

Australian Masters Games – Adelaide, 7-10 October

60m

Marty Campbell	M45	7.94 -0.5	SILVER
Rudy Kocis	M50	7.73 -0.1	GOLD

100m

Marty Campbell	M45	12.52 -3.6	BRONZE
Rudy Kocis	M50	12.35 -1.4	GOLD

200m

Marty Campbell	M45	25.15 +0.9	BRONZE
Rudy Kocis	M50	25.43 NWI	SILVER

400m

Marty Campbell	M45	61.64	SILVER
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800m

Bjorn Dybdahl	M55	2:34.58	SILVER
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1500m

Bjorn Dybdahl	M55	5:19.98	BRONZE
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5000m

Bjorn Dybdahl	M55	19:54.93	BRONZE
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110m Hurdles

Marty Campbell	M45	20.76 +1.7	SILVER PBA
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400m Hurdles

Marty Campbell	M45	68.35	GOLD PBA
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3000m Steeplechase

Geoff Bailey	M40	12:19.76	GOLD
Bjorn Dybdahl	M55	13:30.97	GOLD

5000m Walk

Lyn Ventris	W55	24:16.7	GOLD WR
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3000m Walk

Lyn Ventris	W55	14:26.99	GOLD WR
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Long Jump

Geoff Bailey	M40	5.32 NWI	SILVER
Rudy Kocis	M50	5.07 NWI	GOLD PBA

Triple Jump

Geoff Bailey	M40	11.24 NWI	SILVER
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High Jump

Rudy Kocis	M50	1.55	SILVER
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Shot Put

Tom Gravestock	M55	10.81	BRONZE
Rob Young	M65	8.23	BRONZE
Elizabeth Szczepanska	W60	9.27	GOLD PBA

Hammer

Tom Gravestock	M55	38.89	BRONZE
Rob Young	M65	16.93	BRONZE
Elizabeth Szczepanska	W60	29.97	GOLD

Discus

Tom Gravestock	M55	36.42	GOLD
Rob Young	M65	26.74	BRONZE
Elizabeth Szczepanska	W60	23.87	GOLD PBA

Javelin

Geoff Bailey	M40	28.74	GOLD
Elizabeth Szczepanska	W60	17.12	SILVER PBA

Weight Throw

Tom Gravestock	M55	11.75	SILVER
Rob Young	M65	8.73	BRONZE
Elizabeth Szczepanska	W60	13.19	GOLD PBA

1500m Walk

Lyn Ventris	W55	7:00.30	GOLD AR
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10km Road Walk

Lyn Ventris	W55	50:32.0	GOLD WR
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Outdoor Pentathlon

		LJ	Jav	200m	Discus	1500m	
Geoff Bailey	M40	4.86 NWI 439	27.24 293	30.15 +0.2 326	26.75 454	5:25.03 507	2019 SILVER

Weight Pentathlon

		Shot	Discus	Hammer	Jav	Weight	
Tom Gravestock	M55	11.17 740	29.42 517	33.60 580	30.72 458	10.47 550	2845 BRONZE
Elizabeth Szczepanska	W60	8.31 692	21.13 533	30.74 PBA 870	14.63 336	11.90 764	3195 GOLD