					Deb Cox	25/02/20	Bunbury	17.02
Andrew Ward	21/01/20	WAAS	28.79		Terri Carr	09/01/20	ECAC	15.40
Garry Parker	13/02/20	ECAC	24.15		W65			
Garry Hastie	10/12/19	Bunbury	24.09		Carey Dickason	29/02/20	NZMA Ch	18.62
M65					Maureen Keshwar	21/11/19	ECAC	14.53
Jo Peters	22/10/19	Bunbury	40.75		W70			
Geoffrey Gee	21/07/19	WAAS	38.12		Bev Hamilton	21/11/19	ECAC	24.60
Ossi Igel	22/02/20	Bunbury	34.70		Kathryn Glass	10/03/20	Strive	19.31
M70					Christina Faithfull	14/01/20	WAAS	12.16
Phil Smyth	25/02/20	WAAS	23.31		W75			
M75					Ruth Johnson	22/02/20	Bunbury	22.98
Brian Waldhuter	25/02/20	Bunbury	15.88					
M80								
Norman Stanger	03/12/19	WAAS	21.06					
M85								
Jim Davis	07/12/19	Bunbury	28.78					

Weight

M30					W40			
Warren Button	19/03/20	ECAC	16.22		Andrea Penny	05/03/20	ECAC	5.65
Oliver Berry	20/02/20	ECAC	9.52		W50			
M45					Jenn Parker	30/01/20	ECAC	11.86
John Fettus	07/12/19	Bunbury	13.56		W55			
Matt Staunton	19/03/20	ECAC	12.97		Sharon Moloney	12/10/19	Bunbury	7.57
Mal Clarke	29/09/19	ECAC	12.54		Deb Cox	22/02/20	Bunbury	6.51
M50					W60			
Todd Davey	19/03/20	ECAC	19.40		Suzanne Farcich	21/11/19	ECAC	7.15
M55					W65			
Andrew Ward	12/12/19	ECAC	12.02		Maureen Keshwar	14/11/19	ECAC	8.20
Garry Parker	21/11/19	ECAC	8.17		W70			
M65					Bev Hamilton	28/09/19	ECAC	9.98
Geoffrey Gee	29/09/19	ECAC	16.15		W75			
Jo Peters	01/02/20	Bunbury	15.15		Ruth Johnson	23/11/19	Bunbury	8.20
Ossi Igel	13/02/20	ECAC	15.13		Brenda Painter	30/01/20	ECAC	7.24
M75								
Brian Waldhuter	26/10/19	Bunbury	8.05					

Decathlon

M30 Oliver Berry	19/01/20	MAWA St Ch Dec	3112	M45 Paul Jeffery	24/11/19	Strive	7867
M35 David Graieg	19/01/20	MAWA St Ch Dec	5048	M50 Andrew Brooker	02/09/19	OMA Ch, Mackay	5954
M40 David Adams	19/01/20	MAWA St Ch Dec	1725				

Heptathlon

W50 Sue Coate	02/09/19	OMA Ch, Mackay	4412
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Outdoor Pentathlon

M65 Des Walsh	05/09/19	OMA Ch, Mackay	2088	W50 Sue Coate	06/09/19	OMA Ch, Mackay	3216
Harold Membrey	05/09/19	OMA Ch, Mackay	1712	W65 Maureen Keshwar	06/09/19	OMA Ch, Mackay	2508
				Carey Dickason	01/03/20	NZMA Ch	1812
				W70 Brenda Painter	06/09/19	OMA Ch, Mackay	1673
				W75 Ruth Johnson	06/09/19	OMA Ch, Mackay	2878

Throws Pentathlon

M30 Oliver Berry	22/02/20	Bunbury	1707	W40 Andrea Penny	22/02/20	Bunbury	948
M45 John Fettus	07/12/19	Bunbury	3430	W50 Jenn Parker	22/02/20	Bunbury	3446
Mal Clarke	07/12/19	Bunbury	3406	W55 Sharon Moloney	22/02/20	Bunbury	2436
M50 Todd Davey	07/12/19	Bunbury	4061	Deb Cox	22/02/20	Bunbury	1834
M55 Andrew Ward	06/09/19	OMA Ch, Mackay	2503	W70 Bev Hamilton	05/09/19	OMA Ch, Mackay	3320
M65 Jo Peters	29/09/19	ECAC	3926	W75 Ruth Johnson	22/02/20	Bunbury	2737
Ossi Igel	22/02/20	Bunbury	3377				
Geoffrey Gee	29/09/19	ECAC	3114				
M75 Brian Waldhuter	07/12/19	Bunbury	1634				
M85 Jim Davis	07/12/19	Bunbury	2715				